

SHERIFFS' RELIEF ASSOCIATION'S



Star News

VOL. 77 NO. 6

OCTOBER 2016

SRA-LASD
SHERIFF'S BBQ
and

Fall Festival

OCTOBER 22, 2016

WILLIAM S. HART PARK, SANTA CLARITA
SEE PAGE 13



Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Thursday, August 11, 2016, at 11515 Colima Road, Whittier. The following officers and trustees were present: John McBride, President; Jake Katz, Vice President; Liza Vera, Secretary-Treasurer; Trustees Mike Abdeen, Tracee Allen, Joe Badali, Kerry Carter, Richard Maradiaga, Veronica Urenda, Ralph Webb and Josie Woolum; and Bill McSweeney, General Manager.

The meeting was called to order at 4:41 p.m. A motion to approve the minutes of the July 2016 meeting and the June Foundation expenditures was postponed until the Board could review them.

COMMUNICATIONS

General Manager Bill McSweeney reported that communications were received from the following during the month of July:

From Sidra A. Sherrod-Strong to Bill McSweeney, "Over the past three years, our children

(Jamie Strong, age 17, and Di'Mario Nava, age 16) have participated in the United Peace Officers Against Crime program as (junior) counselors. For the past two years, our daughter has been an actual counselor, receiving an award last year for Camp Counselor of the Year.

"Both have worked with the children attending this great program and have gained, in my opinion, more from the children than they have been able to give. I say this because of comments from the past and those made when they returned from the camp this year.

"I have to share that our daughter, while working on a project for her return as a high school senior this year, stated that she wanted to 'continue to help kids who don't have it as good as I do.' By this, she explained that she wants to use her goal of becoming a physical therapist as a means to help talented athletes who do not have the resources for college tuition. She wants to

train and help strengthen their skills to be better candidates for scholarships. Our son spoke about the experience of having to tend to a 6-year-old who had to wear diapers. This required that he, and other counselors, assist with changing him regularly. He then was glad that toward the end of the camp session, this child went, on his own, to the bathroom — utilizing the facilities without the need for the diaper. It was a celebration and such an exciting time for this child. Both of our children have been hugely impacted by these experiences over the years. They are both determined, motivated and successful at their levels, with work, the Explorer program, leadership training and community service already in their repertoire.

"This year, your donation made their attendance happen as, unexpectedly, I received the

continued on page 4



Retired Deputies

By **Chickee Nelson and Don Fandry**

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: Chickee1@netzero.com or Djfandry@att.net

NEXT LUNCHEON:

Thursday, January 19, 2017
@ 11:30 a.m. Cost \$13
Glendale Elks Lodge
120 E. Colorado Street
Glendale, CA 91775
(818) 242-2105

On July 11, the Lakewood ROMEOS met for friendly banter and good food at *Portillo's Hot Dogs* in the Buena Park Mall. Attending were Bill Richardson, Dave Bauchop, Dennis Flinn, John Herrera, Randy Algra, Jerry Berry, Frank Matillo, Bob Ruegger, Bob Ciulik, Ed Dahlstrom, Ben Hilliard, George Boswell, Bill Snyder, Chris Beattie, Peter Mack, Andy Guthrie, Mark Hoo, Mike O'Hara, Sally Harwell and Charlie Englebart. All in all, a pretty good turnout for so many "old" folks. Sally Harwell and Bob Ciulik were attending for the first time. Hopefully, they'll make it a habit. Don Reeves recently had hip replacement surgery, so it was no surprise that he was absent, especially since that's the way he's been for months — absent, I mean. I feared we were going to have to return his picture to the milk cartons, but as coincidence would have it, after lunch Bill Richardson went to the local Costco and whom should he meet? Yep, Don Reeves and

his wife, Ruby. Don, to his credit, was appropriately embarrassed and didn't waste a second describing his hip replacement surgery. He was pretty spry, considering, but he's always been an active member of Jack Lalanne's (if you know who Jack Lalanne was, then just how old does that make you feel?). Sally Harwell has a reading disorder, as evidenced by her late arrival. Charlie Englebart, well, he has no excuse for arriving well after Sally. Charlie was so late, almost everybody was finished with their lunch and had run out of stuff to talk about. We missed Chickee and Norman. As usual, they were spreading themselves thin at another venue. Chickee once remarked that they're gone so often, she sometimes forgets how



Southern Idaho/Eastern Oregon Retirees: Dick Rivera, Phil and Suzanne Santisteven, Charles Keys, Bill Postmus, Greg Hanson, Steve Kenny, Ed Price, Jim Elliston, and Bob and Terry Young

to get home. Luckily, she has Norman, who has the homing abilities of a pigeon (hey, is that why she calls

continued on page 8



Star News

THE OFFICIAL PUBLICATION OF THE SHERIFFS' RELIEF ASSOCIATION

Vol. 77 No. 6.....October 2016

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.; STARS Center, 11515 Colima Rd., Bldg. B, Whittier, CA 90604. Phone: (562) 946-7081 or toll-free (800) 544-4772. Fax: (562) 946-5302.

COPY DEADLINE: 1st of the month for the following month. Send copy to: starnews@lasd.org or ljdiot@sheriffsrelief.org.

OFFICERS

Honorary Chairman.....Sheriff Jim McDonnell
President..... John McBride
Vice President.....Jake Katz
Secretary-Treasurer.....Liza Vera

TRUSTEES

Mike Abdeen, Tracee Allen, Joe Badali, Kerry Carter, J.P. Harris, Rich Maradiaga, Veronica Urenda, Ralph Webb and Josie Woolum

General Manager..... Bill McSweeney
Asst. General Manager.....Carrol Leonard

FOR ADVERTISING CALL
(818) 848-6397
911MEDIA.com

911MEDIA
STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

TNI
Trade News International, Inc.

911MEDIA® is a division of
Trade News International, Inc.



Table of Contents

Units

| | |
|---|----|
| Men's Central Jail | 5 |
| Video Production Unit | 9 |
| Inmate Services Bureau | 11 |
| County Services Bureau | 14 |
| Peace Officer's Fellowship | 15 |
| Lakewood Station | 16 |
| L.A. Grizzlies | 17 |
| Los Angeles Sheriffs' Museum | 18 |
| Data Systems Bureau | 20 |
| Walnut/Diamond Bar Station | 22 |
| United Peace Officers Against Crime | 23 |
| West Bureau Court Services Division | 24 |
| Transit Bureau | 25 |
| Food Services Unit | 26 |
| From the Docs | 27 |
| Cerritos Station | 30 |
| Personnel Administration Bureau | 32 |
| Peer Support Program | 33 |
| Parks Bureau | 34 |
| Pitchess Detention Center, North Facility | 36 |
| The Chaplain's Notebook | 38 |

Features

| | |
|---|----|
| 2016 Board of Trustees Election: | |
| Candidate Statements | 6 |
| Retired Marshals Lunches | 27 |
| August 2016 Retirees | 31 |
| In Memoriam | 38 |
| Sheriffs' Relief Discount Tickets | 42 |

information from retired Sergeant Anthony Campbell that you had selflessly given the donation for 10 attendees to the camp for 2016. My two children were included in the 10. It is not about money, as both my husband and I are on the Department (Eric Strong, A/Captain, SLA Station/Sidra Sherrod-Strong, Lieutenant, CRDF) and were able to pay for the week's tuition. However, your impactful presence within this program, as a supporter and donor, means more than you could ever imagine to people you will probably never hear from.

"I thought that I should let you know that our hats are off to you for your generosity.

"In a world where it is easy to question the motivations and hearts of humans, you restored and reinforced my glimmer of hope.

"Thank you for indirectly being a part of my children's village."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING AUGUST: \$69,500

MORTUARY BENEFITS PAID YEAR TO DATE: \$662,500

EMPORIUM REPORT

Sheriff McDonnell would like the emporiums to carry uniforms. Although space will be an issue at the STARS location, Emporium III should be able to accommodate this request.

Balfour will be providing class rings for anyone who is interested. We will not have an inventory on hand. Department employees will be ordering through Balfour directly.

MEMBERSHIP REPORT

A total of 277 new membership applications were received during the month of August. A motion was made by Trustee Maradiaga, seconded by Trustee Badali and unanimously carried, to accept the following new members: Esperanza L. Acevedo, Olga Acosta, Alma R. Aguirre, Dolores G. Aguirre, Seifu H. Ahmed, Manuel L. Albert, Jesus A. Aldana, Alma Na Alvarez, David R. Ament, Sarita Anavil, Hector Andujo, Miracle O. Ang, Joemie D. Anglo, Claudia Apolinar, Jarlene Arechiga, Jennifer A. Atenza, Carol J. Augustine, Daniel M. Auner, Luis H. Avina, Brandy B. Baker, Lydell L. Ball, Dion D. Ballentine, Ernesto B. Baluyot, Edgar Barbosa Ramos, Michael A. Barrios, Saverio Bellomo, Ryan I. Bennet, Marie Celine Berenguer, Jesus Bernal Jr., Jeffrey R. Biehl, Peter E. Bringas, Consuelo A. Bryant, Christina L. Bryne, Angelica A. Calderon, Craig R. Calzada, A. Canales-Mayorga,

Nichelle M. Carlson, Dexter V. Carter, Linda D. Carter, Quitman V. Carter, Cristina Castaneda, Denise Castillo, Maria L. Castillo, Stephanie Chacon, David C. Chambers, Ernest E. Chavez, Mark P. Cho, Charles R. Christensen, Jemie C. Collado, Yolanda S. Cook-Cooper, Ezri H. Coronado, Mark R. Cramer, Elwood W. Crane, Richelle-Mae T. Cullen, Babypaz D. De la Vega, Zenaida M. De Leon, Joaquin De Luis Jr., Bryan S. De Paz, Brian J. De Royter, Christopher M. Deacon, Jeffrey S. Dedeles, Michael A. Del Real, Rene E. Diaz, Chad W. Dowdy, Jose L. Duarte Delatorre, Scott A. Edge, Mana S. Elliott, Ronald B. Emeneger, Hanna C. Epino, Marcos N. Escalante, Luis A. Espiritu, Michael G. Estaris, Adrian Estrada, Benjamin E. Estrada, Kevin M. Ethridge, Jesse Figueroa, Janice U. Fitisemanu, Ryan K. Fitzgerald, Jose L. Fletes Jr., Dafne A. Flores Morales, Joel Flores, Eric Fofana, Matthew S. Forness, Candice K. Fritz, Joseph F. Funches, Christina M. Galindo, Jaime Gallegos Jr., F. Gallegos Macias, Cynthia Garcia, Roberto Garcia, Sergio A. Garcia, Yesenia Garcia, Christina G. Garza, William M. Gilliam, Mark A. Glatt, Max Godinez, Mario Gonzales, Michael D. Gonzales, Ruben F. Gonzales, Richard H. Gonzalez, Yvette S. Gonzalez, Natalie Grigsby, Michelle Guangu, Michael Guerrero, Rosie Gurrola, Rodrigo Gutierrez Cano, Jose DeJesus Gutierrez, Sandra L. Hale, Kristen M. Harlow, Isabelita M. Hizon, Muhammad I. Hossain, Tracy Hughes, Lorraine Ibarra, Salvador Jasso, Cristian Jeronimo, Jose L. Jimenez Ortiz, Blossie L. Johnson, Robert E. Jones Jr., Clifford V. Jones, Michael J. Kampen, Michael W. Kelleher Jr., Joel D. Kellogg, Virginia Kennedy, Ronald C. Kennison, Peter J. Kergil, Henry Y. Kimura, Martin P. Klaus, Richard S. Kurimoto, David Ladjovic, Tida C. Lambert, Scott A. Lang, Jonathan Lares, Thomas B. Laux, Joanna S. Leung, Rosemary N. Lino, Christopher H. Lopez, Jose A. Lopez, Kenny S. Lord, Jesse J. Lucero, Darren A. Luter, Susan E. Majich, Isabel E. Malfavon, Bobbie Mamaril, Ashley J. Marfil, Rosalinda Martinez, Wesley R. Maxwell, James R. McClain, Thomas G. McConnell II, Graciela V. Medrano, Jessaca L. Mejico, Marvin De Ramos Mendoza, Hector M. Meza, Lizeth Meza, Grant J. Miller, Shirley A. Miller, Jesus Mojarro, Crystal A. Monreal, Valentina R. Montion, Johonna M. Montoya, Deborah E. Moore, Christopher C. Morgan, B. Morris-Schlather, Shannon G. Motschall, Ramon Munoz, Darin V. Murray Jr., Ashween N. Nand, Juanita Navarro-Suarez, Anna Y. Ngai, Tri T. Nguyen, Judy H. Ning, Jovita C. Nnoham, James J. North, Amanda C. Nutt, Loretta O. Ogunnaya, Guillermo Pacheco,

Holly S. Padovich, Graciela A. Padron, Cynthia Paredes, Manuel Pastrana, Cynthia D. Penola, Brian Perez, Carlos Perez, Holly M. Perez, Soi Phuong, Angelina Ponce De Leon, Raymond W. Poon, Mark D. Pope, Justin T. Price, Dinora A. Quintanilla, Joseph P. Quire, Claudia Ramirez, Francisco U. Ramirez, Karen V. Ramos, Janelle S. Randolph, Dimitri Rasaei, Alejandra A. Redondo, Berthena Reed, Gabriel A. Reyes, Mark A. Reyes, Jaqueline Reyna, D. Richard-Ramsey, La Tisce S. Richardson, Latrice R. Riley, Jeffrey A. Risser Sr., Loren Rivas, Evangelina Rivera, Margarita Rivera, Jaime I. Robles, Jose J. Rodriguez, Lucio J. Rodriguez, Brett R. Rogers, Daniel L. Rogers, Alan Rojas, Michael T. Rosson, Hector G. Ruano, Nery E. Ruiz Bonilla, Tarek Salah, Diana D. Salas, Phillip D. Salas, Todd P. Sams, Dernice Samuel, Baylee R. Sanchez, Christy Sanchez, Jorge J. Sanchez, Kayla E. Sanchez, Kelly M. Sanchez, Monica M. Sanchez, Stephen C. Sanez, Elizabeth M. Santos, Antonio O. Sarenas, Lisa D. Saunders, Tyler J. Scavo, Diana Shaw, Heidi-thea Sheridan, Phillis R. Singleton-Hall, Gary D. Sloan, Stephanie A. Sloan, Alexandria M. Smith, Rebertha Spires, Joshua R. Stamsek, Tracy A. Stanfield, John M. Steele, Mohamed Sufi-Ismail, Michael O. Tamayo, April L. Tardy, Martin Telfair, Diana M. Teran, Stephen R. Thayer, Susan R. Thayer, Angela J. Thomas, Jackie S. Thompson, Jawanna L. Thompson, Misty M. Trejo, Cherry Trimble-Gumms, David Trujillo, Kay K. Tun, Wilson A. Uy, Ryan T. Vaccaro, James A. Valadez, Laura R. Valdez, Delma Vargas Palacios, Hawaii L. Vaughn, Grace Mavourneen Vega, B. Villasenor Aguilar, Carlos J. Vindell, Kemberlyn Virgen, Angel G. Vizcarra, Robert L. Westphal, Melissa D. Wilbur, Debra A. Williams, Milton Williams, Velissa T. Williams, Raymond A. Wilson, Afsaneh Yadegari, Shawn J. Young, Victoria Zepeda and Jeffrey J. Zuniga.

There was a total of 752 new members who signed up during open enrollment.

We had 1 death of an active member, 3 deaths of retired members, 2 cancellations of active membership, 18 cancellations of retired membership, 1 new honorary associate member and 5 deaths of honorary associate members.

There were 33 members who resigned, 4 who were discharged and 1 who transferred from the Sheriff's Department/Relief Association during the month of July.

SPECIAL EVENTS

Sheriff McDonnell is strongly encouraging the best runners on the Department, as well as

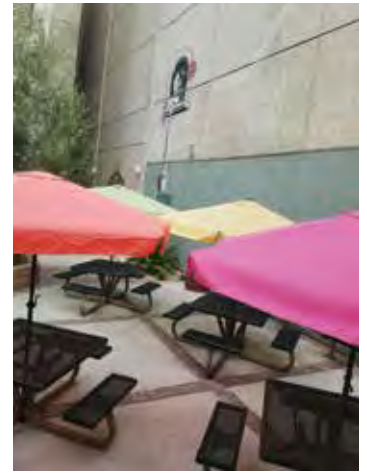
continued on page 8

Men's Central Jail participated in the Plane Pull competition in Long Beach to help raise money for the Special Olympics. The Special Olympics Southern California Plane Pull is a fun team competition to see which group can pull a 124,000-pound FedEx Boeing 757 airplane the fastest. MCJ was one of 58 teams that competed in the sweltering heat for the cause. The event raised \$125,000 for the Special Olympics. MCJ's team consisted of Sergeants Trang Dinh and Cong Ha, Deputies Ron Patron, John Drake, Rafael Gonzalez, Devin De Resa, Jason Olvera, Robert Adams, Mario Ramirez, Joshua Ramirez, Chase Morales, Sterling Haley, Chris Alrich, Justin Meng, Gus Martinez, David Murray, Patrick Mendoza, Justin Bleau, Tanner Jauch, Raymond Johnson, Steven Toliver, Ernie Castro, Adrian Ines and Shane Lattuca, along with Custody Assistant Shane Haring. *Congratulations, guys! A job well done!*



We go from planes to cars. Or, I should say, a car. One day, a deputy drove his newly acquired Jeep to work. Seeing there was no parking in the "oversized" parking, he decided his oversized Jeep would fit in the 10-story parking structure. He drove through the entrance and thought, "OK, cool, I made it through the entrance," and kept going to the next level. As he drove through the entrance to the next level, a loud crash could be heard throughout the parking structure and across the parking lot. This deputy got out of his Jeep only to find he had ripped his light bar off and was also stuck in the entrance. The deputy picked up the pieces, let the air out of his tires and drove off into the sunset. For those of you who need a tip or two on where to park your oversized vehicle, feel free to contact Deputy Kyle Deschamp. No one was hurt in this mishap, just a bruised ego for the story getting out.

Heroes Park has a new look, thanks to Sergeant Gabino Gasataya. Gas was at Disneyland one day and saw how colorful the "happiest place on earth" was, with its bright umbrellas. He thought if he could find some colorful umbrellas, he could brighten everyone's day here at MCJ. Gas, being a



big motivator with MCJ's Boxing Team and promoter of positive energy with MCJ personnel, decided Heroes Park needed some decorating. When Gas isn't golfing, he is checking out the garage sales. During one of his tours of garage sale hunting, he came across some very bright, colorful umbrellas and thought they would look good in Heroes Park. As you can see, Heroes Park is now very colorful. Thanks, Gas, for brightening our days here at MCJ.

Once again, we have had massive movement of deputies. Deputies Dan Howe, Leonel Lopez, Sergio Tiscareno and Senior Gerard Dolen headed up North to PDC and NCCF. Deputies Nick Grigoryan, Gus Martinez and Anthony Reed went over to OSJ. Deputy Geoff Matthews stepped across the street to Population Management Bureau. The following deputies headed to patrol in August: Justin Boulden, Jonathan Charrette, Addison De Boom, Al Cortez Jr., Rigoberto Quinonez Reyes, Joseph De Mel, Danielle Leos, Matthew Newhouse, Matt Stoker, David Casa, Chris Gonzalez and Carly Braveman. *Good luck to everyone at their new assignments!*

Welcome to *all* the new deputies and custody assistants who have arrived at MCJ over the past few months!

Congratulations to our newest additions to the MCJ family. Deputy Harold Hunt and his wife welcome son Kaleb to their family. Deputies Fashionette Dominguez and Anthony Reed welcome their son Bryce. Deputy Josh Kerwin and his wife added daughter Zoey to their family. *Congratulations to everyone!*

Until the next article, hug your No. 1 fans and stay safe! *Happy Halloween!* ☆



2016 SHERIFFS' RELIEF ASSOCIATION BOARD OF TRUSTEES ELECTION

Three Positions Open

Active Member Candidate



VERONICA URENDA

Operations Assistant III
Contracts Unit

Hello! My name is Veronica Urenda. I am seeking your support to continue my service representing the professional staff of this great Department as a member of the Board of Trustees of the Sheriffs' Relief Association.

I have been a proud member of the Sheriffs' Relief Association for 15 years. I joined the Los Angeles County Sheriff's Department in 2001 as a full-time employee. However, I first started my career with the Sheriff's Department as a volunteer assigned to Century Station and have since worked many different units and assignments and have gained valuable experience, knowledge and insight. I am currently assigned to the Contracts Unit as an Operations Assistant III. I am responsible for reviewing and analyzing various service contracts for the Sheriff's Department as well as preparing all contract-related documents and Board letters.

The Sheriffs' Relief Association offers great benefits to all members — sworn, civilian, active and retired. 2016 has been a great year for the Sheriffs' Relief Association; we added new law enforcement gear at our emporiums, launched a brand-new website and improved communication links between active and retired members. It is a tradition of the Association to help its members, and I want to continue this commitment as well as assist in recruiting new members, enhancing services and benefits, and seeking new, innovative ideas to add and improve.

I would very much like the opportunity to continue as a Trustee on the Board of the Sheriffs' Relief Association. Please vote for Veronica Urenda for Board of Trustees.

Thank you for your support.

Active Member Candidate



TERESA GARRETT

Sergeant

I chose to run for Trustee because I have been involved in helping the members of the Department for the past six years as Secretary of the Black Peace Officers Association of Los Angeles County. I feel that I can bring a great perspective and objectivity to this position of Trustee.

One of the reasons for my success has been an ability to work well as a member of a team. I have been on the Department for 27 years and worked a variety of assignments, which include Patrol, Detectives, undercover and administrative duties. I am currently assigned to Bureau of Labor Relations (BOLRAC).

I understand the priority to work as a group for the betterment of our membership. I understand the responsibility of Trustee and can fulfill my responsibilities effectively. I am knowledgeable in the services we provide and appreciate all that is offered through mortuary, retired, loan, Sheriffs' Relief Foundation, *Star News* and tickets benefits, to name a few.

I will come to this job with an open mind and the objectivity necessary to perform all of the functions of a Trustee. I am willing — eager, in fact — to devote the time and energy our members deserve in fulfilling my duties as a member of the Board.

I appreciate your consideration.

Active Member Candidate



DIANE STONE

Administrative Services Manager II
Personnel Administration Bureau

Hi! I'm Diane Stone, and I would like to serve as a professional staff member on the Board of Trustees for the Sheriffs' Relief Association (SRA). I have over 30 years of Sheriff's Department experience, which includes assignments in Patrol, Detectives, Custody, Training, Administration, etc. I started as an intermediate typist clerk and worked my way through the professional staff ranks. I am currently an Administrative Services Manager II working at Personnel Administration Bureau/Pre-Employment. As a member of the SRA for over 17 years, I have witnessed friends and family receiving critical support from the organization. The most impressive example was when a dear friend was battling cancer and SRA provided her with funds and equipment to ease the situation. I believe my years of experience maneuvering through the ranks at a variety of assignments will allow me to represent the needs of both professional staff and sworn members. I appreciate your support!

IMPORTANT VOTING AND BALLOT INFORMATION

Ballots will be mailed the first half of October to members' home addresses on file (where the *Star News* is sent). Members with address updates should notify SRA immediately, as should any current member who does not receive a ballot by October 25. All ballots will include a stamped return envelope, pre-addressed to SRA's accounting firm, which will secure the ballots until counted. All ballots must be received or postmarked by November 18, 2016; those postmarked later than November 18 will not be valid. Results will be announced on Tuesday, November 29, 2016. (The 10-day delay allows for inclusion of ballots mailed by November 18 but received thereafter.)

The Sheriffs' Relief Association (SRA) is holding an election for new members for its Board of Trustees. The members elected will serve three-year terms from January 2017 through December 2019.

Trustee positions are an important element in maintaining *your* successful SRA. All SRA members are encouraged to vote! *Star News* is pleased to present the following statements from each candidate in the Sheriffs' Relief General Election.

Active Member Candidate



NICHELLE CARLSON

Deputy Sheriff

My name is Nichelle Carlson, and I have been on the Sheriff's Department for 3 1/2 years. I began working Custody at Century Regional Detention Facility after the Academy, and then went out to Patrol in June 2014. My current assignment is Patrol at Transit Policing Division, where I am on an intelligence-led policing team. We patrol high crime areas, make contacts and arrests, follow up with operators with issues on the bus and rail lines, and often conduct plainclothes bus and rail operations.

I chose to pursue a career in law enforcement at 36 years old because I wanted to make more of a difference. I wanted to help people and make an impact on someone's life, in a positive way. I hope that those I encounter take away something from me and realize that their struggles can be overcome, and that they can change their lives for the better.

If elected to the Sheriffs' Relief Association Board, I will do my best to work hard and fulfill my responsibilities — and as a deputy myself, I look forward to representing the priorities and needs of my fellow deputies.

One Position Open

Retired Member Candidate



CLAUDE FARRIS

Captain (Ret.)

Technical Services Division

My name is Claude Farris, and I'm running for the position of Trustee of the Sheriffs' Relief Association. In my 31 years as an active member of the Department, my work has spanned a full variety of assignments — from Custody through Patrol and five divisions, with four promotions along the way. Through my entire career and retirement years, I have been a member of the Sheriffs' Relief Association. It's an organization dedicated to providing recognition, resources and relief to members of the Sheriff's Department family through avenues that have evolved over the past 80 years.

I am currently seeking to actively participate in this organization. While I retired over a decade ago, I have maintained friendships and professional relationships with many retired, sworn and nonsworn members of the Department, allowing me to remain aware of current as well as traditional needs of our members. I am excited about the current direction of Sheriffs' Relief and know I can make valuable contributions to these efforts to increase the breadth and quality of services for all of our members.

I have served on nonprofit boards and I've participated in a number of community-based organizations in several levels of responsibility. I believe I have something to bring to the table in terms of knowledge and experience, both on and off the Department. Moreover, I believe very much in what Sheriffs' Relief has done and continues to do for the families of the Sheriff's Department. I would like to be a part of this evolving organization, and I'm asking for your vote.

Retired Member Candidate



JOE HARTSHORNE

Commander (Ret.)

Special Operations Division

My name is Joe Hartshorne. I retired from the Department in January of this year, after 34 years of service. My final assignment was as a Commander in the Special Operations Division. Prior to that I worked command assignments in Detective, Training, and Field Operation divisions, including three years as the Captain of San Dimas Station.

My earlier years were spent primarily in patrol and investigative assignments, including two stints at Homicide Bureau, as well as other bureau and station detective assignments.

I consider myself one of the most fortunate (former) members of the LASD, as I was able to work with some of the most talented and dedicated personnel in many challenging assignments. I retired from the Department knowing the quality of the personnel are as good now as they were when I started.

I became a member of Sheriffs' Relief Association (SRA) while still in the Academy a very long time ago. I have always considered SRA to be a wonderful organization, created solely to assist members of the Department. As such, I am running for a seat on the Board of SRA, as I would still like the opportunity to work with an organization that exists to benefit the men and women of the LASD.

While I am the furthest thing from a politician and have never run for any position, I can promise you that if elected to the SRA Board, my single purpose will be to see that the Association continues to support its members as it has in the past, and to look for new avenues to provide even better benefits and service.

Thank you.

SRA, to support the Baker to Vegas department-wide team.

This year's Family Social has been booked for October 22, 2016, at William S. Hart Regional Park. We will be looking into possibly getting a waterslide bouncer. There are plenty of small hula hoops left from last year to do the hula hoop contest, but we will need to purchase the bigger, adult-sized ones. Instead of having a live band, we will be looking into hiring a D.J.

OLD BUSINESS

The Board recommended researching adjustments of interest rates and a technical study of implementation and feasibility.

NEW BUSINESS

General Manager McSweeney has been diligently working on getting the SRA/Emporium employees a better 401(k) plan. Vanguard may be coming in to next month's Board meeting to give a proposal that sounds promising.

Bill Salveson is actively looking into upgrading our current loan system.

ADJOURNMENT

At 5:49 p.m., a motion was made by Trustee Maradiaga, seconded by Trustee Carter and unanimously carried, to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc. The meeting reconvened in Executive Session. ☆

Retired Deputies *continued from page 2*

him a birdbrain sometimes?). Enjoy life and your retirements, taking the County for every penny you can. — Bill

On August 1, the Hi-Desert Retirees luncheon was held at *Marie Callender's Restaurant*, 12180 Mariposa in Victorville, at 11 a.m. Those who were at the luncheon were Dick and Lou Obney, Beth

Combs, Ginger Cupkie, Chickee and Norman Nelson, Richard Li and Walt Brown. Richard was on his way home and dropped by to have lunch with us. He was looking for Ed and Shirley Sznaper, but they have moved to Ventura so they were not here. Walt Brown lives in the high desert and dropped in. It was nice meeting both of them. Hope they

will return. Our waitress, Amber, is outstanding. When we walk through the door, she brings our strawberry lemonade to our table. She is Johnny-on-the-spot. We couldn't ask for better service. If you go to *Marie Callender's*, ask for Amber by name. She will take care of you. So if you are driving by Victorville or live in the area, join us for a delicious meal and great service. Everyone is welcome to join us on the first Wednesday of the month at 11 a.m.

On Friday, August 5, the Southern Idaho/Eastern Oregon luncheon was held at *El Mariachi Loco Restaurant* in Star, Idaho. Those attending the luncheon were Dick Rivera, Phil and Suzanne Santisteven, Charles Keys, Bill Postmus, Greg Hanson, Steve Kenny, Ed Price, Jim Elliston, Bob and Terry Young, and Hack Scott.

On Saturday, August 6, the Northern Idaho Retirees luncheon was held. If you would like more information on this gathering, you can email Ron Weber at colorondo@aol.com. Those attending the luncheon were Mike Leibrich, Dan Edginton, Larry and Marianne Lariviere, Ray and Barbara Kemper, Jerry and Deborah Vernon, Ray Baytos, Bill Lopez, Thomas Johnston, Ed Robinson, Phil Bullington, Ron Weber, Gary Daigh, Susan Daigh (St. Marie), Dennis Hubbs and Jim Seulke. — Ron

From August 7 to 14, the Sunshine Rollers got together for their yearly week at Pismo RV Park in Oceana. Members present were Scott and Dolores Carter, Manuel and Sonja Cruz, Art and Joy DeGroot, Carol Engle, Jeff and Sheila Fitzgerald, Jeanne Klauk, Bob and Glenda Hamburg, Ray and Sandy Hoyle, Lou and Mary Jo Mullady, Norman and Chickee Nelson, Steve and Ruth Powell, Gil Sherwood, Rick and Sandy Spence, and Claude and Dolores Waddle. Thanks to our hosts, Claude and Dolores, for providing a



The North Idaho Retirees luncheon. Standing: Mike Leibrich, Dan Edginton, Larry and Marianne Lariviere, Ray and Barbara Kemper, Jerry and Deborah Vernon, Ray Baytos, Bill Lopez, Thomas Johnston, Ed Robinson, Phil Bullington, Ron Weber, Gary Daigh and Susan Daigh (St. Marie); kneeling: Dennis Hubbs and Jim Seulke.



The Sunshine Rollers Camping Club

continued on page 10

VIDEO PRODUCTION UNIT

By Harry Drucker
Video Production Unit

EMMY AWARD FOR "SURVIVING AN ACTIVE SHOOTER"

When the Television Academy held the 68th annual Los Angeles Area Emmy Awards, the Los Angeles County Sheriff's Department was in attendance. The Department wasn't providing security for the event; LASD was there as a nominee in the Independent Programming category for its film "Surviving an Active Shooter."

The nine-minute film has been viewed by well over 800,000 viewers on YouTube and on the Department's website at www.activeshooter.lasd.org. "We made 'Surviving an Active Shooter' as a way to educate members of the public on what they should do in the event of an active-shooting event," Sergeant Harry Drucker, who supervises the Department's Video Production Unit (VPU), said. "Law enforcement trains constantly on active-shooter response, yet the stark reality is that most of these incidents are over before first responders arrive. We owe it to the

public we serve to offer them tools to survive a mass shooting."

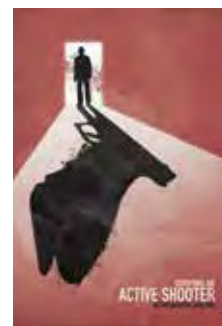
The film was made simultaneously with an active-shooter-response training video to supplement training for Department members and other law enforcement agencies. The law enforcement version, "Responding to an Active Shooter," is being used by well over 100 police agencies in the U.S. and elsewhere. The public version is being used for corporate safety training all across the country at companies like Marriott, Coffee Bean and Tea Leaf, and Apple, just to name a few.

The film aired on the LA County Channel in 2015, which made it eligible for Emmy consideration by the Television Academy. Due to its length, the film could not be placed in the Public Service Announcement category, which limits submissions to 30 seconds. "When we learned that we had to be placed in a category with independent films that were nearly an hour long and had aired on PBS, we thought there was no way we could ever earn a nomination, let alone a win," Drucker said. The Independent Programming category had 13 films considered, and to the surprise of everyone at the VPU, "Surviving an Active Shooter" was nominated.



The production of the film included literally hundreds of volunteer cast and crew members to supplement the VPU's small staff. On a budget of less than one-tenth what it cost to make similar films, the VPU produced a piece of training that has the potential to save many lives. Video Production Specialist Vance Kotrla, who wrote and directed the film, is a USC Film School graduate. The team at VPU also includes Deputy Ralf Paddock (recently retired and now a reserve deputy) and Video Production Specialists Gerardo Mendoza, Eric King, Sean Jacobs, Larry Fisher, Reserve Deputy Robin Price, and Tamica Trigo.

"And the Emmy goes to..." With those words, the Los Angeles County Sheriff's Department achieved something it has never done before. In the process of saving lives and educating the public, LASD became an Emmy winner. ☆



fantastic campout. Welcome to our guests: Mike and Barbara Buck, guests of Manuel and Sonja Cruz; Arnold and Debra Griffin, son and daughter-in-law of Jeff and Sheila Fitzgerald; also, Sharon and Fred Daniels, mother and father-in-law of Arnold Griffin; and Robert Spence, son of Rick and Sandy Spence. July birthdays: Dolores Waddle, July 6; Ray Esquerria, July 9; and Pat Jones, July 22. August birthdays: Dolores Carter, August 2; Sonja Cruz, August 4; Mary Jo Mullady, August 10; Annie Esquerria, August 22; and Rick Spence, August 30. Happy anniversary to Scott and Dolores Carter,

August 21, and Ray and Annie Esquerria, August 28.

The Christmas luncheon is hosted by Dick and Marcia Cooper and will be held at the *Elephant Bar* in La Mirada on December 10.

Oceano 2017: Claude Waddle has made arrangements for August 6 through August 13 at Pismo Sands RV Resort. We have 20 spaces reserved and after a long period of negotiations, we finally got them to hold these spaces until October 1, 2016. If you think you want to attend this campout next year, we suggest that you make your reservation now. The reservation can be held with a \$100 deposit. If you decide at a later date that you cannot attend, you will be able to get a refund with a \$10 cancellation fee within 10 days of the campout. If you cancel later, you will be charged a one-day camping fee. If you have any questions, you may contact Claude Waddle at cgw9041@aol.com. Respectfully submitted, Joy DeGroot, Secretary

On August 10, Inmate Reception Center Retirees got together at *Roady's Restaurant*, San Dimas, at 10:30 a.m. Those in attendance were Richard Brodka, Nat Mora, Max Harwell, Todd Megerle, Robert Turner, Earl Otoide, Mary Leef, Dan Salvatore, Harold Baldwin and Tom Zeller. Dan and Harold rejoined us after time spent recovering from hospital stays. Welcome back to you both. IRC Retirees gather on the second Wednesday of the month. — Tom

On August 17, the Las Vegas Retirees got together for their monthly luncheon at the *Blue Ox* on Sahara at noon. Those in attendance were: Don and Melody Gray, Gary Olson, John Essery, Jim Ellison, John Hooge, Ray Walker, Gary Griffith, Mary Seaton, Hershel Aron, Norman and Chickee Nelson, Joan Raber and Doris Gainer. It was warm in Las Vegas, in the triple digits, but we came out for the luncheon. It was nice meeting Don and Melody Gray, as this was their first time; they live in Mesquite. John Hooge is doing quite well after his surgery. If you are in or around the



San Diego Area Retirees. Marv and Diane Love, Bob Henley, Bill Findon, Lou Brown, Joe Raffa, Bill Gaynor, Richard Shockcor, Dan Castellon, Harry Penny, and Phil and Bonnie Brooks attended the luncheon.

Las Vegas area on the third Wednesday of the month, drop on in at the *Blue Ox* at noon.

On August 18, the Prescott Area Retired Law Enforcement and friends met for lunch at the historic *Lone Spur Café*, just off "Whiskey Row" in downtown Prescott, Arizona. We meet monthly on the third Thursday of the month. We welcome both active and retired law enforcement officers and friends who reside in the "Quad Cities" area, which includes Prescott, Prescott Valley, Chino Valley and Dewey-Humboldt. This month's LASD attendees were Lee Taylor, Lew Moulton, Don and Elizabeth Landreth, Jay Sevoian, Ken Leffler, Mike Jones, Mitch Robison, Tony Hollins, Bobby Taylor and the event's coordinator, Moon Mullen. We also welcomed Elaine Curtis, Riverside County Sheriff's Department; Mike Beck, San Bernardino County Sheriff's Department; Buz Williams, Long Beach P.D.; Ken Johnson and Bob Warren, LAPD; Paul J. Tulleners, Arcadia P.D. and California DOJ; and Gary Carriger, Sacramento DA's Office. If you happen to visit the other "Mile-High City" (Prescott), please accept our invitation to join us. Of course, the majority of our lunch conversations center on medical disorders, state-of-the-art treatments and the latest prescription medications. — Bobby Taylor (909) 224-0060

On August 18, the Norwalk Retirees got together for the Norwalk-Pico Retirees and friends summer luncheon at *Maggie's Pub*, 11900 Telegraph Road, Santa Fe Springs. Cocktails were at noon; lunch was served at 1:00 p.m., buffet-style. Approximately 30-plus people attended. I do not have a list, even though I attempted to get it. Ed Guier drove in from Mesquite, Nevada. They are having another get-together in December, so look for messages in the near future from Sally Harwell, shar104123@aol.com.

On August 24, the San Diego Area Retirees met for lunch at 11:30 a.m. at *Hennessey's*, 2777

Roosevelt Street, Carlsbad. In attendance were Marv and Diane Love, Bob Henley, Bill Findon, Lou Brown, Joe Raffa, Bill Gaynor, Richard Shockcor, Dan Castellon, Harry Penny, and Phil and Bonnie Brooks. — Marv Love, gumshoe158@gmail.com

August 26 was a comfortable, warm morning in the Antelope Valley. Sixteen of us "dinosaurs" met for the monthly breakfast at *Denny's Restaurant* in Lancaster. The members got involved in discussions of varying topics involving politics, Department matters, health issues, etc. Retired Deputy Kent Anderson was present

and gave an account of the medical issue he had undergone that almost took his life. Kent, we are all overjoyed for your beating the odds and being on the road to full recovery. I gave a small talk on my wonderful experience while in the Dallas, Texas area, which I will repeat here. While visiting one of our daughters, who lives in Flower Mound, north of Dallas, I learned that on July 22, A.V. deputies were to present a memorial plaque to the Dallas Police Department in honor of their officers who were recently murdered. A couple of phone calls later, I obtained information as to where and when, so my wife, Bette, and I headed out to the Dallas P.D. Southwest Station. Upon arrival, it was evident that the P.D. was on high alert, as we had to pass through a checkpoint at the station entrance, which was manned by four to five heavily armed officers. Once inside, we were warmly greeted by members of the department. One officer, Detective Patrick Bland, kind of became the guide for my wife and me. Officer Bland filled us in on some aspects of the department and was with us during the presentation. The presentation was held during the evening shift briefing. My wife and I both felt a strong sense of pride when the LASD deputies made their presentation. This was one great gesture on their part. Making the presentation were Sergeant Slutske, Deputy Fletcher and Deputy Guthrie. Gentlemen, I hope I have your names correct. In observing the faces of many of the police officers, it was clear that they were still hurting from the shootings that took the lives of their comrades, as evidenced by some tears swelling in their eyes. This was an experience that will remain forever in my heart, as well as my wife's.

Attending breakfast were Fred McNutt, John Ament, Curtis Clifton, Ron Nybakken, Glenn Hutchinson, Mary McKain, Danny Gilmore, John

continued on page 12

Happy Halloween, everyone — the holidays are approaching quickly!

WHAT'S NEW IN ISB?

ISB would like to welcome aboard Captain Victor Allende. He is an amazing addition to the ISB team, and we are happy to have him!



A NEW WAY TO LOOK AT "CONTRABAND"

As you know, the Los Angeles County Sheriff's Department not only provides security and care for the incarcerated, we also offer inmates scores of services and programs, including: high school academic courses; vocational training, from woodshop to welding; and life-skills education on parenting or anger management.

We understand the importance of investing resources into each individual under our care. Each person can take their skills and sense of accomplishment with them when they return back to their communities and family life. One of our programs that especially enhances participants' inner creativity is the Los Angeles County inmate rock band, Contraband.



The band was established in 2006 as part of the MERIT program (Maximizing Education Reaching Individual Transformation) at Pitchess Detention Center, South Facility. It has brought many talented inmates together to make great music. Over the years, Contraband has performed for thousands of inmates as well as for California Attorney General Kamala Harris and her staff, Sheriff Jim McDonnell and many high-ranking Sheriff's Department personnel.

CONFINED FREEDOM

The innovative Deputy Palumbo established the Confined Freedom project. This project highlights the incarcerated United States military veteran. He asked Los Angeles County Jail inmates who are veterans of our beloved military to write a short description of what freedom means to them — not only as an inmate, but also as a member of the armed forces. The response so far has been nothing short of extraordinary.

To go along with their handwritten, heart-filled views, Palumbo takes their portrait. The look in the eyes of a veteran behind bars is startling. The raw emotion is definitely revealed through the camera lens.

In June 2012, the Veterans Program was restored and placed at North County Correctional Facility (Pitchess Detention Center), and it was dedicated to our inmates who served in our military. This program helps them with not only their high school education and life-skills courses, but with outside services like VA benefits and community transition programs.



WHAT IS RVS?

Religious and Volunteer Services (RVS) was created to administer the Jail Chaplaincy Program. This program coordinates all religious activity within the jails and ensures that inmates have access to ministers and spiritual advisors of their preference. Assisting RVS in this task is the Religious Advisory Council. This is a group of several liaison chaplains, representing the Christian, Catholic, Protestant, Buddhist, Orthodox Jewish, Reform Jewish, Armenian Orthodox, Eastern Orthodox, Islamic, Christian Science, Latter Day Saints (Mormon),



Anglican, Jehovah's Witness and Episcopalian faiths. This group assists with the oversight of religious programs, working closely with the RVS office to resolve conflicts, deal with custody issues and ensure that each inmate receives requested spiritual support.

The Jail Chaplaincy Program now includes 290 ordained or licensed chaplains and 1,500 religious/spiritual volunteers representing eight major faith groups and numerous sects. All chaplain services, worship services, scripture study programs, spiritual counseling, death notifications, hospital notifications and 12-step assistance for inmates are performed by volunteer staff and clergy. RVS works with different custody facilities to coordinate special religious events, such as observance of Ramadan, Passover and Christmas. They also work closely with the Food Services Unit to provide for any special dietary needs.

JUDICIARY COMMITTEE

On Thursday, August 25, members from the Judiciary Committee of Guam visited PDC, South

continued on page 12



Sylvies, Roy Sylvies, Kent Anderson, Don Ott, Tom Ewens, Vance Kirkpatrick, Jay Seibert, Dennis Papp and me, Carlos Valdez. The Antelope Valley Retirees meet every last Friday of the month at *Denny's Restaurant*, Avenue K and 20th Street West in Lancaster. All Sheriff's Department retirees are welcome to attend. For information, contact Carlos Valdez at valdez5150@msn.com.

On Wednesday, August 31, the Southern Oregon Law Enforcement/Fire luncheon was held at the Grants Pass Golf Club. Attending LASD retirees were Jim Morris, Rufus Horne, Bob Havercroft, Bill

Patterson, Dale Yellin and me, Sue Maxwell. We even had a former L.A. County fire captain, Joe Bloome, join us. For any information and/or direction in regard to the monthly luncheons, you can contact me at jellybeansbobo@aol.com.

The weekend of October 21 to 23 marks the 70th anniversary of the Sheriff's Department Law Enforcement Retreat at the Serra Retreat House in Malibu. All meals, lodging and voluntary presentations continue to be offered at a very low, affordable cost. All religious denominations are invited to attend. This retreat is open to men and women, professional

staff and sworn, from all Los Angeles County law enforcement agencies. Spouses, relatives and friends are also welcome to attend. For further information and reservations, please contact any of the following individuals: Tom Vetter (949) 456-0908, Patty Norris (818) 381-7698, Chuck Norris (818) 381-7649, Michelle Emenegger (714) 293-3891 or Jay Sevoian (661) 992-4369.

I will bring this article to an end until next month. You need to enjoy your retirement while you can. The years really fly by after you retire. So have a great day. This is all for now. — Chickee and Don ☆

Inmate Services Bureau *continued from page 11*



Facility to speak with Los Angeles County Sheriff's Department members and program inmates to get some insight on the Education Based Incarceration programs we offer in our jail.

They came to Los Angeles County specifically to possibly implement what we do in our jail system into theirs. They had nothing but great things to say about our programs and staffing.

CRDF PERFORMANCE

HealthRight 360, along with the Los Angeles County Sheriff's Department Education Based Incarceration Unit, held its first summer concert in our jail on Saturday, July 16. The all-female, acapella group LOLAS (Ladies of Los Angeles) performed at Century Regional Detention Facility.



HealthRight 360 is a unit that works with gender-specific concerns related to trauma and addiction (e.g., social, physiological and psychological). HealthRight 360 will be scheduling future concerts and guest speakers to inspire the inmates within the program throughout the year.

SELFIES #ISB

Deputy Manolito "Mono" Lawsin enjoyed the PPOA Sheriff's Luncheon and even managed



to take a fun selfie with Sheriff Jim McDonnell himself.

WE WILL MISS YOU

ISB is going to miss Captain Patrick Jordan, but we wish him the best of luck in his new ventures and thank him for his service here at Inmate Services Bureau.



As always here at ISB, we want to thank you all for your hard work and dedication. Be safe, and we hope this article finds you and your family well. ☆

SRA-LASD
SHERIFF'S BBQ
and

Fall
Festival

OCTOBER 22, 2016

**WILLIAM S. HART PARK
24151 NEWHALL AVE., SANTA CLARITA, CA 91321**

Event time 11a.m. — 3p.m.

Lunch served 11:30a.m. — 1p.m.

- | | |
|---------------------|----------------------------------|
| ★ Face Painting | ★ Petting Zoo |
| ★ Balloon Artist | ★ Rattler's BBQ |
| ★ Carnival Games | ★ Slides, Jumpers & Water Slides |
| ★ Dan the Magic Man | ★ Hart Western Museum |

**RSVP for tickets:
SRAPicnic@gmail.com**

**5 tickets per family
(Pick up tickets at the gate.)**

(562) 946-7081

COUNTY SERVICES BUREAU

By John Stanley
County Services Bureau

COUNTYWIDE 85

Sorrow to hope; new tools for dialogue; moving toward a new home. Since our last article, this past month has been a period of emotional and literal transition for County Services Bureau personnel.

ANOTHER MEMORIAL SERVICE

On August 5, Lieutenant John Lindsay and I represented County Services Bureau as part of a very large cadre of LASD personnel who attended the



funeral of San Diego Police Officer Jonathan De Guzman, murdered while on duty July 27. All of the residents of San Diego were wonderfully supportive and cordial.

Much of the negative attention directed against law enforcement is often media and politically driven, but in truth, those who oppose us are only a handful. The vast majority of the people we serve truly care about us. In the midst of the isolated instances of violence, negativity and adverse media coverage involving law enforcement, it is easy to lose sight of our profession's true

missions. At the recent police funerals I've attended, the support has been overwhelming and reaffirming. Lieutenant Lindsay I were both moved and honored by what we saw, and we were privileged to be able to support our brothers and sisters in San Diego.

MENTAL HEALTH AWARENESS TRAINING

Sixty-six County Services Bureau personnel recently attended an eight-hour mental illness awareness training at STARS Center in Whittier. This class was taught by Dr. Stephen Seetal, Dr. Michael De Mania and Sergeant Anna Briz (formally of CSB) from Employee Support Services and the Mental Evaluation Team.

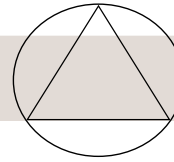


Many LASD units and bureaus deal with the mentally ill. But outside of the jails in Custody Division, no personnel have more day-to-day contact with the mentally ill than CSB personnel. We monitor daily all County hospitals and Department of Mental Health facilities. This training will prove invaluable as we do our jobs each day.

Thanks to RCPI, Sergeant Vic Zavala and OAI Helen Hauze for arranging the training

continued on page 15

Peace Officer's Fellowship



By Willis Braggs

A NEW BEGINNING

For problem drinkers, the first hurdle is denial. If denial is removed, then the focus shifts to cutting down on their drinking in order to control their alcohol consumption. There are many occasions in our lives, such as holidays, birthdays and family gatherings, where alcohol is present. During these occasions, you may have found yourself drinking past your limit. If you're a person who can't have two drinks and stop, perhaps you need to ask yourself that hard question, "Do I have a drinking problem?"

Problem drinkers can experience blackouts. They can drink more than intended. They try to rationalize their behavior caused by drinking and might not take responsibility for it. Have you ever had anyone ask you how much you've had to drink or tell you that you were out of control at a function you attended?

Something I hear from those who suffer from extreme alcohol abuse after a time of sobriety is, "I think I can have a drink." This sobriety can be as short as two weeks or as long as two years. Unfortunately, the temptation to consume alcohol is always an arm's length away. That's what the addiction of alcohol does to some people.

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

| NAME | HOME PHONE | CELL PHONE |
|----------------|----------------|----------------|
| Eric Castano* | (562) 493-5465 | (323) 537-0927 |
| Joe Collins | (320) 684-4008 | (909) 240-0509 |
| Bob Ghan | | (714) 916-3299 |
| John Heckman | (661) 272-5756 | |
| Kathy King | | (714) 323-8600 |
| Chris Loomis | (626) 447-9011 | (626) 230-3137 |
| Dave Philippon | | (909) 296-0203 |
| Ray Terhorst | (505) 705-5656 | |
| John Valencia | (909) 599-1160 | (951) 316-3633 |
| Marty Weirich | (360) 570-1216 | |

*Active LASD

When those who depend on alcohol begin to realize that many things are at stake, including their friendships, family and career, it is then that they begin to see that they are no longer in control of their life, alcohol is. This wake-up call can be the turning point in which they can begin seeking help and working on recovery. There is light at the end of the tunnel. This journey, if you choose to take it, can be tough, but it can save your marriage, career and life.

If any of this sounds like someone you know (or you), suggest they seek help or call Psychological Services Bureau at (213) 738-3500. You have the option to speak to me or one of our psychologists. As always, it can be anonymous and confidential. You may also seek out a Peer Support Program member, a chaplain, or a Peace Officer's Fellowship member, listed in the attached directory. Together, your life can change one step at a time. ☆

County Services Bureau *continued from page 14*



and providing us with a delicious breakfast, and thanks to Food Services, which served us an outstanding lunch. Also a hearty thanks to our staff of instructors, who accommodated our challenging schedules by teaching the class on a Sunday.

BACK TO THE FUTURE

By the time this issue of the *Star News* reaches you, the CSB Dispatch Center will once again be

back in our new/old home in the basement of the Hall of Records. Thanks to Tom Bellizia from Facilities Services Bureau, who managed this project so skillfully, and to Jun Sosoban from ISD, who oversaw the construction personnel at the job site.

A SPECIAL THANK-YOU TO OUR HOSTS

We also want to thank Captain Eli Vera, Lieutenant Mark Glatt and their staff at

Communications and Fleet Management Bureau, who served as our hosts for eight months during the remodel. We will miss the "Alps" and Trailer C. We felt like submariners who got to spend a few pleasant months serving with the surface fleet. Now, once again, we return to our home below the surface. Sadly, our request that a periscope be installed during the remodel was denied.

Until next time, be safe! ☆



A Tale of Five Cities

By Mike Bartman
Lakewood Station

Greetings, all. This is going to be a very special edition of the “Tale of Five Cities” since I am rushed to meet my deadline and wanted to be sure to get this included in this month’s issue. Next month I will return to all the “normal” station happenings here at Lakewood.

Monday, August 29, was the annual Friends of Lakewood Sheriff’s Station Golf Tournament, held at the Westridge Golf Club in La Habra. After the June 23 shooting of two of Lakewood’s finest — Deputy Chris Allende and Deputy Chad Vandenberg — resulting in serious injuries to both, the tournament was dedicated to honoring and supporting Chris, Chad and their families. Chris suffered gunshot wounds to both arms, and his ballistic vest stopped a third round that struck him in his rib area, which he will tell you “still really hurt.” Chad was struck once in the right shoulder area, causing major damage to bones and arteries.

Although Chris was able to be released from the hospital just two days after the shooting, he had to go back in on July 18 for more surgery to repair his right arm. Chris had come by the Station on Monday, July 11, looking good and inspiring everyone with his positive attitude, but further tests showed the need for additional surgery. He underwent four hours of surgery a few days later, during which time they put a titanium plate with eight screws on his right ulna, removed some shattered bone fragments, repaired some tendons, decompressed a nerve and rechecked a broken wrist bone.

Chad’s recovery has been a little bumpier than Chris’. Here is a brief recap of what the last two months have been like for Chad and his family. After 10 hours of initial surgery, requiring 142 bags of blood, Chad spent four days in the ICU unit of the hospital. After four weeks of further exams, therapy, pain management and hospital food, he was finally cleared to go home on July 21 (four weeks to the day after the shooting). A chauffeured ride home was provided by members of the Bellflower SAO team.



A hospital bed had to be set up in the living room to allow Chad to stay comfortable enough to manage the pain. On July 31, Chad and his family were able to go out to breakfast down at the beach. On August 1, he had to go back to the hospital for an outpatient procedure, which revealed multiple pockets of fluid in his lungs that had to be dealt with.

On Saturday, August 13, Chad had to be taken back to the emergency room, as his right arm had become “red, hard and hot, causing concern for infection.” Test results showed infectious sites at both ends of the synthetic artery graft and more fluid in his lungs, and he was re-admitted to the hospital. On August 16 he underwent surgery, during which they extracted 2.5 liters of fluid from his right lung. After a few days to recover from this surgery, Chad then went back under the knife on August 20 so that the vascular surgeon could clean out the infected area and reinforce the graft. This second stay in the hospital lasted 14 days, and on August 27, Chad was once again able to go home.



This is a very brief recap of the impact this incident has had on Chris, Chad and their families. Chad’s wife, Amy, has been keeping everyone updated on Chad’s condition with some very inspirational posts on the CaringBridge website. If you have the time, please log on and read them. They really make you stop and think about the job we do and the families who supportively stand behind us. Both Amy and Chris’ wife, Stephanie, have repeatedly expressed their deep gratitude to everyone for the outpouring of love and support during this time. Both have also mentioned that “we are not just a Department, we are family.”

All this to say, I was more than a little surprised and moved when both Chris and Chad and their families were able to attend the dinner

continued on page 17





By James Furtsch
L.A. Grizzlies

Attention Grizzly Football fans!
On October 1 from 9 a.m. to 7 p.m. at the Citadel Outlets in the city of Commerce, your Los Angeles Grizzlies will be assisting in an extraordinary event, the *11th Annual Shopping Extravaganza*.

This event helps to support local charities from all over Los Angeles County, including the L.A. Grizzlies. The cost for the event is \$35; \$20 of the \$35 goes directly to our team to support us into the coming season.

Your \$35 ticket includes a catered lunch by *Ruby's Diner*, wine tasting sponsored by the *San Antonio Winery*, live entertainment, a spa treatment, exclusive discounts not available to the general public at over 80 different outlet retailers, and chances to win over \$90,000 in gift cards and prizes from these retailers.

Please join us on Saturday, October 1, to raise funds for our team and to save yourself hundreds of dollars on brand-name merchandise through this excellent shopping experience.

Please log on to the Citadel Outlet website to purchase tickets by going to www.citadeloutlets.com and clicking on the "Buy Tickets" icon. Remember to select "L.A. Grizzlies Football" as your charity of choice when purchasing the tickets or go to www.lagrizzlies.com for a direct link to the event.

Thank you all for your support. We are eagerly anticipating this coming season to compete in the National Public Safety Football League (www.npsfl.com). ☆

YOU SHOP. EVERYONE WINS.



— Eleventh Annual — SHOPPING EXTRAVAGANZA

Grab your friends! It's time to shop the deepest discounts of the year, start that holiday shopping, and support over 30 local charities, all in one day.

SHOP

*Exclusive Discounts
to over 90 Luxury
Fashion Brands*

ENJOY

*Private Catered Lunch,
Live Entertainment,
Wine Tasting & More*

WIN

*\$90,000 in Prizes Including Grand
Prizes & Gift Cards to Michael
Kors, Nike, Steve Madden,
Kate Spade, Disney Outlet & More*

Saturday, Oct. 1, 2016, 9 am - 7 pm (Registration: 9 am - 1 pm)

Lunch: 11 am - 3 pm | Wine Tasting: 12 pm - 4 pm | Prize Drawings: 11 am, 1 pm, 3 pm

\$35 Tickets On sale now at: citadeloutlets.com

CITADEL  OUTLETS

Just minutes from Downtown LA on I-5: 100 Citadel Drive, Los Angeles CA 90040

Lakewood Station *continued from page 16*

in the Westridge banquet room immediately following the tournament. Sheriff Jim McDonnell made an appearance and spoke about the inspiration, courage and determination of both Chris and Chad during this ordeal. ALADS President George Hofstetter presented both the Allende and Vandenberg families with annual Disneyland family passes. (George made sure to note that these passes were provided by ALADS from a separate member support fund that is *not* funded by membership dues.) Chad and Chris both addressed the

audience, expressing their thanks for all the prayers and support. Chris made sure to remind all his partners to wear their vests and go home to their family safely every day. Chad's voice is still hoarse and raspy sounding as a result of the surgeries and countless tubes that have been shoved down his throat in the past two months, but he still sounded great and was very inspiring to all.

A huge thanks goes out to Sergeant Steve Moses, Deputies Ryan Vergel de Dios and Julie Williams, the Golf Tournament Committee,

numerous other volunteers and the many sponsors who made the day possible and an outstanding success. Proceeds from this golf tournament went directly to the benefit of the Allende and Vandenberg families.

Both deputies are improving day by day, but still have a long road to recovery ahead of them. Please continue your prayers and support for Chris, Chad and their families.

Until next month, be safe and God bless. ☆

L.A. SHERIFFS' MUSEUM

By Chris Miller

Los Angeles Sheriffs' Museum

MASS MURDERS CREATE HOMICIDE DETAIL

James Watson was nicknamed “Bluebeard” after a French folktale about a nobleman who married women and then violently killed them.

James “Bluebeard” Watson’s problems began when he was born a hermaphrodite. When he was just a child, his mother would prostitute him out for money. Since he had both male and female sex organs, he could be sold as a boy or girl, depending on the client’s preference. Watson grew up hating women, and later, when he began killing, would mutilate their bodies after killing them.

In 1920, Watson was living with his wife, Katherine, in a Los Angeles hotel room. Katherine thought that James was cheating on her, so she contacted the Nick Harris Detective Agency to conduct an investigation. She told the investigator that her husband carried a trunk with him everywhere. She told the investigator about one occasion when James opened the trunk and she got a quick peek inside. She saw Liberty Bonds tied with a piece of cloth. The investigator thought the bonds matched the description of bonds taken in a recent bank robbery and that Watson might have been involved. The investigator contacted the Los Angeles County Sheriff’s Department’s Detective Bureau to conduct an investigation.

Detectives Harvey Bell and Anthony Coutts were assigned the case.

On May 7, 1920, Detectives Coutts and Bell waited outside Watson’s hotel for him to exit. When the detectives confronted him and asked what was in the trunk that he carried around, Watson punched Detective Coutts in the face and tried to run away. After arresting him, the detectives went to Watson’s hotel room and found the steamer trunk. Inside they found the bonds, but discovered that they were not stolen. Also in the trunk was a box of women’s wedding rings, photographs and numerous marriage licenses that showed he had been married to a variety of women from different states. The dates on these marriage certificates covered a 20-year period.

Watson would not provide answers to the detectives’ questions about who the women were or what happened to them. At first he claimed he was a

Secret Service agent investigating counterfeit cases in Los Angeles and San Diego. When asked to produce his credentials, he claimed they were in a safe deposit box in San Diego. The detectives placed Watson in the backseat of their car and drove him to San Diego to pick them up. On the way, Watson pulled out a pocket knife and cut his own throat. The detectives drove him immediately to the hospital. Watson had lost so much blood that they had to keep him in the hospital overnight. The detectives couldn’t figure out why the man was willing to kill himself over something as small as lying about being a Secret Service agent.

Detective Coutts stayed with Watson in the hospital while Detective Bell drove back to Los Angeles. Detective Bell returned to Bluebeard Watson’s hotel room and conducted a more thorough search. He found a dress with blood stains. He took the dress to a chemist the Department had hired from the University of Southern California. The chemist determined that the stain on the dress was human blood. In fact, there were several blood stains of different blood types on several different dresses.

When Detective Bell returned to San Diego, he informed Detective Coutts about the blood stains



Bluebeard being escorted by Detectives Harry Wright and Anthony Coutts into the County jail

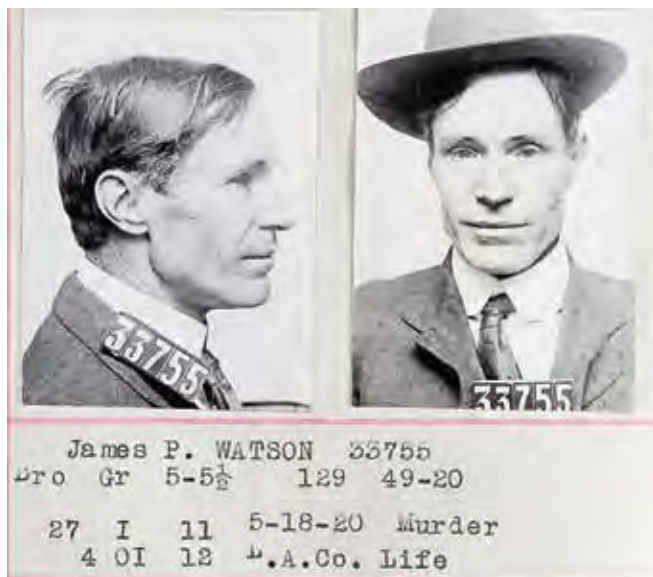
on the dresses. The detectives then informed Watson that they had evidence he had killed multiple women, and they were going to seek the death penalty. Watson was very upset. He said he wanted to make a deal to plead guilty, tell them everything and show them where he dumped the bodies. But he would only do it if he was going to get life in prison.

Watson eventually confessed to murdering the women. Most of the women he married and killed were widows who had inherited money. After marrying, the women would leave with Watson on a honeymoon but would never return.

Not all of his wives were killed, though. A few were abandoned by Watson during a time when he was trying to balance being married to three women at one time.

Unlike many murderers who used the same method to kill their victims, Watson killed them in a variety of ways. One of them he killed with an ax, another he threw off a boat and then hit with an oar. Several were strangled, but the majority of them he beat to death.

Watson would marry a woman, kill her, and to prevent her from being identified, burn the body, chop it up, dump it in a river or pour acid on the body to disfigure it. In one case, he dumped a body in a remote area of Sugarloaf Canyon in San Diego. He dumped acid on the body and buried it. Even though he told the



detectives where to find that particular body, it was in such a remote area that the investigators hired an Indian guide to help them locate the burial site. Unable to find the site, the detectives decided to remove Watson from the hospital, despite his fragile state, and have him show them where the victim was buried.

The paperwork from the trunk indicated that Watson had been married 40 times. He admitted to killing 25 of his wives. The detectives only had evidence to prove that he killed seven of them in California. The size of the investigation involved numerous homicide victims in several states and jurisdictions, and overwhelmed the Department's Detective Bureau.

In the 1920s, the Department was starting to modernize by using a crime lab and conducting blood typing and ballistic tests.

The detectives had called a *Los Angeles Times* photographer to respond to Watson's hotel room and take photographs of the evidence. At that time, it was common for investigators to request news photographers to take photographs of crime scenes, since the Department did not have in-house field photographers.

Looking at photographs of old high-profile cases, it appears that a few of the photos (of the investigators looking at the victim) were posed.

Shortly after the Watson case, the Department began having deputies take photographs of crime scenes. Deputies also processed the negatives and printed photographs of the scenes and victims.

The detectives weren't trained in handling specific crimes; they handled any type of crime that came along. The Watson case was very difficult, because it involved so many jurisdictions and required such a large number of officers. Also, some of the police departments in other states didn't have telephones. In those cases, it was necessary for the detectives to call the post office in that city and then have an officer brought to the post office telephone so they could talk. During this same time, there were numerous homicides being committed that involved prohibition and bootlegging. It seemed that criminals were becoming a lot more sophisticated and were more difficult to catch.



Bluebeard points to where one of his victims is buried.

Harry Wright, chief of the Criminal Division, contacted the newly appointed Sheriff William I. Traeger and asked to create a Homicide Bureau so that the Department would have specially trained investigators to deal with these more sophisticated criminals. He also wanted the investigators to have more time to focus on the more heinous crimes, instead of being bogged down dealing with petty crimes.

In 1921, Sheriff Traeger created the Homicide Detail, along with the Farm Detail and Burglary Detail. The Burglary Detail was actually the early beginning of the Arson Explosives Detail, since it involved investigating explosives that had been used to blow open safes.



Detective Bell, Nick Harris, Detective Coutts and Detective Sweezy examining the contents of the trunk

MURDER BOOKS

Prior to 1923, the homicide records were kept in individual boxes. Each box contained the field investigator's notes, as well as typed, handwritten and supplemental reports. Once the case was completely investigated, the box of notes and reports was given to the district attorney for prosecution. The paperwork was so disorganized that it would take weeks for clerks to go through the paperwork to organize it before a case could be prosecuted. Other errors, such as omitting the date or other important information, also made it difficult to organize the paperwork and file a case.

William H. Bright, the captain of the Criminal Division, headed up the Homicide Detail when it was first formed in 1921. He was a former district attorney investigator who joined the Sheriff's Department in 1914. He decided that a better system was needed to organize the investigative reports and paperwork so that it could be more easily processed by the district attorney. The first murder book was created in 1924. It contained the initial report and then had the entire investigation in chronological order. It included the transcripts of interviews with suspects, teletypes and supplemental reports. At the end of the murder book was the synopsis and an index of everything included in the book so each piece could be easily located.

Over the years, as the population of Los Angeles County has expanded, the number of homicides has also increased. Today the Los Angeles County Sheriff's Department's Homicide Bureau has over 100 investigators. They investigate and solve homicides throughout the Department's jurisdiction. They also investigate homicides for smaller police agencies within the County that have very few homicides each year. These agencies do not handle enough cases to justify a full-time homicide position.

It takes a special person to get up at all hours of the night to respond to and investigate such disturbing and horrible crimes. Without these dedicated investigators, many more innocent lives would be endangered because these predators would still be walking the streets. ☆

HOW TO LIVE WITH A 16GB IPHONE OR IPAD (AND NOT LOSE YOUR MIND)

So, you don't want to pay the exorbitant Apple tax to pick up an iPhone or iPad with more than 16GB of storage? Here's how to make your digital life fit into under 16 gigabytes of space.

16 gigabytes of storage sounds like a lot, but as soon as you start to add apps and content, it quickly begins to feel small and poky. It's at this point that people start to regret not spending the extra money on a higher-capacity device.

But with a little bit of thought and planning, you can make it so that 16 gigabytes of storage is adequate. And I want you to know that I feel your pain. I am usually too thrifty to hand Apple hundreds of dollars in exchange for a few bucks worth of storage chips. Here's how I squeeze the most out of my 16GB.

Rely on stock apps: Get used to using Mail, Calendar, Safari and such. These are on your device and you can't remove them, so you might as well make use of them. Also, remember that anything else you download is just going to consume precious megabytes.

Stream, don't store: If you have the bandwidth to handle streaming music and video, then this is another great way to save on storage. The flip-side is that if you don't have unlimited internet access, streaming over broadband or cellular can get expensive.

Get your photos under control: Offload the bulk of your photos to a cloud storage provider. If you need to keep photos on your device, then a great app to use is Photo Cleaner, which will allow you to delete and compress photos and video. For \$.99 you get the ability to compress an unlimited number of files. Also, keep your photos simple. The Live Photos feature on the new handsets is particularly heavy on storage.

Delete unnecessary apps: Get rid of any apps that you don't use. If there's something you only use occasionally, then remember that you can always re-download it from the Apple App Store.

No 4K video: High-resolution video is the fastest way to chew through storage. Unless you're using your iPhone to film the next Hollywood blockbuster, 1080p is good enough.

Buy external storage: Did you know you can expand your iPhone or iPad storage without having to resort to a screwdriver? You can either buy

a flash drive that will connect to your device's Lightning port or connect to an external storage device wirelessly.

Audit your storage: Go to Settings > General > Usage > Manage Storage to see what's eating your storage. You might find some real surprises here (for example, innocuous things such as stored iMessage messages can eat up a crazy amount of space).

Alternatively, pay the Apple tax: If you're thinking about buying a new iPhone or iPad and you're already using a 16GB device that feels cramped, you might want to consider making the leap to jump to 64GB. This definitely makes sense if you don't have the freedom that unlimited broadband or cellular offers, because you could end up spending more on moving data around than you're saving by sticking with a 16GB device. (Source: ZDNet)

VERY SPECIAL PEOPLE: CAN YOU SAY HAPPY RETIREMENT?



This was an especially sad month for Data Systems Bureau personnel, particularly those working within the Custody Automation Unit. Our friend and colleague of 39 years, Senior Information Systems Analyst Wilfredo (Willie) Jalandra, decided to turn in his departmental passwords and call it a career.

Willie began his career in 1977 as an intermediate clerk with the Los Angeles County Superior Court. In 1980, he lateraled to the District Attorney's Office, but returned to the Superior Court as a programmer/analyst in 1984. After a five-year stint there, he joined the

Sheriff's Department's Planning and Research Department as a data systems coordinator. In 1992, he went to Medical Services Bureau (MSB), where he did another five-year stint before being absorbed by Data Systems Bureau as a senior information systems analyst.

Willie has been an integral part of the Jail Health Information System (JHIS) since its inception. In fact, he was instrumental in its implementation strategy and continued to be a major force in its maintenance.

Throughout his 39-year career, Willie was able to work on multiple tasks simultaneously, while maintaining the necessary quality required. His history and comprehension of JHIS, his attention to details, his ability to work and share with others and his excellent oral expression made him the JHIS go-to guy for both DSB and MSB for many years.

Willie will be remembered as a well-liked and respected individual by management, his peers, and the outside units and vendors that relied

heavily on his knowledge, expertise and services. He always made himself available to disseminate his technical, operational and conceptual knowledge with others. He was widely trusted and was seen as a direct, truthful individual who could present the solutions in an appropriate and helpful manner.

Willie, it's time to relax and do whatever you want. It's great to see someone as deserving as you retire. Make sure you work as hard at relaxing as you did while being a member of our unit. Your colleagues at DSB wish you the very best in all of your future endeavors!

FROM THE WORLD OF SECURITY

Have you heard about tech support scams? Here's how they work. You get a call from someone who says he's a computer technician. He might say he's from a well-known company like Microsoft, or maybe your IT support department. He tells you that there are viruses or other technical issues affecting your computer. He says you'll have to give him remote access to your computer or buy new software to fix it.

But is the caller who he says he is? No. These scammers might want to sell you useless services, steal your credit card number or get access to your computer to install malware, which could then let them see everything on your computer.

Here's what you can do:

1. If the caller does not claim to be from LASD, hang up the phone. Never give control of your computer or your credit card information to someone who calls you out of the blue.
2. If the caller claims to be from your IT department, ask the caller to provide you with their name, employee number and a callback phone number.
3. Look up the name in the Outlook program's address book. If a caller is from Data Systems Bureau, you can call them back at the listed number. Otherwise, it is a scam, and you can hang up the phone.

SPOTTING, AVOIDING AND REPORTING ONLINE SCAMS

Here are some warning signs of a scam. When you see a warning sign, stop. If you are not sure, email Data Security for assistance. We can review an email and tell you whether it is safe or not.

- Did you get a call or email saying that you won something? Except there's a fee? Never pay for a prize. That's a scam. You'll lose your money.
- Did you get an email, text or call asking for your credit card, bank account or Social Security number? Never give that information to anyone who asks over email, text or phone.
- Did the IRS call, saying you owe money? The IRS never calls to ask for money.
- Did a caller offer to help you get back some money you lost? No government agency or legitimate business will call and demand money to help you get money back.
- Did someone else from the government call, threatening you and demanding money? The government doesn't call to threaten you or ask for money.
- Entering the Diversity Visa Lottery to get a green card? It's free to apply and the choice is random. No one can increase an applicant's chance of winning.

- Did you get a check from someone who asked you to give them part of the money back? Never give someone money in return for a check. Fake checks can look real and fool the bank. You'll have to pay back all the money.
- Did someone promise you a job if you pay them? Never pay anyone who promises you a job, for a certificate that will get you a job, or for secret access to jobs. Those are scams.

Ways to protect yourself and your information:

- Don't carry all of your important papers or ID cards with you.
- Don't click on links in emails unless you're sure you know what it is. Clicking can put bad programs on your device.
- If you're shopping or applying for a job online, make sure the website starts with *https*.
- If you think someone stole your identity, visit *identitytheft.gov* for help.
- Sign up for the Do Not Call Registry at *donotcall.gov*.

You can also report scams to the Federal Trade Commission: *ftc.gov/complaint* or (877) 382-4357. The Federal Trade Commission is a government agency that protects people from frauds and scams.

Please report any IT security incidents to *datasecurity@lasd.org*.



CUSTODY AUTOMATION: JUVENILE WARRANT INTERFACE

Currently, the juvenile courts issue warrants of arrest and will send the paper documents containing the details of the warrant to the Sheriff's Department Records Identification Bureau (RIB). RIB will enter the data manually in the "create warrant" screen of the Countywide Warrant System (CWS). The warrant records will be inserted in the warrant databases. This information will become available to deputies when they run a subject for warrants.

In the meantime, the courts also enter the juvenile warrant information in their system. This means that the warrants are being entered in two different systems: the court system, which is TCIS/JAI, and the Sheriff's CWS system.

In the new Juvenile Warrant Interface, the TCIS/JAI court system will electronically send the transaction messages with the warrant

information to Cloverleaf. Cloverleaf will create IMS transactions, which will invoke the new CWS program called ISPPCJWR. This new IMS online program will accept the messages and insert records in the warrant databases. This information will be available to the deputies right away. Under the direction of Principal Applications Developer Annabelle Martinez, Senior Programmer Analyst Khe Tran wrote the new program and Senior Applications Developer Cleofe Pascual created the file record layout (FRL) in Cloverleaf. Together, the team coordinated testing, making sure that the information was transmitted and processed accurately.

This new process will replace the manual entries of the juvenile warrants being done by RIB, which will save many man-hours. It will also eliminate potential errors incurred in typing the data. In addition, the information will only be entered once. The new process will be faster and the warrants will be available to deputies immediately.

IT QUOTE OF THE MONTH

"Science and technology revolutionize our lives, but memory, tradition and myth frame our response." — Arthur M. Schlesinger

ARRIVALS/DEPARTURES

A warm welcome to new hire Joey Williams, an IT technical support analyst I, assigned to LACRIS. This month we said goodbye to Mariley Jimenez, who promoted and transferred to Criminal Intelligence Bureau. We wish them both the very best!

Logging off until next month! ☆

Does **Sheriffs' Relief**
have your
current address?

Are your **beneficiaries**
up to date?

Call SRA at
(562) 946-7081
or **(800) 544-4772** today.

You can also go to
www.sheriffsrelief.org
to contact us.



By Mark Saldecke and Melissa Pittman

Walnut/Diamond Bar Station

Greetings from the crown jewel of East Patrol Division. It's been a while since our last *Star News* article, so we have a lot to catch up on. First of all, it's the end of an era in the city of Diamond Bar. Our last active motor, 290MS, Marc Saunders, retired in July and mothballed his beloved BMW as the city did away with the motor program. In January 1992, a two-year motorcycle pilot project began in Diamond Bar, San Dimas and Walnut. Six full-time deputies riding Kawasaki 1000s were assigned, at a cost of \$1 million. This was the first time in 60 years the Sheriff's Department had deployed motorcycles for routine patrol. Formerly, the Department had relied on 22 reserve deputies to perform this task on an irregular basis, and had required them to purchase their own motorcycles.

Sergeant Marc Saunders pulled the plug after more than 31 years with the Department. After graduating from Academy Class #226, he went off to MCJ and then patrol stints at Lennox and Industry stations. Marc went to Training Bureau for five years, then headed off to Century Station for another year of patrol. In 2000, he promoted to sergeant and spent time at Lennox, Century and Compton stations. After a year at Personnel Administration, he headed off to Reserve Forces Bureau following a brief stop at Temple Station. After leaving RFB, Marc spent almost two more years at Training Bureau before finally arriving here at Walnut Station. Besides spending more time with his beautiful wife, Bridget, and their grandchildren, Marc fancies himself the next Ansel Adams, and to prove it, he has built up quite the photo studio (www.marcshotthis.com).

Lieutenant John Saleeby has also pulled the plug after 34 years of dedicated service. Back in 10th grade, a Downey police officer spoke at John's life skills class, making a big impression on him. He was hired as an off-the-streeter at MCJ in June 1982. He graduated with Academy Class #212 and returned to MCJ. John headed to Norwalk Station for patrol training, and then transferred to Lynwood Station. After three years at Lynwood, he transferred to SANE, teaching in the Bellflower Unified School District. In 1992, John promoted to sergeant and returned to

MCJ. In 1994, he went to East Los Angeles Station. John promoted to lieutenant in 2000, and was assigned to CRDF. After six months, he transferred to TTCE. In 2004, John came out to Walnut/Diamond Bar Station as a watch commander, where he retired. John has signed up as a reserve, so we may see him back soon at Walnut.

Thanks to the hard work of Deputies Luis Mrad, Joseph Sanford and Gregoria Martinez, one less sexual deviant will be out threatening young girls in Rowland Heights. Deputies Mrad and Sanford responded to a Sex Crimes Against a Child report call. Upon contacting the 14-year-old victim, they learned she had been molested regularly by her mother's roommate over the course of the last four years. In order to put the victim more at ease, they requested Deputy Martinez to the location. Deputy Martinez was able to get a very detailed account of the molestations. Deputies Mrad and Sanford's detailed first report, along with Deputy Martinez's supplemental report, led to the suspect admitting to the crimes when he was interviewed by Special Victims Bureau detectives. The District Attorney's Office filed six counts of 288(a) PC, one count of 286 (b)(2) PC, one count of 288a (b)(2) PC and 13 counts of 288(c)(1) PC. SVB Detective Jara commended all of the deputies involved for their diligent investigation and detailed reports. This serves as a victory for those of us in law enforcement committed to protecting children from those who would prey upon them.

On a lighter note, Diamond Bar Team Leader Deputy Aaron Scheller encountered a situation requiring every ounce of his training and experience. On a recent morning, he saw approximately 60 to 70 goats running amok on Fallow Field Drive, eating residents' grass along the way. "Tex" Scheller was able to corral the goats in the front yard of one residence, turn them around and then

herd them back to a nearby open field. It turns out that over 200 goats had been brought in to clear a nearby open field of dry, overgrown brush and grass. Sometime during the night, the wily goats hatched their escape plan by pushing over a perimeter fence. It took two hours, but eventually all of the 200 goats were captured and returned to their corral.

There has been a lot of movement in and out of the Station these past few weeks. Carlos Parga, our old operations lieutenant, has left for Industry Station. Phil Marquez, our Diamond Bar liaison/Detective Bureau lieutenant, will be filling the operations spot as well. Sergeants Steve Perez, Erick Kim and Jeff Serpa have left for greener pastures — County Services Bureau, East Patrol Division and Temple Station, respectively. Sergeants Daniel Dail, Hugo Reynaga, Robert Nichol, Michael Luter and James Eggers have recently arrived at the Station. And congratulations to Bruce Lang, who recently promoted to lieutenant and headed off to IRC.

The Walnut/Diamond Bar Sheriff's Booster Club recently hosted its 26th Annual Volunteer Recognition Dinner at the Diamond Bar Golf Course. Charles Davis was the Reserve Deputy of the Year, and Arturo Mercado was the Explorer of the Year. The following received Volunteer of the Year awards: Les Mayeda (Walnut), Jeff Dickinson (Diamond Bar), Henry Wang (Rowland Heights), Steve Small (Walnut Station) and Dennis Swink (Disaster Communications Services). Congratulations to all of you, and we truly appreciate all of your hard work.

And, in closing, here is our most recent Caper of the Month. On two separate occasions, Deputy Alex Gonzalez made traffic stops in the city of Walnut. Each time, he detained and subsequently arrested four suspects, South Los Angeles gang members in possession of ski masks, hoodie sweatshirts, burglary tools and other evidence, targeting the residents of Walnut. These arrests were excellent, and even though no criminal charges were filed immediately, the District Attorney's Office just took a renewed interest in the case and will most likely file a conspiracy charge. These arrests provided a wealth of intelligence about the method of operation of these "knock-knock"-style burglaries.

Until next time, stay safe. ☆





By Tony Campbell
United Peace Officers Against Crime

Sheriff Jim McDonnell was once again greeted by a rousing reception from over 300 young people at Camp UPAC 2016, which was held recently in Big Bear. Sheriff McDonnell spoke eloquently as he delivered a message to the campers about taking personal responsibility and becoming leaders in their communities. He expressed that opportunities await each of them if they study hard, respect others and abstain from drug and gang involvement. His message resonated well; campers were talking about his visit long after he had departed.

The Sheriff's visit just added to the fun and exciting summer camp experience for many of the campers and staff members. This year's camp activities included horseback riding, a zipline, archery, basketball, swimming, fishing, hiking and one of the most valuable components of the camp itinerary: group counseling and leadership sessions. As we know, many young people often fail to realize the consequences of making poor decisions until it's too late. Staff members and deputy sheriffs enthusiastically engage and mentor campers about the importance of taking personal responsibility, having respect for others



and learning how to relate to people of authority.

Many trophies and medals were also awarded to those who competed and excelled in various camp activities. As always, camp was a rewarding experience for everyone who attended — so much so that when it came time to return home, a number of campers cried because they wanted to stay at camp a little longer. The impact that camp has on so many young people is undeniable.

UPAC would like to thank PPOA and Sheriffs' Relief for sponsoring a number of campers this year. Additionally, Camp UPAC would not have been such a success without the support of Captains Jeff Perry, Chris Marks and Joe Dempsey; Lieutenants Eric Strong, Sidra Strong and Joe Nicassio; Deputies Matthew Moore, Sam Baik, Steven Aleman and

Charles Smith; and Detective Jesus Aldana. For more information, go to www.upacprogram.org.

Until next time, stay safe. ☆





By Jeff Slutske

West Bureau Court Services Division

On July 7, five officers from Dallas were shot and killed in a cowardly act. Sickened by the tragic loss to the law enforcement family, Deputy Wesley Guthrie sought to relay a sentiment of the solidarity and mutual grief that the Los Angeles County Sheriff's Department personnel felt for those who lost loved ones. He came up with an idea to build a memorial for the Dallas Police Department. His vision was for a Texas-shaped memorial built of wood that would display the stars and stripes of the American flag superimposed over the piece. Deputy Wes Guthrie posted his idea on a private Facebook group of LASD members, asking for help in either building the memorial or donations to make it a reality. Deputy Jeremiah Fletcher saw the post on Facebook and immediately contacted Deputy Wes Guthrie with "What time are we starting?" Both Deputy Wes Guthrie and Deputy Jeremiah Fletcher are woodworking enthusiasts, and they knew that together they could build a beautiful display for Dallas P.D.

On Saturday morning, July 9, in Guthrie's garage, he and Fletcher began transforming the raw 2 x 4 lumber that would be fashioned into the state of Texas. The 2 x 4 boards were cut, joined together into pairs of two, sanded and stained into a rough cut of the final product's shape. The 2 x 4s joined together by pairs would become stripes representing those of the flag. Every other stripe was stained a dark brown, with the exception of the middle, longest stripe on the piece, which was stained blue to commemorate the thin blue line. This blue stripe was also the backdrop that would have the names of the fallen officers hand-painted in gold. The portion of the piece that would display the stars was similarly made of 2 x 4 pieces joined together and eventually stained brown. By this time, the massive size of the memorial began to take shape. The making of the stars was accomplished by figuring out mathematically the appropriate size of the star in relation to the size of the piece (the most labor intensive part of the project). Once the size was determined, a template star was cut out of construction paper. The star was placed in the geometrically determined



locations and sprayed with a polyurethane. This would allow the area to be stained dark brown, while protecting the stars that maintained the original color of the wood.

The next day, after all the stain and paint had dried, Guthrie took a picture of the state of Texas and, board by board, drew the shape of it onto the rough-cut wooden piece. Guthrie and Fletcher then cut the shape of Texas out, using jigsaws. All the stripes were then joined together into the final shape of Texas. An exact replica of the shape was cut out of plywood and attached to the back of the piece to provide extra strength. A router was used to create a decorative edge around the perimeter of the piece, and several coats of polyurethane were added to give it a sheen and protective shell.

The massive memorial measured 6'0" wide by 6'5" tall and took two days and some 75 man-hours to complete. The trick now was how to get this massive memorial all the way to Dallas, Texas, in one piece. Sergeant Jeffrey Slutske had planned to drive out to Dallas for the memorial services and volunteered to drive the piece himself. However, once Sergeant Slutske learned of the size of the memorial, he realized his vehicle would be

insufficient to transport it. The deputies contemplated making the 20-hour trek driving Guthrie's truck, but decided that was too risky. Over the next several days, Sergeant Slutske worked feverishly to find the most practical and cost-effective way to get the memorial out there. He spent countless hours making phone calls, sending emails and calling in favors to make it a reality. Ultimately, it was decided they would ship the piece via ground transport, then Guthrie, Fletcher and Slutske would fly into Dallas to meet up with the delivery truck and hand deliver the memorial to Dallas Police Department's Southwest Station, where three of the five officers killed were assigned.

In the days leading up to the trip, Deputies Guthrie and Fletcher and Sergeant Slutske conducted numerous fundraising events, including selling T-shirts. The overall support was overwhelming, allowing them to present a check to the Dallas Police Department's Assist the Officer Foundation (ATO) in excess of \$3,000.

On Friday, July 22, Deputies Guthrie and Fletcher and Sergeant Slutske unveiled the memorial piece at Southwest Station's 1400 hour briefing. The memorial was accepted by the wonderful officers of Dallas P.D. with genuine gratitude. After the presentation, Guthrie, Fletcher and Slutske met with several of the officers and spent the remainder of the day on ride-a-longs with some of these heroes. They took the deputies to ground zero where the shooting took place and gave a step-by-step, detailed account of what happened. They showed them where each officer lost their life. They showed where the attacker was finally and resolutely put down for good. Over the next couple days, these deputies spent their time meeting and conversing with many of those officers who were present during the attack. They met some of the officers who were wounded and survived the attack. They listened to their stories, perspectives and the emotions that came about in a moment that nobody wishes to ever have to experience. Our deputies came home with a deeper appreciation and respect for the memory of Dallas Police Officers Senior Corporal Lorne Ahrens, Michael Krol, Sergeant Michael Smith and Patrick Zamaripa, and Dallas Area Rapid Transit Officer Brent Thompson. ☆



By Jeffrey Johnson
Transit Bureau

GOODBYE, SUMMER

Just when it seemed like summer was starting, it's already over. The convertible tops need to be put back on, the kids need new school clothes and the vacations we went on are now nothing more than great memories. With that said, when it comes to working, our TBN deputies did outstanding work this summer. Quite a few great arrests, protecting the transit lines and being a visible deterrent to those who want to harm our way of life were just some of the things our deputies did during the last three months. If you haven't worked in an underground tunnel when the temperature gets over 100 degrees, with a thousand people inside, then I can honestly say you just haven't lived yet!

HISTORY CLASS

In honor of school starting again, I bring you a little bit of Transit Bureau history. Do you know how the Transit Bureau citation book came into existence? Deputy Aldrin Mora does, and he related a story that he thinks everyone should know about. When Deputy Ray Tabua left the mean streets of Carson many years ago, he was a new kid on the line (Blue Line) and wanted a cite book holder that could easily fit into his uniform back pocket. The metal one was obviously not going to work. After ripping several pairs of pants, he scoured all the uniform stores in the Western Hemisphere in a Herculean quest to find a cite book that would fit comfortably in his rear pants pocket.

After coming up short in his pursuit to find the perfect cite book, Ray, being the resourceful guy that he is, learned how to tool leather and invented his own cite book holder. His cite book holders are light and pliable, and can easily slide in and out of any Class A or Class B back pants pocket. Once he realized his new cite book worked brilliantly, he wanted to share his invention with others.

Ray could have easily charged \$60 to \$80 for a cite book that is custom-made for the TPD foot units, but he only charges \$40 to cover the cost of materials and the time he takes to cut, hand-stitch and stamp the cite book holder. Ray will even stamp your name and employee number on it so it doesn't walk away. Ray doesn't know how many cite books he has produced since he started way back when, but he believes the number is over

250. Just as a side note, I am not getting any piece of the cite book pie for plugging his product; I just wanted to bring a little Transit Bureau history to your attention — although I must admit that I can attest to the quality of Deputy Tabua's cite book holders, because I have one myself and I absolutely love it.

The old saying is so true and bears repeating: "Necessity is the mother of invention."

Thank you, Deputy Tabua!



ACTION TAKEN

The American Red Cross is an organization that is dedicated to helping people in need throughout the United States. It depends on the generous contributions of time, blood and money from the public in order to support its services and programs. Thanks to the planning of our Captain Jennifer Bateman, Lieutenant Mouat, Sergeant Kianpour and Sergeant Jane Trejo, we were able to host another successful blood drive. On Wednesday, August 17, Transit Bureau North definitely stepped up to prevent summer shortages of essential blood supplies. As you can see in the photograph, everybody

was feeling good to be doing their part in helping to save lives.

WELL DONE!

On July 29, Deputy Diaz and her partner, Deputy Hartshorne, were working at the Monrovia Gold Line passenger station. They were patrolling the parking lots due to a high number of recent vehicle burglaries. During their patrol, they detained a male on the lower level of the parking lot and discovered that he was on active probation with search conditions. They searched the male to ensure he was complying with the conditions of his release, but lo and behold, from his backpack they recovered 10 different credit cards and bank debit cards issued in different individuals' names. After conducting an investigation, they found that several of the cards were reported stolen and had fraudulent activity.

The male told them he was transporting the backpack from a location in Duarte to the El Monte Metrolink Station for a friend. This arrest potentially curbed additional fraudulent use and theft from the victims of a crime that affects us all. Deputy Diaz and her partner took the time to follow up on the stolen property and complete an outstanding investigation, including a well-written first report. Transit Bureau North would also like to thank Deputy Hartshorne for his excellent work ethic and positive attitude while on loan to us from the Emergency Operations Bureau (EOB). It is truly appreciated when we get loan bodies who are enthusiastic to be here. We know it can be difficult for deputies to be loaned out to a different unit, and his optimistic outlook while he was assigned here was an asset to all he worked with.

SAYING GOODBYE

Transit Bureau North said goodbye to two of our own who have entered into a new part of their careers. Deputy Christopher Bracks promoted to sergeant and transferred to Twin Towers Correctional Facility, while Deputy Kina Initial also promoted to sergeant and transferred to East Los Angeles Station. Both deputies represent some of Transit Bureau North's finest. They will be sorely missed. We wish you well!

Until next time, remember, all is not lost — football season is back! ☆



DID YOU KNOW?

What is LEED? LEED is an internationally recognized green building certification system, providing third-party verification that a building or community was designed and built using strategies aimed at improving performance across all the metrics that matter most: energy savings, water efficiency, CO² emissions reduction, improved indoor environmental quality, and stewardship of resources and sensitivity to their impacts.

Developed by the U.S. Green Building Council (USGBC), it provides building owners and operators a concise framework for identifying and implementing practical and measurable green building design, construction, operations and maintenance solutions.

LEED is flexible enough to apply to all building types, commercial as well as residential. It works throughout the building lifecycle of design and construction, operations and maintenance, tenant fit-out and significant retrofit. LEED for Neighborhood Development extends the benefits beyond the building footprint into the neighborhood it serves.

LEED will play a prominent role in the design features of the Sheriff's Department's new Consolidated Correctional Treatment Facility.

NOTEWORTHY

Congratulations to Food Services Dietician Berna Ungson on her pending retirement in October! Ms. Ungson has been working with the County of Los Angeles for 17 years. She started with the Social Services Department, then moved to Health Services, and for the last six years she has been with the Sheriff's Department. We wish Ms. Ungson all the best!

RECIPE OF THE MONTH

Each month we bring you a new and tasty recipe to try, courtesy of one of our Food Services Unit personnel. This dessert is sure to be a crowd pleaser!

MARBLED PUMPKIN CHEESECAKE

1 1/2 cups crushed gingersnap cookies
1/2 cup finely chopped pecans
1/3 cup butter, melted
2 8-ounce packages cream cheese, softened
3/4 cup white sugar, divided

1 teaspoon vanilla extract
3 eggs
1 cup canned pumpkin
3/4 teaspoon ground cinnamon
1/4 teaspoon ground nutmeg

1. Preheat oven to 350 degrees F. In a medium bowl, mix together the crushed gingersnap cookies, pecans and butter. Press into the bottom and about 1 inch up the sides of a 9-inch springform pan. Bake crust 10 minutes in the preheated oven. Set aside to cool.
2. In a medium bowl, mix together the cream cheese, 1/2 cup sugar and vanilla just until smooth. Mix in eggs one at a time, blending well after each. Set aside 1 cup of the mixture. Blend 1/4 cup sugar, pumpkin, cinnamon and nutmeg into the remaining mixture.
3. Spread the pumpkin-flavored batter into the crust, and drop the plain batter by spoonfuls onto the top. Swirl with a knife to create a marbled effect.
4. Bake 55 minutes in the preheated oven, or until filling is set. Run a knife around the edge of the pan. Allow to cool before removing pan rim. Chill for at least four hours before serving.

FOOD SAFETY TIP OF THE MONTH: SEVEN FOOD SAFETY STEPS FOR A SUCCESSFUL COMMUNITY MEAL

Whether preparing food for a family reunion or a community gathering, people who are great cooks at home don't necessarily know how to safely prepare and store large quantities of food for groups. Food that is mishandled can cause foodborne illness. However, by following some simple steps, volunteer cooks can make the event safe and successful!

1. Plan ahead: Make sure the location meets your needs.
 - Be sure you have enough oven, stovetop, refrigerator, freezer and work space.
 - Find out if there's a source of clean water. If not, bring water for preparation and cleaning.
2. Store and prepare food safely.
 - Refrigerate or freeze perishable food within two hours of shopping or preparing

(one hour when the temperature is above 90 F).

- Find separate preparation areas in the work space for raw and cooked food.
 - Never place cooked food back on the same plate or cutting board that held raw food.
 - Wash cutting boards, dishes, utensils and work surfaces frequently with hot, soapy water.
 - Wash hands with soap and warm water for at least 20 seconds before and after handling food and after using the bathroom, changing diapers or handling pets.
3. Cook food to safe minimum internal temperatures: It's the only way to tell if harmful bacteria are destroyed!
 - Use a food thermometer to check the internal temperature of meat, poultry, casseroles and other food. Check temperature in several places to be sure food is cooked to a safe minimum internal temperature.
 - Never partially cook food for finishing later, because you increase the risk of bacterial growth.
 4. Transport food safely: Keep hot food *hot*; keep cold food *cold*.
 - Keep hot food at or above 140 F. Wrap well and place in an insulated container.
 - Keep cold food at or below 40 F. Place in a cooler with a cold source such as ice or frozen gel packs.
 5. Need to reheat? Food must be hot and steamy for serving.
 - Just "warmed up" is not good enough.
 - Use the stove, oven or microwave to reheat food to 165 F. Bring sauces, soups and gravies to a boil.
 6. Keep food out of the "danger zone" (40 to 140 F).
 - Keep hot food hot, at or above 140 F. Place cooked food in chafing dishes, preheated steam tables, warming trays and/or slow cookers.
 - Keep cold food cold, at or below 40 F. Place food in containers on ice.
 7. When in doubt, throw it out!
 - Discard food left out at room temperature for more than two hours (one hour when the temperature is above 90 F).
 - Place leftovers in shallow containers. Refrigerate or freeze immediately. ☆

FROM THE DOCS

ROLES OF A FIELD TRAINING OFFICER: GETTING THE MOST OUT OF YOUR TRAINEE

By Stephen Seetal, Ph.D.

As an industrial/organizational consultant, I have had the opportunity to work in many areas of our Department. Our patrol stations are among the most complex and dynamic environments I have provided consultation. Stations are often referred to as the foundation of law enforcement operations. For a consultant, navigating the hub of activity in this setting can be both challenging and rewarding, as opportunities for change and growth present frequently. Patrol is commonly seen as an environment where lessons are learned, bonds are forged and core competencies are built. Many deputies can recall the pivotal experiences they had in their patrol years, regardless of the assignments they transition to in later phases of their careers.

Patrol is also the setting where perhaps one of the most important career relationships, that between field training officer and trainee, occurs. Having spent time with FTOs, I am aware of the varied perspectives and approaches taken to training. Being an FTO is certainly not easy. It requires long hours, leadership capacity, exceptional patience, superior attention to detail, above-average communication skills and many other abilities. So, why sign up for the job? The folks I have asked describe pride in the role, as well as a strong sense of commitment to their peers, station and the Department. For those of you currently doing the job, or aspiring to it, here's an overview of some of the roles an FTO has to juggle and how to get the most out of a trainee in any environment.

- **Setting the tone: Liken your role to that of a coach.** John Wooden (aka the Wizard of Westwood) knew that sound fundamentals are the key to everything else. He encouraged his players to know, understand and master the basics before they took the floor. It's essential that you know where your trainee is in terms of the basics. Although it's preferable that the trainee engage in some preparation prior to going out (doing station rides, learning reporting districts, having an understanding of basic radio codes, etc.), it may put the training relationship at a disadvantage if you assume that they know these things from the start.
- **Role model: Show how you blend tactics and good people skills.** Actions speak louder than words (actions are more important, because we tend to favor behavior). In order to really drive it home, *your actions and words must match*, so what you tell them to do has to be

on par with what you're doing. Remember that in the present day, career survival involves being able to balance officer safety and maintain a tactical advantage with the use of verbal de-escalation skills — make sure that you're modeling both for your trainee.

- **Trainer: Value strong fundamentals. Don't leave out little steps.** Even though it may not be the popular approach, spending time with your trainee ensuring that they understand procedural steps of a basic operation provides *successive shaping* (taking a series of steps to develop desired behavior), and enables him/her to strengthen associations between steps. Both of these will lead to mastery of material.
- **Evaluator: little by little, early on.** If possible, don't opt for the strong silent approach. Frequent evaluation of strengths and weaknesses supports skill acquisition. It also provides gradual opportunities to highlight improvement and discuss continued expectations of performance and growth, so there are no surprises.
- **Supervisor: carrot and stick.** Being an FTO is not a popularity contest. At the end of the day, you have a responsibility to guide the development of a partner who can be counted on in critical situations. Make sure that you balance positive reinforcement with the recognition of possible negative consequences if a performance standard is not being met.
- **Advisor: been there, done that.** As a seasoned patrol deputy, you have most likely had the benefit of encountering a lot of variation in the calls you have handled. Use your experience to help trainees avoid major pitfalls. Alerting them when they're getting close to falling down not only preserves their momentum in training, it also saves you the headache of having to clean up the call. Finally, because you have abundantly more insight of what they need to know, practice referencing previous or stand-out calls to draw on their experiences (e.g., "Remember the call yesterday with the dog at the house?"). Associations/reminders like this will make complex tasks a bit easier to grasp.
- **Pressure gauge: determining how much is too much.** The idea of heaping on pressure to train multitasking capability may not serve you or your trainee well. Instead, use an approach where you gauge your trainee's

initial capacity for pressure. From this baseline point, you can increase the pressure to a *best performance* area where focus and performance is optimal. Remember that (for any of us) as we become uncomfortably stressed, distractions, difficulties, anxiety and negative thinking will crowd our minds. Once this happens, our concentration suffers, our focus narrows, and our brain becomes overloaded. For a trainee, this often leads to reduced performance and learning ability.

For those of you who currently do this important job or aspire to it, you may be well-served by reflecting back on your own training experiences (i.e., what you learned as your FTO navigated through these roles). If you would like to obtain further assistance in this area, you can contact Psychological Services Bureau at (213) 738-3500 for a consultation or appointment. You can also obtain additional information by visiting our intranet site at <http://intranet/intranet/ESS/Index.htm>. Stay safe. ☆

L.A. County Retired Marshals Lunches for 2016

ALL LUNCHES ARE SCHEDULED FOR 12 NOON

October 5

Marino's Italian Restaurant
17126 Bellflower Blvd.
Bellflower

November 2

Matt Denny's
145 E. Huntington Drive
Arcadia

December 7

Villa Tepeyac
2200 E. Garvey Blvd.
West Covina

GEAR YOU NEED AT UNBEATABLE PRICING

Deputy Cloth Star (Velcro)

\$3.95



Sheriff Front Emblem (Velcro)

\$3.50



EXPERT PLATE CARRIER VEST

This must-have vest accommodates hard trauma plates and side bulletproof panels.

\$59.95



Sheriff Back Patch (Velcro, 7" x 3")

\$6.95



KEEPS YOU COVERED

REINFORCEMENTS

NIJ IIIA Level Soft Panel
Handgun-rated, bulletproof soft-side panels

\$39



Hard Plate
Level III+, lightweight trauma plate

\$109

IT'S WISE TO CUSTOMIZE

FIREARMS ACCESSORIES



Safariland Low-Ride Belt Loop Adapter

Adjust your draw and increase your comfort with this 1-1/2 inch holster drop.

\$16.95



Blackhawk Serpa Concealment Holster

Stay on the down-low with this holster designed for the S&W M&P and M&P Shield.

\$36.95

Ameriglo S&W Pistol Sight Set (Night Sight)

Get accurate alignment after dark for your S&W M&P.

\$109



Surefire Remote Switch Cover, S&W M&P DG-12

Activate your weapon light without removing a finger from the grip.

\$85.99

Stay safe in the field. Come by and check us out!

Sheriffs' Relief Association Emporium locations:

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 295-8030



BE PREPARED

FIRST AID/SAFETY SUPPLIES



Adventure Medical Field Trauma Kit With Quikclot

Treat injuries on the spot with this compact first-aid kit.

\$39.95

SOF Tactical Tourniquet, 1.5"

Keep this life-saving essential on hand for emergencies.

\$29.99



Peltor Bull's Eye 9 Hearing Protector

Limit your exposure to damaging sounds with these lightweight, 25-decibel noise reduction rate earmuffs.

\$18.50



SET YOUR SIGHTS ON THESE GREAT DEALS!

The SRA Emporium stores now stock Crimson Trace laser sights for your Smith & Wesson M&P, M&P Shield and J-Frame 2-inch revolvers at below-market prices.



Crimson Trace Lasergrip for S&W M&P Full Size **\$249.95**



Crimson Trace Laserguard for S&W M&P Shield **\$149.95**



Crimson Trace Lasergrip for S&W J-Frame **\$149.95**

Visit sheriffsrelief.org/store



By Joseph Badali
Cerritos Station

CITY AND STATION HISTORY

I want to open by providing a historical perspective of the city of Cerritos and Cerritos Station.

Cerritos was known formerly as Dairy Valley and celebrates its 60-year anniversary this year. The city's former name symbolized the agricultural community, with more than 400 dairies, 100,000 cows and 106,300 chickens found within its limits. Cerritos was one of the first cities in Los Angeles County to develop large-scale retail zones, such as the Los Cerritos Center and Cerritos Auto Square, and achieved stunning success.

First incorporated in 1956, law enforcement services were provided by the Sheriff's Department on a regional service level. The Cerritos Sheriff's Station/Community Safety Center was built in the late '90s and became a standalone station in 1998. The Sheriff's Department staff share a great working relationship and are co-located with the city's Community Safety Center staff.

Many who enter our Station do not believe it is, in fact, a sheriff's station, with its water fountains out in front, custom stone-tile flooring, granite public counters, and atrium with real 20-foot tall palm trees and rows of plants and foliage.

Currently, the city contracts public safety services with a dedicated full-service Sheriff's force under the command and leadership of Captain Joseph B. Nuñez.

Cerritos Station personnel proudly serve a community of 50,004 residents within an 8.8-square-mile area. The city of Cerritos borders nine cities, some patrolled by neighboring sheriff's stations and others by Los Angeles and Orange County police departments.

Crime rates in Cerritos remain among the lowest of any jurisdiction within the region — a remarkable fact given the tremendous volume of patrons who visit the city's shopping centers on a daily basis and work in the city.

We have a full-time latent print crime lab facility and a fully dedicated helicopter shared with the city of Lakewood. "Sky Night" provides air support and patrol duties five nights a week. We also have our own mobile command post vehicle.

The Station has one of the largest dispatch centers in the Department. The dispatch center is

fully transparent to the community and is hardened with full ballistic protection. Personnel also have access to remotely monitor a minimum of 18 Station and city CCTV cameras at a time.

The fully equipped jail is one of the cleanest and best smelling, with a capacity of 16 inmates.

For being a small command within the Department, the Station still manages to proudly field its very own Baker to Vegas team and provide team support.

Other amenities include secure underground parking for all of our radio cars and patrol equipment; a staff lounge with sofa-style seating, dining tables and an outside barbecue patio with tables, chairs and umbrellas; a well-equipped gym that matches some of the best in the Department; soft music hits played 24/7 throughout the Station; and a community meeting room with a seating capacity of 83 persons.

We invite anyone interested in transferring or those living in the community to visit and tour the Station, as well as meet the staff.

WHO MAKES IT ALL HAPPEN

The personnel assigned to the Station are some of the Department's most dedicated and professional, selflessly serving the city and community. A good majority of the personnel have worked at the Station an average of 10 years or more. Currently there are a total of 65 sworn staff and 14 professional staff employees.

We also have a committed cadre of active and involved local contributors, consisting of six reserve deputy sheriffs, five deputy explorers, 39 VOPs and eight clergy members.

PUBLIC OUTREACH

Station personnel recently met with Assembly Member Christina Garcia (D-58th District), school district staff and local constituents to discuss state and local issues. Personnel addressed and answered crime-related questions and the impacts of Proposition 47.

Lieutenant Richard Hernandez had his recent Hollywood debut, informing the community about a sexual-battery suspect in the area whom we have



captured. The watch commander's phone has been ringing off the hook with casting agents wanting Hernandez to audition in upcoming TV shows.

WORK ANNIVERSARIES

We want to showcase the personnel who recently celebrated County and Department



anniversaries. We begin with our very own fearless leader, Captain Joseph Nuñez, celebrating 35 years. Detective Rich Kent and Deputy Stephanie Reber, along with Supervisor Marilou McCabe, celebrated 25 years. That is a combined total of 110 years of service just among the four.

Practice sound tactics, be well, and always be safe! ☆



CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

*Thank you for your many years of dedicated service to our Department.
We wish you long life, happiness, relaxation and many years of personal fulfillment.*

Ricky J. Baker

Community College Bureau

John T. Fredendall

Homicide Bureau

Arthur M. Mitchell II

Civil Management Bureau

Lawrence S. Barnes

Fraud & Cyber Crimes Bureau

James T. Frost

Court Services East Bureau

Paul G. Murphy

Personnel Administration Bureau

Shannon I. Berns

County Services Bureau

Ralph J. Gama

Norwalk Station

Hyunsook Na

Medical Services Bureau

Daniel G. Brownell

Industry Sheriff's Station

Norma R. Holgado

Financial Programs

Danny R. Regalado

Criminal Intelligence Bureau

Thomas P. Caire

Court Services Transportation Bureau

Yi-Juan Hwang

Data Systems Bureau

Maximiano F. Rodil

Medical Services Bureau

Theodore Caraisco

Norwalk Sheriff's Station

Merrill E. Ladenheim

Human Trafficking Bureau

Jeffrey T. Shiroishi

Civil Management Bureau

Richard R. Dudgeon

Compton Sheriff's Station

Lawrence L. Laughlin

Medical Services Bureau

Rosa A. Umana

Food Services

Richard A. Ellis

Lancaster Sheriff's Station

Christian J. Mayhew

PDC, South Facility

Thomas D. Wilson Jr.

Industry Sheriff's Station



By Debra Ray, Yvette Medrano and Matt Verzola
Personnel Administration Bureau

30 YEARS OF SERVICE

On August 17, our very own *Star News* article co-author, Debra Ray, was an honorary guest during a luncheon at the Hall of Justice. The luncheon was held to honor Deb and several others who have served the Department for 30 years or more! Deb began her career with the Sheriff's Department in December 1985 as a station clerk assigned to the Pico Rivera Station. In addition to Pico, Deb has held assignments at the Inmate Reception Center, East Los Angeles Station and Industry Station, just to name a few. Debra came to PAB in 2013 as an employee support assistant III, and it's her second stint working at the Hall of Justice, where she is a very important part of PAB's Operations staff.

Pictured at right is a photo of Deb earlier in her career, and below is a current photo taken at the luncheon with Sheriff McDonnell and PAB Operations Lieutenant Rick Harpham.



Deb, congratulations on 30-plus years and a big thank-you from PAB for all that you do!



AND THE WINNER IS?

Check out this picture of our PAB holiday luncheon opportunity drawing winner, Donna Lin of PAB's Injury and Health Support Unit, purchasing tickets 10 minutes before the drawing! Donna (pictured on the far right) comes over to



purchase tickets and says, "I never buy tickets for these things, but why not?" Although she didn't sound optimistic about her chances, I'm sure she will be participating in our next drawing.

IN THE SPOTLIGHT!

It's been said there are "Unlimited Possibilities" within our Department. Have you ever wondered where many of those possibilities begin? Well, the majority of them begin in PAB's testing units. In the spotlight this month is the Sworn Examinations Unit (SEU). Led by Administrative Services Manager III Gabriella Orozco-Atienza, the SEU is dedicated to assisting in the recruitment of deputy sheriff trainee (DST), custody assistant (CA), security officer (SO), security assistant (SA) and law enforcement technician (LET) personnel.

SEU tirelessly and unwaveringly administers the examination for DSTs weekly (sometimes twice and, at times, three times a week!). SEU also administers weekly tests for the positions of CA, SO and SA. The dedicated staff work nights and weekends in order to adequately reach all of our interested applicants. As with all PAB units, SEU personnel constantly communicate with Recruitment, Sworn Backgrounds, Civilian Backgrounds and Pre-Employment, ensuring efficiency in the hiring process.

They also assist in the promotions of sworn staff members through the administering of the promotional examinations, and they handle the examinations for commander, captain, lieutenant and sergeant. Their efforts result in the successful review and processing of over 10,000 applications a year. They also review the promulgation of lists in accordance with civil service rules.



Above is a picture of the hardworking men and women of the Sworn Examinations Unit, taken by none other than Captain Kim Unland during a recent SEU barbecue.

COMINGS AND GOINGS

Personnel Administration Bureau welcomes Frederick Martinez, who is promoting to ESA II and coming to the Professional Exams Unit. We also send our congratulations to Concetta Rodriguez, who is promoting to an ESA II and will be working with the Personnel Processing and Compliance Unit. Yung Lin will be leaving PAB's Injury and Health Support (IHS) Unit for an OA II position. A warm welcome to Sergeant Andy Thompson, who will be supervising the Backgrounds Administrative Team at the Hall. Also a quick hello to our new recruiters, Deputy Kristen Aufdemberg, who joins us from Transit Policing Division, and Deputy Marvin Stalworth, from Lakewood Station. Keep your brass shiny and your smiles bright!

continued on page 33



PEER SUPPORT PROGRAM

By Mike Rodi

AID LIFE

This acronym, AID LIFE, may help you remember what to do when assisting a person who is suicidal.

A: Aid. Do not be afraid to ask “Are you thinking about hurting yourself?” or “Are you thinking about suicide?”

I: Intervene immediately and take action.

Listen and let the person know that he or she is not alone.

D: Don’t keep it a secret when it comes to safety issues.

L: Locate help. Seek out a professional at Psychological Services Bureau, a Peer Support Program member, chaplain, friend or family member.

I: Involve command. If the person is imminently

suicidal, be prepared to involve a supervisor to save his or her life.

F: Find someone to stay with the person. Don’t leave the person alone.

E: Expedite. Get help quickly. An at-risk person needs immediate attention from professionals.

Please don’t hesitate to call us. You may contact us at (213) 738-3500. ☆

Personnel Administration Bureau *continued from page 32*

We say a fond farewell to Christine Yeung, who will be leaving the Employee Service Center (ESC) for ASD Headquarters, and Kerry Duffy, who will be leaving IHS for Risk Management Bureau. Good luck to both of you.

We also bid adieu to Adriana Viramontes, who will be transferring from the SEU to the Assessor’s Office, and we welcome Deputy Robert Lim, who is transferring from TP/COB to PAB’s Pre-Employment Unit.

Sergeant John Carter, who after being PAB’s Operations sergeant for two years (14 “dog years”), recently left the Backgrounds Administrative Team to head up the East Backgrounds Team. Pre-employment and the Backgrounds units at HOJ threw John a pizza party farewell. As seen below, Sergeant Serrano finally discovered the “non-selfie” mode on his camera to get a candid photo of John’s heartfelt thank-you to the unit.



Johnny, your stint at HOJ is over, but don’t think we will ever forget where to go for answers, “Mijo.”

FROM THE EMPLOYEE SERVICE CENTER: OPEN ENROLLMENT

Open enrollment for 2017 benefits is now in full effect! Employees should have received their benefit enrollment packets by now. If you have not received your packet, go to www.mylacountybenefits.com, log in and complete your 2017 benefit enrollment. If you have any questions regarding the enrollment process during the open enrollment period, please call the Department of Human Resources benefit hotline at (213) 388-9982. DHR hotline hours are 8 a.m. to 5 p.m.,

Monday through Friday. Representatives will also be available on Saturday, October 29, from 8 a.m. to 4 p.m. **All employees are required to update their benefits!** Remember, if you *waive* your benefits, you are still required to select “Waive.” *If you do not, DHR will default you into the least expensive medical plan.*

If you are a *MegaFlex* employee, please remember that this will be the only time you can purchase elective leave days for the 2017 plan year. For those employees assigned to Training Bureau as a deputy sheriff trainee, even though you may have just enrolled in the last few months, this *enrollment period* is for the 2017 calendar year! You must also complete this benefit enrollment.

If you are adding dependents, please be sure to fax, upload or email any documents required by the specified date so that your dependents are added successfully and approved. Whenever you fax, upload or email any documents, be sure to include your name (employee’s name) and employee number on the top right-hand corner of the document(s) so that DHR can apply your documents to your profile. DHR receives thousands of documents on a monthly basis. These documents can be misplaced if your name and employee number are not provided.

The last day for the 2017 benefit enrollment is October 31 at 11:59 p.m.!

That’s it for now. Until next month, “Trust the process!” ☆



STAY UP TO DATE!
Check out news and events at
www.sheriffsrelief.org



By Johnie Jones
Parks Bureau

Greetings, my Parks Bureau peeps. Hope all is well in all the zones, Mounted Enforcement Detail, Detective Bureau and Special Problems Teams. I wish the boat crew well, but they are the boat crew and life is too good for them already. Come to think of it, they just took on the burden of having Luke Hallack and Rob Tunnel in the unit. Well, no burden for Luke (“What are we going to barbecue next?”) Hallack, but with Rob (“Coming soon to a theater near you”) Tunnel over there, supervision should have their hands full. Seriously, congrats to both of you. The marine patrol is one of the best unknown jobs on this Department.

While we are handing out the congratulations, Annie Walters, Shelley DeLeon and Charles Weathers have added three stripes to their sleeves, while John McClure has added metal to his collar and moved on to greener pastures. Wait a minute, no one moves on to greener pastures when they leave Parks Bureau. We’ve got the greenest pastures in the Department. We’re sad to see them leave, but happy for their promotions and all of those new responsibilities they will now have.

Recently, I was working a North-end car with Miguel Ortega. Miguel is one of those people who knows someone everywhere you go. He’s out there shaking hands and kissing babies all day. We were patrolling Apollo Park when Miguel saw three teenage girls walking together and holding their phones in front of them with their faces in the screens. Being a trained observer and a father of two girls, this was nothing out of the ordinary to me, but Miguel commented that they must be playing Pokémon. Not knowing what he was talking about, or really caring, I just thought it was another of those mindless games some of us play that can be downloaded for free on our phones or tablets. Well, I was right about the mindless part, and when it comes to playing mindless games on the phone or iPad, I am as guilty as they come. But this Pokémon thing is a little different, as evidenced by the picture of the Pokémon MED horse.

I was patrolling a park at 10:30 p.m., waiting for the lights on the basketball court to go out and the players to leave. When the lights went out, I saw about 20 people in groups of two to three walking around with their phones in their faces, playing Pokémon. The parks are quite the hot spot for finding whatever it is they are capturing with their phones. I see Pokémon people all the time



now. A car will pull into the park, people get out and raise their phones and start going in search of their prey. Personally, I will not get involved in this Pokémon craze, as Jim Blankenship and I are embroiled in a Candy Crush Soda Saga head-to-head competition. Jim, who is currently ahead of me, cheats, but I play fair and square. Because of this competition, I can get a little obsessed with playing the game, and then Jim says, “Hey, do you want to play some Clash of Clans with us?” Uh, no, Sir, and good day to you.

I’ve been teaching classes to the Parks and Recreation staff and executives with Chris (aka “Coupe”) Deaville for the past year. Chris is a great instructor and fun to teach with, but there is one thing that Chris seems to find quite amusing that this old man doesn’t. Chris is a story stealer. Things that we teach are about law enforcement, and due to our time on, we use war stories to help make our point. The stories I like to use are ones that not only make the point, but are somewhat funny or powerful, to drive a point home. When teaching Parks and Recreation staff about how to describe a vehicle, I would tell one of my favorites

about a female deputy (my wife), who I know oh-so-well now but didn’t at the time, putting out a crime broadcast in Lancaster. In her description of the suspect vehicle, I’m told and she confirmed, the vehicle was “periwinkle” in color. Now for most of the females in the group, this is a no-brainer. But, for most of us male deputies who don’t venture too far from the primary colors, we have no idea what color that is, and she had to put it out in simpler terms so the males on the shift could understand. This is one of the stories that Chris stole in front of me while we were teaching.

Chris and I recently taught an active-shooter class, and I stepped outside to answer a phone call. This was a mistake. Chris completed teaching his part of the class, which ended with a video. I provided the final curriculum, which involved the tragic Sandy Hook story. I go into my story and after a couple of minutes in, Chris interrupts me and, with an “aren’t I funny?” smile on his face in front of the 75 people in the class, says, “I already told them that story, Johnie.” Your wife may find that little-boyish grin amusing, Mister, but I do not! I will have to deal with you later, but right now, I have to behave myself and come up with a replacement story in seconds. Not my first rodeo and we were fine, but beware of the Coupe if you ever find yourself teaching a class with him.

The MED fellas have been out and about, and when they’re not winning awards in competitions, they’re working the field. Working on horseback in the summer months can be rough, although they don’t complain. Most of us make sure the vehicle we take before we go on patrol has air conditioning. They have no air conditioning on their horses but, as usual, they just cowboy up.





Recently, they found themselves on social media mistaken for ICE officers checking people for their immigration status. It's amazing to me where people get this stuff.

I arrived to work a patrol spot up in the North Zone and saw Amalia Alvaro dealing with a flat tire on her personal vehicle in the parking lot. I parked my car and walked over to Amalia to assess the situation to see if I could help. My old-school approach to things at times will upset some, and knowing that Amalia is quite capable, I thought she might not appreciate my assuming she would



want my help. As I began to talk to her, Security Guard Moshen Jony basically pushed Amalia out of the way and took over. Dan Burdict then jumped in, and Amalia began supervising, which is actually normal for her. From that point on, there was nothing left for me to do, but as many people in this day and age would do, I took a picture or two.

Finally, working at our headquarters in Camrose Park at the Hollywood Bowl, we come into contact with many interesting characters. There are a regular group of transients who frequent our park who are quite interesting. For example, there is a man who sits in the park regularly, playing his cello. There was one person who captured our attention, whom we'll call Francis. Paul Schrader would take time and talk to Francis from time to time, and got to know him. Francis, who is 50 years old, has a Bachelor's Degree and worked as a freelance writer for a number of years. He was injured in a bicycle accident and since he had no insurance, lost his ability to work. He was subsequently evicted from his apartment and found himself homeless. He turned to alcohol to help deal with the pain caused by the accident. There were attempts to help Francis, which never seemed to take. Things appeared quite grim for him, as we would find him regularly intoxicated. One cold, rainy night last winter, Parks deputies found Francis near death due to exposure. They called for paramedics and Francis was transported to Cedars-Sinai hospital, where he literally died and was brought back to life through



the miracle of modern medicine. Paul went to the hospital to find out what happened. He found that Francis was in an induced coma, and Paul gave the hospital all the information he had obtained from his conversations with Francis. He also left his contact information, and due to the fact that Francis had no known family or friends, the social worker assigned to Francis contacted Paul. Paul helped the social worker convince Francis that if he wanted to live, he would need to leave the Hollywood area. Francis agreed and departed the Hollywood area November 2015. Recently, I was in the office when a citizen walked in and talked with Jim Blankenship. He said his name was Francis and he wanted to thank Paul for all he had done for him. Paul was out of the office, but the following week he and Francis got together and caught up. Francis is now living in a residential housing community and doing well. In this profession, we come across a lot of people in need whom we either don't have or can't take the time to try and help. There are also those who want nothing from us, but sometimes, we take the time and are able to make a true impact and difference in a person's life.

Until next time, enjoy a day in the park. ☆



SRA Goes Mobile

The free SRA app is now available to download in the iTunes and Google Play stores!

Keep up with SRA on the go — get important information and services in the palm of your hand.





By Kathryn Haven

Pitchess Detention Center, North Facility

Greetings from the North!

WELCOME TO NORTH FACILITY

We would like to extend a warm welcome to our newest North Facility members: Deputy Megan McCormick, Custody Assistant Jose Millan and Custody Assistant Timothy Adams.

GOING 10-8

We would like to wish the best to our deputies who are going out to patrol and will be continuing the "Tradition of Service."

Stay safe, Deputy Mario Acosta (TSB, Palmdale), Deputy Linda Maldonado (West Hollywood), Deputy Albert White (Santa Clarita) and Deputy James Van Horn (Lancaster). Take it one day at a time, and don't be too hard on yourself. Remember, it's not just a career ... it's an adventure!

SHANE YORK MEMORIAL

We would like to thank those who took the time to represent North Facility at the unveiling of the memorial highway sign in honor of Deputy Shane York: Captain Ken McWaid, Lieutenant David Rush, Sergeant John Biel, Sergeant Rafael Rodriguez (not in photo), Sergeant James Wilson, Senior Deputy Cynthia Basey, Deputy Jonathan Diaz, Deputy Michael Geeter, Deputy Lizeth Lombera, Deputy Mark Oh and Deputy Albert White.



WAYSIDE HONOR RIDE 2016

Pitchess Detention Center, North Facility hosted its first-ever Honor Ride. We had more than 100 riders participate and raised just under \$3,000 for the Wounded Warrior Project and Lorne Ahrens family, as well as other law enforcement charities.

Several of North Facility's personnel helped to get others involved and attended the event. They were able to see a personal collection of more than 100 rare and classic motorcycles owned by David Schoenwald.

Thank you to those who attended the event: Senior Deputy Cynthia Basey, Deputy Scott Basey, Custody Assistant Troy Dalire, Custody Assistant Justin Flanagan, Captain Ken McWaid, Deputy Brandee Moore, Operations Assistant I Natalie Popovich and Sergeant James Wilson.



A big thank-you goes out to the Wayside Honor Ride Committee: Senior Deputy Cynthia Basey, Deputy Scott Basey, Custody Assistant Troy Dalire, Custody Assistant Justin Flanagan, Deputy Shawnee Ratcliff, Deputy Lizeth Lombera, Deputy Brandee Moore, and Operations Assistant I Natalie Popovich. Great Job!

Captain McWaid was very pleased with the turnout, saying, "It was a great event and I'm very proud of the personnel assigned to Wayside who helped get this event off the ground."

THEN AND NOW

It's always interesting when you get to know your staff aside from the deputy sheriff role they play. For many of us, working for the Los Angeles County Sheriff's Department was not our first job. We started making a living in our late teens,



still trying to figure out what we wanted to do and who we were as people. It's truly amazing how we have such a variety of people on our Department and yet we all have a common interest — helping others.

Some of our deputies recently off training decided to share with me what they were up to before becoming part of the LASD family.



Deputy Sean Gavin was throwing 92 mph fastballs in Australia (see photo), Canada, Hawaii and New York. He was best at striking out ball players one by one with his wicked curve ball. Deputy Gavin came from an LAPD family. Both of his parents are officers with LAPD. He says, "I

knew law enforcement was for me, but I wanted to be LASD, not LAPD." He knew which Department was the better choice.

Deputy Joseph Sexton-Espiriti was overseas in Iraq, serving our country. "Growing up, I always had a passion for being a part of something bigger than myself. I found myself joining



the United States Army right out of high school. I was proud to serve my country and enjoyed it very much." Once his active-duty commitment was complete, Deputy Sexton-Espiriti felt the need to serve his community. "I felt there was no better way to do that than to join the Los Angeles County Sheriff's Department." When he was

younger he remembers Deputy McMichael coming into his class to speak to the students about saying "no" to drugs and letting them take turns sitting in his radio car pushing all the buttons: "I knew I wanted the opportunity to positively impact the lives of kids, just like Deputy McMichael did for me." ☆

FIGHT FOR LIFE

HELP KNOCK OUT CANCER, DIABETES, HIV/AIDS AND OTHER LIFE-THREATENING ILLNESSES!

Event benefits City of Hope research, treatment and education programs



LOS ANGELES POLICE DEPARTMENT

VS.

LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

FRIDAY, NOVEMBER 18, 2016

QUIET CANNON

901 Via San Clemente
Montebello, CA 90640

Doors open at 5:30 p.m.

Fights start at 7 p.m.

\$100: VIP Ringside Seating | \$50: Reserved Seating
\$25: General Admission | \$5: Parking

Tickets available through the Sheriffs' Relief Foundation at (562) 946-7081,
Los Angeles Police Protective League at (213) 251-4554 or
City of Hope at (626) 218-6563

For more information and to purchase tickets online visit

www.cityofhope.org/fight4life

2016 Los Angeles County Sheriff's Department

FUN IN THE SUN CHILI COOK OFF

Benefiting Special Olympics

11am-4 pm, Saturday, October 15, 2016

Pitchess Detention Center ~ Jack Bones Equestrian Center
26983 Tapia Canyon Road, Castaic, CA 91384



Jim McDonnell, Sheriff
www.LASD.org

Fun for the Entire Family!

Chili Booths

Classic Car Show ~ Live Music
Kids Zone ~ LASD Displays
Crafters ~ Vendors

With the purchase of a Chili Card, you can taste the chili from over 25 booths and vote for your favorite.

Adult Chili Card: \$10

Junior Tasting Card: \$5

Children under 5 Free

All proceeds from the Chili Cook-Off benefit

Special Olympics

Santa Clarita & Tri-Valley



To find out more about attending, competing, vending, or sponsoring this event,
Contact Ranch Operations 661 294-6340



The Chaplain's Notebook

By Chaplain Terry Harrison

Palmdale/Lancaster/West Hollywood Stations

THE VIEW FROM THE PASSENGER SEAT: ANTI-COP FEVER

I don't think my experience was all that unique, but it is another part of the story. On my ride-along on July 7, about five hours into the P.M. Shift, we received a radio message to return to the station so that deputies could double up on their patrols. That meant, of course, that I as a chaplain was finished for the night. I had ridden with this deputy before, and we both shared our curiosity as to what was going on. He made a quick phone call, and we found out there had been an officer shooting in Dallas. The situation was still unclear, but the station captain wanted to take precautions.

After the deputy parked the patrol car at the station to drop me off and to pick up his new "partner," I headed to my car, saying a short prayer for his safety and all the other law enforcement people working that night. I was almost to my car when I met a sergeant I knew from another station, who was just getting out from a joint meeting. He asked what was going on, and I told him about being brought back to the station because of the shooting in Dallas. He hadn't heard about that yet, having, ironically, been meeting to organize local outreach activities in distressed neighborhoods, especially the youth of those neighborhoods, to let them interact with deputies and learn more about why law enforcement operates as it does. It was an outreach that was to go both ways: Let people ask any questions they wanted or share any beefs they had, and then let a

deputy offer any explanation or clarification that might help. He was excited about the possibilities and I shared his excitement.

It wasn't until the next morning that I found out exactly how many Dallas officers had been killed and how. For me, I couldn't help but sit there and shake my head, wondering how it is that the law enforcement officers I knew were making the effort to reach out to help the community to better understand their work, and yet those Dallas police officers were dead because of what I believe was misinformation and misplaced hatred.

I can point to a dozen or more factors that I think contribute to a continuous undermining of law enforcement. Sadly, I can also cite as many consequences and point out real, ongoing examples of what happens when law enforcement does break down. It always leads to more human suffering. I know that no law enforcement agency is perfect and that every one of them has some bad apples. But I also know those agencies want to find and get rid of those bad apples as much as the public that has to deal with them does.

What can be done? First, I hate to sound cliché, but we all have to realize there are no quick fixes. We didn't get into this situation overnight, and we aren't going to solve it overnight, either. It is a long-term result of political-, educational-, media- and activist-driven sources all promoting their own agendas. We have to be in this for the long haul.

Second, we have to realize that all we can control is what we do, where we are. For example, I wish

I could do something that would make everyone understand, support and appreciate law enforcement officers. I wish I could do something that would solve all the misperceptions people have, but that's not realistic. What I can do is work with the people I come in contact with. I can take the time to explain to the best of my knowledge why things are done the way they are.

Third, I want to encourage all law enforcement officers, but especially the Sheriff's deputies (and even more, the deputies I serve personally as their chaplain) to keep doing a good job. In my opinion, nothing is more effective in turning the tide of opinion than continuing to act professionally and courteously with the public and carrying out your duties. Like it or not, you're in a situation you didn't create, and, as the saying goes, "Nothing succeeds like success." I believe there is overwhelming but untold public support for what you do and that eventually the pendulum of criticism will swing back to a more balanced and fair perspective. But in the meantime, you have to keep slogging away.

I know it's not easy. As a matter of fact, it's downright unfair and frustrating! But that's one of the reasons I'm here as a chaplain and why the Psychological Services Bureau is here. Share your frustrations with us. I promise that we'll listen.

How can I contact a chaplain? Chaplains are available at their unit of assignment or by calling the Psychological Services Bureau at (213) 738-3500. ☆

☆ IN MEMORIAM ☆

| | | |
|----------------------|-------------------------------------|---------------------------------|
| JAMES R. BARRETT | RETIRED 03-31-83, DECEASED 07-14-16 | DEPUTY/ROBBERY DETAIL, HOJ |
| SUSAN K. CROSS | RETIRED 03-21-00, DECEASED 07-03-16 | SERGEANT/HOMICIDE |
| ROBERT W. DeCOURCEY | RETIRED 03-17-98, DECEASED 08-04-16 | SERGEANT/DET. DIV., TRAP DETAIL |
| ALAN W. GOODWIN | RETIRED 03-31-93, DECEASED 08-06-16 | DEPUTY/SPI |
| SAMUEL E. MASTON | RETIRED 01-01-78, DECEASED 05-27-16 | DEPUTY III/AV STATION |
| ROBERT L. MORGAN JR. | RETIRED 05-13-77, DECEASED 08-09-16 | DEPUTY/WEST HOLLYWOOD |
| OPEYEMI O. OGUNNEYE | ACTIVE, DECEASED 08-13-16 | RNI/MCJ |
| ROBERT D. ROSS | RETIRED 09-05-90, DECEASED 08-12-16 | SERGEANT/HOMICIDE |
| FRANK B. WOODBURY | RETIRED 03-27-89, DECEASED 08-29-16 | SERGEANT/TEMPLE |

SHOW YOUR LASD PRIDE



A



B



C



D



E



F



G



H

You're sure to make a statement in our custom-designed apparel and accessories!

A Women's Deep V-Neck Tee
Color: fuchsia
\$19.25 Item#: 2106

B 14K Gold Star Necklace
\$199 Item#: 1509

C Women's Poly-Tech Sport
Zip-Up Sweater
\$41.75 Item#: 2108

D Handcrafted American Flag
Gun Concealment Case
\$195 Item#: 2001

E Women's Sports V-Neck Tee
Colors: black/nickel, white/nickel
\$24.95 Item#: 2140

F Badge Tank Top
Colors: black, fuchsia
\$13.95 Item#: 2109

G 1850 Adjustable Velcro Cap
Color: khaki
\$13.75 Item#: 0406

H Zip-Up Sweatshirt
Colors: gray, black
\$24.95 Item#: 2136

Drop by one of our
locations to shop our
full range of
unique merchandise.

Larger styles subject to increased prices.

Visit us at sheriffsrelief.org/store

Sheriffs' Relief Association Emporium locations:

STARS Center, Whittier (562) 946-7271 | PJP Rancho, Castaic (661) 295-8030





JIM McDONNELL
SHERIFF

2016 LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

VALOR AWARDS

COURAGE ★ BRAVERY ★ SACRIFICE

MONDAY, OCTOBER 24TH - 2:00PM

USC GALEN CENTER

3400 SOUTH FIGUEROA STREET, LOS ANGELES, CA 90089

SOCIAL HOUR & APPETIZERS BEGIN AT 1:00 PM

FOR INFORMATION, PLEASE CALL SHERIFF'S INFORMATION BUREAU
AT (213) 229-1704 OR LASDVALORAWARDS.ORG



California Robbery Investigators Association

CRIA has been uniting California's finest for over 40 years...

45TH ANNUAL ROBBERY TRAINING CONFERENCE FEBRUARY 7-9, 2017

REGISTRATION \$235 PER PERSON

LATE REGISTRATION: \$250 (after January 9, 2017)

REGISTRATION INCLUDES:

- ◆ Welcome Package & Gifts
- ◆ Welcome Reception
- ◆ Two full days of relevant training & networking
- ◆ 16 hours of California POST credits *(Daily sign-in required.)*
- ◆ Conference booklet with Speaker Info & Notetaking section
- ◆ Daily Continental Breakfast
- ◆ Officer of the Year Awards Banquet
- ◆ Copy of "The Book" - CRIA's exclusive directory of CA Law Enforcement and Private Industry contacts
- ◆ Entry into Grand Prize drawing *(drawn at the close of the conference)*
- ◆ \$20,000 in raffle prizes *(raffle tickets sold separately)*

CASE STUDIES & TRAINING TOPICS INCLUDE:*

- ◆ "Lessons Learned" from the San Bernardino Mass Shooting
- ◆ OJ Simpson Robbery Case
- ◆ Legal/Case Law Update
- ◆ Case Filing: State v. Federal, Pros/Cons & Procedures
- ◆ Cyber Crimes
- ◆ Law Enforcement/Private Industry Panel Discussions:
*American Bankers Association (ABA), Jewelry and Gem Association (JAG),
Nat'l Armored Car Association (NACA), Nat'l Restaurant Association (NRA)*
- ◆ Active Shooter Training
- ◆ Facial Recognition Technology
- ◆ Analyzing Cell Tower Dumps

**Subject to change. Agenda will be posted on the website early Fall 2016*



HOTEL INFORMATION:

Monte Carlo Las Vegas Hotel & Casino
3770 Las Vegas Blvd. South
Las Vegas NV 89109

SPECIAL CRIA BLOCK RATE OF \$89

*Taxes and discounted \$25 Resort Fee extra.
Self-parking is included for registered CRIA
guests only! Special rate and discounted
resort fee available only until January 9.*

Call 888.311.8999 or log on to:

[https://aws.passkey.com/
event/14399967/owner/4941/home](https://aws.passkey.com/event/14399967/owner/4941/home)

REGISTER TODAY @ WWW.ROBBERYCRIA.ORG
SPACE IS LIMITED —DON'T DELAY!

Sheriffs' Relief Association

**SRA: (800) 544-4772/(562) 946-7081 (M-F, 8:30 a.m. to 5 p.m.),
Emporium II: (562) 946-7271 (M-F, 9 a.m. to 4:30 p.m.), Emporium III: (661) 295-8030
(Mon.-Sat., 9 a.m. to 5 p.m.), 2016 Tickets Available & Sold To Members Only**

BUY TICKETS ONLINE!

Select tickets available for purchase with a credit card through our website at <http://members.sheriffsrelief.org>.

| ATTRACTION | SRA PRICE \$Adult/Child | REG. PRICE Adult/Child |
|---|--|---|
| AMC Green Ticket (restricted) | \$9.00 | \$11.00-\$15.00 depending on location |
| | Ages 3 and up. Excludes any movie distributed by the Walt Disney Co., | |
| | including, but not limited to, Disney, Pixar, Marvel and LucasFilm titles. | |
| BOOMERS IRVINE. | \$25.00 and up (several packages available) | |
| (available online only) | \$0.99 processing fee per transaction | |
| CINEMARK (unrestricted) | \$8.50 | \$11.00-\$13.50 depending on location |
| | Ages 3 and up | |
| DISCOVERY SCIENCE CENTER | \$14.00/\$10.00 | \$17.95/\$12.95 |
| (available online only) | (Children 3-14) | |
| DISNEY 1 DAY 1 PARK | \$100.80/\$95.04 | \$105.00/\$99.00 |
| Good thru 12/31/17. | (Children 3-9) | |
| HARKINS (unrestricted). | \$8.00 | \$10.50-\$15.50 depending on location |
| | (Ages 3 and up) | |
| KNOTT'S BERRY FARM | \$39.00/\$34.00 | \$72.00/\$42.00 |
| Good thru 12/31/16 | \$36.00/\$33.00 (online price) | |
| | (Children 3-11; Senior 62+) | \$5.99-\$7.99-\$9.99 processing fee per transaction |
| KNOTT'S SCARY FARM | \$35.00-\$47.00 (date specific pricing) | \$72.00 |
| Good thru 10/31/16 (available online only). | (Children 3-11; Senior 62+) | \$5.99-\$7.99-\$9.99 processing fee per transaction |
| LEGOLAND-Free 2nd Day | \$76.00/\$70.00 | \$98.00/\$92.00 (1 day ticket) |
| Good thru 12/31/16 (available online only). | 2nd Day Free within 90 days of first visit/use or before expiration date (Children 3-12) | |
| LEGOLAND HOPPER-Free 2nd Day | \$84.00/\$78.00 | \$122.00/\$116.00 (1 day ticket) |
| Good thru 12/31/16 (available online only). | 2nd Day Free through the end of 2016 (Children 3-12) | |
| LONG BEACH AQUARIUM | \$18.95/\$12.95 | \$29.95/\$17.95 |
| Good thru 11/30/16. | \$17.95/\$11.95 (online price; children 3-11) | |
| MAGIC MOUNTAIN. | \$44.99 | \$76.99/\$51.99 |
| Good thru 9/25/16 (available online only) | (Ages 3 and up) | \$8.99 processing fee per transaction |
| MEDIEVAL TIMES | \$34.07/\$27.71 plus tax | \$61.95/\$36.95 plus tax |
| (available online only) | (Children under 12) | |
| REGAL/EDWARDS (unrestricted) | \$8.50 | \$10.00-\$12.50 depending on location |
| | Ages 3 and up | |
| SEAWORLD-Single Day | \$60.00/\$60.00 | \$89.00/\$89.00 |
| Good thru 12/31/16 | \$66.00/\$66.00 (online price; children 3-9; free 2nd day) | |
| SEAWORLD-Fun Card | \$80.10/\$80.10 | \$89.00/\$83.00 |
| Good thru 12/30/16. | \$79.00/\$79.00 (online price; children 3-9) | |
| UNIVERSAL HALLOWEEN HORROR NIGHTS | \$49.00-\$89.00 (date specific pricing) | \$89.00 |
| (available online only) | Day/Night Combo and Front of the Line passes also available | |
| UNIVERSAL STUDIOS | \$90.00-\$105.00/\$84.00-\$99.00 | \$115.00/\$109.00 and up |
| | Pricing is date specific. Please visit our website for details. (Children 3-9) | |
| (available online only) | \$109.00 annual pass (valid for 12 months after first visit) | |

IMPORTANT: PAYMENT-CASH OR CHECK ONLY IN OUR OFFICE (CHECK PAYMENT LIMIT=\$750.00). TICKET LIMIT=10 PER ATTRACTION PER MONTH (EXCEPT FOR DISNEYLAND TICKETS, LIMIT IS ONLY 8) PER MEMBER. IF MEMBER IS HAVING SOMEONE OTHER THAN SPOUSE PICK UP TICKETS, ONLY THE MEMBER'S PERSONAL CHECK WITH EMPLOYEE # WRITTEN ON THE SAME CHECK IS ACCEPTED FOR PAYMENT. PLEASE READ AND CHECK INSTRUCTIONS AND RESTRICTIONS ON THE BACK OF EACH TICKET BEFORE LEAVING THE TICKET COUNTER. ALL SALES ARE FINAL. PRICES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. ONLINE PRICING MAY DIFFER FROM IN-OFFICE PRICING.

ADDITIONAL SERVICE CHARGES MAY APPLY. PLEASE SEE INDIVIDUAL WEBSITES FOR DETAILS.

REVISED 9/13/16

Star News Advertisement Disclaimer

★ ★ ★

The Editor and employees of the *Star News* and the members of the Sheriffs' Relief Association do not endorse or investigate the advertisements published in the *Star News*. Readers should note that neither the *Star News* nor the Sheriffs' Relief Association is responsible for the content of such claims of such advertisements. Advertisers should note that the *Star News* and the Sheriffs' Relief Association reserve the right to reject further publication of an advertisement for any reason.

Advertising Index

| | |
|-----------------------------|-------|
| Auto..... | 52-56 |
| General..... | 46-51 |
| Legal..... | 43-44 |
| Medical..... | 49-50 |
| Mortgage & Real Estate..... | 44-48 |



DIVORCE Resource Inc.

Affordable Family Law Assistance

Judith M. Weigle

Mediator & Legal Document Assistant

PEACEFUL DIVORCES for PEACE OFFICERS

(310) 441-7555 • (310) 876-1355

2999 Overland Avenue, Ste 207B, Los Angeles, CA 90064

MYERS & ASSOCIATES

Lisa G. Myers, Attorney

Wife of LA County DA Investigator
Discounted Rates for Deputies

- Divorce/Paternity
- Child/Spousal Support
- Child Custody/Visitation
- DA Support Cases
- Mediation
- Guardianship
- Living Trusts
- Restraining Orders

(562) 693-3447

13215 E. Penn St., Suite 210, Whittier, CA 90602
Email: Lisa4Law@aol.com • www.lisamyerslaw.com



DEBORAH J. MANNING FAMILY LAW ATTORNEY

**FREE
CONSULTATION**

21 YEARS OF EXPERIENCE

Divorce Legal Separation

Paternity

Domestic Violence

Spousal Support

Child Support

Property Division

Post Judgment Modifications

Move Away Cases

2605 E. Foothill Blvd., Suite A
Glendora, CA 91740
info@manninglaw.net | (626) 335-5135
manninglaw.net



BARNETT & ASSOCIATES
INSURANCE AND FINANCIAL SERVICES

Serving Deputy Sheriffs'
Insurance
needs since 1982.

SPECIAL DISCOUNTS AVAILABLE FOR LAW ENFORCEMENT

- Auto Insurance
- Homeowners Insurance
- Landlord Protection Insurance
- Motorcycle Insurance
- Medical Insurance
- Life Insurance
- Mortgage Protection Insurance
- Annuity/IRA



Call Us Today!! (800) 641-1558
www.louisbarnett.com | CA Lic # 0K77680

Making Dreams Come True One House At a Time®



LOOKING TO BUY, SELL, OR INVEST ANYWHERE IN SOUTHERN CALIFORNIA?

Give me a call...

To sell your home for the highest price in the quickest, most convenient time.

To find the best home, at the best price in the quickest, most convenient time.

Save Thousands on Short Sales, Foreclosures, and Bank Owned Properties.

Buy or Sell from me and I will move you for FREE.



Carol Hershey

Retired Deputy Sheriff

TOLL FREE: **1-888-333-1136**

DIRECT: **661-993-3991**

carolhershey2@gmail.com

HersheyRealty.net

CalBre# 01278422

BEDROCK

REAL ESTATE GROUP
BROKER | AGENT



SCOTT BUTLER

LASD, HAPD, RETIRED

AT BEDROCK, WE SET THE STANDARD AS A PROFESSIONAL REAL ESTATE GROUP.

WHETHER REPRESENTING A NATIVE ANGELINO OR A TRANSPLANT FROM ACROSS THE GLOBE, WE GIVE SPECIAL ATTENTION TO EVERYONE, WITH A CENTERED-FOCUS TO HELP CLIENTS COMPLETE SMOOTH, HARMONIOUS TRANSACTIONS.

PLEASE CALL TODAY FOR A COMPLIMENTARY BUYER OR SELLER CONSULTATION.

DIRECT: (310) 420-0130 | OFFICE: (310) 432-6400
SCOTT@BEDROCKREALESTATEGROUP.COM

439 N. CANON DRIVE, 3RD. FLOOR
BEVERLY HILLS, CA 90210

BRE# 01846093



BEDROCKREALESTATEGROUP.COM

SERVING WITH YOU ON DUTY

FIGHTING FOR YOU OFF DUTY.

9454 Wilshire Blvd. Penthouse, Beverly Hills, CA 90212

Tel.: (310) 550-8888 • Fax: (310) 550-8988

Toll Free: (888) 778-8888



Shawn Lalezary



Shervin Lalezary



LALEZARY
— LAW FIRM —

Personal Injury Attorneys & Reserve Deputy Sheriffs

CAR ACCIDENTS
MOTORCYCLE ACCIDENTS
VEHICLE VS. PEDESTRIAN
WRONGFUL DEATH
SLIP AND FALL
NO RECOVERY - NO FEE



Attorney@BHFIRM.com | www.BHFIRM.com

Shervin Lalezary, Esq. and Shawn Lalezary, Esq. are licensed California attorneys and are responsible for this advertisement.

Union Choice

MORTGAGES ♦ REAL ESTATE

Law Enforcement Mortgage Specialist



Call today to take advantage of our Low Rates & Union Benefits!

Union Choice Proudly Supports Employees of The Los Angeles County Sheriff's Department

You protect and serve us.. Let us serve you!

- ♦ Programs for people with bankruptcy, foreclosure, or late payments
- ♦ Consolidate high interest rate credit cards
- ♦ Use equity for home improvements
- ♦ Pull cash out for college tuition
- ♦ FHA/ VA Programs
- ♦ First time home buyer assistance
- ♦ Low Rates/ Low Down Payments
- ♦ Refinance/ Purchase Options
- ♦ We cover your closing costs!
- ♦ Free credit check & appraisal (worth \$500)

Donald Peart
President-Union Choice
25 Years

855-668-LOAN
www.UnionChoice.com
3080 Bristol St. #300 Costa Mesa, CA 92626

Floyd R. Hayhurst
Director-Union Choice
ALADS President-Retired
LASD 32 years-Retired



Licensed by the Bureau of Corporations under the California Residential Mortgage Lending Act. NMLS #2036. Corporation CA-DRE #01250400
The Star News & LA Sheriff membership roster has not been shared with Union Choice and confidential information has not been compromised.
No Star News or LA Sheriff funds were used for this advertisement. All costs paid by Union Choice.



Donica & Cristina The Key to All Your Real Estate Needs

Donica Hakala – Retired LASD

Working with Buyers, Sellers & Investors
Ask about Our Sheriff's Department Personnel Package
Dedicated to Helping Heroes Find Homes

TNG Real Estate

3000 E. Birch St., Suite 102
Brea, CA 92821
Bre No. 01886242

Donica Hakala

Bre No. 01441172
donicahakala@gmail.com
714-864-1497

Cristina Moloian

Bre No. 01427656
cmoloian@gmail.com
714-336-6106



3 Corporate Park, Suite 210, Irvine, CA 92606



Over 24 years of
VA-FHA-Conventional
mortgage experience.

Call me for special financing options!

No processing or admin lender fees
Reduced costs or zero lender fees

Joe Kramer

Senior Sales Manager
NMLS-289510

Direct: 949-870-4010

Cell: 714-396-1338

Fax: 949-870-4011



Sierra Pacific Mortgage Company, Inc. NMLS 1788. Rates, terms, and availability of programs are subject to change without notice. Not all borrowers will qualify. Rates and terms subject to change based on market conditions and borrower eligibility. This is not a commitment to lend. All rights reserved. Equal housing lender. Licensed in CA by the DBO/RMLA #417-0015.



Advertise in Star News!

Call Today! (818) 848-6397

911 MEDIA

STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

www.911MEDIA.com

911MEDIA* is a division of Trade News International, Inc. **TNI**

Sheriff Deputies: JOIN LAPFCU AND GET \$150¹

Exclusively for L.A. County
Law Enforcement!

When you become an LAPFCU member and open a checking account with certain minimum requirements, we'll give you \$150¹!

Plus, at LAPFCU you get FREE online and mobile banking², up to \$25 monthly in checking account ATM rebates³, and much more!

LAPFCU isn't a bank; it's part of the L.A. law enforcement family. Join today!

877-MY-LAPFCU (877-695-2732) | lapfcu.org



¹\$150 incentive only available for new qualifying members in membership charter. Membership charter includes active and retired, sworn and civilian employees who work within the local police protection industry in Los Angeles County and their immediate families. Immediate family is defined as: spouse, domestic partner, child, sibling, parent, grandparent, grandchild, step child, step parent, step-sibling, adopted child, legal guardianship; Domestic partnership eligibility is limited to a member's domestic partner, as defined in LAPFCU's Affidavit of Domestic Partnership; legal guardianship is defined by a court order. Member must be 18 years or older. Member must open an LAPFCU checking account with a minimum monthly Direct Deposit or ACH Credit of \$250 and sign up for e-Statements and e-Dislosures, before the end of six months from membership opening, in order to receive \$150. The \$150 deposit will be made to his or her S1 Share Savings Account within 60 days once the six month period has ended. The \$150 bonus is considered dividends and will be reported on IRS Form 1099-DIV. Restrictions apply; ask for details. ²Standard text message or data usage charges may apply. Check with your mobile service carrier for details. ³Member must complete Performance Checking requirements to earn \$25 in ATM reimbursement. Requirements for benefits include 10 debit card transactions, monthly Direct Deposit or ACH Credit/Debit (no min.), log into Online Banking monthly and receive e-Statements and have a valid e-mail address. Restrictions apply; ask for complete details. 0316-10

ASI American
Share
Insurance
Your deposits are privately insured
up to an additional \$250,000.



Car Buying Made Easy with POPA FCU



Our Complimentary In-House Car Buying Service.



Rates as low as **1.24% APR*** New, Used, or Refinanced
Apply Online or by Phone 24/7 • www.popafcu.org • 562.229.9181

Instant Decisions Today!

*APR=Annual Percentage Rate. The rates shown reflect a Relationship Pricing discount of 0.50% for members with a POPA FCU direct deposit of at least \$250, or an automatic payment set-up for a loan and an additional 0.25% discount for eStatement enrollment and having a POPA Credit Card. The APR is the Advertised rate and can vary based on credit worthiness, age of vehicle, and terms of loan. Some restrictions may apply. Financing up to 125% of the vehicle is available. Rates and terms are subject to change without notice. Offer applies to New, Used, or Refinanced vehicles only. Offer cannot be used to refinance existing POPA FCU auto loans. Offer does not apply to Recreational Vehicles. Model years 2015-2016 with less than 7,500 miles are considered new. The advertised rate is for a loan term of up to 60 months. Longer terms are available (up to 84 months) at higher rates. Payment example: For every \$1,000 borrowed for a term of 60 months with a 1.99% APR, the monthly payment will be \$17.53.



What Can Your Home's Equity Do For You?

Home equity is defined as the value of your home minus the amount of liens against it.

For example: Your home is valued at \$500,000 and you owe a total of \$350,000 against it. Your equity equals \$150,000.

You do not need a specific reason to pull money out of your home. You can instantly convert the equity of your home into cash simply by completing a cash out refinance. This process takes 30 days.



Gregg Knight
Retired HBPD, Mortgage Professional
NMLS# 326032, BRE#01239131

*Dedicated to serving
law enforcement and
their families since 1998.*

The top 6 reasons people complete a cash out refinance are:

1. Instantly eliminate credit card debt
2. Home Improvements
3. Pay off student loans
4. Vacation
5. Down payment on a 2nd home or investment property
6. Elderly care

99% of our clients complete their cash out refinances paying **ZERO** closing costs.

Call us today to find out if you qualify for a **cost-free cash out refinance**, while interest rates are still low.

Yours to Count on,


Gregg Knight
Heroes Financial



Mortgage loans and brokerage services offered through United American Mortgage Corp., 19782 MacArthur Blvd., suite 250, Irvine, CA 92612. Licensed by the CA Bureau of Real Estate #01154798 and NMLS #1942.



BACHELOR OF APPLIED ARTS IN URBAN COMMUNITIES AND JUSTICE

WHY CHOOSE ANTIOCH UNIVERSITY LOS ANGELES TO COMPLETE YOUR BACHELOR'S DEGREE?

PERSONAL ATTENTION

Our small class size and academic advising model allow us to get to know you as an individual and help you plan your degree and career path.

FLEXIBLE SCHEDULING

You can create a schedule that fits your lifestyle because we offer morning, afternoon, evening and weekend classes, as well as various non-classroom learning options.

ZERO WAITING TIME

You may enroll for any of our four quarters throughout the year, and receive a fast response from our Admissions and Registrar offices.

CLASS AVAILABILITY

Because of our unique combination of quarterly offerings and multiple flexible learning options, you will never have to delay your graduation due to difficulty in class availability.

You can earn credit for your prior learning from work and life experience.

For more information visit:
AntiochLA.edu/UCJ

AntiochLA.edu
1-800-726-8462
400 Corporate Pointe
Culver City, CA 90230
admissions.aula@antioch.edu
AntiochLA.edu/admissions
@AntiochLA
/AntiochUniversityLA

PROFORCE LAW ENFORCEMENT

Firearms and Tactical Equipment for Law Enforcement Professionals

**Celebrating Glock for the whole month of October
Visit our store in Brea!**



October 1-31 Mon-Sat 9am-6pm

FACTORY AUTHORIZED DISTRIBUTOR



\$398²⁰
CALIFORNIA APPROVED!

We sell to Law Enforcement/Military Professionals both active and retired, Security Personnel, Medical First Responders and Fire Professionals. Credentials are required to enter our store. (Professional ID, Badge etc.)

Now stocking select BLACKHAWK Clothing

Pursuit Shorts

These shorts provides maximum movement with fit and functionality. It features durable ripstop fabric that is coated with a Teflon capable of repelling oil, water and stains.

Many Sizes Available.

Pursuit Shirt

A short sleeve shirt that combines durability and breathability with strength and style. The ripstop fabric is coated with weather-resistant Teflon capable of repelling oil, water and stains while resisting tears and cuts.

TS02SEX1

BLACKHAWK!

COME AND SEE OUR ENTIRE BLACKHAWK CLOTHING LINE UP TODAY!

9MM SR1911 Commander

Original 1911 Series 70 design. Positive barrel lock-up. Lightweight aluminum skeletonized trigger and hammer. High-visibility 3-dot sights.

RUGER



\$769⁹⁹

SALE ENDS 10/31/16

CA. Store: 655 Berry Street, Suite H. Brea, CA 92821. Tel: 714-257-9095.

Support Center: 3009 North Highway 89 Prescott, AZ 86301. Tel: 928-776-7192

CA. Store Hours: Mon-Sat 9am-6pm. sales@proforceonline.com www.proforceonline.com

Advertise in Star News!

Call Today!

(818) 848-6397

911 MEDIA

STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

www.911MEDIA.com

911MEDIA® is a division of Trade News International, Inc. **TNI**

A Family Tradition
of Enhancing Smiles

David Alpan DDS, MSD, Ltd



213 382 8228

310 888 0066

2424 W 3rd St.
Los Angeles
CA 90057

250 N. Robertson
Blvd #411, Beverly Hills
CA 90211

Free Consultation & Sheriff's 20% off

www.aeortho.com



BaidaJewelry.com
THE Original Jeweler to Law Enforcement

Up to 70% off retail price for
L.A. Sheriff's Deputies, Active & Retired



International Jewelry Center
550 South Hill st. Suite 830
Los Angeles, CA 90013
(213) 623-4087 (213) 623-3780
www.baidajewelry.com

100% NATURAL non-enhanced
& non-treated diamonds

U.S. Certified Diamonds only!

Lifetime Upgrade policy

A portion of all sales revenue is donated to law
enforcement agencies and the community

Diamond Importers Jewelry Manufacturers Custom Designers



CODE4
REAL ESTATE RESOURCES

Buying • Selling • Refinancing

On almost every real estate transaction, you will pay....

AGENT COMMISSION, LENDER FEES, TITLE FEES, ESCROW FEES etc...

Did you know you can choose each company and negotiate your fees?

Remember it's YOUR money! YOU have the choice on EVERYTHING!

DON'T GET RIPPED OFF !



SHARON MAISTER

949.375.3229

SHARON@CODE4REALESTATE.COM



KEITH MELANSON (SWORN)

949.355.4579

KEITH@CODE4REALESTATE.COM

WWW.CODE4REALESTATE.COM

LASIK



IMPROVE YOUR VISION
IMPROVE YOUR LIFE!

Sheriff's Care Package CALL NOW!

Free Consultations • Financing Available

AMERISIGHT INSTITUTE

VALLEY EYE CENTER
SURGICAL • MEDICAL GROUP

14914 Sherman Way • Van Nuys, California 91405

888-999-4202



Sue & Ferris Designs, Inc.

550 S. Hill Street, Suite 543 • Los Angeles, CA 90013
Ph. (213) 614-9500 • Fax (213) 614-9700



Specializing In

Custom Orders, Engagement Rings
Wedding Bands, Anniversary Rings
Bracelets, Pendants, Earrings

Advertise in Star News!

Call Today!

(818) 848-6397

911MEDIA

STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

www.911MEDIA.com

911MEDIA* is a division of Trade News International, Inc. **TNI**



**ONE BADGE.
UNLIMITED POSSIBILITIES.**



**NOW HIRING
DEPUTY SHERIFF TRAINEE**

Join the LA County Sheriff's Department and *find a career with purpose*. From the desert, to the sea, to the mountains, LASD is the go-to law enforcement agency for 130 unincorporated communities, 42 cities, County Parks, major hospitals, courts and the Metropolitan trains and buses.

DEPUTY SHERIFF TRAINEE

Requirements:

- * 19 1/2 Years of age (Minimum age; no max age)
- * U.S. High School Diploma or equivalent
- * Valid California Class "C" Driver License
- * U.S. Citizen or permanent resident who is eligible and has applied for citizenship
- * Good general physical fitness

1-800-A-DEPUTY
www.LASDcareers.org



Follow us on social media under [joinLASD](#)

AUTOMOTIVE DIRECTORY

October 2016

**Camino Real
Chevrolet**
(323) 264-3050

**Chevrolet of
Montebello
Ed Engle**
(714) 814-0256

**Central Ford
Robert Recio**
(909) 262-9622

**Connell Chevrolet
Eddie Cuadra
Joey Cuadra
Andy McNally**
(866) 511-3917

**Galpin Motors
Terry Miller**
(818) 787-3800
(800) GO-GALPIN

**Glendora Chevrolet
1959 Auto Centre Dr
Glendora, CA 91740
Mike Roach**
(855) 395-4655

**Hamer Toyota
Steve Denson**
(855) 592-7097

**Hunter Dodge
Bill Czirr**
(661) 810-7725

**McPeck's Dodge
of Anaheim**
Kevin Buzzard
(714) 254-2613
Tyler Wood
(530) 329-6171

**Norm Reeves Honda
Louis Mesquita**
(626) 756-3846
(909) 228-9916

**Penske Toyota
Shane Burson
Linh Lam**
(562) 904-5686

**Puente Hills Toyota
Mike Luna**
(562) 754-1549
Greg Kern
(909) 395-6764

**Simi Valley Chevrolet
1001 Cochran St
Simi Valley, CA 93065
Michael Rocha**
(805) 426-5870

**Toyota of Glendora
Lowell Hornung**
(800) 986-9682 x220
(909) 305-2000

OUR AUTO LOANS CAN KEEP YOU MOVING

WITH EXTRA PROTECTION
FOR YOUR CAR & LOAN

**AUTO LOANS
AS LOW AS
1.60% APR***
For Up To 36 months
Longer Terms Available



Get GAP Advantage
with PowerBuy™
and Major Mechanical
Protection

ENSURE YOUR VEHICLE IS FULLY PROTECTED

If your vehicle suffers a total loss or theft, GAP Advantage with PowerBuy can pay up to the remaining balance of your auto loan after an insurance payout and provide you with additional funds to finance your next vehicle with us.

KEEP REPAIRS FROM GETTING OUT OF CONTROL

Major Mechanical Protection (MMP) can help protect you from inevitable vehicle repairs—many of which are expensive and unexpected. It can help you keep your vehicle as long as possible—getting the most out of your mileage.

Get a low rate auto loan and protect it with the great value of GAP with PowerBuy and MMP

*Annual Percentage Rate. Auto loan payment estimates on a \$50,000, 84-month loan with a 3.25% APR = \$667; on a \$15,000, 36-month loan with a 1.60% APR = \$428. eGreen and Advantage Checking Account loan rate discounts do not apply with these promotional rates. Minimum \$15,000 loan required on terms longer than 60 months. Certain model year restrictions may apply, please contact First City for clarification. Rate increase of .25% for vehicle mileage of 100,000 or more. Refinance offer not available on existing First City loans. Cannot be combined with other promotional offers. Rates and programs subject to change. Other conditions may apply.



Join Today!





CONTACT: ROBERT RECIO (909) 262-9622
CENTRAL FORD: (562) 927-7888 X126



WE APPRECIATE WHAT YOU DO!!

**FLEET PRICING FOR ALL
OFFICERS AND THEIR FAMILIES**

Long Beach Fwy... Firestone Exit... South Gate

TOYOTA



of Glendora

1949 Auto Centre Dr., Glendora, CA 91740

Call **Lowell Hornung**

Fleet & Leasing Manager For Special Fleet Prices

(909) 305-2000 Fax (909) 305-2030

E-mail: lowell@toyotaofglendora.com



PENSKE



for **FLEET PRICES**

call: Linh Lam or Shane Burson

562-904-5686

llam@socalpenske.com

www.pensketoyotadowney.com

Fax 562-861-0360

Major Discounts to all LASD
members and their families

Large Used Car Selection • Top Dollar for Trade-Ins

**PENSKE
TOYOTA**



9136 E. Firestone Blvd. Downey

NORM REEVES HONDA SUPERSTORE WEST COVINA



- Seven acres of cars, trucks and SUVs
- Thirty full-service bays
- Four express bays to get you in and out fast

- WiFi & Big Screen TVs
- 10% off all Genuine Honda Accessories
- 10,000 square foot Parts Department

Appreciation Discount For All Sheriffs Personnel And Family Members



- College Graduate Programs
- Hassle Free Buying
- All Credit Unions Accepted
- No Credit or Bad Credit? Ask About Our First Time Buyer Program

- Serving the Community for Over 34 Years
- Special APR Programs On Select Models
- Lease To Own Programs

- Price Protection Guarantee: If you can find the same new Honda for less within 5 days, Norm Reeves will pay you the difference or buy your vehicle back.



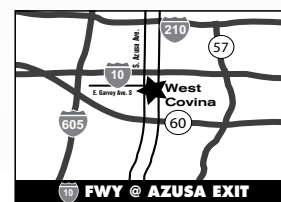
Please Contact:
Louis Mesquita

Fleet Sales & Leasing Manager
Serving the Community For Over 34 Years

Direct Line: 626.756.3846
Cell: 909.228.9916

lmesquita@normreeveswc.com
normreeveswc.com

**NORM REEVES
HONDA
SUPERSTORE™**
West Covina



1840 East Garvey Ave. South • West Covina, CA 91791



**MCPEEK'S DODGE
PROUDLY SUPPORTS
THE LOS ANGELES COUNTY
SHERIFF DEPARTMENT
AND THEIR FAMILIES**

**CALL FOR
SPECIAL PEACE
OFFICER PRICING**

714.635.2340

ASK FOR PHIL OR TYLER

**PHIL.COLUMN@MCPEEKDODGE.COM
TYLER.WOOD@MCPEEKDODGE.COM**

CLOSER TO THE SAN GABRIEL VALLEY?

Visit us at **GLENDORA CHEVROLET**

Ask for Mike Roach

**Call (909) 394-9899
Text (626) 818-8567**

1959 Auto Centre Dr | Glendora, CA 91740

CALL FOR STAR NEWS SPECIALS  *WE SPECIALS | CALL FOR STAR NEWS*

Visit us at **SIMI VALLEY CHEVROLET**

Ask for Michael Rocha

**Call (805) 527-2372
Text (626) 691-8332**

1001 Cochran St | Simi Valley, CA 93065

CLOSER TO VENTURA COUNTY?

PEACE OFFICER DISCOUNTS



Puente Hills Toyota



Mike Luna
(562) 754-1549

17070 E Gale Ave

City of Industry, CA 91745

Greg Kern
(909) 395-6764



HAMER
TOYOTA
(WE HEAR YOU)



To thank those who protect and serve our communities, Hamer Toyota offers special VIP pricing to all Law Enforcement Officers and their families.



Ask for
Steve Denson
11041 Sepulveda Blvd.
Mission Hills, Ca. 91344
855-592-7097
steve@hamertoyota.com



CONNELL CHEVROLET  CHEVROLET

★ **SPECIAL PRICING** ★
TO ALL LAW ENFORCEMENT AND THEIR FAMILIES



FLEET MANAGERS
Eddie Cuadra • Joey Cuadra • Andy McNally

WE WILL BUY YOUR CAR PAID FOR OR NOT **(866) 511-3917**
2828 HARBOR BLVD. COSTA MESA
FINDNEWROADS® **www.connellchevy.com**

Advertise in Star News!

Call Today! (818) 848-6397

911MEDIA 
STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION
www.911MEDIA.com

911MEDIA* is a division of Trade News International, Inc. **TNI**

 **CHEVROLET of MONTEBELLO**

SPECIAL PRICING!



 **FINDNEWROADS**

FOR LAW ENFORCEMENT AND THEIR FAMILIES

COME IN AND RECEIVE SPECIAL DISCOUNTS AND PRICING
310 W. WHITTIER BLVD, MONTEBELLO • (866) 572-7532 • WWW.CHEVROLETOFMONTEBELLO.COM

 Ed Engle
 Benjamin Juarez
 Kevin Rivas
 Warner Fowlkes

★ **No. 1 RAM TRUCK DEALER**
IN LOS ANGELES COUNTY
Year to date as reported by Chrysler FCA

★ **RAM**
OF THE WEST



Lancaster, CA

Special Deals
for
LA County
Sheriff Dept.



NEW 2016 RAM

For Special Pricing www.Ram of the West.com
Fleet Mgr. Bill Czirr 661-810-7725 fleet@HunterDodge.com

FIND NEW ROADS™

CAMINO REAL



*** GM SUPPLIER PRICING FOR ALL LAW
ENFORCEMENT AND THEIR FAMILIES.**



INTERNET DEPARTMENT

SARA MCKINNEY, JONATHON CERON,
MIKEY HERNANDEZ, MARCI ADASHIAN,
& MAX FERNANDEZ

CONTACT US

2401 S. ATLANTIC BLVD.
MONTEREY PARK, CA 91754
(323) 264 - 3050



GALPIN



800.GO.GALPIN • www.GALPIN.com

The #1 Volume Ford Dealer in the world for 26 consecutive years!

Galpin Motors is Proud to Serve Those Who Serve Us!

We are pleased to offer
SPECIAL VIP PRICING & INCENTIVES
to Our Law Enforcement Officers (including retired),
Civilian Personnel and Family Members.

Ford

818.787.3800

15505 Roscoe Blvd.,
North Hills, CA 91343

Terry Miller,
General Sales Manager

Aston Martin • Jaguar Lotus • Volvo • Lincoln

818.894.3800

15500 Roscoe Blvd.,
Van Nuys, CA 91406
Mike Schwartz, General Manager

Mazda

818.742.3800

15430 Roscoe Blvd.,
Van Nuys, CA 91406
David Gillum, Jr.,
General Manager

Galpin Certified Used

818.778.2010

15445 Roscoe Blvd.,
Van Nuys, CA 91343
Al Joseph, General Manager

Galpin Honda

818.837.6100

11151 Laurel Canyon Blvd.,
Mission Hills, CA 91340
Ed Hartoonian, General Manager

Galpin Volkswagen

818.895.3800

15421 Roscoe Blvd.,
North Hills, CA 91343
Tim Mendenhall,
General Manager

Galpin Santa Clarita

Mazda • Subaru

661.255.7703

23645 Creekside Rd.,
Santa Clarita, CA 91355
Daniel Sterkel, General Manager