SRA SOCIATION

VOL. 85 NO. 8

# STAR NEWS

SHERIFFS' RELIEF ASSOCIATION



Merry Christmas and Happy Holidays

From SRA



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# STARNEWS

THE OFFICIAL PUBLICATION OF THE SHERIFFS' RELIEF ASSOCIATION

Vol. 85 No. 8..... December 2024

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COPY DEADLINE: 1st of the month for the following month. Send copy to: annie@SRA1.org or annie@sheriffsrelief.org.

#### **OFFICERS**

President	Mike Abdeen
Vice President	Steve Katz
Secretary-Treasurer	Conrad Meredith

#### TRUSTEES

Joe Badali, Ernie Bille, Bob Boese, Sue Burakowski, Mike Fratantoni, Joe Hartshorne, Sean Jacobs, Oscar Martinez, Diane Stone and Glenn Walsh General Manager ......Bill McSweeney

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# Trustees Monthly Meeting

he regular meeting of the Sheriffs' Relief Association convened on Thursday, October 10, at 11515 Colima Rd., Building B, Whittier. The following officers and trustees were present: Mike Abdeen, President; Conrad Meredith, Secretary-Treasurer; Trustees Ernie Bille, Bob Boese, Sue Burakowski, Mike Fratantoni, Joe Hartshorne, Sean Jacobs, Oscar Martinez and Diane Stone; and Bill McSweeney, General Manager. Trustees not present: Steve Katz and Glenn Walsh.

The meeting was called to order at 4:40 p.m. A motion was made by Trustee Meredith, seconded by Trustee Boese and unanimously carried to approve the minutes of the September 12 meeting and the August Foundation expenditures.

#### **COMMUNICATIONS**

General Manager Bill McSweeney reported that communications were received from the following during the month of September:

To SRA from Larry Jenks, "Thank you for the Birthday Card. You're only 91 once. LOL."

To SRA from Andrew Wong, "I am writing to thank the Sheriffs' Relief Association of L.A. County, California, Inc. for the beautiful memorial Flag Plaque that I received in honor of Captain Jerry L. West who had recently passed away on July 23, 2024. Also, to thank you for the kind and compassionate words of comfort and to acknowledge receipt of the check payment."

To SRA from Patty and Chuck Norris, "We are very grateful to you for your generous assistance throughout the years. Department members started this Law Enforcement Retreat back in 1946 and have been faithfully attending the Retreat House each year in Malibu for 78 years! Over the years the weekend has developed into a nondenominational group of women and men from various ethnic and religious backgrounds. As in the past, this Retreat allowed attendees time to relax, attend voluntary presentations, reflect on their lives, enjoy home cooked meals, and enjoy the peaceful surroundings of Serra Retreat. We truly appreciate Sheriffs' Relief putting in our Retreat announcement in your Star News. Each announcement was beautiful! Everyone was thrilled to see the Sheriffs' Relief items that were placed in a special gift bag. We conducted a silent auction, and the funds were donated to the Retreat House. All those who attended were notified of your kindness and generous donations. We invite any of you to attend to enjoy this weekend experience next year for the 79th Anniversary, September 26-28, 2025. Once

again, we are all very grateful to Sheriffs' Relief. We thank you so very much."

To SRA from Theresa Stevens, speaking on behalf of Rosemary Brenner's family, "My family and I are extremely thankful for the financial help you have given us at this time. It is more than anyone would expect. When all things are flying at us from all directions it is nice to know that there are those who care. Thank you again for the help but most important thank all of you who risk your lives for us. You are our heroes. May God bless each and every one of you and keep you safe from harm."

#### **BENEVOLENT REPORT**

MORTUARY BENEFITS PAID DURING SEP-TEMBER: \$205,500

MORTUARY BENEFITS PAID YEAR TO DATE: \$1,340,500

#### **MEMBERSHIP REPORT**

There were 43 new membership applications that were received during the month of October. A motion was made by Trustee Bille and seconded by Trustee Martinez to accept these new applications: Bailey A. Anderson, Darlene Arzate, Ofelia Avila, Janelle M. Bowens, Dustin R. Bowers, Trong M. Bui, Karen A. Canales, Bryan Carrillo, Alejandra Casillas, Jeremy P. Christenson, Gabriel A. Colorado, Aaron C. Delgado, Ricardo A. Diaz, Daniel Favian, Patricia I. Flores, Arturo Gallegos, Kevin A. Gil, Sean E. Hejran, Christopher M. Hibdon, Joceline M. Jimenez, Riley B. Lawsin, Dillan L. Lindsey, Daniel Lopez Velasquez, Jorge A. Lopez, Rubi Lopez, Shehan J. Lopez, Max B. Martinez, Ralph L. Martinez, Francisco Muro Gomez, Jose L. Orellana, Mayra B. Ortega, Drew M. Paniagua, Arturo Perez, Brandon Perez-Martinez, Zuleima Regalado, Jose B. Rosario Zarzuela, Rom Ruvalcaba Rodriguez, Matthew R. Salgado, Michael Sierra, Christopher Urdiano, Nidia I. Vasquez, Jesse S. Villa and John C. Youn.

We had no deaths of active members, 19 deaths of retired members, no cancellations of active memberships, no cancellations of retired memberships, 4 deaths of honorary associate members, 3 new honorary associate members and 18 members who retired, and our membership has grown to 20,344 for the month of September.

#### **SPEAKERS**

We had some special guests at this month's Board meeting. First up were Chief Macias and Sheriff Aloma, who spoke to the Board on behalf of the Elite Running Team. The running team wished to thank the Board for its continued support.

We also had Natalie Salazar speak to the Board on behalf of Crime Stoppers.

#### **SRA BOARD ELECTION NEWS**

The following SRA members are running for election in addition to our incumbents, Glenn Walsh (Sworn — Active), Bob Boese (Sworn — Active) and Sean Jacobs (Civilian — Active):

- Damian Concha (Sworn Active)
- Christopher Chung (Sworn Active)
- Aily Baldwin (Sworn Active)

A small bio and accompanying picture for all candidates was published in the November *Star News*.

#### **OLD BUSINESS**

SRA staff has been working tirelessly on our new offices and Emporium location in L.A. Plans are moving forward smoothly.

#### **ADJOURNMENT**

At 6:13 p.m. a motion was made by Trustee Hartshorne, seconded by Trustee Boese and unanimously carried to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc., in honor of the 308 years of combined service of those who passed this month. &





# **Retired Deputies**

#### **By Peter Mack**

Email: romeopm7227@gmail.com or marshal569pm@gmail.com

outhern Was Fuzz had their October (and last of the year) lunch on Saturday the 26th. This restaurant has an open and welcoming feel to it. Add good food, a big selection of beers and special in-house music (thanks, Fred), and you end up with a great lunch. We had three new attendees: Paul and

continued on page 6



Southern Was Fuzz



Retired Marshals



Southern Was Fuzz. Sitting: Maureen Rauchfuss, Valarie Garvin, Karyn Stevens, Rose Cesaroni, Loretta Haemker, Debbie Centofante, Debbie Westfall, Betty Kleffman (LAPD) and Margarita De la Vega (LAPD). Standing: Paul Rauchfuss (Simi Valley P.D.), Todd Garvin (Riverside S.D.), Michael Scholl (LASD), Dick Cesaroni (LASD), Fred Haemker (LASD), Michael Centofante (LASD), Michael Westfall (LASD), Mark Cohen (LASD), Steve Kleffman (LAPD), Rachel Lutz and John Lutz (CHP).



Retired Marshals





Retired Marshals

Retired Marshals



Lakewood Station ROMEOs

Maureen Rauchfuss and Mark Cohen. We all wish everyone happy holidays coming up.

The Retired Marshals held their monthly luncheon on Wednesday, November 6, at Black Bear Diner in Buena Park. We had lots of attendees, and everyone ordered something different from the diner's huge menu. Attending were Robert Ichikawa, John Davis, Sharon Kramer, Alan Blomker, Peter Mack, Gage Garcia, Leslie Taylor, San Buford Combers and Cristina Lokuan.

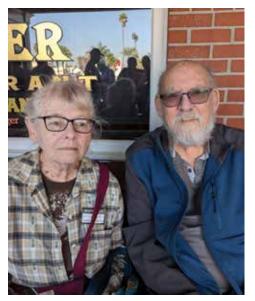
The Desert Heat Retirees held their monthly luncheon on the first Wednesday of the month, November 6, at the Elks Lodge in Lake Havasu City, Arizona. Those in attendance were Jerry Gillen, Doug Muchmore, Ruth Byrd, Ron Trujillo, Kevin Gavaghan, Nick Tippings, Brian Smith, Walt and Barbara Boskovich, Mike Castorina, Jack Barnes and



Lakewood Station ROMEOs



Lakewood Station ROMEOs



Lakewood Station ROMEOs

Bill Taggart. All LEOs, both active and retired, are welcome. Thanks, Jerry Gillen (lnx1993@yahoo.com).

On November 11, the Lakewood Station ROMEOs retirees held their monthly luncheon at Claim Jumper Steakhouse & Grill in Buena Park. We had a great turnout — along with the regulars, old friends we haven't seen in a while. Attending were Dennis Flinn, Jerry Berry, Peter Mack, George Boswell, Ron and Betsy Morgon, Rick Monteverde, Tim Crise, Paul Sepulveda, Robert Balian, Mark Walker, Art Brown, Ben and Debbie Hilliard, Ron and Tammy Bishop, Sally Harwell, Sally Mosley, Maria Burwell and Larry Blackwell. ☆



Lakewood Station ROMEOs



Lakewood Station ROMEOs



# Mark Your Calendar!

## 25<sup>TH</sup> Annual Former Los Angeles Deputy Sheriffs in Texas (FLADST) Luncheon

Saturday, May 17, 2025, 11 a.m. to 1 p.m.

#### **Kreuz Meat Market**

619 N. Colorado St., Lockhart, TX (South of Austin off the 130 Toll Road and SR 183)



All retirees and their significant others are welcome.

We'll go through the line for meat, then a second line for side items and drinks.

Fun fact: This was the location of our first luncheon in 2001, which had five attendees: Chuck Rodriguez, Theodore "Pappy" Benton, William "Bill" Brown, Fred Martin and Dan Castillo.





#### **By Leticia Reyes** Walnut/Diamond Bar Station

#### **WALNUT/DIAMOND BAR GOLF TOURNAMENT**

his year's Walnut Station Golf Tournament was in remembrance of Commander Arthur Herrera. Commander Herrera joined the Sheriff's Department in December 1965 and was a member of Academy Class #110. He retired in March 2021 with 36 years of service. Commander Herrera's end of watch date is April 3, 2024.

The tournament took place at the beautiful Western Hills Country Club in Chino Hills. Players took part in the 18-hole golf course and enjoyed a morning of friendly competitive banter. Thank you to the Walnut/Diamond Bar Sheriff's Booster Club and all the people who participated in this year's Golf Tournament. See you next year!

#### **LEGENDARY LAWMAN/ LAW WOMAN AWARD**

On November 30, 2002, Deputy David

















Alan Powell, who had bravely and consistently patrolled the Firestone and Lakewood communities for over 15 years, was killed in the line of duty. In mourning his passing, the Department honors him as the inspiration for the birth of an award dedicated to those deputies who work patrol.

Specifically, deputies who have worked an accumulated 10 years in uniform patrol, responding to calls for service, qualify for and are eligible to wear this silver pin, officially known as the Legendary Lawman or Law Woman Award. Since its inception, this pin has been awarded to over 1,000 deputies, including 35 women. A gold pin is also available to those deputies who have patrolled 20 years.

Recently, three members here at the Walnut/Diamond Bar Station were awarded this prestigious honor. Deputy Benjamin Fark, Academy Class #326, began patrol duties in 2010 at Industry, Pico Rivera and Transit Services Bureau, and continues since his transfer here in 2017; Traffic Detective Janette Leo, Academy Class #350, completed her patrol duties at Lakewood beginning in 2011 until her promotion and transfer here in 2022; and Operations Lieutenant Daniel Dail, Rio Hondo Class #142, patrolled with Compton P.D./Compton Station 1998–2001 and Transit Services Bureau 2002–2010.

Congratulations, lady and gentlemen, you have much for which to be proud and we are very proud of you!  $\stackrel{\leftarrow}{\bowtie}$ 



Detective Janette Leo



Lieutenant Daniel Dail

# TEAM TEMPLE

#### **By PIO Team**

**Temple Station** 

#### VALOR AWARD

n December 13, 2021, Temple Sheriff's Station deputies responded to a call of a suicidal male (over 300 pounds) under the influence of a controlled substance with a box-cutter knife.

Deputy Christopher Flores, crisis intervention trained, communicated with the male from the doorway of the male's bedroom and attempted to gain cooperation. The male began slashing his neck repeatedly. Deputy Flores fired his Taser at the male's torso, but it did not deter the male from using his knife on himself. Former Sergeant and now Lieutenant Loera ordered Deputy Randall Anchondo to fire one round from the 40mm less-lethal launcher, striking the male in the lower back. However, both less-lethal tools were ineffective.

The male began losing significant amounts of blood from his neck, which resulted in him dropping the knife. The deputies immediately applied pressure to the male's neck while restraining him so he wouldn't cause further harm.

Deputy Randell A. Anchondo, Christopher S. Flores, Anthony J. Pacheco and Lieutenant Ruben Loera were awarded the Meritorious Conduct Silver Award for their bravery and decisiveness in a dangerous situation.



#### **PINK PATCH PROJECT**

LASD started the Pink Patch Project in 2016 when a few police departments designed and began wearing pink uniform patches to raise awareness of breast cancer in October. The LASD patch awareness team's relentless actions and passion for these projects have inspired others to share the Department's

overwhelming support for these causes. Each year, the team researches organizations that would benefit the most from the Pink Patch Project, and the money raised from the sales of the Pink Patch merchandise will go to the chosen organization.

On October 17, our station personnel proudly participated in the LASD Pink Patch virtual 5K













run/walk supporting the Pink Patch Project to advocate for breast cancer research, education and treatment.

#### **HALLOWEEN**

It is the spooky celebration again! Our deputies at Duarte participated in the Halloween walk for the pediatric patients at City of Hope Hospital, and the Rosemead SAO team deputies had some trickor-treat with our community members.

#### **RED RIBBON WEEK**

The murder of DEA Special Agent Enrique "Kiki" Camarena sparked Red Ribbon Week. The National Family Partnership coordinated the first National Red Ribbon Week in 1988. Today, millions of people across the country celebrate it, with

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young people and adults showing their commitment to a healthy, drug-free lifestyle by wearing the red ribbon to recognize his sacrifice and the importance of drug abuse prevention.

During this year's Red Ribbon Week, our deputies joined the local schools and community members to reinforce drug-free messages and show their commitment to a healthy and drug-free lifestyle.

#### **DUNK TANK**

On October 9, Captain Meza and some supervisors of our station landed in the dunk tank to raise funds for our station running team. The barbecue grilled the juicy burgers while the tank was filled with 14 bags of ice; we ensured our supervisors had some ice-cold fun! Whoo-hoo! To a stronger and faster Temple Running Team! ☆





















#### By Jonathon Loo

San Dimas Station

#### SAVING A LIFE HANGING BY A THREAD

ne fateful day, a male adult was sitting on the edge of a highway retaining wall, hundreds of feet above a canyon in the Angeles National Forest. The man's feet dangled over the cliff while he contemplated jumping and ending his life. Field Training Officer Deputy Hernandez and his trainee, Deputy Vargas, responded and began to actively listen to the man. The man explained he was depressed after losing his job and the death of his father. After explaining other hardships, the man was contemplating committing suicide. Sergeant Caamal, Field Training Officer Hernandez and Deputy Vargas talked to the male for over an hour. The man was listening, but he refused to step back from the dangerous edge. In a decisive action, Deputy Hernandez quickly approached the man from behind and grabbed him in a bear hug. Deputy Hernandez used his strength to pull the man safely off the ledge. The man was unharmed and was treated on scene by medical personnel. The deputies' heroic efforts saved a young man's life and ended the incident safely, which was memorialized as a "Hook of the Month." A heroic effort from the team!

#### PREVENTATIVE POLICING

Field Training Officer Perez was enjoying a sunny day while patrolling alone, free from traditional training duties. The routine patrol ended abruptly with the "ALERT" she received from a LoJack beacon. Armed with heightened awareness and an indicator arrow, Deputy Perez found the stolen truck, which was occupied, elevating the danger.



The engine was running and the suspect was staring directly at her. The suspect ignored Deputy Perez's commands and quickly drove wildly over speed bumps while weaving around parked cars. The suspect drove through multiple commercial parking lots at a high rate of speed until he was isolated within the area of Target on Arrow Highway. With all avenues of escape contained, the suspect fled from the vehicle and ran into a shoe store, where he was ultimately taken into custody. Now the suspect faces imprisonment for vehicle theft and fleeing from Deputy Perez during the pursuit.

While on patrol on early morning shift, Deputy Murcia checked on the welfare of an unresponsive driver who was parked in the middle of a busy avenue in the city of San Dimas. Deputy Murcia cautiously approached the vehicle and contacted the driver. During his investigation, Deputy Murcia recovered a loaded handgun and a high-caliber, short-barreled assault weapon from inside the vehicle. The driver was ultimately arrested and charged for the weapons violations.

#### **COFFEE, CARE AND COMMUNITY**

Reducing ongoing vagrancy and improving the quality of life is a team effort in our community. San Dimas Community Action Team (CAT) was deployed to a narrow section of land within the city, which contained numerous filthy mattresses, wooden pallets and shopping carts. The CAT Team,













in conjunction with Los Angeles Centers for Alcohol and Drug Abuse (LACADA) and San Dimas Code Enforcement, worked hard to remove trash while providing services to those unsheltered. While short work was made of the trash, the CAT team's new supervisor, Sergeant Caamal, dug deep, personally removing soiled couches and wooden pallets until the mission was complete. CAT Team's collaborative efforts restored the area and supported those in need.

During a PM shift briefing, the owner of a local barbecue restaurant surprised everyone by delivering freshly cooked tri-tip, pork and brisket, along with all the sides and fixings. To show appreciation for the station staff, the owner personally served lunch. The line staff were grateful for the delicious meal.

Recently, Starbucks and the City of San Dimas hosted a "Coffee with a Cop." Captain Ashrafnia and station deputies were honored to serve drinks to customers during the event. Uniting community

and police through coffee always promotes and strengthens community bonds.

#### **35 YEARS OF DEDICATION**

Custody Assistant Mitchell was honored this year by the Los Angeles County Board of Supervisors for 35 years of service. On behalf of San Dimas Station, we thank you for the countless hours of providing first-line support for not only sworn deputies, but also the incarcerated. We are privileged to have worked with you during your remarkable career journey.

#### TRANSFERS AND FAREWELLS

Deputy Mata, incoming from Transit Services Bureau — welcome to the beautiful city of San Dimas.

We collectively recognize and congratulate those who recently earned promotions to positions at Emergency Vehicle Operations Center and Force Training, who wished to remain anonymous. Farewell, happy trails and good luck! ☆





#### By Erin Stibal

Facilities Services Bureau

#### **FSB EMPLOYEES OF THE QUARTER**

ongratulations to the FSB Employees of the Quarter for the third quarter! Senior General Maintenance Worker Adiel Calderon has demonstrated exemplary coordinating skills when assigned to specific projects. In August, Lieutenant Alexander from PMB gave a list of inoperable cells that needed to be placed back into service in order to house more inmates at MCJ. Mr. Calderon helped coordinate repairs and troubleshoot gate repairs, as they are the most tedious. His proactive approach and attention to detail when completing his workload embodies the values and objectives of FSB. This was evident when he was given a commendation by Captain Valdez at Risk Management for assisting with arranging and assemblage of the venue used for a large event they were holding. In addition to his recognition, Mr. Calderon was recently promoted to Building Complex Manager II! Congratulations, Adiel!

Operations Assistant III **Pauline Ha** has been a tremendous asset to the FSB HQ team. In addition to learning her new assignment as procurement supervisor, she has been doing double duty the past several months in assisting several newly promoted members of the office staff with their job duties. She has been working closely with ASD to address funding issues and changes with IWF funds and has welcomed two new PA1s. Ms. Ha is the "go-to" employee at SBB-HQ; if you're not sure what to do or who to call, "Let's



Representing FSB at the annual 999 for Kids event were Cathereen Lim, Elizabeth Garcia and Cathy Hsu.



Employee of the Quarter Adiel Calderon with Manager I Russ Ermey, BCM II Noemi Valenzuela and Assistant Director Dennis Allen



Employee of the Quarter Pauline Ha with ASM III Erin Stibal, Assistant Director Dennis Allen and Director Clint Yates

ask Pauline" is a common phrase we hear. Even when handling multiple tasks, she remains calm and focused. Ms. Ha is well deserving of the recognition of Employee of the Quarter.

#### 999 FOR KIDS

A special thank-you to the entire FSB team who help to support ongoing charitable giving efforts throughout the year! This year, over \$50,000 was raised for 999 for Kids, and FSB was proud to be a part of such a worthwhile cause!

#### **ANNUAL ALL-STAFF MEETING**

Having an all-staff meeting is quite a production when you have over 400 people in your Bureau! Thankfully the weather cooperated, as all of FSB, 400-plus strong, showed up at 7 a.m. for the annual FSB all-staff meeting that was held on the steps of the Grinder at BRTC. Special guest speakers included ASD Assistant Division Director Richard Martinez, newly promoted Assistant Sheriff Gerardo Pinedo and Assistant Sheriff Jill Torres, who received a special FSB-designed plaque for her retirement.

Dr. Jose Navarro, assistant director of Psychological Services Bureau, spoke to the FSB team about self-care, how to handle stress during the holidays and who to contact if you or your significant other need help or have any suicidal thoughts. FSB Director Clint Yates praised staff for their hard work that was recognized in a recent Customer Survey that FSB conducted during the summer; he also pointed out areas of focus that will make FSB even better in 2025. At the end of the meeting, everyone assembled for the FSB Team photo. With so many employees throughout the County, it was a rare opportunity to get everyone together to enjoy some fellowship and share in the successes of FSB. Thank you to everyone who assisted in this team effort.



FSB all-staff meeting 2024



Thank you to the VIP guests for joining Team FSB!



Director Clint Yates recognizing retiring Assistant Sheriff Jill Torres for her support of FSB



*Dr. Jose Navarro was the early morning keynote speaker.* 

# LOS ANGELES SHERIFF'S DEPARTMENT BAND

#### By Dawn Anderson

Los Angeles Sheriff's Department Band

reetings from the LASD Band! I would like to "blow our own horn," so to speak, in this issue of *Star News*. Our Concert Band, Swing Band and Jazz Combo would not perform as well as we do and as often as we do without the direction of our conductor, Dan Glass, and his assistant conductors, Jim Thompson, Julie Levine and Bill Loose. Today, I would like to introduce you to Bill Loose.

Bill Loose began his musical career by playing trumpet in the fourth grade. Influenced by the British Invasion — especially the Beatles — he also became interested in playing the guitar. Bill plays the trumpet in our Concert Band and plays the guitar in our Swing Band. Bill hails from Minnesota, but moved to California with his family in 1961 so that his dad was able to further his career as a teacher.

Bill and I went to high school together, graduating from Montebello High. We both played in the Montebello High School Marching Band and Concert Band. Bill was a senior when I was a junior, but I remember him as one of the best players in our band. He is shy about saying so, but he won the Montebello High School Band's coveted John Philip Sousa Award, and Bill's name still hangs on the royal blue flag in the Montebello High School music room.





After high school, Bill continued his education and secured a whole host of degrees, including Bachelor of Music and Master of Music degrees from Long Beach State, a master's in



educational administration from CSULA and, finally, a doctoral degree from Pepperdine University in institutional management. Along the way, he also became proficient at performing on various instruments quite different from his core instruments. He now plays the piano, harmonica and harp as well.

His introduction to conducting started while he was attending Long Beach State. He studied with Ernest Gold (a Hollywood composer) and learned the intricacies of how to bring out the best in any ensemble.

Bill says, "Music has afforded me the opportunity to develop my creative abilities through performing, composing and directing." He has made lifelong friends that date back to high school and was lucky to meet his wife while they were both in the Long Beach State University Marching Band. Playing in musical groups is a bonding experience; everyone needs to keep time together, feel the music together, know who has the melody and who has the harmony, and work together to perform what the composer's vision was for their masterpiece. When done well, it is much like winning the World Series or Super Bowl; the friendships developed are enduring.





Music also gave Bill his profession. He went on to have a successful career teaching music, beginning with middle school students. He taught every kind of music, including choir, strings, band, jazz band, music history and guitar. He then moved into music administration, where he supervised the elementary music program for seven elementary schools. He ended his career as the superintendent of his district.

It is vital to us as musicians to keep music in the schools, to give children a creative outlet and help them discover the magic of performing in a musical group. Bill spent his career encouraging young people and teaching them to explore music in all forms. Playing an instrument is good for the mind and soul and is a lifelong endeavor and enjoyment. It is a testament to Bill to have given the gift of music to so many children, some of whom may become professionals and others who may have a lifetime hobby of pleasure.





Thank you, Bill, for bringing your talent and expertise to the LASD Band. We are happy to have you aboard and look forward to many years of performing.

And now to bring you up to date on our recent and upcoming LASD Band gigs. Recently, we were honored to perform for Sheriff Luna's Youth Foundation fundraiser on the USS Iowa. Our Swing Band and Jazz Combo filled this amazing event with colorful and lively music. Sheriff Luna heard our Swing Band for the first time and exclaimed, "Who knew we had a band like this?" Sheriff Luna's event was wonderful, with special effects throughout the evening. There was a flyover and cannon shots, the dinner was barbecue and fixings, and a silent auction took place; of course, the music was superb, and a good time was had by all.

Our Jazz Combo was invited to play the cocktail hour on the USS Iowa for their Freedom of the Seas event and Post 390's Military Ball held at the Quiet Cannon in Montebello. Again, our Swing Band performed at Carson Station's 50th anniversary.

Our Swing Band will also perform for the Elks Lodge South Pasadena on December 30 and the Oakmont Senior Living New Year's Eve celebration on December 31. Our Jazz Combo performed for the South Pasadena Veterans Day luncheon and the Oakmont Senior Living Veterans Day affair.

We have been busy and look forward to another year spreading music throughout Los Angeles County and the many Department events where music would enhance the occasion. Please call us for your Sheriff's Department musical needs and/ or events such as retirements, celebrations or holiday/patriotic festivities. We are here for you!

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If you play an instrument or previously played an instrument, it may be time to dust it off and join the LASD Band. If you would like to have one of our bands perform for an event, either the Dance Band or Concert Band (subject to Department guidelines), please contact me at Dawn. LASDBand@gmail.com. For more information, please visit our website at *LASDBand.org*. ☆





#### CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

Thank you for your many years of dedicated service to our Department. We wish you a long life, happiness, relaxation and many years of personal fulfillment.

#### **Timothy J. Abrahams**

Fraud and Cyber Crimes Bureau

#### George L. Aguilera

Transportation Bureau

#### Robert F. Ahrens

Communications and Fleet Management Bureau

#### Sergio A. Aloma

Twin Towers Facility

#### Tina Alvarez

#### Michael D. Austin

Homicide Bureau

#### Thomas G. Bruner

Lancaster Station

#### Bryan A. Camacho

Court Services Bureau - East

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Operation Safe Streets Bureau

#### Irene Espinoza

Civil Management Bureau

#### Gary A. Goldenberg

Population Management Bureau

#### Annette M. Harley

Personnel Administration

#### Matthew A. Jaimes

Kristen D. Johnson

County Services Bureau

#### Raquel Mendez

Civil Management Bureau

#### Cherry H. Monteagudo

#### Aldrin A. Mora

Metrolink Bureau

#### Joseph E. Nicassio

Community Partnerships Bureau

#### Patricia Sanchez

#### **Terrance T. Smith**

Internal Affairs Bureau

#### Victor M. Soto

**Custody Food Services** 

#### Joseph P. Sumner

Homicide Bureau

#### Tommy R. Trimble

Aaron C. Watson

#### Christopher A. Williams

Court Services Bureau — West

#### Randall S. Williams

Men's Central Jail

# INDUSTRIAL STRENGTH

**By La Puente SAO Industry Station** 

'ndustry Station deputies attended the St. Louis of France Blessing of the Animals. Deputies assisted with traffic control for the horse riders and had a great time interacting with local residents and their animals.

La Puente SAO Deputies and CHP Baldwin Park came together to teach teens about the real dangers of drinking and driving. Deputies engaged with the teens and conducted multiple exercises that promoted smart choices behind the wheel.



















#### By Dorian Penn Sr.

#### Transit Services Bureau

#### **VALOR OF HONOR**

he Los Angeles County Sheriff's Department recognized the exceptional bravery of Deputy Vargas, Deputy Plichta, Deputy Torregano, Sergeant Tineo and Retired Deputy Mora by awarding them the prestigious Meritorious Conduct Silver Medal. This esteemed award is the third highest honor available to Department members and is reserved for those who, in extraordinary situations beyond the usual scope of their duties, selflessly place themselves in potential danger. Their courageous actions demonstrate remarkable heroism and exemplify the spirit of individuals dedicated to saving lives or protecting others in life-threatening circumstances.

#### **OFF TRAINING**

Transit Services Bureau would like to congratulate and welcome Deputies Angel Dominguez and Raul Rocha for completing their patrol training at East Los Angeles and Santa Clarita stations. The hard work is just getting started. We wish you the best as you start your new journey as patrol deputies.

#### RETIREMENT

As our partner Deputy Jesus Garcia begins his new journey in life as a retired deputy, Transit Services Bureau personnel applaud him and thank him for 25 years of dedicated service. With endless investigations completed, countless reports reviewed, hours spent in court, numerous meetings and phone calls, and many unforgettable experiences, Deputy Garcia has made a significant impact. He has not only helped the community of Los Angeles County but has also been a leader, mentor and friend to many at Transit Services Bureau. His dedication and perseverance have set a high standard for the rest of us. We wish him a retirement filled with health, happiness and new memories to create.

His message:

"The time has come for me to retire from this department. It's crazy how time has flown. My day one picture on the left and final day picture on the right. I want to thank all those whom I was fortunate to have worked with. Thank you for your patience and comradery you shared with me.

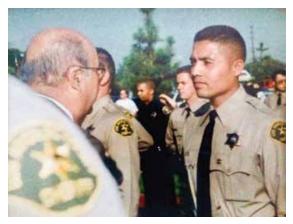
"I started at TSB in January of 2001 out of the ROC, eventually worked out of Downey as a bus unit for about 17 years and ended my last years out of El Monte. I believe I made the best of my time



Deputy Vargas, Deputy Plichta, Deputy Torregano, Sergeant Tineo and Retired Deputy Adrin Mora (not pictured) were honored with the Meritorious Conduct Silver Medal.



Sheriff Robert G. Luna and our Transit Services Bureau Meritorious Conduct Silver Medal recipients







working here which was fun for the most part. I played for our Sheriff soccer team from 1995-2021, and I participated in being part of our B2V team for many years. I recommend that if you're still young, healthy and new to our department, get involved with the many athletic activities that are there for you. Representing our department at the Police and Fire Games and the World Police and Fire Games and our Station at B2V was fun and it helped with the physical fitness aspect.

"TSB is different from other stations due to the dynamics of the moving trains and buses but at

the end, we're all deputy sheriffs doing the job like everyone else in the County. Unfortunately, society has created change on how we do our job. It's still a great job and we will always be needed. It was always gratifying when the suspects were caught and the victims would thank us for our service. For those who are newly assigned to TSB, there are many opportunities for you to take advantage of at TSB. Make the best of your time here despite the little extra things that Metro asks of us, and yes, you can still be productive. I've always believed in area integ-

rity. So, if it's yours, ask the desk to sling it to you! Don't be afraid to ask for help.

"Always remember to watch your back and those of your partners. I thank our Lord for allowing me to complete my 301/2 years of service. I want to thank all the captains who I worked for here for the past 23 years. A special request to Captain Kehoe, push my serviceconnected disability retirement through. I thank the entire desk crew beginning with Mrs. Donna Dixon, all the watch deputies past and present. Yolanda Crawford and

Mrs. Pitman for taking care of the cars, for all the LETs who worked the desk or photo enforcement. To all the secretaries who managed our paperwork. To our supervisors, sergeants and lieutenants who lead us into battle, detectives, K-9s and special unit personnel and most importantly, my brothers and sisters who wore the tan and green who backed me up when needed. Forever thankful to you, my family. I wish you all the best today, tomorrow and wherever you may be when and or if we lose this contract. Stay professional, stay alert and most importantly, stay alive."

#### **BREAST CANCER AWARENESS**

TSB has joined in with LASD Headquarters to launch the Pink Patch Project. Many of our deputies proudly wear the pink LASD patch on their uniforms. TSB stands united in the fight against breast cancer, spreading awareness that early detection can save lives.

#### **TMET**

Transit Services Bureau Mental Evaluation Team joined forces with Metro workers to provide services to the unhoused and to clean up the encampment areas on Metro property.









# **By Nancy Brenes**Special Victims Bureau

#### CELEBRATING 38 YEARS OF IMPACT: THE 999 FOR KIDS PROGRAM

his year marks a significant milestone as we celebrate the 38th anniversary of the 999 for Kids program, a remarkable initiative that embodies the spirit of community support for children who have endured the unimaginable pain of child abuse. In a powerful collaboration between Special Victims Bureau, the Department of Children and Family Services (DCFS) and our dedicated community, the program continues to provide essential financial resources that go beyond basic needs, truly making a difference in the lives of these vulnerable children.













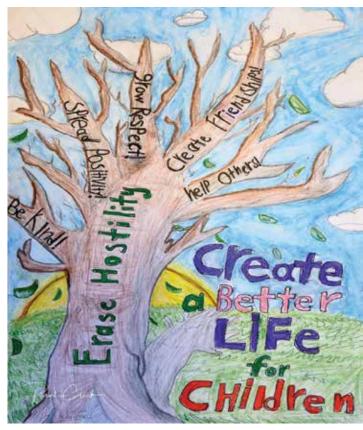












From July 1 to August 15, we hosted this year's 999 for Kids Pledge Drive, inviting partners across various units to join in our mission to uplift the lives of the children we serve. The efforts of all involved resulted in a heartwarming total of \$52,059.75 raised, a testament to the generosity and compassion of those who contribute to this noble cause. These funds will

directly benefit children in the Specialized Medical Placement and Deaf Services Unit, bringing hope and comfort to those who need it most.

Highlighting the community spirit, our annual Ice Cream Social took place on August 22 at the Liberty Community Plaza in Whittier. This cherished event is a wonderful opportunity for the law enforcement community to connect







with the children we support. It was a day filled with laughter, joy and heartwarming interactions that foster friendships and build confidence in the children and their families. The smiles on their faces as they participated in activities and captured memories with our sworn personnel were simply priceless.

During the event, we proudly recognized our 2024 poster child, Sudara, alongside previous poster children, Isaiah (2023) and Allan (2022). We also celebrated the creativity and talent of our young participants with the art awards and scholarships. Special Victims Bureau's Captain Richard Ruiz, the dedicated chairperson of the 999 for Kids program, was a distinguished speaker at the event. Assistant Sheriff Myron Johnson delivered an inspiring address and presented the art and scholarship awards, taking the time to pose for photographs with our poster child and award recipients. A special congratulations goes to Ernesto Rodriguez, the 2024 artwork winner, whose creation was beautifully replicated onto plaques for our generous donors. Moreover, we are thrilled to announce this year's scholarship recipients from DCFS Special Medical Housing: Itzel Ochoa Estrada, Luis Solis, Melina Barba Perez, Nathaly Guadron Gomez, Teodoro Lopez and Sara Soto. Their hard work and determination truly deserve this recognition.

continued on page 26

Dr. Edward Liao, medical director of the Department of Children and Family Services, expressed his heartfelt gratitude for the program, sharing inspiring stories that illustrate its positive impact. Deanne Tilton Durfee, executive director of the Inter-Agency Council on Child Abuse and Neglect (ICAN), also conveyed her appreciation for the ongoing work of the 999 for Kids program.

A special shout-out goes to San Dimas Station and Court Services East for being the top two LASD units contributing the most significant donations this year. We also extend our sincere gratitude to L.A. Grizzlies Football and POPA Federal Credit Union for their remarkable contributions.

As we reflect on the impact of the 999 for Kids program, we want to extend our heartfelt thanks to all the units and organizations that participated in the pledge drive. Your continued support and compassion for these children empowers them to heal and thrive. Together, we are creating a safer and brighter future for those who need it most. Thank you for being part of this incredible journey!

- Altadena Station
- Audit and Accountability Bureau
- Balloon Designs by Nina
- Bureau of Labor Relations and Compliance
- Central Arraignment Court
- Century Regional Detention Facility
- Century Station
- Cerritos Station
- City of Paramount
- Clara Shortridge Foltz Criminal Justice Center
- Communication & Fleet Management Bureau
- Community College
- Court Services Administrative Headquarters
- Court Services Central Bureau
- Court Services East Bureau
- Crescenta Valley Station
- Custody Compliance & Sustainability Bureau
- Custody Support Services Bureau
- Custody Training & Standards Bureau
- Deputy Ernest Magdaleno

- Downey Court
- Edelman Children's Court
- Facilities Services Bureau
- Fraud and Cyber Crimes Bureau
- Homicide Bureau
- **Industry Station**
- Internal Affairs Bureau
- Internal Criminal Investigations Bureau
- L.A. Grizzlies Football
- L.A. Sheriff's Golf Club
- Lakewood Station
- Lascari's
- Liberty Community Plaza
- Lomita Station
- Long Beach Court
- Major Crimes Bureau
- Marina del Rey Station
- Men's Central Jail
- Metrolink Bureau
- Metropolitan Court
- Narcotics Bureau
- North County Correctional Facility
- Operation Safe Streets Bureau
- Pasadena Court
- Pico Rivera Station
- Pitchess Detention Center South Facility
- POPA Federal Credit Union
- Population Management Bureau
- Psychological Services Bureau
- Records and Identification Bureau
- Recruit Training Bureau
- Risk Management Bureau
- San Dimas Station

- Scientific Services Bureau
- Sheriff's Information Bureau
- Special Enforcement Bureau
- Special Victims Bureau
- Stanley Mosk Court
- Taskforce for Regional Autotheft Prevention
- Temple Station
- Transit Services Bureau
- Twin Towers Correctional Facility
- United Latino Fund
- Walnut/Diamond Bar Station

#### **EXCITING NEWS!**

We are thrilled to announce that we've been hard at work on a brand-new website for the 999 for Kids program, set to launch in November 2024! This revamped platform will make it easier than ever to support our cause, with donations now accepted via PayPal. We invite you to take a sneak peek at our progress at 999forkids.com. Your support means the world to us!

#### **SVB NEWS**

Let's take a moment to celebrate some wonderful news from our SVB family! A huge congratulations to Detective Sarah Schnieder and Detective Gigi Martinez on their beautiful new additions! Sarah welcomed baby boy Matthew Augustus "Auggie," and Gigi and big brother Alan welcomed baby Adiel into their lives this year. We couldn't be happier for both families - wishing you all joy and love during this special time! 🕸





#### F R O M DOCS

#### TO TELL OR NOT TO TELL

By Dr. Joe Kaspar

s an LASD employee, you see and experience things daily that most people will never encounter. Over a career, this exposure can leave you with an ocean of potentially traumatic memories. Despite these personal challenges, a core part of your mission is to protect and serve a public that may not fully understand the realities of law enforcement — or the toll the work takes on your physical, emotional and mental well-being. Compounding this is the fact that some people, including family and friends, may not hold positive views about law enforcement, making it difficult to know who genuinely supports you.

Understandably, you might feel hesitant to talk about work with anyone outside the agency, including loved ones. I've seen that many of you prefer to shield family and friends from the difficult parts of your job to protect them and perhaps even yourself. You may worry if your audience is "safe" (pro-law-enforcement) or interested. You might also fear that sharing your experiences could burden loved ones or alter how they view you. These concerns are all valid; it's natural to want to protect those close to you.

However, keeping this part of your life separate can sometimes create distance, particularly with your significant other. Your demanding schedule and overtime requirements already mean missing special occasions and having less time together. Total separation between work and home life might seem protective, but it can unintentionally contribute to a sense of disconnection. What can you do about it?

This isn't about sharing every detail with your loved ones. Instead, consider discussing with them how they might feel comfortable approaching conversations about your work. Here's a guide on how to navigate this:

- 1. Share your reasons for hesitation: Be open about why you may have kept work matters private, whether to protect them or avoid judgment.
- 2. Express willingness with caution: Let them know that while you're open to sharing, you also want to avoid overwhelming them. Some may not want to hear about particularly challenging aspects of your work, and that's OK.
- 3. **Invite their preferences:** Ask what they feel comfortable hearing and what they'd prefer to avoid. You may find some people want to know more than you expected — they simply want to understand you better and feel closer.
- 4. Take it slow and communicate: Recognize that these conversations don't have to happen all at once. Allow room for trial and error, understanding that comfort levels might

- evolve. Some loved ones may show initial interest but later decide certain topics are
- 5. Choose what to share: Remember, it's entirely your choice. Sharing doesn't have to mean recounting every detail; it could be talking about your general experiences or simply expressing how you're feeling, whether workrelated or otherwise.
- 6. Access available support: While opening up to loved ones can be meaningful, don't forget the support systems available through LASD: psychologists, peer supporters and chaplains are here to help you process the unique challenges of your role.

Opening these lines of communication can help maintain connection without compromising the boundaries you set. And ultimately, finding a balance between sharing and shielding is a journey that may strengthen your relationships both at home and at work. If you'd like to talk through how to do this with someone, know that you can always reach out to Psychological Services Bureau at (213) 738-3500 for a phone consultation or to make a free, confidential appointment. To obtain additional information, you may also visit our intranet site (http://intranet/ intranet/ESS/Index.htm) or the Department's wellness app (see QR code below). ☆

## **Download Your Agency's Custom Health and Wellness App TODAY** Scan HERE Scan HERE for iOS for Android Download **Download** Or visit Or visit app.apexcards.net/lasd/request\_code app.apexcards.net/lasd/request\_apk

# ALD

# **By Team Dena** Altadena Station

#### **25 YEARS**

ongratulations to Captain's Secretary Alicia Torres for her 25 years of service to the Sheriff's Department. Thank you for your hard work and dedication.

#### **PANCAKE BREAKFAST**

Every year the Altadena Rotary Club organizes a pancake breakfast to benefit different aspects of the station. This year's pancake











breakfast helped raise funds for the Altadena Mountain Rescue Team. We truly appreciate the Altadena Rotary Club for organizing the breakfast. It was a big success, as always.

#### **AÇAÍ WITH A DEPUTY**

JOHN D. YARBROUGH II

Altadena deputies and Captain Williams attended the "Açaí With a Deputy" event hosted by Açaí Bar. Residents and community members were able to come out and socialize with station personnel. The community was very supportive, and everyone enjoyed themselves.

Altadena plans to continue to have many more of these types of community events. They are a great way to hear the concerns and ideas of the Altadena residents and those of the surrounding areas.



#### **SCHOOL VISIT**

Pictured are Reserve Deputy Aghyarian and his son during a school visit. We had fun giving out toys and letting the kids sit in a patrol vehicle. They even got on the PA system. Thank you for allowing us to visit the school and show off our cool gear. 🌣

### ☆ IN MEMORIAM ☆

**IOSEPH A. ACEVEDO** RETIRED 03-27-20, DECEASED 10-05-24 SERGEANT/EOB BOMB SQUAD CHRISTY L. APPLEBY RETIRED 05-27-08, DECEASED 10-05-24 MOTOR POOL/PDC SOUTH IIM L. ELLIS IR. RETIRED 10-27-93, DECEASED 09-17-24 DEPUTY/BISCAILUZ CENTER **IOHN C. GAMES** RETIRED 03-31-22, DECEASED 07-31-23 COMM SERVICES SPECIALIST/DATA SYSTEMS BUREAU LARRY A. GIDDINGS RETIRED 03-18-67, DECEASED 09-21-24 SERGEANT/LAKEWOOD STATION **RUFUS S. HORNE III** RETIRED 05-10-83, DECEASED 10-26-24 SERGEANT/LAKEWOOD STATION CLAY J. LANDENBERGER RETIRED 11-02-94, DECEASED 10-15-24 SERGEANT/TST WILLIAM E. RICHARDS RETIRED 03-21-94, DECEASED 10-11-24 SERGEANT/LAKEWOOD STATION CARRIE J. THOMAS RETIRED 03-14-14, DECEASED 10-14-24 SUPV CASHIER/IRC VIENNA T. WILSON RETIRED 08-31-12, DECEASED 10-01-24 LIEUTENANT/PDC EAST DAVID R. WYSE RETIRED 03-31-98, DECEASED 09-19-24 DEPUTY/AERO BUREAU

DIANA BIGHORSE PASSED AWAY ON OCTOBER 22, 2024. SHE WAS THE WIFE OF RETIRED MEMBER FREDDIE E. BIGHORSE JR.

SERGEANT/HOMICIDE

GRACE ELLIOTT PASSED AWAY ON OCTOBER 21, 2024. SHE WAS THE WIFE OF RETIRED MEMBER JOHN G. ELLIOTT JR.

RETIRED 03-27-00, DECEASED 10-03-24

MA'AKE O'DONNELL PASSED AWAY ON OCTOBER 19, 2024. HE WAS THE SON OF ACTIVE MEMBER MARK D. O'DONNELL.

# Holiday Shopping Made Easy



Badge/Reindeer/Holiday 15 oz. Campfire Mug

Colors: green, red **\$12.99** Item #: 0641



**LASD Script Tennis Bracelet** 

Colors: gold-plated, silver-plated \$83.50 | Item #: 1460



LASD Reindeer Holiday British Gin Glasses — 15 oz.

Two glasses in canister gift set \$41.99 | Item #: 0644



LASD Badge Snowman Stainless Steel Tumbler — 20 oz.

**\$16.99** Item #: 0646



Badge/LASD Wood Semi Truck

**\$27.50** Item #: 1447



LASD/Back LASD Est. 1850 Heavyweight Crew

Sizes: S–2X
Colors: brown, cement, dusty sage
\$43.75 | Item #: 2086



Pewter Sleigh With Presents Ornament

**\$18.99** (without gift box: **\$15.99**)

Item #: 1920



Santa Claus/Merry Christmas/ LASD Round Ornament

\$4.50 Item #: 1935



Newest Lil' Deputy LASD Badge Baby Blanket

\$18.25 Item #: 1960









Est. 1850 LASD Long-Sleeved Crewneck

Sizes: S-2X **\$22.50** Item #: 2142



Badge/LASD Divot Repair Multi-Tool

**\$11.99** Item #: 0544



LASD Jr. Poly Tech Zip-Up

Sizes: S-3X **\$51.50** (3X: **\$53.50**)

Item #: 2057



Colored Vintage Deputy Sheriff 1895 Tapestry Blanket

**\$81.99** Item #: 1962



LASD Puffy Vest S-2X \$53.99 (2X: \$56.25) Item #: 2058



Snowman/LASD Ornament Colors: red, green \$8.75 | tem #: 1923



Sheriff Bear — Green Vest \$14.50 Item #: 1909

LASD

A Tradition of Service Youth Sweatshirt

Sizes: XS–XL **\$30.99** Item #: 2195



LASD/Badge Golf Balls — 3-Pack \$12.99 Item #: 0548



Historical LASD Badge 4-Piece Pin Set With Velvet Box

**\$24** Item #: 1607



My Super Hero Wears These Toddler Tee

Sizes: 2T-5/6T **\$11.99** Item #: 2187

For more info, visit **SheriffsRelief.org/store Sheriffs' Relief Association Emporium locations:** 

**STARS Center, Whittier (562) 946-7271**MONDAY-FRIDAY, 9 A.M. TO 4:30 P.M.

PJP Rancho, Castaic (661) 257-5320 MONDAY-FRIDAY, 9 A.M. TO 5 P.M. SATURDAYS, 9 A.M. TO 4 P.M.



# **SRA Emporium**

# APPAREL AND ACCESSORIES

# Ready for Duty



#### **Subdued Badge Watch Cap**

Available in Deputy Sheriff and Sheriff's Department

**\$17.50** Item #: 0466



\$96.75 (3X-4X: \$100.25)

Limited inventory received - call now to see if we have your size. More inventory coming in February 2025.

Item #: 1401



#### **LASD Mock Turtleneck**

Sizes: S-3X

Item #: 2135



#### SI Lightweight 2.0 Glove

Combines lightweight materials with AX suede to provide durability and dexterity and prevent hot spots. Reinforced trigger finger is removable for easy adaptation.

Sizes: S-2X

\$29.50 Item #: 0471

Why spend elsewhere when you can keep your money GREEN with SRA? Check us out today!

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 257-5320 Monday-Friday From 9 A.M. to 4:30 P.M.

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We Beat Any Retailer's Price.

# **Law Enforcement Gear**

# **EARPIECES**

## Tactical Communication

#### **Fox Clear Acoustic Speaker Kit**

Earpiece provides a comfortable and secure way to privately listen to radio. Kit includes clear acoustic audio tube and Fin Ultra ear tips for all-day comfort.

\$31.25 Item #: 0762





#### **Micro Sound Tubeless Listen-Only Earpiece**

Tubeless microspeaker technology delivers clear audio with no obstruction or sound loss. Easy-swivel speaker rotates 180 degrees for left- or right-side use.

\$40.50 Item #: 0763





#### **Hawk Lapel Microphone With Easy-Connect Guide**

Lightweight, concealable and discreet. Features on-target visual alignment that improves the ease of connection to the radio, reducing wear and tear.

\$96.75

Item #: 0760





#### **Hawk Micro Sound Speaker Lapel Microphone With Easy-Connect Guide**

Micro sound earpiece delivers unobstructed sound. No sound loss, moisture buildup or tube maintenance. Includes Fin Ultra ear tips for all-day comfort.

\$96.75 Item #: 0761





#### WE'RE NOT IN IT FOR PROFIT — WE'RE HERE TO SERVE YOU.

The SRA Emporium is dedicated to providing the gear Los Angeles Sheriff's Department personnel need at unbeatable pricing, guaranteed.

Support the efforts of the Association by making the Emporium your first stop for tactical equipment, LASD merchandise, and gifts for friends and family.





#### By Jessica Aguirre Century Station

#### **CENTURY STATION TRUNK OR TREAT 2024**

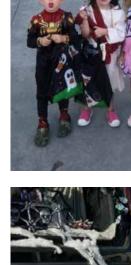
n October 20, Century Station held its first Trunk or Treat event for station personnel. Deputies decorated their patrol vehicles with fun and spooky themes. Our station personnel handed out candy to the children who participated in the trunk-or-treating venture.

























Guests were welcomed to enjoy delicious food, drinks and other fun activities for their children. Friends and family members had the opportunity to explore around the station and got an insight into the daily duties of a deputy sheriff.

It was a was a great turnout for Century Station's first Trunk or Treat event. We appreciate everyone who participated in this event and made this day possible for our station. Happy Halloween!











Deputies assigned to the Special Operations Lynwood team attended Roosevelt Elementary School's Trunk or Treat event. Our deputies participated by handing out treats to students while strengthening their relationship with Century Station deputies. Great job, deputies, for joining the students at Roosevelt Elementary in their Halloween festivities!



#### **COMMUNITY PRAYER BREAKFAST**

Century Station hosted the Community Prayer Breakfast. Sheriff Robert Luna and Captain Christopher Minott came together with community members in a powerful moment of prayer and unity. We appreciate everyone who participated in this event. We are extremely grateful with our Century Sheriff's Station Foundation members for making this special event possible.

## L.A. SHERIFFS' MUSEUM

#### **By Chris Miller**

Los Angeles Sheriffs' Museum

#### THE EVOLUTION OF THE LOS ANGELES COUNTY SHERIFF'S RESERVES, PART 8

This story is continued from the November issue of *Star News*.

## PEACE OFFICER STATUS OF RESERVE OFFICERS AND DEPUTIES

In 1967, the State Legislature amended the sections of the Penal Code that describe the status and responsibilities of reserve peace officers. 830.6 PC states whenever any qualified person is deputized or appointed by the proper authority as a reserve or auxiliary sheriff or city police officer and is assigned specific police functions by that authority, the person is a peace officer, if the person qualifies as set forth in Section 832.6. The authority of a person designated as a peace officer extends only for the duration of the person's specific assignment. Traveling to and from an assignment is considered to be part of that reserve deputy's specific assignment.

LASD Reserve Deputy Jim Jacobs spoke at the Reserve Peace Officers Conference about the new law. Jim was an attorney at his full-time job, so he used his knowledge and experience to write a new bill to change 830.6 PC so that reserve officers would be considered full-time peace officers and would have full police powers 24 hours a day, which would enable them to carry concealed weapons off duty. The new bill passed but only applied to Level I reserves. Level II and III reserves did not have the training necessary for them to qualify as full-time peace officers. The reserves who have full-time peace officer status are called designated Level I reserves.

On November 8, 1967, Penal Code Section 817 was amended to include reserve deputies as peace officers. This section now reads, in part, that a peace officer is "any qualified person when deputized or appointed by the proper authority as a reserve or auxiliary Sheriff or city policeman while performing police functions assigned to him by the appointing authority."

The County counsel provided his opinion on the status of reserve deputies. He stated that reserve members shall exercise peace officer authority only for the duration of a specific assignment. Travel to and from an official and specific Department assignment is deemed to be part of that specific assignment. A reserve member's authority to arrest when not on a specific, official assignment shall



be limited to the authority granted in Penal Code Section 837, addressing a private person's arrest. Reserve members, when not on specific official assignments, will no longer be covered by any sections of the Penal Code giving authority, consideration or immunity to peace officers. Reserve members are cautioned that the exemptions for peace officers contained in the provisions of sections 12027 and 12031 related to carrying of loaded or concealed firearms will no longer apply to the reserves, except when on a specific assignment or traveling to and from such assignment.

#### **CHANGES**

In 1967, Sheriff Peter Pitchess required members of the search and rescue teams to be trained as reserve deputies so they could respond to control traffic, quell riots and assist during disasters. Because of this, the Sierra Madre Search and Rescue Team decided to withdraw from the Sheriff's Department and, with the Board of Supervisors' approval, was placed under the Fire Department. When this occurred, Sheriff Pitchess required search and rescue teams from other Sheriff's stations

to respond and handle searches and rescues that would normally be handled by the Sierra Madre Search and Rescue Team. Because of this, the Sierra Madre team only responded to requests from incorporated cities in the local mountains and requests from Northern California and other states.

In 1973, the Altadena Mountain Rescue team, which was under the Sheriff's Department, decided to request to move from the Sheriff's Department to the Fire Department. They wanted to concentrate on searching and rescuing victims rather than performing additional law enforcement duties. Eventually, the Altadena and Montrose search and rescue teams agreed to take the 56-hour law enforcement course. Members of the Sierra Madre team refused to take the law enforcement training and were fired from the Sheriff's Department in October. They moved over to the Fire Department.

In August 1973, the Board of Supervisors voted on whether to transfer the mountain rescue teams from the Sheriff's Department to the Fire Department. By a 3–2 vote, the supervisors passed L.A. County Administrative Code Section 314.6, which gave responsibility for all mountain search and

rescue in L.A. County to the Sheriff's Department. In their decision, the Board of Supervisors did not require volunteers to become reserve deputies, unless the majority of the team requested it.

### MINE AND CAVE TEAM

The LASD Mine and Cave Team is composed of members from many of the Sheriff's Department's search and rescue teams. The team varies between eight to 10 members at a time, and are all experts in search and rescue of enclosed areas such as caves and mines.

### **MEDICAL COMPONENT TO SRT**

The Sheriff's Response Team is composed of four teams of full-time deputies who respond to civil unrest, protests and demonstrations where violence may be likely. These team members have safety equipment and special training to handle groups who may become violent. Reserve Forces Detail Assistant Director Mike Leum suggested to the leader of the SRT teams, Bryan Sirkel, that they have a medical component to the response teams since the Fire Department stages down the street and is not available to readily respond to an injury. Instead, the Fire Department waits for the injured person to be transported to them in their safe zone. Sirkel agreed with Leum and arranged to have search and rescue team members who are emergency medical technicians respond with the SRTs. In this way, they can immediately treat deputies who are injured by violence at the scene. After providing emergency treatment, the search and rescue team members can transport the injured deputy to the safe zone where the Fire Department is located.

# "CHATSWORTH INCIDENT" (METROLINK TRAIN CRASH)

On September 12, 2008, Metrolink commuter train #111, pulling three coach cars with 222 people aboard, collided head-on with a Union Pacific freight train with two locomotives pulling 17 freight cars in Chatsworth. It was determined that the collision was caused when the Metrolink train's engineer, 46-year-old Robert Sanchez, was distracted by sending text messages. Both the passenger train and the freight train were traveling at around 40 mph.

Hundreds of emergency workers were involved in the rescue and recovery of the train victims. This included 50 search and rescue team members from all eight LASD search and rescue teams. The emergency workers endured entering confined spaces with fire still burning, along with smoky and potentially toxic air. They treated passengers who were stranded on upper decks with critical injuries such as facial fractures, chest trauma, collapsed lungs, rib fractures, pelvic fractures, leg and



arm fractures, and cuts in the skin and soft tissue. Some even had blood in the brain. This event was classified as a "mass casualty incident," requiring all six L.A. City Fire Department air ambulances along with helicopters from the LAFD and LASD. These helicopters medevaced 40 patients to 12 trauma centers in L.A. County. There were a total of 135 injured, 46 of them critical, including LASD Deputy John Ebert, who was commuting home from work at the Van Nuys Courthouse. Deputy Ebert, although critically injured, was able to make the initial call for assistance and assisted other passengers in exiting the train before collapsing. Many survivors remained hospitalized for an extended period following the crash. This was the deadliest accident in Metrolink's history, with 25 deaths, among them LAPD Officer Spree DeSha, who had also been commuting home from work.

### **CALABASAS HELICOPTER CRASH**

On January 26, 2020, a helicopter with nine people on board, including retired professional basketball player Kobe Bryant and his 13-yearold daughter, crashed in the hills of Calabasas. The crash occurred when the helicopter entered low cloud cover, which caused the pilot to lose his sense of orientation and lose control of the aircraft. The helicopter was traveling from Newport Beach to Kobe's Mamba Sports Academy in Newbury Park — a journey that would take two hours by car, but only 30 minutes by helicopter. Members of the LASD's Search and Rescue Teams responded to the site of the crash, provided security around the scene and assisted in collecting evidence.

continued on page 38





### PHOTOGRAPHIC RESERVE

In the 1950s, the Sheriff's Department recruited technical experts who worked in the movie industry making major motion pictures. These experts were assigned to public relations and filmed major events involving the Sheriff's Department. The photographic reserves were moved from public relations to the Training Bureau, where they began producing training films.

Some members of the Photographic Reserve were not required to attend meetings or participate in the production of training films. Instead, they loaned photographic equipment to the reserves to use in the production of training films.

Members wore a khaki uniform or Class B type uniform. The Photographic patch was worn under the regular shoulder patch.

An audio recording session was conducted at the Camp Pendleton Marine Corps Base, where the United States Marine Band recorded the "Sheriff's March." The "Sheriff's March" was written especially for Sheriff Pitchess by the director of the Marine Band, and it was hoped the march could be used as background music on some of the Sheriff's Department training films.

The Photographic Reserve produced many training films over the years, but they were best known for a series of officer survival films. These films were reenactments of incidents where deputies were killed in the line of duty, and then, after the reenactment, training points learned from the shooting were explained. Many officers from around the country thanked the LASD for producing these officer survival films that saved their lives.

### RESERVE DEPUTY RICHARD **ROSNER**

Rick Rosner was an NBC page during college and afterward became a television producer



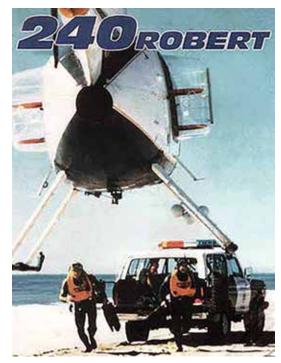


of Allen Funt's Candid Camera show. He then began writing for television shows and became a producer on The Mike Douglas Show. He was an executive with Warner Bros. before NBC named him as its vice president of variety programming in 1975.

During a scuba training seminar for *The Steve* Allen Show, he met and befriended members of the LASD. While he was taking this course, he came up with the idea for the CHiPS TV show. The show was very popular and 138 episodes were produced between 1977 and 1983.

In 1979, Rosner created a drama series titled 240 Robert, which ran for two seasons. This series focused on the various missions of the Emergency Services Detail (ESD) of the LASD. The call sign for the Emergency Services Detail vehicle is "240 Robert." The episodes were based on actual cases handled by ESD. Their missions included air, land and sea search and rescue operations using four-wheel-drive vehicles, boats and helicopters. Even though the actual headquarters for ESD was in East Los Angeles, Rosner took some artistic license and made the headquarters a beachside station.





Rick Rosner in civilian clothes

### LAW ENFORCEMENT MEDICAL **COMPANY**

For many years, the LASD has been the forerunner in citizen peace officer programs. Dedicated citizens from all walks of life have actively participated in its reserve deputy program in order to further law enforcement efforts, while still pursuing their own chosen professions.

In 1972, the first fully operational law enforcement reserve medical company was organized by the LASD. The initial unit consisted of 30 physicians who were reserve deputy sheriffs. All of the reserves received law enforcement training at the L.A. County Sheriff's Academy with special emphasis placed on basic law enforcement and techniques pertaining to emergency rescue operations.

The medical doctor reserves conducted an intensive four-month program to examine all active reserve deputies to determine their physical fitness. They also assisted in research to upgrade the medical standards of the Sheriff's Department's personnel. The medical doctor reserves also ride as observers in Sheriff's helicopters patrolling remote County regions. The capabilities of the reserve doctors to go beyond the scope of traditional first aid procedures greatly increases the likelihood of saving lives and providing better care to the injured. Besides providing vital support service for any routine emergency operation, the unit can quickly assemble between 15 and 20 doctors at a time.

This story will continue in the next issue of Star News.

Edited by Jan Jenkins (LASD retired). © Los Angeles County Sheriff's Museum 2023. 🌣



John Bennett Perry, Mark Harmon and Joanna Cassidy starred in the TV drama series 240 Robert, which focused on the LASD Emergency Services Detail.

# Peace Officer's Fellowship



# UNCOVERING THE PATH TO RECOVERY: WHAT MAKES SUBSTANCE USE TREATMENT WORK?

lcoholism affects millions worldwide. It involves a strong, often uncontrollable urge to drink and leads to significant impairment in personal, social and occupational functioning. This serious issue calls for thoughtful solutions to help individuals and families struggling with alcohol use. This article explores the hopeful side of recovery, showing that people can and do overcome even severe alcohol issues. It also looks at various treatment options designed to support those struggling, with the goal of empowering more individuals in law enforcement to overcome the challenges of alcohol abuse and reclaim their lives.

One key finding is that recovery from alcohol use disorder is more common than many people think. Even for those facing severe alcohol use challenges, research shows that recovery is possible without strict abstinence. This insight could help reduce the stigma of alcoholism, making it easier for people to seek support. Evidence suggests two main paths to recovery: some people may seek formal treatment to manage severe alcohol-related problems, while others may "mature out" as their priorities shift with life changes, such as starting a family or advancing in their careers. Given the variety of experiences



These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

 Eric Castano
 Chris Loomis
 John Valencia

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 H: (626) 447-9011
 H: (909) 599-1160

 C: (626) 230-3137
 C: (951) 316-3633

 Joe Collins

 H: (320) 684-4008
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 C: (909) 240-0509
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 (951) 764-3723

**John Heckman Ray Terhorst** (805) 559-4993 (818) 383-5539

Revised 6/13/23

and paths to recovery, effective interventions must be designed to meet the unique needs and life circumstances of each individual.

In the search for effective treatments, researchers have identified a combination of factors tailored to individual needs and experiences that contribute to successful recovery. A key aspect is providing a supportive and nonjudgmental environment, which helps individuals feel comfortable seeking help. For many, shame and stigma can be barriers to recovery, so creating a safe space where individuals feel respected and understood can make a world of difference.

Additionally, combining different treatment methods - often referred to as a "multimodal" approach — has proven particularly effective. This approach involves addressing the physiological, psychological and social aspects of alcohol use disorder, recognizing that addiction is rarely a one-dimensional issue. Medications like naltrexone and acamprosate, for example, reduce cravings and ease withdrawal symptoms, making it easier for people to abstain from drinking. These medications are often paired with therapy to help address underlying issues that may contribute to alcohol misuse. Cognitive behavioral therapy (CBT) and motivational interviewing are two widely used methods that help individuals change their thinking and behavior patterns, develop coping skills and set personal goals for recovery.

The role of social support is emerging as another element that can further enhance the effectiveness of treatment. Peer-led programs, for instance, provide a space where individuals can connect with others who have similar experiences, creating a sense of belonging and accountability. Studies have shown that people in supportive community groups are more likely to stay in recovery, as sharing stories and challenges fosters resilience and offers encouragement.

For those in law enforcement, unique stressors make a tailored approach even more critical. High-stress situations, long hours and the emotional toll of the job can increase the risk of alcohol misuse. The Substance Abuse Resource Program within the Psychological Services Bureau (PSB) addresses these specific challenges. Another resource, started in 1975 by members of the Sheriff's Department and LAPD, is the Peace Officer's Fellowship (POF), which provides a version of Alcoholics Anonymous adapted for law enforcement. This approach acknowledges the unique experiences of law enforcement personnel, offering a supportive environment where they can openly discuss their struggles with others who understand the demands of the job.

The Substance Abuse Resource Program coordinator and law enforcement psychologists at PSB work to help employees make healthy choices, supporting their journey to recovery in ways that respect their professional and personal challenges. If you are interested, call PSB at (213) 738-3500 to talk with me, to connect with a peer support member or chaplain, or to set up a free and confidential appointment with any of our Department psychologists. You can also call any of the POF members listed on this page. \$\frac{1}{12}\$





# TAKING STOCK IN DECEMBER: REFLECT, CELEBRATE AND PLAN FOR WHAT'S AHEAD

ecember is a special time of year. It's when we naturally pause, look back and reflect on everything we've been through over the past 12 months. It's also a chance for us to take a breath before the new year kicks off and think about what we want moving forward.

As you reflect, here are some things you might want to think about:

- What are you proud of? This year might have had its ups and downs, but there are always moments worth celebrating. Maybe it's something big, like a new job or personal milestone, or something small but meaningful, like sticking to a habit or helping a friend or co-worker. Whatever it is, give yourself credit. You deserve it.
- What brought you joy? What made you genuinely happy this year? Maybe it was spending time with loved ones, pursuing a hobby or just those quiet moments of peace. By recognizing what brought you joy, you can bring more of that into your life in the year ahead.
- When did you feel most connected?
   Think about the times when you felt truly

at ease or in sync with others. Whether it was a deep conversation, time spent in nature or simply feeling present, these moments can point you toward what really matters to you.

- What inspired you? What lit a fire in you
  this year? What gave you energy and made
  you want to do more or be better? Identifying
  what inspires you can help guide your focus
  for the next year.
- How can you take better care of yourself? Let's face it — we all know that life gets busy, and we don't always put ourselves first. Think about how you can show yourself more kindness, whether that means taking breaks for self-care, setting boundaries or just being a little gentler with yourself.
- Who do you spend time with? The people you surround yourself with can make a huge difference in your life, either positive or negative. Who supported you this year? Who helped you grow? December is a great time to evaluate the company you keep and make sure it's lifting you up. If you need help with this one, refer back to the September 2024 article titled "Do You Have These Five Types of Friends?"

And as much as December is about reflection, it's also a time for planning. A lot of people take a break around this time — between Thanksgiving

and New Year's — and that's the perfect opportunity to think about what you want from the year ahead. Set some goals, think about what really matters and give yourself space to dream a little.

Need some support to do this? Our Peer Support Program exists to help individuals connect with someone who understands their experiences and can provide a compassionate, listening ear. Having someone to talk to can help you navigate difficult times and even enhance your gratitude practice by offering new perspectives. Don't hesitate to seek that connection — it's another way to take care of yourself and those around you. You are welcome to reach out to me directly, or call Psychological Services Bureau at (213) 738-3500 to connect with a peer support member, an LASD chaplain or an PSB psychologist.

December isn't just about closing one chapter — it's about preparing to write the next one. Remember, you are the main character, and you get to create your story. So make it a story full of action, adventure, love and, above all else, fun. I hope one day I will be able to hear your story. You never know the impact your story might have on someone else's life.

Wishing you a joyous holiday season and a prosperous and healthy new year for you and your family.  $\stackrel{\star}{\bowtie}$ 

# PASS THE WORD! **2025 Lakewood Annual Retiree Luncheon**January 22, 2025, 11 a.m.

# Chili's

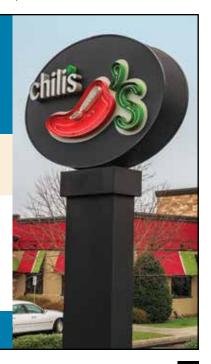
4931 Candlewood Ave., Lakewood, CA 90212

Chili's offers an open menu, full-service bar and all the conveniences we are accustomed to.

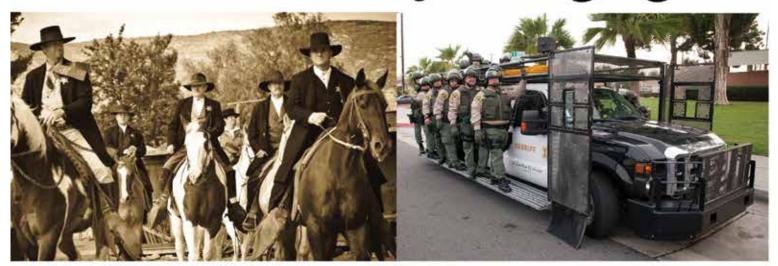
We don't need a head count, as we'll order and pay individually, with all libations COD. There is no extra charge for anything, and any service tipping is your choice.

All law enforcement and first responders are welcome.

For more info, please contact Peter Mack at romeopm7227@gmail.com.



# The Sheriff's Department is continually changing



# Help the Los Angeles Sheriffs' Museum preserve these changes by joining the Buck-A-Month Club

Los Angeles Sheriffs' Museum Fund #218
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Sheriffs' Relief Foundation
of Los Angeles County, California

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Monthly Payroll Contribution	Signature:	( <u>M</u> M)	Date:	
Are You an S.R.A. Member? Ye		SRA Use Only: Start Date:	Rev.jac091710	
s	Los An TARS Center, 11515	nit the completed card directly to: geles Sheriffs' Museum 5 Colima Rd. Bldg. "B," Whittier, CA 90604		

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SATURDAY 11/9/2024

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# **INDUSTRY STATION**

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# TURKEY TROT

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120 E. Via Verde Dr., San Dimas, CA 91773

*SATURDAY* 12/7/2024

# TWIN TOWERS

# **TWIN TOWERS**

450 Bauchet St. Los Angeles, CA 90012 *SATURDAY* 12/14/2024

# TEMPLE STATION

# **TEMPLE STATION**

8838 Las Tunas Dr. Temple City, CA 91780

*SATURDAY* 1/4/2025

# LASD ELITE TEAM

# PITCHESS DETENTION CENTER

29310 The Old Rd. Castaic, CA 91384 **SATURDAY** 1/8/2025

# HOMICIDE BUREAU

# **WHITTIER NARROWS PARK**

750 Santa Anita Ave., South El Monte, CA 91733 (Area D parking lot)

SATURDAY 2/1/2025

# NORWALK STATION

# LA MIRADA HIGH SCHOOL

13520 Adelfa Dr. La Mirada, CA 90638 *SATURDAY* 2/15/2025 EAST L.A. STATION

# **CITADEL OUTLET**

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*SATURDAY* 3/1/2025

# MEN'S CENTRAL JAIL

### MEN'S CENTRAL JAIL

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# SPECIAL ENFORCEMENT BUREAU

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The SYF is consistantly creating opportunities to raise funds in support of youth programs, so that we can continue to do outreach and effect a positive outcome for youth in the communities we serve.

Our newest fundraiser features a custom-built skateboard designed to look like an LA County Sheriff's patrol car. It is a one-of-a-kind design with all the logos and stickers that are on a black and white patrol car, along with red and blue wheels simulating the patrol car's lights.

Please support the Sheriff's Youth Foundation by making your tax deductible purchase. For more information go to our website at www.sheriffsyouthfoundation.org



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Photos shown for scale

The SYF is consistantly creating opportunities to raise funds in support of youth programs, so that we can continue to do outreach and effect a positive outcome for youth in the communities we serve.

Our newest fundraiser features a custom-built skateboard designed to look like an LA County Sheriff's patrol car. It is a one-of-a-kind design with all the logos and stickers that are on a black and white patrol car, along with red and blue wheels simulating the patrol car's lights.

Please support the Sheriff's Youth Foundation by making your tax deductible purchase.

For more information go to our website at www.sheriffsyouthfoundation.org

# SRA BUSINESS PAGE

# **APPLICATION FOR CHANGE** OF BENEFICIARY

	MEMBER'S NAME:  EMPLOYEE # (IF KNOWN):						
CDA A							
SKA	CURRENT MAILING ADDRESS:	MAILING ADDRESS:					
111	CITY:						
	EMAIL:		_ PHONE:				
~	amend) the name, or names, of the person, or perse by reason of my membership in the Sheriffs' Relief		·	=			
BENEFICIARY:			_ RELATIONSHIP: _				
ADDRESS:			_				
CITY:		STATE:	ZIP:				
EMAIL:			PHONE:				
ALTERNATE BENEFICIARY:			RELATIONSHIP:				
ADDRESS:			_				
CITY:		STATE:	ZIP:				
EMAIL:			_ PHONE:				
MEMBER'S SIGNAT	URE:		DATE:				
Please mail to Sheriffs' Relief Association 11515 Colima Road, Building B, Whittier, CA 90604 or EMAIL: membership@sheriffsrelief.org							
CHANGE OF ADDRESS FORM							
NAME:		DATE:					

# Please mail to Sheriffs' Relief Association

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CURRENT ADDRESS: \_\_\_\_\_

11515 Colima Road, Building B, Whittier, CA 90604 or EMAIL: membership@sheriffsrelief.org

STATE: \_\_\_\_\_ ZIP: \_\_\_\_

PHONE: \_\_\_\_\_\_

# HEY, CAPTAIN!

Sheriff Luna is anxious to see your unit's story. Find a writer or be the writer.

Thank you to the units highlighted in yellow, who contributed articles for this issue.

- 🖈 Altadena Station
- ★ Century Station
- ★ Facilities Services Bureau
- ★ From the Docs
- ★ Industry Station
- ★ Los Angeles Sheriff's **Department Band**

- ★ Los Angeles Sheriffs' Museum
- ★ Peace Officer's Fellowship
- ★ Peer Support Program
- ★ Psychological Services Bureau
- \* Retired Deputies
- ★ San Dimas Station

- ★ Special Victims Bureau
- ★ Temple Station
- ★ Transit Services Bureau
- ★ Walnut/Diamond Bar Station

Administrative Services Division

**Advanced Officer Training Unit** 

Aero Bureau

American Legion Star Post 309

**Audit and Accountability Bureau** 

**Avalon Station** 

Carson Station

Central Supply and Logistics Unit

**Century Regional Detention Facility** 

**Cerritos Station** 

Civilian Training Unit

Communications and Fleet

Management Bureau

Community College Bureau

Community Partnerships Bureau

Compton Station

Contract Law Enforcement Bureau

County Services Bureau

Court Services Bureau

Court Services Transportation Bureau

**Court Services West Bureau** 

Crescenta Valley Station

Data Systems Bureau

**Deputy Leadership Unit** 

**East Los Angeles Station** 

**Emergency Operations Bureau** 

**Food Services Unit** 

**Gender Responsive Services** 

Homicide Bureau

**Inmate Reception Center** 

Inmate Services Bureau

Intake Specialist Unit

Internal Affairs Bureau

Internal Criminal Investigation Bureau

**Lakewood Station** 

**Lancaster Station** 

LASD Office of PREA Compliance

LAS<sup>4</sup>D Spouses Supporting Spouses

LASD Women's Running Team

Lomita Station

Los Angeles Sheriff's Department

Elite Running Team

Los Angeles Sheriff's

**Department Grizzlies** 

Marina del Rey Station

Major Crimes Bureau

Malibu/Lost Hills Station

Men's Central Jail

Metrolink Bureau

Mira Loma Detention Center

**Mounted Enforcement Detail** 

Narcotics Bureau

**North County Correctional Facility** 

**Norwalk Station** 

**Operation Safe Streets** 

Palmdale Station

Parks Bureau

Personnel Administration Bureau

Pico Rivera Station

Pitchess Detention Center,

**North Facility** 

Pitchess Detention Center,

South Facility

Pre-Employment and Background

**Investigation Unit** 

Professional Development Bureau

Records and Identification Bureau

**Recruit Training Unit** 

**Regional Community Policing Unit** 

Reserve Forces Bureau

Risk Management Bureau

Santa Clarita Valley Station

Scientific Services Bureau

Sheriff's Information Bureau

**South Los Angeles Station** 

Special Enforcement Bureau

Star Unit

The Chaplain's Notebook

Training Bureau

**Twin Towers Correctional Facility** 

**United Peace Officers Against Crime** 

Video Production Unit

Weapons Training Unit

**West Hollywood Station** 

Send updates and photos to annie@SRA1.org or annie@sheriffsrelief.org by the first of the month for publication in the following month's issue.

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BOOMERS IRVINE		•	\$42.99 and up
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DISCOVERY SCIENCE CENTER — ORANGE C Children 3–14; senior 62+			\$22.00/\$17.00
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KNOTT'S BERRY FARM		· ·	
LEGOLAND	t visit; pricing is date specific	2-Day Legoland/Sea Life Hoppers	s \$79.20 and up 2-Day Hoppers \$159.00 and up
MADAME TUSSAUDS		Hollywood \$29.59/Las Vegas \$	31.19 Hollywood \$36.99/Las Vegas \$43.99
MEDIEVAL TIMES			\$73.95/\$46.95
UNIVERSAL STUDIOS		\$105.00/\$99.00 and up	\$109.00 and up

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REVISED 11/18/24

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December 2024

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Pictured are Leonard Plotkin, JD and Cheryl Plotkin

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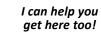
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**CONTACT ME** Cell: 909-618-3252 Office: 928-499-4546

# **Keeping First Responders First!**



**Deborah Nava** Real Estate Agent

626-221-5140

DeborahNavarealestate@outlook.com

DRE #01773550 DRE #02163212



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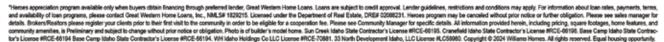
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