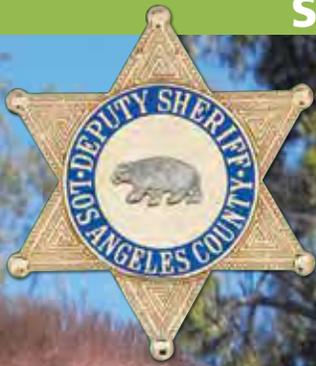


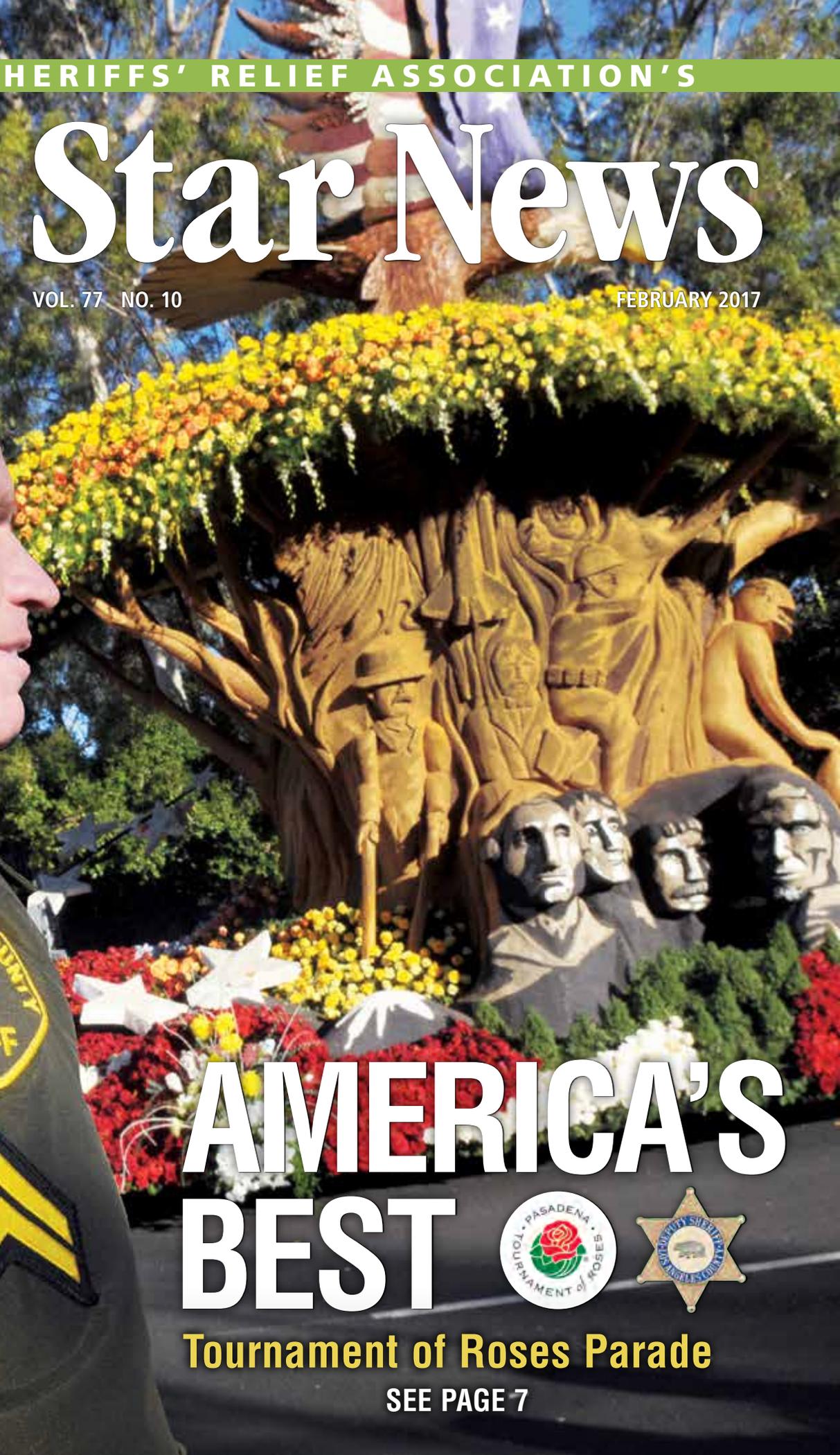
SHERIFFS' RELIEF ASSOCIATION'S



Star News

VOL. 77 NO. 10

FEBRUARY 2017



AMERICA'S BEST



Tournament of Roses Parade

SEE PAGE 7

Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Thursday, December 8, 2016, at 11515 Colima Road, Whittier. The following officers and trustees were present: John McBride, President; Jake Katz, Vice President; Liza Vera, Secretary-Treasurer; Trustees Mike Abdeen, Tracee Allen, Joe Badali, Kerry Carter, J.P. Harris, Richard Maradiaga, Veronica Urenda and Josie Woolum; Bill McSweeney, General Manager; and Carrol Leonard, Assistant General Manager.

The meeting was called to order at 4:43 p.m. A motion was made by Trustee Harris, seconded by Trustee Allen and unanimously carried, to approve the minutes of the September 8 and November 10, 2016, meetings, and the August, September and October Foundation expenditures.

COMMUNICATIONS

General Manager Bill McSweeney reported that communications were received from the following during the month of November:

From the Filipino American Law Enforcement Officers Association to John McBride, "On behalf of the Filipino American Law Enforcement Officers Association, Los Angeles Chapter (FALEO-LA), I would like to thank you for sponsoring our 2016 FALEO-LA Scholarship Luncheon, held on Saturday, October 22, 2016.

"With your contribution, FALEO-LA was able to provide four college students with a \$500 scholarship toward their college tuition. Your help and commitment gave the students more motivation on their quest for attaining their careers as public servants, as well as giving back to the communities they serve.

"The association could not prosper without your unselfish support and your willingness to assist others in need. With your partnership, our mission statement continues. Thank you again for your generosity and continued support for the Filipino American Law Enforcement Officers Association, Los Angeles Chapter."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING DECEMBER: \$92,500

MORTUARY BENEFITS PAID YEAR TO DATE: \$917,500

EMPORIUM REPORT

Trustee Badali brought in to share with the Board

continued on page 4



Retired Deputies

By Chickee Nelson and Don Fandry

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: Chickee1@netzero.com or Djfandry@att.net

NEXT LUNCHEON:
Thursday, April 20, 2017
@ 11:30 a.m. Cost \$13
Glendale Elks Lodge
120 E. Colorado Street
Glendale, CA 91775
(818) 242-2105

On December 1, we went over to Emma Powell's home and watched Lakewood deputies decorate it for Christmas. Dave Powell was on our Department and was a super nice and friendly deputy. He worked Lakewood Station, but was murdered 14 years ago. He was patrolling the city of Artesia and responded to a family disturbance call on November 30, 2002, when he was shot and killed. Every year since Dave died, Lakewood deputies have donated their time on the first Thursday of December to decorate the Powell house. It is amazing to watch them work. These young deputies, both male and female, climb up on top of the roof and work together putting the lights up all around the house and in the front yard. Jerry Berry and I were the oldest retired Lakewood deputies who were there. Chief Dave Fender and Commander Keith Swenson, former captains of Lakewood Station, also attended this event. What a small world. My children, who attended Paramount High School, knew Dave, and I knew Dave, but I

had never met Emma. A few years ago, we went on a cruise with over 3,000 passengers and we sat at a table for eight. I was in total shock when I found out that Emma was Dave's wife and we



Lakewood Deputies decorating Emma Powell's home for Christmas

were sitting together every night for dinner. My mouth dropped open! It was meant to be for us to meet! It is such an awesome feeling to be there with all these wonderful people creating happy, fun memories.

On December 6, the RELAC Camping Group got together for their yearly Christmas luncheon at the *Luxe Seafood Buffet* in Ontario. There were 32 people who attended this luncheon, but I do not have a list. We all had a good time, as it has been a while since we have been able to attend a campout. They switched the dates on us and we had a cruise scheduled, so we missed the last campout. During this occasion, some of our old members who are not camping any longer come out to join us. It is so nice to see them at least once a year. The food at the *Luxe* is very good and we all enjoy going there. As usual, we all brought toys and gifts for the CASA children.

On December 7, the Hi-Desert Retirees and

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Star News

THE OFFICIAL PUBLICATION OF THE SHERIFFS' RELIEF ASSOCIATION

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President..... Mike Abdeen
Vice President..... Joe Badali
Secretary-Treasurer..... Rich Maradiaga

TRUSTEES

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General Manager..... Bill McSweeney
Asst. General Manager..... Carrol Leonard

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Cover photo by Chris Miller (LASD)

two gun safes that will comply with the new laws being implemented as possible items that could be sold in the Emporium. More research will be done regarding the cost.

POLICY ISSUES

Officer elections for the new year are as follows: Mike Abdeen, President; Joe Badali, Vice President; and Rich Maradiaga, Secretary-Treasurer.

MEMBERSHIP REPORT

A total of 61 new membership applications were received during the month of December. A motion was made by Trustee McBride, seconded by Trustee Harris and unanimously carried, to accept the following new members: Suren Abrahamyan, Aaahi L. Alferes, Maurice E. Alvarado, John A. Anderson Jr., Marc A. Antrim, Matthew G. Ayers, Elida Bandak, Andrew J. Banks III, Sara N. Branham, Sterling W. Buck, Brian S. Ceballos, Cynthia C. Cervantes, Nicole T. Chiem, Ezri H. Coronado, Andrew J. Dacus, Christopher De Carlo, Josie Flores, Joshua L. Floyd, Michael J. Galosic, Victor M. Gamero, Kevin C. Garcia, Chad A. Garcia Morales, Ilian Garfias Gutierrez, Angel Gastelum, Gilberto C. Gomez, Carlos A. Gonzalez, Elza J. Guevara, Jennifer L.

Gutierrez, David C. Henderson Jr., Brandon C. Hicks, Shant Honarchian, Christopher J. Jackson, Jason R. Jones, Miguel H. Kanemoto-Urias, Gannon P. Kelly, Jenny L. Kennedy, Peter J. Lavin, Carlos D. Leon, Esmenia I. Martinez, Michael R. Matthews, Jose A. Mayoral, Michael J. McJunkin, Antonio Mendoza, Joseph K. Miller, Jordan M. Mills, Samantha Morales, Goldburn H. Myvett, Maram A. Nesheiwat, Chad Newton, Liliana Nunez, Joanne S. Ortiz, Gerardo Padilla, Javier A. Ramirez, Justine M. Ramos, Monica J. Reyes, Brittany L. Riportella, Jose Rubio Jr., Michael C. Ruiz, Ariel K. Saavedra, Maria M. Sanchez, Michael Sanchez, Terry L. Simmons Jr., Kimberly S. Suba, Son Tran, Roberto Valdivia-Amaro, Jose Vasquez Jr., Jesse J. Villanueva, Cale J. Vukonich, Kevin C. Yeung and Yesenia R. Zaragoza.

We had 1 death of an active member, 3 deaths of retired members, 6 cancellations of active membership, 7 cancellations of retired membership, 2 new honorary associate members and 3 deaths of honorary associate members.

There were 7 members who resigned, 1 discharge and 3 who transferred from the Sheriff's Department/Relief Association during the month of November.

SPECIAL EVENTS

The 2017 Sheriffs' Relief picnic has been booked for October 21, 2017. *In-N-Out* and *Tommy's* will be providing the food. Staff will look into booking a kettle corn vendor to possibly replace the cotton candy.

OLD BUSINESS

In 2009, Moon Mullin, host of the Moon List, started Operation Christmas Card. This program was initiated to brighten the holidays for those retired members of LASD who are living or residing in some form of senior apartment, assisted living facility, nursing home, etc. Trustee Vera suggested that maybe SRA could send a small gift as well as a holiday greeting. The Board agreed. SRA staff will follow up and send out something from the Emporium to the eight names gathered by Moon.

ADJOURNMENT

At 5:20 p.m., a motion was made by Trustee Harris, seconded by Trustee Allen and unanimously carried, to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc. ☆

Retired Deputies *continued from page 2*

friends got together again for their monthly luncheon at the *Marie Callender's* in Victorville. Those attending the luncheon were Martin and Gloria McNulty, Dick and Lou Olney, Sheila and Joe Ortiz, Chickee and Norman Nelson, Lee and Annette Henderson, and Shannique Solaita. This was Martin and Gloria's first time attending the luncheon and it was nice meeting them. Martin and Gloria both worked in the Pomona Courthouse. We learned a lot, as Martin is a wealth of information. We enjoyed their company. We get together and solve the world's problems once a month. If you are in the Victorville area on the first Wednesday of the month, drop on in and join us. Everyone is welcome.

On December 7, the Desert Heat met for their monthly luncheon at the Elks Lodge in Lake Havasu City, Arizona. Here is the list of attendees for the luncheon on Pearl Harbor Day: Doug Muchmore, Mike Robbins, Richard Byrd, Kevin Gavaghan, Ed Ryan, Mike O'Hara, Bob McQueen, Dennis Daly, George Wilson, Mike and Leseah Castorina, Jerry Gillen, and three newcomers — Tommy Jimenez, Frank Dominguez and Vito Cacucciolo. Come join us the

first Wednesday of every month. Thanks! — Jerry Gillen

The Marshal's Old Timers held their December luncheon at *Villa Tepeyac* in West Covina. We meet here twice a year and usually have a very good turnout each time. This time was no exception. Those attending included Bob Mann, Hal Richey, Roger Kononski, Jack Snyder, Roger DeHaan, Cliff Hartfield, David Grijalva, Steve Jimenez, Guy Cloutman, Terry Glisson, Dick Tinsley, Al Barnett, Jim Vogts, Richard Duran, Alan Blomker, John Davis and Jack Russell. Upcoming luncheons are posted in the *Star News* and the *Star & Shield*. I hope you are able to attend a future luncheon. — Terry

On December 12, the Lakewood ROMEOs held their lunch at *Lucille's Smokehouse BBQ* in Brea. Attending were Bill Richardson, George Boswell, Jerry Berry, Robert Pryor, Francis Matillo, Dave Cruzen, Mike Collins, Debbie and Dave Bauchop, Sally Harwell and granddaughter Sally Mosley, Maria Burwell, John Jackson, John Boyle, Mike Preston, Chris Beattie, Bill Snyder, Ed Dahlstrom, Bob Ruegger, Sandy Escandon and Peter Mack. Bill Richardson was instructed by Sally Harwell to not

mention when she's late to one of these lunches, because she's embarrassed when anyone reports her tardiness. So, at Sally's request: She was *not* late for lunch. There, how's that, Sally? Is that what you wanted? Not much else to report so far. Oh, does anybody happen to know the new email address for Donald Reeves? If you do, please forward it to Bill Richardson at lasd35@yahoo.com. Otherwise we'll need to get his photo on milk cartons again! By the time you read this, you will have enjoyed a joyous holiday season and are now preparing for Super Bowl LI on Sunday, February 5, at a yet-to-be-determined venue. Our next lunch will be at *Ruby's Diner* in Long Beach on Monday, February 13 (*always* at 11 a.m.), and you will have missed our lunch at *Super Mex* which was on Monday, January 9. See, the adage "You snooze, you lose" most definitely applies. If the mood to attend suddenly overtakes your good sense or you'd like to be added to our ever-expanding mailing list, let Bill Richardson know at lasd35@yahoo.com. So, until next time.

On December 12, RDIEs held their third

continued on page 6



INSIDE THE LASD

By Sheriff Jim McDonnell
InsideLASD.org

WELCOME TO "INSIDE THE LASD"

In a department of 18,000 employees, there are bound to be rumors. Some rumors are true, and some have no basis at all. Simply put, bad information hurts us all. We need to do a better job of communicating timely, accurate and meaningful information with you.

Our goal was to create a vehicle to answer your concerns about what is going on in the nation's largest sheriff's department. I would like to thank the Sheriffs' Relief Association and the *Star News* for providing a means to bring you relevant information about the Department by introducing you to "Inside the LASD."

"Inside the LASD" is part of our commitment to share information with you about what is happening within the organization. We will begin by publishing articles in the *Star News*, mailing the January 2017 edition to current employees and posting it online at www.insidelasd.org. The website will provide timely information from me, the Executive Planning Council or other sources that may affect you. Short topical videos and brief articles will also be available 24/7 online and accessible by anyone who has an interest in the LASD.

We strongly encourage you to provide your feedback about rumors, questions or concerns that can be addressed in future articles of "Inside the LASD" via the website.

KEEPING US SAFE

In a recent survey of our personnel, there was a universal recommendation to get more working Tasers. To meet the needs of field personnel, as well as some non-patrol divisions, about \$600,000 was allotted to buy an additional 500 Tasers. With the retirement of the still-operable M26 Tasers and the replacement of all broken M26 and X26 units, the Department will net almost 400 additional Tasers to enhance the safety of our personnel. The new Tasers will be deployed very soon.

In 2014, the Department spent \$1 million to buy 833 Tasers. This number was based on the results of a department-wide survey, which was conducted to determine how many Tasers were needed during maximum deployment periods.

New Taser holsters, which are more tactically sound, are being acquired for the new Tasers. Previously, nylon Taser holsters were obtained because only the



nylon holster was pliable enough to accommodate a variety of Taser models and shapes.

We will continue to work on finding the funding to meet other pending requests for equipment. Please keep the suggestions coming in.

LASD HONOR GUARD UNIFORM

During the many formal events attended by LASD personnel, particularly memorial services where an honor guard is present, it was noticed the LASD is one of the few agencies whose honor guard does not wear a formal dress coat. Inquiries from Department personnel prompted us to have the Uniform and Safety Equipment Committee look into new honor guard uniforms.

Different samples in various colors were acquired from uniform manufacturers. The goal was to update the formal jacket while still preserving the LASD tradition. Comparing the samples, the black jacket was overwhelmingly preferred and it was felt that it would look more formal and professional. The black jacket and black campaign hat were shown to Academy staff honor guard personnel, who agreed the more formal appearance was necessary and consistent with other honor guards throughout the country.

The new honor guard uniform was unanimously approved by the Uniform and Safety Equipment Committee and the Executive Planning Council in August 2016. We look forward to seeing our Department's new honor

guard uniform in time for the 2017 California Peace Officers' Memorial Ceremony.

WE WANT TO HEAR FROM YOU

We want to be responsive to rumors, questions and concerns you would like addressed. We strongly encourage you to be an active participant in this effort to keep us all more connected as we continue to move forward.

If you have a rumor, question or concern you would like considered, please visit the Inside the LASD intranet page and fill out a Contact Us form. Submissions can only be made from within the Department's computer network. Please note, this is not an anonymous forum and your information is required in order to provide input. However, nothing will be addressed other than your rumor, question or concern in the newsletter or on the Inside the LASD webpage. ☆



Retired deputies: Roger Silas, Larry “Larr” Torres, Mike Valdez, John Powell, Craig “Postman” Post, Mario “Froggy” Cuevas, Cornelius Healy, Mark Weldon, Gabe Rendon, Glen Looney, Terry Coker, Helen Pene, Dave Magdalleno, Chris Stokes, Joe Eaton, Terri Harris, Rich “Bojo” Borjoquez, Jimmy Sartor, Herb Kranic, Drew Britness, Mike Neurider, Derrick Sill, Vic Duchene, Bob Mueller, Timmy Phillips, Al “Spud” Rodriguez, Rich Hailey, Andy Magallanes, Tommy Jimenez, Mike Duran, Dave Busk, Dan Salvatore and Rich Esquer

annual Christmas breakfast at the *Guasti Cafe* in Chino. We had a room reserved for us, and 43 retired deputies attended. We also signed cards for Operation Christmas Card, which were later mailed out. The food was plentiful, the conversations outstanding, the war stories laughable. There were deputies who attended who had not been seen in years. Personnel came from five counties and Arizona to attend. Several left before the group photo was taken. RDIEs also had an event-planning lunch on December 21. Locations and events suggested for 2017 are the Chino Air Museum, China Lake petroglyphs, Havasu Falls, fly fishing, San Pasqual Battlefield, Calico, Randsburg, San Diego Naval Air Museum, Miramar Air Show, Reno Air Show, numerous short and long hikes in the San Gabriel Mountains and Mojave Desert, deep-sea fishing, and whitewater rafting.

17TH ANNUAL LASD RETIREE ROUNDUP!

April 2 – 5

RIVERSIDE RESORT AND CASINO
LAUGHLIN, NEVADA

Our first event was January 7 at the Chino Air Museum for the P-40 flight with a short winter hike the following week. We will be attempting two lunches a month. George “MOU” Magallanes was too slow and missed the picture, LOL. Mike Mecedo missed the photo or was too short to be seen. There were a few others who also missed the photo, and I do not remember their names. Please excuse me for this oversight. Gary Morgan, who did not have a tripod, took the photo and was left out. Gary is a great photographer, good cop and one of the kindest individuals one can have the pleasure to know. If you need photos, Gary is the man for the job.

On December 15, the Prescott Area Retired Law Enforcement and friends met for lunch at the historic *Lone Spur Cafe* in downtown Prescott. We must be growing in popularity, because a couple of first-timers decided to join us this month. Those in attendance were Mitch Robison, LASD; Gary Carriger, Sacramento DA’s Office; Greg Valenti, LAPD; Brian McCanton, LAPD; Dennis Bannon, Southold Town Police, Long Island, New York; Ray Wetliesen, LASD; Chuck Mealey, LAPD; Bob Warren, LAPD; Ken Johnson, LAPD; Mike Beck, San Bernardino Sheriff’s Department; Paul Tulleners, Arcadia P.D. and CA DOJ; Mike Jones, LASD; Ken Wernel, San Diego Sheriff’s Department; Jay Sevoian, LASD; Gary Hartog, LASD; Elaine Curtis, Riverside Sheriff’s Department; Belinda Taylor, LASD and Riverside Sheriff’s Department; and Bobby Taylor, LASD. If you are in the Prescott area on the third Thursday of the month, feel free to drop in and join us. As you can see, all are welcome. The service

is efficient, the food is great, and the conversations are invigorating. *Go Trojans, 2017 Roses!* — Bobby Taylor, bobby187t@aol.com

On December 16, in contrast to the past year, we were greeted with rain, which is sorely needed. Only six of us were present for the monthly breakfast, which was held at *Denny’s Restaurant* in Lancaster. The reason for the small turnout could possibly be attributed to the weather or possibly because the breakfast day was advanced so as to not conflict with the holidays. Because of this, the conversations were somewhat subdued, unlike when there is a larger attendance and everyone gets carried away trying to out-talk one another. Conversations involved past military duties and events, present Department concerns and past Department experiences. Glenn Hutchinson showed us a pic of his new car, a Kia super duper. The purpose for retirees to get together is to reminisce and re-live our lives by sharing our memories of days past. After all, sometimes that’s about all some of us “aging” ones have left to fulfill our retirement days. Besides, it’s just plain fun to think back to the days when we pounded the streets. Attending the breakfast were Ron Shreves, Glenn Hutchinson, Vance Kirkpatrick, Ron Oest, Ron Nybakken and me, Carlos Valdez. The Antelope Valley monthly breakfast is open to all retirees of the Sheriff’s Department, regardless of assignment or place of residency. All are welcome. By the time this goes to print, the holidays will be a thing of the past, so I pray that all had a merry Christmas and a safe and happy new year. For information on the A.V. retirees’ activities, contact Carlos Valdez at valdez5150@msn.com. Until next time, be safe, stay healthy and may God bless.

On December 21, the Las Vegas Retirees got together for their monthly luncheon at the *Blue Ox* on Sahara. There were 11 of us at this luncheon: John L. Hooge, Donald and Melody Gray, Jim Ellison, Nik McGraw (from over the hump in Pah-rump), Gary Olson, Gary Griffith, Norman and Chickee Nelson, and Hershel Aron. We all signed and sent Christmas cards to retired deputy sheriffs who are in assisted living or nursing homes. In the season to be giving, if you can put a smile on someone face, do it! If you are in the Las Vegas area on the third Thursday of the month, just drop on by the *Blue Ox* at noon for a great afternoon with a great bunch of people.

A month has gone by already, and here it is February. Christmas and New Year’s will be here again before we know it, so enjoy your retirement and life. Its 2017, so have fun. Until our next article, peace be with you. — Chickee and Don ☆

Emergency Operations BUREAU

By Charles Norris
Emergency Operations Bureau

The Emergency Operations Bureau (EOB) is responsible for the planning, preparation and response to all large-scale emergencies and events throughout the entire Los Angeles County operational area. This includes emergency events such as fires, mudslides and earthquakes, as well as pre-planned events such as the City of West Hollywood's annual Carnival and Christopher Street West Parade, and the annual Pasadena Tournament of Roses Parade.

On Monday, January 2, the City of Pasadena hosted the 128th annual Tournament of Roses Parade. The parade has been held every year since January 1, 1890, as "America's New Year Celebration." The parade is held on News Year's Day every year unless January 1 lands on a Sunday. If this is the case, as it was this year, the parade is held on Monday, January 2. This rule was instituted in 1893 by the parade organizers, who did not want to disturb the horses that were hitched outside of Sunday church services.

The Rose Parade is attended by approximately one million spectators and is viewed on over 75 million televisions worldwide. As you can imagine, the planning and preparation, as well as the management of this event, is a monumental task.

The Emergency Operations Bureau (EOB) Tactical Planning Unit is responsible for the planning, preparation and management of the security for the parade. The Tactical Planning Unit is made up of one lieutenant, four sergeants and seven deputies. The planning process starts five months in advance of the parade, and over 1,000 man-hours are spent on the planning process by this unit.

This year, as in years past, every division on the Department was involved in the parade. One thousand twenty-nine personnel from the LASD were assigned to work the parade, and 12,973

man-hours were spent. One hundred radio cars were assigned to the parade, logging 3,363 miles.

Beginning with the 2016 Rose Parade, the United States Department of Homeland Security has deemed the parade a SEAR 1 event. This means the parade has the potential for terrorism and/or criminal activity. It requires federal agencies to provide full cooperation and support to local jurisdictions to ensure the safety of all parade spectators.

The SEAR 1 designation for this event brought in federal agencies as well as their assets from the Federal Bureau of Investigation (FBI), United States Secret Service (USSS), United States Department of Homeland Security (USDHS) and the United States Coast Guard (USCG).

In addition to LASD, Pasadena and federal personnel, the Orange County Sheriff's Department and California Highway Patrol were involved. All of these agencies and their involvement in the security of the Rose Parade were coordinated by the EOB Tactical Planning Unit. This requires the Tactical Planning Unit members to have the knowledge, training and, most importantly, relationships with local, state, federal and, many times, international agencies to make events like the Rose Parade work. As you can imagine, this is no small task.

This year, as in years past, the Rose Parade went off without a hitch. With only seven misdemeanor arrests made during the entire event, the world was able to enjoy the Rose Parade and celebrate the new year for the 128th time. This would not be possible without the dedication and hard work of the EOB Tactical Planning Unit and the hard work and professionalism displayed by all Department members involved.

Happy new year. ☆



Photos by Chris Miller (LASD)

THE LASD'S FIRST AFRICAN-AMERICAN PATROL DEPUTIES

By John J. Stanley
Los Angeles Sheriffs' Museum

Seventy years ago this month marks a significant event in the history of the Los Angeles Sheriff's Department. In late February 1947, Deputies Ruby Boyd and Leland Whitney became the first African-American men to work a patrol assignment.

The *Neighborhood News*, an African-American newspaper documenting this event, also pointed out perhaps the most significant aspect of this appointment: "Sheriff Biscailuz ... who has proven that he believes in 'employment rights' ... has appointed two Negro patrol officers in the Firestone District, which is mostly populated by Caucasians." Not only were Boyd and Whitney to work patrol, they were to do so in an area where they would be handling calls for service and making contacts primarily with whites.

The path that led Boyd and Whitney to Firestone Station in 1947 was one with numerous twists, turns and, at times, roadblocks. The LASD's first African-American deputy was Julius Boyd Loving. Sheriff William "Billy" Hammel appointed Loving in 1899 and in so doing, kept a political promise he made in 1898 while running for office to the Afro-American League, a forerunner of the NAACP. Loving served as vice president of the Afro-American League and was a prominent member of many Los Angeles African-American social and business clubs. Loving's first service as a deputy ended when Sheriff Hammel was defeated for re-election in 1902 by Will White, but when Hammel won re-election again in 1906, he reappointed Loving as a deputy beginning in January 1907 — and he did so this time without any campaign promise to the Afro-American League. Also appointed by Hammel as deputies in 1907 with Loving were future Los Angeles Sheriffs William Traeger and Eugene Biscailuz. This began a lifelong friendship between Loving and Biscailuz.

For 11 years, Loving remained the LASD's only African-American deputy. Far from being a token member of the force, Loving began numerous programs that still exist today, including the jail store and work programs for inmates. But Loving's service was not limited to custody. On multiple instances prior to 1910, he made arrests outside the jail. Patrol stations were not introduced to the Sheriff's Department until 1924. Before that time, deputies responded out of the main office to assist

township constables who were spread out across the county and had more direct contact with crimes in progress or that had just occurred. After 1910, however, all records on Loving's career show him working only in some capacity related to the jail. And jail assignments remained the only jobs for all subsequent African-American deputies hired by the Department after Loving into the early 1940s.

African-American newspapers and groups began to advocate for a larger role for blacks working on the LASD many years before the 1940s. As Biscailuz took office in December 1932, the *California Eagle* wrote, "Sheriff Eugene Biscailuz is reorganizing his office. We have been waiting for 20 years to find some Sheriff who would reorganize his office in such a way as to give the Negro a fair break in that Department." By "fair break" the *Eagle* meant both promotion and working patrol. To that end, the paper noted, "We would have a few more dead bandits and many more peaceful rights for the law-abiding citizens of Los Angeles County who are now quaking in terror in their homes."

The Los Angeles Board of Supervisors appointed Eugene Biscailuz to succeed William Traeger as Sheriff on December 1, 1932, when Traeger resigned as Sheriff following his election to Congress the previous month. Biscailuz would not face a vote of the people for Sheriff until 1934. Promoting a black man like his friend Loving, who certainly merited it, or assigning other African-American men to patrol in 1932 would have agitated the Caucasian voters Biscailuz needed less than two years later. Loving's trailblazing work in the jails was impeccable, but to promote him to a position of assistant jailer or higher rank would have meant placing him in a supervisory role over whites — far too controversial a move for a man looking to be elected to higher office in Los Angeles in the 1930s.

Biscailuz's reluctance to promote Loving or move African-American men to patrol did not mean he refused to advance their cause within the Department, at least when it came to hiring.



Julius Boyd Loving, the LASD's first African-American deputy, pictured here in 1935

When the NAACP began to advocate for a larger role for African-Americans on the Sheriff's Department in 1944, Biscailuz responded in an address to the Los Angeles County Committee for Interracial Progress in October of that year how he had "38 Negroes and 41 Mexicans" working in his office: "It has always been my policy to have representatives of the various races on our force." And two months earlier, in August, the LASD hired Doris Spears, its first African-American female deputy. Although hiring more African-Americans remained a concern, the NAACP and agitating newspaper editors

realized that more jobs absent opportunities for advancement really did not equate to satisfactory progress.



Sheriff Biscailuz and Doris Spears, the Department's first African-American female deputy, circa 1946

J. Robert Smith, editor of the *Los Angeles Sentinel*, waged a personal campaign to impress upon the Sheriff the need for change, and his paper proudly reported on January 12, 1945, that several promotions had taken place. Among the men moved to the main office were Ruby Boyd and Leland

Whitney. But these changes did not seem to last long. Though the ranks of LASD African-Americans grew to 46 by May 1945 — 27 deputies, three guards, two typist-clerks, nine elevator operators, two messengers and three bailiffs — opportunities for African-American deputies remained limited. Two men drove a jail van transporting prisoners to and from court and substations, and two were investigators, but all others apparently still worked in the jails.



Deputy Ruby Boyd guards a crime scene in 1948.

Neither the NAACP nor the newspapers let up their pressure on Sheriff Biscailuz until Boyd and Whitney were at last assigned to Firestone Station in February 1947. From left to right in the photo below commemorating this event are James Ewing Jr., managing editor of the *Neighborhood News*; Attorney Thomas L. Griffith Jr., head of the Los Angeles Branch of the NAACP; Deputy Ruby Boyd; Sheriff Eugene Biscailuz; Deputy Leland Whitney; Firestone Station Captain V.P. Gray; and Deputy R.C. Robinson. (By 1947, Robinson was one of the longest-serving active African-American deputies.)



Assigning African-American men to patrol was a first step toward equal racial opportunity, but in order for true integration to take place, equal job opportunities needed to be matched with equal chances for promotion. Julius Loving spent the last several years of his career at the rank of inspector. Prior to the 1938 Department reorganization of ranks and titles, the inspector rank was equivalent

to that of a lieutenant. So Loving was a supervisor, but the only people he ever supervised were other African-Americans. His chief subordinate, Aaron Holliday, succeeded Loving as inspector when he retired, but Holliday did not stay in the position long. A drought of any African-Americans in positions of supervision existed throughout the 1940s and into the early 1950s.

The NAACP began to push hard for meaningful change on the Sheriff's Department as it pertained to opportunities for advancement in 1954. A committee from the organization sat down with members from the LASD's administrative staff in July of that year and after several meetings issued the following joint statement: "The Los Angeles County Sheriff's Department has been engaged in a program for integrating colored personnel into all branches of Department activities, in a manner calculated to avert misunderstanding and to conform with the principles believed in and supported by Sheriff Biscailuz and the NAACP." It was acknowledged that while not all goals had been met, progress was being made. It was not until the following spring, however, that a clear, tangible manifestation of this progress became visible.

In April 1955, Isom J. Dargan was promoted to sergeant and transferred from the Hall of Justice Jail to Firestone Station. Firestone appeared to be the station where most African-American deputies worked patrol. Dargan himself worked there as a deputy between the summers of 1950 and 1952 before promoting to senior deputy and returning to the jail.

Isom J. Dargan, like Julius Loving more than five decades before him, seemed to possess the knowledge and temperament to advance African-American personnel to the next level by supervising all personnel, not just blacks. Dargan was born in Morrilton, Arkansas, on June 30, 1914. He graduated from Langston University in Oklahoma in 1940 with a degree in education. He held a number of jobs before joining the Sheriff's Department on February 3, 1947, including work as an elementary school teacher and an electrician in the U.S. Navy during World War II. After graduating from the Sheriff's Academy in March 1947, he worked at the Hall of Justice Jail and then Transportation Bureau before going to Firestone Station on

June 13, 1950. Prior to promoting, he furthered his education by taking courses in public administration at USC.

All of Dargan's evaluation narratives throughout his career contain glowing remarks about his leadership and administrative skills, and he would become a fixture at Firestone Station for the next 13 years. While at Firestone, Sheriff Pitchess promoted Dargan to become the Department's first African-American lieutenant on September 1, 1960, then its first captain on September 27, 1966. On July 1, 1968, Pitchess promoted him again to inspector, the equivalent of a commander today. This promotion compelled Dargan to at last leave Firestone Station as he became an inspector for Patrol Division. He would finish his career in 1974 working out of Corrections Headquarters. By the time he finally retired, just shy of his 60th birthday, numerous other African-Americans had followed him into the supervisory and executive ranks.

Did the promotion of African-Americans in the mid-1950s to positions where they supervised whites mean the LASD was fully integrated? Perhaps on paper, but it would be naive to think that beliefs held between the races for generations could be changed by policy changes and promotions. As Dr. Martin Luther King stated in his famous "I Have a Dream" speech spoken not in the 1950s, but in 1963, "We cannot be satisfied as long as a Negro in Mississippi cannot vote and a Negro in New York believes he has nothing for which to vote." Equality by law does not automatically translate into equal opportunity. But for people of color on the LASD in the 1950s, what the advancement of men like Isom Dargan meant was that institutional barriers, which held back men like Julius Loving in the past, were over. From 1955 forward, the only thing requiring change for continued advancement were the attitudes within people's hearts.

Trailblazers like Julius Loving, Doris Spears Mack, Ruby Boyd, Leland Whitney and Isom Dargan deserve special recognition for persevering when not only the times but the very policies, both written and unwritten, of the Sheriff's Department lined up against them. They were the ones who paved the way for the coming of the time Dr. King longed for in perhaps the best remembered line from his 1963 speech: "I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character."



Isom Dargan, circa 1960

These LASD men and woman of character, and others who followed them, merit our honor and remembrance for paving the way toward the arrival of that "one day" in Dr. King's dream. ☆

It's only the first week of January 2017, and I am already looking into February as I write this article. Now we know how the time flies; we are always looking ahead to the next event, kid's activities or deadlines.

I finally got the "scoop" about the Christmas

party. Needless to say, nothing too crazy happened. Once again, this year's MCJ Holiday Gala was a huge success. It was held at the DoubleTree in Little Tokyo. The festivities started with a casual meet and greet outside on the bi-level garden terrace, where everyone enjoyed themselves. Next we

moved into the banquet room, where the catered event took place and our emcee for the night was none other than our own Lieutenant Doug Iketani. He kept the party going while trying to tell lame jokes. Captain Joseph Dempsey was overheard several times saying, "I think I'm funnier." The





two most memorable events of the evening were “Jingle in the Trunk” and “Dress Your Sergeant Up as a Christmas Tree.” The night was a most memorable experience. Thanks to everyone who helped and participated, and a special thanks to Sergeant Lakeesha Alford, Deputy Juleen Smith, Deputy Ana Alvarez and the ever-so-handsome

Deputy Osbaldo Gonzalez. It was said the Best Dressed award went to none other than Deputy Brian Guthrie with his hoedown/patriotic tuxedo look — cowboy hat and all. See for yourself in the picture. As you can see by all the pictures, everyone had a good time.

Good luck to all of you. Please stay safe out there, and make sure everyone goes home every night.

Everyone knows that when working on a floor or in an office, you are bound to have conversations with your partners. Custody Assistant Brandon Counts decided in one of our office conversations that he would tell us about his high school days. Brandon went on to say what a good kid he was and that that he actually had hair back then. He went on to explain that as he got older and came onto the Department, he cut his hair short and basically grew up into the fine young man he is today. He is so proud of how he has grown up, he decided to share his high school picture. So, we decided to share it with you. I say Brandon is still the biggest kid around.



Some of MCJ’s family participated in the blood drive for Children’s Hospital of Los Angeles. Sergeant Steve Wyatt and Deputy Os Gonzales participated. Sergeant Del Moore also participated after he saw Steve and Os walk out (and not be carried out).

Another patrol list came out, and we say goodbye to Deputies Ryan Ament, Sigifredo Sandoval, Charlie Upchurch IV, John Keith, Marco Martinez Jr., Clay Samuels and Donald Bradley Delgado (former MCJ who jumped over to PMB).



Happy Valentine’s Day to everyone! I hope you spend it with your loved ones (significant other, family, kids ... well, you get the idea) and have a great day! Don’t forget, we go home every day to our No. 1 fans!

Until next month, stay safe! ☆



By **Matthew Verzola**
Personnel Administration Bureau

HAPPY NEW YEAR!

After a few months on hiatus due to some great events and the holiday season, PAB is back in the *Star News*. We hope you and your loved ones had wonderful holidays that were jam-packed with memorable moments! We certainly made some memorable moments together at PAB in 2016 and are full steam ahead for making more in 2017.

A NEW YEAR, A NEW LOOK

With the incoming new year comes a new PAB logo. The unveiling of PAB's new logo took place on December 14, as each of the 250 attendees at our holiday luncheon were given unit lapel pins as an appreciation gift. If you were unable to get a pin, they are for sale in operations. Contact one of your "friendly neighborhood" operations sergeants to get yours, while supplies last!

A MOMENT OF REFLECTION IN PICTURES

Everyone can agree that working at PAB, providing human resources support for over 17,000 employees, keeps us extremely busy. However, as busy as we are, we made some very memorable moments in 2016! This section reflects some of these moments and is dedicated to the 411 amazing and hardworking employees assigned to our Bureau.

2016 PAB HOLIDAY LUNCHEON

PAB's holiday luncheon took place on December 14 at *Tamayo Restaurant* in East Los Angeles.



The venue was more than beautiful and was only overshadowed by the 250 happy and energetic PAB faces who attended the event. On behalf of the committee, we hope everyone in attendance enjoyed the event. If you would like to be involved in the planning of 2017's holiday event, please contact operations.



PHOTO FUN-BOOTH

Maybe our new slogan for PAB should be, "Get the work done, while having fun!"

"DO YOU KNOW WHAT A PROGRESSIVE DINNER IS?"

One day Captain Unland approached me and asked me if I knew what a progressive dinner was. Bewildered, yet intrigued, I immediately took the party-planning hat out of my desk drawer and put it on. She explained to me how a progressive dinner worked — moving from home to home for different courses of a meal. She told me she wanted to have a progressive lunch within our Bureau, moving from unit to unit on the fourth and fifth floors of the Hall of Justice. Two months later, we had one of the most fun events and fundraisers (with proceeds going to offset the cost of

the holiday luncheon) I have had the chance to participate in.

Each unit was responsible for selecting a theme, decorating their work areas and dressing in costume consistent with the theme and, finally, serving a course for lunch consistent with the theme. The themes selected by each unit were:

- Injury and Health Support: Superheroes
- Processing and Compliance: Pac-Man
- Staffing Unit: M&Ms
- Pay, Leaves and Records: Sports
- Operations: Cereal Killers
- Pre-Employment: Despicable Me

A special thanks goes out to our judges, Assistant Sheriff Todd Rogers, Director Glen Joe, Lieutenant Joel Barnett and ESA Sonia Lucero. Awards were given for costumes, and best-decorated and themed workspace.

FUNNY MONEY!

September 5 through 9 was designated by the America Works program as National Payroll Week. The theme for the week was money, and the personnel pictured here dressed the part for the costume competition.



PAB SPECIAL PROJECTS REVOLUTIONIZES LAW ENFORCEMENT HIRING

In June, PAB Special Projects Deputies Andres Bilbao and Scott Meredith received a commendation from Sheriff McDonnell for their tireless work on the eHire program. eHire is an automated

system that assists the Department and applicant throughout the hiring and background process.



ADMINISTRATIVE PROFESSIONALS DAY, TAKE OUR DAUGHTERS AND SONS TO WORK DAY

Can we plan multiple events on the same day? At PAB, *absolutely!* Administrative Professionals Day was observed in April at the Sherman Block Building the very same day we held the Take Our Daughters and Sons to Work event at the Hall of Justice. The very next day, we celebrated the professional staff at the Hall of Justice. Included are photos of Sheriff McDonnell addressing children participating in the Take Our Daughters and Sons to Work event, Sergeant Louis Serrano taking a selfie with some of our professional staff, and Captain Unland with ESA Amy Ng at the Hall of Justice.



THE "FIRST DANCE"

Pictured below is one of Captain Unland's first orders of business as PAB's new unit commander. Captain Unland solicited the entire fourth floor at HOJ to perform the Chicken Dance in support of the Special Olympics' Polar Plunge.



B2V 2016

Our amazing Baker to Vegas Team moved up 21 spots in 2016!



A TRADITION OF SERVICE

With the assistance of Assistant Sheriff Rogers, Captain Unland was able to acknowledge four of PAB's hardworking employees for their longevity at the holiday luncheon. Operations Lieutenant Rick Harpham, ESA Debra Ray and ESA Alma Llanillo all received County desk-pen sets for their 30 years of service. Lieutenant Joel Barnett received his 25-year Department pin. Thank you all for your great contributions to the Department.



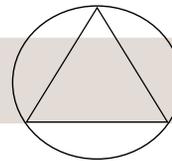
Speaking of tradition of service, we received information from our newly created Military and Veteran Affairs Unit that LASD's very own sheet metal worker Henry Hamby recently retired from the United States Air Force after 33 years. During his impressive career in the Air Force, Mr. Hamby rose to the rank of chief master sergeant. Chief Master Sergeant Hamby served around the world, including in Ecuador, Honduras and El Salvador, where he was the lead Spanish-speaking interpreter for humanitarian missions. Chief Master Sergeant Hamby, thank you for your many years of service to our country, as well as your continued service to the Department.



We wish everyone a blessed and a prosperous new year. That's it for now, and until next month, "Trust the process!" ☆



Peace Officer's Fellowship



By Willis Braggs

BEYOND YOUR LIMIT

Recently I met with a friend at a restaurant for dinner. After a couple of drinks (my limit), he continued to have his usual beer and tequila shots. I wondered, does my friend know his limit? People at the restaurant were noticing him getting louder and louder. How do we know when we are buzzed? We all think we know how our bodies respond to alcohol, but we are actually the worst judges of our own sobriety. Only when most of us get a lot older do we realize when it's time to call it a night.

I remember in my younger days having a few drinks to move past the buzzed stage. At times, my judgment was poor as to when to quit and I drove impaired, unquestionably beyond the legal limit.

I know now that if I am out eating dinner or at some type of event where alcohol might be served, I can have one drink (beer or wine) and still function. Am I impaired? According to the BAC (blood alcohol content) charts, yes, to the tune of between .01 and .02. My reflexes, according to the research, are slightly slowed, but this change is not noticeable.

Do you know your limit? Do you set a limit before drinking? What you are drinking does make a difference. A drink is classified as 12 ounces of

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

NAME	HOME PHONE	CELL PHONE
Eric Castano*	(562) 673-3374	
Joe Collins	(320) 684-4008	(909) 240-0509
Bob Ghan		(714) 916-3299
John Heckman	(661) 272-5756	
Kathy King		(714) 323-8600
Chris Loomis	(626) 447-9011	(626) 230-3137
Dave Philippon		(909) 296-0203
Ray Terhorst	(505) 705-5656	
John Valencia	(909) 599-1160	(951) 316-3633
Marty Weirich	(360) 570-1216	

*Active LASD

beer, 5 ounces of wine and 1.5 ounces of distilled alcohol. If you're at a bar, most beers end up being anything from 12 to 24 ounces.

Unfortunately, most who have met with me do so because their drinking got them into trouble. Is it worth risking your health, and possibly your job or your life, to enjoy a few moments of the buzz?

If you think that you might have a drinking judgment problem, or someone has mentioned this to you, there are several options available to

you. Contact Psychological Services Bureau (PSB) at (213) 738-3500 for a confidential consultation or counseling. Check to see if you have a Peer Support Group member at your unit and talk with them, or call one of Peace Officers Fellowship (POF) members listed here. These members have agreed to give up their anonymity so that others who are in need of help can find the support they need. Don't worry about calling us, helping other alcoholics is one of the ways we stay sober. ☆

L.A. County Retired Marshals Lunches for 2017

ALL LUNCHES ARE SCHEDULED FOR 12 NOON

February 1

Damon's
317 N. Brand Ave.
Glendale

May 3

San Antonio Winery
737 Lamar St.
Los Angeles

August 2

El Pescador
1125 West Covina Parkway
West Covina

November 1

Yang Chow
3777 E. Colorado Blvd.
Pasadena

March 1

Marino's Italian Restaurant
17126 Bellflower Blvd.
Bellflower

June 7

Elephant Bar
12002 Lakewood Blvd.
Downey

September 6

Black Bear Diner
7005 Knott Ave.
Buena Park

December 6

Villa Tepeyac
2200 E. Garvey Blvd.
West Covina

April 5

Villa Tepeyac
2200 E. Garvey Blvd.
West Covina

July 5

Matt Denny's
145 E. Huntington Drive
Arcadia

October 4

Marino's Italian Restaurant
17126 Bellflower Blvd.
Bellflower

COUNTY SERVICES BUREAU

By John Stanley
County Services Bureau

Happy Valentine's Day from CSB! Remember to treat your sweetheart extra special this month. And if you don't have a sweetheart, just treat everybody else with the same type of kindness. To that end, some late year love, respect and fun was shared by CSB personnel as 2016 drew to a close.

LAC+USC SPREADS THE LOVE

For the third year in a row, SSO Jeffrey McKuen played Santa at the Children's Burn Unit's Christmas party. The photos included show Jeff with the elves who assisted him, SSOs Crystal Antuna and Leslie Santiago. What a difference this party made for those who attended. Thank you Jeff, Crystal and Leslie for making the season bright.



RESPECTING THE FALLEN

On December 21 and 24, our personnel honored two murdered officers from the Office of Public Safety.

On December 24, 1980, Officer John Robinson was stabbed to death when he confronted two men in a restroom at the Department of Public Social Services Office at 813 East 4th Place in downtown Los Angeles near Skid Row.

On December 21, 1994, Officer Thomas Benton Worley died when he thwarted the robbery of a Payless shoe store in the San Fernando Valley. Worley's wife managed to escape the crime scene and told her husband as the robber exited. Worley and the suspect confronted and then killed each other in a gun battle, with Worley's wife looking on.

CSB personnel honored each officer on the day of their deaths by wearing long-sleeved shirts and ties. Officer Worley was assigned to LAC+USC Hospital. Honoring him by donning their finest attire, in the photo you will see LAC+USC personnel: Deputy Luca Gaetani, Sergeant Brain Sanford, Deputy Medina Rivera, Lieutenant Bob Maybury, Deputy Richard Rivoli, Deputy Anaya Gomez and SSO Crystal Antuna.



FUN FOR US

After a three-year hiatus, the CSB holiday party made a comeback and was a resounding success. All who attended thoroughly enjoyed themselves. SSO Raquel Chambers-McKuen, CSB's designated photographer, took dozens of photos of the revelers. Next year's party promises to be even bigger and better.



FUN FOR THEM

New Year's Eve started out wet and rainy, but by 8 p.m., the skies cleared and Grand Park began to fill up with Angelenos looking to ring in the new year with a bang. Tens of thousands of people were on hand for what is now becoming a new Los Angeles tradition. Most of these folks poured in around 11 p.m. and enjoyed the countdown to midnight, which included a laser light show on the



City Hall building followed by a booming fireworks display to welcome 2017. Many stayed until after 1 a.m., enjoying live music and two DJs.

It isn't Times Square yet, but we're trying. One-hundred and forty LASD personnel, supported by two LASD SRT squads, five members of the Mounted Enforcement Detail, 330 private security guards, 30 LAPD officers and Music Center staff provided security and ensured this event's fourth year remained safe and enjoyable for all who attended.

May 2017 continue to be a good year for all! Till next time! ☆



The Chaplain's Notebook

By Chaplain Terry Harrison

Palmdale/Lancaster/West Hollywood Stations

VIEW FROM THE PASSENGER SEAT: AVOIDING THE SUSPICIOUS MIND

Blatant dishonesty is always a bad thing. By "blatant," I don't mean trying to spare your aunt's feelings about the ugly sweater she knitted you for Christmas. I mean it as the deliberate lie that occurs in order to deny responsibility for the choices made. Unfortunately, every law enforcement officer has to deal with dishonesty almost all the time when engaging with the public, especially when that public person thinks he is in trouble. Worse still is when a citizen continues to maintain the lie, even when all the evidence points to an entirely different conclusion.

Obviously when it comes to a criminal investigation — whether it involves a rinky-dink shoplifting incident or robbing a bank — the goal is to find the truth and determine who, if anyone, needs to be arrested. Therefore, it is important that an investigator does not just take someone's word for it. Besides, even an honest witness can recall what happened incorrectly. Healthy skepticism is necessary to do the job. Collecting all the

facts before making a determination is necessary, especially if you expect the district attorney will proceed with a prosecution. However, the problem is that it is too easy to become jaded, assume most public persons you meet are liars and then treat a person with disdain. Unfortunately, when you get to that point, more than likely you are taking that attitude home, and that attitude is going to affect your quality of life and the lives of those you hold dear.

The bad guys are the bad guys. Your family, friends and those you love are not perfect, but they're not the bad guys, either. If you treat them with suspicion and doubt their every word and action, you will make them feel uncomfortable, make them angry and drive them away. That is not what you want to do.

From a professional perspective, being jaded doesn't work well either. Like I said earlier, a healthy skepticism is part of the job. But being jaded with the public comes across as being arrogant and superior. People react to that with anger and become defensive, which can lead to a negative view of law enforcement. Feeding into

the anti-cop sentiment that's currently present in our culture is not what you want to do, either.

I would like to encourage you to remember that the final decision as to the guilt or innocence of the public person is up to the judicial system, not you. Sure you have to collect the evidence and then determine who gets arrested and why. But that's where your job ends. It is time to move on to what is next.

Also remember that you are dealing, for the most part, with that small portion of the public that are lawbreakers. You do not get called out to the thousands of homes where they are all sitting down to a pleasant family dinner. Nope, your calls are to the family homes where someone is being stupid, violent or both. The point is that dealing with bad situations is the norm for the job, but it's not the norm for the vast majority of people.

Take a moment and think about where you are mentally. Becoming jaded can be avoided.

How can I contact a chaplain? Chaplains are available at their unit of assignment, or by calling the Psychological Services Bureau at (213) 738-3500. ☆

☆ IN MEMORIAM ☆

ROBERT D. CAMPBELL	RETIRED 10-02-89, DECEASED 12-20-16	CHIEF/REGION II ADMIN
MICHAEL J. CONNOR	RETIRED 03-30-13, DECEASED 11-21-16	LIEUTENANT/IRC
ROBERT M. CRITCHLOW	RETIRED 03-17-80, DECEASED 11-29-16	DEPUTY/BISCAILUZ CENTER
KEVIN C. HANNIGAN	ACTIVE, DECEASED 12-29-16	LIEUTENANT/PARKS BUREAU
PAUL A. MEDINA	RETIRED 09-11-99, DECEASED 11-30-16	DEPUTY/MCJ
ROGER L. PETERSON	RETIRED 11-24-92, DECEASED 12-06-16	DEPUTY/CUSTODY ADMIN
JOSEPH J. POPE	RETIRED 05-27-16, DECEASED 12-05-16	RADIOLOGY TECHNICIAN/ MEDICAL SERVICES
STEVEN J. PREWETT	RETIRED 03-30-85, DECEASED 10-07-16	DEPUTY/INDUSTRY
GERALD W. RUBLY	RETIRED 03-28-83, DECEASED 12-09-16	LIEUTENANT/VICE
COREY G. STEJSKAL	ACTIVE, DECEASED 12-17-16	CUSTODY ASSISTANT/CRDF
MAISHA KINNEY, DAUGHTER OF RETIRED MEMBER MARSHAE KINNEY, DECEASED 12-29-16		
MARY ANN PIKE, SPOUSE OF RETIRED MEMBER LEROY G. PIKE, DECEASED 12-24-16		



A Tale of Five Cities

By Mike Bartman
Lakewood Station

I think the hardest part of writing this article sometimes is the opening line. I know that you will not be reading this until the February edition of the *Star News* hits the newsstands, but it is only December 30 as I sit here typing this out. So I still want to wish everyone a happy and safe new year and also say that I hope you all had a wonderful Christmas, spent with your loved ones, family and friends. I know I did.

I hate to start out on a negative note but I must, as the most pressing thing on our hearts right now is the news of the very untimely passing of Lieutenant Kevin Hannigan. Kevin lost his battle with cancer on Thursday, December 29, at the young age of 58. Kevin was a longtime Lakewood deputy and sergeant before promoting to lieutenant and transferring out in 2005. He was one of my all-time favorite people to work with here. After just getting off training, I got my first citizen's complaint while backing up Kevin (a detective working overtime at the time) on a traffic stop in Bellflower. This was something we joked about for many years afterward. To quote another longtime LKD deputy, Kevin was "one in a million." Our thoughts and prayers go out to his wife, Tracy, and his family.

In the same spirit as our annual decorating

of Emma Powell's home for the holidays, on December 4, a group of current and former LKD personnel went to Deputy Chris Allende's home to help with the holiday things that would still be a challenge for Chris while he is recovering from his gunshot injuries. A Christmas tree was put up and decorated inside the house, along with decorating the entire outside of the house, including a couple of large palm trees. A special thanks to all of the Team Paramount guys and gals who set this up. Chris even got on the grill and barbecued up some good grub for all the hard workers.



Kevin Hannigan
Lakewood Station, 1990-2005
EOW: 12/29/2016

Speaking of Emma Powell, Deputy Greg Emerson said that after seeing the media coverage of our annual decorating event at the Powell home, the owner of Rusher Air, a local heating and air conditioning company in Emma's hometown, contacted Greg to find out how to get ahold of her. They offered to assist Emma with anything related to her home's heating and A/C system, *free of charge*. By the time of this article, they had already tuned up her heating and A/C system and made a few safety improvements for her. A big *thank-you* to Rusher Air for their show of support for Dave Powell's family.

We want to send a special shout-out to Deputy Jorge Olmos, who is currently on active military duty defending our great nation. Thank you, Jorge, for what you are doing, especially at this time of year when I'm sure you would rather be spending time with family and friends back here. I hope many of you took advantage of the Department's Military and Veteran Affairs (MVA) Unit offer to include emailed messages and photos with a care package they were sending to Jorge and other deployed LASD personnel to lift their spirits.

Last month, I made brief mention of Deputy Kevin Ay undergoing kidney transplant surgery. Kevin had continued to work his regular patrol spot for over a year while also dealing with kidney failure, which required him to endure long sessions of dialysis.

A match was found for a possible transplant, but the donor of his new (OK, slightly used, but only one previous owner) kidney wanted to keep his gift quiet. But it's hard to hide something of that magnitude, so it was not long before everyone knew of Sergeant Darren Offringa's sacrifice for his longtime friend and patrol partner. When Sheriff McDonnell found out about it, he made sure to acknowledge both of them while Kevin and Darren were attending the Sheriff's Annual Holiday Open House at the Sherman Block Building. I am happy to report that both are doing fine after the surgery and Kevin's body seems to have accepted his new kidney.



Flyers were recently sent out to promote a January 10 meet and greet/coffee with the captain and Artesia Mayor Ali Taj event in the city of Artesia. Someone thought the flyer for the event needed to be modified to show Captain Castellano in his favorite uniform, that as a Notre Dame coach on the sidelines with *his* team. We don't have room for the whole flyer, but I still wanted to share the photo of "Coach Castellano." You gotta love Photoshop.



Speaking of Captain Castellano, besides all the Notre Dame memorabilia in his office, during the recent scary clown hysteria that was going around, a couple of the clowns found their way into his office and took over his desk. Unfortunately, I was not there to see the captain's reaction when he walked into his office, but I hear he now has to



continued on page 18

PEER SUPPORT PROGRAM

By Mike Rodi

CRITICAL INCIDENTS

A critical incident is any event beyond the normal realm of human experience. It is an event or situation that would be expected to evoke distress in any individual. Not all individuals have a noticeable reaction to a critical incident, but it is the kind of event (due to danger, horror, threat, loss, etc.) that can be overwhelming.

Reactions to critical incidents are as varied as the incidents themselves. There is no “right way” to react or feel. Oftentimes, reactions are the mind’s attempt to put things in perspective and to make sense of the experience. Some people

react immediately. For others, it may be days or even weeks before they have a noticeable reaction. It is important to remember that we are all affected by these incidents. It is equally important that we remain supportive and understanding as well as work together. Peer support from fellow professional staff or deputies and counseling from Psychological Services Bureau (PSB) psychologists can reduce the intensity and duration of reactions to critical incidents.

Try to remember that the Department spends a lot of time and money training us to handle critical incidents in progress, but we seldom get

the training on how to handle the aftermath. It is important to remember you are not a superhero.

We basically do not receive training on what to expect or do after a critical incident occurs. The Department has now provided resources to help us. Never have a second thought about reaching out for professional help to get you through a hard time. PSB, (213) 738-3500, is here to help you. It is free and confidential. Our office offers education and tools to help you get back to work, where you belong. I hear a lot of people call it therapy; I call it training, because that’s what it is. They are teaching us things we can use to help us with our jobs and home life. ☆

Lakewood Station *continued from page 17*

peek around the corner to make sure all is clear before he will enter.



On December 7, Sheriff’s VOP Mickey Christianson and some of his veteran friends took 13 classic woodie cars down to the *USS Iowa* for the Pearl Harbor Day ceremony to remember the 75th anniversary of “a date that will live in infamy.” Mickey said that most of them were doing this to honor their fathers, who were WWII veterans. What an awesome tribute; thanks for sharing this with us, Mickey.



Did you know that if you are up at the PDC range for weapons training and while going through the handgun/shotgun course rush one of your shotgun shots that is supposed to be *across* the back of the radio car and accidentally blow out the back window of the radio car, you get to autograph the radio car to commemorate the event? I’m not going mention the deputy’s name, so you will have to find a really good magnifying glass to see if you can read the autograph.



It’s always nice when contributors write my copy for me, so to pretty much quote verbatim Deputy

Jason Colon’s email, “I wanted to take time to congratulate several of the Lakewood Station Baker to Vegas runners on dominating the Century Station’s Annual Scorpion Relay a second year in a row. The team happened to beat the host Century Station team by 10 minutes. We had an LASD Courts team come out of left field and attempt to take the race from us, finishing just seven seconds behind us. The LKD team was made up of John ‘Speedy’ Trejo, Morgan ‘The Warrior’ Nyberg, Steve ‘Out of Nowhere’ Ferreira, Clark ‘The Hair’ Lopez, Patrick ‘CrossFit’ Chapman and me, Jason ‘I Wish I Had a Cool Nickname, Too’ Colon. Everyone’s hard work and determination paid off!” Congratulations to all, and keep up the hard work in preparation for the 2017 Baker to Vegas Challenge Cup Relay!

Congratulation are in order for Deputy Adriana Rojas on the birth of her baby on December 16. Unfortunately my sources failed to get the “horsepower” for the newest Rojas, so I will have to pass that on at a later date.

Comings and goings: This past month we said goodbye and good luck to Deputies Laila Razo (Training Bureau), Jesus Morales (Community College Bureau) and Wenceslao “Willie” Agustin (Special Victims Bureau). Willie had been at LKD since 2002 and is one of the nicest guys you could ever meet. Keep in touch, Sir. We also welcomed new patrol trainees Ethan Lizarraga, Gabriela Murillo and Scott Spear to the Lakewood family. Good luck to all of you.

Well, that about does it. Until next time, stay safe and God bless. ☆



By Kimberly Torres

Pitchess Detention Center, North Facility

ENDING THE YEAR WITH A BLAST

A huge congratulations to our Professional Staff Employee of the Year, Kathryn Cali. Kathryn, known to us as Kathy, is retiring next year after 20 years of service. She has worked at North Facility for four years supervising six great co-workers. Kathy appreciates having the opportunity to enjoy the camaraderie of those assigned to North Facility, and she enjoys receiving unexpected, handwritten personal notes of appreciation. Kathy, thank you for all that you do!

We would also like to congratulate our Deputy of the Year, Shawnee Ratcliff, and our Custody Assistant of the Year, Richard Jewett. Thank you all for your hard work and dedication. The facility would not run the same without you.



CHALLENGE ACCEPTED

The Los Angeles County Sheriff's Department was challenged to participate in a friendly competition called #stuffachopper. The challenge was to stuff one helicopter filled with children's toys that would later be distributed to underprivileged children throughout Los Angeles County as well as the children coming to visit their parents at a Los Angeles County jail on Christmas Day. Together, North Facility accepted the challenge and raised close to \$200 within an hour and a half. Once all the contributions were in, Officer Shawna Wood purchased toys to stuff the chopper and on Thursday, December 22, she and Deputy Lizeth Lombera attended the Stuff a Chopper event. Officer Wood stated, "This is what the holidays are all about



— family and friends coming together to help other families in need. And nothing is more important than family."

BRINGING IN THE HOLIDAY CHEER

For the first time ever at North Facility, Mr. and Mrs. Claus came to spread some Christmas cheer. Thank you, Custody Assistant Kerry Moore and Custody Assistant Brenda Moore, for dressing up as the cutest Mr. and Mrs. Claus ever. We know the families enjoyed seeing those smiles on their children's faces.

We would also like to welcome Deputy Noyola, Deputy Picard and Deputy Blanco from Class #416 to North Facility. We are looking forward to working with you all. ☆



RESPONDING TO THE CHALLENGE OF GIVING

Early during the month of December, the Department was challenged with filling a helicopter full of toys. We not only met the challenge of filling one helicopter, but surpassed it by filling three helicopters and a moving truck. Data Systems Bureau participated in a large way. Despite the short timeline, we filled several bags of toys and transported them to Biscailuz Regional Training Center. The toys went to children in some of the most underprivileged and impoverished areas of Los Angeles County, and to children coming to visit their parents at a Los Angeles County jail on Christmas Day. The photo below depicts our very own Sergeant James Peterson packaging toys prior to their departure.



FROM THE WORLD OF SECURITY: HAVE YOU BEEN HACKED?

It's natural to worry about your security online, especially as we do more banking, shopping, backing up our files and socializing over the internet. Has your computer been hacked by someone with a personal vendetta against you? Probably not. But it's becoming more and more common to have your systems and accounts compromised by automated software or via online vulnerabilities. Here are a few tips to assist you in figuring out whether your computer has been hacked. In upcoming months, we'll discuss how to respond if your computer *has* been hacked, and what you need to do to prevent future hacks.

You know your computer better than anyone else. If it was working fine but suddenly starts behaving oddly, it might be a sign of age or a broken component, but the following issues could be a sign of hacking.

If your computer has been hacked, you more than likely will not notice it immediately, but there will be some eventual clear signs to look out for. For example, your financial institution may alert you to suspicious activity. People in your email address list may get fake mails from you. Or you might find new toolbars in your web browser. They may carry messages about helping you. There should be only one tool bar. Be suspicious if they multiply.

Additionally, files that you didn't delete appear to have disappeared. You should also be worried if you notice unexpected programs that you did not install, standard programs and files that don't open, or you cannot access programs using your usual password. You may also notice file contents have been changed but you didn't make the changes. Finally, if your bank account is missing money or if stores call about insufficient funds for shipped goods, you should suspect a hack.

You should also check your firewall software and find the log where its activities are stored. A good quality firewall will keep your computer secure. If you don't already have a firewall installed on your computer, there are some other things

you can check. You can check the logs on your router to determine whether your computer has been hacked and any of its data copied. However, tracking that kind of information down can be pretty time-consuming, so you'll need to have an idea of when the hack occurred.

There are several other ways your computer can get compromised. We are just scratching the surface here. You can always contact our security section for additional information.

ARRIVALS/DEPARTURES

Data Systems Bureau would like to extend a warm welcome to Information Systems Analyst II

Tommy Truong. We bid a fond farewell to Information Systems Analyst IIs Ming Ma, who promoted and departed to DPSS, and David Marquez, who took a position in the private sector.



CUSTODY AUTOMATION UNIT: YEAR-END REVIEW

Custody Division's Correctional Innovative Technology Unit (CITU) continues to provide usable alternatives for custody staff, inmates, facilities and administration that save time, money and resources. CITU has been busy with creating new technology solutions and ideas to address the ever-changing business needs of a dynamic division. In 2016, CITU executed up to 72 technology initiatives varying in complexity and duration. A few of the projects/initiatives are highlighted below:

- Use of Force Lite (capturing, summarizing and reporting data from static forms)
- Custody Automated Reports and Tracking System (CARTS)
- iPads (deploying iPads for inmate grievances and requests)
- Mental health event tracking using iPods
- Title 15 for patrol stations using iPods
- Title 15 compliance clock
- Integration of CARTS and PDE
- Geo-mapping of in-custody incidents
- Expansion of automated medical passes
- DMH movement notification
- Video competency hearings
- e-Udal for court lockup
- e-Udal integration with FSB work order system (Maximo)
- Court lineup application
- Expansion of custody security screening system

We will be expanding on each of these projects in upcoming *Star News* issues.

IT QUOTE OF THE MONTH

"To err is human, but to really foul things up, you need a computer." — Paul Ehrlich
Logging off until next month! ☆



By Christopher Johnson
Marina del Rey Station

999 FOR KIDS

Many deputies and law enforcement colleagues are so dedicated to the LASD's volunteer-powered 999 for Kids program, which provides specialized medical equipment and services for disabled L.A. County youth, that they create and participate in fundraising events all on their own time. Few take that dedication further than the participants of the annual 26-mile team relay swim from Catalina Island to Cabrillo Beach in San Pedro, now in its sixth year. On September 24, 2016, eight swimmers from LASD and LAPD crossed the Catalina Channel, raising money for this very worthy cause.



Beginning at 8 p.m. on September 24, LASD Lieutenants Joe Badali and Jodi Hutak, LASD Sergeants Brent Carlson and Jeff Chow, LASD Deputies Luca Gaetani, Dean La Chasse and Michael Rambo, along with LAPD Detective Kara Clifford, swam through the night in one-hour segments, aided by the support of Marina del Rey boat deputies Rich Godfrey, Dave Sheinfarb, Ron Nohles, Howard Cosgrove, Rich Nichol and Nicholas Zabokrtsky, and L.A. City Lifeguards/Emergency Department registered nurse Priscilla Formica Davila — all organized by Deputy Welby Cham.

The swimmers braved the cold, dark waters of the ocean one at a time, but all the swimmers completed the last leg of the relay together, emerging from the San Pedro surf 14 hours later to a welcoming crowd.

MARINA DEL REY SHENANIGANS

The following names have been changed to protect the identities of those involved.

It was a rainy day at the MDR when the desk received radio traffic from an unknown employee. The employee was en route to Pasadena to drop off patrol vehicles for the Rose Parade.

Unknown: 216D (Note: We are 270D)

Desk: (No acknowledgement)

Unknown: Marina --- del ---

Desk: You are rushing the mic. Lucy, hold the mic then transmit.

Lucy: O ---

Desk: Lucy! You are still rushing the mic.

Lucy: OK.

Desk: 10-21 the desk.

Lucy: I can't, I forgot my phone.

Desk: What do you need?

Lucy: I'm lost.

The rest will be left to the reader's imagination.

MORE SHENANIGANS

Deputy X and Deputy Y responded to a call of a black male, approximately 20 years old, accosting a 15-year-old female. Upon their arrival, they observed a male matching the description as stated in the call. Deputy X and Deputy Y attempted to contact him. The suspect remained calm and cooperative until Deputy X began to speak. The suspect then yelled, "F*** that, I didn't do anything!" From a seated position, the suspect jumped up and began to fight Deputy X. Deputy Y noticed that his partner, who is an athlete, was struggling with this 6'7" male and fired his Taser. The Taser was a success. Not only was the suspect out of the fight, so was Deputy X. (It was later determined that one of the darts struck the suspect and the second dart struck Deputy X.)

The struggle continued. After several failed attempts to remove the dart by Fire, Deputy X was transported to the hospital. While at the hospital, Deputy X contacted his wife and informed her that he had been shot. His pregnant wife rushed to the hospital and was in dismay when she realized her husband was only shot with a Taser, after nearly sending her into labor.

Deputy X is extremely grateful to his partner for the two days he received off just in time for the new year.

HOOK OF THE MONTH

On December 20, at approximately 0021 hours, Deputy Oscar Rodriguez was working a crime suppression unit. While patrolling the unincorporated area of Marina del Rey, he observed an adult male riding his bike during the evening hours with no lights affixed to his bike (Violation 21201 [d][1] CVC). Deputy Rodriguez detained the man to warn/cite him regarding the violation. Upon contact, the man advised Deputy Rodriguez that he was in possession of a knife. Deputy Rodriguez conducted a safety search of the suspect's person. During the search, Deputy Rodriguez recovered an illegal knife and metal knuckles, along with a black ski mask, etc. As a result, the suspect was arrested. Kudos to Deputy Rodriguez for getting a potential robbery



continued on page 22

suspect off the streets. Hopefully, he wasn't released a few hours later due to a Prop 47 discrepancy.

INS AND OUTS

We would like to welcome April Jamison back to our Marina del Rey family and congratulate her on her promotion to detective.

Also joining our family is Lieutenant Paul Patterson; however, we will be losing him to Century Station. Good luck in your new assignment! You will be missed at MDR. We enjoyed the short few months that you blessed our Station with your presence.

We would also like to congratulate Eric Matias on his new promotion to sergeant. You will be an excellent leader.

Lieutenant Thomas has left us for Century Station. He will also be missed. The accompanying photo depicts Lieutenant Thomas as his inner child comes out and he does his best impression of Leonardo DiCaprio in the *Titanic*



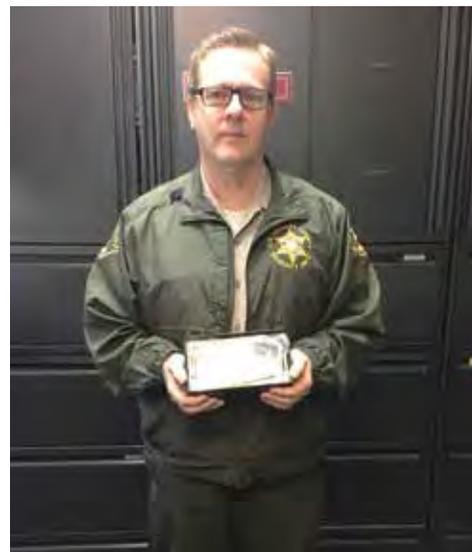
movie. I truly feel on this day he was feeling suicidal. The slower activity at MDR Station was getting good to him, so when he discovered he was going back to Century Station, he decided to end it all. The MDR harbor deputies were able to bring him to his senses and stop the horrific event.

CONGRATULATIONS

Children are a true blessing. On November 20 at 9:05 a.m., Patrice Lafayette, the wife of Deputy Lafayette, was free at last. After nine long months, they welcomed to this world Ronin Takeo Lafayette, weighing 8 pounds, 10 ounces. Our Marina del Rey family wishes you and your wife the very best, Deputy Lafayette. Enjoy all the sleepless nights, it will be worth it.

On June 11 last year, EM Watch Deputy Brett McCann celebrated 30 years of service with the Los Angeles County Sheriff's Department. The entire MDR family would like to take this opportunity to thank you for your excellent service and wish you many more prosperous years.

"Stop saying, 'It's what they signed up for.'"



No one signs up for anything expecting to be hated, injured or killed. They sign up to make a difference. If they have to battle the former to do the latter, the fault doesn't lie in their heart but in yours. Keep the law enforcement family in your prayers for 2017." —Author unknown ☆



Sheriffs' Relief Association Annual Meeting

Thursday, March 9
3:30 p.m.
Hall of Justice

Share Your Stories in *Star News*!

We greatly acknowledge unit commanders and directors who support the *Star News* and SRA with monthly articles. Providing these stories, which are sent to nearly 20,000 members and executives each month, is a testament to the pride and commitment that you feel for the Sheriff's Department. Unit commanders and directors who do not currently provide monthly articles should do so. The process is simple and is as follows:

1. Articles are due on the first business day of each month for publication the following month.
2. The article can be sent as an attachment to your email to STAR NEWS, which is in the Outlook address book.
3. There is no minimum or maximum word count per article. The usual article runs about one to two pages, including any photos submitted with the article.
4. Each photo must be a separate attachment to your email, but they can all be included in the same email.
5. All articles must be approved by the unit commander.

Questions should be directed to SRA at (562) 946-7081.

WOMEN'S RUNNING TEAM

By Jenna Nuñez

Los Angeles County Women's Running Team

The Mug Run series is in full swing. The LASD Women's Running Team would like to invite you to lace up those tennis shoes and come out and run with us. We train together, laugh together, and put our blood, sweat and tears into this team. This year's 2017 Baker to Vegas race is approaching quickly, and the LASD Women's Running Team has been putting in the miles to beat LAPD this year. It's not too late to be part of it. If you want to start tearing up the pavement with us, we would love to have you. Please contact Lieutenant Sue Burakowski, Sergeant Angela Gonzalez or me for more information.

Check out some of our team Mug Run photos thus far.

Be safe, God bless and run hard! ☆



2017 Baker to Vegas

March 25–26

www.bakervergas.net

The Women's Running Team has been putting in the miles to beat LAPD at Baker to Vegas this year. It's not too late to be part of it!





GEAR YOU NEED AT UNBEATABLE PRICING

PRACTICAL TACTICAL

FIREARMS ACCESSORIES

Surefire Remote Switch Cover, S&W M&P DG-12

Activate your weapon light without removing a finger from the grip.

\$86.50



Stack-On Gun Safe Box

This gun safe is SB 869 compliant for car storage.

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Radians Hunter Clear Shooting Glasses

Lightweight protection for indoor shooting.

\$7.50

Hoppe's Pistol/Rifle Cleaning Kits

Compact kits make firearm maintenance easy.

\$12.95



CLEAR BACKPACKS AND BAGS

MANDATED FOR CUSTODY DIVISION*



Large Lunch Bag

This sturdy and functional lunch bag is large enough to hold eight water bottles. Front zipper pouch, adjustable shoulder strap.

\$14



Backpack

This clear backpack has adjustable back straps and a side mesh holder. Open pocket on side. Inside front section has pen loops and sleeve pocket.

\$16



Large Backpack

Our largest clear backpack is very sturdy as well as functional. Features zippered main compartment, two zippered front pockets, and two side pockets with Velcro closure.

\$19

**Satisfies mandatory requirement*

BE PREPARED

FIRST AID/SAFETY SUPPLIES

SOF Tactical Tourniquet, 1.5"

Keep this life-saving essential on hand for emergencies.

\$29.99



Adventure Medical Field Trauma Kit With Quikclot

Treat injuries on the spot with this compact first-aid kit.

\$39.95



Deputy Cloth Star (Velcro)

\$3.95



Sheriff Front Emblem (Velcro)

\$3.50



EXPERT PLATE CARRIER VEST

This must-have vest accommodates hard trauma plates and side bulletproof panels.

\$54.95

Sheriff Back Patch (Velcro, 7"x 3")

\$6.95



Hard Plate

Level III+, lightweight bulletproof plate

\$109

KEEPS YOU COVERED

REINFORCEMENTS

NIJ IIIA Level Soft Panel
Handgun-rated, bulletproof soft-side panels

\$39



Hard Plate
Level III+, lightweight bulletproof plate

\$109

Stay safe in the field. Come by and check us out!

Sheriffs' Relief Association Emporium locations:

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 295-8030

sheriffsrelief.org/store

FI\$CAL ADMINISTRATION

By **Rachelle Jackson**
Fiscal Administration

Happy holidays to everyone. Fiscal Administration is very excited to begin the new year with our very own article! We have so much to be thankful for in this new year, and we are thrilled to share it with you all. As we begin 2017, we would be remiss not to reflect on the past year. 2016 brought us a supply of good times and bad times, and we survived! To celebrate, we closed out the year with our annual Administrative Services Division holiday luncheon. The luncheon was held in Montebello at the *Quiet Cannon* banquet hall. The event was full of fun, laughter, delicious food, dancing and great prizes. Our very own Acting Division Director Conrad Meredith was our master of ceremonies for the afternoon and Rodney Strong, the electronic audio

genius, graced the room with some rocking holiday music. Throughout the luncheon, guests were gifted with great prizes. The holiday committee worked hard throughout the year with various fundraising events to ensure we had great prizes. Each guest went home with a beautiful bag and pen to memorialize the special occasion. There were two grand prize winners, one being Gwen Hall, who took home a very nice, top-of-the-line Blu-ray DVD player. Gwen had the Midas touch last year as she was also the winner of our drawing at the annual Administrative Services Division picnic in October. We all could use a little of Gwen's luck in the upcoming year! Last but not least, Patty Reyes was the grand prize winner of a beautiful 40-inch smart television with all the bells and whistles you

can imagine. Congratulations to these lucky ladies; what a spectacular way to end the year. We hope you have much enjoyment and entertainment with your wonderful Christmas gifts.

Looking forward, our hope for everyone is that 2017 brings you all of your joys and desires for the new year. Let's carry on to be better people in all that we do, motivated to bring change where needed, and continue the goals set in our personal and professional lives. I wish everyone a happy new year and look forward to what the new year has in store for all of us. I leave you with a quote from a courageous man who never gave up and aspired to hope until the end: "Once you choose hope, anything's possible." — Christopher Reeve

Until next time, be fiscally responsible. ☆



SHOW YOUR LASD PRIDE



A



B



C



D



E



F



G



H



I



J



K



L

A Heart Charm Bracelet
Available with "LASD" or "LASD Wife"
\$14.99 Item #: 1531

B Sterling Silver Badge Dangle Earrings
Also available in 14K gold or studs
\$112.00 Item #: 1513

C 14K Gold Badge Necklace, 18" Chain
Also available in silver
\$199.00 Item #: 1509

D Arched LASD Cap
Color: black
\$21.95 Item #: 400

E Watch Cap Beanie
Color: black
\$13.00 Item #: 461

F Bed & Breakfast T-Shirt
Color: black
\$14.99 Item #: 2028

G Blue Lives Matter T-Shirt
Color: black
\$14.99 Item #: 2027

H Ladies Long-Sleeve T-Shirt
Color: green
\$7.99 Item #: 2118

I Rasport Piped Wind Jacket
Color: graphite gray
\$39.99 Item #: 2104

J Rasport Piped Wind Pant
Color: graphite gray
\$35.99 Item #: 2105

K Women's Poly-Tech Sport Zip-Up Sweater
\$41.75 Item #: 2108

L Blackhawk! Tactical Softshell Jacket
Colors: slate, fatigue
\$119.00 Item #: 4010

For more info and store locations visit sheriffsrelief.org/store

Larger styles subject to increased prices.



From all of us here at ISB, we hope you and your family had a blessed holiday season and wish you a “lovely” Valentine’s Day. We had a busy month and are happy to share our journey with you.

FROM INMATES’ HANDS TO CHILDREN’S HEARTS

Here at the Education Based Incarceration (EBI) Unit, we have a soft spot for children in need, and several years ago, Officer Valenzuela (TTCF EBI) created the Blanket Project. This program taught inmates how to make handmade tied blankets, which are given to physically and mentally challenged children who are medically vulnerable or are victims of the most severe cases of child abuse, neglect and family violence.

Over the years, the program has expanded. Officer Valenzuela and the inmates make over 1,000 blankets that are passed out to deserving children over the holiday season. On December 4, more than 600 of these beautiful blankets were given away at the 999 for Kids charity event at the Sheriff’s STARS Center in Whittier. It was a beautiful event.



A huge thank-you goes out to the EBI staff and Sheriff’s Department staff members for taking time away from their own families to make a needy child’s day. This event is so very special to all of us.

P.S. Check out the selfie our staff took with the Sheriff! (Never take yourself too seriously.)



CONGRATULATIONS, LIEUTENANT!

EBI would like to congratulate Lieutenant Mark Slater on receiving his 30 years of service award (even though it’s now 31, but who’s counting?). EBI is so proud of him and thankful for his extraordinary service.



CHRISTMAS CONCERT AT CRDF

On December 2, HealthRIGHT 360, in conjunction with EBI, welcomed a performance from award-winning singer/songwriter Marina V. As her husband, Nick, played guitar, Marina performed several positive and inspiring songs for the ladies participating in our Gender Responsive Rehabilitation Program (GRRP). Marina’s kind spirit seemed to touch each member of the audience, and the connection grew stronger as she sang each song. No translation was needed as she sang a song in Russian in honor of her grandmother. The emotion in her voice was felt by all in the room, a welcome

reminder of how music can promote understanding and healing. In between songs, Marina took time to talk about her life growing up in the Soviet Union and having very little. She shared her experience of being overwhelmed with the resources and opportunities available after she migrated to America. GRRP encourages its participants to immerse themselves in therapeutic arts as well as cultivate their own creativity. Events such as this concert are provided to encourage and motivate the ladies to feel deeply and strive for success. Follow Marina on Facebook at www.facebook.com/marinav or visit her website at www.MarinaV.com.



CHRISTMAS JOY FOR MULTNOMAH DHH STUDENTS

On Thursday, December 15, the EBI Unit at Men’s Central Jail delivered toys to Deaf and Hard of Hearing (DHH) program students at Multnomah Street Elementary School in Los Angeles. The Deaf and Hard of Hearing program is composed of 26 students, ranging from 3 to 11 years of age. Each student received a bag filled with toys and other goodies; the girls also received dolls constructed by the female inmates at Century Regional Detention Center (CRDF). In addition to the dolls, the EBI Unit at CRDF donated toys to make this event a success.



Principal Asavasopon tearfully thanked the EBI staff and remarked no one had ever done something so thoughtful for her students.

Special thanks to EBI Sergeants Art Vargas and Alex Gamboa, Deputies Herb Aguirre and Jessica Rosas, and Custody Assistants Santos, Stark and Towner. Deputy Aguirre is an alumnus of Multnomah Street School and still has ties to the community.

WOMEN IN PRISON/ JAIL PROJECT

On December 15, the Women in Prison/Jail Project brought some holiday cheer to the female inmates at CRDF. Currently in its fourth year, the Women in Prison/Jail Project is a



collaboration of volunteers from within the LASD and community volunteers.

The EBI Unit staff, Dr. Weintraub, Commander

Newman-Tarwater and Captain Holloway distributed goodie bags to the female inmate population. The contents from the goodie bags were donated by local department stores and stuffed by volunteers from LASD and a few outside entities, including Agape Church, Rio Hondo-Vernon Rotary Club and the Civilian Advisory Committee of LASD.

During the event, Mr. Swaringer, pastor from Christ the Good Shepherd Episcopal Church in South Central L.A., addressed the women with a few inspirational words of wisdom in hopes of lifting their spirits.

As always here at ISB, we are thankful for your hard work. God bless you and your families, and happy Valentine's Day. ☆

CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

*Thank you for your many years of dedicated service to our Department.
We wish you long life, happiness, relaxation and many years of personal fulfillment.*

Bobby G. Baker

Court Services West Bureau

Sharon C. Bilbrey

Parking Enforcement Detail

Gregg A. Brenton

Court Services West Bureau

Michael C. Burnell

Court Services Central Bureau

Diane Couey

Inmate Reception Center

Diana L. Dobbins

Pico Rivera Station

Linda D. Fink

Personnel Administration Bureau

Vicki L. Gregory

San Dimas Station

Yvette L. Johnson

Court Services Civil Management Bureau

Hea Kyung Kim

Medical Services Bureau

Ryan J. Laughlin

Century Regional Detention Facility

Carla D. Lawson

Lomita Station

Deborah J. McPherson

Facilities Services Bureau

Lilia Montez

Medical Services Bureau

Fernando S. Nunez

County Services Bureau

Gerhard A. Ogurek Jr.

County Services Bureau

John R. Price

Industry Station

David R. Reddish

Lancaster Station

Patricia A. Rielly

Court Services Transportation Bureau

Ralph Serrano

Food Services Unit

Robert Sokolik

Court Services East Bureau

Glenn C. Spruill

East Los Angeles Station

Isabel A. Stroud

Training Bureau

Marialuisa Valle

Personnel Administration Bureau

Donna J. West

Transit Bureau South

Christopher P. Yates

Court Services East Bureau

FROM THE DOCS

TOUGH DAY AT WORK

By Medina Baumgart, Psy.D.

We have all been there. That day at work when we tell ourselves, “I should have stayed home,” or “Are you kidding me?” No matter the job assignment, you will inevitably encounter a tough day at work. So what do you do when you get home after one of those days? Maybe you vent to a friend or family member, exercise or have a drink (or a few) to relax. So, what happens when the usual way you cope is not working as well as it did before? What if you notice work stress spilling into your personal life and causing problems? This article will provide an overview of common symptoms of stress, typical coping skills for work-related stress, when to recognize that coping skills may be ineffective, and ways to adapt your coping skills to better manage stress.

Stress is defined as an experience of strain or tension as the result of an adverse or particularly demanding event. Although each person

experiences stress differently across varying situations, common symptoms include:

- **Body:** Increased heart rate, blood pressure, breathing rate and perspiration. Increased production of stress hormones. You may even experience headaches, muscle tension, appetite and/or sleep changes, nausea and dry mouth.
- **Mind:** Memory impairment, decreased concentration, decision-making difficulty and increased alertness.
- **Emotion:** Anxiety, anger, frustration, irritability, nervousness or sadness.

What do you do after a tough day at work?

Many of you have already developed ways to relax after a tough day at work. Some common ways to manage stress include physical activity/exercise, talking to others, drinking alcohol, enjoying a hobby, taking a vacation and listening to music.

Square peg, round hole. Not all coping skills work in every situation.

It is not uncommon for people to get stuck in a stressful state and become frustrated when their usual way of coping is no longer effective in that situation. Here are some warning signs to recognize when your coping skills may be ineffective:

- **Activity level changes:** Significant sleep disturbance lasting more than one week. This could be sleeping too much or not enough. If this occurs, you may feel overly tired, unable to concentrate and irritable toward others. Also look at your daily activity level. Social isolation or disinhibited behavior can also be a warning sign.
- **Interpersonal difficulties:** This includes

your interactions with members of the public, acquaintances, co-workers, friends and romantic relationships. Pay attention if you notice that you are short in conversation or find yourself experiencing more verbal arguments. You may have someone comment that you seem grumpy, angry or not your usual self. Alternatively, you may shut down and avoid human interaction.

- **Alcohol use:** Having a couple drinks after work to relax is not necessarily a bad thing. However, if you find that your drinking is frequently motivated by wanting to “drink until it feels better” or drinking to get drunk, this may signal a potential problem. Driving under the influence or carrying your firearm when drinking are also problematic behaviors.

Adapting coping skills. You will inevitably encounter a stressful situation when you feel that your usual way of coping is not working. If you do not manage your stress well and another stressful event occurs, you may be at risk for making bad decisions or handling a situation poorly, both on and off the job. Pay attention to the warning signs and adapt your coping skills ASAP. If you usually drink, try exercising instead. If you usually keep to yourself, try talking to a friend or family member. Some additional coping skills include breathing exercises, meditation, visualization and positive self-talk. You can also seek additional support from a member of the Peer Support Program, a chaplain or counselor.

Remember that it is normal to experience a tough day at work, and you need to have a plan to cope with the stress. Keep in mind that the same coping skill may not work in every situation. Learn to recognize when you are beginning to cope ineffectively and know how to adapt. The goal is to reduce stress so that you are focused and functioning well at both work and at home. Take care of yourself!

If you are experiencing difficulty coping with stress or would like to learn additional coping skills that could help you, please contact Psychological Services Bureau at (213) 738-3500 to schedule an appointment. Your appointment is confidential. To obtain additional information, visit our intranet site at <http://intranet/intranet/ESS/Index.htm>. ☆

Lieutenant Sheri Anderson
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By Joseph Badali
Cerritos Station

YES CERRITOS HOLIDAY CELEBRATIONS

The holidays are a special time of year to spend time with loved ones and co-workers. We were fortunate to have *London's Pub & Grill* host our Christmas party; it's an authentic London pub with delicious dinner options, from standard English fare to homestyle Indian food. Personnel from all three shifts, volunteers and operations staff enjoyed the meals, festive night and raffle prizes. It was certainly a night to remember and enjoyed by all!



HOLIDAY CHEER

We are grateful for the outpouring of support from so many community members, churches, businesses and Department personnel who delivered food, baked goods, cards and personal well-wishes in appreciation of our daily duty and sacrifice. Some of our favorites were the *Marie Callender's* pies provided by the nonprofit Morale Boosters and the Sheriffs' Relief Association. Our pies were among 100 delivered to every Sheriff's station in the county.



DIVISION RECOGNITION AND COMMENDATION

Our first Cerritos Civilian Community Academy recently had its graduation. Credit goes to Sergeant Racowski and Deputy Reber for organizing and facilitating the academy. They both received recognition from Chief Goldman for their efforts in creating the first community academy at Cerritos Station. Our next session is scheduled for the near future.

EMPLOYEES OF THE YEAR

During the last few weeks of the year, personnel silently casted votes on whom they wanted to select as Employee of the Year in each classification.

To no one's surprise, the following were selected and awarded personal gifts: Professional Staff, Secretary V Elaine Reynolds; Field Deputy, FTO Ramiro Arguello; Detective, Detective Rich Kent; and Supervisor, Sergeant Cort Bishop. These four distinguished employees bring more than 31 years of collective service to the city of Cerritos and community.



ADDITIONS TO THE LASD FAMILY

We congratulate Sergeant Vargas and family on the arrival of baby Cash. Congratulations also go out to Deputy Wong, as she welcomed twins Hailey and Lauren.

Practice sound tactics, be well, and always be safe! ☆

STAY UP TO DATE!

Check out news and events at www.sheriffsrelief.org

Sheriffs' Relief Association Discount Tickets

SRA: (800) 544-4772/(562) 946-7081 (M-F, 8:30 a.m. to 5 p.m.), Emporium II: (562) 946-7271 (M-F, 9 a.m. to 4:30 p.m.), Emporium III: (661) 295-8030 (Mon.-Sun., 9 a.m. to 5 p.m.). Holiday Hours: Closed Monday, February 20.

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ATTRACTION	SRA PRICE Adult/Child	ONLINE PRICE Adult/Child	GATE PRICE Adult/Child
AMC Black Ticket (unrestricted) <i>Ages 3 and up</i>	\$10.25	N/A ONLINE	\$11.00-\$15.00 depending on location
BOOMERS IRVINE <i>All-day unlimited attractions</i>	N/A IN OFFICE	Several packages available, \$25.00 and up \$0.99 processing fee per transaction	
CINEMARK (unrestricted) <i>Ages 3 and up</i>	\$8.50	N/A ONLINE	\$11.00-\$13.50 depending on location
DISCOVERY SCIENCE CENTER <i>Children 3-14</i>	N/A IN OFFICE	\$14.00/\$10.00	\$17.95/\$12.95
DISNEY 1 DAY 1 PARK* <i>Good through 12/31/17; children 3-9; several blackout dates</i> <i>* Limited supply. Once sold out, SRA will no longer be carrying Disney tickets.</i>	\$100.80/\$95.04	N/A ONLINE	\$105.00/\$99.00
HARKINS (unrestricted) <i>Ages 3 and up</i>	\$8.00	N/A ONLINE	\$10.50-\$15.50 depending on location
KNOTT'S BERRY FARM <i>Good through 12/31/17</i> <i>Children 3-11; senior 62+</i>	\$42.00/\$39.00 No processing fee	\$42.00/\$39.00 \$5.99 - \$7.99 - \$9.99 processing fee per transaction	\$75.00/\$45.00
LEGOLAND — Free 2nd Day <i>Good through 12/31/17; 2nd day free within 90 days of first visit/use or before expiration date; children 3-12</i>	N/A IN OFFICE	\$76.00/\$71.00	\$95.00/\$89.00 (1-day ticket)
LEGOLAND HOPPER — Free 2nd Day <i>Good through 12/31/17; 2nd day free through the end of 2017; children 3-12</i>	N/A IN OFFICE	\$69.00	\$119.00/\$113.00 (1-day ticket)
See the LEGOLAND ad on page 38 for more information.			
LONG BEACH AQUARIUM <i>Good through 11/30/17; children 3-11</i>	\$19.95/\$14.95	\$18.95/\$13.95	\$29.95/\$17.95
MEDIEVAL TIMES <i>Children under 12</i>	N/A IN OFFICE	\$40.27/\$27.71 plus tax	\$61.95/\$36.95 plus tax
REGAL/EDWARDS (unrestricted) <i>Ages 3 and up</i>	\$8.50	N/A ONLINE	\$10.00/\$12.50 depending on location
SEAWORLD — Free 2nd Day <i>Good through 12/31/17; children 3-9</i>	\$64.25/\$64.25	\$70.00/\$70.00	\$93.00/\$87.00
SEAWORLD — Fun Card <i>Good through 12/31/17; children 3-9</i>	\$76.50/\$76.50	\$85.00/\$85.00	\$93.00/\$93.00
UNIVERSAL STUDIOS <i>Children 3-9</i>	N/A IN OFFICE	\$89.00-\$110.00/\$83.00-\$114.00 <i>Pricing is date specific. Please log onto our website to view.</i>	\$115.00/\$109.00 and up
		\$129.00 2-day pass	

IMPORTANT: Payment — cash or check only in our office (check payment limit=\$750.00). Ticket limit=10 per attraction per month (except for Disneyland tickets, limit is only 8) per member. If member is having someone other than spouse pick up tickets, only the member's personal check with employee # written on the same check is accepted for payment. Please read and check instructions and restrictions on the back of each ticket before leaving the ticket counter. All sales are final. Prices are subject to change without prior notice. Online pricing may differ from in-office pricing. Additional service charges may apply; please see individual websites for details.

REVISED 1/17/2017

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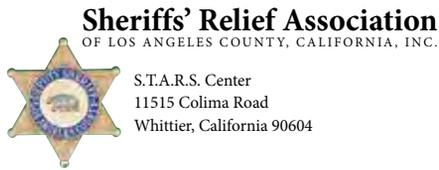


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