

VOL. 82 NO. 7

NOVEMBER 2021



STAR NEWS

SHERIFFS' RELIEF ASSOCIATION



The Great American Tradition

THE HOLIDAYS ARE HERE!



Available at _____ SRA Emporium

Second-Generation
Optional Duty



SRA Uniform prices are at least 25% lower than the competition.

Available in both short- and long-sleeve in male and female sizes. Everything comes patched.

Department-Approved Second-Generation Optional Duty, Class A and Elbeco Shield Performance Soft Shell Jacket

Class A



Elbeco Shield
Performance Soft
Shell Jacket



Sizes: XS-2X
Color: OD green
Item #: 4201

For more info, visit SheriffsRelief.org/store

SHERIFFS' RELIEF ASSOCIATION EMPORIUM LOCATIONS:

STARS CENTER, WHITTIER (562) 946-7271 – MONDAY-FRIDAY, 9 A.M.–4:30 P.M.

PJP RANCHO, CASTAIC (661) 257-5320 – MONDAY-FRIDAY, 9 A.M.–5 P.M.; CLOSED ON SATURDAYS UNTIL FURTHER NOTICE



STAR NEWS

THE OFFICIAL PUBLICATION OF THE SHERIFFS' RELIEF ASSOCIATION

Vol. 82 No. 7..... November 2021

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.; STARS Center, 11515 Colima Rd., Bldg. B, Whittier, CA 90604. Phone: (562) 946-7081 or toll-free (800) 544-4772. Fax: (562) 946-5302.

COPY DEADLINE: 1st of the month for the following month. Send copy to: annie@SRA1.com or louis@SRA1.com.

OFFICERS

President.....Rod Kusch
Vice President Diane Stone
Secretary-Treasurer Mike Abdeen

TRUSTEES

Joe Badali, Chuck Becerra, Sue Burakowski, Mike Fratantoni, Joe Hartshorne, Steve Katz, Rod Kusch, Oscar Martinez, Conrad Meredith and Glenn Walsh
General ManagerBill McSweeney

FOR ADVERTISING CALL

(818) 848-6397

911MEDIA.com



911MEDIA® is a division of Trade News International, Inc.



Star News (USPS 21670 ISSN 2637-4382) is published monthly by Sheriffs' Relief Association of Los Angeles County, Inc. at their headquarters, STARS Center, 11515 Colima Rd, Building B, Whittier, CA 90604. Periodicals postage paid at Whittier, CA, and additional mailing offices. POSTMASTER: Send address changes to *Star News*, 11515 Colima Rd, Building B, Whittier, CA 90604.

Table of Contents

Units

- Trustees Monthly Meeting 4
- Retired Deputies 5
- Norwalk Station 12
- Los Angeles Sheriff's Department Band 13
- Parks Bureau 14
- Scientific Services Bureau 17
- Emergency Operations Bureau 18
- Temple Station 20
- Peer Support Program 22
- Lancaster Station 23
- From the Docs 28
- Transit Services Bureau 29
- The Chaplain's Notebook 30
- Peace Officer's Fellowship 31

Features

- Scenes From the East L.A. Station Reunion . . . 9
- Serra Retreat Celebrates 75th Anniversary . 10
- In Memoriam 19
- Retired Marshals Lunches 31
- Editorial: Loyalty and Camaraderie in Law Enforcement 32
- August Retirements 32
- Sheriffs' Relief Discount Tickets 36

On the cover: *Carving the Pumpkin* by Franck Antoine Bail. 1910. Image courtesy of the Art Renewal Center®, (ARC) www.artrenewal.org.

Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Thursday, September 9, at 11515 Colima Road, Building B, Whittier. The following officers and trustees were present: Rod Kusch, President; Diane Stone, Vice President; Mike Abdeen, Secretary-Treasurer; Trustees Joe Badali, Chuck Becerra, Sue Burakowski, Mike Fratantoni, Joe Hartshorne, Steve Katz, Oscar Martinez and Conrad Meredith; and Bill McSweeney, General Manager. Trustee not present: Glenn Walsh.

The meeting was called to order at 4:38 p.m. A motion was made by Trustee Abdeen, seconded by Trustee Stone and unanimously carried to approve the minutes of the August 12 meeting and the July Foundation expenditures.

COMMUNICATIONS

General Manager Bill McSweeney reported that communications were received from the following during the month of August:

From Carol Sharpnack to Denise Jezak and Kevin Augarten, "Thank you so much for your time and support in this hour of need. Although I have a giant hole in my heart, I feel it surrounded by the kindness and caring of others."

From Catherine McDonald to Denise Jezak and Kevin Augarten, "I received the \$10,000 check from Sheriffs' Relief and also the lovely encasement of the flag with Hugh's name on it. I appreciate all your help and unbelievable kindness."

From Debbie Price to Kevin Augarten, "I received the check just a few days after we spoke. Yesterday, the Sheriff's Department flag arrived. It's

beautiful and Ed would have loved it. Thank you for taking care of everything so promptly. Your kindness is much appreciated, too."

From Irene McReynolds to David Mertens, "I would like to take a moment to commend one of the members of your staff, David Mertens. He has been so kind, thoughtful and helpful to me and the family of the late Doreen Thigpen, a retired lieutenant who passed away on August 25, 2021. Mr. Mertens is an exceptional employee who doesn't just do his job but, instead, goes over and beyond what is expected. He has been such a help to Doreen's family during this painful, difficult time of loss and grieving."

From Consuelo Salazar to Denise Jezak, "Thank you for your promptness in sending out the survivor benefit check after the death of my husband, Raymond Salazar. We appreciate all the assistance that the Sheriffs' Relief Association has given us during this very sad time."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING AUGUST: \$195,000

MORTUARY BENEFITS PAID YEAR TO DATE: \$1,389,000

MEMBERSHIP REPORT

There were 47 new membership applications received during the month of August. A motion to accept these new applications was made by Trustee Becerra and seconded by Trustee Kusch: Jesse A. Aguilar, Paul Albarran, Cole D. Anderson, Harmik Baghdeserian, Justin D. Burrow,

Kerry A. Carter II, Rosemary M. Castellanos, Hugo A. Cisneros, Kyle G. Cornell, Shicheng Dai, Jasbinder S. Dhaliwal, Leticia A. Fazzini, Ian M. Fujino, Brenda Garcia, Kristen A. Germann, Brandon Goutermont, Nathan Gudino, Joey A. Guieb, Kristin L. Haney, Jacob J. Hellmold, David J. Hernandez, Ryan L. Hines, Timothy A. Horn, Trevor D. Jackson, Raffi M. Jilkivorkian, Christian M. Lara, Amanda C. Lascano, Cameron N. Liscano, Chun Sang Ma, David A. Maldonado, Reysie B. Manuel, Christopher Marquez, Natasha Montenegro, Tuny Nguyen, Mark Palomar, Alex A. Reyes, Luis A. Rodriguez, Ruben Rojas, Mia A. Romero, Cynthia C. Rosas, Michaela E. Scott, Kalli W. Self, Anthony R. Torres, Robert A. Torres, Mercedes N. Villareal, Ferdinand C. Vitug and Grace J. Yi.

We had 5 deaths of active members, 15 deaths of retired members, 3 cancellations of active membership, 4 cancellations of retired membership, 4 new honorary associate members and 1 death of an honorary associate member for the month of August.

There were no members who resigned and no one who transferred from the Sheriff's Department/Relief Association during the month of August.

ADJOURNMENT

At 5:33 p.m., a motion was made by Trustee Becerra, seconded by Trustee Hartshorne and unanimously carried to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc., in honor of the 457 combined years of service of those who passed this month. ☆

ARE YOU 
Retiring
IN THE 
NEXT YEAR?

Stay in touch with the Department and other retired members. Go to www.lasdretired.org, and in the upper right-hand corner, click on the "JOIN" button.



Retired Deputies

By Chickee Nelson and Don Fandry

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: chickee1@outlook.com or Djfandry@att.net

NEXT LUNCHEON:
Thursday, January 20, 2022
11:30 a.m. Buffet \$10.95
Villa Catrina Restaurant
251 N. Santa Anita Ave.
Arcadia, CA 91006

On Wednesday, September 1, the **Desert Heat Retirees** had their monthly luncheon at the Elks Lodge in Lake Havasu, Arizona, at 11:30 a.m. It was a nice warm day at 98 degrees. Those in attendance were Richard and Ruth Byrd, Mike Robbins, Bill Taggart, Jerry Gillen, George Bachmeier, Doug Muchmore, Tommy Jimenez, Norman and Chickee Nelson, Don and Susie Sackett, Mike and Leseah Castorina, Steve and Gina Minnis, Brian Smith and Kevin Gavaghan. It was great to see some of our dear friends who we haven't seen in over two years and they are doing well. We all ate and talked and laughed. We all had a good time. If you are in the Lake Havasu area on the first Wednesday of the month, stop on in and have a delicious meal with a great group of people. If you have any questions, you may contact Jerry Gillen at lnx1993@yahoo.com.

On Wednesday, September 1, the **Marshal Old Timers** luncheon was held at *Katella Deli-Bakery* in Los Alamitos. Although just a few showed up, it is always enjoyable to break bread and have good conversation with friends. Those who did show up were: Roger E. DeHaan, Sam "Buford" Combes, Peter Mack and Yolanda Lockhart. — Terry

On Friday, September 3, the **LASD Retired Malibu-Lost Hills Station** breakfast was held. Each Friday morning, several Malibu-Lost Hills Station retired deputies meet at *Cronies Sports Grill* in Newbury Park (just inside the Ventura County line). The owner and waitresses are great and have a special section in the patio for us to enjoy our breakfast, camaraderie and, of course, the



Malibu-Lost Hills Station Retirees. Left side: Larry Mohr, Ed Young, Norm Campbell and Charlie Marshall. Right side: John Gentzvein, Michael Koch, Debbie Koch and Ron Wallach.



Desert Heat Retirees. Front row: Leseah Castorina, Gina Minnis, Ruth Byrd, Chickee Nelson and Susie Sackett. Back row: George Bachmeier, Mike Robbins, Doug Muchmore, Mike Castorina, Kevin Gavaghan, Richard Byrd, Bill Taggart, Jerry Gillen, Steve Minnis, Don Sackett, Tommy Jimenez, Brian Smith and Norman Nelson.

many war stories of long ago past times. We meet around 9 to 9:15 a.m., just as the restaurant opens and is not too crowded. Any law and fire, sworn and civilian personnel (both retired and active) along with any spouses who would like to attend are always welcome. We have had few other agency personnel join us in the past. In attendance, we usually have anywhere from eight to 20 members show up. Great times with great food. Malibu-Lost Hills Station retirees attending were Larry Mohr, Ed Young, Norm Campbell, Charlie Marshall, John Gentzvein, Michael and Debbie Koch, and Ron Wallach. If you have any questions, you may contact Michael. Respectfully, Michael Koch, (LASD 1980-2007), michaelm.koch1@verizon.net.

On Wednesday, September 8, the **San Diego Retirees** met at *BJ's Restaurant* in Carlsbad. We had a great crowd and everyone had a great time. Thank you everyone for being there. It is really good to see everyone doing so well and having a good time. Those attending were Bill Findon, Al and Karen Green-Henkel, Phil and Bonnie Brooks, Bob Henley, Ron Eoff, Lou Brown, Greg Simon, Joe Raffa, Jim Stevenson, Clemente Bonilla, Dan Castrellon, Tony and Chris Palmer, Marv and Diane Love, and Bill Gaynor. Hope to see you all next month. — Joe Raffa

On Thursday, September 9, the **Retired LASD and Pomona Court Alumni** met again at *El Cholo* in Anaheim Hills for great Mexican food. Those



San Diego Retirees. Sitting: Bill Findon, Karen Green Henkel and Bonnie Brooks. Standing: Phil Brooks, Bob Henley, Al Henkel, Ron Eoff, Lou Brown, Greg Simon, Joe Raffa, Jim Stevenson, Clemente Bonilla and the photographer Dan Castrellon.



Retired LASD and Pomona Court Alumni: Rebecca Breazeale, retired deputies Yvette Williams, Art Bencomo, Sgt. Gary Graff (ret.) and Larry Breazeale

continued on page 6

attending were Larry and Rebecca Breazeale, Yvette Williams, Art Bencomo and Sergeant Gary Graff (ret.). The group plans to have the next meetup at *Flo's Cafe* at Chino Airport for brunch (date not determined yet). For further information on this group, contact Larry Breazeale at alawdog7@aol.com.

On Saturday, September 11, the **Western Kentucky/Tennessee Retirees** had their August/September lunch at Mike Scholl's house. Those attending were Byron and Gerry Burnham, Loretta and Fred Haemker, Kevin Cambra, Debbie and Mike Centofante, Bob Warden, Mike Scholl and Pablo (the dog). We took time to remember those killed and the survivors of that day 20 years ago. We also paid tribute to our own who have passed. Everyone had a great time, with good food and conversations that brought back loads of memories. — Mike Centofante, kidcento@yahoo.com



Western Kentucky/Tennessee Retirees. Standing: Byron Burnham (LASD), Loretta and Fred Haemker (LASD), Kevin Cambra (LASD), Debbie and Mike Centofante (LASD), Bob Warden (LAPD) and Gerry Burnham (USMC). Kneeling: Mike Scholl (LASD) and Pablo.

On Saturday, September 11, the **Colorado Springs, Colorado, Annual Law Enforcement Retiree BBQ** was held at Suzi Gildea's home in Colorado Springs, Colorado. Those attending were: Denis Barbello, Ermelinda Bendy, Robert and Janice Benning, Glenn Brandon, Steve Carlos (LAPD) and Elena Garcia, Scott and Carol Gibson, Susan Gildea, Randy Green, Tom Hoff (LAPD), Larine Hoff, Tom Holzer (LAPD), Glenn Jackson (LAPD), Lorne and Kena Kramer (both LAPD), Glenn Lauer (LAPD), Don Matern, Jim and Kelly Pacina, Mel and Linda Parks (Downey P.D.), Leonard and Joni Peete, Jim and Lynnette Rahm (LAPD), Marion Tucker, Steve Wickser (Huntington Beach P.D.) and Julie Wickser (LAPD). We had several retirees fly in from California, and Robert and Janice Benning drove in from Wyoming. We all had a great time, good food and wonderful conversations about



RELAC: Elroy Morris, Bill and Janice Hayhurst, Terri Morris, Mike Reyes, Leon and Dian Stegall, Janet Cerato, Guadalupe Felix, Veronica Reyes, Taylor, Petrona Felix, Jennifer, Jan and Dave Coleman, Mike and Katy Ponce de Leon, Norman and Aiden Nelson, Natalia Felix, Chickee Nelson, Norman Nelson III, and Ethan Nelson. Bandito is in front.

the old and new days. Thank you everyone for attending and making it such a great get-together. Also sending get-well wishes to those who had planned on coming but were unable to attend due to COVID health issues. Until next year. — Suzi Gildea, suziqg@comcast.net

On Sunday, September 12, to Thursday, September 16, the **RELAC Camping Group** got together at Newport Dunes RV Resort at 1131 Back Bay Drive in Newport Beach. The weather was cool being by the beach. Those attending the campout were Elroy and Terri Morris, Bill and Janice Hayhurst, Mike and Veronica Reyes, Leon and Dian Stegall, Janet Cerato, Guadalupe and Petrona Felix, Taylor, Jennifer, Jan and Dave

Coleman, Mike and Katy Ponce de Leon, Norman, Chickee, Aiden, Ethan, Norman Nelson III, and Natalia Felix. On Monday evening we had our hearty hors d'oeuvres, which there was a lot of. On Tuesday, we had our potluck and, of course, it was delicious and we had a lot of food. On Wednesday, our "let's eat out" night, we ordered from a pizza place and another restaurant. The wagon masters, Dian and Leon Stegall, did a great job. Looking forward to next year. If you have an RV and aren't using it, you need to come and join us at a campout. RELAC has them quarterly. There is no dues; you just come to the campouts when you can. Everyone is welcome. You can contact Mike Reyes



Texas Hill Country Retirees: Ted (#21053) and Joyce Severns (E8543), Helen (#35359) and Robert DeArmon (#33316), Bob Kolesar (#24535), Craig Taylor (#27087), Ron Quinton (#24678), Tom Hoefel (Burbank P.D.), Dennis Bilotti (Contra Costa S.O.), Larry Nichols (Burbank P.D.), Larry Rodriguez (LASD), Tom McMullin (#22725), Glenda Johnston, Paul (#20001) and Karen Mock, Bob Guilbault (LASD), Bill Schmidt (#10693), Al Rice (#16374), Fred Fogerty (#17533), Phil (LASD) and Kathy Vasile, Glen (BPD) and Diane Williamson, Chuck Porter (LASD), Dan Dailey (Sacramento S.D.), Steve Mack (Huntington Beach P.D.), Eric Broughton (Fresno S.O./Cal OES), Ray Austin (Santa Barbara S.D.), Robert (#10354) and Carol Bridges, Michael Palmieri (Oxnard P.D./Ventura County DA), Brent Becker (LVMPD), Dianne Becker (LVMPD), Mario Lopez (CHP), Dennis Obert (#12467), Spike (#20522) and Karen Valencia, Derrel Craig (LA FBI), Bill Gignac (LASD), Brad (LASD) and Maria Thompson

at mikeandveronica@roadrunner.com for more information.

On Tuesday, September 14, the **Texas Hill Country Retirees** got together for a luncheon. Fall is in the air as temperatures in the Texas Hill Country become rather tolerable and down-right nice! Many of us are working outside more in our yards, exercising or other recreational activities. After searching for a new meeting location, we finally landed at a great lunch restaurant with a private room, with enough room to house and serve our ever-growing group. *The Longhorn Cafe* in Boerne, Texas, worked with our group for a great luncheon! With no new news to report from LAPD or LASD, or our other agencies, we went around the room with refresher introductions, with a few new faces as always! It was nice to put names with faces together, welcoming all! We gave a short honor to our friend and partner, Tim Anderson, giving a short eulogy and short biography on his life and career. We have had a few members come down with COVID-19, which brought us into another discussion on vaccine and treatment options. We again reminded every one of our upcoming Christmas party on December 14, in Fredericksburg, Texas. It will be held at the *Fredericksburg Brewing Co.* with a German buffet. Rooms have also been secured at the Inn on Baron's Creek. All reservations need to be made by November 14. Contact Ted Severns at (830) 733-8822 or email tedseverns@gmail.com. Present at this meeting: Ted Severns and Joyce Severns, Helen and Robert DeArmon, Bob Kolesar, Craig Taylor, Ron Quinton, Tom Hoefel, Dennis Bilotti, Larry Nichols, Larry Rodriguez, Tom McMullin, Glenda Johnston, Paul and Karen Mock, Bob Guilbault, Bill Schmidt, Al Rice, Fred Fogerty, Phil and Kathy Vasile, Glen and Diane Williamson, Chuck Porter, Dan Dailey, Steve Mack, Eric Broughton, Ray Austin, Robert and Carol Bridges, Michael Palmieri, Brent and Dianne Becker, Mario Lopez, Dennis Obert, Spike and Karen Valencia, Derrel Craig, Bill Gignac, Brad and Maria Thompson. So, as always, if you are traveling through the Texas Hill Country and would like to join us, please contact Ted Severns at (830) 733-8822 or tedseverns@gmail.com. Our meeting will always be the second Tuesday of the month, but with the ever-changing COVID-19 restrictions, our meeting site can change. Please call or email to find out our latest meeting location. Remember that spouses, family members and friends are always welcome! If you have any other questions about our group or meeting, you can also contact Bob Guilbault at (210) 787-5021 or robert.guilbault@gmail.com.

On Saturday, September 18, the **Las Vegas ROMEO** group (Retired Old Members [of Law



Las Vegas ROMEOs. Seated: Chickee Nelson (LASD), Esperanza Smith, Phyllis Moorehead, Shirley Craft and Pat Canfield (LAPD). Standing: Elbert (Moon) Hill (Santa Ana P.D.), Norman Nelson (Compton P.D.), Tim Smith (LAPD), Dave Grijalva (LASD), Sylvia Fort (LASD), Don Bailey (LAPD), Frank Hurtado (LASD), John Moorehead (Baldwin Park P.D.), Larry Craft (Cleveland P.D.), George Roberts (Chicago P.D.), Bob Catalano (LASD), Michael Goins (CHP) and Bob Canfield (LAPD).

Enforcement] Eating Out) held their bimonthly luncheon at *L2 Texas BBQ*, 2250 East Warm Springs Road, Las Vegas, Nevada. The food was great and camaraderie was very special. We had an abundance of door prizes donated by the *L2 Texas BBQ* and our generous attendees. Those who was there were Elbert (Moon) Hill, Norman and Chickee Nelson, Tim and Esperanza Smith, John and Phyllis Moorehead, Shirley Craft, Bob and Pat Canfield, Dave Grijalva, Sylvia Fort, Don Bailey, Frank Hurtado, Larry Craft, George Roberts, Bob Catalano and Michael Goins. The Las Vegas ROMEO group will meet again in November at a location and on a date to be determined. If you would like to be on the Las Vegas ROMEO group email list, contact Bob Canfield at (818) 219-2294 or bobbycanfield@gmail.com. Sincerely, Bob Canfield.

On Thursday, September 23, the following **Temple Retirees** gathered at the *Peppertree Restaurant* in Glendora: Richard Rice ('01), Larry Blackwell ('17), Lynn Helbing ('97), Burton Brink ('17), Cathy Pens ('15), Clint Huffman ('19), Roxanna Hart ('11), Sheldon Bloomfield ('00), Linda Healy ('00), (a party crasher from Industry and ELA), Rick Summers ('98 and '08), Peter Loomis ('00), Mike Gil ('14), Arleen Gray ('17), Jim Solar ('89) and Richard Smith ('92). The numbers behind the names are retirement years. The Temple Retirees also gathered at the *Peppertree Restaurant* on Thursday, August 26, for lunch. Those in attendance were: Ray Benson ('82), Vance Kirkpatrick ('90), Tom Ewens ('94), Pete Loomis ('00), Rick Summers ('98), Richard Rice ('01), Dave Kading ('96), Arleen Gray ('17), Orlando (Chuy) Macias ('17), Jim Solar ('89), Paul Schrader ('20), Pete Fosselman ('06), Dale Thompson ('09), Gus Stilgenbauer ('14), Laura Yriarte ('12), Jaime Baltazar ('18), Richard Smith ('92). Again, the numbers behind the names are retirement years. — Richard A. Smith Sr.

On Thursday, September 23 to 26, the **Sunshine**



Sunshine Rollers Camping Group at Lindy's Landing RV Park in Reedly, CA



Thirteen motor homes at Lindy's Landing RV Park in Reedly, CA



Sunshine Rollers

Rollers RV group met up at Lindy's Landing RV Park in Reedly, California, on the Kings River. They had a sign that said "No Lifeguard on duty." The river where we were was bone dry and you did

continued on page 8

not need a lifeguard to play on the river bottom in the sand! On Thursday night, we had hamburgers and hot dogs. On Friday night, we had party appetizers, and on Saturday, we had our delicious potluck dinner. We had plenty of food as always. Those attending the campout included: Mike and Kathy Ponce de Leon, Manuel and Sonja Cruz, John and Pat Mascaro, Charlie and Linda Engelbart, Guadalupe and Petrona Felix, Norman and Chickee Nelson, Norman Nelson III and Natalia Felix, Ventura and Genevieve Espitia, Tony and Becky Espitia, Alex and Lorraine Cruz, Rick and Jeanette Martinez, Keith and Nat Webber. We did have guests, but I do not have their names at this time. If you would like more information regarding the campouts, you may contact Mike Ponce de Leon at kathypdl3@gmail.com.

Save the date: **The Compton P.D. Reunion** will be held on Monday to Thursday, August 29 to September 1, 2022, at the Sunset Station, 1301 West Sunset Road in Henderson, Nevada. We are planning a luncheon on Tuesday, August 30, at 11:30 a.m. at the hotel. If you do not book a room at the hotel, you are still invited to attend the luncheon. More information later. Everyone is welcome. Sunset Station Hotel & Casino is pleased to offer the following rates for the Compton P.D. Reunion. Guest room rates are \$97.21 per room, per night. Monday to Wednesday, total of \$291.63 for the three nights. We realize that unforeseen things happen in nine months, but you can cancel your reservation 72 hours or more prior to arrival without penalty and you will get your deposit back. When you book the first

night, the price will *not* change even if the price of the rooms goes up! When you book, you will be charged \$75.22 (resort fees are not included) to hold the three nights. Call the reservations department at (888) 786-7389, identify yourself as attendees of the Compton P.D. Reunion and give *group code* "SCIPDR1" in order to receive the group rate. Cancellations less than 72 hours prior to arrival will result in the first night's room and tax penalty. If you have any questions, please call Norman Nelson at (310) 339-4979 or email him at storminnorman1@outlook.com. Please pass this information on to others.

We hope you are enjoying your retirement. That is what your retirement is for. We have one of the best retirements, so we are blessed. Take advantage of it. Until next month, take care. — Chickee Nelson ☆

Save
the
Date!

2022 Annual Lakewood Reunion Luncheon



Chili's Grill & Bar

4931 Candlewood Street, Lakewood 90712

Wednesday, January 26, 2022

11:30 a.m.

We're on again!

The Annual Lakewood Reunion Luncheon will once again be held at the local Chili's restaurant, which offers an open menu, full service and bar, plus all the conveniences we are accustomed to.

We don't need a headcount; we order and pay individually.
Libations are available COD.

No extra charge for anything, ever. Service tipping, social distancing and masks are optional. Fist bumping, backslapping and retelling old war stories, however, are required.

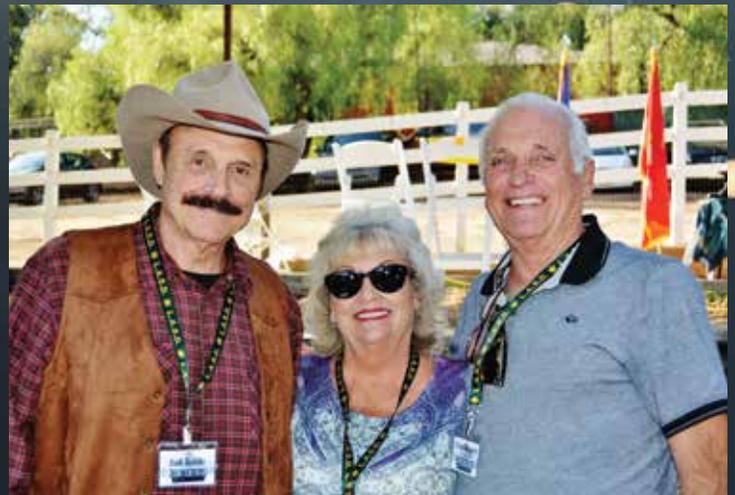
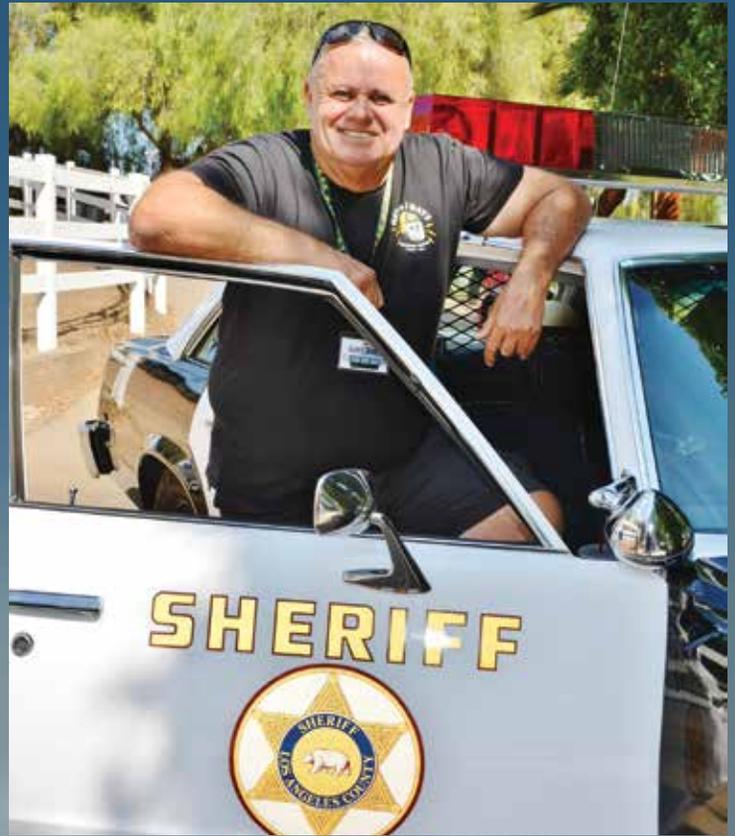
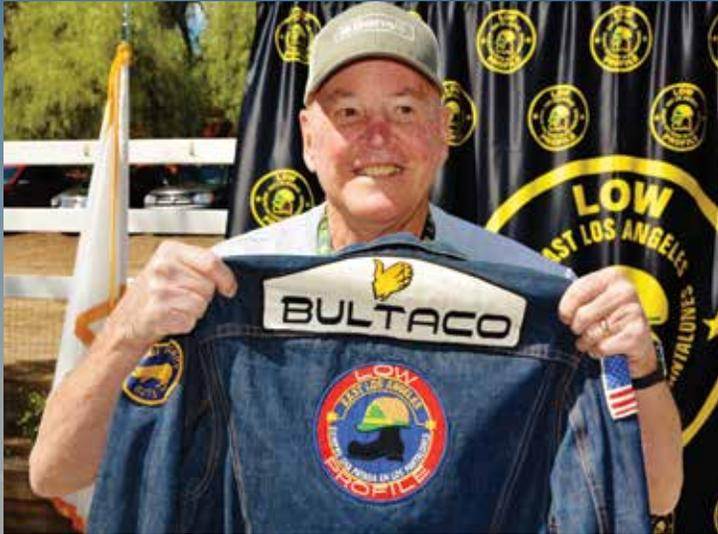
Everyone is always welcome, and we hope to see all of you there again this time.

For more information, please contact:

Keith Mohagen: kamohagen@aol.com • Mickey Reedy: rmickeyr@aol.com

Scenes From the East L.A. Station Reunion

The Sheriffs' Relief Association was proud to sponsor the East L.A. Station reunion last month. The gathering celebrated lifelong friendships made by retirees during their active years on the Department. ☆



SERRA RETREAT CELEBRATES 75th ANNIVERSARY

(1946–2021)

The weekend of October 1–3 marked the 75th anniversary of the Sheriff's Department Law Enforcement Retreat at the Serra Retreat house in Malibu.

Deceased Undersheriff Jimmy Downey and Commander Tom Vetter took great pride in Serra Retreat. For over 60 years, Tom mentored and continued his work with the Law Enforcement Retreat. On January 16, 2021, sadly, Tom passed away from COVID-19. Tom was so excited about the 75th anniversary celebration and made sure his committee continued on with his planning and work. The committee had a very special weekend honoring Tom for a life well lived, both personally and professionally, as well as celebrating Serra Retreat and our special law enforcement group. Tom's son, Joe Vetter, a sergeant with Mammoth Lakes, also attended this special retreat. Everyone was very happy to have Joe attend, and we all agree, "Joe is definitely his father's son!"

It began back in 1946 as a weekend retreat from the stress of a career in law enforcement and the many problems that occur during our daily lives. It has now developed into a nondenominational group of women and men from various ethnic and religious backgrounds. It's a time to reflect on one's personal life. Captain Merle Hess was the first woman to participate and was a regular until her death. In September 1971, during the start of the Department's Retreat weekend, Sheriff's personnel evacuated to the beach while a wildfire

raged through the canyons and surrounding hills. Many of the buildings at the Retreat constructed in the late 1920s were destroyed during the fire.

The Retreat house is a 38-acre Franciscan facility located on a hilltop in Malibu. The entire facility is surrounded by immaculately maintained gardens, multicolored flower beds, pathways and trails throughout the property. The entire area has breathtaking views overlooking the hills and beautiful Pacific Ocean. Unless you see it yourself, you will never realize how absolutely beautiful the area is. The Retreat house offers six home-cooked meals and voluntary presentations. The cafeteria is on site and is open 24 hours.

All those attending this 75th celebration received a beautiful memorial mug.

Julie and Michael Monteverde had taken a great picture last year of Tom at the retreat in a cowboy hat. They had the picture placed on canvas and on an easel. We had the cowboy picture by the reception area for everyone to see and enjoy.

Committee member Leo Bauer designed a 75th year Serra Retreat sterling silver memorial belt buckle. It is beautiful and can be purchased by anyone interested by contacting Leo.





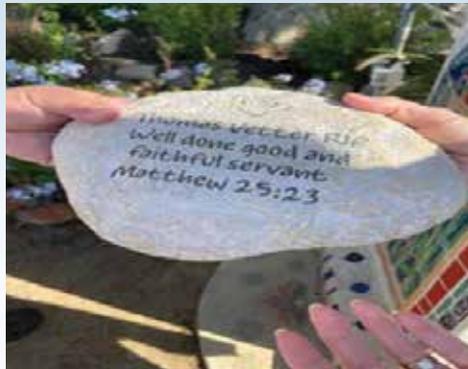
Committee member Andy Thompson, our historian, put together an excellent photo album of Department personnel who attended the Retreat house going back in time to 1946.

Committee members Tony and Sheila Martins purchased and donated an orange tree, which was planted in memory of Tom. Tony crafted a beautiful marble and granite plaque that recognized the life of Tom Vetter and was placed at the base of the tree. In addition, the committee worked and worked on the memory plaque trying to make sure we gave credit to Tom and to the Retreat house. Michelle Emeneger finalized the rough drafts and Tony Martins facilitated the beautiful memory plaque, which was hung in the reception area recognizing Tom Vetter and the Sheriff's Department's commitment to the retreat over the past 75 years. Jay Sevoian and Michelle Emeneger facilitated having a boulder



prepared and placed at the base of the cross in memory of Tom.

For the Saturday night celebration, Tony Martins purchased and donated 60 pounds of tri-tip and lots of beans and barbequed the meat to perfection. Everyone said that it was the best tri-tip they ever had! The Retreat cooks provided all the other great food for Saturday's celebration. The Retreat cooks did a fabulous job providing all the other six meals during the weekend.



Everyone is grateful to the Retreat Committee for their ongoing efforts. The Retreat Committee has been active for many years and always contributes their time, efforts and financial contributions to make the retreat a success; however, this 75th Law Enforcement Retreat required much more work and financial contributions. All the members dedicated their time and efforts by meeting regularly either by Zoom, text and phone calls.

Committee members:

- Patty Norris: (818) 381-7698
- Chuck Norris: (818) 381-7649
- Michelle Emeneger: (714) 293-3891
- Andy Thompson: (714) 293-5898
- Jay Sevoian: (661) 992-4369
- Chickee and Norm Nelson: (562) 760-0875
- John Valencia: (951) 316-3633
- Leo Bauer: (661) 388-9650
- Ingrid Jefferys: (909) 234-8151
- Tony and Sheila Martins: (562) 753-1963

Whatever your beliefs, you will find Serra Retreat a wonderful place to reflect on who you are as a human being and why you were put on this earth. It's an inspirational place to re-evaluate your moral beliefs and set your future goals. All religious denominations are invited to attend. The retreat is open to all members, both sworn and professional staff, active and retired, from all Los Angeles County law enforcement agencies. Spouses, relatives and friends are also welcome to attend.

The retreat dates for 2022 are September 30–October 2.

Any member of the Serra Retreat Committee can be contacted for information. We will be taking reservations in 2022. ☆



By Juan Sanchez and Tracy Stewart
Norwalk Station

SERVICE AWARDS

This month, several of our personnel were presented with service awards: Intermediate Typist Clerk Evangelina Morales for 35 years of County service; Intermediate Clerk Olivia Francis Munoz for 35 years of County service; Deputy Bruce Goldowski for 30 years of County service; and Deputy Israel Becerra for 15 years of County service.



ARREST OF THE MONTH (AUGUST)

The August arrest of the month went to Deputy Sergio Campos. Deputy Campos was patrolling an area known for stolen catalytic converters. During his patrol check, he saw a lone parked vehicle with the suspect standing outside of the vehicle. Deputy Campos exited his patrol vehicle and engaged the suspect in a consensual conversation. During the conversation, Deputy Campos saw in plain view a firearm wedged between the driver's seat and center



console. Deputy Campos detained the suspect pending a weapons investigation. Although the firearm was fake, Deputy Campos saw a second firearm in plain view under the seat cover of the driver's seat. The firearm was in good working condition and operable. It was loaded with nine live rounds and one in the chamber. Deputy Campos continued his investigation and found two additional firearms, firearm parts, magazines and ammunition. The suspect was a convicted felon. Deputy Campos charged the suspect with numerous firearm-related charges.

ARREST OF THE MONTH (SEPTEMBER)

The September arrest of the month went to Deputy Juan Bendezu. Deputy Bendezu conducted a traffic stop. Upon contacting the suspect, he recognized him as an active gang member. The suspect admitted to having marijuana in his vehicle. Deputy Bendezu recovered a folded piece of paper containing marijuana from the center console of the vehicle. Deputy Bendezu noticed the change holder tray in the center console was loose, he lifted it up and recovered a loaded firearm and two large Ziplock bags containing methamphetamine. The suspect was arrested for several weapons-related violations and, based on the large quantity of methamphetamine, the suspect was also charged with possession of methamphetamine for sales. Under *Miranda* the suspect admitted the firearm and methamphetamine were his.

DETECTIVE CASE OF THE MONTH (AUGUST)

The detective case of the month for August went to Detective Randy Meyers. Detective Meyers

investigated a fraud case in which the victim's credit union account had been compromised. After many leads and several search warrants, Detective Meyers identified the suspects and found the crime occurred in North Carolina, subsequently forwarding the information to the appropriate police jurisdiction. During his investigation, Detective Meyers worked with credit union personnel in North Carolina. The vice president of the credit union contacted Norwalk Station Detective Bureau, Sergeant Moreno and commended Detective Meyers for his professionalism, diligence and hard work involved in the case.

DETECTIVE CASE OF THE MONTH (SEPTEMBER)

The detective case of the month for September went to Detective Dustin Bernard. Detective Bernard was assigned to investigate a case of a robbery for which there was video of the event and a license plate to the suspect's vehicle. Detective Bernard obtained the phone number for the registered owner. He called her and learned that a male acquaintance was using the vehicle and had not returned it. He entered the vehicle into SVS as a felony vehicle. The vehicle and suspect were detained by South Gate P.D. The suspect was wanted by South Gate P.D. for several theft incidents. He responded to the scene and obtained incriminating evidence from the vehicle as well as the suspect's motel room. Detective Bernard was able to return over \$1,200 worth of property to the victim.

INS AND OUTS

We bid farewell to Lieutenant Tenaya Brown (Risk Management Bureau) and Sergeants Jose "JJ" Navares (Narcotics Bureau) and Ryan Kearns (Compton Station)

Additionally, congratulations to David Pantoja (East L.A.), Mayra Duarte (East L.A.), Deputy Juan Sanchez (MCJ), Detective Phil Fernandez (MCJ), Detective Corina Torrero (CRDF) and Detective Carmen Zamudio (Courts-CCB), who all promoted as sergeants.

We welcomed Sergeant Marcelo Sepulveda, who transferred from Court Services and newly promoted Sergeants Christopher Thoreson (Carson), David Duran (OSS) and David Rodriguez (OSS). ☆



LOS ANGELES SHERIFF'S DEPARTMENT BAND

By Dawn Anderson

Los Angeles Sheriff's Department Band

A TRADITION OF SERVICE THROUGH MUSIC

Thank you for the music!" A quote from a song by ABBA. In this song, ABBA demonstrates the importance of music for a life well-lived. The importance of music is widely accepted all over the world. Music is taught in schools because it is highly recommended for the development of the human brain. Your LASD Band has a school performance program ready to educate and entertain students from grade school to high school. Sprinkled throughout the recital, we show off each instrument throughout the band with a short recognizable melody and end with the conductor's baton that controls the speed and volume with which we play — not to mention keeping us all together. We have performed this program many times and love to see the eyes light up as children hear some instruments for the very first time. We hope that we will again be able to perform for schools as they start back to in-person classrooms.

No society on earth has been without music for as far back as we can trace. It is readily accepted that the first musical instrument was the voice, followed by a flute made by the Neanderthals. Of course, we have come a long way throughout the 5,000 years since that first flute was played. Martin Luther said, "My heart has often been refreshed by music when sick and weary." As your musical ambassadors, we thank you for the music and for giving us the opportunity to play.

The LASD Band is excited to be rehearsing and getting ready to perform once again. We were called upon to provide taps at sunset for the city of Lakewood for its 9/11 remembrance and lowering of the flag. Also, we sent our brass quartet to perform our national anthem for the Azusa Pacific University "We will never forget" 9/11 remembrance. We are honored to be the musical portion of these programs. And as Victor Hugo observed, "Music expresses that which cannot be put into words."

One of our extraordinary band members, performing with us since

July 2012, hails from Denver, Colorado. John Salazar first began his clarinet lessons in junior high school, after hearing the Denver Symphony perform for his elementary school. In addition to studying music in junior high, he joined Denver's Junior Police Band. He continued to play throughout his high school years, and after graduation joined the Navy. He was one of the lucky ones to be sent to the Navy School of Music. During his Navy career, his travels took him all over the world including the Mediterranean, South America, the North Sea and as far as Finland.

Continuing his education, he eventually earned his bachelor of arts and teaching credentials from Cal State Los Angeles. He went on to teach music in the elementary schools in the Norwalk and La Mirada areas.

Missing his performing days, he began to join community bands and currently performs with several Southland bands. Although John began his musical career on the clarinet, he now plays the saxophone with the LASD Band. He stated that the "sax was too heavy for him," but once he got a little older and grew taller, he changed over to the sax.



John explains that playing in the LASD Band provides a musical outlet and a chance to meet like-minded musicians. Many of our members attended the Navy School of Music during their service to our country and John has had a chance to "talk about the old days" with his Navy bandmates. We are lucky to have such a talented musician with the LASD Band.

As Thomas Carlyle said, "Music is well said to be the speech of angels." We believe this to be true. As your musical ambassadors and part of the musical community, we help to bridge the gap between citizens and deputies through the universal language of music.

Please call us for your Sheriff's Department musical needs and/or events, such as retirements, celebrations or holiday/patriotic festivities. We are here for you!

If you play an instrument or previously played an instrument, it may be time to dust it off and join the LASD Band. If you would like to have one of our bands perform for an event, either the dance band or concert band (subject to Department guidelines), please contact me at Dawn.LASDBand@gmail.com. Please visit our website at LASDBand.org. ☆





By Brittany Fraser
Parks Bureau

SEPTEMBER 7

Ever lose a 2-year-old? Or find one? Finding lost children in our parks can actually be pretty common here at Parks Bureau. However, usually the parents are also at the park, just out of sight. Well, not in this case.

A passerby who saw the toddler alerted Parks and Recreation staff at El Cariso Park. The 2-year-old boy was walking by himself on the sidewalk of Hubbard Street, along the north side of the park.

P&R staff found the boy and immediately flagged down Deputy Scott Peterson, who happened to be patrolling the park — talk about the right place at the right time!

Deputy Peterson quickly requested help from Deputy George Howard. Together, they rapidly developed a plan. Deputy Peterson sent a photo of the boy to other deputies and stayed with the boy while Deputy Howard started making PA announcements.

After no response inside the park, Deputy Howard drove up and down the surrounding residential streets making PA announcements. “If you have lost your child, come to El Cariso park!”



The boy’s mother, who was inside her home two blocks away from the park, heard Deputy Howard’s announcements. When she heard the repetitive announcements, a thought came into her mind, “Gosh, whoever lost their kid, I sure hope they find him.”

As she began to check the house for her baby, she finally connected the dots: “Wait, that’s my 2-year-old!” She raced over to the park per the PA announcement directions! What a reunion there was!

Meanwhile, that same day...

September 7 also brought some smiles into the office at PKB headquarters. Here, Sherri is presenting a beautiful cake as Betty’s birthday was celebrated. Betty has been assigned to Parks Bureau for over 10 years. Happy birthday, Betty!



NOT IN OUR PARK!

LAPD’s 77th Division Gang Enforcement Detail notified us that a Rollin’ 90s (Crip) “Hood Day” was planned for Friday, September 10, at Jesse Owens Memorial Park. Rollin’ 90s Crips do frequent Jesse Owens Park; however, this event had the potential

to bring hundreds of gang members to the park at once.

So, with this information, our Parks Bureau South Zone security officers, deputies and sergeants had a plan. South Zone personnel quickly briefed at the Southwest College (Imperial Hwy/ Western Avenue)

parking lot. A caravan of 10 sheriff vehicles drove from Southwest College, southbound on Western Avenue to Jessie Owens Park.

And then, complete saturation at every angle. They remained at high-visibility locations and continuously searched Jessie Owens Park for any gang members who might be engaged in illegal activity.

When the team arrived, they were met by citizens who thanked them for their presence. It wasn’t long, however, when the team’s attention was drawn to a group that was dissatisfied with their presence. The group knew it was official: party canceled, game over.

The gang members pushed back a little by making derogatory comments, attempting to provoke a negative response. Of course, our South Zone personnel demonstrated the utmost professionalism. Gang members were warned and advised about littering and loitering, while one parolee was detained.

Our presence was felt and made an impact. Families enjoyed the park as we prevented gang members from taking it over. Excellent work by all those involved!

FINAL DODGERS RBI CLINIC

Parks Bureau personnel participated in the final Dodgers RBI Event on September 21 at Belvedere





Park, and on September 22 at Rogers Park. We can't wait until next season with them!

HAD A BAD DAY?

Well then, take it out on the training dummy!

After some coordination by the shift sergeant, South Zone personnel conducted some training with the 40MM. A little practice never hurt anyone!

DIVE, FROM AIR 5

On September 14, Parks Bureau hosted dive training at Pyramid Lake. The training was at the annual LASD PSD (Public Safety Diver) course. The course is open to California public safety divers.

While on the ground, divers systematically climbed into Air 5. With fins and tanks, it was surprisingly graceful and less cumbersome than one might imagine. After everyone was inside, Air 5 lifted everyone up carrying the group over the lake.

continued on page 16



As the airship began to lower over the water, the calm lake instantly appeared like raging seas, created by the heavy winds from the blades. They gracefully lowered to a hovering position of about 15 feet above the water, the most vulnerable position for the helicopter.

One by one, the divers jumped out after

receiving the signal from flight personnel with headsets. The divers jumped in a rapid succession as only seconds filled the gaps between jumps. As Air 5 slightly moved forward at an unnoticeable speed, the divers in the water looked like stars in a constellation.

After the last diver jumped, Air 5 raised up,

for the first relief to the divers in the water from the heavy winds. Divers then swam to LASD personal watercrafts to be taken back to the dock.

After a short break on shore, divers climbed back into Air 5 for another jump. What an adventure! ☆



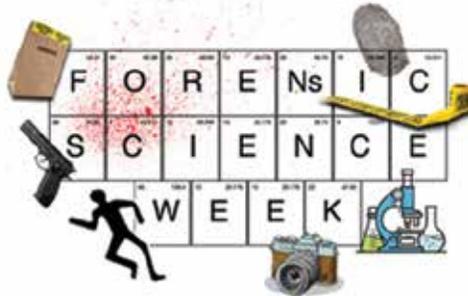


By Team SSB
Scientific Services Bureau

SSB CELEBRATES NATIONAL FORENSIC SCIENCE WEEK, SEPTEMBER 19-25

Forensic Science Week is a collaboration between the American Society of Crime Laboratory Directors, the Major City Chiefs Association, the Major County Sheriffs of America, the International Association of Chiefs of Police, the Association of State Criminal Investigative Agencies and the Consortium of Forensic Science Organizations. The week recognizes the important role that proper forensic science plays in the investigation of crimes throughout the nation, from exonerating the innocent to identifying the guilty.

Scientific Services Bureau celebrated the week with some fun and games and lots of laughs. There was Bingo held over Webex, daily forensic puzzles/challenges delivered to everyone's



email, as well as an outdoor food truck event and director vs. director competition with our LAPD neighbors. SSB also competed in a statewide virtual trivia competition hosted by the San Diego Sheriff's Regional Crime Lab. Both teams did

well, but ultimately, Las Vegas Metro Lab won the competition and will host trivia next year.

There was a wide variety of events to ensure that everyone, no matter their role at the lab, was able to participate in something. Hosting Bingo via Webex enabled the entire Bureau to participate from wherever they were in the County and proved to be so popular that some SSB personnel would like Bingo to be a regular occurrence! The week was a great success and gave everyone who participated a chance to decompress and celebrate the great work that they do year-round to serve the communities across Los Angeles. ☆



Team "Gold-Standard" waiting for trivia to begin.



Team "Hertzberg's Heroes" ready for trivia!



Our Latent Prints Unit picked up a 52-inch pizza to celebrate the week.



A group from our Downey Lab celebrating the week!



Some of the Latent Prints crew modeling their forensic-themed shirts.



A group from the DNA Unit poses in their forensic T-shirts.



Director Grose and Assistant Director Anozie call Bingo from "Bingo HQ" in Operations.



By Shree Gulley
Emergency Operations Bureau

The *Star News* welcomes back the Emergency Operations Bureau (EOB)! To kick things off, I'd like to introduce you to the Tactical Planning Unit. The Tactical Planning Unit is responsible for coordinating the emergency response of personnel and equipment to assist Sheriff's stations/units and outside police agencies in the management of large-scale events (natural disasters, manmade catastrophes and public gatherings likely to overwhelm the initial response). The Tactical Planning Unit is also responsible for staffing and managing annual preplanned events that include the Tournament of Roses Parade, elections, Christopher Street West Parade and the West Hollywood Halloween Carnival, as well as assisting the Injury and Health Support Unit in coordinating funerals. The Tactical Planning Unit is responsible for conducting annual inspections of the Emergency Operations Centers for units throughout the Department to ensure readiness in the event of a major disaster. The unit has the responsibility of assisting with policing services as they relate to labor relations. In January, the Tactical Planning Unit organized the Department's response to the 2021 presidential inauguration to assist the Metropolitan Police Department of the District of



Dep. Roger Bertola, Sgt. Robbie Royster, Lt. Bob Wiard, Sgt. Jason van Genderen and Dep. Joe Medina

Columbia with security services, an honor bestowed upon the unit for many years.

In recent years, the Tactical Planning Unit assumed the responsibility of staffing the NFL Chargers games at the Dignity Health Sports Park in the city of Carson, home to the L.A. Chargers and

Galaxy sports teams at the time. In 2020, the unit began working with Inglewood Police Department to staff events at the new state-of-the-art SoFi Stadium. Since January of this year, the unit has staffed 23 events (NFL games and concerts) at the 75,000-seat capacity venue (the stadium has the capability of expanding up to 100,240 seats for mega events, such as the Super Bowl, Summer Olympics and other major events). Staffing such events is no easy task, but the unit accomplishes the assignment each and every time. Not only are they experts in the field of planning, they are also experts in the administrative areas of contracts and billing.

To watch the Tactical Planning Unit in action is very impressive. In addition to performing its regular duties and responsibilities, the unit took on the responsibility of aiding with the COVID-19 vaccination clinics throughout the County of Los Angeles. These vaccination clinics provided an opportunity for all Department members to receive the COVID-19 vaccine in a safe and convenient environment. Members of the Tactical Planning Unit also assisted Special Enforcement Bureau, Emergency Services Detail (ESD) in the COVID-19 Homebound Vaccination Project, a project that allowed for LASD personnel to vaccinate individuals who are confined to their homes.

During one of these visits, Deputy Joe Medina met Mrs. Alice Carusello, who welcomed him into her home, shared her life story with him and apparently took an immediate liking to him. Deputy Medina affectionately referred to Mrs. Carusello as "Rosie the Riveter" as she shared with him that she



Dep. Joe Medina with Mrs. Alice Carusello

was a riveter at the age of 18 during World War II. Deputy Medina was impressed with the fact that Mrs. Carusello, age 96, lived alone, cooked and cleaned for herself, and maintained an immaculate home with vintage furnishings.

The Tactical Planning Unit consists of Lieutenants Robert Wiard and Carl Ekstrom, Sergeant Robbie Royster, Sergeant Ingrid Jefferys, Sergeant Jason van Genderen, Sergeant Joe Fortelny, newly assigned Sergeant Adam Wright, and returning to the unit after promoting to sergeant is Fred Nunes Jr.



Retired Sgt. Jim Sully, Dep. Joe Medina, Sgt. Jason van Genderen, Dep. Dale Lovvik, Dep. Christine Shaffer, Lt. Bob Wiard, Sgt. Ingrid Jefferys, Dep. Roger Bertola, Sgt. Fred Nunes Jr., Sgt. Joe Fortelny, Sgt. Adam Wright and Sgt. Robbie Royster

Our deputy personnel include Deputies Christine Shaffer, Joe Medina, Roger Bertola and Dale Lovvik. Retired Sergeant Jim Sully remains a member of the unit as a 120-day employee, performing duties as a subject-matter expert and an instructor in emergency management. As with many traditions, the Sully legacy will continue on the Department as both of Jim's sons, Steven and Daniel, are deputies assigned to Carson Station. And following in their father's footsteps, Steven and Daniel serve on IMTs (Incident Management Teams).

A fond farewell goes out to Sergeant John Finney, who recently transferred to Lakewood Station. During his tenure at EOB, Sergeant Finney was instrumental in the planning of funeral services for fallen Deputy Thomas Albanese and the Department's COVID-19 vaccination project. We wish Sergeant Finney well at Lakewood Station!

The Tactical Planning Unit, Logistic Section is commonly referred to as The Barn. The Barn is located at Stars Center and houses all of the emergency response vehicles and equipment, including the 53-foot Mobile Command Post, the 42-foot Mobile Command Post, the 38-foot Mobile Command Post, two Strong Watch Trucks, one Logistics Truck and portable



Dep. Miguel Aguilar, Dep. Jaime Huerta, Dep. Hector Rosas and Sgt. Klaus Girmes

generators. The staff includes Sergeant Klaus Girmes, Deputy Elwood (Woody) Crane, Deputy Miguel Aguilar, Deputy Jaime Huerta and newly assigned Deputy Hector Rosas. In addition to preplanned events, this year, the unit has deployed Mobile Command Posts on occasions such as assisting Special Enforcement Bureau (SEB) and Homicide Bureau during callouts, providing logistical support to Sheriff's stations and assisting outside law enforcement agencies.

In closing, we would like to extend congratulatory retirement wishes to Captain Leonard McCray, Sergeants John Quiroga, Richard Floyd, Clipper

Hackett and Peter Jackson, and Deputies David Wendlandt and Jeffrey Tesdahl. We'd like to congratulate Carl Ekstrom and Roberto Hernandez on their promotions to lieutenant, and welcome back Carl Ekstrom as the operations lieutenant. We'd also like to congratulate Anselmo Gonzalez on his promotion to sergeant. Last, but certainly not least, congratulations to our new captain, Charles Norris! Having been assigned as a Tactical Planning Unit and operations sergeant and the operations lieutenant, Captain Norris is the prime person to serve as the unit commander of EOB. Best of luck to you all! ☆

☆ IN MEMORIAM ☆

CARLOS A. CASILLAS	RETIRED 03-23-98, DECEASED 09-12-21	PDC SOUTH FACILITY/SERGEANT
MICHAEL CROOK JR.	ACTIVE, DECEASED 09-05-21	PDC SOUTH FACILITY/CUSTODY ASSISTANT
CAMERON B. FISH	ACTIVE, DECEASED 09-16-21	COURT SERVICES CENTRAL/DEPUTY
MICHAEL D. HOLMES	RETIRED 03-31-11, DECEASED 08-12-21	LOMITA STATION/DEPUTY
CHARLES "CHUCK" R. INGRAM	RETIRED 03-15-04, DECEASED 08-31-21	ANTELOPE VALLEY STATION/DEPUTY
DANIEL "BEAR" A. KOLEDI	RETIRED 10-30-90, DECEASED 08-27-21	CU/RCH/DEPUTY
RICHARD E. LUSKLEET	ACTIVE, DECEASED 09-25-21	MCB/CIVILIAN INVESTIGATOR
LOUIS J. MADRID	RETIRED 03-30-19, DECEASED 09-21-21	CRDF/SERGEANT
FERNANDO L. MENDOZA	RETIRED 02-02-11, DECEASED 05-07-21	NCCF/GENERAL MAINT. WORKER
BETTY L. MORGAN	RETIRED 09-02-98, DECEASED 09-23-21	PDC SOUTH FACILITY/LAUNDRY WORKER
MARCUS D. MYRMAN	RETIRED 01-29-86, DECEASED 09-15-21	SRC/SERGEANT
BART A. NATISIN	RETIRED 06-29-84, DECEASED 09-12-21	DSB/DEPUTY
CYNTHIA M. RIBILLA	ACTIVE, DECEASED 09-19-21	CCB/SECURITY OFFICER
BERNICE RILEY	RETIRED 07-05-83, DECEASED 09-06-21	PERSONNEL BUREAU/DEPUTY IV
WILLIAM M. ROSENSTEEL JR.	RETIRED 03-31-86, DECEASED 08-22-21	TST/LIEUTENANT
GUADALUPE RUBIO	RETIRED 10-31-20, DECEASED 09-23-21	LOMITA STATION/STATION CLERK
HERBERT J. SULLIVAN	RETIRED 03-21-83, DECEASED 08-03-21	MARSHAL'S OFFICE/LIEUTENANT
DOREEN L. THIGPEN	RETIRED 03-09-01, DECEASED 08-25-21	RIB/LIEUTENANT
ANNETTE CARTER, SPOUSE OF ACTIVE MEMBER THOMAS W. CARTER, DECEASED 08-21-21		
KATHRYN "ELAINE" CLINE, SPOUSE OF DECEASED MEMBER ROBERT CLINE, DECEASED 08-27-21		

TEAM *TEMPLE*

By PIO Team
Temple Station

CPOA AWARD

Temple Station's Rosemead Team received an Award of Distinction from the California Peace Officers Association for its efforts in working with the community to address illegal activities. The team's positive impact was recognized by the CPOA and the Department.

Thank you for your professionalism, dedication and commitment to the community. Great job, and keep up the great work! The award recipients were Lieutenant Tony Duong, Sergeant Jose C. Carbajal and Deputies Andres Arcila, Jaime Barrios, Ryan Douglas, Jim Farley, Anthony Ledesma, Jaqueline Morales, Christopher Ponce and Jose Villanueva. Present alongside them to receive the award were Temple Station Captain Mark A. Reyes and Lieutenant Joe Hernandez.



CRIME ANALYST

We truly wanted to recognize our Crime Analyst Carlos Hernandez. He is our behind-the-scenes guy that day-in and day-out does an excellent job for

the Station, and the Detective Bureau in particular. His workups, wanted flyers and crime analysis have undoubtedly increased officer safety and assisted in the capturing of wanted suspects.

He has always come through with stats, charts and graphs to make our job easier, and his work does not go unnoticed. Thank you again, Carlos, for a job well done!



STATION FACELIFT UPDATE

Kudos to one of the masterminds of the Station facelift, Sergeant Jeff Serpa. Jeff has really done a great job in figuring out what photos to put up and where. Our hallways have slowly been filled with





place in order for us to have a better understanding of the importance of this run. Many plaques have been put up on our wall, and with the group of runners we have this year, it should be a truly great outcome. Everyone beware, Temple is going to be a strong team, Temple strong!

TEMPLE RANGE QUALIFICATION

As with all sworn personnel, let's make sure we get our basic shooting requirements in. Deputies Yen To and Eduardo M. Rodriguez were out there qualifying, and afterward (while cleaning up after themselves), talked about their targets downrange. Look closely and you can see Deputy Rodriguez's muzzle flash. Great work, team!

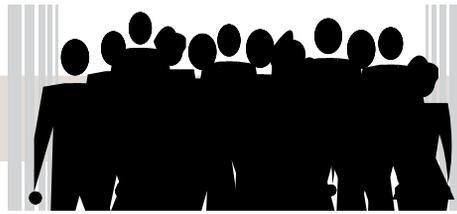
great moment shots of many of our personnel. We can't wait to see the final products that will fill our Station. Please come and visit us and see how it has progressed!

BAKER 2 VEGAS PREP

It's that time of the year when Temple Station groups up with their ace runners in preparation of the annual event. Meetings and runs have been taking

continued on page 22





PEER SUPPORT PROGRAM

By Rachel De Hoyos

WHAT ARE YOU THANKFUL FOR?

This year, I have plenty to be thankful for, especially with all the blessings in my life.

But this season, I am also thankful of the members of the Peer Support Program (PSP) who put the needs of their peers before their own. I have seen the countless hours of time and dedication of the members of the program and how they truly want to be there to help a fellow peer in need. So, this year I am so thankful and grateful for the PSP members and their continued voluntary service to the program.

We are always in need of new members, and like I have said before, PSP ceases to exist without the members' continued support. If you are interested in becoming a PSP member, please reach out to me (rdehoyo@lasd.org) and I will send you the application to get you started.

Below is a bit more general information about the program provided by Psychological Service Bureau (PSB).

The Peer Support Program provides a way for employees to talk confidentially about personal or professional problems with a trained co-worker who understands. PSP is a valuable resource for employees who prefer speaking to fellow peers who have "been there" and can relate to their situation on a peer-to-peer level. Should professional services be indicated, the peer supporter facilitates referrals to the appropriate services (e.g., Psychological Services Bureau, Peace Officer's Fellowship, Substance Abuse Resource Program, Chaplains Program, insurance provider, etc.).

Peer Support duties are done primarily during off-duty time. Our PSP members volunteer their

personal time to help other employees who may be going through a difficult period. With the unit commander's approval, Peer Support duties may be conducted on duty when a need arises.

PSP members include both sworn and civilian/professional staff of varying ranks. We encourage *all units* to have Peer Support members, as this offers employees a valuable resource to help them with life stressors that may cause emotional discomfort.

Remember, you can always reach out to me if you have any questions about the program. As always, if you need some guidance/resources, reach out to Psychological Service Bureau at (213) 738-3500. We have a great team of psychologists, chaplains and PSP members who are available to help. Our services are free and, more importantly, *confidential*. ☆

Temple Station *continued from page 21*



EARLY HALLOWEEN PRANK

On a spooky night in September, Sergeant Ed Luna walked out to his Tahoe and saw a white cloud surrounding him. "Who was using a fog machine and playing spooky sound effects? It's

not even Halloween yet," Sergeant Luna thought to himself. He then realized it was his Tahoe overheating in the Station parking lot. The Tahoe was quickly sent to the Station mechanics shop for repairs and disappeared mysteriously into the

night. The tale continues that the Tahoe would return on Halloween night, when the wolves howl and stars aligned correctly.

Until next time, always stay positive and be safe! ☆



Desert Dirt

By Scott Sorrow
Lancaster Station

CHANGING OF THE GUARD

Lancaster Station welcomes many new faces and says goodbye to many. First, a big aloha to our new unit commander Captain John Lecrivain, who is quickly learning that this Station is one whirlwind after another. Congratulations to newly promoted Sergeants Jose Martinez, David Keesee, Joshua Bean and Chadren Horning as they move on to new stations and jail facilities as supervisors. Best wishes to Sergeants Anthony Delia, Jason Viger and Charles Weathers as you move on to your new endeavors. Welcome aboard to Sergeants Mourad Kabanjian, Gustavo Munoz, Jeremiah McNutt, Javier Hernandez and Shane Wolf. And last, but not least, happy trails to Deputies Thomas Early and Johnathan Lee.



WINTER COATS

Every year the United States designates September 12 as National Police Woman Day. The day celebrates all the contributions of female police officers who wear the badge. Approximately only 10% of the police force in the United States is made up of women. Here, at Lancaster Station, we are blessed to have two of the hardest working female deputies on the Department. Our dispatch frequency here is quite often sonically seasoned with their voices doing the Lord's work in the field. I'm speaking of none other than Lancaster Station Deputies Lia Winter and Terrie Coats.

POSITIVE IDENTIFICATION

Who is the line deputy that may possibly be going by the alias of "Duke"?

What line deputy was caught working out in a gym and needed two 4-year-olds to help spot him with the weights?

What Station detective went 10-15 with a mannequin head during a recent investigation in Lake Los Angeles?

LANCASTER HISTORY ITEM OF THE MONTH

The first modern era Sheriff's office in the city of Lancaster was located at 44845 Cedar Ave. It was built in 1938, and Sheriff's deputies went 10-8 out of the building up until Antelope Valley Station was opened in 1961. This was the only Sheriff's office at the time in the Antelope Valley. It provided service for approximately 1,300 square miles. Deputies did not have radios in their patrol cars during those days. They relied on a red light that was atop a water tower that was outside the station. If the red light lit up, the deputies knew to find a phone somewhere and call the station. The station itself was part of a complex, located at the southwest corner of Cedar Avenue/Lancaster Boulevard, which also included a library, memorial hall and courthouse. The complex still exists now and is called the Cedar Avenue Complex. The actual Sheriff's office is now the OUTreach center,



which provides resources for the LGBT community in the Antelope Valley. I recently took photographs of the building. The rear building behind the center was the actual jailhouse from 1938-1961. The jail bars in the windows are still present. ☆



(Holiday Shopping Made Easy!)

LASD Pride That Sparkles



Gold Badge Necklace
Also available in sterling
silver (\$80.25)
\$199 Item #: 1523



Gold Badge Stud Earrings
Also available in silver (\$79)
\$249.99 Item #: 1514

Hall of Justice/A Tradition
of Service
2 oz. Silver Coin .999
Presentation box included
\$105 Item #: 1567



LIMITED
EDITION!



Ladies' LASD Badge
Bulova Watch
\$114 Item #: 1543



Men's LASD Badge
Bulova Watch
\$114 Item #: 1542



G-Shock 200m
Water-Resistant Watch
Item #: 1546

Gifts for Everyone on Your List



LASD Badge Pearl/
Diana Bracelet
\$15.50 Item #: 1522



LASD Woven Dome Toggle
Four-Charm Bracelet
\$17.99 Item #: 1521



LASD Sheriff Bomber Jacket
Colors: military green
Sizes: S-3X
\$49 (3X: **\$50**) Item #: 2139



Nice Until Naughty Onesie
Sizes: 6, 12, 18 months
\$10 Item #: 2179

WHILE SUPPLIES LAST!



Firebase Hoodie
Colors: black, ranger green
Sizes: M-2X
Item #: 1403



Callaway Golf
Clubhouse Pack
\$14.99 Item #: 0596



LASD Sheriff Holly Patch
Lucite Ornament
\$5.99 Item #: 1931



LASD Future Sheriff Piggy Bank
Colors: blue, pink
\$14.99 Item #: 0590

For more info, visit SheriffsRelief.org/store

SHERIFFS' RELIEF ASSOCIATION EMPORIUM LOCATIONS:

STARS Center, Whittier (562) 946-7271

PJP Rancho, Castaic (661) 257-5320

NEW SATURDAY HOURS: 8 A.M. TO 4 P.M.



EARPIECES

Tactical Communication

Fox Clear Acoustic Speaker Kit

Allows officers to hear communications clearly and prevents suspects from hearing what could turn a situation against them in a hurry. Formed with high-grade surgical tubing, which is attached to high-grade speaker that connects to shirt collar.

Item #: 0762



Micro Sound Tubeless Listen-Only Earpiece

Tubeless microspeaker technology delivers clear audio with no obstruction or sound loss. Easy-swivel speaker rotates 180 degrees for left- or right-side use.

Item #: 0763



Hawk Lapel Microphone With Easy-Connect Guide

Lightweight, concealable and discreet. Features on-target visual alignment that improves the ease of connection to the radio, reducing wear and tear.

Item #: 0760



Hawk Micro Sound Speaker Lapel Microphone With Easy-Connect Guide

Micro sound earpiece delivers unobstructed sound. No sound loss, moisture buildup or tube maintenance. Includes Fin Ultra ear tips for all-day comfort.

Item #: 0761



To see all other options, please refer to the Emporium website at [SheriffsRelief.org/store](https://www.SheriffsRelief.org/store).

Why spend elsewhere when you can keep your money **GREEN** with SRA? Check us out today!

Sheriffs' Relief Association Emporium locations: [SheriffsRelief.org/store](https://www.SheriffsRelief.org/store)

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 257-5320

Monday-Friday From 9 A.M. to 4:30 P.M.

Monday-Friday From 9 A.M. to 5 P.M.

Closed on Saturdays Until Further Notice

**LOWEST PRICES
GUARANTEED!**

See a Lower
Price in Any Store?
We'll Beat It!

ACCESSORIES

Everyday Essentials

Walker's Game Ear Razor Sole Electronic Earmuff

Protects hearing with sound-dampening composite housing. Comes with a single exterior mic and a pleather-style headband. Features low-profile ear cups and soft ear pads. Available in black.

Item #: 0705



Safariland Open-Top Belt Slide Concealment Holster

Engineered specifically to accommodate light-bearing handguns. Boasts a two-in-one design, as it securely fits the firearm with or without the light attached. Available in black, right-hand draw. Fits S&W M&P 9mm/.40, Glock 17 (Gen 1-5), Sig Sauer P320 and more.

Item #: 1808R9/40



Safariland Single Strap Leg Shroud With Drop Flex Adapter

Add-on part for Safariland holsters. Replaces the standard vertical leg strap and raises the height of the system on the thigh for increased stability. Accepts belt widths between 2–2.25 inches (50–58 millimeters). Available in black.

Item #: 1863



Safariland Quick-Locking System Kit

Constructed with injection-molded nylon, the receiver plate can be attached at different angles according to user preference. Quick-locking system allows for swift transfer of gear between attachment points.

Item #: 1864



Rigid Gen. 7 C-A-T TQ Case

Blade-Tech TekLok belt attachment fits up to 2.25-inch belt. Can be mounted vertically or horizontally or attached to a Safariland drop-leg shroud. Easily mounts to duty, patrol and pistol belts. Available in black.

Item #: 0838



WE'RE NOT IN IT FOR PROFIT — WE'RE HERE TO SERVE YOU.

The SRA Emporium is dedicated to providing the gear Los Angeles Sheriff's Department personnel need at unbeatable pricing, guaranteed.

Support the efforts of the Association by making the Emporium your first stop for tactical equipment, LASD merchandise, and gifts for friends and family.

**SUPPORT
THE STAR**



Shop SRA Emporium

FROM THE DOCS

UNDERSTANDING WHO IS IN YOUR RELATIONSHIP CIRCLE

By Li-Ting Chao, Ph.D.

After working two shifts straight, your close friend calls and instantly starts to talk about his marriage and work. This is the third time this week he has called, but he never seems to answer your call promptly when you need an ear. Not only does he vent about his problems, but he also asks you to grab a drink with him. Despite feeling stretched thin at work and probably needing to rest before a family gathering the next day, you can sense that he is desperate for your help, and the rescuer nature in you does not hesitate to respond. You do not want to disappoint him, so you go and offer help. But the thing is, after meeting him, you go home feeling exhausted and irritable about what you heard. The situation left you with no energy to attend to your self-care and family. After that night, you remind yourself not to do this again, but you find yourself in the same situation time and time again.

We can probably all identify with this individual — feeling good about providing care for those in need, while feeling burnt out for giving far beyond ourselves. In my many years of clinical practice as a law enforcement psychologist, relationship issues seem to remain a consistent reason among our employees for seeking counseling. Oftentimes, it is not necessary that their job causes them stress; rather, it is certain types of personal relationships that cause them to feel exhausted, taken advantage of or burned out. There is no doubt that the solution for these relationship issues would be to set healthy boundaries. However, before we enforce healthy boundaries, it is vital to gain insight into

our relationship patterns by asking who is in our social circle and what relationships do we spend most of our time and energy on.

In Dr. John Townsend's book *People Fuel*, he introduces a model of the different types of relationships called the Seven "C's." This model will help you recognize what relationship you invest most of your time/energy in and to determine which category of the Seven "C's" you would need more or less of:

1. Coaches are individuals who we seek guidance, direction or mentorship from. They are the most knowledgeable on the topic for which we seek their guidance, direction or mentorship. They know how to coach and focus the time you spend with them on you. They do not need you to be a mutual friend or buddy in order to coach you.
2. Comrades are individuals or groups who know the most about you and accept the way that you are. You also have mutual understanding of them and accept them as they are. You help each other to grow and want mutual improvement for each other.
3. Casuals are individuals who are good positive people who you share casual positive experiences that are mainly in the moment. Eventually, they may one day become comrades.
4. Colleagues are individuals who you work with. You usually do not have a choice about who you work with, but it is good to try to work with competent, relationally oriented and teamwork-focused colleagues.
5. Care are those individuals who you help in times of need and you are the one able to provide support. This can be volunteering to coach a youth baseball team. You want to be mindful of not spending too much time/energy in too many care relationships.
6. Chronics are individuals who are generally good, but tend to have a lot of problems that rarely go away. They do not learn from their experience to correct the problems; therefore, they tend to want to spend time with you seeking the same advice time after time. They seek your time mainly due to your caring and supportive nature, rather than them wanting to apply your advice.
7. Contaminants are individuals who tend to have bad motives. They are envious and have a desire to divide and damage others.

From time to time, we can all benefit from using the Seven "C's" model to categorize the type of people in our social circle, especially during times of feeling exhausted or burned out. Using the Seven "C's" model in your social circle will help you find and engage with the right relationships. Having a social circle with mainly coaches, comrades and casuals will improve your self-worth and well-being.

If you would like to learn additional resources to manage stress and enhance your relationships, please contact Psychological Services Bureau at (213) 738-3500 to schedule a confidential appointment. You can also connect with a trained peer supporter or chaplain for confidential support by calling PSB and asking to be referred to one of these supportive resources. ☆

**Does Sheriffs' Relief have your current address?
Are your beneficiaries up to date?**

Call SRA at **(562) 946-7081** or **(800) 544-4772** today.

You can also go to www.sheriffsrelief.org to contact us.



By Jonathan Loo and Ramon Montenegro
Transit Services Bureau

“YOU LOOK PRETTY GOOD WITH ALL THEM STRIPES!”

This month, we welcomed back some of friends who look pretty much the same, only with more stripes! Sergeant Mike Beshai was an accomplished TSB explosives detection K-9 handler before promoting. One of the highlights of his previous tenure here was when he took charge of a 13-year-old cancer patient who dreamed of being a police K-9 handler. TSB had him honored as “K-9 Deputy for a Day.” Beshai showed him the best time ever and truly made him feel like a real deal K-9 deputy!

When Sergeant Chris Blomquist was here as a rail patrol deputy, he and his partner saved the life of a man who had overdosed and was breathing his last breaths at a bus stop in the Firestone area of L.A. Not only did they both receive the Sheriff’s Life Saving Award, but he and his partner were featured on KNX 1070 Newsradio’s “Heroes of the Week” segment.

Clearly one of the hardest-working ladies on this Department is Sergeant Tammy Carney. She spent many years at Sheriff’s Transit, working as a patrol deputy and then as a team leader deputy, handling numerous assignments including

assisting in the training of Metro personnel.

When Sergeant Eric Moyer came to us as a patrol deputy, he was quickly tapped to join our Threat Interdiction Unit due to his outstanding fitness regimen and eagle eye for spotting the details!

The longtime “scheduling deputy” returns. Sergeant Eddie Salazar was once part of a small team that was responsible for scheduling over 600 personnel working the now former Transit Policing Division.

Although all of these pros had to leave us once they promoted, all of our newly assigned sergeants bring back a wealth of transit knowledge and experience to TSB. Now they have the opportunity to share that knowledge with our younger personnel. We are lucky to have them back!

BUS, TRAIN OR ... PUSH?

So our intrepid deputies, Dorian Penn and Jennifer Villafana, were patrolling the Willowbrook/Imperial Metro station when they came upon this sweetheart who uses a wheelchair.

We’ll call her “Ms. Consuelo.” She routinely rides the Metro system to get to her medical appointments and to visit family. She usually calls her husband to come to the station and push her home. Unfortunately, she was unable to reach him



and, although she lives near the station, was not able to roll herself home.

Thankfully, as you can see, our dynamic duo took Ms. Consuelo the “final mile” and pushed her home safely. Ms. Consuelo and her family were overjoyed at the kindness and dedication to service shown by our deputies.

Since 1990, our commitment to our Metro patrons remains strong. In the coming months, you’ll see even more innovation in our continuing partnership with Metro to keep patrons safe!

continued on page 30





The Chaplain's Notebook

By Chaplain N. Trujillo
Century Station

A DECISION MUST BE MADE

As our days get harder and harder, it is more important than ever to decide who and what we believe in.

In the book of Joshua, we read that Joshua had been successful in leading the children of Israel. Under his leadership, they went from squabbling refugees to a cooperative nation. They learned that victory comes through faith in God and obedience to His word. It did not come through military might or numeric superiority.

After having fought many battles and having experienced many things with his men, Joshua felt the need to bring the people to a point of reflection and decision one last time. In his last recorded public address, he leaves them with both a challenge as well as a self-declaration:

“And if it seems evil to you to serve the LORD, choose for yourselves this day whom you will serve,

whether the gods which your fathers served that were on the other side of the River, or the gods of the Amorites, in whose land you dwell. But as for me and my house, we will serve the LORD” (Joshua 24:15).

Following God used to be considered noble and desirable. But society has found a way to villainize faith in God and some even consider it “evil.” Today, we have the same choices: The influence of our current toxic society, or an encounter with the one and only true God of the Bible.

The children of Israel remembered all that God had done for them and they decided to obey the Lord. If you make the personal decision to follow God, it is important for you to obey the word of God. God is always speaking. Are you listening?

Trusting God is also necessary for winning battles. There are many options when it comes to who or what we trust. You can decide to only trust in what you know, in what's familiar or what is safe, but if you

do, you will miss out on experiencing God.

When we trust God and run to Him first for safety and direction, instead of trying to figure out life on our own, there, in His presence, we find safety. It is there we hear His voice; it is there we receive our marching orders and the battle plan. It is there we encounter God.

Sometimes doing the right thing makes us look like fools to those around us. Joshua was asked to fight a battle by marching with trumpets instead of weapons. But God promised that if he followed His instructions, God would give him the victory.

God is promising to fight for you if you would just fear Him instead of man, if you would just trust Him more than you trust anyone or anything else.

I pray that you will choose for yourselves this day to follow God and never allow anyone or anything to keep you from walking with God and running to God. ☆

Transit Services Bureau *continued from page 29*



NATIONAL COFFEE DAY 2021

So, as you can imagine, the TSB early morning shift are our de facto coffee experts. (Duh!)

Watch Commander Lieutenant Bob Doty and the crew show us how they do it right with a little Starbucks action. Even the “EM dispatcher divas” couldn't resist getting in on the delish!

Thanks to all who keep the citizens of Los Angeles County safe at any hour!

RETIREMENTS AND TRANSFERS

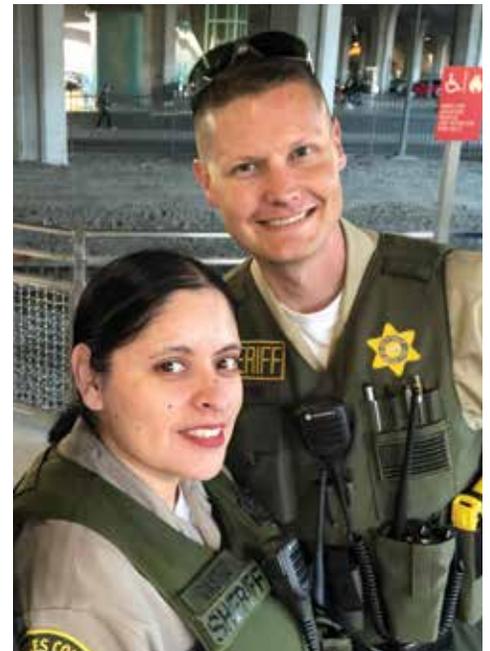
Former Compton police officer, Deputy Carl Smith, called it a career with over 30 years of total service. Enjoy your well-deserved retirement, sir!

Deputy Kyle Newman is taking his talents to Corona P.D. He is a wonderful person and did incredible work for the LASD and TSB in particular. Show them how it's done, Kyle. *Goodbye, Newman!*

Our early morning “den mother” Martha Acevedo moves on to continue her career at Marina del Rey, while Deputy Russ Nosco keeps the beach trend going by heading off to Malibu/Lost Hills. Deputy Leo Garcia-Rivera hits the send button and is off to Records and Identification Bureau.

Big-time congrats to newly promoted sergeants, TSB Detectives Rob Lloyd and Christine Castro (pictured). They're now off to Custody Division.

We wish them all the best, and we hope to see you again!



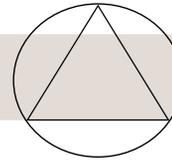
NEW PARTNERS ARRIVE

Joining our ever-growing family are newly promoted Detective Julie Williams, who comes to us from the LKD, and seasoned Detective Michael Tadrous from Walnut Station. Welcome to TSB D/B, home of the 90-plus percent solve rates! (Some of the best in the County!)

Until next month! ☆



Peace Officer's Fellowship



By Willis Braggs

WHY IS THIS HAPPENING?

Imagine this scenario: You're working a ton, yet somehow money is still tight. Your spouse is constantly on your case, so you're arguing all the time. As a result, you're spending more time with your friends, which leads your kids to be upset with you for not being around. Oh, and did I mention that when you're with your friends, you're typically knocking back a few (or more)? When you're at work, you're not feeling physically great since you're not sleeping well, and you're not focused like you used to be because you're thinking about all your problems. So maybe you're making small mistakes, but no one has noticed (yet). After your shift, you have a few drinks to forget about it all and to help you fall asleep. This cycle plays on repeat over and over and over. OK, so here is the question, why is this all happening? What is the source of the problems?

Many people in this type of situation, if asked if their drinking was causing their problems, would offer, "No, it's my spouse that's the problem. Having a few drinks to mellow out is the only way I can tolerate him/her." Of course, your spouse (and kids) might have a completely different perspective of what the problem is and who is responsible for it.

It's been my experience that most people with a drinking problem believe their problems are caused by everything but their drinking — other people, world events or just bad luck. They often continue drinking, rationalizing their choices, blaming others or refusing to admit they have a problem until something drastic happens. That something drastic, on our Department, is often an alcohol-related incident that has you facing legal issues and a Department investigation that could lead to termination.

I know that everyone who experiences an unfortunate incident while under the influence does not have a drinking problem. People make mistakes. However, when a person continues making mistakes that are the result of drinking, and chooses to go ahead and keep drinking, that's when they've crossed the line! Ask yourself the following questions and answer honestly, "Is my drinking causing my problems or making my problems worse? Am I continuing to drink anyway?" If the answer to these questions is yes, then you've got a problem. Still not sure? Ask yourself, "Am I getting into some kind of trouble every time I drink? If I stopped drinking, would many of my problems would go away?"

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

Eric Castano
(562) 673-3374

Joe Collins
H: (320) 684-4008
C: (909) 240-0509

Bob Ghan
(714) 916-3299

John Heckman
(805) 559-4993

Chris Loomis
H: (626) 447-9011
C: (626) 230-3137

Dave Philippon
(909) 296-0203

Ray Terhorst
(818) 383-5539

John Valencia
H: (909) 599-1160
C: (951) 316-3633

Marty Weirich
(360) 570-1216

Daryl Williams*
(951) 764-3723

*Active LASD

If you're experiencing problems in your life, and you believe it might be due to your drinking, you might want to give one of the people listed here a call. As members of Peace Officer's Fellowship (POF), they've been there and know what it's like. Your conversation will be confidential, and you can even remain anonymous if you'd prefer. POF also holds meetings that are open to law enforcement officers who want to do something about their drinking. Confidentiality and anonymity are absolutes at these meetings, where members share their experiences with each other.

The Department's Substance Abuse Resource Program also is an excellent place to start. You can call (213) 738-3500 and ask to speak to me, Deputy Willis Braggs. I am happy to listen, answer questions and talk about resources that might be helpful. If you prefer, there are also numerous Peer Support members throughout the Department and chaplains (dedicated to support Department employees) available. Whichever lane you choose to take, it's confidential and can all be accessed through Psychological Services Bureau (PSB) at (213) 738-3500. ☆

STAY UP TO DATE!



Check out news and events at www.sheriffsrelief.org

L.A. County Retired Marshals Lunches for 2021

SCHEDULED FOR 12 NOON

December 1
Villa Tepeyac

2200 E. Garvey Ave. S.,
West Covina

Editorial: Loyalty and Camaraderie in Law Enforcement

BY ED LUNA

In the spirit of the upcoming holidays, such as Thanksgiving and Christmas, many of us are thinking of upcoming gatherings with family. But I want to take a moment to reflect on our Department and bring up a topic I like to ponder on from time to time, and that is camaraderie.

The mere definition of “camaraderie” is the bonding between individuals who spend a lot of time together.

Camaraderie in law enforcement is formed when working so closely with your brothers and sisters; sharing and learning from various situations and calls for service.

Law enforcement camaraderie exists across the various ranks. And, through it all, we press on to support and be there for each other.

In our assignments/workplace, we genuinely work together, learn from each other and share in events and situations we don't/can't share with our friends, family or spouses. I often hear this comment, “There is no way I could tell my spouse about some of the things I've seen as a deputy, but my brothers and sisters in uniform, I could always count on to vent after going through a stressful experience.”

Loyalty is also critical in our line of work; understanding that our colleagues are willing to ignore danger and assist each other regardless of the peril. Loyalty and camaraderie solidifies and strengthens the bond shared by many deputies.

I'm blessed to represent the Los Angeles County Sheriff's Department with the badge and uniform I wear.

Without a doubt, it's a privilege for me to be part of our camaraderie. ☆



CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

*Thank you for your many years of dedicated service to our Department.
We wish you a long life, happiness, relaxation and many years of personal fulfillment.*

Elvia Castaneda
Technology and Support
Division/Records and
Identification Bureau

David L. Diot
Detective Division/
Operation Safe Streets

Brekita P. Ellis
Population Management Bureau

Daniel G. Howe
Pitchess Detention
Center, South Facility

Britta M. Kjellstrand
Custody Service Division/
Custody Compliance and
Sustainability Bureau

Dennis J. Missel
Special Operations Division/
Special Enforcement Bureau

Mark S. Newlands
Special Operations
Division/Metrolink

Michael S. O'Shea
Population Management Bureau

Gerardo A. Pachuca
Detective Division/
Major Crimes Bureau

Catherine M. Robinson-Booth
Century Regional
Detention Facility

Vanessa L. Sanders
Inmate Reception Center

Henry Saucedo
Court Services East Bureau

Carl G. Smith
Transit Services Bureau

Javier Valencia
Central Patrol Division/
East Los Angeles

Melvin Young
Community College Bureau

HEY, CAPTAIN!

Tell Your Unit's Story. *Star News* Wants to Share It.

The SRA wants to feature your station or bureau's recent activities, achievements and events in *Star News*! Send updates and photos to annie@SRA1.com or louis@SRA1.com by the first of the month for publication in the following month's issue.

Thank you to the units highlighted below, who contributed articles for this issue:

Administration Services Division
and Personnel Command

Advanced Officer Training Unit

Aero Bureau

Altadena Station

American Legion Star Post 309

Audit and Accountability Bureau

Avalon Station

Carson Station

Central Supply and Logistics Unit

Century Regional Detention Facility

Century Station

Cerritos Station

Civilian Training Unit

Communications and Fleet
Management Bureau

Community College Bureau

Community Partnerships Bureau

Compton Station

Contract Law Enforcement Bureau

County Services Bureau

Court Services Bureau

Court Services Transportation Bureau

Court Services West Bureau

Crescenta Valley Station

Data Systems Bureau

Deputy Leadership Unit

East Los Angeles Station

Emergency Operations Bureau

Facilities Service Bureau

Food Services Unit

From the Docs

Homicide Bureau

Industry Station

Inmate Reception Center

Inmate Services Bureau

Intake Specialist Unit

Internal Affairs Bureau

Internal Criminal Investigation Bureau

Lakewood Station

Lancaster Station

LASD Mounted Enforcement Detail

LAS'D Spouses Supporting Spouses

Lomita Station

Los Angeles Sheriff's Department Band

Los Angeles Sheriffs' Museum

Marina del Rey Station

Major Crimes Bureau

Malibu/Lost Hills Station

Men's Central Jail

Metrolink Bureau

Mira Loma Detention Center

Narcotics Bureau

North County Correctional Facility

Norwalk Station

Operation Safe Streets

Palmdale Station

Parks Bureau

Peace Officer's Fellowship

Peer Support Program

Personnel Administration Bureau

Pico Rivera Station

Pitchess Detention Center,
North Facility

Pitchess Detention Center,
South Facility

Pre-Employment and Background
Investigation Unit

Professional Development Bureau

Psychological Services Bureau

Records and Identification Bureau

Recruit Training Unit

Regional Community Policing Unit

Reserve Forces Bureau

Retired Deputies

Risk Management Bureau

Scientific Services Bureau

San Dimas Station

Santa Clarita Valley Station

Sheriff's Information Bureau

South Los Angeles Station

Special Enforcement Bureau

Special Victims Bureau

Star Unit

Temple Station

The Chaplain's Notebook

Training Bureau

Transit Services Bureau

Twin Towers Correctional Facility

Video Production Unit

Walnut/Diamond Bar Station

Weapon Training Unit

West Hollywood Station

SRA BUSINESS PAGE

APPLICATION FOR CHANGE OF BENEFICIARY



LASD EMPLOYEE # (IF KNOWN): _____

CURRENT MAILING ADDRESS: _____

EMAIL: _____

Sheriffs' Relief Association OF LOS ANGELES COUNTY, CALIFORNIA, INC.

STARS Center, 11515 Colima Road, Bldg. B | Whittier, CA 90604 (562) 946-7081

Name of Member: _____ Date: _____

I wish to change (amend) the name, or names, of the person, or persons, heretofore shown as my beneficiary, to receive any and all death benefits which may accrue by reason of my membership in the Sheriffs' Relief Association of Los Angeles County, California, Inc.

Beneficiary: _____ Relationship: _____

Address: _____ Phone #: _____

Email: _____

Alternate beneficiary: _____ Relationship: _____

Address: _____ Phone #: _____

Email: _____

Please mail to:

Sheriffs' Relief Association
11515 Colima Road, Bldg. B, Whittier, CA 90604

Signature of Member



CHANGE OF ADDRESS FORM

NAME: _____

DATE: _____

EMPLOYEE # (IF KNOWN): _____

CURRENT ADDRESS: _____

CITY: _____

STATE: _____

ZIP: _____

PHONE: _____

EMAIL: _____

Please email to membership@sheriffsrelief.org or mail to:

Sheriffs' Relief Association
11515 Colima Road, Bldg. B, Whittier, CA 90604



Sheriffs' Relief Association Discount Tickets

SRA: (800) 544-4772/(562) 946-7081 (M–F, 8:30 a.m. to 5 p.m.)

Emporium STARS: (562) 946-7271 (M–F, 9 a.m. to 4:30 p.m.) Emporium PDC: (661) 257-5320 (M–F., 9 a.m. to 5 p.m.)

Tickets Available and Sold to Members Only

Please be advised that some attractions may currently be closed due to COVID-19 restrictions.

Tickets now sold at the Emporium. \$1 service fee charged per transaction.

BUY TICKETS ONLINE!

Tickets (excluding movie tickets) available for purchase with a credit card through our website at <https://sheriffsrelief.org>.

ATTRACTION	SRA PRICE Adult/Child	ONLINE PRICE Adult/Child	GATE PRICE Adult/Child
AMC Black Ticket (unrestricted) <i>Ages 3 and up</i>	\$10.25	N/A ONLINE	\$11.00–\$15.00 depending on location
BOOMERS IRVINE	N/A IN OFFICE	\$65.00 and up \$2.00 processing fee per order	Several packages available
CINEMARK (unrestricted) <i>Ages 3 and up</i>	\$9.50	N/A ONLINE	\$11.00–\$13.50 depending on location
DISCOVERY SCIENCE CENTER <i>Children 3–14; senior 62+</i>	N/A IN OFFICE	LA/OC: \$16.95/\$11.95/\$13.95 (senior) \$3.75 service fee per transaction	\$19.95/\$14.95
HARKINS (unrestricted) <i>Ages 3 and up</i>	\$8.50	N/A ONLINE	\$10.50–\$15.50 depending on location
KNOTT'S BERRY FARM <i>Ages 3 and up</i>	N/A IN OFFICE	\$51.00 \$6.99 to \$9.99 processing fee per transaction	\$89.00
LEGOLAND <i>Children 3–12</i>	N/A IN OFFICE	2-Day Sea Life Hopper \$89.00/\$95.00; 1-Day Legoland \$79.00/\$85.00 \$4.99 processing fee per transaction	1-Day \$94.99 and up
LONG BEACH AQUARIUM <i>Children 3–11</i>	\$26.95/\$20.95	\$26.95/\$20.95	\$36.95/\$26.95
MADAME TUSSAUDS	N/A IN OFFICE	HOLLYWOOD \$23.99/LAS VEGAS \$27.99 SAN FRANCISCO \$19.99	\$24.99 and up
MAGIC MOUNTAIN <i>Ages 3 and up</i>	N/A IN OFFICE	\$55.99 \$8.99 processing fee per transaction	\$84.99/\$51.99
MEDIEVAL TIMES <i>Ages 12 and under</i>	N/A IN OFFICE	\$41.57/\$54.56 plus tax and up \$4.00 processing fee per transaction	\$63.95/\$36.95
REGAL/EDWARDS (unrestricted) <i>Ages 3 and up</i>	\$9.00	N/A ONLINE	\$10.00–\$12.50 depending on location
UNIVERSAL STUDIOS <i>Date-specific pricing; please log in to view</i>	N/A IN OFFICE	\$95.00 and up	\$109.00 and up

IMPORTANT: Payment — cash or check only in our office (check payment limit=\$750.00). Ticket limit=10 per attraction per month, per member. If member is having someone other than spouse pick up tickets, only the member's personal check with employee # written on the same check is accepted for payment. Please read and check instructions and restrictions on the back of each ticket before leaving the ticket counter. All sales are final. Prices are subject to change without notice. Online pricing may differ from in-office pricing. Additional service charges and sales tax may apply; please see individual websites for details.

REVISED 10/25/21

Advertising Index

Auto.....48, 50, 52
 General..... 38-45, 47
 Legal37-39
 Medical.....46
 Mortgage & Real Estate 38-45

DEBORAH J. MANNING
FAMILY LAW ATTORNEY



Manning Family Law
 626.335.5135
 deborahmanningsq@gmail.com | manninglaw.net

FREE CONSULTATION

26 YEARS OF EXPERIENCE

- Divorce Legal Separation
- Paternity
- Domestic Violence
- Spousal Support
- Child Support
- Property Division
- Post Judgment Modifications
- Move Away Cases

Star News Advertisement Disclaimer

The Editor and employees of the *Star News* and the members of the Sheriffs' Relief Association do not endorse or investigate the advertisements published in the *Star News*. Readers should note that neither the *Star News* nor the Sheriffs' Relief Association is responsible for the content of such claims of such advertisements. Advertisers should note that the *Star News* and the Sheriffs' Relief Association reserve the right to reject further publication of an advertisement for any reason.



Jennifer C. Carter
Daughter of a retired Sergeant
Dedicated to providing quality services to LA Sheriff's Department employees, and their family and friends.



Personal Injury
Worker's Compensation
Estate Planning

Phone (562) 348-1400 | 12631 E. Imperial Hwy.
 Fax (562) 348-1444 | Suite F-128
 Jen@jccarterlaw.com | Santa Fe Springs, CA 90670



LEGION LAW GROUP



Kala



Kristen



Deliza

CONTACT US FOR A FREE CONSULTATION

- ✓ Workers' Compensation Injury Law
- ✓ LACERA Retirement
- ✓ Disability Pensions for Public Employees
- ✓ Medical Retirement

As a public service employee you may be entitled to automatic benefits and compensation for injuries sustained on the job.

WE'RE PROUD TO SERVE THOSE WHO PROTECT US

Legion Law Group's greatest pride is in representing deputies, first responders and other public service employees injured on the job. Our families work in the county's custody, patrol, major crimes and special operations programs, so we understand the unique circumstances leading to your workplace injuries. With decades of experience and millions recovered for our clients you can rest assured knowing we'll take care of you.

4501 East La Palma Ave. Suite 150
 Anaheim, CA 92807

877-876-5WIN

info@legionlawgroup.com

www.legionlawgroup.com

DIVORCE / FAMILY LAW

Attorney Donald E. Roach

Law Office of Jones & Roach
Certified Family Law Specialist*



- Representing LASD deputies for over 21 years
- Top 5% of family law attorneys in Southern CA¹
- Designated "SuperLawyer" as published by Los Angeles Magazine
- Served as temporary judge for the Superior Court

Call or E-Mail for **Free Consultation:**
(714) 488-3068 DonaldRoachLaw@gmail.com

*CA State Bar Board of Legal Specialization ¹Based on Peer review

The Burbank Firm, L.C.

ATTORNEYS AT LAW

Probate • Wills • Trusts • Conservatorships and Estate Planning
Business and Commercial Law • Commercial Real Estate



Located in Burbank, CA. The Burbank Firm, L.C. has over 30 years of Trust and Probate experience assisting clients throughout Southern California.

For qualified legal counsel, call us and let our knowledge and experience work for you. No charge for a 30-minute initial consultation.

(818) 524-2336 • 2312 W. Victory Blvd., Burbank, CA 91506
www.theburbankfirm.com

Attention: Sheriff Deputies



Discount Rates
for Deputies

Family Law

Handled with Care.

- Custody
- Divorce
- Paternity
- Support
- Trusts
- Wills

For sensitive issues handled with the confidence and care that they deserve, **call us today for your FREE initial Consultation.**



The Law Offices of
Ronda A. Middleton

714.680.9777
MiddletonFamilyLaw.com

LOW MORTGAGE RATES

LOAN AMOUNTS
UP TO \$1,500,000

APPLY ONLINE AT
www.firstcitycu.org
800-944-2200

RATES AS LOW AS
2.875%
2.894% APR*
30 YEAR FIXED

THE OFFICIAL
LASD
CREDIT UNION
SINCE 1937



*APR=Annual Percentage Rate. Mortgage Rates Effective 08.25.2021. Certain rates and/or point adjustments may apply depending on loan features. All rates quoted assume a 60-day rate lock. Interest rates based on a 740 FICO and a purchase transaction of 75% loan to value (LTV), Owner Occupied, Single Family Residence Property, with a loan amount of \$350,000. Additional Fees may apply based on credit score, LTV, property type, occupancy, and cash-out refinances. Monthly Payment includes Principal & Interest only (taxes, homeowners insurance, HOA Fees, and other costs not included and will result in a greater actual monthly payment amount). 360 payments of \$1,452.12. Loans subject to borrower and property qualifications. Not all applicants will be approved. Rate quoted as of 08.25.2021, and are subject to change daily, at any time, and without notice. FCCU Credit Union membership required.

FirstCity
CREDIT UNION
www.firstcitycu.org



Law Firm of Yolanda V. Torres, APLC

Certified Family Law Specialist
State Bar of California Board
of Legal Specialization

- Divorce
- Child Custody
- Visitation
- Guardianships
- Adoption
- Support

FREE CONSULTATION
SPECIAL RATES FOR LAW ENFORCEMENT

601 N. Parkcenter Drive, Suite 109, Santa Ana, CA 92705
(714) 541-5400 | fax: (714) 242-7416

www.yvtorreslaw.net



DIVORCE Resource Inc.

Affordable Family Law Assistance

Judith M. Weigle

Mediator & Legal Document Assistant

PEACEFUL DIVORCES for PEACE OFFICERS

(310) 441-7555 • (310) 876-1355

2999 Overland Avenue, Ste 207B, Los Angeles, CA 90064

Advertise in Star News!

Call Today! (818) 848-6397

911 MEDIA

STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

www.911MEDIA.com

911 MEDIA is a division of Trade News International, Inc.

Continue Building On Your Dream Home With A POPA HELOC



Variable Rates As Low As **3.25% APR***

Call us today for more details!

800.369.7672 • www.popafcu.org

POPA Peace Officers Professional Associations
Federal Credit Union

Federally Insured by
NCUA

*APR = Annual Percentage Rate. The advertised rate is our lowest rate available, effective as of 11/01/2021. Rates, program terms, and conditions are subject to change without notice. Home Equity Line Of Credit (HELOC) features a variable rate based on the Prime Rate as published in *The Wall Street Journal* plus a margin. The APR is subject to change and may increase after consummation. The maximum APR is 18%. Minimum credit limit is \$10,000; Maximum credit limit is \$250,000. Maximum combined loan to value (CLTV) of up to 80%.

Closing costs range from \$200 to \$1200 to open a HELOC. Call us for details on how POPA FCU can pay all closing costs. Property insurance is required, and flood insurance is required where necessary. Consult a tax advisor regarding the deductibility of interest and charges. Rates, program terms and conditions are subject to change without notice. Other restrictions and limitations may apply. NMLS # 852741.

COMMITTED TO TAKING CARE OF OUR OWN

At The Police Credit Union, we're dedicated to serving our law enforcement family with exclusive products, such as:

- **End of Watch Debt Forgiveness Benefit** for families of fallen officers*
- **Protect Your Private Information** through our partnership with OfficerPrivacy.com
- **Public Safety Assistance Loan** at a highly competitive rate to buy your first responder supplies and equipment
- **Low-Profile Debit & Credit Cards** to protect your identity

Join today at www.thepolicecu.org/welcome to take advantage of these and other offers available exclusively for law enforcement members.



800.222.1391 • www.thepolicecu.org



CHECKING WITH ATM REBATES** | HOME LOANS | AUTO LOANS | VISA® CREDIT CARD | ONLINE SERVICES

*For complete details visit www.thepolicecu.org/endofwatch. **The Police Credit Union will refund ATM surcharges up to \$3 per out-of-network ATM transaction until further notice. Checking account is required for rebates.

BAIDA JEWELRY

The ORIGINAL Jeweler to Law Enforcement

ANNIVERSARY SALE! UP TO 70% OFF RETAIL PRICE!

Over 43 Years Serving the LA Sheriff Department!
LEO Owned & Operated

affirm
Now Available!



100% Natural GIA® Certified Diamonds
1000s of Designs in Stock
Lifetime Diamond Upgrade Policy
Custom Design Done on Premises

International Jewelry Center
550 South Hill St, Suite 830
Los Angeles, CA 90013
(213) 623-3780 / (213) 623-4087

www.baidajewelry.com

@baidajewelry



*DIA, Affirm and Instagram logo are registered trademarks to their respective owners.

JOIN LAPFCU & GET \$250!*

We'll go above and beyond to help you meet your financial goals. Plus, get benefits for law enforcement professional that you won't find anywhere else.

Limited-time offer, so become a member today!

lapfcu.org/join250 | (877) 695-2732

LAPFCU

Law Enforcement's Premier
Credit Union Since 1936

*Must be 18 or older. To qualify for the \$250 offer, register at referlive.com/lapfcu250reward, establish a new LAPFCU membership from now–December 31, 2021, open a new LAPFCU checking account, and complete these requirements within 90 days of account opening; complete one (1) or more direct deposits or ACH credits of \$250 or more per month, and enroll in e-Statements and e-Disclosures. Please allow 4-6 weeks for delivery of your Reward Card after completing all requirements of this offer. The \$250 is considered dividends and will be reported on the IRS Form 1099-INT. Cannot be combined with any other offer. Please refer to referlive.com/lapfcu250reward for complete details. 0921-47



GO SOLAR!

10-22 YOUR HIGH ELECTRIC BILL

- ⚡ No down payment
- ⚡ No upfront costs
- ⚡ No installation fees
- ⚡ Quality installations
- ⚡ 25 year warranty
- ⚡ 26% federal tax credit

Jorge Anguiano - Owner
 Renewable Energy Specialist
 Former LA County Deputy Sheriff

For a free quote call or text:
(562) 225-3673

janguiano@renewablepoweraz.com

7857 Florence Ave, Suite 207
 Downey, Ca 90240

RENEWABLEPOWERAZ.COM



License #133700SP



ENGEL & VÖLKERS®
LORI ALLEN



Your Northern Idaho & Northeast Washington Realtor

As a community, many of us have lost friends and family because of the anti-law enforcement movement. During First Responder Month, I'd like to personally thank you for your service in keeping our communities safe and protected during these rapidly evolving & tense times.

—Wife of a retired Deputy Sheriff

Lori Allen, Engel & Völkers Coeur d'Alene



2040 N. Main St., Coeur d'Alene, ID 83814
 (208) 920-3739
Lori.Allen@evrealestate.com
LORIALLEN.EVREALSTATE.COM

FOLLOW ME TO TENNESSEE



- ▶ No State Tax on Pension
- ▶ Mild 4-Seasons
- ▶ Low Property Taxes/ Cost of Living

FREE HOME SEARCH
CathySellsNashville.com
CathySellsTNHomes.com



EXIT REAL ESTATE SOLUTIONS



111 MAPLE ROW BLVD
 HENDERSONVILLE, TN 37075

Cathy LaCroix

Wife of retired CA police officer with 30 years of service

Office: 615-826-0001

Cell: 615-795-8111

Advertise in Star News!

Call Today! (818) 848-6397



STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

www.911MEDIA.com

911MEDIA® is a division of Trade News International, Inc. **TNI**

Client Focused • Results Driven
Prescott AZ • Local Expert • 20+ years



- Retired L.A.S.D. Twenty Years
- 30+ years As a Licensed Realtor
- Special Rates for Law Enforcement & Military
- Member of the Prescott Area Association & Metro Phoenix Boards of Realtors

FOR EXCEPTIONAL SERVICE, CALL, TEXT OR EMAIL

"Homes for Better Living"

Bud Jones

Cell (928) 710-0643

Email Bud.Jones54@gmail.com

www.BudJonesSellsAZ.com



Flex Realty
 401 Whipple St
 Prescott AZ 86301



Silvercreek REALTY GROUP



Call me at:
714.815.2118



THINKING OF MOVING TO IDAHO?

My husband, a retired LASD Sergeant and I fell in love with the affordable housing, friendly people and the great outdoors that Idaho has to offer. Having both the MRP (Military Relocation Professional) and VAREP (Veterans Association of Real Estate Professionals) designations, I am specially qualified to help YOU make YOUR move to Idaho!

Will you fall in love with Idaho too?

Search for your new Idaho home at:
denise.tripeakrealty.com

PRESCOTT AZ

CONSISTENTLY VOTED BEST PLACE TO LIVE IN THE SOUTHWEST!



I'm Henry Reyes, Realtor

Retired LASD Lieutenant, serving 26 years. Now, Living and Loving Life in Prescott, AZ.



I can help you get here too!



CONTACT ME

Cell: 909-618-3252
 Office: 928-499-4546

ReyesSellsPrescott@gmail.com
 Website: BuyPrescottAZ.com

PROFORCE LAW ENFORCEMENT

Firearms and Tactical Equipment for Law Enforcement Professionals

PROMOTION ENDS 11/30/2021

Benelli

11713
\$1784.99

M4 TACTICAL SHOTGUN

CALIBER: 12GA
 CAPACITY: 7+1
 SIGHTS: GHOST RING
 BARREL LENGTH: 18.5"
 STOCK: TACTICAL PISTOL GRIP

COLT

\$1389.99

LE M4 CARBINE

AW LETTER REQUIRED
 CR6940

CALIBER: 5.56 NATO
 CAPACITY: 30+1
 SIGHTS: ADJUSTABLE
 BARREL LENGTH: 16.1"

LOCK FACTORY AUTHORIZED DISTRIBUTOR

\$409.99

19 GEN 5

ACTIVE LE ONLY
 PA1955202

CALIBER: 9MM
 CAPACITY: 15+1
 BARREL LENGTH: 4.02"
 SIGHTS: FIXED
 COMES WITH 3 MAGS

All Shooters, Friends and Family!
 Join us at our Heroes Combat Challenge and Vendor Fair!

NOVEMBER 5 2021 8:00am
 Visit our website for details

Mark your calendars it's that time of the year to join us at the Proforce Brea store in CA. and pick up some end of the year deals and great bargains!

Blue Friday

*PLEASE NOTE: Our store will be closed 11/25 for Thanksgiving holiday.

ROYCE GRACIE AT PROFORCE LAW ENFORCEMENT

MILITARY Legend and UFC Pioneer
ROYCE GRACIE
 FOR PHOTOS & AUTOGRAPHS
 12/4/2021 11am-3pm

TAKE ADVANTAGE OF OUR SPECIAL INSTORE PROMOTION FROM GLOCK & SPETZ GEAR
 See store for details!

WE ARE HIRING!

JOIN THE PROFORCE TEAM

Visit our website for employment opportunities

For more information scan the QR code with your smart phone

\$544.99

LCR REVOLVER

CALIFORNIA APPROVED

5401

RUGER

CALIBER: .38 SPL
 CAPACITY: 5
 SIGHTS: FIXED
 BARREL LENGTH: 1.87"

SIG

\$519.99

SIG P365XL

W365XL-9-BXR3
 OPTIC READY

ACTIVE LE ONLY

CALIBER: 9MM
 CAPACITY: 12+1
 BARREL LENGTH: 3.7"
 SIGHTS: NIGHT SIGHTS
 COMES WITH 2 MAGS

We sell to Law Enforcement/Military Professionals both active and retired, Security Personnel, Medical First Responders and Fire Professionals. Credentials (Professional ID, Badge etc.) are required to enter our store.

REFER A FRIEND AND RECEIVE \$500 REFERRAL BONUS

*\$500.00 Proforce store credit. Credit will be applied once employee has finished 90 days of employment.

Tel: 714-257-9095
www.proforceonline.com

Refinance

Purchase

1st Nationwide Lending

Proudly Serving Law Enforcement for over 10 years

"Law enforcement officers aren't always so trusting of people. I instantly felt confidence in him. Dan is the most efficient person I dealt with in the civilian world. He was not pushy, just all about business. I loved Dan's no nonsense approach to his job."

Chad Mayfield - San Bernardino County Deputy Sheriff

"We refinanced two loans concurrently and the whole process was smooth and quick. Great rates! Very happy with the results."

Tyrone Enriquez - Orange County Deputy 2 Sheriff

"Great experience. I would highly recommend Dan for a stress free refinance experience."

Ken Price - Los Angeles Sheriff Department

"Real quick and straight forward. Highly recommend for refinance or purchase."

Damian Martinez - ICSO - Deputy Sheriff

"Very happy with the entire refi process."

Richard Noah - Imperial County Deputy Sheriff

"Great customer experience."

Shain Stonner - San Diego Deputy Sheriff

- Refinance
- Purchase
- Cash Out
- Debt Consolidation
- Home Improvements



These incredibly low interest rates can't last too much longer.
DON'T MISS OUT! Call Dan now to restructure your debt.

Dan W. Hauben

Sr. Loan Officer - 1st Nationwide Lending, INC.

Direct: (714) 552-6697 | dhauben1@verizon.net

CA Dre. Lic. 01316386 • NMLS 976112 • Corp. NMLS 250828 **Lending Only In California**



The Public Safety Promise Makes the Future Affordable

At National University, we're proud to support public safety professionals that protect our communities and help them achieve their goals.

National University offers exclusive benefits for public safety professionals/civilians and their dependents, such as:

- 25% scholarship toward 75+ degree programs
- 25% scholarship for spouses and dependents
- Every fourth class free with the Fast Track Scholarship*
- Accelerated BS in Criminal Justice Administration, Homeland Security, and Public Administration when credit for prior learning, such as CA POST Police Academy, is applied
- For a limited time, we are also now offering two online CA POST programs, which are worth a total of 17 hours of training credits. These programs are FREE through December 31, 2021

**To be eligible, students must complete four (4) courses (18 quarter units) within a six (6)-month period.*

WSC
Senior College and University Commission

© 2021 National University P121-NU-4200

NU.EDU/STARNEWS

50 NATIONAL
UNIVERSITY
Veteran Founded Nonprofit for 50 Years

NEW YEAR, NEW VISION! SAY GOODBYE TO GLASSES & CONTACTS IN 2021!

Special LASIK Pricing for any surgery booked in January, February, March and get as low as

\$950 per eye.

SAVE, SEE & SHARE.



LASIK GIFT CARDS FOR ALL OCCASIONS

Give the gift of Clear Vision, a gift that will last a lifetime.

SAFE / STERILE ONE-DOCTOR PRACTICE

**** LAW ENFORCEMENT VISION SPECIALIST ****

It only takes 15 minutes to have the eyesight you've always wanted!

With over 70,000 procedures to date, public safety officers are in good hands with Lasik Center Medical Group. Take advantage of 0% for 24 months with CareCredit. FSA and HSA approved.

Book a free, no obligation consultation TODAY!

Our office follows all guidelines to ensure a very **SAFE, STERILE** and **ONE DOCTOR PRACTICE** environment for all of our patients.



DrAlexandra.com

LASIK Center Medical Group Dr. Alexandra Chebil MD
4001 MacArthur Blvd, Ste. 100 Newport Beach, CA 92660
Call or Text to 949-237-2758

Audiology associates
Better Hearing Begins Now!

Gather Together, Give Thanks, Hear the Conversation!

Special pricing for Law Enforcement and their families!
661.284.1900
www.audiologyassociates.net

**Triathlete Ironman...
Hernia Surgeon...
Specialist...**

Dr. David Albin is a hernia specialist and has performed over 12,000 surgeries. Dr. Albin is a board certified general surgeon whose practice is devoted to hernia surgery. Non-hurried appointments.

You deserve the best!

HERNIA CENTER OF SOUTHERN CALIFORNIA
(626) 584-6116
www.herniaonline.com

Multiple Office Locations:
Pasadena Los Angeles Newport Beach Pomona
Beverly Hills Anaheim Long Beach Riverside

Looking to Move/Retire to Idaho?
Allow us to help you find & finance the perfect home!

Let someone who made the move assist you.

We gladly give a percentage of our commission back to Law Enforcement, fire, military, medical, and educators!

**FIRST-TIME HOMEBUYER / HOME PURCHASE / FHA & VA
JUMBO LOANS / REFINANCE / DEBT CONSOLIDATION**

Jimmy Moser
Retired LASD
Former Boise Police
208.908.1694
jimmy.hometownheroes@gmail.com

PBMC
Pacific Beneficial Mortgage Company
Your lender for life

Jason Bean
Founder/Loan Officer
Brother of Active LASD
949.732.7021
jason.bean@pacificbeneficial.com

BOISE PREMIER REAL ESTATE

Pacific Beneficial Mortgage Company, Inc., DRE #01864114, NMLS#260264, (www.nmlsconsumeraccess.org), 18010 Skypark Cir., Ste. 225, Irvine, CA 92614, 888.200.6078, www.pacificbeneficial.com. Jason E Bean, Loan Officer, NMLS #277018, DRE #01929714, 949.732.7021.

YOU'RE DRIVEN TO PROTECT AND SERVE.

WE'RE DRIVEN TO HELP YOU SUCCEED.

American Military University helps law enforcement officers sharpen their greatest tool – their mind – with respected online degrees and certificates.

AFFORDABLE

AMU provides credit for police academy training or military service and no-cost textbooks in undergraduate courses.

CONVENIENT & FLEXIBLE

AMU's coursework is online with monthly start dates and no set login times.

RELEVANT

AMU offers 200+ programs in vital fields such as Business Administration, Criminal Justice, and Cybersecurity.

AMU IS A PARTNER OF LASD UNIVERSITY.

Take charge of your future and learn from the leader:

[AMUonline.com/StarNews](https://www.amuonline.com/starnews)



**We are committed to our
Law Enforcement Community!**

HOME DELIVERY AVAILABLE!

ToyotaofLancaster.com
(661) 948-0731



TOYOTA



of Glendora

1949 Auto Centre Dr., Glendora, CA 91740

Call **Armando A., Jorge R. and Michael T.**
For Special Fleet Prices

(909) 305-2000 Fax (909) 305-2030

AARCE@TOYGLEN.COM JROBLES@TOYGLEN.COM MICHAELT@TOYGLEN.COM

**SALUTE TO
FIRST RESPONDERS**



\$500 Cash
Allowance

On retail purchase or lease of Select eligible vehicles.
See dealer for membership eligibility requirements.
Some offer restrictions may apply.

Thank You!

For Special Pricing contact
Sales Mgr. Chris Boosalis
(661) 902-9747
Shop Online @ HunterDodge.com



RAM

DODGE

HUNTER

CHRYSLER



Jeep

Lancaster, CA



PREPARE TO LEAD THE FUTURE OF CRIMINAL JUSTICE

EARN YOUR MS IN CRIMINAL JUSTICE - 100% ONLINE

- ▶ Earn your master's in 12 months, no GRE required
- ▶ Learn from leading experts in law enforcement, psychology, law, policy, homeland security, and corrections
- ▶ Join the Trojan Family of nearly 400,000 alumni

Our program is rooted in the latest research in the field, with critical attention to issues criminal justice leaders are facing today. Students learn to evaluate research and use statistical data to assess the efficacy of policies and practices in criminal justice, corrections and community supervision— including criminal investigations, trauma-informed practice and the use of technology. With courses in leadership development and organizational change, our program ensures that students become well-informed, highly skilled and effective leaders.

cj.usc.edu/lasd
877-426-8273



USC



CONTACT: ROBERT RECIO (909) 262-9622
CENTRAL FORD: (562) 927-7888 X126



WE APPRECIATE WHAT YOU DO!!

FLEET PRICING FOR ALL OFFICERS AND THEIR FAMILIES

Long Beach Fwy... Firestone Exit... South Gate



To thank those who protect and serve our communities, Hamer Toyota offers special VIP pricing to all Law Enforcement Officers and their families.



Ask for **Steve Denson**

11041 Sepulveda Blvd.
Mission Hills, Ca. 91344
855-592-7097
steve@hamertoyota.com



FLEET PRICES

Discounts for all LASD members
Huge Inventory. Generous Trade-In Value Paid.

CALL: Linh Lam
562-904-5686



9136 E. Firestone Blvd. Downey, CA 90241

562.904.5600

PenskeToyotaDowney.com



GEORGE CHEVROLET
 S I N C E 1 9 6 1



2020 CHEVY SILVERADO TRAIL BOSS Z71



LET GEORGE CHEVROLET
MAKE YOUR NEXT PURCHASE
EASY & HASSLE-FREE!



ED ENGLE
 Internet Director
714-814-0256



KEVIN RIVAS
 Internet Manager
323-313-3362

CALL US FOR
SPECIAL PRICING
AND EXCLUSIVE
LASD DISCOUNTS



91 FREEWAY, EXIT LAKEWOOD BLVD
(562) 645-4948 - GEORGEHEVY.COM
17000 LAKEWOOD BLVD, BELLFLOWER, CA, 90706

FIND NEW ROADS™

THE TRUSTED CHOICE FOR FIRST RESPONDERS



With over 25 years of doing business with law enforcement associations and more than 90% of our clients working in public safety, the **mortgage experts** at Union Choice are committed to taking care of those who protect us and our communities every day.

As thanks for your service, we want to give back to you by making sure you get the best loan possible — because you deserve it.

REFINANCES / **FIRST-TIME HOMEBUYERS** / **DEBT CONSOLIDATION**
FHA LOANS / **VA LOANS** / **JUMBO HOME LOANS** / **NEW PURCHASES**

YOUR HOME LOAN STARTS HERE!



(855) 668-5626



UnionChoice.com



Sheriffs' Relief Association

OF LOS ANGELES COUNTY, CALIFORNIA, INC.



S.T.A.R.S. Center
11515 Colima Road
Whittier, California 90604



Become A Member of The Galpin Family!

Galpin Motors is Proud to Serve Those Who Serve Us! We are pleased to offer **Special VIP Pricing & Incentives** to Our Law Enforcement Officers (including retired), Civilian Personnel and Family Members.



Galpin Ford
888.809.1423

15505 Roscoe Blvd.,
North Hills, CA 91343
Mike Schwartz,
General Manager



Galpin Honda
888.904.5917

11151 Laurel Canyon Blvd.,
Mission Hills, CA 91340
David Gillum Jr.,
General Manager



Galpin Mazda
888.481.3396

8425 Sepulveda Blvd.
North Hills, CA 91343
Paul Ulbrich,
General Manager



Galpin Volkswagen
888.535.5430

15421 Roscoe Blvd.,
North Hills, CA 91343
Will Baxter,
General Manager



Porsche Santa Clarita
888.909.0169

23645 Creekside Rd.,
Valencia, CA 91355
Joe Allis,
General Manager



Galpin Certified Used
888.809.1423

15445 Roscoe Blvd.,
Van Nuys, CA 91343
Dana Ponticelli,
General Manager



Galpin Lincoln • Galpin Volvo
888.890.9768

15500 Roscoe Blvd.,
Van Nuys, CA 91406
Jaime Godina,
General Sales Manager



Galpin Auto Sports
1.877.GO.GAS.GO

15600 Roscoe Blvd.,
Van Nuys, CA 91406
Tommy Rezaie,
General Manager



Polestar Los Angeles
855.885.3391

15600 Roscoe Blvd.,
Van Nuys, CA 91406
Reza Fatemi,
General Manager



Land Rover • Jaguar • Aston Martin • Lotus
888.901.1164

15500 Roscoe Blvd., Van Nuys, CA 91406
Jeremy Guller, General Manager



#1 VOLUME FORD DEALER IN THE WORLD FOR 29 YEARS IN A ROW!

