



VOL. 79 NO. 4

AUGUST 2018

STAR NEWS

SHERIFFS' RELIEF ASSOCIATION



SAVE THE DATE

SRA Picnic & Fall Festival October 6



- In-N-Out Burger
- Tommy's Burgers
- California Pizza Kitchen

New, Closer Location:
Crescenta Valley
Community
Regional Park,
La Crescenta/Glendale



Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened June 14 at 11515 Colima Road, Whittier, California. The following officers and trustees were present: Joe Badali, President; J.P. Harris, Vice President; Diane Stone, Secretary-Treasurer; Trustees Mike Abdeen, Kerry Carter, Joe Hartshorne, John McBride, Veronica Urenda and Glenn Walsh; and Bill McSweeney, General Manager. Trustees not present: Joey Fennell, Teresa Garrett and Liza Vera.

The meeting was called to order at 4:40 p.m. A motion was made by Trustee Abdeen, seconded by Trustee Urenda and unanimously carried to approve the minutes of the May 12 meeting and the April Foundation expenditures.

COMMUNICATIONS

General Manager Bill McSweeney reported that communications were received from the following during the month of May:

From Scott and Sharon Graham to SRA:

"Words really can't express our amount of gratitude. It's very humbling to know that some of our financial responsibilities have been taken care of. We have been blessed. God has guided us along. Of course it's difficult for a child to pass but our burden has been lifted and we have been just so grateful."

From David James Gilmour Jr. to Rick Jennings: "I want to thank you for our discussion regarding my dad's service and death benefits, April 27, 2018. I received your letter dated April 27, 2018, and the very generous mortuary benefit check. Thank you and I appreciate all that you do on behalf of all the men and women in the Department. Also, I will treasure the forthcoming flag case that you mentioned in our call and it will be a cherished memento of my dad's service."

From the Goyena family to SRA: "Your kind thoughts and expressions of sympathy are greatly appreciated. Thank you and for the financial support and flowers."

From Nicholas G. Cannis to SRA: "On May 3, 2018, Major Crimes Bureau hosted a fundraiser barbecue at STAR Center facility in support of my family and me during my cancer treatment. Thank you so much for donating the food for the event. I am truly humbled by your generosity and grateful for the support of your association, now and throughout my career. Although I'm going through aggressive treatment and will have an extended recovery, I feel confident I will beat this in the end. The fundraiser was far beyond anything I could imagine and my family and I will cherish your generous gesture forever. Thank you and God bless you all."

From Karyn Mannis to Bill and SRA: "Thank you for the beautiful engraved box. It is stunning! I enjoyed my 40 years on the Department and working with some wonderful people. Great memories."

continued on page 4



Retired Deputies

By **Chickee Nelson and Don Fandry**

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: Chickee1@netzero.com or Djfandry@att.net

NEXT LUNCHEON:

Wednesday, October 10, 2018
@ 11:30 a.m. Buffet \$10.95
Villa Catrina Restaurant
251 N. Santa Anita Ave.
Arcadia, CA 91006

The **Hi-Desert Retirees** gathered June 6 for their monthly luncheon at *Marie Calender's* on Mariposa in Victorville. Those present were Lee and Annette Henderson, Beth Combs, Jean Brannon, and a new one, Terry Coker from Class #162. We are still in Germany so we missed the luncheon and all our peers. If you are in the high desert area the first Wednesday of the month around 11 a.m., drop on in and have a delicious meal with a great group of people.

On Wednesday, June 6, the **Desert Heat** in Lake Havasu City, Arizona, got together for their monthly luncheon at the Lake Havasu Elks Lodge at 11:30 a.m. They eat at noon. Those present were Mike Robbins, Bill Taggart, Jerry Gillen, Bob Stoneman, Steve Root, Tommy Jimenez, Nick Tipplings, Don and Susie Sackett, Doug Muchmore, George Wilson, Mike and Leseah Castorina and

Kevin Gavaghan. We meet the first Wednesday of every month, and all are welcome. Thanks — Jerry Gillen (lnx1993@yahoo.com)

On Wednesday, June 6, the **Marshals Old Timers** held their monthly lunch at the *Lazy Dog Restaurant* in Downey. It was one of the largest turnouts in some time, so you know there was a lot of lively chatter and fun had by all. Attendees were John "The Wagon Master" Davis, Al Blomker, Sam "Buford" Combes, Jack Russell, Bob "The Last Marshal" Mann, Al Barnett, Peter Mack, Roger DeHaan, Cliff Hartfield, Richard Duran, Terry Black, Sharon Kramer, Leslie Taylor, Richard Combs, George Feten, Bob Castro, John Matarazzo, Larry "Laylow" Rodriguez, Ken and Mary Ann Swan and Yolanda Lockhart. — Terry

On Monday, June 11, the **Lakewood ROMEOS** lunch was held at the *Olive Garden* in the City

of Industry. Those in attendance were George Boswell, Bill Snyder, Bill Richardson, Dave and Debbie Bauchop, Dennis Flinn, Robert Pryor, Robert Ruegger and Ed Dahlstrom. Summer is finally here! We are updating our list of restaurant locations based on suggestions from our regular attendees. If you would like to check out the new listing, please email Ed Dahlstrom at edjaws67@yahoo.com. If you are on our list of attendees, you will receive the list shortly. We hope to see you here. *All LASD retirees are welcome!* — Ed

On Tuesday, June 12, we had a nice attendance here in the beautiful Texas Hill Country. With some new faces this month, we continue to grow as the word gets out. More stories, memories and even some tall tales were exchanged. So, again, if

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STAR NEWS

THE OFFICIAL PUBLICATION OF THE SHERIFFS' RELIEF ASSOCIATION

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COPY DEADLINE: 1st of the month for the following month. Send copy to: starnews@lasd.org or ljdiot@sheriffsrelief.org.

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Secretary-Treasurer..... Diane Stone

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Cover photos by Chris Miller

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING MAY: \$100,750

MORTUARY BENEFITS PAID YEAR TO DATE: \$446,500

MEMBERSHIP REPORT

Forty-six new membership applications were received in June. A motion was made by Trustee Harris, seconded by Trustee McBride and unanimously carried to accept the following new members:

Alice J. Acevedo, Jennifer K. Acosta, Manuel F. Acosta, Faez R. Alali, Hollie M. Almeria, Nancy Alvarado, Igor Berdichevskiy, Fernand Campos Granados, Yu Ki Cheng, Dayna M. Chipman, Eden D. Crane, Giuliana M. Dibacco, Juan D. Espinoza, Shawn C. Foster, Byron Fuentez, Carina Garcia-Moreno, Christopher V. Gonzalez, Kayla M. Gutierrez, Jaime Hernandez, Michael A. Jones, Laura M. Kennedy, Paul M. Kock, William W. Lee, Yin Li, Elizabeth G. Luna, Ryan M. Meewis, Claudia Mercado, Amador Michel, Christian E. Miranda, Angeline A. Morales, Alejandra Nava Carias, Jonathan E. Ortega, Krystal

L. Parker, Darold Perrigrew, Roberto R. Pineda, April S. Quach, Katie Ramirez, Ernesto Ramos Montes, Norm Rodriguez Cisneros, Mojarro W. Rodriguez, Samantha N. Ruiz, Alma R. Sandoval, Stapana Sarmaputra, Salim Sayur, Matthew R. Sharp, Vadim Simonov, Vincenzo Sinapi-Riddle, Melissa A. Smith, Michael H. Tharpe, Allan M. Tirados, Johnetta K. Turner, Devon N. Vanvield, Jazmine Venegas, Andrew G. Villegas, Ronald S. Weaver and Derek S. Yan.

We had no deaths of active members, 10 deaths of retired members, 6 cancellations of active membership, 5 cancellations of retired membership, 2 new honorary associate members and 8 deaths of honorary associate members in May.

EMPORIUM REPORT

Uniform sales are going very well. We have sold well over 100.

PDC Emporium is estimated to be ready for install in the next six to eight weeks.

As a congratulations and thank-you for years of service, SRA has been offering a Retiree Emporium Gift. When new retirees stop by at logistics

one last time, they are given an option to head over to The Emporium for a retirement gift.

SPECIAL EVENTS

This year's picnic date and location have been moved. The picnic will be held Saturday, October 6, at Crescenta Valley Community Regional Park in La Crescenta.

OLD BUSINESS

The new IT maintenance company, Lanspeed, has been faring very well.

BC Headquarters plans are moving along.

The audit is almost concluded. We hope to have the final report before July's Board Meeting.

ADJOURNMENT

At 5:48 p.m. a motion was made by Trustee McBride, seconded by Trustee Urenda and unanimously carried to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services Inc. in honor of fallen retired Commander Vic Trujillo. ☆

Retired Deputies *continued from page 2*

you're traveling through our Hill Country here in South Texas, please join us every second Tuesday of the month for some great conversations, great company and great food at *Max's Roadhouse*, 5373 U.S. Highway 281, Spring Branch, Texas. All guests are welcome! If you have any questions, please contact Ted Severns at tedseverns@gmail.com, (818) 232-6032, or Javier Gonzalez at jjaygun@yahoo.com, (512) 878-3442.

On Wednesday, June 13, **The San Diego Retirees** met at *O'Sullivan's Irish Pub and Restaurant* in The Village, in Carlsbad. We also had a special guest, retired Chief Bill Alley. Those at the luncheon were Joe Raffa, Vickie Clawson, Richard Schockcor, Bill Gaynor, Harry Penny, March Schockcor, Ermelinda Bendi, E. Myrtle Williams, Jim Stevenson, Bob Henley, Greg Simon and Duane Lloyd (retired LAPD). Marv and Diane Love also attended but had to leave early. — Joe

On Wednesday, June 13, 28 LASD retirees and guests met at *Sizzler* restaurant in Palmdale for a long-overdue family luncheon. This was a revival of quarterly luncheons that had been held regularly a few short years ago. The attendees enjoyed reminiscing and getting current on events and happenings of the recent past. Open discussion was held regarding



San Diego Retirees, from left, Joe Raffa, Vickie Clawson, Richard Schockcor, Bill Gaynor, Harry Penny, March Schockcor, Ermelinda Bendi, E. Myrtle Williams, Jim Stevenson, Bob Henley, Greg Simon and Duane Lloyd (retired LAPD)

the insanely stupid handcuffing of law enforcement by the requirements of Assembly Bill 953. For the whole text of the bill and the requirements, search AB 953 on the internet. Attendees signed a sympathy card to be forwarded to Retired Sergeant Ted Lane for the recent loss of his wife, Arlene. Bob Briley and I held short conversations regarding patrol experiences of the old days in Antelope Valley before 1960.

Attending the luncheon were Bob Briley and his daughters Ralee and Kay, Steve and Holly Joy Ehlers, Vance and Juanita Kirkpatrick, Tom and

Carolyn Ewens, Ron and Charlotte Nybakken, Alex and Lu Ann Shoomliansky, Dennis and Linda Papp, Mike and Diane Rice, and their daughter Kira, Jay and Susie Seibert, Gill Sherwood and his son Bryan, Keith Hoyt, Peggy Fate, Glenn Hutchinson, Gloria Bullard and yours truly, Carlos and Bette Valdez. For information on social activities of the **Antelope Valley Retirees**, please contact Carlos Valdez at valdez5150@msn.com.

On June 18, about 25 retired **LASD & LAPD** members attended a luncheon at the *Fox & Hound*

Smokehouse Grill in Stateline, Nevada. This was the first get-together for northern Nevada and California retirees in about five years. At the lunch were Allen and Maria Kunihiro, Cal Fitzgerald, Mike and Elayne Logue, Jeff and Kim Donahue, Greg Everett, Ron Olfert, James "Mats" Matsuoka, Tim and Sylvia Hayes, Stephen and Monica Huss, Tom Banks, Sandy Hannah, Jim Forbus, Jim Shuler, Mike Valdez, Carlos Valdez, James Wetzel, Jim and Judy Brady, Bob and Janet Berardi. The ambiance at the restaurant was excellent and the weather was outstanding. Because this was the first meeting, introductions and short bios were given by everyone, most of whom had rather interesting assignments. The group has decided to conduct quarterly luncheons. The date will be posted in future articles and everyone is welcome to attend.

On Wednesday, June 20, the **Las Vegas Retired Deputies** held their monthly luncheon at *Charlie's Lakeside*.

Friday, June 29, started a little on the cool side, at least at 7 in the morning as I left for the monthly **Antelope Valley Retirees** breakfast. Fourteen of us old dinosaurs met at *Denny's* in Lancaster, where our resident server, Santos, was already waiting for us with our cups of coffee. Again, I sat at one end of the long table with Dennis Papp, Bob Briley and his daughter Kay. Also sitting with us was my 11-year-old grandson, Jake, who is visiting from Flower Mound, Texas. I have no idea what the conversations at the other end

of the table were about. But at my end, the conversations revolved around the state political arena and some reminiscences about the old patrol days in the Antelope Valley. Dennis Papp and I conversed a little about our attending the all-school reunion of Excelsior High School in Norwalk. We remembered some of the other alumni who were also members of the Sheriff's Department. Dennis remembered a couple of school mates, whose name I don't remember. I remembered Don Betkey and Doug Travis. I had hoped to have an update about the health of member Gil Sherwood, but I was unable to make contact before making this report. Also attending the deputies breakfast were Scott Short, Tom Ewens, Glenn Hutchinson, Ron Nybakken, Don Ott, John Ament, Curtis Clifton, Ron Shreves, Jay Seibert and myself, Carlos Valdez. Until next month, stay safe, enjoy retirement and the summer fun. For information on Antelope Valley retirees activities, contact Carlos Valdez at valdez5150@msn.com.

Colorado Retired Deputies Luncheon. Several department retirees, spouses and family got



Colorado Retirees, seated, from left, Jo Tulio, Stephanie Richter, Susan Gildea, Irene Taplin, Cathy Gardino and Cindy Broesel. Standing, from left, Ron Payne, Don Matern, Tony Ortiz, Dale Tulio, Seon Smith, Dave Taplin, Gary Turner and Chris Broesel.

together recently in Castle Pines, Colorado, for lunch. Ron Payne, FPK; Don Matern, Temple; Tony Ortiz, ELA; Dale Tulio, LNX; Seon Smith, Temple; Dave Taplin, PRV/NWK; Gary Turner, CV/ALT; Chris Broesel, PRV; Jo Tulio; Stephanie Richter, LNX; Susan Gildea, Lomita; Irene Taplin; Cathy Gardino; and Cindy Broesel. It was a great opportunity to meet up with new and old friends, swap stories, catch up on local goings-on and enjoy some great food and fantastic service. Susan Gildea is laying the groundwork for a barbecue in September. Watch for more info soon. — Don Matern dmatern1988@gmail.com

Retired Deputies Inland Empire met for their hike to Mt. Baden-Powell. Somewhat groggy from an early rise, we set out upon our odyssey high into the San Gabriel Mountains. With clear, crisp mountain air, we began our hike upon the Dawson Saddle Trail. This 2.4-mile trail was built by the Boy Scouts of America in 1982 to commemorate the group's 75th anniversary. The climb to Mt. Baden-Powell began. Our slow, arduous journey up the steady incline to the peak was enhanced by the rust-colored flowers of the bush chinquapin. Navigating two long switchbacks brought us to the final approach to the summit. It was here that the ancient 2,000-year-old Limber Pines first appeared. The massive, twisted gray trunks of this elephantine forest dominated our view as we walked through. After a short climb from the Pacific Crest Trail, we reached the 9,407-foot summit of Baden-Powell Mountain. Here stood the lone concrete bronzed plaque monument to Robert Baden-Powell, founder of the Boy Scouts. Installed on the plaque is the sacred oath and values of the Boy Scouts. There is ostensible evidence that vandals have attempted in the recent past to



LASD and LAPD lunch attendees, front row, from left, Allen Kunihiro, Maria Kunihiro, Kim Donahue, Sandy Hannah – LAPD (hiding behind Kim Donahue and Sylvia Hayes), Sylvia Hayes, Tim Hayes, Ron Olfert, Monica Huss, Carlos Valdez. Back row, from left, James "Mats" Matsuoka, Tom Banks, Jim Shuler, Judi Brady, Jeff Donahue, Jim Brady, Jim Forbus, Jim Wetzel (wearing TST hat, standing behind Forbus), Greg Everett, Cal Fitzgerald – LAPD, Janet Berardi, Bob Berardi, Stephen Huss and Mike Valdez (in red polo shirt).

continued on page 6



The Chaplain's Notebook

By Chaplain R.G. Reyes
Walnut Station

TOUGH TIMES

Apart from my duties as a chaplain for LASD, I also serve as a hospital chaplain. There, I frequently see patients and their families dealing with tough times — often the toughest of their lives. Good times do not last. Hard times are inevitable. This is Job's famous lament: "Where is God in tough times?"

Some of us seem to have had a greater share of hardship than others. I say "seem" because all of us have experienced bad things or have challenges to face, but it is how we *respond* to those challenges that matters.

Can we ever truly know what another person is going through? We cannot accurately compare ourselves to others. Yet, some folks do seem more resilient. In my experience, those of religious faith often have more strength, more calm and more peace. Victor Frankl, a Holocaust survivor at Auschwitz who endured unimaginable suffering, put it this way in his book *Man's Search for Meaning*: "Everything can be taken from a man but one thing: the last of the human

freedoms — to choose one's attitude in any given set of circumstances, to choose one's own way."

We may even welcome tough times. For instance, how could you become the effective, professional deputy you are without the demanding and continuous training that often pushes your physical and mental limits? Once we overcome real obstacles, we find ourselves stronger, smarter, better equipped and fitter to take on ever-greater challenges. We thank God for strength and endurance. Well-earned accomplishments make us feel rightfully proud.

In this light, as televangelist Joel Osteen notes, "Nothing happens to you, it happens for you." These words helped me, personally and magically, when I walked through the valley of the shadow of death years ago. They have guided me ever since.

Unfortunately, too many of us test our luck. For whatever reason, some folks create their own hardships that eventually could harm themselves, their families and their careers. Drugs? Excessive drinking? An affair? Is the short-term excitement worth a lifetime of regret?

My prayer is that each of you may find peace with your own god. Step on the brakes as needed. Allow yourself time to slow down, time to be quiet, time to reflect and time to, well, just let yourself be. As for myself, I find this in prayer, no matter how brief and simple. Perhaps even just a "Dear God, I want to take a moment, not to ask you for anything, but to thank you for all I have." Rain or shine, I find God's presence always there.

"Be strong and courageous. Do not be afraid or terrified ... for the Lord your God goes with you, He will never leave you nor forsake you" — Deuteronomy 31:6

Tough times always come, and always go. Are you prepared for winter in good times? Again, as Frankl teaches us, "Those who have a 'why' to live can bear with almost any 'how'."

How can I contact a chaplain? Chaplains are available at their units of assignment, or by calling the Psychological Services Bureau (PSB) at (213) 738-3500. ☆

Retired Deputies *continued from page 5*

remove the word "God" from the bronze plaque without success. Here upon the peak we rested and took lunch. One could see the smoky overcast skies of the Los Angeles Basin. To the east, the vast Mojave Desert opened up before us. The great San Andreas Fault was visible as well as the Tehachapi Mountains. If one knew where to look, one could make out the southern portion of the Sierra Nevada. El Mirage Dry Lake and Bell Mountain, north of Victorville, were plainly visible. The distant rocky hills of Randsburg peeked just above the horizon. All this from the fifth-highest peak of the San Gabriel Mountains.

It was midafternoon when we started down the 41 switchbacks to Vincent Gap. As we surmounted these steep switchbacks, we were thankful that we had decided to assault our goal from the longer, easier route. Warily, we pressed on, stopping only for group members to catch up. It was toward early evening when we arrived at Vincent Gap. Although this was a long day, consisting of 9 miles of trail, it was challenging, rewarding and well worth the effort. If you are interested in RDIE hikes and have questions, email Cornelius Healy at scranch@earthlink.net.

Norman and I are still in Germany but we



RDIE at Mt. Baden-Powell: Andy Ramirez, from left, Rich Esquer, Jon Olesen, Roger Silos, Helen Pena, Mark Weldon, Mike Mikealak, John Powell, Pete Hahn, Cornelius Healy and Joe Eaton

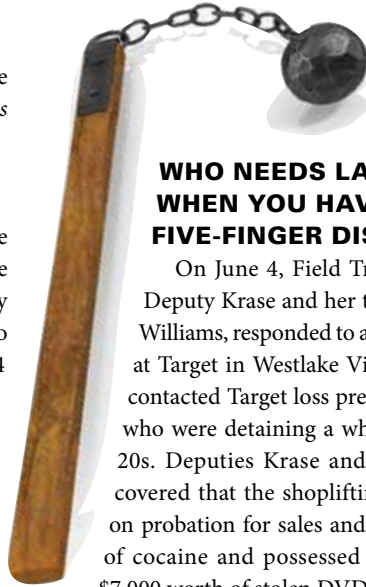
will be leaving here July 18. So when this article goes out, we will be back in the United States. We have had a great time in Europe but we miss our luncheons and other events with our dear retiree

friends. Wherever you are, enjoy your retirement because you are blessed to have one of the best retirements ever! Until our next adventure, stay safe and enjoy. — Chickee and Don ☆

We're back! After a short hiatus, the Malibu/Lost Hills Station *Star News* team is back in action.

HOOK 'EM AND BOOK 'EM

Deputies Holm and Hollinger earned the "Hook of the Month" for this month. While patrolling Malibu in the late-night hours, they contacted a local male transient in his 40s who told them two other male transients, ages 54 and 70, took over his camp and attempted to kill him. The suspects swung a long stick with a "ball and chain flail" (see photo for a similar style weapon) at the victim's head. After conducting a thorough follow-up, Deputies Holm and Hollinger located and arrested the suspects for assault with a deadly weapon, possession of metal knuckles and making criminal threats. The deputies also confiscated several medieval-type weapons.



WHO NEEDS LAYAWAY WHEN YOU HAVE THE FIVE-FINGER DISCOUNT?

On June 4, Field Training Officer Deputy Krase and her trainee, Deputy Williams, responded to a shoplifting call at Target in Westlake Village. Deputies contacted Target loss prevention agents, who were detaining a white male in his 20s. Deputies Krase and Williams discovered that the shoplifting suspect was on probation for sales and transportation of cocaine and possessed approximately \$7,000 worth of stolen DVDs, vinyl records and perfumes. The suspect also had heroin, methamphetamine and nonprescription pills.



OH BABY, BABY!

Congratulations to Deputy Landin Sanchez and husband Deputy Israel Sanchez, of CTSB, on the birth of your beautiful baby girl. Enjoy your baby-bonding time and we will see you in a few months.

INS AND OUTS

Malibu/Lost Hills would like to say goodbye and wishes the best of luck to Deputies Lupe Barragan, Gary Hall and Adriano Cordova at their new assignments.

We would like to welcome the patrol transfers to Malibu/Lost Hills: Deputy Etibar Khalilov (SCT) and Deputy Neil Gutierrez (LAN). We also welcome Deputies Heather Zimmerman and Eric Treadway as they arrive to begin their patrol training.

That is all for now. See you next month. ☆



THE BAYWATCH BEAUTIES ARE BACK!

The Malibu Beach team officially kicked off the summer on Memorial Day weekend. The Beach Team deputies patrol Zuma Beach, Malibu's pocket beaches and the surrounding streets. If you're near Zuma Beach, stop by the Beach Team command post, by the L.A. County Lifeguard headquarters at the helipad! We will be there every day through Labor Day weekend.

RUN WITH A MILLION-DOLLAR VIEW

On June 8, Malibu/Lost Hills Station participated in the Special Olympics Torch Run. We received the baton hand-off from the Ventura County Sheriff's Office at the county line on Pacific Coast Highway in Malibu. It's an honor to run for such a great cause, and running with a panoramic ocean view doesn't hurt either.





By Mark Slater
Crescenta Valley Station

Happy summer. We hope that everyone is enjoying some time off during the summer and that you get to spend time with your families and friends.

YOU CANNOT MAKE THIS UP!

The Station recently received a warning notice from the local Humane Society regarding a loud rooster. That's right, we were warned to control our rooster because local residents were complaining that the Crescenta Valley Station's rooster was being loud and obnoxious at all hours of the day and night. We were directed to "examine whether your rooster (or roosters) disturb the peace and quiet of your neighbors, as keeping animals that substantially interfere with the right of citizens to the enjoyment of life or property is a violation of law." Case # A18-261036.

Believing that the Humane Society knew something that we didn't, we activated our mobile command post and sent the Montrose Search and Rescue Team to conduct a grid search of the Station. After several hours of intensive searching, we found no evidence of a rooster. Now the Watch Commander is required to listen for the alleged rooster as they make their perimeter check of the Station. In addition, we notified the Humane Society that they might have the wrong address. Stay tuned.



CONGRATULATIONS

We want to congratulate Deputies Collin Van Deusen for receiving his 10-year service award, and Detective Ed Perez and Custody Assistant Felipe Leal for their 20-year service awards. More congratulations for Detective Anthony Myers, who completed his detective mentorship and earned his detective ribbon. We also congratulate Deputies Corey Sandoval and Martin Rostami for completing their patrol training. Congratulations, all.

FBI GRADUATE

Our former Operations Lieutenant, Marjory "Jory" Jacobs, recently transferred to Pico Rivera Station. Before leaving Crescenta Valley, she attended and graduated from the FBI Leadership Academy in Quantico, Virginia. Captain Blasnek wanted to fly out to Virginia to attend the graduation ceremony. Now one would think that booking a flight to Virginia and back would be easy, especially when the one flying has a flight attendant daughter. However, the travel authorization was slightly delayed; OK, it was not received until three days before he was scheduled to leave, so he had to quickly make his travel plans and stay within budget. As you know, last-minute airline tickets tend to cost a little more so he had to get creative. As Captain Blasnek and his secretary, Kim Thach, studied flight schedules and prices, the captain soon realized that he would have to have a layover on the way home. He opted for Phoenix as the layover spot. The flight was soon booked and the luggage was packed.

Captain Blasnek arrived in Virginia and attended the ceremony. However, the trip back home was not quite what he'd expected. Instead of his layover being in Phoenix, it was actually in Portland, Oregon. The captain now knows



Captain Blasnek with former Operations Lieutenant Marjory "Jory" Jacobs, who graduated from the FBI Leadership Academy in Quantico, Virginia.

that the airport code "PDX" stands for Portland, not Phoenix.

GOODBYE

We say goodbye to Deputy Jasmyn Arredondo, who transferred to Palmdale Station as a detective. Jasmyn was the Crescenta Valley Station's Deputy of the Year for 2017, so her transfer will be a big loss for Crescenta Valley and a big gain for Palmdale. We wish you success in your new position. Please stop by and say hi every now and then.

SAVE THE DATE

The Crescenta Valley Station annual golf tournament is scheduled for August 20, at the La Cañada Flintridge Country Club. Proceeds from the event will go toward a new mobile command post and other community events. For ticket information and details, please contact the Station. We hope to see you at the tournament.

Well, until next month, stay safe. ☆

2018 SPECIAL OLYMPICS SUMMER GAMES

By Kristy-Dee Mendizabal

On Saturday, June 9, LASD came out to show its support for the Special Olympics athletes at the 2018 Summer Games at California State University, Long Beach. The Special Olympics motto is "Let me win. But if I cannot win, let me be brave in the attempt." With that motto in their hearts, these athletes performed amazingly! ☆



Aug. 18, 2018

➤ **Special Olympics**
Southern California

Law Enforcement Torch Run **Plane Pull** Are you up for the challenge?

➤ **Plane Pull Car & Motorcycle Show** ➤ **Fun Run & Inclusion Walk**

Fun for the whole family!

Staging begins: 7 a.m. Showtime: 8 a.m. to 12 p.m.

Where: Long Beach Airport
2830 E. Wardlow Road, Long Beach, CA 90807
www.sosc.org/PlanePull • www.sosc.org/FunRun
(562) 502-1038





By Lorena Rodriguez and Station Staff
Pico Rivera Station

POLICE OFFICERS MEMORIAL WEEK IN WASHINGTON D.C.

In 1962, President John F. Kennedy signed a proclamation that designated May 15 as Peace Officers Memorial Day and the week in which that date falls as Police Week. Tens of thousands of law enforcement officers from around the world now converge on Washington, D.C., to participate in events that honor those who paid the ultimate sacrifice.

National Police Week draws 25,000 to 40,000 attendees from departments throughout the United States as well as from agencies worldwide. This provides a unique opportunity to meet others who work in law enforcement. In that spirit, the Fraternal Order of Police D.C. Lodge #1 sponsors receptions each afternoon and evening during Police Week. These events are open to all law enforcement personnel and are an experience unlike any other.

Our very own Deputy Saira Maradiaga was selected to represent Pico Rivera Sheriff's Station. With Deputy Maradiaga was Pico Rivera Station alumnus Lieutenant Sergio Escobedo, who also attended.



Deputy Saira Maradiaga and Lieutenant Sergio Escobedo



Deputy Matthew Meza at his traffic post at the LA Pride parade in West Hollywood.

WEST HOLLYWOOD LA PRIDE FESTIVAL AND PARADE

On Sunday, June 10, personnel from the Pico Rivera Sheriff's Station participated in working

the annual LA Pride Festival and Parade in West Hollywood. Among them was Deputy Matthew Meza, who was assigned a fixed traffic post at Crescent Heights Boulevard and Fountain Avenue. The intersection was the staging area for the parade, and he provided security for hundreds of marchers in the parade.

EMPLOYEE OF THE MONTH

Deputy Jesus Perez was selected by the Pico Rivera Sheriff's operations staff as the Station's employee of the month for May. Deputy Perez is an 11-year veteran who currently monitors and patrols the city's parks. He is recognized for his hard work and dedication to the city of Pico Rivera as well as the Los Angeles County Sheriff's Department. Deputy Perez is respected among his peers and always has a positive outlook. Congratulations, Deputy Perez. Enjoy your prime parking spot for the month.

41ST ANNUAL MEMORIAL TORCH RUN

The Station participated in the annual torch run in honor of fallen officer Deputy Stephen





Blair (EOW: May 12, 1995). Our leg was an approximately 6½-mile stretch from the City of Industry that ended at the Pico Rivera Sheriff's Station. We had the honor of running with Deputy Blair's son, who currently is attending the Academy. Captain Patrick Valdez shared some words of wisdom at Deputy Blair's gravesite at



Rose Hills Memorial Park in Whittier. At the conclusion of our leg, ALADS sponsored a barbecue as a thank-you to those who participated in the memorial torch relay. The Station would also like to thank Sergeant Gabriel Navarro and Deputies Gisela Del Real, Sean Phaneuf and Alfredo Chavez for organizing the event. ☆

CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

*Thank you for your many years of dedicated service to our Department.
We wish you long life, happiness, relaxation and many years of personal fulfillment.*

Victor Allende
Education Based Incarceration

Loretta J. Gonzales
Risk Management Bureau

Annie M. Mitchell
Records and Identification Bureau

Joey E. Stoker
Training Bureau

Patrick F. Bohnert
San Dimas Station

Cynthia T. Ibarra
Records and Identification Bureau

Constance R. Quintana
Records and Identification Bureau

Ruben J. Torres
Fiscal Administration

Sonia D. Carroll
Marina Del Rey Station

Shawn E. Jones
Century Station

Larry Quirol Jr.
Population Management Bureau

Ken K. Tsao
Personnel Administration

Daniel T. Cheng
Data Systems Bureau

Steve S. Kim
Court Services West Bureau

Silvia G. Sahagun
Records and Identification Bureau

Eric A. Walker
Community College Bureau

Mary C. Diaz
Food Services Bureau

Wilson T. Lee
Emergency Operations Bureau

Scott W. Walker
Custody Training Bureau

Arthur Escamillas
Carson Station

Catherine R. Magallanes
Data Systems Bureau

Carl Shannon
Parking Enforcement Detail

James E. Williams II
Court Services West Bureau

Grant R. Gazeley
Lomita Station



By Ernest Bille

American Legion Star Post 309

WORKING FOR THE BENEFIT OF OUR VETERANS

As a Post of the American Legion, we are committed to consecrating our comradeship by our devotion to mutual helpfulness. This is perhaps the most important clause in the preamble to the American Legion's constitution. It outlines in plain words what our mission is: to devote our time and efforts to one another as military service members and veterans. That is who we are, and that is what we do.

For Star Post, that effort is concentrated on the veterans and reservists in the Los Angeles County Sheriff's Department. We, along with our partners at the LASD Military and Veteran Affairs Unit, strive to ensure the needs of our veterans are met.

Just recently, the LASD MVA and Star Post hosted the first of several Veteran Benefits Fairs to come. Several veteran service organizations were



The Star Post was a presence at the veterans fair at the Twin Towers Correctional Facility in Los Angeles.

invited to the fair at the Twin Towers Correctional Facility to share their resources with any LASD employee (current or retired) who had a question or concern regarding their veteran benefits.

We would like to thank the Los Angeles County Military and Veteran Affairs (based at Bob Hope Patriotic Hall), the California Department of Veteran Affairs (CalVet), the East Los Angeles Vet

☆ IN MEMORIAM ☆

LEO E. BENAVIDEZ
JOHN E. CAMPBELL
RICHARD C. COOPER
JOHN W. FAIN
JOYCE M. FROST
JOSEPH G. HERZER
DAVID L. HOFER

RETIRED 06-18-76, DECEASED 10-19-16
RETIRED 03-17-79, DECEASED 05-29-18
RETIRED 03-25-03, DECEASED 05-28-18
RETIRED 08-01-77, DECEASED 04-19-18
RETIRED 05-02-18, DECEASED 06-17-18
RETIRED 12-14-83, DECEASED 04-16-18
RETIRED 10-03-84, DECEASED 05-14-18

JACQUES H. NADEAU
LEROY G. PIKE
WALTER J. STREETON III
LETTIE C. VELASCO
ALFRED C. WHITE
PAUL E. ZELTNER

RETIRED 09-30-06, DECEASED 05-14-18
RETIRED 08-01-77, DECEASED 06-04-18
RETIRED 07-02-82, DECEASED 06-13-18
SRA EMPLOYEE, DECEASED 06-26-18
RETIRED 08-11-87, DECEASED 11-26-17
RETIRED 03-31-74, DECEASED 05-26-18

LUIS B. DIAZ, SPOUSE OF RETIRED MEMBER RACQUEL G. DIAZ, DECEASED 05-31-18

CYNTHIA R. LOVIN, SPOUSE OF RETIRED MEMBER THOMAS E. LOVIN, DECEASED 06-14-18

WE WOULD LIKE TO THANK ANGELA BRYSON FOR HER GENEROUS DONATION IN MEMORY OF RETIRED DEPUTY JOEL LESNICK, WHO PASSED AWAY ON MARCH 8, 2018.

DEPUTY II/BAILIFF BUREAU
DEPUTY/BELLFLOWER COURT
DEPUTY/NORWALK
SERGEANT/ORGANIZED CRIME
CUSTODY ASSISTANT/IRC
DEPUTY/MALIBU
DEPUTY MARSHAL/
MARSHAL'S DEPT
DEPUTY/CARSON DB
DEPUTY III/SEB
SERGEANT/MALIBU
SRA EMPLOYEE/SRA
DEPUTY/PDC MAX
CAPTAIN/LAKEWOOD



At LASD's Community Transition Unit, Jose Avila, right, helps incarcerated military veterans reintegrate into society.

Center, and retired LASD Sergeant Danny Batanero and Army Sergeant First Class Anthony Abeyta for participating. An informational session was held in one of the TTCF classrooms, where many veterans received one-on-one information. And the fair would not have been a hit without the free taco lunch sponsored by Star Post.

Look for future emails and communications about other veteran benefits fairs in other parts of the LASD universe. We will provide as much access to veteran benefits as we can. Should you or a veteran you know have questions about accessing these benefits, such as the GI Bill, VA home loans, obtaining a rating for college tuition vouchers, or other benefits, please reach out to us through our website, www.starpost309.com, or to Deputy Carlos Levorio at the LASD MVA via email. For American Legion members, contact our American Legion Veteran Service Officer Marc Jenkins. Email us and we'll forward you his information.

SPOTLIGHT ON A LEGIONNAIRE

This month we feature another of our Legionnaires, Jose Avila. We got a chance to catch up with Jose during our Veteran Benefits Fair at the TTCF. Jose was one of the first veterans to sign up for membership in Star Post 309 when we began our revitalization in 2016. This is his story.

Jose Avila joined the United States Marines Corps in April of 1997 and attended boot camp at the Marine Corps Recruit Depot in San Diego, California. He was initially attached to the 3D Civil Affairs Group (3D CAG) out of Camp Pendleton, from where he deployed to various countries in Central America. While assigned there, he worked with host nation militaries, conducting missions dealing with humanitarian aid and local governance.

In 2003, Jose was mobilized as part of the initial efforts going into Iraq that later became Operation Iraqi Freedom (OIF). Subsequently, he deployed for a second tour to Iraq in 2005.

From 2003 to 2008, in addition to the two deployments to Iraq, Jose was joined to a unit monitoring and providing resources to combat-injured veterans. This unit later grew to become the Wounded Warrior Battalion—West. Jose was in charge of approximately 80 ill and/or injured Marines.

Jose was hired by the Los Angeles County Sheriff's Department as a Custody Assistant in June 2008. His first assignment was at East Facility (Old Max), where he learned the foundation for his career with the Department. Later, he promoted to a specialized unit with Immigration Customs Enforcement as a Custody Assistant under the 287(g) program. Other assignments included working at Central Housing and his current assignment at the Community Transition Unit.

During his service with LASD, Jose has remained in the Marine Corps Reserve. In January 2012, Jose was mobilized a third time, in support of Operation Enduring Freedom in the Helmand province of Afghanistan, where he was a Staff Non-Commissioned Officer in Charge of a Civil Affairs Team of five Marines performing civil-military operations in the Nawa district.

After 21 years of service to our nation, Jose is still serving as a master sergeant in the Marine Corps Reserve, where he mainly helps Marines who have recently transitioned out of the service and are looking to start their civilian careers. This includes veterans actively seeking to join the ranks of the LASD.

Jose is working at the Community Transition Unit, where his primary duties include being



Avila has served tours as a Marine in Iraq, Afghanistan and Central America.

the liaison for incarcerated military veterans, in partnership with the Veterans Affairs, providing resources to veterans reintegrating back into society. On a personal level, he reaches out to members of the Sheriff's Department, sharing information on veteran benefits and building a network of organizations designed to provide services for our military veterans.

Jose's work exemplifies the quality of our Star Post members. He is a credit to the Marine Corps and the Sheriff's Department, and we are honored to call him our comrade in The American Legion. Thank-you for your service! ☆



By David Ibanez
Palmdale Station

I'm back after a 90-day loan to Recruitment Unit. It was an honor to represent the Station and the Department in our recruiting efforts. I had the opportunity to meet some great deputies and even got paid to travel with them! Now it's time to catch up on the last three months of noteworthy events.



Deputy Hawkins, left, is Deputy of the Year.

DEPUTY OF THE YEAR

Deputy Hawkins was recognized as Deputy of the Year for 2018. The Station is proud to have him be the example of a hardworking deputy. Deputy Hawkins was a training officer and instilled his wisdom upon deputy trainees. He continues to do that as part of the Robbery Suppression Team. He's a man of few words but when he talks, people listen.

WELCOME TO THE TEAM

The Community Relations Office would like to welcome Deputy Mike Villalobos to the unit. Our previous zone deputy, Eric Caplinger, promoted to sergeant and is now assigned to Santa Clarita. Now that I think about it, Mike has a striking resemblance to Lancaster's *Star News* writer....



Deputy Mike Villalobos, left



BAKER TO VEGAS

Congratulations to the 2018 B2V team for posting the best time in Palmdale history. They had a record time of 15:43:13 and jumped 70 spots! Sgt. Grimes has already begun recruiting for next year's team and has time trials scheduled. He's got one mission in mind: beat Lancaster.

TRAUMA KITS

Our recent active shooter at Highland High School was a true testament of "If you're always ready, you don't have to get ready." Deputies are better prepared, thanks to the Palmdale Sheriff's



Boosters and Swift Tactical, who purchased four mass casualty bags. These bags are deployed in the sergeant vehicles and each bag has the potential to save 16 to 50 victims. The Department is looking to duplicate this effort at every station.





OWEN ARENA

A dedication ceremony took place March 7 to rename the Fort Tejon Equestrian Center to the Sergeant Steve Owen Equestrian Arena. Department members, local dignitaries and, of course, Owen's equestrian family were present for the reveal of the new sign.



POLICE UNITY TOUR

Lieutenant Gunn, Deputy Jodi Wolfe and Detective Alicia Ramirez were among 2,500 peace officers nationwide who completed a 300-mile bike ride from New Jersey to Washington, D.C. They trained hard all year to honor those who have paid the ultimate sacrifice. The Police Unity Tour raised

\$2.6 million this year to donate to the National Law Enforcement Officers Memorial Fund.

SUMMER TEAM

It's a *cool* 100-degree-plus average in the A.V. With the heat usually comes an increase in calls for service. That's where these crime fighters, pictured above, come in. Their proactive police work throughout the year is a reason Palmdale continues to have low crime rates.



Detective Alicia Ramirez, left, Lieutenant Gunn, middle, and Deputy Jodi Wolfe, right

BEND IT LIKE CESAR

Deputy Cesar Vilanova is a member of the LASD men's soccer team that recently participated in the 2018 Police & Fire Games. They brought home gold after beating LAPD twice in the series. Cesar plays sweeper and was essential in winning the 5-out-of-7-games series. Congrats, we're all proud of you.

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Gold-winning LASD men's soccer team



Palmdale Deputy Cesar Vilanova with a young fan.



PEER SUPPORT PROGRAM

By Mike Rodi

The Sheriff Department's Peer Support Program provides a way for employees to talk confidentially about any personal or professional problems with trained co-workers who understand.

As life happens, the issues and difficulties we face will change and the way we choose to handle life situations varies as well. For example, some people may want to turn directly to professionals. While for others, speaking to fellow peers who have been there and can relate to their situations is preferred.

A career in law enforcement can be very

challenging and stressful. Law enforcement officers and civilian personnel deal with many issues, such as critical incidents, long hours, extended periods away from their families, work overload, work injuries and mandatory overtime. These issues can cause stress and damage your relationships with family and friends.

Emotional survival in law enforcement is crucial. If you want a long, successful career, it is important you seek training or professional advice when needed.

The Peer Support Program and the many

resources it offers help employees manage personal and professional problems that may arise over a long law enforcement career. Peer members have been trained to evaluate most of the common problems we see in law enforcement. Their training helps you get the level of resources the Department provides. It can be as simple as just being a good listener and providing training information for you.

If you or someone you know may benefit from the Peer Support Program and would like more information about it, please call (213) 738-3500 or email me at marodi@lasd.org. ☆

Palmdale Station *continued from page 15*



HOOK OF THE DECADE

To say it was the hook of the month would not do it justice. I'm sure you've already seen it all over the news — 553 firearms seized by the PAC Team, County Summer Suppression Team and the California DOJ. Even President Trump tweeted about it. OK, we found out it was "fake news" but it's cool anyways. PAC served a search warrant at a residence in Agua Dulce on a convicted felon and discovered over 400 firearms. They learned the suspect had an

associate at another location, and the Summer Team served a second warrant, where they discovered more firearms. While serving another warrant at the suspect's residence for communication devices, they discovered even more hidden firearms.

Great proactive police work to all those involved. A bad man went to jail and hundreds of guns were taken off the street. We've been getting calls from across the nation saying what a great job you all did. ☆





NOW AVAILABLE AT SRA EMPORIUM

Department
Approved

CLASS A UNIFORM

**CLASS B UNIFORMS ARE ON ORDER.
CHECK THE SRA WEBSITE FOR MORE INFORMATION.**

SRA SPECIAL PRICES!

In continuing to provide LASD gear at unbeatable prices for personnel, the SRA Emporium is now pleased to introduce **Department-approved Horace Small Class A men's and women's uniforms!**

\$59



SAVE EVEN MORE ON COMBOS!

Short-sleeve shirt with pants \$114

Long-sleeve shirt with pants \$119

SHIRTS

- ✓ Double-needle stitching
- ✓ 7-button front
- ✓ 2 chest pockets with rounded corners and hook-and-loop closure
- ✓ Convertible collar on short-sleeve shirts
- ✓ Satin-lined collar with collar stays and elbow reinforcements on long-sleeve version
- ✓ Exterior badge tab with metal eyelets
- ✓ Functional epaulets

PANTS

- ✓ Keystone belt loops with center-back standard belt loop
- ✓ Solid brass zipper with French fly tab-and-button closure

For Women

- ✓ **NEW** Function Fit with a contoured shape custom-designed for female deputies!
- ✓ Comfort Cool-Flex waistband extends up to 3" to fit different body types and eliminate gaping at the back

For Men

- ✓ 2" Ban-Rol continuous closed waistband with Snugtex to keep shirt tucked in
- ✓ 2 on-seam pockets

\$64



\$58



For more info, visit sheriffsrelief.org/store

Sheriffs' Relief Association Emporium

STARS Center, Whittier (562) 946-7271

L.A. SHERIFFS' MUSEUM

By Chris Miller

Los Angeles Sheriffs' Museum

THE MURDER OF DEPUTY DAVID MARCH, PART 2

Medical personnel were waiting outside when the ambulance arrived at Huntington Memorial Hospital. After wheeling Dave's gurney into one of the emergency rooms, the nurses told the deputies, "We need to treat him now, you need to leave." The deputies complied, but only so far as to wait outside the entrance to the ER.

Deputy Tiffany Burgoyne desperately wanted a cigarette, but they were in her rollout bag in the radio car. None of the other deputies smoked, so she just had to handle the situation without a cigarette. As the news media began to arrive, the deputies went back into the waiting room to avoid being interviewed.

THE LONG TRIP TO THE HOSPITAL

Teri March went to work as usual that morning. A short while later, a receptionist said she had received a call from the Sheriff's Department asking if "Teri March" worked there, then was told not to mention the call to Teri. A few days earlier, Teri had backed into another car in the company parking lot. She had been so focused on the damage to her car that she had forgotten to look for damage on the other car. Dave

Teri switched gears instantly as she realized something was definitely wrong. She asked what happened. Janet said she didn't really know, but they had to go. Teri offered to drive but Janet told her, "We can't, I have to take you someplace." When Teri asked where, Janet replied, "I'm going to take you to the helicopter."

Teri's stomach dropped. Dave had told her they only transport family members by helicopter if a deputy is dead or in grave condition. Now she knew why Janet was there, but she kept hoping that by some freak accident they had the wrong person.

When they arrived at the helipad, a deputy asked Teri if she knew the phone number for Dave's father. She gave him the number, then climbed into the helicopter. As she sat there, many things went through her mind. Dave had told her, "If anything should ever happen to me, you'll be OK." He had made sure she knew where he'd put the pass codes and all of the other things she would need. She remembered their conversation about life insurance and what she should do, and how she hadn't wanted to talk about it. Teri hadn't wanted to believe his job was so dangerous.

Arriving at the hospital, a deputy she did not know met her, explaining that Dave had been shot but was

ing sight of a blood-soaked Tiffany. Tiffany tried to conceal the blood, but it was impossible. There was so much blood Teri thought Tiffany had been shot, too. She found out later that Tiffany was one of the deputies who had desperately rendered aid to Dave as he lay bleeding in the street and had supported him on the frantic trip to the hospital.

When Tiffany first saw her, Teri looked distraught and confused, as if in shock. She didn't seem to understand what was happening around her. When Teri was asked a question she either shook her head yes or no but could not speak. When she wasn't being asked a question, she just stared off into space. Teri looked over and locked eyes with Tiffany, who wanted to hide because she didn't want Teri to see her bloody clothes.

TERRIBLE NEWS

Erin, Dave's sister, was at the doctor's office for her son, Jake, who was having his 4-month-old checkup. Jake was going to be immunized and they were in the waiting room when she got a strange call from her husband, Kimo, a D.A. investigator. He told Erin that Dave had been shot. Erin thought Dave had probably shot himself in the foot so she couldn't understand why Kimo was so upset. Kimo had been contacted by his deputy friend, Gregg Bruner, but had very few details, so he told Erin he would get back to her.

Kimo then received a call from Sheriff Baca, who was vague about Dave's condition. Desperation now mixed with anger and fear as Kimo demanded, "Is he alive? I need to know. Just tell me." The Sheriff told him that Dave had died.

A short time later, Erin received an anguished call from her mother: "Dave is dead."

Shock and disbelief numbed Erin. "No, he's not!"

Her mother said, "Yes, he is!"

They went back and forth several times before her mother said again, "He's gone, Erin!"

Erin couldn't seem to grasp what she'd just been told as she thought, "That's impossible!"

Then it struck her, "They must have the wrong guy!" She immediately felt sorry for the real family of the deputy who was shot because there was no way it could be her brother. Her mind swirled as she tried to make sense of information that made no sense. It had to be a mistake. When she got off the phone, a nurse came over and held her, rubbing Erin's head in an attempt to comfort her. Finally, a D.A. investigator sent by Kimo arrived to take her to the hospital.

Erin's mother, meanwhile, was in Arrowhead and had to find a way to get to the hospital because Kimo, who was attending training in San Diego, couldn't pick her up.



Kimo, Erin, Teri and Dave on a boating trip

had jokingly told her she had committed a crime and they were going to come and arrest her. She thought this strange call was just her husband playing with her.

A short time later, a friend of theirs, Deputy Janet Bartholomew, showed up at Teri's business in civilian clothes. Teri thought Janet was part of Dave's joke so she was amused when she saw her. But Janet looked very serious and said, "There's something wrong with Dave."

OK. Nobody had mentioned anything about Dave being shot, but Teri took some comfort in what she had just been told, refusing to believe that Dave might be gravely injured.

The deputy and Teri took the elevator down. When they reached their floor, everyone's eyes turned to her. All those apprehensive eyes caused a sick feeling in her stomach. She was taken to a waiting room, where she was met with the shock-



COPING WITH DEATH

Erin couldn't believe her eyes when she arrived at the hospital. Sheriff's cars filled the parking lots, the surrounding streets and even in front of the emergency room entrance. As the ER doors opened, she was aware of people everywhere, but she only noticed her friends Annette and Faisal Frayeh, who were crying. A D.A. investigator took the baby from her and Erin went over to her friends, where they hugged and cried together. Erin, Teri, Kayla, Dave's father and several friends were ushered into a room. Everyone looked bewildered and shocked as Sheriff Baca came in to explain what had happened. It was then that Erin's body started going haywire. She said she thought her blood sugar was dropping, so her friend ran to get her some food. Erin was getting sicker by the minute, so another friend helped her to the restroom, where she began to vomit violently, then fainted. The next thing she knew, she was lying in a hospital bed being given an IV. Suddenly she heard Jake crying and that snapped her out of her foggy state. He was brought in so she could feed him.

Dave's mother arrived at the same time as Kimo, who was flown in by a Sheriff's Department helicopter. Eventually the family members were taken to a room where Sheriff's Department psychologists kept asking questions, but Erin didn't feel like talking. Kimo was rubbing her shoulders and told the psychologists, "We're good. We've got this."

COORDINATING THE SEARCH

While family members were being taken to the hospital, the search for the suspect continued. Despite the magnitude of the event, the air needed to be freed up so that regular radio traffic could resume. All units involved in a situation such as this are switched to a tactical frequency. This allows for direct communication without disrupting normal operations.

Once things calmed down, dispatcher Lilia Jimenez took a break and was encouraged to go outside and collect her thoughts. When she returned and plugged back into the console, she couldn't help but wonder about David March's condition. Everyone is affected when a deputy is injured so at the end of

the shift, Lilia and the other dispatchers stayed and talked. They understood how it felt to handle extreme emergencies and were all worried about the deputy and his family. On her drive home, Lilia kept thinking, "I can't believe this happened, I can't believe this happened!" It still pops into her mind every now and then, and it is something she will never forget.

THE MANHUNT FOR A KILLER

Tiffany left the hospital and returned to the station. After changing out of her bloody clothes and cleaning up, she and her partner drove to the command post near the shooting scene. Everyone wanted to find this killer, so deputies came from all over to assist with the manhunt: OSS, Major Crimes, Narcotics Majors Unit and many other specialized units. Containments were set up from Industry Station all the way down to Cerritos and Lakewood. At that point, the number of suspects and direction of travel were still unknown.

While the search for the suspect continued, the shooting scene was being processed. Evidence was being collected, photographs taken and witnesses interviewed. The witnesses had been driving by when the deadly traffic stop occurred, so each person saw a different portion. One saw the radio car stop the vehicle, another saw Dave approach the vehicle, while another saw the altercation between the suspect and Dave. The best piece of evidence that the homicide investigators had, which led to the identity of the suspect, was the license number that Dave had typed into the MDT before making the stop.

INCOMPREHENSIBLE REALITY

Sheriff Baca came up to Teri and began talking to her, but she couldn't comprehend much of what he said, other than that Dave had been shot. As the reality sank in, Teri began to go into shock. She finally interrupted him and blurted out, "Is he dead?"

Sheriff Baca answered, "Yes."



Teri had thought that if this ever happened, she would be screaming hysterically, but she just sat there, frozen. Overcome by shock and grief, the only outward evidence of her pain was a small whimper. As the Sheriff continued talking, it was as though she were in a dream, this could not be real. The words echoed in her ears but did not register. She needed water; she felt strange, as though she was going to pass out.

Teri just kept asking, "Can I see him? Can I see him?" She could not believe that Dave was gone. He was 6 foot 5 inches and in great shape. He worked out almost every day. He was tactically sound. He was invincible. There had to be some mistake. She needed to see him, to verify it was true, but they said he had been shot at close range and didn't think it would be a good idea. Still, she begged to see just a part of him, even his hand.

Teri glanced over at a television in the corner of the waiting room just as breaking news came on saying that a deputy had been shot. They were playing footage of deputies performing CPR on Dave. Then the coverage transitioned to the helicopter that Teri had arrived in as it landed at the hospital. Seeing news that pertained to her was surreal. News was always about someone else.

Teri looked around at the room filled with deputies. It helped having people whom she considered her extended family grieving with her, yet without her immediate family there, she still felt alone.

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Eventually Teri's daughter was brought in, but this only intensified her pain. They were starting all over again, facing a frightening new future without Dave, and the road would be long and difficult. Arriving home later, exhausted and completely spent, she found news cameras in front of her house and flowers covering her doorstep, which only reinforced the pain and loneliness.

When Tiffany returned home that night she put the bag containing her bloody clothes in the garage. The clothes were eventually thrown away. The one thing she couldn't get rid of, and it bothered her for days, was the blood underneath her fingernails. She picked continually at her nails, trying to remove the blood.

THE INVESTIGATION

Homicide Investigators Sgt. Ken Gallatin and his partner, Sgt. Steve Katz, were two of the 25 homicide detectives who responded to the killing of Deputy Dave March, and they were sent to the hospital to obtain any information they could. They interviewed witnesses and knocked on doors, looking for additional witnesses. Other investigators attempted to track down the registered owner of the vehicle that Dave had entered into his MDT.

THE TASK FORCE

Within 48 hours, a task force led by Detectives Katz and Gallatin assigned investigators to obtain and serve search warrants, interview witnesses and check out the many leads that were pouring in. All of the leads were cataloged and categorized so that they could be followed up systematically. Once it was determined that the suspect had fled to Mexico, the focus shifted to building the best case to get a conviction.

A BIG BREAK

The big break came when Martina Murillo, the registered owner of the vehicle used by the shooter, reported the car as stolen. Originally, she claimed that the Nissan had been parked with the keys in it at the Prado Dam Recreation Area while she went for a walk. When she returned, the car was gone. But upon being interviewed by Homicide Investigators Ray Lugo and Boyd Zumwalt, Martina admitted that after her husband found out that the murderer of Deputy March had been driving their car, he called her and asked that she report the vehicle as stolen. It turned out that Martina's husband, Jose Cabrera, had a close connection to the suspect since they were all from the Mexican town of Morelia.

Once the suspect was identified, Detective Lugo asked Martina for a photograph of Jorge Arroyo Garcia. She looked but couldn't find one.



Deputy March with wife, Teri, and stepdaughter, Kayla

Garcia had only been in the United States for a short time, but Martina remembered a recent birthday that he had attended. After looking at a video of the party, she found a short segment of Garcia. Lugo took the birthday video to the Tech crew, which pulled a picture of the suspect from the footage. Copies of the photo were distributed and homicide investigators fanned out, contacting anyone who knew, or had contact with, Garcia.

THE GETAWAY

Investigators Lugo and Zumwalt talked to Cabrera, who said that after shooting Deputy March, Garcia drove to a cul-de-sac in Baldwin Park not far from the home of his former girlfriend and parked the black Nissan illegally. He then walked to a nearby strip mall where he knew the owner of a small market and called Cabrera, who picked him up. He was dropped off at a cousin's house in El Monte, where he called a taxi. He asked the driver to take him to the Mexican border, but was told there were restrictions on where the taxi could go. The cabdriver said that when he got off work, he could use his personal vehicle. Later that day he returned and picked up Garcia. On the way to the Mexico border, detectives believe that Garcia asked to stop in a desolate area, where he discarded the murder weapon in a trash bin. The driver was unaware of the shooting so when he reached the San Ysidro border crossing, they drove through the checkpoint. Garcia was dropped off in Mexico and the driver returned immediately to the United States.

Since the vehicle was entered into the system as stolen, a parking control officer cited the car, which was then impounded and searched by investigators. They discovered that Garcia had also been involved in a drive-by shooting. His former girlfriend had broken up with him because her parents wouldn't allow them to date. He had sought revenge by shooting up the parents' house.

THE KILLER IS LOCATED

Garcia had been living in a room of a rented house, but when investigators obtained a warrant to search his room, all they found was ammunition and clothes. Within four weeks, it was determined

that Garcia was in Mexico. Shortly after that, Detective Katz was left on his own when Gallatin, his partner, retired because of an injury. Because Katz was relatively new to homicide, he was partnered with veteran detective Mark Lillienfeld and they became the lead investigators on the case. Lillienfeld and Katz followed protocol to ensure that Garcia was in Mexico while a massive manhunt was conducted by members of the Mexican federal government, U.S. Marshals Service and the Sheriff's Department. The U.S. Marshals expended a tremendous amount of energy, resources and assets over a two-month period to find Deputy March's killer. When Garcia was located, he seemed to be settled in one place and following the same routine every day. Working with the D.A.'s Extradition Office and the Office of International Affairs, they now had to provide sufficient evidence to prove their case in order to obtain a Mexican arrest warrant.

TREATY WITH MEXICO

Lillienfeld and Katz were concerned that because of Garcia's Mexican citizenship, he could be tried in Mexico and, if convicted, serve his time there. A treaty between the United States and Mexico states that if Mexico extradites a Mexican citizen for prosecution in the United States, the United States will not seek life in prison or the death penalty. This was not acceptable, so before the Sheriff's Department agreed to this arrangement, they wanted to try to capture Garcia by luring him back to the United States or coaxing him into international waters, where the terms of the treaty did not apply. They located one of Garcia's former girlfriends with whom he had children and had her try to persuade him to cross the border and see his kids, but it didn't work. After two years of failed attempts, they decided their only choice was to follow the legal procedures of Mexico.

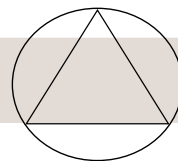
VISITING TEMPLE STATION

Teri was grieving, but she knew the deputies were too, so a few days after Dave's death, she went to Temple Station to meet the people who had tried to save her husband's life. They would always have to live with whatever they saw, or had to endure, so it was important that they know how much she appreciated what they had done.

Taken to her husband's locker, Teri was asked if a Class A uniform could be used to dress Dave for his funeral. Of course she said yes. The locker contained all kinds of candy bars typically sold at fundraisers. Dave didn't like that kind of candy, but she knew it was just like him to support his

continued on page 21

Peace Officer's Fellowship



By Willis Braggs

SOBER LIFE AHEAD

Many of the people I meet who are in recovery thank their lucky stars every day that they gained their sobriety when they did. Most of them wished they had sobered up sooner, although they almost unanimously subscribe to the idea that everyone quits drinking when they are ready. Not every alcoholic has to hit bottom to successfully quit drinking.

Each individual alcoholic has their own low point, their own bottom. For some, being arrested for driving under the influence of alcohol may be the low point. The experience of being booked, being relieved of duty and enduring the humiliation that inevitably follows such an experience may be the incident that makes them bottom out. Others, however, may appear destined to continue down the path toward destruction. For them, a single arrest for DUI can be explained as "bad luck." Poor evaluations can be written off as "beefs with the brass." Failed relationships can be blamed on "the other person." Alcohol, for these individuals in denial, is always the last factor to be noticed.

For the untreated alcoholic, or the alcoholic who thinks they are "functional" enough to keep drinking, the bottom may be a very harsh place. It may be realized only after they have lost their job, their home, their money or their family. Some alcoholics, including law enforcement officers, find their bottom point inside jail cells as a result of a drunken traffic collision or domestic fights.

Again, most of the alcoholics I have met wish sobriety would have come sooner in their lives. They look back with amazement at how they

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

NAME	HOME PHONE	CELL PHONE
Eric Castano*	(562) 673-3374	(323) 537-0927
Joe Collins	(320) 684-4008	(909) 240-0509
Bob Ghan		(714) 916-3299
John Heckman	(661) 272-5756	
Kathy King		(714) 323-8600
Chris Loomis	(626) 447-9011	(626) 230-3137
Dave Philippon		(909) 296-0203
Ray Terhorst	(505) 705-5656	
John Valencia	(909) 599-1160	(951) 316-3633
Marty Weirich	(360) 570-1216	

*Active LASD

ignored the destruction that alcohol brought into their homes, their careers and their families: they were stopped and sometimes arrested for DUI; they were coming to work late or using sick time to stay home altogether and their personal lives were unraveling. Financial problems were common denominators in their stories, but it was often overlooked as one of the causes of their problem. Many alcoholics viewed alcohol as their only relief from the stress, not its cause. Some had to hit rock bottom, others came close enough to get a good look at it. That is when they decided to get sober. In the end, many alcoholics realized alcohol was making their lives unmanageable.

If you find yourself unable to control your drinking, multiple resources are available to help you. The

Peace Officer's Fellowship (POF) is one of those resources. It is a group of peace officers committed to living sober lives and helping others achieve and maintain sobriety. It offers support with confidentiality, and each month a few of its members' names and phone numbers are printed here in the *Star News*.

In addition to POF, help is available through the Psychological Services Bureau's Substance Abuse Resource Program (SARP), along with the Peer Support Program (including Vets4Vets), the Chaplain Program and private or local resources (e.g., Alcoholics Anonymous and Narcotics Anonymous). We are here to help you take the first step to identify that substances are a problem and to support your path to sobriety through services at PSB and in the community. ☆

Los Angeles Sheriffs' Museum *continued from page 20*

partners by purchasing candy their kids were selling. The door was decorated with a cross and USC decals, along with two photographs, one of Dave and Teri on a fishing trip he had surprised her with, and one of Dave and Kayla on a motorcycle.

The locker was eventually moved from the locker room and placed in the briefing room so that Dave would never be forgotten. Someone also drew a picture of David March that is now displayed in the lobby of Temple Station. Every time Deputy Rafter walks by the locker, it reminds him of that day and how Dave was expecting to get off work at 1400 hours, change out of his uniform and go home to his family, but didn't.

Two of the deputies who were there during Teri's visit are not alive today. Four years after Dave's death, Deputy Pierre Bain was killed on his Sheriff's Department motorcycle while patrolling in Lancaster. Deputy Zoltan Tombol took his own life a few years after the shooting.

A MESSAGE FOR DAVE

On April 29, 2002, the day of his death, Dave kissed Teri and said goodbye like he had done every day for years. Later in the morning he called, asking about something on the computer hard drive that she didn't understand, so she suggested he talk to her brother who had recently moved in with them.

Around 9 a.m., Teri made the one phone call she will never forget. It went to Dave's voicemail and she left the message, "Have a great Monday, I love you!" Dave was murdered at 10:30 a.m. When his belongings were given to her, the first thing she did was check his voice messages to see if he had listened to the message and was relieved to know that he had heard it. She was glad he had been able to hear her voice one more time that day. She never imagined it would be the last thing she ever said to him. Teri wishes she could have had one more conversation with him and that she had been more alert when he woke her that morning to say goodbye.

This story will be continued in the next issue. ☆



Sergeant Lance Eddins, Sergeant Kristen Deschino, Lieutenant Bill Nash, Lieutenant Hector Mancinas, Sergeant Nelson Rios and the winner, Operations Lieutenant Jodi Hutak, seated, at their final weigh-in. Not pictured is Sergeant Adrian Guillen, who gets an honorable mention for losing 10 pounds!

SUPERVISORS' FINAL WEIGH-IN

As May 31 neared, you could hear an audible sigh come from the sergeant's office at West Hollywood, because the seven supervisors engaged in the recent weight-loss competition knew the end had come. As we all ascended the stairs to the second-floor gym for our final weigh-in, the moment of truth awaited ... and the scale does not lie. In the end, Operations Lieutenant Jodi Hutak took first place with ease, losing 27 pounds, a whopping 19.3% of her body weight! Collectively, the group of seven lieutenants and sergeants lost 93 pounds! Actually, let me rephrase that. Five supervisors lost 93 pounds, while one lieutenant broke even and another sergeant, who didn't get the correct memo, gained 4 pounds! This sergeant, who enjoyed countless doughnuts and "adult beverages" throughout his weight-loss journey, will remain nameless for now. Overall, the challenge was a success in that it encouraged all of us to take better care of ourselves and have some fun while doing it.

SPEAKING OF DOUGHNUTS...

National Doughnut Day (June 1) took West Hollywood Station by storm, with rogue trainees

grabbing plates of doughnuts and begging to pose in front of the Station emblem. See, we have photographic evidence! To the featured, anonymous



An anonymous WHD deputy poses with his favorite treat on National Doughnut Day.



West Hollywood DB Sergeant Jeff Bishop takes a selfie with Detective Boagni, the rest of WHD DB and WHD COPPS Team deputies.

deputy, thanks for being a good sport and sacrificing your humility for the sake of our Twitter posts!

PLAYING COPS AND ROBBERS, LITERALLY

Beginning in April and lasting through May, a white sedan occupied by two suspects looking for their next victim would cruise through the popular bar areas of WHD about once a week. As the sedan slow-rolled past inebriated patrons, the driver would bring the vehicle to a stop so that the passenger could exit and escort an intoxicated male to the car. The driver and passenger pretended they were operating an Uber vehicle and that they were the victim's designated ride. After entering the vehicle, the male victims would be forced, sometimes at gunpoint, to withdraw funds from a local ATM, and they were then dropped off throughout the city and surrounding areas. Repeat crimes like these irk everyone who works in a patrol setting because we all despise predators who prey on our residents.

The multiple 207/211 cases landed on the desk of Detective Greg Boagni, a veteran detective in WHD DB slated to retire at the end of the summer. This would prove to be his last case, and as Detective Boagni said himself, "I'm going out on a good one." As soon as a solid suspect vehicle description was produced through DB's efforts, Early Morning deputies began hunting for their suspects. Deputy Manuel Barraza, a Training Officer on EMs at West Hollywood, did just that. Since the onset of this crime trend, Deputy Barraza would troll the city streets in the darkness, looking for that white sedan with our robbery/kidnapping suspects. And, lo and behold, he found them. After some good,



LA Pride Weekend group photo in front of the West Hollywood Station

old-fashioned obs work, Deputy Barraza T-stopped the suspect vehicle, field-IDed the two suspects and inventoried the vehicle, which included receipts from some of the victims' ATM transactions. The traffic stop and related information ultimately led to the identification of the two suspects.

As a result, Detective Boagni, with the assistance of his partners in DB, served two location warrants, where stolen property and several guns were confiscated. Both suspects were later brought into custody for multiple felony charges. The hard work and drive to catch the bad guys, as demonstrated by Deputy Barraza in the field and Detective Boagni behind the scenes, is the foundation of what we all should be as deputies. It is because of these sound observation skills and solid investigative work that two more criminals were brought to justice in WeHo.

As a final note, we wish Detective Boagni a happy and healthy retirement. You will be missed!

LA PRIDE TAKES OVER WEHO

The nonprofit organization known as Christopher Street West organized the world's first

permitted parade advocating for gay rights in June of 1970. This parade served as a commemorative gathering in honor of the Stonewall Rebellion on Christopher Street in New York City in 1969. Throughout the past 48 years, CSW has served as a voice for the LGBTQ+ community across the Los Angeles area, and every June it organizes the LA Pride Parade and Festival in the city of West Hollywood. The event is a massive undertaking by multiple participating agencies, with several hundred deputies recruited to work staged locations throughout in the city to keep attendees and participants safe. The streets are filled with people from all across the globe, coming together to celebrate their diversity. This year's LA Pride weekend went off without a hitch, and it was a beautiful weekend for all involved.

BREAKING NEWS: LOST HILLS OPERATIONS STAFF BARBECUES IN APRONS ... WEST HOLLYWOOD EATS LIKE KINGS!

After a friendly bet between running rivals, the second-place winners (we can't all be first, right?)



LHS Operations Sergeant Shawn Ruda, WHD Captain Sergio Aloma, LHS Captain Josh Thai and LHS Operations Lieutenant Randy Tuinstra

arrived at the West Hollywood patio with barbecue supplies. The prior wager: Whoever — LHS or WHD — has the faster time at B2V wins. The loser barbecues at the winner's home turf. Well, on Wednesday, June 27, Lost Hills Station Operations arrived and they were wearing adorable pink aprons, to boot. The food was delicious, gentlemen. Double or nothing next year? ☆

L.A. County Retired Marshals Lunches for 2018

ALL LUNCHES ARE SCHEDULED FOR 12 NOON

September 5

Black Bear Diner
7005 Knott Ave.
Buena Park

October 3

Marino's Italian Restaurant
17126 Bellflower Blvd.
Bellflower

November 7

Yang Chow
3777 E. Colorado Blvd.
Pasadena

December 5

Villa Tepeyac
2200 E. Garvey Blvd.
West Covina

GEAR YOU NEED AT UNBEATABLE PRICING

Deputy Cloth Star (Velcro)

\$3.95



Sheriff Front Emblem (Velcro)

\$3.50

RIFLE PLATE CARRIER VEST

This must-have vest accommodates rifle fire plates and soft armor.

\$54.95

Sheriff Back Patch (Velcro, 7" x 3")

\$6.95



Rifle Fire Plate
NIJ-certified,
Level III, lightweight

\$129.99

REINFORCEMENTS

KEEPING YOU COVERED

NIJ IIIA Level Soft Panel
Handgun-rated, bulletproof
soft-side panels

\$39.00



ACCESSORIES

HELP AT HAND



AR Double Mag Pouch **\$10.00**

Two double-stack pistol magazine pouches hold AR-style 5.56/223 or 7.62x39 magazines.

Tourniquet Holder **\$4.99**

Tourniquet and trauma shear pouch with MOLLE and belt-loop straps. Available in black or green.



Soft Tactical Tourniquet **\$29.99**

For control of severe bleeding; 1.5"



Radio Holder **\$5.75**

MOLLE pouch holds two AR/AK 30-round magazines or a two-way radio.



Modular Universal Holster **\$15.95**

Ambidextrous modular MOLLE holster fits full-size and compact semiautomatics.



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GUARANTEED!**

See a Lower
Price in Any Store?
We'll Beat It!

Why spend elsewhere when you can keep your money
GREEN with SRA? Check us out today!

ACCESSORIES

IN THE FIELD



\$39.95

QuikClot Adventure Medical Kit

First-aid kit packed with supplies including clotting sponge, gloves, gauze, dressing and informational book.



\$8.99

Ambu CPR Res-Cue Mask

Transparent rescue mask allows for protected rescue breathing.



\$22.50

Interceptor X Duty Gloves

Reinforced and lightly padded. Microperforated holes in the palm and ventilated, meshed wrists help keep hands cool.

FOOTWEAR

BOOTS ON THE GROUND



\$119.75

OD 30 Side Zip Boot

9-inch Class B side zipper boot with padded collar and rubber sole. Full-grain leather with nylon upper. Meets American Military Standards.

AUTO ESCAPE TOOL

EASY OUT

Blowout Sale!

\$13.99

Lifehammer's Safety Hammer – Evolution

Both adults and children can use this automatic, ceramic safety hammer to quickly get out of a car during an emergency. It easily and safely shatters car windows and cuts seat belts. The hammer fastens to the car door or middle console for easy access.



We're not in it for profit — we're here to serve you.

The SRA Emporium is dedicated to providing the gear Los Angeles Sheriff's Department personnel need at unbeatable pricing, guaranteed.

Support the efforts of the Association by making the Emporium your first stop for tactical equipment, LASD merchandise, and gifts for friends and family.

**SUPPORT
THE STAR**
Shop SRA Emporium



NOTEWORTHY

The HOJ Cafeteria is now open! Thank you to everyone for all the hard work and time put in by our HOJ Cafeteria staff. Your work and dedication to the Food Services Unit has been invaluable and your can-do attitude is why the Food Services Unit is one of the best in the department and the correctional food services industry.

RECIPE OF THE MONTH

August is the time of year when summer fruits and vegetables are at their peak flavor. Heirloom carrots, squash and peaches are a few of them

THREE-BEAN SALAD WITH CREAMY LEMON DRESSING

Dressing

- ½ cup plain Greek yogurt – whole milk
- ¼ cup extra virgin olive oil
- 3 tablespoons fresh lemon juice
- ½ teaspoon finely minced garlic
- ½ teaspoon kosher salt

Salad

- 1 pound green beans, washed, root end trimmed
- 1 pound yellow beans, washed, root end trimmed
- 2 tablespoons olive oil (to sauté onions)
- 2 medium red onions, sliced in half through the root. Each half thinly sliced crosswise
- ¼ teaspoon salt (for the onions)
- 3 ripe plum tomatoes
- 1 15-ounce can cannellini beans, drained and rinsed
- ½ cup packed basil leaves, washed, dried, finely chopped
- Kosher salt and fresh ground pepper, to taste

DRESSING

In a small bowl, whisk yogurt and olive oil until creamy. Add lemon juice, garlic and salt, and whisk until creamy and fully combined. Set dressing aside.



SALAD

1. Fill a large pot halfway with water and 2 teaspoons of salt. Bring to a boil. Add beans and cook until crisp-tender, 4-5 minutes. Using tongs, transfer beans to a large bowl of ice water to stop the cooking process. Drain and refill the bowl with cold water. Drain and set aside.
2. Heat 2 tablespoons olive oil in a medium skillet. Add onions and cook over medium-low heat, stirring occasionally, for 10 minutes, until soft. Sprinkle with ¼ teaspoon salt. Set aside to cool.
3. Slice tomatoes in half lengthwise. Pull out the seeds and watery pulp. Dice the flesh. Set aside.
4. In a large bowl, combine green and yellow beans, onions, tomatoes, cannellini beans and basil. Pour dressing on top and toss to combine. Season with salt and pepper, to taste. (Can be made a day ahead. Let salad warm at room temperature for about 15 minutes. Toss before serving.)

FOOD SAFETY TIP: SAFE DEFROSTING METHODS FOR CONSUMERS

Uh, oh! You're home and forgot to thaw something for dinner. You grab a package of meat or chicken and use hot water to thaw it fast. But is this safe? What if you remembered to take food out of the freezer, but forgot and left the package on the counter all day while you were at work?

Neither of these situations is considered safe, and these methods of thawing may lead to food-borne illness. Raw or cooked meat, poultry or egg products, as any perishable foods, must be kept at a safe temperature during "the big thaw." They are safe indefinitely while frozen. However, as soon as they begin to thaw and become warmer than 40°F, bacteria that may have been present before freezing can begin to multiply.

Perishable foods should never be thawed on the counter or in hot water and must not be left at room temperature for more than two hours.

Even though the center of the package may still be frozen as it thaws on the counter, the outer layer of the food could be in the "Danger Zone," between 40°F and 140 °F — temperatures where bacteria multiply rapidly.

When thawing frozen food, it's best to plan ahead and thaw in the refrigerator where it will



remain at a safe, constant temperature — at 40°F or below.

There are three safe ways to thaw food:

- in the refrigerator
- in cold water
- in the microwave

REFRIGERATOR THAWING

Planning ahead is the key to this method because of the time involved. A large frozen item like a turkey requires at least a day (24 hours) for every 5 pounds of weight. Even small amounts of frozen food — such as a pound of ground meat or boneless chicken breasts — require a full day to thaw. Take into account the following variables when thawing foods in the refrigerator.

- Some areas of the appliance may keep food colder than other areas.
- Food will take longer to thaw in a refrigerator set at 35°F than one set at 40°F.

After thawing in the refrigerator, items such as ground meat, stew meat, poultry, seafood should remain safe and in good quality for an additional day or two before cooking; red meat cuts (such as beef, pork or lamb roasts, chops and steaks), three

to five days. Food thawed in the refrigerator can be refrozen without cooking, although there may be some loss of quality.

COLD-WATER THAWING

This method is faster than refrigerator thawing but requires more attention. The food must be in a leak-proof package or plastic bag. If the bag leaks, bacteria from the air or surrounding environment could be introduced. Also, the meat tissue may absorb water, resulting in a watery product.

The bag should be submerged in cold tap water, with the water changed every 30 minutes so that it continues to thaw. Small packages of meat, poultry or seafood — about a pound — may thaw in an hour or less. A 3- to 4-pound package may take two to three hours. For whole turkeys, estimate about 30 minutes per pound. If fully thawed, the food must be cooked immediately.

Foods thawed by the cold-water method should be cooked before refreezing.

MICROWAVE THAWING

When thawing food in a microwave, plan to cook it immediately after thawing because

some areas of the food may become warm and begin to cook during the thawing process (bringing the food to “Danger Zone” temperatures). Holding partially cooked food is not recommended because any bacteria present wouldn’t have been destroyed and, indeed, the food may have reached optimal temperatures for bacteria to grow.

After thawing food in the microwave, always cook it immediately after, whether by microwave, conventional oven or grill.

Foods thawed in the microwave should be cooked before refreezing.

Also, never thaw foods out on the kitchen counter, outdoors, on the porch or in a garage, basement, car, dishwasher or plastic garbage bag. These methods can leave your foods unsafe to eat.

COOKING WITHOUT THAWING

If there isn’t enough time to thaw frozen foods, or you’re simply in a hurry, just remember: It is safe to cook foods from the frozen state. The cooking will take approximately 50% longer than the recommended time for fully thawed or fresh meat and poultry. ☆



By Team Cerritos
Cerritos Station

GRADUATIONS GALORE...

We covered four high school graduations this month — Cerritos, Gahr, Tracy and Whitney — in two days. Our deputies, Explorers and VOPs all worked together to ensure safety and smooth flow of traffic. Then to top it off, we had four Explorers graduate with Class #100 the same week. Congratulations to Explorers Lam, Munoz, Ramirez and Shivapuram. All four began Class #100 together and completed it as a team.

SPECIAL OLYMPICS TORCH RUN

Our Station proudly accepted the torch hand-off from Lakewood Station and carried it to La Palma P.D. so they could continue it on its journey throughout the Southland. Deputy Craig carried the flag the entire distance and the torch was passed among our deputies leading the team along the way. VOP Joon Maeng brought up the rear of our parade in a van and shuttled our runners back to Cerritos Station for a home-cooked breakfast prepared by Deputies Hile, Kwon, Sergeant Mandujano and a cast of supporting staff.





RELAY FOR LIFE

American Cancer Society held its Relay for Life fundraiser at Millikan High School in Long Beach this year. The event was regionally focused so that multiple cities didn't have to host their own events. The City of Cerritos had Community Services Supervisor Emely Merina serve as the team captain and chief of fundraising for us. We generated over \$3,600 toward cancer research from the various activities held by Team Cerritos.

COMMUNITY OUTREACH

The City of Cerritos is very diverse, with Asians making up the majority of the population. We have established a community outreach program to engage the community we serve.

On June 2, we hosted a "Coffee With a Deputy" event at *Paris Baguette* restaurant, specifically geared toward our Korean American community members. In attendance was Captain Joe Nuñez, Sergeant Steven Kim, Deputy Nancy Kwon, Deputy David Lee, Deputy Young Ko, VOP's Joon Maeng, VOP Kyo Kim and his wife, VOP Joong Kim.

The event began under a bright blue sky and perfect temperatures! Everyone was eager and willing to help educate and put on a big smile to show the community that LASD was here to help, serve and protect. Much marketing and advertisement at local businesses plus word of mouth took place for weeks leading up to the

day of the event. We took surveys at the local Hannam Chain Korean market weeks before and addressed some of those concerns.

Korean American community members started showing up early to engage in conversation, education and awareness. We had stations set up for the public to listen and learn about home burglaries, Operation Night Light and for taking a list of names to start a CERT group. The smell of freshly brewed coffee and pastries filled the air, along with excitement and satisfaction that deputies from Cerritos Station was willing to come out, shake hands and be one with the community.

It definitely takes a village to move mountains and we, along with the Korean American community members, were certainly on the same

page to help reduce crime and report suspicious activities to the Station.

At the end of the Coffee with a Deputy event, everyone was in such positive spirits, it seemed like nothing could stop us. We built new relationships as well as deepened existing ones. We even had one strong candidate wanting to sign up to become a future deputy!

It was a great day and we urged community members to not be scared or timid and to let us know if there was any crime, concerns or questions they had in the future.

Furthermore, Korean Americans, especially the senior citizens who came out, were very appreciative we were willing to do what we did, and we reassured them events such as Coffee With a Deputy would happen more often.

Great job, Captain Nuñez and the Cerritos Station team!

TOWN HALL AT CITY HALL

Another of our community outreach events this month was our Town Hall at the City Hall. About 80 people attended the meeting at Cerritos City Hall Council Chambers, and it was televised live on the local access channel and rebroadcast. Detective Raymond Bercini from Human Trafficking Bureau spoke about how human trafficking affects our community. Captain Nuñez, Lieutenant Wells, Sergeant Ramirez and Deputy Cham all spoke at the event.

And to continue with community outreach, each year at Pat Nixon Park (aka Cerritos Senior Center), the City hosts "Car Fit" in the parking lot. Safety inspection stations are staffed by various agencies that provide free analyses to the public. Our VOPs provided safe traffic flow for the event and acted as ambassadors for LASD and the City.

PERSONNEL CHANGES

Beatle George Harrison wrote the song "All Things Must Pass" about the emotions of dealing with life and passing. The context was about love, changes from darkness to light and moving on. Our Sergeant Stephanie Mandujano is transitioning in her career from our SAO Sergeant at Cerritos into the Polygraph Unit. When she came to Cerritos in July of 2014, we witnessed her commitment to professional law enforcement, and as such her collaterals and

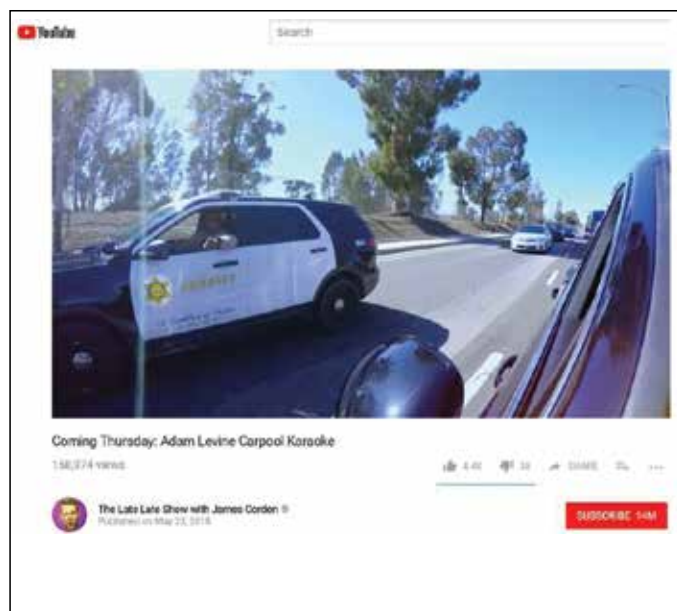


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CARSON STATION DEPUTY BECOMES A CELEBRITY

In late May, Carson Station Deputy Fyles became an instant celebrity. While on routine patrol on Del Amo Boulevard near Main Street, he observed a vehicle driving slowly and impeding the flow of traffic. Deputy Fyles also noticed the vehicle was being followed by several other vehicles traveling slowly.

Unbeknownst to Deputy Fyles, inside the indicated vehicle was *The Late Late Show With James Corden*, who was shooting a "Carpool Karaoke" segment with Maroon 5 singer Adam Levine. While Corden and Levine were chatting and singing, Deputy Fyles pulled up alongside them, drawing the attention of the front passenger. Deputy Fyles immediately recognized him as Levine.



At this point, Deputy Fyles decided to play along with the theme of "Carpool Karaoke," stating to Levine, "I need to pull you guys over, so you can sing for me."

Laughing, Corden, the driver, replied, "You want us to pull over so he can sing a song for you?"

"Yes," Deputy Fyles replied, "Because you're causing a traffic hazard."

Levine and Corden both managed to keep smiling during the encounter, listening to Deputy Fyles tell them, "Just be careful" on the road.

According to Deputy Fyles, the encounter was not scripted and was "completely real!"

SOUTHBAY PAVILION LADIES NIGHT OUT

In late May, Carson Station personnel participated in the 6th Annual Ladies Night Out, hosted by the SouthBay Pavilion. The fundraiser for the Carson Sheriff's Station Support Foundation (CSSSF) is one of the most-anticipated events of the year.

The organization promotes community welfare through auxiliary services and the dissemination of information supportive of the Los Angeles County

Sheriff's Department in the City of Carson, including but not limited to programs for public safety and crime deterrence.

The foundation was founded in 2006 as a nonprofit organization by residents and local businesses who joined forces to support the sworn deputies, the professional staff and volunteers of the Carson Sheriff's Station. With the generous financial support of the growing membership of residents, community organizations and businesses, the foundation has made significant contributions to meet the special needs of and enhance public safety operations in our City.

The event is promoted to all who live in Carson and surrounding South Bay cities. The event is attended mainly by women, but many men also attend in support of their wives and/or girlfriends, along with the foundation itself. The attendees enjoy fun activities like henna tattoos, free makeovers, hand



treatments, signature cocktails, selfie booth, fondue station, painting and much more. The highlight of the night is a fashion show by celebrity stylist Diva Legs featuring sheriff's deputies on the runway. A substantial amount of money is always raised, supporting the CSSSF. It's a fun event that seems to bring the community together. As you can



see, the photographs are joyful and full of energy, and the outfits are great.

CARSON DEPUTY RECEIVES GOLD AT THE UNITED STATES POLICE & FIRE CHAMPIONSHIPS

In early June each year, law enforcement and fire personnel participate in the United States Police & Fire Championships. These athletes come from across the country to compete in Olympic-style events, in 54 sports, within 33 types of sport venues.

Respectively, one of Carson Station's own, Deputy Rosales, participated in six swimming events at the championships in San Diego. They were the 100-yard individual medley, 100-yard breaststroke, 50-yard breaststroke, 50-yard but-



terfly, men's 200-yard freestyle relay and coed 200-yard freestyle relay.

Deputy Rosales was very impressive, achieving gold medals in all his events, with the

exception of the coed 200-yard freestyle relay, in which he took silver. Fight, strength, stamina, courage and speed are keeping the streets of Carson safe! Until next time! ☆

Cerritos Station *continued from page 29*



responsibilities grew. Who would lead the Clergy, Explorers, Reservists and VOPs in addition to carrying out her duties as the SAO sergeant? Steph did, with passion and compassion while developing

people to do the right thing.

From custody assistant to deputy, to Gang Unit to detective and as current sergeant, she stands out with her infectious smile. Not one to shy away from



decision-making or taking action, she comes from knowing the foundation a deputy stands upon and the responsibilities of a supervisor. We wish her well, as she's left her fingerprints all over this Station. ☆

FROM THE DOCS

AUTISM SPECTRUM DISORDER (ASD)

By Jennifer Hunt, Psy.D.

Autism affects one of 68 children. It is a lifelong developmental genetic condition that affects individuals of every race, socioeconomic status and faith. Symptoms are evident in some children as early as 18 months of age. Notably, the ratio of males to females diagnosed with autism is close to 4 to 1.

Autism Spectrum Disorder (ASD) includes what used to be called Pervasive Developmental Disorder, Childhood Disintegrative Disorder, Rett syndrome and Asperger syndrome. While you may still hear these names and terms used by community members in conversation, the medical, psychiatric and educational communities began in 2013 to recognize these conditions inclusively under the larger umbrella term of Autism Spectrum Disorder.

A diagnosis of autism can often send family members into a spiral of confusion, distress and denial. Some families are concerned about identifying their child/family member as “autistic” because of the stigma attached to mental health and mental illness. Unfortunately, a lot of misinformation exists about autism, its treatments and those attempting to show the “authoritative” origin of autism or ways to “cure/eliminate” autism without scientifically verified data from reputable sources. For many reasons, some family members may not want to address the concerns. Others may embrace that professionals “have a name” for something that has caused their child and family great frustration, and they are eager to learn about the condition and treatment options.

Here in Los Angeles, we are fortunate to have three of the best resources in the United States to support the identification and early interventions for people with autism. These resources are supple-

mented by many renowned online resources from the medical and academic communities. We are also fortunate that Los Angeles, as an entertainment industry hub, offers supportive employment opportunities that emphasize the unique skills of persons with autism.

USC, UCLA and Children’s Hospital Los Angeles are three local research and treatment collaborations.

Children’s Hospital Los Angeles (CHLA) has partnered with University of Southern California (USC) and the USC Keck School of Medicine through the Institute for the Developing Mind and the Boone Fetter Clinic to provide research, evaluation, intervention and community supports for children with developmental concerns, including ASD.

The Semel Institute at University of California, Los Angeles, (UCLA) is a recognized National Institute of Health Autism Center for Excellence. Through its Center for Autism Research and Treatment (CART) at UCLA, it provides children and their families information and treatment options. CART presented its cutting-edge research from various medical specialties and their most current findings at its annual symposium addressing issues that affect persons with ASD. They include epilepsy, insomnia, gastrointestinal and dietary concerns, neuroimaging and current drug treatments.

AUTISM IN ADULTHOOD AND THE ACADEMY AWARDS CONNECTION

Youths through age 22 historically have been the focus of attention and support for individuals with autism. However, autism affects an individual over the course of their lifetime and they may experience

difficulties transitioning to life beyond high school. CART’s annual symposium highlighted this difficulty because many young adults are attempting to navigate early adulthood — relationships, employment, finances and services — and are struggling to establish their independence along the way.

That is where Exceptional Minds arrives on the scene. Individuals with autism are often more comfortable with technology than interpersonal contact. Their unique abilities (being technologically savvy and hyper focused with an attention to detail) are an excellent match to a career in the technical arts. This was the birth of Exceptional Minds, a postproduction animation house in Sherman Oaks, California. Exceptional Minds is a vocational training program for young adults with ASD where they are recruited, trained and ultimately employed doing things with unique skills that make them highly desirable employees. Exceptional Minds has contracts with many studios and its recent work was highlighted in the Marvel movie *Doctor Strange*, which was nominated for a visual effects Oscar in 2017.

Research and information relating to autism diagnosis and treatment continue to expand, but this can raise more questions or personal concerns for you if you are struggling to support someone with ASD. We offer the following ASD resources that were referenced in this article.

- www.cdc.gov/ncbddd/autism/index.html
- www.chla.org/institute-the-developing-mind
- <http://www.chla.org/boone-fetter-clinic>
- <http://www.semel.ucla.edu/autism>

We are also available to support you through confidential appointments in our offices at Psychological Services Bureau at (213) 738-3500. ☆



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TEAM *TEMPLE*

By Sherif Morsi
Temple Station

It has been quite some time since an article from Temple Station has appeared in *Star News*. With a station that includes a patrol jurisdiction of five contract cities and a large unincorporated area, there is so much to share about the hardworking men and women assigned here. We are proud to recognize our Station personnel and share what has recently happened.

REMEMBERING THE FALLEN

Personnel from our Station participated in the Annual Memorial Torch Relay Run on May 18, which was led by Captain David Flores being driven in the "Memorial Cruiser." We received the torch from County Services Bureau and after



Captain David Flores in the "Memorial Cruiser."



The Early Morning crew near the memorial site

running 10 miles, we passed it on to San Dimas Station. Temple Station runners stopped along the route and took a moment to remember and honor our fallen brother, Deputy David March, at his memorial site, on Live Oak Avenue in the City of Irwindale.

April 29 marked the 16th somber anniversary of Deputy March's senseless murder. Members



Remembering Deputy David March are, from left, Sergeant Curt Messerschmidt, Deputies Ezekial Salas, Walter Hensen, Michael Fugawa, Javier Gonzalez, Ignacio Felix, Bradley Dietz, Ralph Higareda, Ricky Gutierrez, Jose Barrera, Esteban Santana, Marc Antrim and Sergeant Maurice Austin.

of the Station and the Department have held a 24-hour vigil at the site every anniversary since. During the vigil, two guards are posted for 30-minute intervals, which start and end at midnight. Many community members also visit to show their respect and support for law enforcement.

GO, TEAM!

There are many things that make Team Temple

a true team. One example is our dedicated and hardworking Baker to Vegas Team. Once again, they did a great job at the Challenge Cup Relay and made us very proud. Our team finished 17th in the station category, and we came in more than 30 minutes faster than projected. We also cannot forget the incredible support team, and all those who facilitated swaps or stayed back to work the line. Thank-you to all who helped make it happen!



Temple's Baker to Vegas team, from left: Deputies Ernie Balyout, Brittany Wallace, Felipe Rivera, Rafael Ruiz, Sergeant Stevin Fiedler, Deputy Jeff Johnsen, Lieutenant Rob Hahnlein, Deputies Jose Villanueva, Joe Nunez, Greg Chico, Captain David Flores, Deputies Chris Ponce, Henry Shue, Jerry Lozano, Saranya Klinkalong, Danny Esqueda, Ruben Gonzales, Moises Garcia, Juan Rivera, Randell Anchondo, Mike Chen and Maria Urena



Summer Enforcement Team members are, from left, Sergeant Julio Jove, Deputies Julio Pinedo, Jaqueline Morales, Victor Benavidez, Tony Yu and Captain David Flores.

SUMMER ENFORCEMENT TEAM

Summer is upon us and pictured is this year's Summer Enforcement Team. Incredibly, in their first month they made nearly 200 arrests! They are making a difference, demonstrating station pride and setting a great example for everyone to follow. We are very proud of them and look forward to hearing about the fantastic police work ahead.

CONGRATS TO 2 DEPUTIES

It is always nice to be recognized for hard work. So, we extend a big congratulations to two of our deputies — Timothy Lovett and Jose Villanueva — for earning the 10851 award. But what is even more amazing, is that Deputy Villanueva qualified for and received two 10851 awards, and he is working on his third. Talk about com-



Deputy Timothy Lovett receives his award from Lieutenant Terrence Bell.

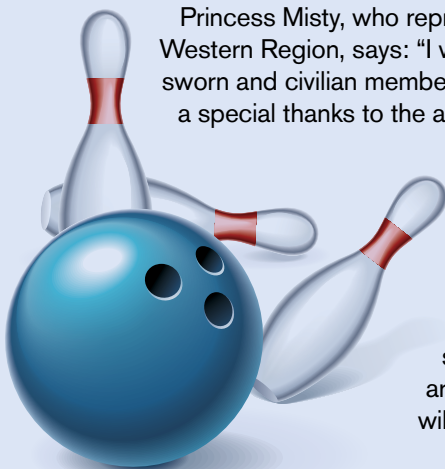


Deputy Jose Villanueva proudly displays not one, but two awards.

mitment and hard work! Lieutenant Terrence Bell presented the awards to our two dedicated deputies. ☆

A Princess Among Us

The National Bowling Association (TNBA) crowned Brenda "Misty" Fowler, wife of Buddy Fowler, as 2018–2019 Princess Misty at its Coronation Ball in June in Ann Arbor, Michigan. Angela "Nikki" Wright, from Hartford, Connecticut, was named queen.



Princess Misty, who represented the Los Angeles Senate and Western Region, says: "I would like to thank our friends, the sworn and civilian members of the Sheriff's Department, and a special thanks to the attendees at the Laughlin Round-Up. Your support was awesome!"

"I also would like to give a heartfelt thank-you to my wonderful husband, Buddy," she continued. "Throughout the campaign, he always reassured me by saying, 'Whatever the outcome, if you are crowned TNBA Queen or not, you will always be my queen!'" ☆





By Kristy-Dee Mendizabal
Personnel Administration Bureau

2018 CENTURION AWARD OF EXCELLENCE IN INNOVATION

The Centurion Award, presented by the Peace Officers Association of Los Angeles County (POALAC), recognizes outstanding contributions and exceptional service to the law enforcement mission. Sergeant Scott Meredith, formally of Personnel Administration Bureau, and Deputy Andres Bilbao of Personnel Administration Bureau received the 2018 Centurion Award for Excellence in Innovation on April 3! Their outstanding work on the “eHire Applicant Backgrounds Project” has revolutionized the Department, with eHire automating and streamlining the hiring process for Deputy Sheriff. The Bureau thanks you for all your efforts, Sergeant Scott Meredith and Deputy Andres Bilbao!



LASD HOOKS VS. LAPD CENTURIONS

The Los Angeles County Sheriff's Department Hooks went up against the Los Angeles Police Department Centurions at the 131st Annual Safe Summer Swing-a-Thon Family Festival on June 15. In good-natured sports rivalry, the Hooks won, 8-0! In addition to Assistant Sheriff Eddie Rivero making the first pitch, current Dodger Yasiel Puig and Dodger alumni Mickey Hatcher made special appearances.

Hooks Team Co-Manager and Personnel Administration Bureau's very own Sergeant Matt Verzola stated, “We appreciate being invited by the Los Angeles Police Department to participate in this worthwhile event for the kids. We hope to make a good impression on kids who enjoy baseball just as much as we do.”

Not only was this event for the kids, but Deputy Frank Brower, also of Personnel Administration



Bureau, said, “I felt like a 10-year-old kid all over again when I saw Yasiel Puig. I even got my hat signed! I have been playing baseball since I was

5 years old and, with so many fond memories involving the sport, we hope to teach kids how to have fun this summer in a safe way.” ☆

IN MEMORIAM – LETICIA VELASCO

1949 – 2018



Leticia “Lettie” Velasco was a dedicated Sheriffs’ Relief employee for 29 years. She entertained staff and visitors alike with her offbeat sense of humor and her tales of life in her native Philippines.

A memorial service for Lettie was held Friday, July 6. Several SRA employees were honored to speak about Lettie’s decades of exceptional service to our nearly 20,000 SRA members.

Lettie Velasco will long be missed and remembered by everyone who knew her.

May God bless you, Lettie.

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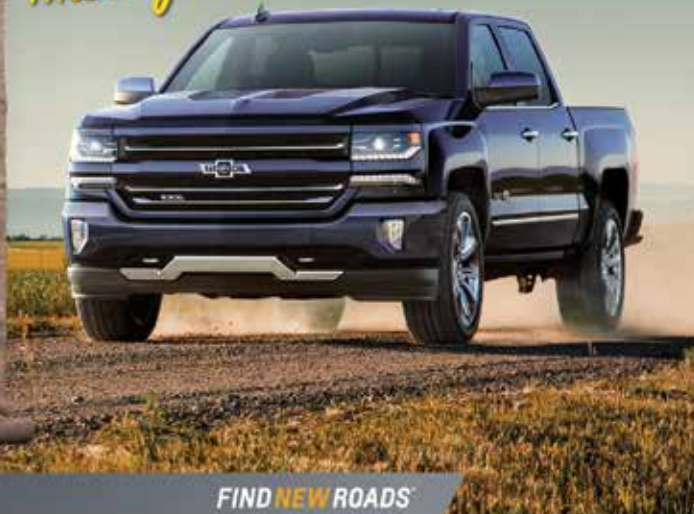
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