







SRA Uniform prices are at least 25% lower than the competition.

Department-Approved Second-Generation Optional Duty, Class A, Class B and CA Elbeco Class B Uniforms

Available in both short- and long-sleeve in male and female sizes. Everything comes patched.





For more info, visit SheriffsRelief.org/store

SHERIFFS' RELIEF ASSOCIATION EMPORIUM LOCATIONS:

STARS CENTER, WHITTIER (562) 946-7271 — MONDAY-FRIDAY, 9 A.M.-4:30 P.M.

PJP RANCHO, CASTAIC (661) 257-5320 — MONDAY-FRIDAY, 9 A.M.-5 P.M.

NOW OPEN SATURDAYS, 9 A.M.-4 P.M.

LOWEST PRICES GUARANTEED!

See a Lower Price in Any Store? We'll Beat It!



STARNEWS

THE OFFICIAL PUBLICATION OF THE SHERIFFS' RELIEF ASSOCIATION

Vol. 83 No. 9..... January 2023

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.; STARS Center, 11515 Colima Rd., Bldg. B, Whittier, CA 90604. Phone: (562) 946-7081 or toll-free (800) 544-4772. Fax: (562) 946-5302.

COPY DEADLINE: 1st of the month for the following month. Send copy to: *annie@SRA1.com*.

OFFICERS

President	Diane Stone
Vice President	Mike Abdeen
Secretary-Treasurer	Conrad Meredith

TRUSTEES

Joe Badali, Chuck Becerra, Sue Burakowski, Mike Fratantoni, Joe Hartshorne, Steve Katz, Rod Kusch, Oscar Martinez and Glenn Walsh General Manager......Bill McSweeney

FOR ADVERTISING CALL

(818) 848-6397 911MEDIA.com





911MEDIA® is a division of Trade News International, Inc.



Star News (USPS 21670 ISSN 2637-4382) is published monthly by Sheriffs' Relief Association of Los Angeles County, Inc. at their headquarters, STARS Center, 11515 Colima Rd, Building B, Whittier, CA 90604. Periodicals postage paid at Whittier, CA, and additional mailing offices. POSTMASTER: Send address changes to Star News, 11515 Colima Rd, Building B, Whittier, CA 90604.

Units

Trustees Monthly Meeting
Retired Deputies5
Temple Station
Mounted Enforcement Detail10
Peer Support Program
Transit Services Bureau14
From the Docs
Century Regional Detention Facility 17
Los Angeles Sheriffs' Museum
Peace Officer's Fellowship24
Inmate Reception Center25
LAS ⁴ D Spouses Supporting Spouses 26

Features

October Retirements	. 7
Devil Pups Youth Program for America	13
In Memoriam	25
Shariffs' Paliaf Association Discount Tickets	30

Trustees Monthly Meeting

he regular meeting of the Sheriffs' Relief Association convened on Thursday, November 11, at 11515 Colima Rd., Bldg. B in Whittier. The following officers and trustees were present: Mike Abdeen, Vice President; Conrad Meredith, Secretary-Treasurer, Trustees Joe Badali, Sue Burakowski, Mike Fratantoni, Steve Katz, Rod Kusch, Oscar Martinez; and Bill McSweeney, General Manager. Trustees not present: Chuck Becerra, Joe Hartshorne, Diane Stone and Glenn Walsh.

The meeting was called to order at 4:31 p.m. A motion was made by Trustee Badali, seconded by Trustee Fratantoni and unanimously carried to approve the minutes of the October 13 meeting and the September Foundation expenditures.

COMMUNICATIONS

General Manager Bill McSweeney reported that communications were received from the following during the month of October:

From Cliftus Forsstrom to Kevin Augarten, "Ervin's family is so grateful for the American flag we received. The case is beautiful and will be treasured. Sheriffs' Relief has been wonderful. I was so pleased at how quickly I heard from you! Thank you."

From the family of Gee Sing Sue to Kevin Augarten, "Thank you for your kindness, support and comforting words. We deeply appreciate and gratefully acknowledge the survivor benefit and

the beautiful basket of fruits and nuts that you sent on behalf of our husband/father. Our dad was such a special person and proud to have been a part of the Sheriffs' Association. Your kindness and generosity will always be remembered. Wishing you the best as we try to navigate our world without him."

From Frank Verdugo to Kevin Augarten, "Thank you very much for your help."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING OCTOBER: \$78,000

MORTUARY BENEFITS PAID YEAR TO DATE: \$1,409,000

MEMBERSHIP REPORT

There were 59 new membership applications that were received during the month of November. A motion to accept these new applications was made by Trustee Meredith and seconded by Trustee Katz: Manuel Acosta, Rosa I. Adame, Victor G. Andrade, Jose L. Arias, Mia D. Bailon, Tatyanna Barajas, Nathaniel A. Belden, Brenden T. Bergen, Gary D. Bonilla, Kenneth M. Bryant, Robert W. Callado, Joshua M. Catap Aguas, Miguel Chagoya, Derek S. Che, Monserra Conde-Troncoso, Alex G. D'Ambrosio, Edward Duarte, Shawn M. Dumser, Destiny Eifert, Dianna Fernandez, Jorge Fernandez, Victor Fernandez, Yadira G. Fernandez, Eduardo Figueroa, Giovanny Franco, Monica

Gamino Soria, Jose E. Godinez, Salvador G. Gonzalez, Nicholas K. Herrejon, Brett M. Jones, Ivan Leon, Michael R. Lopez, Kalei L. Luttenbacher, David Marin Jr., Alejan Martinez-Inzunza, Isaiah J. Medina, Oscar Mora, Omar Moreno, Derek R. Perez, Brenda A. Pizarro, Lauren N. Preciado, Donald M. Prince, Jonathan R. Quintana, Carlos Ramirez Ledezma, Mikey J. Ramirez, Jesus M. Reyes, Luis A. Reyes, Daniela Ruvalcaba, Xavier Sandoval, Kenneth R. Seares, Tommy Ta, Adrian Tsaroukian, Jorge A. Valenzuela, Ivan Vargas, Omar N. Varo, Michael D. Walker, Crystal D. Webber and Andres Yanez.

We had 1 death of an active member, 5 deaths of retired members, 3 cancellations of active memberships, no cancellations of retired memberships, 5 deaths of honorary associate members and 3 new honorary associate members for the month of October.

There was 1 member who resigned and 2 who transferred from the Sheriff's Department during the month of October.

ADJOURNMENT

At 5:20 p.m., a motion was made by Trustee Hartshorne, seconded by Trustee Abdeen and unanimously carried to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc. in honor of the 205 years of combined service of those who passed this month.



Stay in touch with the Department and other retired members. Go to lasdretired.org, and in the upper right-hand corner, click on the "JOIN" button.



Retired Deputies

By Peter Mack 24 W. Winnie Way Arcadia, CA 91007 (626) 447-6962

Email: romeopm7227@gmail.com

NEXT LUNCHEON:

Date to be announced 11:30 a.m. Menu is \$10.95 Villa Catrina Restaurant 251 N. Santa Anita Ave. Arcadia, CA 91006

ell, our fall Retired Female Deputies luncheon has come and gone, and a good time was had by all. We met for our luncheon at the beautiful and historic La Villa Bella event venue in Upland on November 5. It is a beautiful venue featuring a historic building of stone walls and leaded windows that was built in 1906. Naturally, it has gone through many transformations and is now this lovely place for special events, such as weddings, family events and special dinners and luncheons, such as our luncheon.

Our hostess, retired Deputy Susan Higgins-Coniglio, presented us with a lovely warm and intimate dining room, all dressed up for us to enjoy, as well as a delicious surf-and-turf buffet. The energy was high, as is usually the case when we get together. Guests enjoyed the outdoor patio on that beautiful afternoon, as well as the convenient bar close by.

As always, our luncheons provide us with the opportunity to visit with friends, old and new. That we did! We always have a mix of guests, some regulars and some infrequent guests. That was the case this time, and for me, I was happy to visit with Judy and Ted Lewis and Collece Fitz-Gerald, whom I had not seen in years and, of course, we had a lot to catch up on.

Many people asked about our treasurer RoseMarie Johnson, who was one of our founding members



RFD: Arleen Grey, luncheon hostess Susan Higgins-Coniglio and Natalie Salazar



RFD: Stephanie Foss, Linda Muse, Rita Hall, Val Burwell, Doris LaCour and Marguerite Waddy



RFD: Molly Mitchell, Diane Stone, RFD board member Michelle Emeneger, Gladys Madden and RFD President Roberta Abner

back in 1986. We're happy to report that RoseMarie is fine and working on our behalf as always, but traveling from her home in Pahrump, Nevada, has become too difficult now that she is in her 90s imagine! After lunch, we held a brief meeting for the member guests and went on to our popular raffle. Prizes were plentiful, and those with winning tickets went away with some wonderful prizes.

The evening before the reception was held at the Orchard at the DoubleTree at the Hilton Claremont. After the cocktail reception, guests went into the piano dueling lounge, where two pianists at separate pianos faced each other and vied to win the approval of the audience, who bid on their favorite music and the way each was played. What a variety we heard! The pianists also used comedy and dialogue to energize the audience, and that they did. Again, what a variety we heard! Some thought it a bit much, but the college crowd, also in attendance, seemed to think it was great. All in all,

continued on page 6

it was a fun evening and an opportunity to experience something different and just be with friends. Our May 2023 luncheon will be held on Saturday, May 6, in Ventura at the Crowne Plaza Ventura



Our luncheon hostess and RFD president sharing a laugh with the group!

Beach Hotel, hosted by retirees Carrie Stuart and Roberta Abner, RFD president. Please plan on joining us. As always, a lot of work and preparation will go into the planning of that weekend's events, and



Retired Marshals



RFD board member Rosie Banuelos, Molly Mitchell and RFD historian Vickie Panzone

consequently, it should be a wonderful opportunity for guests to have a good time. — Eileen Kelly

The Retired Marshals held their monthly luncheon at Maggie's Pub in Santa Fe Springs on November 7. Mary Swanston was able to join us. These events always provide a great variety of food choices and good conversation. Attending

were John Davis, Mary Swanston, Sam "Bufford" Combes, Leslie Taylor, Tom and Terry Aguilar, Peter Mack, Sharon Kramer, Ken Swan, Richard Duran, Steven R. Jimenez and Jim Cronin. Any retired marshal employee is encouraged to attend. Please contact me at marshal569pm@ gmail.com. - Peter Mack

On November 10-13, the Sunshine Rollers Camping Group got together at Boulder Creek R.V. Park in Lone Pine, California. It was a small group this time due to gas prices and the long distance, but we all had a great time. It was so cold, but Mike's 6-foot-tall nightly campfires warmed all of us up - nice and hot! Those attending this campout were our wagon masters Scott and Madison Halsey and their twins, Joe and Mave, Mike and Kathy Ponce de Leon, Tom and Cathy Smith, Pat and Sheila Shaffer, and Norman and Chickee Nelson. The next campout will be February 10-12 at Bonelli Bluffs

Does Sheriffs' Relief have your current address? Are your beneficiaries up to date?

Call SRA at **(562) 946-7081** or **(800) 544-4772** today. You can also go to www.sheriffsrelief.org to contact us.



Sunshine Rollers

R.V. Resort in San Dimas. If you would like more information or have questions, you may contact Mike Ponce de Leon at (562) 858-1091.

On November 14, the **Lakewood ROMEOs** held their monthly luncheon at *Olive Garden* in Cerritos. We were all seated at one table. The food, service, parking and individual checks made this a great luncheon location. Those attending were



Lakewood ROMEOs

Peter Mack, Bob Ruegger, Jerry Berry, George Boswell, Sheri Mallon, Ron Morgon, Betsy Morgon, Randy Algra, Debbie Bauchop, Andy Guthrie, Debbie and Ben Hilliard, and Chickee and Norman Nelson. Any active or retired LKD personnel are encouraged to attend and catch up with old friends. Contact *romeopm7227@gmail.com* to be added to the email list. — Peter Mack ☆

CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

Thank you for your many years of dedicated service to our Department. We wish you a long life, happiness, relaxation and many years of personal fulfillment.

Alex B. Barcega

PDC Laundry Operations

Froilan A. Dinco

County Services Bureau

Michelle D. Dunn

Inmate Reception Center

Micheal T. Finn

Parks Bureau

Jacob S. Gubran

Inmate Services Bureau/Inmate Services

Don H. Hancock

Facilities Services Bureau

Michael A. Herrera

Lakewood Station

Robert L. Hill

Risk Management Bureau

Barbara A. Kimura

Twin Towers Facility

Bettie J. Hill

Medical Services Bureau

Donald A. Lord

Emergency Operations Bureau

Emilio A. Mendez

Custody Food Services

Robert G. Maybury

Narcotics Bureau

Scott K. Miller

Major Crimes Bureau

Beverly S. Moskowitz

Personnel Administration

Joseph B. Nunez Jr.

Population Management Bureau

Susan J. Porreca

East Patrol Administrative Headquarters

Paul Romeo

County Services Bureau

Paduma S. Thio

Pitchess North Facility

Dominic J. Valencia

Court Services Bureau — East

Timothy Vander Leek

Transit Services Bureau — Clearing

Gabrielle V. Varga

Court Services Bureau — West

Jenny Ming-Jiuan Wang

Inmate Reception Center

Jeffrey A. Willison

Transportation Bureau

TEAM TEMPLE

By PIO Team

Temple Station

COMMUNITY

os Angeles County and the Department of Public Health have recently overserved a crisis caused by fentanyl-related drug overdose. Temple Sheriff's Station hosted a drug awareness event on November 5. The run/walk was to bring the community together to be aware of the danger of fentanyl and other drugs. The Chinese-American Federation sponsored the event and was supported by Temple City and the Los Angeles County School District. The strong presence of Academy classes #462 and #463 brought commitment, courage and discipline to the public. The event encouraged all to cherish life and stay away from drugs.



On November 12, deputies stopped by a local youngster's 8th birthday party. Zane wanted to be a deputy when he grew up. When he saw the deputies, he immediately shook hands with his future "co-workers."













STATION NEWS

On the evening of November 3, Deputies Duran, Cuevas and Lopez responded to the 700 block of Betty Hill Drive in the city of Duarte regarding a medical distress call. They found two teenage boys lying on a bedroom floor, unresponsive, with family members performing CPR. The deputies immediately assessed both teenagers and saw they were not breathing. Believing the teenagers ingested fentanyl or other types of opioid drug, the deputies administered Narcan to each teenager while administering lifesaving first aid/CPR. Within minutes, both teenagers began breathing, and deputies were able to locate a pulse. Sheriff Alex Villanueva commended the deputies' heroic actions and said, "If not for the swift, decisive action of these deputies, both young men would have become lives claimed by the opioid pandemic."

Work hard, work together, we are Team Temple! ☆



















LASD Mounted Enforcement Detail

By Jenna Underwood Mounted Enforcement Detail

WHAT'S NEW ON THE HOOF BEAT?

Prom all of us at Mounted Enforcement Detail, we hope you had a blessed holiday season and happy new year.

The holidays are always a busy time of year for everyone, and we are grateful and thankful for all the opportunities we have been given. We have been busy with multiple community engagement events, including the city of Paramount's 24th annual Tree Lighting Ceremony, the city of Lynwood's Candy Cane Lane Christmas Parade and the city of Compton's 67th annual Christmas Parade, to name a few.

We have also been going out with LASD's very own Homeless Outreach Services Team (HOST), working with the Army Corps of Engineers, combating homelessness and protecting the environmentally sensitive areas in the county.

LASD MED has been hard at work patrolling the San Gabriel River bed, giving health and safety advisories for flooding and fire dangers in the river bed. We have also been assisting Inglewood P.D. at SoFi Stadium, adding a little extra horsepower to its security detail.

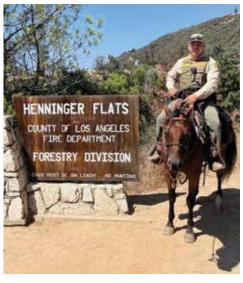












MED would like to say farewell to one of our favorite cowboys, Robert Velez, who has moved on to Metrolink K-9 Services. We are so thankful for the time he spent with us and excited for his new adventures.

As always, here at LASD MED, we hope that you and your families are having a happy and safe new year and that 2023 brings you all the happiness you deserve. $\overleftrightarrow{\approx}$













By Nick De La Torre



RESPONDING TO GRIEF

Recently, a close friend's father passed away. After being notified of his passing, I responded to his text message stating, "I am very sorry. Let me know what you need." My friend replied, "My father back, please." I was immediately ashamed of my response and realized my statement evoked hollow platitudes like "sorry for your loss," "my condolences," and recent "thoughts and prayers" hashtags.

Navigating a response to those experiencing grief, specifically death, can often be challenging and a double-edged sword. We want to express sympathy and help those afflicted with a loss while simultaneously not wanting to be intrusive or perceived as trite or disingenuous, especially if we haven't yet experienced a similar type of loss, like the death of a child. While there is no clear "right way" to respond to someone experiencing grief, there are perhaps more effective ways to console and express sympathies if we can first understand the effects of deep suffering.

People respond to grief differently. Some may appreciate an uninvited guest briefly distracting them from their sorrow, while others want the solace of solitude. While many believe no one should go it alone, reaching out is sometimes all we can do. Expressing the latter sentiment simply as, "I am here for you. You don't have to suffer alone," is perhaps more effective than

forcing your presence upon them. Sometimes we need to give someone time to grieve and, in time, reach back out and provide an opportunity to talk over coffee or dinner.

When lending support verbally, it's probably best to be specific in how you plan to offer help. So rather than asking, "Can I make you food?" which people often dismiss, asking, "Have you been eating?" instead, which more people will answer honestly.

I remember a Steinbeck novel in which the protagonist questioned the idea of people using the after-death sympathy phraseology, "I am sorry," because it sounded as if they had killed the person. Avoid apologizing for the tragedy since these condolences often blend together, and let the person who is grieving know you are there if needed and back up the statement by doing so.

A poignant example is told by the author Michael Lewis (of *Moneyball*, *The Big Short* and *The Blind Side* fame), who lost his 18-year-old daughter to a car accident in 2020. He described a neighbor (not a close friend) who arrived at his home after hearing about the tragedy, who simply walked up to his doorstep and told Lewis, "I am here if you need me." The neighbor walked back to his vehicle and sat inside his car, outside his home for the rest of the day and the day after. Lewis said the gesture was "profound, saddening

and comforting all at the same time."

One of the most important aspects surrounding grief is to acknowledge and understand that it is both exhausting and daunting. Often, those who are grieving don't have the energy to prepare meals. So forego flowers and instead offer to send an Instacart or DoorDash meal. A friend told me that after her family experienced a loss, she appreciated gift cards from local restaurants that were sent. Perhaps a better suggestion might be offering to provide a meal from the deceased loved one's favorite restaurant. I would finally suggest that food delivery continue and occur well after a funeral or significant loss. The grieving process can take months, if not years, and checking in on someone deeper into the grief cycle with a simple meal could provide some respite and grace, especially during holidays.

As always, LASD peer supporters are available to help you. Our peer supporters are a trained group of sworn, civilian and professional staff who are available to provide confidential support for a wide range of personal and professional issues. A list of peer supporters can be found on the PSB intranet page (under the Peer Support Program roster), or you can contact a peer supporter directly using the new PSB Lighthouse Wellness app. You can also contact Psychological Services Bureau at (213) 738-3500 for additional information and/or resources.

2023 Annual Lakewood Reunion Luncheon

Please Pass the Word!

Wednesday, January 25, 2023 11:30 a.m.

Chili's Grill & Bar

4931 Candlewood Street, Lakewood 90712 (562) 602-1808 The annual Lakewood Reunion Luncheon will again be held at the Chili's Restaurant in Lakewood.

They offer an open menu, full service, bar and all the conveniences we are accustomed to.

We don't need a head count, as we'll order and pay individually, with all libations COD. There is no extra charge for anything, ever, and any service tipping is at your option.

All law enforcement and first responders are welcome!

For more information, contact:

Keith Mohagen: kamohagen@aol.com • Mickey Reedy: rmickeyr@aol.com

DEVIL PUPS YOUTH PROGRAM FOR AMERICA

ur Department will again be able to send exemplary boys and girls, 14–17 years of age, to a 10-day citizenship/leadership program at Marine Corps Base Camp Pendleton, California. We hope our boys and girls will be prepared physically and academically for the testing and the camp. Good grades are a necessity. This program normally runs at the same time that summer school is in session. If your boy or girl will need to attend summer school to graduate, then attending this camp will be a conflict.

As part of the Devil Pups good citizenship training, boys and girls will learn the importance of these virtues: honor, courage and commitment.

- Honor to be respectful to your family, country and each other
- Courage to set and pursue personal goals
- Commitment a promise of resolve to recognize the value of completing your education

The U.S. Marine Corps was given the name "Devil Dogs" in World War I by enemy troops they were fighting due to their accomplishments on the battlefield and "never give up" spirit. The Devil Pups name is derived from this Marine Corps history.

This camp has been in existence since 1954. Our Department has been able to send exemplary boys and girls, 14–17 years of age, to this 10-day citizenship/leadership program at Marine Corps Base Camp Pendleton because of the generous support from:

- Association for Los Angeles Deputy Sheriffs
- Peace Officers Professional Association
- · Sheriffs' Relief Association
- First City Federal Credit Union
- POPA Federal Credit Union

The orientation and physical qualifications testing will be conducted on Sunday, April 30, from 8 a.m.–1 p.m., at the Biscailuz Regional Training Center in Los Angeles. The campus is located on Sheriff Road, just off North Eastern. Proceed east on Sheriff Road to the public parking lots on the left. Park and proceed to the gym. We will conduct the orientation in the gym.

The orientation will answer many of the commonly asked questions. All interested applicants must take a physical agility test, which will include sit-ups, push-ups, pull-ups and a one-mile run. Participants are reminded that they should eat at least one hour

MARK YOUR CALENDARS

Testing:

Sunday, April 30 8 a.m.–1 p.m.

Location:

Biscailuz Regional Training Center 1060 N. Eastern Ave. Los Angeles, 90063

Camp Dates:

July 13-22

This year, there will only be one Devil Pup encampment. The change from two smaller encampments to one very large encampment will occur July 13–22. We are notifying everyone early so that our Department applicants will have time to prepare physically.

prior to arriving. Gym clothes and running shoes are required for the physical agility testing. All applicants must also bring a container of water and/or sports drink. Parents are encouraged to also bring bottled water, two pencils, a clipboard and a blanket if they wish to sit down on the grass while their child participates in the physical agility testing out on the field.

Boys and girls must not only be in good health, but also be physically able to participate in the strenuous physical requirement of the camp. Asthma or other respiratory illnesses will preclude participation in this camp.

It is mandatory that all boys and girls bring their parents or guardian on April 30. Department sponsors must also attend if they are sponsoring a close friend whose parents are not on the Department. In cases of split families, the custodial parent will have to sign the agreement paperwork. It is important that parents, guardians and sponsors be at orientation and testing to see firsthand what is involved. Also, our boys and girls need the support of their loved ones on testing day.

At this time, it will not be necessary to schedule boys and girls prior to this testing date. Boys and girls, parents, guardians and sponsors need only be prepared for the testing. Please arrive early on Sunday, April 30.

The program continues to be free to boys and girls who are sponsored by Department members. Our Department members are encouraged to sponsor their relatives and close friends. Due to very limited allotments, we will not be able to select boys and girls who are not sponsored by a relative or close friend on the Department.

If you have any questions, the following individuals have firsthand experience with the actual strenuous physical requirements. Please feel free to contact any of the individuals listed below:

Chuck Norris (818) 381-7649 Patty Norris (818) 381-7698 Michelle Emeneger (714) 293-3891 Andy Thompson (714) 293-5898 John Wolak (909) 263-3068 Chris Hofmeister (818) 900-8199 Paulette Cain (909) 525-0335 Lisa Walter (818) 398-1735 Roberto Causey (909) 595-2264 Eddie Rivero (951) 215-9719 Delwin Lampkin (323) 229-6064 Kevin Thompson (562) 458-4630 Rob Hahnlein (818) 317-8782 Dorothy Howard (909) 518-0805 Kenneth Fitch (562) 405-2692 John Cook (323) 881-7800 Reggie Ducree (909) 243-4385 Rich Marascola (213) 974-4564 Bob Wiard (818) 622-9541 Mike Schaap (562) 686-8141 Paul Hardy (818) 522-2786 Joe Walker (626) 975-3724 Dean Gialamas (323) 806-6036 ☆



By Ramon Montenegro

Transit Services Bureau

MAKING SURE THAT SCHOOL KIDS STAY SAFE!

any kids throughout L.A. County use Metro to go to and from school. Many of these schools also use public transit for their field trips.

At the Aveson School of Leaders in Pasadena, its third-, fourth- and fifth-graders took the Metro L-Line all the way to L.A. Union Station to visit historic Olvera Street and celebrate Dia de los Muertos.

TSB was fortunate enough to escort these young leaders. Our Commuter Enhancement Team deputies, along with Team Leader Deputy Rafael Feliciano, greeted the youngsters and their chaperones at the Memorial Park Metro Station and even had some badges to hand out. That was a big hit with some and made them very happy!

A very special thank-you to Aveson assistant Principal Ms. Ross for making this happen and allowing us to have some great fun with these students.

When it comes to our older students, some topics are too important to ignore.

On a different day, our Special Assignment Unit, along with the Special Projects team, held a fentanyl awareness pop-up at Duarte High











School. Principal Mr. Haro and Duarte Unified School District Superintendent Mr. Amerson were on hand to greet us and make us feel welcome to discuss this important topic.

Besides manning the pop-up at the entrances to the school, our deputies also gave a brief presentation to several of the morning classes, along with a short Q & A session. The students were attentive and asked pertinent questions. We handed out a lot of swag, and the students appeared appreciative. Many of them use the Metro to get to school and back home.

We hope to continue these school visits and field trip escorts. Helping our future leaders however and whenever we can.

"RESPECTING THE RIDE" TO KEEP EVERYONE SAFE!

Working collaboratively with our partners at Metro Transit Security, TSB deputies have







been focusing on keeping Metro bus patrons and operators safe.

Special Projects Lieutenant Lucas Darland came out to view the operation, dubbed "Respect the Ride." Metro Security Officers Carter and Santander were joined by TSB Special Assignment Unit Deputies Gerri Acosta and Dave Corral. High visibility and patron engagement are already beginning to pay dividends, with less bus operator and patron assaults occurring.

Thanks to our Metro safety and security partners, who help us keep the public and Metro employees safe.

MAKING YOUR PARTNER'S THANKSGIVING!

Thanksgiving Day is normally special to everyone, spending time with family and friends.





Unfortunately, some had to work to keep the operation running.

Thankfully, our personnel is like family, and family doesn't let our own miss anything. TSB Deputies Lincoln Harvey, Bryant Torregano, Dorian Penn, Dave Henderson and Al Calibet volunteered to bring the feast to both of our Irwindale and Rail Operations Center locations. Personnel who had to work the holiday



keeping Metro patrons safe were treated to a Thanksgiving meal with all the trimmings, and by the looks of things, it was well received and much appreciated.

A great big thank-you, gents, for volunteering to make your partner's Thanksgiving Day a little brighter!

WELCOME TO TSB

Welcome, Deputies Patrick Crawford, Ramon Casillas, Paul Kester and Ani Aghakhanian. Congrats on completing your patrol training.

Also, welcome back, Deputy Derek Yan. Deputy Yan was a LET here at TSB prior to becoming a deputy and passing his requisite patrol training. We think he knows all the hot

Welcome also to Deputies Victor Garcia and Yuriy Kravchuk, who transferred into TSB. We know that you'll enjoy it here!

PLEASE REMEMBER TO FOLLOW US ON THE WEB AND SOCIAL MEDIA

- Website: www.lasd.org/transitservicesbureau
- YouTube channel: LASD Transit Services
- Facebook: LASD Transit Service Bureau
- Instagram: @lasdtransit
- Twitter: @TransitLASD Until next month, be safe!

SHERIFF CHAPLAINS... We're Here For YOU!!

Personal, Practical and Spiritual Care

Supporting deputies, civilian personnel and their families of all faiths and none.

Operational Support

A resource where faith and operational issues intersect.

Response to Major and Critical Incidents

Supporting emergency services personnel and assisting in community recovery.



Los Angeles County

January 2023

FROM THE DOCS

LEADERS DON'T MICROMANAGE ... POOR MANAGERS DO

By Michael E. DeMania, Ph.D.

Te've all had the type of manager who gives us a task and then never leaves us alone with it. Either they check in on us so frequently that we never make real progress, or they constantly correct us on how we're proceeding, such that the product is really theirs, not ours. Whether the manager is a control freak, anxious, employing the only management strategy they know or is just incompetent, the path of an otherwise productive unit is undermined. Here are a few ways micromanagers negatively impact the work environment.

When managers micromanage, they rob subordinates of reasonable amounts of autonomy. Such loss of autonomy has been repeatedly shown as a significant variable in burnout and loss of job satisfaction, which is associated with increased use of sick time, decreased productivity, decreased morale, slower work pace and decreased organizational loyalty.

Micromanaging also masks a subordinate's level of competency. Those who are superstars never get to shine, and subordinates who lack important skills never get trained or counseled into other positions. Additionally, a manager who is constantly checking in on the progress of a delegated task stops the process of the work on that task, and there are times when such a manager will "take back" the task and just "do it myself."

While this behavior has an impact on the areas I've already covered (i.e., autonomy and competency), it also significantly hampers the flow and expediency of the work product. In

cases when the managers take on the task, he/she makes several errors. First is the lost time. Second and third, the impact on the employee's satisfaction with the work and the trust in supervision is likely diminished. Fourth, the manager is wasting their and the organization's resources by engaging in a task that is better suited for delegation.

Finally, the manager fails to be a leader by addressing competency issues (both exceptional and lacking) with the subordinate if any such issues exist.

By limiting autonomy, checking in excessively and wanting employees to do it their way, micromanagers stifle employee creativity. A leader will never truly know a subordinate's capability if he/she always gives them a road map to which they must strictly adhere. Yes, there are times when we must all do some things a specific way. However, there are quite a few times when there are many paths to the same outcome. Where this flexibility can be allowed, it is better to be allowed. It offers subordinates an opportunity to learn and perhaps teach a manager a thing or two. It also allows a leader and manager to truly assess a subordinate's competency and provide appropriate feedback.

Top-performing managers and leaders have an "exit strategy," a term often heard in entrepreneurial businesses. These individuals mentor subordinates to a level of competency that rivals their own. In an agency as large as ours and because of the movement through promotion or reassignment seen by managers, we can use the same language and general ideas. When the manager leaves, how smoothly will the change go? Whether someone is promoting from within the current workgroup or if the current workgroup needs to support a new manager, the transition should be as seamless as possible. But the micromanager thwarts this with their behavior. When they move on, they create leadership voids. The voids are costly in lost productivity, morale and sometimes organizational loyalty.

By this point, some of you reading this are thinking or saying aloud, "But I have to watch my employees this much," or perhaps, "Yeah, that's exactly what my supervisor is doing!" So here's the bitter pill of personal responsibility - honest self-assessment. Micromanagement is not the same as the close supervision needed by a subordinate who has shown a lack of ability or willingness to perform in some or all areas of their work. Managers who engage in any of the above behaviors need to assess the reasons why they use these strategies. If it is because the employee is incapable of performing a task for any reason, the appropriate intervention should be applied (i.e., additional training, mentoring or reassignment). Employees who complain about "micromanagement" need to assess their own performance and work behavior and honestly reflect upon whether or not they have brought such close supervision upon themselves.

If you have any questions about this topic or want a confidential consultation or a counseling appointment, contact Psychological Services Bureau at (213) 738-3500. ☆

AVAILABLE NOW!

Sheriffs' Relief members can purchase discount tickets on our website.



Go to www.sheriffsrelief.org.

By Kellee Hicks

Century Regional Detention Facility

ver the past couple of months, CRDF has smoothly transitioned from one event to another. We began with our unwavering support in October for breast cancer awareness. We would like to send out our support for all Department members who are currently fighting either for themselves, friends or family members. We stand with you!

Halloween moved in shortly after. Halloween candy was hand delivered to each work location throughout CRDF by our partners, who graciously donned the costumes.

November brought us into the cooler weather, and the XL stretch pants around Turkey Day. Thanksgiving Day has been celebrated with a turkey at the center of the table since the

mid-19th century. CRDF did a great job in continuing this tradition by providing turkeys for each shift to enjoy. All employees came together and provided enough food for everyone to have first, second and third plates — this is where the XL stretch pants come in handy!

A huge thank-you to Captain Montoya for breaking bread with the EM staff at zero dark thirty.

CRDF, until next time, I will leave you with this. "There are no secrets to success. It is the result of preparation and hard work and learning from failure."







L.A. SHERIFFS' MUSEUM

OPERATION SAFE STREETS HISTORY, PART 1

n the early 1970s, South Los Angeles was under the jurisdiction of the Firestone Sher-L iff's Station, where Deputies Curtis Jackson and Rich Thomas worked patrol. Noticing a dramatic increase in home break-ins, they decided to discuss the matter with Harry Mear, the station captain. Jackson and Thomas asked the captain to create a burglary unit, whose purpose would be to reduce those crimes in their area. After hearing the details of their request, Mear approved the plan. Jackson and Thomas comprised the new burglary team and called it the Tactical Unit. In order to achieve their goal, they focused on specific crimes. After tracking down and arresting numerous burglars and robbers, they discovered most of the perpetrators were gang members.

CRIPS

Raymond Washington was a troubled 15-year-old living in South Central Los Angeles during the radical years following the 1965 Watts riots. Having been kicked out of numerous schools, he hung out with his friends for protection against the violence on the streets. One of Washington's friends walked with a limp. An injury required Washington to temporarily walk with a cane, and his older brother, Reggie, was bowlegged from bad ankles. The three teasingly called each other "cripples." Washington even wrote "crip" on his brother's tennis shoes. Washington's little band of petty thugs soon began assaulting people. One of the victims described his attacker as a "crip," short for cripple.

While reporting on these crimes, the Los Angeles Sentinel picked up on the name and began referring to the suspects as "Crips." In 1969, Washington, along with his brother and their other friend, decided to form a real gang; it would be called the Crips. Teenagers living in South Central Los Angeles were recruited to join them and help "protect" their neighborhood. The Crips adopted the color blue and wore blue clothing or handkerchiefs to show their pride in the gang. During this time, Deputies Jackson and Thomas continued to track down burglars. It wasn't until they began arresting burglars in that area that they first heard of the Crips. As the Crips gang grew, they began attacking people in their neighborhoods who were not gang members.



BLOODS

In 1972, Washington and several other Crips attacked Sylvester Scott and Benson Owens, who were students at Centennial High School in Compton. To protect themselves from further attacks and violence, Scott and Owens, who had not been gang members, now banded together and created the Pirus gang. Other victims of the Crips' violence who lived in different neighborhoods also formed their own gangs. Each neighborhood had a different gang name. During the Watts riots, the term "blood brother" was used and displayed on black-owned businesses in the hope of preventing the looting and burning of their stores. The term "blood" (brother) became a common greeting among blacks who were in the coalition of anti-Crip gangs. Crips used the term "cuzz" (cousin) to greet fellow Crip gang members. Eventually, the Pirus and other anti-Crip gangs merged into one gang

By Chris Miller

Los Angeles Sheriffs' Museum

known as the Bloods. The Bloods chose the color red to identify their gang as opposed to the blue worn by the Crips.

THE GANG UNIT

After spending several months concentrating on burglaries, Deputies Jackson and Thomas saw that most of the crimes were being committed by gang members. They informed Captain Mear and requested a change of designation from a burglary unit to a gang unit. The captain agreed. When Sergeant Al Humphries was placed in charge of the Gang Unit and saw the magnitude of the situation, he quickly realized the need for additional personnel.

Deputy IV Thomas was returned to patrol to train field deputies about the burgeoning gang problem. Deputy Jackson remained in the Gang Unit as the training officer, where his extensive knowledge of gang operations was used to train patrol deputies. In addition to his duties as the gang training officer, Deputy Jackson also supervised and trained the Firestone Station Gang Unit. Patrol deputies were rotated into the gang unit one at a time. Once they developed an expertise on gangs, they returned to patrol, and another deputy was rotated in. This one-on-one instruction had a proven impact on curbing the gangs and the crimes they were committing.

Station detectives and deputy district attorneys also needed to be trained. Deputy Jackson helped them understand gangs so the information included in their reports and shared with juries could better assist in prosecuting and convicting gang members.



GANG FILES

An enormous amount of information was being gathered by patrol deputies, detectives and the Gang Unit. Deputy Jackson wanted to organize this information in a way that it could be accessed by anyone working at Firestone Station. He created a file to identify gang members, including their monikers (nicknames). As Firestone Station covered such a large geographical area, encompassing areas now patrolled by Carson, Century and Compton stations, there were many gangs from which to choose. Deputy Herb Giron, who was assigned to the Headquarters Detective Division Gang Detail, worked very closely with Deputy Jackson regarding gang issues throughout South Central Los Angeles. Jackson gathered information on gang members from different areas in his jurisdiction and shared it with Headquarters Detective Division Gang Detail in downtown Los Angeles. Some of the members of the initial Firestone Gang Unit were Deputies Richard Thomas, Bill Bernsen, Jerry Kaono, Tom Budds and Glen Bartholomew. The information they gathered was compiled into a gang identification book, copies of which were distributed to patrol deputies at Firestone Station, who found this resource indispensable in identifying gang members.

REDUCING GANG CRIME

The explosion of criminal gang activity throughout Los Angeles in the early 1970s prompted Deputy Jackson to do some in-depth research. Why was the criminal justice system failing to impact this dramatic increase in gang crimes? In an effort to determine the best way to confront this problem, Deputy Jackson informally began interviewing members of the Sheriff's Department, the Probation Department and the District Attorney's Office. The interviews revealed some significant deficiencies. First, there was a major lack of communication. In addition, members of all three departments were just going through the motions. Gang members were not being identified as such in police reports, and victims and witnesses were not showing up for court.

Deputy Jackson wanted to create a program that would have the greatest impact on criminal gang activity. To do this, a team concept involving the Sheriff's Department, Probation Department and District Attorney's Office would be needed. To start, the reasons for the breakdown in communications had to be identified and corrected. Those things already being accomplished were of secondary concern. The philosophy of the new program was that you couldn't swallow a huge block of ice all at once, but if you kept chipping away at it, you could eventually eat the whole thing.



HICKORY STREET GANG

Since all three departments were working with reduced staffing, it was decided that the Hickory Street gang would be the focus of their trial run. Success in this venture would rely on organization. First, Hickory Street gang members on probation would be placed under the supervision of just one probation officer. Second, all criminal reports that involved a Hickory Street gang member, including any in custody, were assigned to only one or two sheriff's investigators. Also, any Hickory Street gang members listed in a criminal report were to be identified as such. This helped the Probation Department and the District Attorney's Office focus on these criminals while providing additional information to assist in establishing conditions of probation.

Last but not least, compliance with all restrictions, court orders and gang injunctions was coordinated among all three departments. To ensure their appearance in court, extra support was provided to witnesses and victims of gang violence. These combined efforts created an unsurpassed level of gang expertise. In late 1974, Deputy Jackson was transferred to the Headquarters Detective Division Gang Detail. Although assigned to the Hall of Justice, he was still responsible for gang intelligence throughout the South Central Los Angeles area.

OPERATION HICKORY/ OPERATION SAFE STREETS

The proposal for the "Operation Hickory" program was painstakingly developed by Deputy Jackson. After being reviewed by Captain John Malone, then approved by Sheriff Peter Pitchess, Deputy Jackson approached Acting District Attorney Curt Livesay and Probation Department Executive Donna Dunn, asking if they would be

willing to join the Sheriff's Department in a coordinated effort to reduce the criminal activity of gangs. Agreeing that a joint effort was needed, the three separate agencies were now on one team.

The designation Operation Hickory was never formally utilized since it only referred to one gang. The program would soon expand to target other gangs, so a more generic name was needed. Several names were suggested, but Dennis Choate from the District Attorney's Office came up with a winner that summed up their agenda and ultimate goal: Operation Safe Streets.

MISSION OF OPERATION SAFE STREETS

The mission of Operation Safe Streets (OSS) was to target violent and aggressive gang members, the ones responsible for the most crime and affecting the most victims. Their main tool for accomplishing this was talking to gang members and learning as much as they could about them and their associates. Those who were willing to cooperate talked about their fellow gang members and what crimes each one was known for committing.

Since computers weren't in wide use at that time, information for future reference was written on index cards. These cards contained the gang member's photo, legal name, gang affiliation, moniker, tattoos, associates, home address and types of crimes they had committed. The cards were then organized alphabetically by the name of the gang, along with the names of its members. This information was shared with other stations since gangs don't always stay in their own area. Interviewing gang members also disclosed rivalries and which gangs were at war with each other. A map was eventually developed

continued on page 20

showing each gang's territory. Field interview cards provided by patrol deputies were crucial in gathering information and conducting investigations. The cards were filed by OSS deputies or explorers and kept readily available.

PERSONNEL ASSIGNMENT AND RESPONSIBILITIES

Each department submitted its own approved responsibilities, as well as its planned level of cooperation and involvement. It was up to Deputy Jackson to coordinate and monitor the OSS program, ensuring proper and effective communication between all three criminal justice departments. Firestone Gang Unit investigators Sergeants Doug Oberholtzer and Charles Leffler were responsible for handling all cases involving the Hickory Street gang. Deputies John Stacy, Richard Leaming and Harry Smith worked on the street, talking to gang members and gathering intelligence. Deputy District Attorney Choate represented the District Attorney's Office, and Helen Matkin and Program Analyst Alan Wilkins represented the Probation Office. These dedicated and motivated people comprised the first OSS team.

When hardcore gang members were on the street, criminal activity rose significantly, so the group decided that sheriff's OSS detectives would investigate all crimes committed by these gangs, including misdemeanors.

They also agreed that the District Attorney's Office should prosecute all cases, including misdemeanors, against both Hickory Street and Elm Street gang members. Previously, deputy district attorneys had ignored misdemeanors, but OSS deputies found they could get information on major crimes by arresting gang members for minor offenses and then using the arrests as leverage. Because of their rivalry, the Elm Street gang was also targeted to maintain a balance of power.

Members of the District Attorney's Office developed a better understanding of the gangs, their territorial boundaries and how they operated by riding along with OSS deputies. This made it easier to file cases and have them expedited through the court system. Deputy Jackson determined that one OSS investigator could effectively handle a gang of 70 to 80 members since only a small number were being investigated or going through the criminal justice system at any given time. Knowing the names, identities and specific crimes of the members was advantageous. When a victim described a certain suspect, the OSS investigator would know who fit the description and if they were known for committing that type of crime. All gang cases in that station's jurisdiction

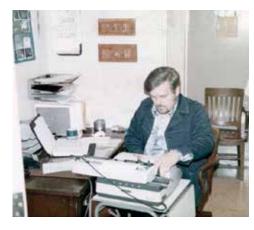
were handled by OSS with the exception of homicides, in which instance they assisted homicide with the investigation. During the year in which the Hickory Street and Elm Street gangs were targeted, gang activity dropped dramatically and felonies in their respective turfs dropped by 75%.

FEDERAL GRANT

In response to the escalating violence by other gangs, LASD applied for a federal grant through the Office of Juvenile Justice and Delinquency Prevention. The request proposed to replicate Firestone Station's Operation Hickory at the East Los Angeles Station. In 1979, the Federal Department of Justice approved the grant, providing funding for expansion to additional stations. The grant allowed the Sheriff's Department to create Operation Safe Streets (OSS) with two sergeants and 12 deputies.

OSS was divided into four teams assigned to East Los Angeles, Lynwood, Lennox and Pico Rivera stations. Each OSS crew had three deputies assigned as follows: Lynwood Station - Oliver Grani, George Arthur and Richard Valdemar; East Los Angeles Station — Marvin Dixon, Michael "Bubba" Williams and Gil Carrillo; Pico Rivera Station — Richard Rupert, Ray Rodriguez and Frank Garcia; Lennox Station - Doug Love, Danny Cooper and Kenny Bell. Sergeant Juan Rodriguez supervised the east team of deputies assigned to East L.A. and Pico Rivera, while Sergeant Bob Perry supervised the west team of deputies assigned to Lennox and Lynwood. Using Operation Hickory as a model, each team targeted the two most active rival gangs in their station's jurisdiction.

The initial grant included funding for a deputy district attorney and probation officer



to assist in gang prosecutions and to provide close supervision of those on probation. The assigned prosecutor came from the newly established Hardcore Gang Unit within the District Attorney's Office and was directed to provide vertical prosecution on specific gang-related cases. When the program began, there was only one deputy district attorney and one probation officer for all four teams, but within a few years, each team had its own.

STATE PAROLE

OSS deputies worked with both probation officers and parole officers. If a targeted gang member violated the conditions of his parole, deputies contacted his parole officer, who then violated him, sending him back to prison. If he was on parole and suspected of involvement in illegal activity, deputies would assist the parole officer in conducting a search of his home.

This story will continue in the next issue of Star News.

Edited by Jan Jenkins (ret. LASD).

© Los Angeles County Sheriff's Museum 2022. 🌣







LASD Badge Coffee Mug Colors: black, green, blue **\$12.95** Item #: 0603



Los Angeles Sheriff Est. 1850 **Boyfriend T-Shirt** Colors: charcoal heather, pink Sizes: S-XL

\$19.99 Item #: 2049



LASD Badge Barrel Stave Bottle Opener \$16.99 Item #: 2005



LASD Badge Women's Fleece Hoodie Colors: flint blue heather. light heather gray Sizes: S-2X \$39.99 (2X: \$42.50) Item #: 2090



Olivia Bracelet With Two Charms and Crystal \$15.50 Item #: 1454



Tradition of Service Youth T-Shirt Sizes: XS-XL \$12.99 Item #: 2030



Est. 1850 LASD Circle **Short Sleeve T-Shirt** Colors: maroon, military green, navy Sizes: S-2X \$14.99 (2X: \$17.99) Item #: 2023



Lil Sheriff Baby Beanie Colors: blue, pink \$13.75 Item #: 2041



Sheriff Badge 14" 12-Hour Clock \$39.50 Item #: 0551

★ Want them shipped? Call SRA ★



MONDAY-FRIDAY, 9 A.M. TO 4:30 P.M.

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 257-5320 MONDAY-FRIDAY, 9 A.M. TO 5 P.M. NOW OPEN SATURDAYS, 9 A.M. TO 4 P.M.

LOWEST PRICES **GUARANTEED!**

> See a Lower Price in Any Store? We'll Beat It!

SRA Emporium

TACTICAL PURSES

Multiuse Handbags

Quilted Tote

Faux leather tote purse featuring a large quilted front pocket with magnetic snapbutton closure. The primary CCW compartment is located on the back side of the purse with two zippers on either side for easy access to the holster.



Item #: 0108

Quilted Crossbody Bag

CCW handbag with multiple compartments to secure the universal holster. The CCW holster is located in the main zippered compartment of the purse.

Item #: 0111



Hobo Bag

Features four front pockets and three center compartments. The primary CCW compartment is located on the back side of the purse with two zippers on either side for easy access to the holster.

Item #: 0110



Tote Bag

Faux leather tote bag with a zippered pocket on the front. The primary CCW compartment is located on the back side of the purse with two zippers on either side.

Item #: 0105



ACCESSORIES

Ready When You Need It

SnapSafe LockBox

Provides secure storage for handguns and other valuables at home, on a nightstand, in the car or when traveling. Dimensions: 11.5" x 8.5" x 2.5."

Item #: 1037



Patrol Ready Bag

Crafted from all-weather 600D polyester, features adjustable, spacious main compartment, grab-and-go handles and removable shoulder strap for convenient carry.

Item #: 1083





Why spend elsewhere when you can keep your money GREEN with SRA? Check us out today!

Sheriffs' Relief Association Emporium locations: SheriffsRelief.org/store

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 257-5320

Monday-Friday From 9 A.M. to 5 P.M. Now Open Saturdays From 9 A.M. to 4 P.M.

LOWEST PRICES GUARANTEED!

> See a Lower **Price in Any Store?** We'll Beat It!

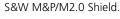
Law Enforcement Gear

END-OF-YEAR SALE

While Supplies Last!

XS Sights Three-Dot Tritium and Photoluminescent Night Sight

Tritium-powered front and rear sight glows in low light to aid in sight alignment. Front sight is available in orange or green. Available for S&W M&P/M2.0 full and compact size or





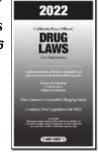
All 2022 books are on closeout! =

2022 California Peace Officers' Drug Laws — Law Summaries

Item #: 0316



2022 California Peace Officers' Legal and Search & Seizure Field Source Guide



2022 Field Guide for the California Peace Officers Legal Sourcebook Item #: 0329



2022 California Vehicle Code — Unabridged Criminal Justice Edition



MOUNTS

Personal Protection



Axon Body 2/3 Flexible Axon Rapidlock Magnet Mount With Ribs

Simple to install and offers versatile mounting locations and breakaway options. Low retention. *Item #: 0800*



Axon Body 2/3 Single MOLLE Mount

Compatible with Axon Body 2 and 3, firmly attaches the Axon Body 2 or 3 to MOLLE gear. High retention. *Item #: 0803*



Axon Body 2/3 Double MOLLE Mount

Securely and safely attaches the Axon Body 2 or 3 to MOLLE gear. High retention. *Item #: 0804*

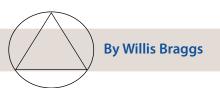
WE'RE NOT IN IT FOR PROFIT — WE'RE HERE TO SERVE YOU.

The SRA Emporium is dedicated to providing the gear Los Angeles Sheriff's Department personnel need at unbeatable pricing, guaranteed.

Support the efforts of the Association by making the Emporium your first stop for tactical equipment, LASD merchandise, and gifts for friends and family.



Peace Officer's Fellowship



LIQUID COURAGE

e have all seen alcohol used as liquid courage on television - the highclass lawyer takes a drink during lunch just before going into the courtroom for closing remarks. We have likely also seen alcohol used to find courage in real life - having a few drinks before singing karaoke at a bar, before getting on a plane or maybe even before having a difficult conversation. Have you tried taking a shot to free yourself of a nervous, uneasy feeling? If so, you have possibly concluded that alcohol offers an extra dose of bravado to help you take on the world.

You might already know that alcohol offers a flood of dopamine, a chemical released by the brain associated with pleasure, as well as leading to a reduction of inhibitions. Alcohol numbs your senses and prevents you from feeling fear. Alcohol will not give you courage; it simply numbs the feelings of danger. But aren't fear and a sense of danger important?

Let's take a look at the impact of reducing our fear. In today's world, the ultimate danger (being eaten by a saber-toothed tiger while hunting and/or gathering) is no longer an issue. I'm sure we can agree that while grocery shopping can be annoying or even frustrating, it is not typically life threatening. However, does that mean we have no need for fear? If we are out having a few drinks and our fear and inhibition are lessened, aren't we more likely to get in the car to drive home even though we might be over the legal limit? Have you ever seen someone who had been drinking get into a physical altercation that they likely wouldn't have engaged in if they were sober? The fear of getting hurt, getting in trouble, getting arrested, losing your job, losing

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

Eric Castano	Chris Loomis	John Valencia
(562) 673-3374	H: (626) 447-9011	H: (909) 599-1160
Joe Collins	C: (626) 230-3137	C: (951) 316-3633
H: (320) 684-4008	Dave Philippon	Marty Weirich
C: (909) 240-0509	(909) 296-0203	(360) 790-7351
Bob Ghan	Ray Terhorst	Daryl Williams

(818) 383-5539

John Heckman (805) 559-4993

(714) 916-3299

your life or causing the loss of someone else's life are important fears to keep intact.

Fear is a key to survival. It prevents us from taking unnecessary risks, allows us to exercise caution and make better decisions, and motivates us to action. We protect ourselves because of fear. So yes ... even though it is uncomfortable, and we might want to live a life without feeling fear, it is important to our survival.

Now it's time for a potentially uncomfortable question. Ask yourself if you tend to use alcohol to help you find the courage you need. If the answer is yes, or even maybe, consider the impact of using alcohol in this way. What are the costs you have already paid? What are the potential costs you could face in the future? If alcohol is making your decisions for you and the cost of those decisions is too high, maybe it's time to do things differently. What would happen if

you decided to stop drinking? Perhaps do some research on getting sober. What might be different? What relationships could be mended? What goals could be reached?

(951) 764-3723

When you stop drinking, you will start to see the benefits. Inevitably, you start to feel strong and empowered because of the strength you have shown by changing your behavior. You become healthier, and your situation in life improves. And ... you don't have to go it alone.

In 1975, members of the Sheriff's Department and LAPD developed the Peace Officers' Fellowship (POF) to advance the 12-step program begun by Alcoholics Anonymous, but in an environment for and by law enforcement personnel. Since the beginning, the Department has assisted employees with various issues related to misusing substances such as alcohol and prescription medicines. The Substance Abuse Resource Program coordinator and psychologists at Psychological Services Bureau (PSB) are committed to assisting all employees with making healthy choices to create and maintain a healthy lifestyle. Peer Support members and LASD chaplains are also available through PSB's office if you are interested. The office can be reached at (213) 738-3500 should you want to have a free and confidential conversation with any of the resources noted above. You are also welcome to reach out to any one of the people noted in the above chart, all of whom are POF members who have agreed to make themselves available for their brothers and sisters in need of support. A





By Team IRC

Inmate Reception Center

he Inmate Reception Center wishes everyone a very happy holidays! 🖈









☆ IN MEMORIAM ☆

LARRY M. BOYCE **JOHN S. BRENNAN** ARMANDO S. CANO

GUSTAV R. CARLTON RICHARD L. FOREMAN

JACQUELINE K. GRAEFF HAROLD F. GRANT FRANK J. HARTOG RAYMOND F. HOLT RUTH B. MKHIZE JACK P. MORGAN JAMES M. PORTER DAVID A. STONE CATHERINE A. WILLIS

RETIRED 11-08-96, DECEASED 10-25-22 RETIRED 12-01-86, DECEASED 11-27-22 ACTIVE, DECEASED 10-25-22

RETIRED 11-03-86, DECEASED 10-07-22 RETIRED 07-06-92, DECEASED 11-11-22

RETIRED 02-21-94, DECEASED 10-05-22 RETIRED 10-31-94, DECEASED 11-11-22 RETIRED 11-02-87, DECEASED 10-28-22 RETIRED 03-20-76, DECEASED 07-28-22 RETIRED 03-31-07, DECEASED 11-23-22 RETIRED 06-20-83, DECEASED 10-30-22 RETIRED 03-31-17, DECEASED 10-30-22 ACTIVE, DECEASED 11-05-22 RETIRED 11-24-92, DECEASED 09-29-22 SERGEANT/NARCO

SERGEANT/WEST HOLLYWOOD SECURITY OFFICER/COMMUNITY COLLEGE BUREAU

DEPUTY IV/COURT SERVICES EAST BUREAU ASSISTANT SHERIFF/SHERIFF'S

HEADQUARTERS

DEPUTY/COURT SERVICES EAST BUREAU

SERGEANT/CRDF

SERGEANT/FIRESTONE STATION CHIEF/DETECTIVE HEADQUARTERS

REGISTERED NURSE/CRDF DEPUTY/FUGITIVE DETAIL

CARPENTER SUPERVISOR/FSB

CUSTODY ASSISTANT/TWIN TOWERS

DEPUTY/HOMICIDE

JULIA SCARLETT WINGATE PASSED AWAY ON NOVEMBER 18, 2022. SHE WAS THE WIFE OF RETIRED MEMBER ROBERT M. WINGATE.

LAS⁴D SPOUSES SUPPORTING SPOUSES

By Jen Myers

LAS⁴D Spouses Supporting Spouses



ACADEMY CLASS #464

s I am sure everyone is aware, recruits from LASD Academy Class #464 were victims of a horrible incident while on a run on the morning of November 16. Within a half hour, our board members were notified and working to see how we could help.

We immediately put out a call to action on our private Facebook page requesting help to raise \$840, so we could put together hospital convenience bags for the families of the 25 recruits taken to the hospital. By noon, several of our group members and board members were at STARS Center ready to help. We assessed the needs of the class, including the uninjured and those who were already released



A total of 32 hospital convenience bags were completed.



Board member Jocelynn Glover, President Jen Myers and group member Kimberly Payne shopping for items for the hospital convenience bags



Deputies from Lancaster Station with recruit Andrade on Thanksgiving Day

from the hospital with minor injuries. We also met with some of the family members who were waiting in a nearby classroom, introduced ourselves and offered our assistance.

Board members Jocelynn Glover and Sarah Trilles, group member Kimberly Payne and I went shopping, while Director Gina Moreno, Sergeant at Arms Mark Claahsen, board member April Rodriguez, group members Susie Cru and Kelli Hale, member Alexis West from our Parents Supporting Parents sister group, as well as our always supportive friend Nahin Anaya of 1941 Apparel, stayed at STARS to assist where needed.



Group members assembling the hospital bags



 $LASD\ spouses\ with\ LASD,\ RCSD\ and\ family\ members\ of\ recruit\ Arias\ on\ Thanks giving\ Day$



One of many conveyer belt loads at check out



Our assembly line

With donated drawstring backpacks from ALADS (which were given to them by the Straussner and Sherman workers' compensation law firm), we began our assembly line. We were able to purchase enough items for 32 hospital bags with convenience items you just don't think about grabbing at home when you receive a call that your loved one has been taken to the hospital.

We were also given the opportunity to request additional donations on the Fox 11 news with Christine Devine. This aided in raising more than \$11,000 in just two days. To further help the recruits who were most in need, we worked closely with Training Bureau. They provided us with the necessary information to disseminate food and gas gift cards to the families who were having to commute back and forth to the hospital and were spending many hours in the hospital visiting their loved ones.

With the help of Palmdale Station, West Hollywood Station and Norwalk Station, as well as two LAPD divisions, we were able to have Thanksgiving meals delivered to five of the recruits and/or their families on our behalf. Several of our board members visited the family of a recruit who lives near many of us, so we were able to coordinate with a few members of Training Bureau and the Riverside County Sheriff's Department (RCSD) to bring them Thanksgiving dinner while the recruit is still recovering in a rehabilitation facility. RCSD also brought two large bags of toys for the recruit's young children.



The contents of each hospital convenience bag given to family members of Class #464

It took a lot of coordination from our board members, group members, LASD, LAPD, RCSD and our communities, but it has been beautiful to see so many people come together to support our recruits during the current social climate.

HAVANA NIGHTS

Our fundraising efforts continue as we bring to you Havana Nights, a fundraiser gala to support LASD Academy Class #464. The event will take place at The Desi House, located at 13215



The Desi House fundraiser gala invitation



The Desi House fundraiser gala sponsorship opportunities

Altfillisch Ct. in the city of Eastvale, on Saturday, January 21, from 3 to 9 p.m.

For \$125 per person, guests will enter a historical home designed and owned by the late Desi Arnaz. Entry includes food and a complimentary cigar, live entertainment, and will have access to a complimentary photo booth and themed photo areas throughout the two-and-a-half-acre property. Auction items, signature drinks, whiskey and bourbon tasting experiences and additional high-end cigars will be available for purchase throughout the night. We are also offering four exclusive sponsorship opportunity levels:

- Platinum sponsors (\$2,500) will receive advertisement of their business or organization, a reserved table for eight, a bottle with mixers, whiskey or bourbon tasting experience and eight high-end cigars.
- Gold sponsors (\$2,000) will receive advertisement of their business or organization, a reserved table for eight, a bottle with mixers and eight high-end cigars.
- Silver sponsors (\$1,500) will receive advertisement of their business or organization, a reserved table for eight and eight high-end cigars.
- Bronze sponsors (\$500) will receive a cigar and two drink tickets.

For tickets, visit us at our new website, designed and created by group member Jennette

continued on page 28

Garcia, at lasdspouses.org. LAS⁴D Spouses Supporting Spouses is a 501(c)(3) nonprofit organization, Federal ID # 87-3152092. Tickets and sponsor donations are tax-deductible, and 100% of proceeds will go to members of Class #464.

GET YOUR T-SHIRTS!

We are giving our all to help Class #464! In collaboration with 1941 Apparel, we designed a T-shirt to raise additional funds for the recruits. Many recruits were unable to rejoin their classmates on November 28 as they returned to the Academy because they were either home recovering from their injuries or still hospitalized in critical condition. The recruits and their families are still in need, so we want to continue helping in any way we can. If you would like to purchase a T-shirt, you can do so on our online store within our secured website: lasdspouses.org/ online-store. All proceeds will be donated to members of Class #464.



Our second annual Prepare for the Unexpected Seminar will be held on February 12 at the STARS Center gymnasium. You can expect to hear from units and organizations directly involved when unexpected events occur, as well as outside entities you may need to consider when dealing with tragedies. The idea is not to scare you, but to open your eyes to the very real possibility of having to deal with one of many possible scenarios throughout your and/or your spouse's career. We want to help prepare you in the best possible way so that if something unexpected should occur, you're equipped to handle it better than you would have if you did not have the tools or had the conversation with your spouse regarding many of the things you will hear about during the seminar.

To purchase your ticket, which will include an information packet to help you prepare for the unexpected as well as lunch, visit our online



Prepare for the Unexpected Seminar

store on our secure website at lasdspouses.org/ online-store. We accept all major credit cards, Apple Pay and Google Pay, for your convenience.

CONGRATULATIONS!

Congratulations are in order for our newly appointed Vice President Gina Moreno and Treasurer Sarah Trellis. Both ladies have displayed dedication, commitment and enthusiasm since joining the group. They both take initiative and have led by example, executing our group's mission to a T. We are excited to continue working hard to grow our community of support, friendship, education, resources and mentorship with our fellow LASD spouses.

Also, congratulations to member Jessica Charrette and her husband, Ron (Community Partnership Bureau), on the birth of their daughter, Camila Charrette. Baby Camila was born on November 20, 2022, at 10:09 p.m, weighing 6 pounds, 9 ounces. Mom, dad and baby are doing great. 🕸



The fundraiser shirts for Class #464



STAY UP TO DATE!

Check out news and events at www.sheriffsrelief.org

HEY, CAPTAIN!

Tell Your Unit's Story. Star News Wants to Share It.

The SRA wants to feature your station or bureau's recent activities, achievements and events in Star News! Send updates and photos to annie@SRA1.com by the first of the month for publication in the following month's issue.

Thank you to the units highlighted below, who contributed articles for this issue:

Administration Services Division and Personnel Command

Advanced Officer Training Unit

Aero Bureau

Altadena Station

American Legion Star Post 309

Audit and Accountability Bureau

Avalon Station

Carson Station

Central Supply and Logistics Unit

Century Regional Detention Facility

Century Station

Cerritos Station

Civilian Training Unit

Communications and Fleet

Management Bureau

Community College Bureau

Community Partnerships Bureau

Compton Station

Contract Law Enforcement Bureau

County Services Bureau

Court Services Bureau

Court Services Transportation Bureau

Court Services West Bureau

Crescenta Valley Station

Data Systems Bureau

Deputy Leadership Unit

East Los Angeles Station

Emergency Operations Bureau

Facilities Services Bureau

Food Services Unit

From the Docs

Gender Responsive Services Homicide Bureau **Industry Station**

Inmate Reception Center

Inmate Services Bureau

Intake Specialist Unit

Internal Affairs Bureau

Internal Criminal

Investigation Bureau Lakewood Station

Lancaster Station

✓ LAS⁴D Spouses Supporting Spouses

Lomita Station

Los Angeles Sheriff's Department Band

Los Angeles Sheriff's Department Elite Running Team

Los Angeles Sheriff's

Department Grizzlies

Los Angeles Sheriff's Department Women's Running Team

✓ Los Angeles Sheriffs' Museum

Marina del Rey Station

Major Crimes Bureau

Malibu/Lost Hills Station

Men's Central Jail

Metrolink Bureau

Mira Loma Detention Center

Mounted Enforcement Detail

Narcotics Bureau

North County Correctional Facility

Norwalk Station

Operation Safe Streets

Palmdale Station

Parks Bureau

Peace Officer's Fellowship

Peer Support Program

Personnel Administration Bureau

Pico Rivera Station

Pitchess Detention Center.

North Facility

Pitchess Detention Center,

South Facility

Pre-Employment and

Background Investigation Unit

Professional Development Bureau **Psychological Services Bureau**

Records and Identification Bureau

Recruit Training Unit

Regional Community Policing Unit

Reserve Forces Bureau

Retired Deputies

Risk Management Bureau

Scientific Services Bureau

San Dimas Station

Santa Clarita Valley Station

Sheriff's Information Bureau

South Los Angeles Station

Special Enforcement Bureau

Special Victims Bureau

Star Unit

Temple Station

The Chaplain's Notebook Training Bureau

✓ Transit Services Bureau

Twin Towers Correctional Facility United Peace Officers Against Crime

Video Production Unit

Walnut/Diamond Bar Station

Weapons Training Unit

West Hollywood Station

Sheriffs' Relief Association Discount Tickets

SRA: (800) 544-4772/(562) 946-7081 (M–F, 8:30 a.m. to 5 p.m.) **Emporium STARS:** (562) 946-7271 (M–F, 9 a.m. to 4:30 p.m.) **Emporium PDC:** (661) 257-5320 (M–F, 9 a.m. to 5 p.m.; Sat., 9 a.m. to 4 p.m.)

Tickets Available and Sold to Members Only

Please be advised that some attractions may currently have restrictions due to COVID-19.

Tickets now sold at the Emporium. \$1 service fee charged per transaction.

BUY TICKETS ONLINE!

Tickets (excluding movie tickets) available for purchase with a credit card through our website at https://sheriffsrelief.org.

ATTRACTION	SRA PRICE Adult/Child	ONLINE PRICE Adult/Child	GATE PRICE Adult/Child
AMC Black Ticket (unrestricted)	\$10.25	N/A ONLINE	\$11.00–\$15.00 depending on location
BOOMERS IRVINE		·	Several packages available
CINEMARK (unrestricted)	\$9.50	N/A ONLINE	\$11.00-\$13.50 depending on location
DISCOVERY SCIENCE CENTER			
HARKINS (unrestricted)	\$8.50	N/A ONLINE	\$10.50-\$15.50 depending on location
KNOTT'S BERRY FARM		•	·
LEGOLAND		2-Day Hopper \$96.00/\$89.99	2-Day \$153.99 and up ction. Second day of Legoland Hopper is free;
LONG BEACH AQUARIUM	\$26.95/\$20.95	\$26.95/\$20.95	\$36.95/\$26.95
MADAME TUSSAUDS		Hollywood \$23.99/Las Vegas \$2	29.59 \$24.99 and up
MEDIEVAL TIMES			
REGAL/EDWARDS (unrestricted)	\$9.00	N/A ONLINE	\$10.00–\$12.50 depending on location
UNIVERSAL STUDIOS		\$99.00 and up	\$109.00 and up

IMPORTANT: Payment — cash or check only in our office (check payment limit=\$750.00). Ticket limit=10 per attraction per month, per member. If member is having someone other than spouse pick up tickets, only the member's personal check with employee # written on the same check is accepted for payment. Please read and check instructions and restrictions on the back of each ticket before leaving the ticket counter. All sales are final. Prices are subject to change without notice. Online pricing may differ from in-office pricing. Additional service charges and sales tax may apply; please see individual websites for details.

REVISED 12/19/22

Advertising Index

Auto	41-42, 44
General	31–32, 34–40
Legal	31, 33
Medical	40
Mortgage & Real Estate	34, 36, 38, 43



Jennifer C. Carter Daughter of a retired Sergeant

Dedicated to providing quality services to LA Sheriff's Department employees, and their family and friends.



Personal Injury Worker's Compensation **Estate Planning**

Phone (562) 348-1400 Fax (562) 348-1444 Jen@jccarterlaw.com

12631 E. Imperial Hwy. Suite F-128 Santa Fe Springs, CA 90670

Star News **Advertisement Disclaimer**

The Editor and employees of the Star News and the members of the Sheriffs' Relief Association do not endorse or investigate the advertisements published in the Star News. Readers should note that neither the Star News nor the Sheriffs' Relief Association is responsible for the content of such claims of such advertisements. Advertisers should note that the Star News and the Sheriffs' Relief Association reserve the right to reject further publication of an advertisement for any reason.



The Burbank Firm, L.C.





Manning Family Law

626.335.5135

deborahmanningesq@gmail.com | manninglaw.net

Child Support

Property Division

Move Away Cases

Post Judgment Modifications

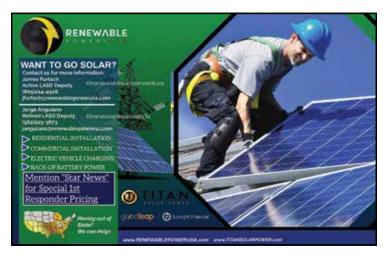
ATTORNEYS AT LAW Probate • Wills • Trusts • Conservatorships and Estate Planning Business and Commercial Law • Commercial Real Estate Located in Burbank, CA. The Burbank Firm, L.C. has over 30 years of Trust

and Probate experience assisting clients throughout Southern California.

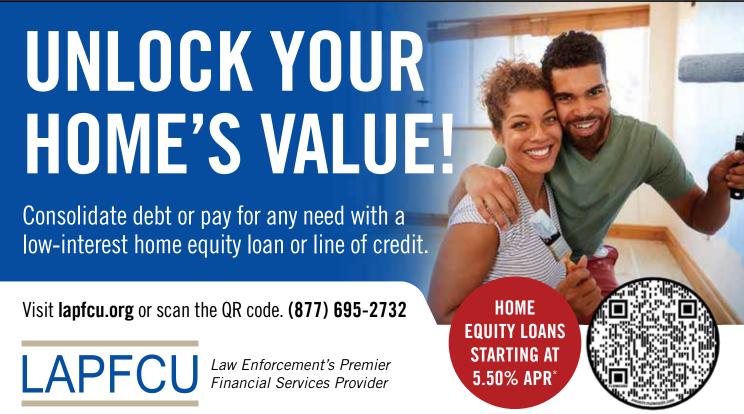
For qualified legal counsel, call us and let our knowledge and experience work for you. No charge for a 30-minute initial consultation.

(818) 524-2336 • 2312 W. Victory Blvd., Burbank, CA 91506 www.theburbankfirm.com









*APR = Annual Percentage Rate. 5.500% fixed APR is based on a loan term of up to 84 months. Minimum loan amount \$5,000. Maximum loan-to-value is 80% for owner occupied properties, and 70% for non-owner-occupied properties. Maximum term on owner occupied properties is 20 years, and 15 years on non-owner-occupied properties. Loans available on 1-4 family dwellings. Property hazard insurance is required. Home Equity Loans are available to properties located in California, Arizona, Colorado, Idaho, Montana, Newada, Oregon and Utah 7-year rate term partner example (effective date November 30, 2022); 355,000 loan with 5.500% fixed APR for 84 months would cost \$14.14 per \$1,000 borrowed. All loans are subject to credit approval and applicable LAPFCU policies. All advertised rates and terms are subject to change without notice. Your actual payment may vary. Restrictions apply, ask for complete details. 1122-29



ACCIDENT? INJURED?

THE LAW BROTHERS CAN HELP.



FREE CONSULTATION
NO RECOVERY • NO FEE

CAR ACCIDENTS
MOTORCYCLE ACCIDENTS
VEHICLE V. PEDESTRIAN

WRONGFUL DEATH SLIP & FALL BICYCLE ACCIDENT

IT'S FAST

IT'S FREE

IT'S CONFIDENTIAL





LAW BROTHERS

INJURY ATTORNEYS -

Personal Injury Attorneys & Reserve Deputy Sheriffs

Shawn Lalezary, Esq.

Shervin Lalezary, Esq.

SERVING WITH YOU ON DUTY

OFF DUTY.

www.LAWBROTHERS.com

Toll Free: (888) 778-8888





CLEAR, ORGANIZED, AND COMPLETELY MANAGED



1. Finding a new loan option



2. Collaboration and organization online



3. Loan estimate and best lending options



4. Submit application

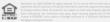


5. Mortgage processing



6. Approval & closing

WEMBLEYS OFFERS CONCIERGE REAL ESTATE AND LENDING SERVICES





THINKING OF MOVING TO IDAHO?

My husband, a retired LASD Sergeant and I fell in love with the affordable housing, friendly people and the great outdoors that Idaho has to offer. Having both the MRP (Military Relocation Professional) and VAREP (Veterans Association of Real Estate Professionals) designations, I am specially qualified to help YOU make YOUR move to Idaho!

Will you fall in love with Idaho too?

Search for your new Idaho home at: denise.tripeakrealty.com

OLLOW ME TO TENNESSEE



No State Tax on Pension ▶ Low Property Taxes/ **Cost of Living** Mild 4-Seasons

FREE HOME SEARCH CathySellsNashville.com CathySellsTNHomes.com



Cathy LaCroix Wife of retired CA police officer with 30 years of service

Office: 615-826-0001 Cell: 615-795-8111

EXIT REAL ESTATE SOLUTIONS



111 MAPLE ROW BLVD **HENDERSONVILLE, TN 37075**



PREPARE TO LEAD THE FUTURE OF CRIMINAL JUSTICE

EARN YOUR MS IN CRIMINAL JUSTICE - 100% ONLINE

- ► Earn your master's in 12 months, no GRE required
- Learn from leading experts in law enforcement, psychology, law, policy, homeland security, and corrections
- Join the Trojan Family of nearly 400,000 alumni

Our program is rooted in the latest research in the field, with critical attention to issues criminal justice leaders are facing today. Students learn to evaluate research and use statistical data to assess the efficacy of policies and practices in criminal justice, corrections and community supervision—including criminal investigations, traumainformed practice and the use of technology. With courses in leadership development and organizational change, our program ensures that students become well-informed, highly skilled and effective leaders.

cj.usc.edu/lasd 877-426-8273





Prescott. Arizona known for its authentic cowboy history, moderate climate. and convenient livability at an elevation of 5,200 feet.

Surrounded by ponderosa pine forests, giant granite boulders, lakes, golfing and endless hiking and mountain biking trails in and around the city.



Henry Reves Retired LASD/Realtor 909-618-3252



Jinger Cutting Associate Broker/Realtor 928-848-3442

The Cutting Edge Team is one of Prescott's most trusted and top-selling real estate teams servicing the Prescott Quad Cities since 2003! Experience, service & commitment to work hard, listen and follow through. Retired LASD



MyHomeGroup - The Cutting Edge Team

220 W Goodwin. Suite 5 Prescott AZ Email: Info@TheCuttingEdgeTeam.com Office: 928.499.4546



www.PeteNicholasLA.com

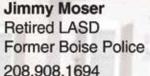
Looking to Move/Retire to Idaho? Allow us to help you find & finance the perfect home!



Let someone who made the move assist you.

We gladly give a percentage of our commission back to Law Enforcement, fire, military, medical, and educators!

FIRST-TIME HOMEBUYER / HOME PURCHASE / FHA & VA JUMBO LOANS / REFINANCE / DEBT CONSOLIDATION



jimmy.hometownheroes@gmail.com







Jason Bean Founder/Loan Officer Brother of Active LASD 949,732,7021

jason.bean@pacificbeneficial.com



Pacific Beneficial Mortgage Company, Inc., DRE #01864114, NMLS#260264, (www.nmlsconsumeraccess.org), 18010 Skypark Cir., Ste. 225, Irvine, CA 92614, 888.200.6078, www.pacificbeneficial.com. Jason E Bean, Loan Officer, NMLS #277018, DRE #01929714, 949.732.7021.



ESTATE PLANNING SOLUTIONS

"A COMPANY OWNED AND
MANAGED BY FIRST RESPONDERS"

PROTECT YOUR ASSETS FROM LAWSUITS \$3,995.00 REDUCED TO \$1,995.00

OWN NOTHING CONTROL EVERYTHING

- Protection of assets
- Secure financial security
- Minimize income tax
- Shields personal responsibility
- Reduce tax liabilities
- · Provides asset control

LIVING TRUST, WILL AND GUARDIANSHIP FOR MINOR CHILDREN

\$2,995.00 REDUCED TO \$995.00

DANGERS OF JOINT TENANCY

- Does not avoid probate
- Unintentionally disinherits children
- Lose control of your 50% ownership

A WILL WON'T PROTECT YOU

- Does not avoid probate
- No incapacity protections
- Court controls distributions

SPECIAL NEEDS CHILDREN

- Protect Inheritance from Govt
- Prevent loss of benefits
- Ensure lifetime care



Scan this QR Code with your Phone or tablet to go directly to our website offers CALL or TEXT (800) 216-1762

www.EstatePlanningSolutions.com

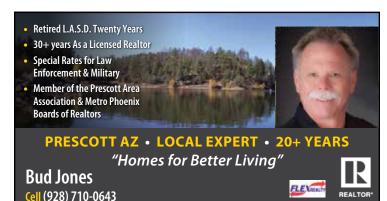
I have helped many in law enforcement with all their real estate needs and as a deputy sheriff's wife, I treat my clients like my own family.





CHRISTINA DEMOOY Realtor® 310-430-2493 Cell 714-602-2626 Office ChristinaDeMooy@gmail.com christinademooyREALTOR

BERKSHIRE HATHAWAY | California Properties



Save time and schedule an appointment! Call our Brea store (714)257-9095 for Appointment Availability!



Email Bud.Jones54@gmail.com

www.BudJonesSellsAZ.com



Flex Realty

1339 Sabatina St

Prescott AZ 86301



655 Berry Street, Suite H. Brea, CA 92821 Tel: 714-257-9095 Open Mon-Sat 8am-7pm e-mail: sales@proforceonline.com www.proforceonline.com

www.proforceonline.com



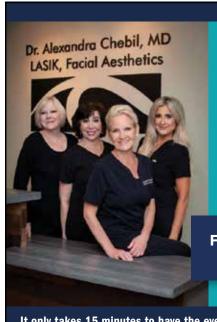


- POTENTIAL SAVINGS
 WITHOUT IMPACTING
 YOUR CREDIT SCORE
- VERIFY SAVINGS
 OPTIONS IN MINUTES

CHECK YOUR REFINANCING OPTIONS NOW AT: www.firstcitycu.org



SERVING THOSE WHO SERVE



SAY GOODBYE TO GLASSES AND CONTACT LENSES

Special lasik pricing for law-enforcement, friends and family,

\$1299 per eye.

LASIK GIFT CARDS FOR ALL OCCASIONS

Give the gift of Clear Vison, a gift that will last a lifetime.

It only takes 15 minutes to have the eyesight you've always wanted!

With over 70,000 procedures to date, public safety officers are in good hands with Lasik Center Medical Group. Take advantage of 0% for 12 months with CareCredit. FSA and HSA approved.

Book a free, no obligation consultation TODAY!



DrAlexandra.com

LASIK Center Medical Group Dr. Alexandra Chebil MD 4001 MacArthur Blvd. Ste. 100 Newport Beach, CA 92660 Call or Text to 949-237-2758









HERNIA CENTER OF SOUTHERN CALIFORNIA (626) 584-6116

www.herniaonline.com

Multiple Office Locations: Pasadena Los Angeles Newport Beach Pomona Beverly Hills Anaheim Long Beach Riverside

Triathlete Ironman... Hernia Surgeon... Specialist...

Dr. David Albin is a hernia specialist and has performed over 12,000 surgeries. Dr. Albin is a board certified general surgeon whose practice is devoted to hernia surgery. Nonhurried appointments.

You deserve the best!



Supports LA County Sheriff's Officers and their families

We invite law enforcement and their families to enjoy

a Learn to Skate class or a birthday party at participating rinks with the code: StarNews22











AUTOMOTIVE DIRECTORY

January 2023

Fairway Ford Chuck Treister Fleet Manager 714-579-3819

Galpin Motors (818) 787-3800 (800) **GO-GALPIN** **George Chevrolet Ed Engle Kevin Rivas** (562) 645-4948

Hamer Toyota Steve Denson (855) 592-7097 **Penske Toyota Linh Lam** (562) 904-5686

(562) 904-5600

Puente Hills Subaru (855) 826-8449 (855) 827-7327

Toyota of Glendora **Armando Arce** Michael T. **Jorge Robles** (909) 305-2000

Toyota of Lancaster (661) 948-0731

TOYOTA



(S) of Glendora

1949 Auto Centre Dr., Glendora, CA 91740

Call Armando A., Jorge R. and Michael T. For Special Fleet Prices

(909) 305-2000 Fax (909) 305-2030

AARCE@TOYGLEN.COM JROBLES@TOYGLEN.COM MICHAELT@TOYGLEN.COM

FLEET PRICES

Discounts for all LASD members Huge Inventory. Generous Trade-In Value Paid.

> **CALL: Linh Lam** 562-904-5686

A SOCAL PENSKE DEALERSHIP

9136 E.Firestone Blvd. Downey, CA 90241 562.904.5600 PenskeToyotaDowney.com

We are dedicated to our **Law Enforcement Community.**



My team is ready to serve! Email me at jboghos@tol-av.com Thank you for your Service!











GEORGE CHEVROLET 2018 - 2019 2020 - 2021

FOUR-TIME C

2018 - 2019 - 2020 - 2021

Shop with us and experience Award-Winning customer service.



ED ENGLE



Call Us for VIP Service We offer special pricing for LASD Friends and Family



91 FREEWAY, EXIT LAKEWOOD BLVD (562) 645-4948 - GEORGECHEVY.COM 17000 LAKEWOOD BLVD, BELLFLOWER, CA, 90706

FIND NEW ROADS"



THE PERFECT **OPPORTUNITY** TO BUY IS NOW



Work one-on-one with caring experts who understand your job and how to make sure your purchase or refinance feels right.

THE GOOD NEWS

- → We've entered a buyer's market
- → Rates continue to drop
- → Sellers are assisting buyers with closing costs
- → Home prices are coming down

- → First-time home buvers are much better positioned
- → Cash out investment/ debt consolidation/ build wealth through real estate opportunities are active

The mortgage experts at Union Choice can help you strategize every step of the way - and get you from an accepted offer to closing on your new home in just 10 days!*



CONTACT US TODAY TO GET STARTED!



UnionChoice.com













Become A Member of The Galpin Family!

Galpin Motors is Proud to Serve Those Who Serve Us! We are pleased to offer Special VIP Pricing & Incentives to Our Law Enforcement Officers (including retired), Civilian Personnel and Family Members.



Galpin Ford 888.809.1423 15505 Roscoe Blvd., North Hills, CA 91343 Mike Schwartz, General Manager



Galpin Honda 888.904.5917 11151 Laurel Canyon Blvd., Mission Hills, CA 91340 David Gillum Jr., General Manager



Galpin Mazda 888.481.3396 8425 Sepulveda Blvd. North Hills, CA 91343 Paul Ulbrich, General Manager



Galpin Volkswagen 888.535.5430 15421 Roscoe Blvd., North Hills, CA 91343 Will Baxter, General Manager



Porsche Santa Clarita 888.909.0169 23645 Creekside Rd., Valencia, CA 91355 Steve McCord, General Manager



Galpin Certified Used 888.809.1423 15445 Roscoe Blvd., Van Nuys, CA 91343 Dana Ponticelli, General Manager



Galpin Lincoln • Galpin Volvo 888.890.9768 15500 Roscoe Blvd., Van Nuys, CA 91406 Jaime Godina, General Sales Manager



Galpin Auto Sports 1.877.GO.GAS.GO 15600 Roscoe Blvd, Van Nuys, CA 91406 Tommy Rezaie, General Manager



Polestar Los Angeles 855.885.3391 9701 Wilshire Blvd. Suite 100 Beverly Hills, CA 90212 Reza Fatemi, General Manager









Land Rover • Jaguar • Aston Martin • Lotus 888.901.1164

15500 Roscoe Blvd., Van Nuys, CA 91406 Jeremy Guller, General Manager

































