



Star News

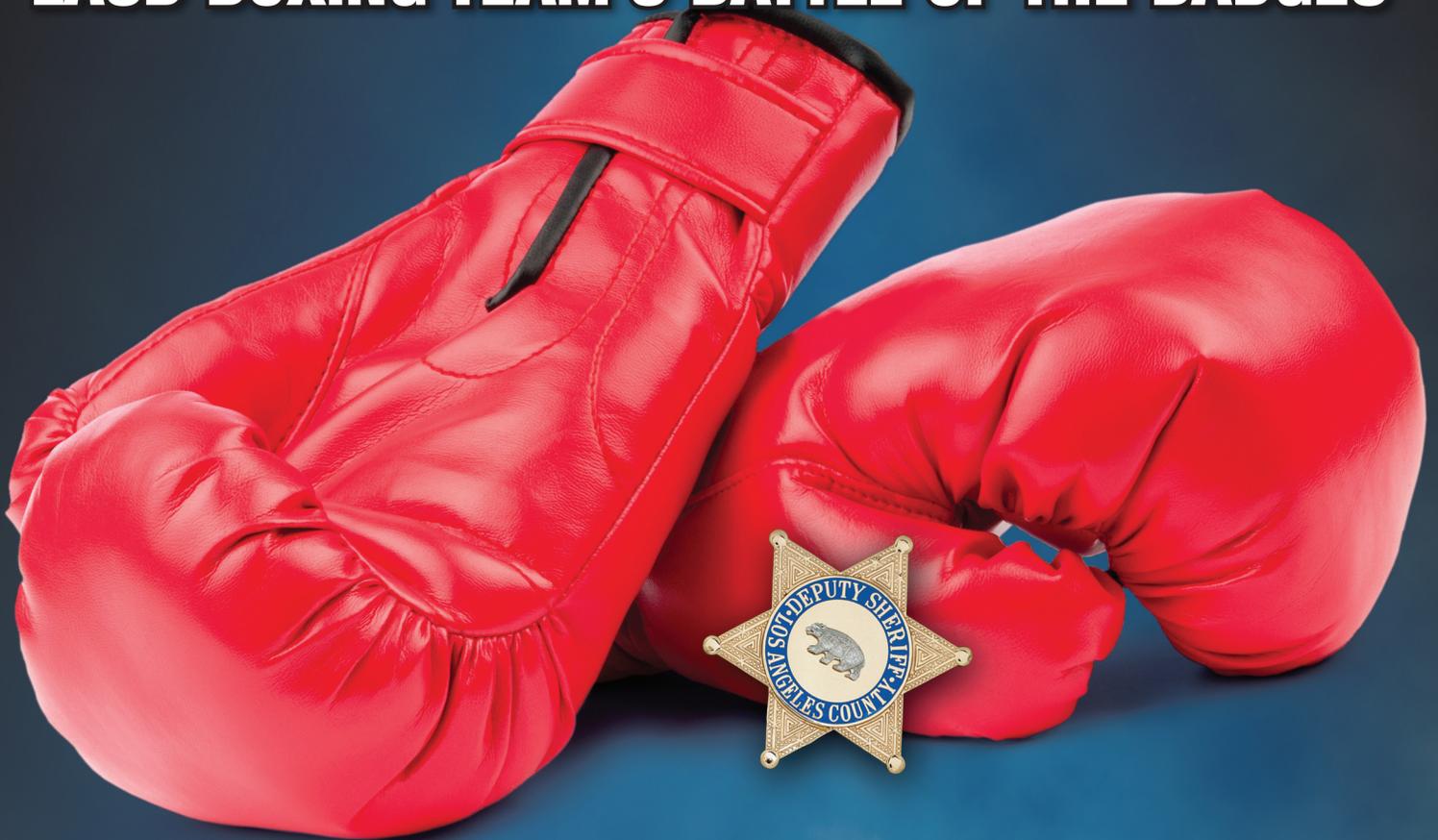
Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.

VOL. 75 NO. 5

SEPTEMBER 2014

FIGHTING FOR A CAUSE

LASD BOXING TEAM'S BATTLE OF THE BADGES



SEE PAGE 8

Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Thursday, July 10, 2014, at 11515 Colima Road, Whittier. The following officers and trustees were present: John McBride, Vice President; Josie Woolum, Secretary-Treasurer; Trustees Kerry Carter, Joseph Fennell, J.P. Harris, Jake Katz, Richard Maradiaga, Raymond Peavy and Ralph Webb; Robert Ciulik, General Manager; and Carrol Leonard, Assistant General Manager.

The meeting was called to order. A motion was made by Trustee Maradiaga, seconded by Trustee Webb and unanimously carried, to approve the minutes of the June 12, 2014, meeting and the May Foundation expenditures.

COMMUNICATIONS

General Manager Robert Ciulik reported that communications were received from the following during the month of June:

From Mary Lacey to Carrol Leonard, "You made many Sheriff volunteers very happy. Our 18th anniversary was a big success thanks to your efforts. The teddy bears were a big hit. We had enough

flashlights and stars for everyone. Remember if you need any volunteers to help you for your future events we are very close and willing. Thank you, thank you!"

From Joe Monarrez to Bob Bouffard, "Thank you for your help."

From Timmie Phillips to Bob Bouffard, "I received your letter today and I remember speaking with you how sincere and kind your voice sounded, each person who has to say the words ... I lost a loved one is very unpleasant, just as you stated, but speaking with you somehow seems to make the process less painful. I would like to thank you for the prompt attention, and I am really happy that my mom believed in the Sheriffs' Relief Association. Thank you again and continue to do an amazing job with the clients you deal with, we appreciate you."

From Gloria Martinez to Bob Bouffard, "On behalf of my family and myself, I would like to thank you and the Sheriffs' Relief Association for the Standing Star Spray flower arrangement as well as your support for our family during this difficult time. Again, thank you very much."

From the Retirees Reunion at McArthur to

Andy Thompson and SRA, "We would like to thank you and the Sheriffs' Relief Association for the continued support of the annual Retirees Reunion held at McArthur, California. Your financial support and the donation of promotional items distributed to the attendees has helped once again to make this event a great success. This was our 34th year for this event and we hope to have many more. Once again our sincere and heartfelt thanks for your support in this event and all the other support you provide for the current and retired members of the Sheriff's Department."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING JUNE: \$62,500

MORTUARY BENEFITS PAID YEAR TO DATE: \$408,000

LAWS AND LEGISLATIVE REPORT

By-Laws will be reviewed to ensure that they are up to date.

continued on page 4



Retired Deputies

By Chickee Nelson and Don Fandry

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: Chickee1@netzero.com or Djfandry@att.net

September 1 is Labor Day. On the 11th, it is Patriot Day. On the 19th, it is POW/MIA Recognition Day. Autumn begins on the 23rd. Rosh Hashanah is on the 24th.

On July 2, the Hi-Desert Retirees got together at *Carrows Restaurant* in Hesperia at 11 a.m. Those attending were Ed and Shirley Sznaper, Beth Combs and Aaron Shivers. Shirley wanted to know where everyone was. Did everyone go on vacation? Aaron enjoyed the small gathering. He thought it was great. Come join us on the first Wednesday of the month at 11 a.m. Everyone is welcome!

On July 2, the Southern Oregon Retired LE/Fire Luncheon was held at the Grants Pass Golf Club. It was a barbecue, and seating was outside on the deck. We were served hamburgers, hot dogs, chicken, salads and fresh fruit. Attending

for LASD were Paul and Tammy Allgood, Dale and Dee Yellin, Bill and Jeannie Patterson, and Bob Havercroft. Attendance was small. Even I, Sue Maxwell, did not attend. (I have a good excuse!) Low attendance might have had something to do with Mike, retired LAPD, who took over the notifications. His computer had a glitch and he had a brain failure. The notification said Wednesday, July 4. Then his computer continued to send out another 81 emails of the same thing to everyone. LOL. He never did retract the July 4 date, so my guess is that on July 4 some of the group showed up at the Golf Club! Or else everyone who normally shows up was out of town! Rumor has it that the August luncheon will be back at the Golf Club again. We'll see.... I do want to thank Jeannie Patterson for her willingness to

step up and make note of all those LASD folks attending. I know it was a chore fraught with a persistent diligence of correctness and accountability to get all seven names on a list for me. For information and/or directions to the first Wednesday of the month luncheon, please email Sue at Jellybeansbobo@aol.com.

On July 2, the Marshal's Old Timers held their monthly luncheon at the *Beachwood Brewery* in Long Beach. The turnout was unusually low, maybe because it is difficult to locate and parking was bad, or because they have BBQ and the 4th was so close. John said he may cancel this location and is looking for suggestions to replace it. Anytime we can get together at our age is always

continued on page 4



Star News

The official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.

Vol. 75 No. 5 September 2014

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California Inc.; STARS Center, 11515 Colima Rd., Bldg. B, Whittier, CA 90604. Phone: (562) 946-7081 or toll-free (800) 544-4772. Fax: (562) 946-5302.

COPY DEADLINE: 1st of the month for the following month. Send copy to: starnews@lasd.org or carrolleonard@sheriffsrelief.org.

OFFICERS

Chairman of the Board..... John L. Scott
President..... Andy Thompson
Vice President John McBride
Secretary-Treasurer Josie Woolum

TRUSTEES

Kerry Carter, Joseph Fennell, J.P. Harris, Jake Katz, Rich Maradiaga, Bill McSweeney, Ray Peavy, Liza Vera and Ralph Webb

General ManagerRobert Ciulik
Asst. General ManagerCarrol Leonard

For Advertising call
(818) 848-6397



911 MEDIA® is a division of Trade News International, Inc.



Table of Contents

Units

- Community College Bureau5
- Sheriff's Youth Foundation6
- Norwalk Station7
- Cerritos Station10
- Lakewood Station11
- Century Regional Detention Facility12
- Malibu/Lost Hills Station13
- Parks Bureau14
- Peer Support Program15
- Santa Clarita Valley Station16
- West Hollywood Station17
- From the Docs18
- The Chaplain's Notebook19
- Temple Station20
- Inmate Services Bureau22
- Peace Officer's Fellowship24

Features

- 2014 Battle of the Badges Boxing Tournament 8
- Retired Marshals Lunches 19
- July 2014 Retirements 21
- In Memoriam 23
- Sheriffs' Relief Discount Tickets 27

MEMBERSHIP REPORT

A total of 51 new membership applications were received during the month of July. A motion is required to accept these new applications. A motion was made by Trustee Carter, seconded by Trustee Woolum and unanimously approved by the Board of Trustees, to accept the following new members: Johnny A. Agustin, A. Altamirano Gutierrez, Matthew B. Arnold, Christina L. Arnott, Uvaldo Arriaga, Jason M. Bateman, Tajinder K. Bhamrah, C. Bolainez Aparicio, Rudolfo V.B. Brilantes, Marck Carbonell, Belen E. Castillo, Bryan J. Castro, Kevin W. Cater, Robert A. Crisafulli, Sannie N. Dy-Ragos, Alma D. Flores, Rubik Golaziz,

Desiree G. Gonzalez, Dirk Grzelkowska, Derek E. Hernandez, Joshua I. Hernandez, Catherine Ho, Cesar F. Jacobo, Berenice Jimenez, Paul D. Johnston, Ronald J. Justiniani, Dane P. Loomis, Jeffrey R. Lovell, Laura E. Matrecito, Green W. Moore, Ryan A. Nazaroff, James R. O Quinn, Erik A. Pena, Roy A. Perez, William G. Reid, Ana C. Romero Rodriguez, Steve Saldana, Jose L. Sanchez Jr., Ryne A. Smith, Linda L. Spicer, Melissa S. Stiles, Steven F. Tarin, Amanda Torres-Martinez, Dylan L. Tumser, Charlie S. Upchurch IV, Yvette M. Vega, Myla Gracia S. Viray, Edmund Wang, Kristine K. Warren, David Y. Yoo and Lorie Youngberg.

We had 1 death of an active member, 6 deaths of

retired members, 11 cancellations of active memberships, no cancellations of retired membership, 2 new honorary associate members and 7 deaths of honorary associate members.

There were 8 members who resigned, no discharges and no transfers from the Department during the month of June.

ADJOURNMENT

A motion was made by Trustee Maradiaga, seconded by Trustee Woolum and unanimously carried, to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc. ☆

Retired Deputies *continued from page 2*

good, regardless of the numbers. At any rate, those who showed up enjoyed themselves and included John Davis, Al Blomker, Terry Black, Cliff Hartfield, Al Barnett and Ken Swann.

On July 2, the Desert Heat Retirees got together at the Elks Lodge in Lake Havasu, Arizona. Here is a list of the luncheon attendees: Ed Ryan, Bob Stoneman, Jerry Gillen, Jerry Sanford, Doug Muchmore, George Wilson, Jim Slay, Steve Logan, Nash Reyes, George Bachmeier, Mike Castorina, Leseah Clarke, first-timers Richard and Ruth Byrd, and Shirley Hiler. Stop by the first Wednesday of the month and join us at the Elks Lodge in Lake Havasu City. Thanks, Jerry Gillen.

On July 12, the Las Vegas ROMEOs (Retired Old Men Eating Out) had their quarterly luncheon at the *Main Street Buffet*. Those in attendance at this luncheon were Betty McMaryion (LAPD), Norman Nelson Jr. (Compton P.D.), Norida "Chickee" Nelson (LASD), Norman Nelson III (UPS), Charlotte McKinney (LASD), Ronald McKinney (LAPD), Mary Seaton (LASD), "Jack" Motto (LAPD), Michael Goins (CHP), Naomi Conaday (DPD), Sylvia Fort (LASD) and yours truly, Al Wiggs (LAPD).

On Monday, July 14, the ROMEOs enjoyed lunch at *Portillo's* in Buena Park. Attending were newbie Steve Kenney, Jerry Berry, Ron Morgon, Ed Dahlstrom, Ben Hilliard, Joel and Geri Johnsonbaugh, Leo Norton, Bill Snyder, Chris Beattie, George Boswell, Joe McDonald (EIEIO), Robert Pryor, Bob Ruegger, Peter Mack, Sandra Escandon, Bill Richardson, and apologies to those not mentioned, because Bill Richardson lost the list and he's relying on an ever-diminishing memory. It was a gloriously humid and warm day, and it was decided to eat on the patio and eschew the

delight of that modern invention, *air conditioning*. How we long for the usual dry and cool days of Autumn, Winter and Spring here in Southern California. Jerry Berry is busily restoring a Chevy (1980?) as an LASD radio car, and by all accounts it is looking as fine as frog fur, which photos bear out. It almost makes one yearn to find an old uniform that might stretch enough to fit into. Almost, that is. He'll be showing it off soon, so watch for it. September's at *The Whole Enchilada* in Yorba Linda. See you there.

On July 16, the Las Vegas Retirees got together at the *Blue Ox* on Sahara Boulevard at noon. Only nine of us attended: Chickee and Norman Nelson, Ruben Lopez, Ray Walker, Doris Gainer, Mary Seaton, Tony Silas, Jim Heslin and John Hooge. It was a small group, but we had a good time and enjoyed each other's company. That might be because no email message was sent out because Hershel Aron was out of the country on a riverboat cruise. Ray's doggies are going to "Just Like Home Doggie Condos" when they leave on their trip to Africa. Each room has a specific design for dogs. It only cost an arm and a leg, but they will get 24/7 special care! Tony is 84 years young and still growing! Our group meets once a month on the third Wednesday. If you are in town or around Las Vegas, just drop on in at the *Blue Ox* at noon.

On July 17, the Retired Deputies had their luncheon at the Glendale Elks Lodge. Those present were Richard Moak, Liz and Woody Polidore, Chickee and Norman Nelson, Don Fandry, Sylvia Knapp, Carol Engle, Gil Sherwood, Richard Smith, Dave Kading, Nick Berkuta, Art Garcia, Nancy and Floyd Johnson, and Glenn Marin. We had a nice meal and lots of conversations. They had a 50/50 drawing. There was a discussion

about the October luncheon, and it was decided that it would be canceled and the next luncheon will be January 15, 2015.

On July 22, the following retired folks attended the monthly Temple Station lunch at the *Pepper Tree Restaurant*: Dave Kading, Richard Rice, Steve Voors, Morgan Lewis, Dave Christie, Michael Nelson, Jim Solar, Linda and Mike Herek, Mike Valdez and grandson Jason, Mike O'Rourke, Tom Ewens, Roy Sylvies, Glenn Marin and Richard A. Smith Sr.

On Friday, July 25, the monthly Antelope Valley retirees' breakfast was held at *Carrows Restaurant* in Lancaster. Only eight of us turned out for the breakfast. It's the middle of the Summer and many retirees are on vacation, probably traveling to cooler climates or something. Conversations at breakfast were mostly directed at Department issues, political issues and a lot of reminiscing, which is always the best part. We may forget to do chores that our spouses asked us to do, we may even forget where we were heading for, but one thing we don't forget is the good times and camaraderie we had with our fellow deputies while we were working. Attending the breakfast were Vance Kirkpatrick, Dan Gilmore, Ron Oest, Jay Seibert, Ron Nybakken, Pat Hood and me, Carlos Valdez. The AV breakfasts are open to all retired members of the Sheriff's Department. One does not have to be retired from AV to attend the breakfast. We always welcome new retirees, regardless of the former units of assignment. For information regarding Antelope Valley retiree activities, please contact me at valdez5150@msn.com.

For your information, the officers for the

continued on page 6



By Lee Davis
Community College Bureau

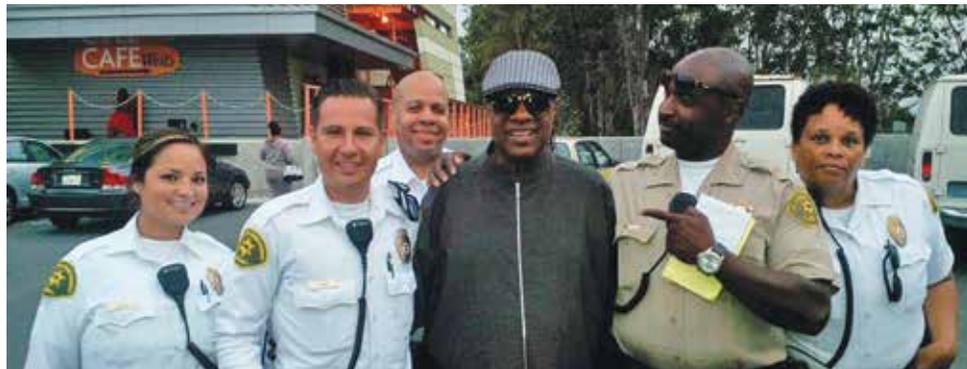
Greetings from the College Bureau.

WEST L.A. COLLEGE SHERIFF'S STATION

West L.A. College had a very special visitor recently. Staff members from the Sheriff's Station escorted the legendary vocalist and musician Mr. Stevie Wonder to his limo after the end of the school's recent graduation ceremony. He was more than happy to take a picture with the Sheriff's Department employees. If you know anything about music, then you know how monumental this photograph is. All I can say is he is the eighth Wonder of the world.

for the Bureau staff and was able to feed everyone. District employees and professional and sworn staff from across the Bureau worked together to make this event successful. Our services will be called upon next year to host this major event, which will be even bigger. Keep up the outstanding work that comes naturally to you.

challenging pursuit of greatness to become a Los Angeles County Sheriff's deputy. Congratulations to Deputies Melissa Parada and Brandon Sun. They successfully completed the grueling and arduous training program to become deputies. They both were Sheriff's security officers who were assigned to L.A. City College. Melissa worked at East L.A.



College as well. The best advice that I can give you is to never give up, because we are rooting for you.

BEREAVEMENT ANNOUNCEMENT

It is with great sadness that I have to report the loss of Security Officer Aaron Johnson's grandmother. Our sincere condolences go out to him and his family. May he find peace and comfort as he keeps her in his memory.

Community College Bureau, Countywide Services Division, over and out. ☆

West L.A. College hosted this year's Culver City Exchange Club Fourth of July Fireworks Show for the first time. The event was traditionally held at the campus of Culver City High School, but due to construction at the school, they were unable to accommodate. The fine young men and women of the West L.A. College Sheriff's Station were tasked with the security aspect of this event. With several weeks of planning with the college, Culver City officials and multiple law enforcement agencies, we were able to devise a comprehensive plan of action that kept thousands of patrons safe from beginning to end. I credit the smooth-flowing event to the "Tradition of Service" that the Sheriff's Department has instilled in us all. Our professionalism and work ethic was echoed several times among the event coordinators. No major incidents were reported. West L.A. College Sheriff's Station would like to thank everyone who sacrificed their time to assist in working various assignments that evening. Sergeant Michael Wolfe graciously catered the barbeque meal

KNOWLEDGE IS INFINITE

In today's climate, it is very important to stay abreast with current events. One of the ways to accomplish this is with training. We had the opportunity to be educated by Sergeant Muawiya "Mike" Abdeen on the subject of Islamic traditions and culture. He cleared up some misconceptions and also showed us what to look for on our campuses as it relates to suspicious activity and unusual behavior among students. It was a well-presented lecture with video footage to accompany it. We now have additional information that we can use to help notice certain behavioral changes on our campuses.

L.A. CITY COLLEGE

One of our very own Sheriff's security officers has transitioned on to become a deputy trainee and is currently in the Academy. Cynthia De Alba has worked hard to get to the next level of her career. We wish her all the best during the





By **A.J. Rotella**
 Sheriff's Youth Foundation

SYF CO-SPONSORS SUMMER CYBERCOP CHALLENGE FOR KIDS

At a press conference at the Century YAL center on May 23, L.A. County Sheriff John Scott and celebrity sponsor Jerry Mathers of *Leave It to Beaver* fame announced the Summer Cybercop Challenge for Kids, a new initiative organized by the LASD Detective Division's Fraud and Cyber Crimes Bureau and co-sponsored by the SYF to address the prolific and fast-growing threat of cybercrime.



Jerry Mathers and Sheriff Scott at the press conference in the Century YAL computer lab

Fraud and Cyber Crimes' Captain Shaun Mathers says the program was inspired by the incredible volume of often preventable, technology-enabled crime aimed at youth that his



Jerry Mathers and Captain Shaun Mathers display some coloring contest entries.

bureau investigates — from cyberbullying to sexual extortion and exploitation. “There is a real gap in thinking about these issues,” he explains. “Parents often do not understand the danger or the technology the kids are using. We decided to communicate directly with the kids and at the same time give them a fun and productive activity for their summer.”

The challenge offers three free age-based competitions for L.A. County youth. Children going into grades 1-6 can enter a coloring contest. At that level, says Captain Mathers, “We want them to simply understand there are computer bad guys out there — sort of a modern version of ‘stranger danger.’” Grades 7-9 are asked to write a 1,500-word essay about cyberbullying, to get them to contemplate the issue and develop skills and tools to protect themselves and their friends. Grades 10-12 are asked to produce a short video on cyberbullying. “We are hoping they will not only have learned how to prevent it,” says Captain Mathers, “but also that ultimately we can share those videos with others and they can gain from that knowledge.” After the September 1 submission deadline, the top three entries in

each category and their respective schools will be awarded valuable prizes.

The challenge is being promoted directly to schools, camps, parks, government organizations and community groups, as well as on Twitter, Nixle and Facebook.

“The Century YAL and the SYF were natural partners for this effort,” says Captain Mathers. “We are hoping that every kid in Los Angeles County hears about the program, and we are preparing to receive thousands of entries.”

While the challenge's main purpose is to educate young people, Captain Mathers says it's already teaching lessons to its organizers. “We have learned how inadequate parents feel in trying to protect their kids in the virtual world. We are realizing that this particular program is probably just a first step and how much more work there is to do in this area. What has started as a challenge for the kids is really turning into a challenge for us in law enforcement, as well as the community, to make the Internet a safer place.”

For more information, visit <http://lasd.co/cybercontest2014>. ☆



Commander Stephen Smith, Detective Division Chief William McSweeney, Captain Mathers, Jerry Mathers and Sheriff Scott

Retired Deputies *continued from page 4*

Retired Female Deputies are President Vicky J. McKown, Vice President Beth Dickinson, Secretary Irma Alvarez and Treasurer RoseMarie Johnson. Board members are Rosie Banuelos, Flo Barclay, Ellen Farwell, Sunny Garland, Eileen

Kelly, Marshae Kinney and Judy Preimsberger. Sunshine person is Beth, newsletter person is Irma, publicity person is Sunny, recruitment person is Vicky and photography person is Marshae.

Now I will bring this article to a close.

Remember, there will not be a luncheon in October for the Retired Deputies in Glendale. The next luncheon for the Retired Deputies will be January 15, 2015. Enjoy your fabulous retirement. We all have a good one. — Chickee and Don ☆



By Felipe Leal
Norwalk Station

Welcome back to another edition of More From Four. I hope everyone is staying cool in this humid, hot weather.

CAPER OF THE MONTH

May: Training Officer Walter Arcos and his partner, Victor Rodriguez, attempted to detain a bicyclist for a traffic violation when the suspect jumped off the bike and fled. As the suspect fled, he fell to the ground and tossed a .45-caliber handgun. They exercised quick restraint, detained him at gunpoint, and took him into custody without further incident. During the search of the suspect's person, heroin was recovered from his sock. The suspect is a local gang member and was charged with being a gang member in possession of a controlled substance while armed with a firearm.

June: Fresh-off-training Deputy Alan Hernandez was working early mornings, and being the proactive guy he is, he pulled over a vehicle for traffic violations that was occupied by three male adults. He soon learned the driver was unlicensed, one passenger had a warrant and the other was on probation. He detained the individuals and subsequently searched the vehicle. Inside the vehicle there were three replica handguns that had the orange tips painted black, masks and miscellaneous property that led Alan to believe the suspects either robbed someone or burglarized a residence. He arrested them for reasonable cause robbery. The next day, a detective found the owner of the items, who was a victim from the La Palma Police Department's jurisdiction. Great job, Alan! Way to stay hungry.

TRAFFIC

In the last few months, our traffic force lost several years of experience to transfers and retirement. Traffic investigator Jeff Tibbetts retired after a few decades at Norwalk Station. Gerald Walker retired as a motor deputy after a long career as a motor. Finally, former *Star News* author Christine Ostrander promoted to Traffic Services Division

as an investigator. Thank you for your contributions over the years to the station.

CUSTODY ASSISTANT OF THE YEAR

This past December, at our annual holiday party, Brad Wendlandt, aka the new kid, won the Custody Assistant of the Year award. He's a hard worker and has a smile on his face every time I see him, so it was well deserved. But I think the award might be going to his head, as evidenced by the attached pictures. Brad, you have to park with the rest of the common folk, even if you got a special award.



ANGELS GAME

Thank you to Walt Arcos for organizing a Station outing to watch the Los Angeles Angels of Anaheim play ball. As you can see from the pictures, it was a good turnout and we got recognition on the scoreboard.



TRANSFERS

My apologies to the personnel who have come and gone in the last few months that weren't mentioned in our article. To those who left, good luck and we'll see you around. Welcome to those who are new here. To those on training, work hard, have a positive attitude and the time will fly by. The most recent transfers include Tara Sookying, who promoted to sergeant at Walnut. Tara, you are always welcome back, so long as you bring some of the goodies you bake. Deputy Claudia Castro left us for COPS. Claudia's most recent assignment was on the La Mirada SAO Team, and she was known to be a hard worker. Javier Lopez and Darryl Ness leave us for Court Services Bureau. Good luck to you guys. Welcome to Sergeant Jaime Alvarez from our sister station, Pico Rivera. Hope you get used to the bigger station with an actual parking lot, sir.

Until next time, stay safe and, when faced with adversity, *never give up!* ☆

2014 BATTLE OF THE BADGES BOXING TOURNAMENT

By Mike Young, LASD Boxing Team Coach

Aloha, fight fans and LASD boxing enthusiasts!

The Los Angeles Sheriff's boxing team is holding its annual Battle of the Badges tournament at the Quiet Cannon in Montebello on September 26, 2014, at 7 p.m. This is where our LASD boxing team will challenge any police or fire agency to showcase our excellent boxing team. The monies raised in this event go to several different charitable organizations that our boxing team has been involved with for over 25 years. Some of these charities include the USMC Devil Pups program, the Sheriff's YAL boxing, the Survivors and Dependents Fund, the Special Victims Bureau fund for abused children, City of Hope for cancer research and the LASD boxing team.

Three of the main events will feature Brian "The Gentleman" Stevens of LASD Court Services versus Trevon "T Bomb" from the Orange County Sheriff's Department, Matthew "The Palmdale Kid" Periedia of LASD Palmdale Station versus LAPD's "Leo" Vasquez, and a dynamite heavy-weight showdown between LASD's Mike "I Will Amaze Ya" Frazier of Carson Station versus Bert "The Beast" Casteneda from LAPD. In all three of these matches, the boxers will be fighting for the United Combat Association championship belt. The UCA is a law enforcement boxing organization that ranks all of the top law enforcement/fire/military boxers in California according to their skill level, including many of our LASD boxers; see <http://unitedcombatassociation.com> for more information.

Also scheduled on the card is LASD's Brandon "The Pit Bull" Manning of MCJ versus Conner "The Stud" Bauman of the L.A. County Fire Department's Pomona Station #183, LASD's Astreberto "The Pro" Gonzalez of Court Services versus Ricky "El Bombero" Stewart of Big Bear Fire Department, LASD's Roger "Industrial Strength" Garcia from

Industry Station versus Craig "Ramblin" Hamblin from CDCR, LASD's Larry "Dynamite" Cervantes from Twin Towers versus Danny "Foothill Division" Ramirez of LAPD, LASD's David "Temple Pride" Chung of Temple Station versus Bill "Long Arms" Evangelista of Big Bear Fire Department, Mike "Sweet Feet" Hernandez versus LAPD's Mike "The Bomb" Barragan or Shaun "The Fireplug" Sutherland from the Big Bear Fire Department, LASD's Angel "Slick" Vasquez versus LAPD's Eddie "Speedy" Montano, LASD's Jesse "The Spider" Zagarnaga of IRC versus Brian "Gold Medal" Pertrella from Pasadena P.D., and, for the first time, in the Master's division, LASD's Gerrado "The Bearded Assassin" Pachuka from Major Crimes Bureau will fight Jake "The Chinese Connection" Ching from the L.A. County Fire Department's Pomona Branch Station #185.

There is a possibility that Otto "The Bulldog" Gordillo, representing Homicide Division, may fight the famous salsa

teacher from *Steven's Steakhouse*, Miguel "Sal-salero" Aguirre.

I promise, there will be some great fights and LASD *will win* the majority of the matches! With retired SEB reserve Hank "The Okinawan Assassin" Nagamine, retired deputy Mando "The Hitman" Guzman and retired Sergeant Mike "Rock and Roll" Young coaching the LASD boxing team, how can we lose?

Tickets can be purchased at Sheriff's Relief, or from Al Fraijo at (562) 946-7954, Dave Infante at (323) 264-4151 or me, Mike Young, at (626) 806-0596. See the flyer for more information. Buy your tickets in advance, because this fight is expected to sell out for the first time, as the Orange County Sheriff's Department has already asked for 100 tickets to see their fighter win a title from Brian





Stevens! Let's see who Sheriff John Scott roots for!

On a side note, all LASD boxers who have competed in a sanctioned LASD boxing event are invited to the annual LASD boxing dinner on October 10, 2014, at *Steven's Steakhouse* in

the city of Commerce. Cocktails/social hour will be at 1800 hours, dinner at 1900 hours, presentations at 2000 hours and salsa dancing/socializing at 2100 hours. Boxers who have boxed in an LASD-sanctioned event are admitted for free; for guests the cost is \$25. If you want to attend, contact me, Al Fraijo, Byron Woods or Dave

Infante at the above listed numbers. The theme of this year's dinner will be "The Unsung Heroes of the LASD Boxing Team." Spread the word, as I now do not have access to all of the concerned personal email addresses, so let other boxers

know to contact me via phone or my personal email address, rockdown@verizon.net.

And the final note: All boxers who want to compete in the 21st Annual Fight for Life (LASD versus LAPD), where we raise money for the City of Hope to help fight cancer, please let me know ASAP, as that fight will take place on November 19, 2014. ☆



BATTLE OF THE BADGES

Friday, September 26, 2014

1900-2130 hours
doors open at 1800 hours

Quiet Cannon

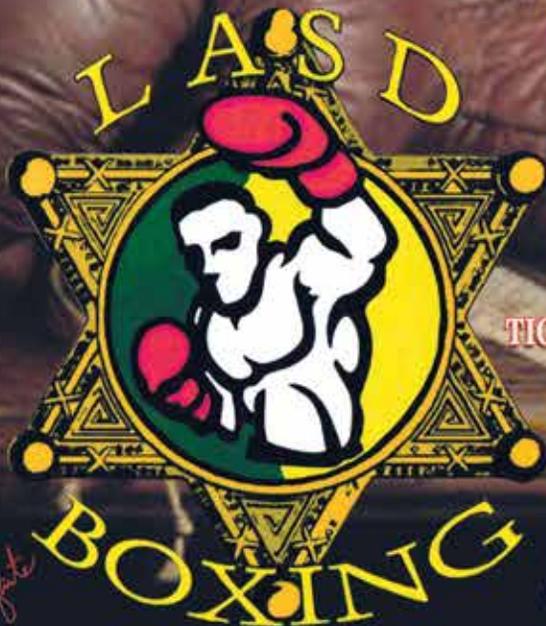
901 Via San Clemente
Montebello

\$25 General Admission
\$50 Ringside
\$5 Parking

PROCEEDS GO TO:

USMC Devil Pups
Sheriff's YAL Boxing
LASD Boxing Team

Make checks payable to:
Sheriff's Relief Fund #315



TICKETS WILL BE SOLD AT THE DOOR

or contact:

Mike Young	(626) 806-0596
Al Fraijo	(562) 946-7954
David Infante	(323) 264-4151
Pat Muro	(323) 526-5285
Byron Woods	(213) 893-5324
Sheriff's Relief	(800) 544-4772



By Judy Leyn
Cerritos Station

One night, Deputy Don Diaz and I responded to the call of a trash fire. Don was the first to arrive and I pulled up a few seconds later. It wasn't exactly a trash fire like one would imagine, but a dumpster fire with flames billowing out the top. The dumpster was in the driveway of a house that was being renovated. Fire hadn't arrived yet, so Don decided to see if it was a fire we could put out. I was looking for a garden hose, thinking that should do the trick. Don had a better idea. Anyone who knows Don knows that he is a big guy who eats his Wheaties every day. Don went back to his radio car, got the fire extinguisher (which next to Don looks like a toy) and started battling the blaze. By the time Fire rolled up, Don proudly announced to the Fire captain, "I handled it." No sooner did Don finish his sentence than flames started shooting out of

the dumpster again. The Fire captain looked at Don and said something to the effect of "Tell me you didn't use that [the fire extinguisher] to put that fire out." Now the look on Don's face was one of a little kid who thought he had done a great job, only to be scolded. I guess Don has given the Fire Department the impression that he really wants to be a firefighter. The Fire captain told Don's partners that every call he has been on with Don, he tries to play Firefighter Freddie. The Fire captain was heard saying that L.A. County Fire wasn't hiring and Don should stick to his night job.

Another great briefing story with Deputy Chris Allende and his trainee Deputy Justin Boulden: Chris is notorious for showing up with snacks in hand (cookies, candy, etc.), and this briefing was no exception. We were all standing around as the sergeant went through the briefing book. Since Deputy Boulden is the new kid on the

block, the sergeant grilled him with questions, which of course he answered correctly. Meanwhile, as Chris was chowing down, someone asked Boulden if he also had snacks. Boulden was very humble and answered, "No, sir." Right after he answered, Boulden told his TO that he was going back to his car to finish writing paper. No one missed a beat, and knowing the group at briefing, everyone was thinking, "Boulden is going to get some snacks of his own." A few minutes later, Boulden returned with paper in hand and the question came up: "Boulden, did you eat your snacks while writing paper?" With a stone face, Boulden replied, "No, sir, they called me 'snacks' in the Academy." Needless to say, the poor guy was really put on the spot, and of course the only comment made was definitely not what you want to say when the person who writes for the *Star News* is standing right next you. Good luck, Justin — only four more months of training!

We have all had those calls where you have to read the narrative twice, even after it's been voiced. Deputy Bahman Atabaki had one of those calls, and it went something like this: "Very large tortoise traveling at a slow pace, blocking traffic." If you know Atabaki, the animal whisperer, you know he was right on it. If he was given the chance, he would have gone "10-33, give me the patch, I have to coordinate the safety of this animal." Fortunately for Atabaki, the owner was located and the tortoise was returned back home. Atabaki searched every statute he could find trying to find a section to cite the owner for lack of responsibility. All kidding aside, the tortoise was taking a stroll and Atabaki has a soft heart for animals.

The revolving door continues to spin at Cerritos. Lieutenant Rick Harpham is headed to IA, Lieutenant Joel Barnett is headed to the Return to Work Unit, Sergeant Joe Fleischman (no longer on loan) is on to IA, Sergeant Ty Lauderdale (no longer on loan) is on to EOB, Detective Aaron King is going to Cyber Crimes, Deputy Raul Marquez is going to Court Services Force Training and Deputy Jennifer Mautino is headed to Personnel/Backgrounds. Good luck in your new assignments.

We welcome our new Operations Lieutenant Mark Wilkins, Sergeant Paisley Velasquez and newly promoted Sergeant Stephanie Mandujano. We also welcome Deputy Cole Spurrier, who is the new EM Watch deputy. ☆





A Tale of Five Cities

By Mike Bartman
Lakewood Station

Where does the time go? It seems every time I sit down, I'm facing another *Star News* deadline! So here it is, time for the September offering already. Hopefully this article finds everyone well, sitting back and relaxing after a fun-filled Summer. Vacations are now over, kids are back in school and routines are returning back to normal. But as Doc Holliday says to Wyatt Earp in *Tombstone*, "There's no normal life, Wyatt. It's just life. Get on with it." So, let's get on with this month's going-on at Lakewood...

As I reported last month, we held a very successful EMs vs. Days vs. PMs challenge softball tournament fundraiser for Deputy Mike Bryant and his family. Sergeant Jorge Meza, along with Deputies Sal Rios and Pablo Suarez, went to visit Mike and gave him the proceeds, a photo from the tournament with signatures from Lakewood personnel, and his own "BRYANT" softball T-shirt commemorating the event. Sal Rios said that Mike is in extremely good spirits, and he and his family are very appreciative of all that has been done for them. Pictured is Mike, along with his wife, Connie, and their daughter, showing off the photo and T-shirt.



Speaking of challenges, the early-morning crew threw down the gauntlet with the "Cold Water Challenge" this month. Fifteen brave souls from EMs finished their shift one Friday morning, changed into their best "I can't wait to get wet" clothes and had buckets of ice water dumped on them as a fundraiser for worthy law enforcement causes. As you can see in the photo, the volunteers in the bucket brigade greatly enjoyed pouring the ice water on the challengers, and were thankful they were not on the receiving end of the "cold shower." As of the

time of this article, the challenge has been met by the members of the PM crew, the Paramount team and the Admin/Ops/DB team. The Admin/Ops/DB team was also given an extra bonus, as the lawn sprinklers came on just before the ice water buckets were to be poured on them, giving them a good "pre-soaking" before the ice water shower. Lieutenant Dan Beringer was heard several times asking, "Whose bright idea was this, anyway?" Several videos of challenge teams were posted on social media sites, and I hope you had a chance to see one or more of them. A special thanks goes out to the Lakewood Home Depot for allowing us to "borrow" several of their orange "Let's Do This" buckets, and several local businesses that donated many pounds of ice to make the cold water part of the challenge possible.



Lakewood Deputy Malcolm Harcrow sponsored Carlos Leon in the July 10-19 USMC Devil Pups Encampment. Carlos is a 17-year-old Hawaiian Gardens resident who has aspirations of serving in the military when he graduates high school. He was one of 35 young men and women who represented LASD in a 10-day leadership program that is held at the Marine Corps Training Facility at Camp Pendleton. Carlos was one of 300 "Pups" selected to attend this program. Hawaiian Gardens Mayor Pro Tem Barry Bruce (pictured along with his wife, Deputy Harcrow and Carlos) was instrumental in raising funds through



the community for Carlos to be able to attend the grueling program. Deputy Harcrow said that Carlos did an outstanding job during the program, and Carlos graduated as a squad leader for his excellent leadership abilities.

Back in May, during the LKD leg of the Memorial Torch run, I did not get a chance to use a great photo of Sergeant

Steve Moses, participating in the run on an "I'm Over the Hill" three-wheeled bicycle, so I am taking the opportunity to share it now. Just to show that Steve was not too old to carry his weight, he did graciously volunteer to carry Deputy Janette Leo's two-pound dog along for the ride in the front basket.

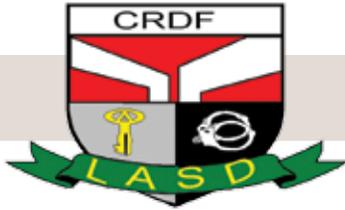


Congratulations, hellos and goodbyes: This month we say congratulations and goodbye to Dan Gillespie, who promoted to lieutenant and will be going to Norwalk Station; Vanessa Chow, who promoted to sergeant and transferred to Marina del Rey Station; and Joseph Esqueda, also promoting to sergeant and landing at CRDF. Transferring out were Sergeant Jeff Chow (to COPS Bureau), Deputy Mike Lucero-Ortiz (to Court Services), and Deputies Raul Briones and Cesar Landeros (to TSB). We also bid farewell to Tara Wenker, who promoted to OAIL and transferred to the Bureau of Labor Relations and Compliance. Good luck to all.

We give a warm LKD welcome to Sergeant Bryan Sirkel from IRC, and new Detectives David Fernandez (SLA) and Anthony Gruener (COPS), along with new deputy trainees Clifford Chu (TT) and Marcos Esquivel (MCJ). This is Anthony Gruener's second stint at LKD. If you ever need any help handling a call for service for someone who is an animal hoarder, just contact Anthony. While on training here at LKD several years ago, he became the resident expert while having the pleasure of dealing with a lady who had eight dogs, several birds and over 100 cats living with her inside a home that was less than 1,000 square feet.

Also, welcome back to our very own "Grease Monkey Extraordinaire" Gene (Genie) Lucas, after his six-plus-month loan out to help out some other stations' service areas. He finally got to come home. It's said that Gene had a chance to go NASCAR, but passed it up for the daily challenge of keeping the LKD fleet afloat. Gene, Van and Francisco in the garage all do a great job keeping our cars rolling. Thanks!

Until next month, stay safe and God bless. ☆



By Andrea Arroyo
Century Regional Detention Facility

In September, we celebrate Labor Day, which is considered a symbolic end of Summer. We find ways to celebrate this bittersweet weekend by hosting a family BBQ in the backyard or by spending the day at the beach. Reflecting on the Summer months, CRDF celebrates the good deeds by many and recognizes the accomplishments achieved by our facility.

PARTNERING FOR A GREAT CAUSE

When CRDF heard that Deputy Dawn Chan was in ICU in serious condition, everyone came together to organize a successful BBQ. CRDF also received a generous donation from Century Station, South Los Angeles and Culver City Police Department. A total of \$5,000 was raised for Deputy Chan.

The BBQ was successful due to the following people who helped in the coordination of this effort: Kelly Adler, Andrew Bedogne, Daniel Chavez, Minerva Tamayo, Rafaela Avina, Laura Perales, Anthony Lopez, Maricela Dusky, Luz McDonald, Frank Genovese, William Aguinaga, Janet Barragan, April Avalos, Carina Arambula, Vivian McIntosh, Kunzang Thaye, Maria Marin, Liliam Pineda, Antonio Alvarado, Vivian McNamara, Jaime Gomez and Nancy Reza.

Thank you, Deputy Class #399, for cooking at the BBQ. You were so helpful!



A special thank-you to Sergeant Daniel Chavez, who started at 4 a.m. preparing and deep-frying 10 chickens! The word is out: Sergeant Chavez is the master chef at CRDF.

We would also like to thank the following vendors for their generosity: Juan's Rotisserie Chicken in Whittier; Coca-Cola Bottling Company in Los Angeles; and Porto's Bakery, Los Pollos and Tropicana Bakery in Downey.

TEAMWORK ON THE BASEBALL FIELD

Our CRDF women's softball team participated in the United States Police and Fire Championships in San Diego on June 26 and 27. The teammates include: Senior Deputies Hicks and Sherman; Deputies Stanya Blakely, Brenda Cabanillas, Melissa Silveria, Minerva Tamayo, Nicole Aranda, Elizabeth Harmless, Hilary Kautz, Kelly Connors and Kristen Aufdemberg; and Custody Assistants Jennifer Copplin and Christal Espinoza. Everyone agreed that playing for this team was such a great experience and it brought everyone closer.

Deputy Elizabeth Harmless explained that it was her first time playing for the team, and it allowed her to get to know everyone outside of work. She looks forward to future softball games.



Officer Christal Espinoza said, "We all went out to San Diego to win, but most of all, to have fun. Spending a couple of days with the team brought me closer to my partners. I was lucky to have Senior Hicks as a coach and Deputy Blakely as a team mom because they made the whole experience fun. I'm really looking forward to the police games in Las Vegas."

ONE TEAM, ONE MISSION

While working in a high-security module, Deputy Sandy Ochoa was verbally threatened by a K-10 inmate. In following the proper procedures, Deputy Janel Rachunok wrote an outstanding 422 P.C. Criminal Threats report. As a result of this incident, this inmate was adamant about having a trial. Both deputies, as well as Deputy Lauren Britt, collaborated with Compton District Attorney Shannon Cooley to prepare for trial. This team gathered her disciplinary history, which was no small endeavor, since she had five booking numbers. All of her 95 violations were categorized for the prosecution. Just as DA Cooley arrived at court, she was told that the inmate decided to plead guilty. The inmate received a sentence of 32 months in state prison and a strike (which is her second one). Great job, everyone! Sergeant Melinda Berry provided this great example to our staff and reminds everyone to keep documenting an inmate's behavior, because it can greatly affect an outcome. In the words of Sergeant Berry, keep your pencil sharp.

CHAPLAIN SERVICES HOSTS BBQ

Memorial Day is a time to remember those who have served our country faithfully, giving their lives for the well-being of the people. The Protestant Chaplains Office is well aware of the hard work



By Mark Rediger
Malibu/Lost Hills Station

TO PROTECT AND SURF

Greetings from the sunny side of the County.

NEVER LET THE SMOKE OUT OF THE BOX

Several days ago, I was at home enjoying my regular day off when the phone rang. It was our Operations Sergeant, Ernie Masson. Our Voice Print server had caught fire and, coincidentally, people did not have access to either their Home folder or the Shared Files folders. The public address system was also not working. Straightaway, I mounted up and rode in to the Station. While assessing the scene, I observed that the ever-vigilant Nozzleheads had not only put out the fire, but had also unplugged everything within a five-foot radius of the Voice Print box. After resetting a couple of breakers and plugging back in all of the cords, almost all was again right in the world. The next day, the guys from Voice Print installed a temporary server. Now a permanent server is in that has all the data that they recovered

from the box of smoke, as well as the eight days of data from the temporary server.

A SMALLER WAISTLINE

Detective "J.T." Manwell has entered the Battle of the Badges weight-loss contest. One of his partners told me that J.T. prepped for the contest as any good athlete would: by "carb-ing up." The week before his initial weigh-in, J.T. had 14 slices of toast with his breakfast at the deli. Seriously, good luck, brother, and stick to it!

CRAZY DAY

Detective Joel Armstrong had a busy day — well, busy by Lost Hills standards. First, there was the 211S at a bank. Deputies swarmed the place, and those who could see inside reported that it appeared to be business as usual. Joel asked the Desk to make the call, which they did. No answer. They looked up the number in their Rolodex — disconnected. Deputies were going to go inside. "Wait," said the Desk, "we found another number." That number was also no good. Deputies continued inside. No 211, accidental activation only. Seemingly minutes

later, another 211S, this time at one of our cities' City Hall. Deputies cleared the inside. Again, accidental. As soon as Joel put out the Code 4, the Desk assigned him a 927C/P417 call across town. Everyone screamed over there and did a thorough search of the park. Nada. Toss in a couple, or three, report calls and Joel earned his money that day.

GOOD WORK RECOGNIZED BY LOCAL NEWSPAPER

Law Enforcement Technicians Heather Fuquay and Sharona Kay, along with Deputy Angela Theodorou, were the subjects of an article in the local *Acorn* newspaper. The trio takes whodunit 459 reports and follows them up by getting credit card information where the burglars have used the cards taken. They then go to the store(s) where the cards were used and obtain register receipts and surveillance video of the dastardly crooks. Then they put together "Be on the Lookout" posters. Their efforts have resulted in the arrest of more than 30 miscreants, and another handful have been identified. Outstanding!

That's all I got. ☆

Century Regional Detention Facility *continued from page 12*

and dedication of those who serve at CRDF on a daily basis. As a small token of their appreciation, they wanted to say "thank you" by providing a complimentary lunch on Memorial Day. Through donations, they were able to provide over 700 hot dogs, as well as more than more than 500 chips, soda, water and cookies. They had the privilege of serving over 200 deputies, as well as nurses and additional staff at CRDF. They also provided a table with complimentary Bibles and additional reading materials to support the work that goes on behind the facility walls. They are eternally grateful for the hard work and dedication of the Los Angeles County Sheriff's Department.

WELCOME

We give a warm welcome to Captain Maria Gutierrez, who joins our CRDF family. Captain Gutierrez expressed her excitement as she transitions into a new era here at CRDF, embracing a philosophy of "Mission First and People Always."

We also would like to welcome Sergeants Art Hernandez, Maria Abal, Joseph Esqueda, Martha

Burba, B'Anka Holmes, Rebecca Vaughn, Chukwue-meka Ajufoh, Danny Walls, Mary De Bella, Kevin McKee, Jeffrey Bodholdt, Christine Coles, Jennifer Roth and Paul Hodgkinson. We wish you all great success here at CRDF.

EMPLOYEE OF THE MONTH

The July winner for Employee of the Month is Deputy Jermaine Taylor. Deputy Taylor currently works at booking front and was nominated by his CRDF peers. His hard work and dedication stand out. Congratulations, Deputy!

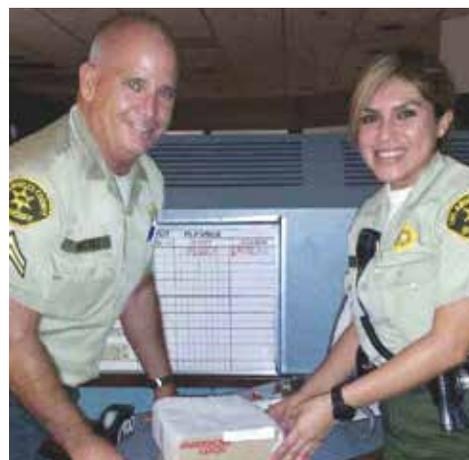
ANIMAL RESCUE

Lieutenant Roberto Medrano reported a bird down and asked Deputies Carolina Cervantes, Brenda Cabanillas and Pierina Gentile to search for the missing bird that was last seen taking a dive. The bird was found and placed in temporary housing. Deputy Gentile took the baby bird home to nurse it back to health. Sadly, it was reported that although the baby bird drank water and seemed to be adapting to its new home, it died the next day.

NEW ADDITION

Congratulations, Deputy Wong, on your new arrival. Little baby Aubrey was born on June 25, weighing in at 7 pounds, 4.2 ounces. Baby and mom are doing well.

As always, CRDF believes in "Excellence Through People" like all of you, so keep up the wonderful work and be safe! ☆





By Johnie Jones
Parks Bureau

Recently, our Marine Patrol Unit, or as they are commonly referred to in our Bureau, “Boat People” (I’m not really sure if that is an endearing or derogatory term, but I’ll leave that up to you to decide), have been doing a bit of bear hunting. Visions of Dave Gomez wearing an “Elmer Fudd”-type hat, slowly walking through the Bear Trap Campground area of Pyramid Lake saying, “Be very, very quiet, we’re hunting wabbit, I mean bear!” For the youngsters in the crowd, Elmer Fudd was a cartoon character in the *Looney Tunes* cartoon series back in the ’60s. Check it out sometime! None of the cartoon characters out there today can hold a candle to the Looney Tunes bunch! But, if you are sitting at home watching cartoons without your kids or grandkids, people will talk. Take my advice; you’ll all love it — but I digress. Truth be told, they were actually trying to shoo the bear away from the picnic area he was about to invade. The resident bears have been known to charge at the visitors (who are naturally scared, because they’re bears). The visitors run away, leaving their picnic baskets for the bears to ravage. Hey, I guess that being said, you could call the bear “Yogi,” which would make Dave Ranger Smith (yes, another old, hilarious cartoon worth checking out).

May I direct your attention to the picture of Security Officer Jesse Rivera attempting to win a stuffed animal? At first glance, you might think he is neglecting his duties, but au contraire, he is serving the public. In this particular instance, the public comes in the form of an upset little girl. Jesse saw that the little girl was visibly upset over her unsuccessful attempts to win a stuffed animal from one of those machines with the weak claws. In a “Tradition of Service” moment, he stepped in to assist the little one and save the day by successfully capturing the



elusive stuffed animal. Yeah, well, that didn’t happen. This would’ve been a much better story if he was successful, but alas, no. What he did was become a hero in the eyes of a little girl whose first encounter with a law enforcement officer who took the time to help her out was one that she will probably never forget. Great job, Jesse! If you need to actually win one of those stuffed animals, give me a call and I’ll see if my wife is available to help you out.

I was sent this great picture of Hector Gutierrez, who was up at Apollo Park after it rained. Yes, you are correct: This is an old picture that was sent to me some time ago. I liked the picture but didn’t quite know how I was going to use it. Well, I just wanted to remember what it looked like when it rained. Hopefully we’ll get some soon.



Dan Burdick was beginning his day in his new job as scheduling sergeant when he was greeted by friends of Bonnie, aka “Snow White.” You see, Bonnie has quite the fan base of squirrels, which she feeds on a regular basis. Well, it appears that the squirrels are not feeling the love from Dan, and as he approached the office door, he was struck in the forehead by one of the cute little creatures. Seems to me the message being sent here was “Keep the food coming and no one gets hurt.” This is a message that should be heeded by our PDC personnel, whose vehicles are being vandalized by the local squirrels. The squirrels are eating the wiring out of their vehicles. Obviously, the squirrels down here at the Bowl have put out the word: “They will feed you if you lean on them a bit.” I’m thinking I would purchase a few peanuts and be done with it.

In the business of law enforcement, tragic incidents will bring together people from different areas of the Department. The reason you are all together may not be pleasant, but that is just the nature of our business, and it is always nice to see

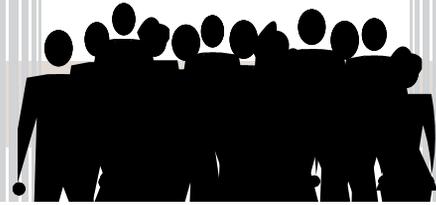
friends you haven’t seen in a long while. That being said, I was out on Pyramid Lake with members of the media, taking them to the search area for a man presumed dead following a boat mishap (technical term for we don’t know what happened and probably never will). So, I was doing my job helping the media out when I heard a voice coming from the water, saying, “Hi, Johnie” (that’s me). I looked and saw the lone head of a diver and a boat full of ESD divers, but I wasn’t sure where the sound was coming from. I again heard, “Hi, Johnie” (still me), but now, frustrated and unsure, I took some pictures (see photo of diver) and went back to helping the media folks. I know many of those who know me find it hard to believe that I would choose doing my job over a chance to visit,

but being the consummate professional that I am ... yeah, you got it ... I diverted because I had no idea who was calling my name. Later in the day, when the divers were beat and had called it a day, I saw one James (Bumper) Wheeler. One of the last people I would expect to see in dive gear would’ve been Bumper, who is a certified SEB gunslinger. I had no idea that they allowed him in the water, but he never ceases to amaze me! I apologized for failing to recognize him, but just add this

to the list of “been on for more than three decades” moments. I will not go so far as to call them “senior moments” yet.

continued on page 15





PEER SUPPORT PROGRAM

By Mike Rodi

Greetings to all. I hope everyone is doing well.

The Peer Support unit will be planning our second training of the year sometime after the Summer. We are hoping for early October. There are also plans for Vets-4-Vets training.

If you are not sure what our Department's Peer Support Program is or does, let me explain. Peer Support provides a way for employees and their

family members to "talk out" their personal and professional problems confidentially, with co-workers who understand and want to help.

Who are the Peer Support personnel? They are your partners, friends and co-workers who have volunteered to share their life experiences and receive necessary training to become counselors. They represent all ranks. They could be sworn or professional staff, working at their regular assignments throughout the Department. They are able

to provide any Department member with the resources they may need, which is all confidential.

I am now working on a pin for our Department uniforms that will indicate a Peer Support member. This will help identify them at their particular units. If you or someone you know might be interested in joining the program, send me an email at marodi@lasd.org. Our three-day certification training usually takes place in February or March. ☆

Parks Bureau *continued from page 14*



While out on Pyramid Lake, Captain Perez and Lieutenant Vaughan seemed to be having a great time being Sergeant Wallace's deckhands. Sergeant Wallace, the day before, made me his "Gilligan" by instructing me to jump from boat to boat tying knots. This is a reference to another TV show, *Gilligan's Island*, that I watched during my misspent childhood. I was watching TV while my studious sister was reading books ... boring ... we all know how that worked out for her, but, again, I digress. Getting back to the lake with Skipper Wallace, I was

never good at tying anything but my shoes, and he let me know it! He was much nicer to the captain and lieutenant, but they are definitely nicer than me and, more importantly, outrank the Skipper — and they know how to tie off boat lines!

In the spirit of *Gilligan's Island*, there was a moment when Skipper — I mean, Sergeant Wallace — was having a conversation with one of his most trusted and reliable reserve deputies. He is actually the only reserve deputy in Parks Bureau, but we don't want to name names. You see, we utilized

a search dog from the Coroner's Office that could actually detect odors under the water. The handler said that she needed a thin-hulled boat that could get the dog as close as possible to the water. So Sergeant Wallace contacted the boat rental office on the lake, obtained three boats for our use and informed the trusted, reliable reserve of their location. Later in the day, the reserve informed Sergeant Wallace of a problem he had with the rental boat. You see, they had towed the boat with a PWC (personal watercraft, aka Sea-Doo) and didn't use the engine in order to keep the exhaust fumes down for the dog. While in the process of returning the rental boat, it seems the engine just fell off the stern of said boat, and is now somewhere at the bottom of Pyramid Lake. Come to find out, the boats that Sergeant Wallace (we'll call him Skipper at this point) had set aside because they were the good-functioning vessels were not the ones that our trusted and reliable reserve (we'll call him Gilligan at this point) had borrowed. He had retrieved a boat that was out of service and being worked on. Oops! Like that's never happened to any of us. Quick thoughts:

- "He's a bit of a Ding, but he gets stuff done"
- Blankenship opening Andy Gump Service?
- Mary Ann or Ginger?
- Horse falling down worthy of captain notification at 0030 hours?
- What MED sergeant was trying to ski behind his horse instead of moving out of the way of the large and powerful steed?
- What is the proper procedure in requesting mutual aid for a horse down in your trailer?

Until next time, enjoy a day at the park. ☆



By Joshua Dubin
Santa Clarita Valley Station

Happy September from the Santa Clarita Valley Sheriff's Station. September marks the beginning of Autumn in the Northern Hemisphere and the start of Spring in the Southern Hemisphere. September is the ninth month of the year and the only month with the same number of letters in its name in English as the number of the month. Shakespeare did not mention September in any of his plays, and Band-Aids were invented in the month of September. You get the point. Happy September.

STORIES FROM PATROL

I was working as acting watch sergeant the other night when my friend Deputy Joe Conner walked into the office. Deputy Conner explained that while patrolling a residential street in his marked black-and-white patrol car (with his front windows rolled down like a good patrol deputy), he was struck in the head by a bird that flew in the window. Deputy Conner had an extensive amount of bird "goo" on his face. Deputy Conner's only concern was the health and safety of the small bird that plowed into the side of his head while he was driving and ultimately lost its life. Rumor has it that this incident could be an omen of good fortune for Deputy Conner. Let's hope so!



Sometimes when a great arrest is made, deputies will photograph the evidence prior to booking it. These photographs can be used for a press release (Code 20) or to show to a jury in court. A few weeks ago, Sergeant Michael Konecny and his team of deputies made a great arrest and recovered a large amount of narcotics and paraphernalia. Sergeant Konecny, being the perfectionist that he is, wanted to get the photograph just right (since we released the photograph to the media). As you can see from this photo, the good sergeant did whatever was needed to get the photograph perfect!

Shout-out to Deputy Michael Berk, a motor deputy here at Santa Clarita Valley Sheriff's Station. Deputy Berk was involved in a traffic collision with a deer a few days ago. Although Deputy Berk hit the deer while riding his County-issued motorcycle, he demonstrated exceptional riding skills,

and was able to keep control of his motorcycle and safely bring the bike to a stop. Deputy Berk's skills saved him from severe injury. Deputy Berk explained that he had made eye contact with the deer while the deer was on a hillside out of the way of the road. At the last moment, as Deputy Berk drove past, the deer made the choice to then run across the roadway. Clearly the deer misjudged the speed at which Deputy Berk was traveling. We all are grateful that Deputy Berk made it out OK and without injury (although his bike will need some repairs).



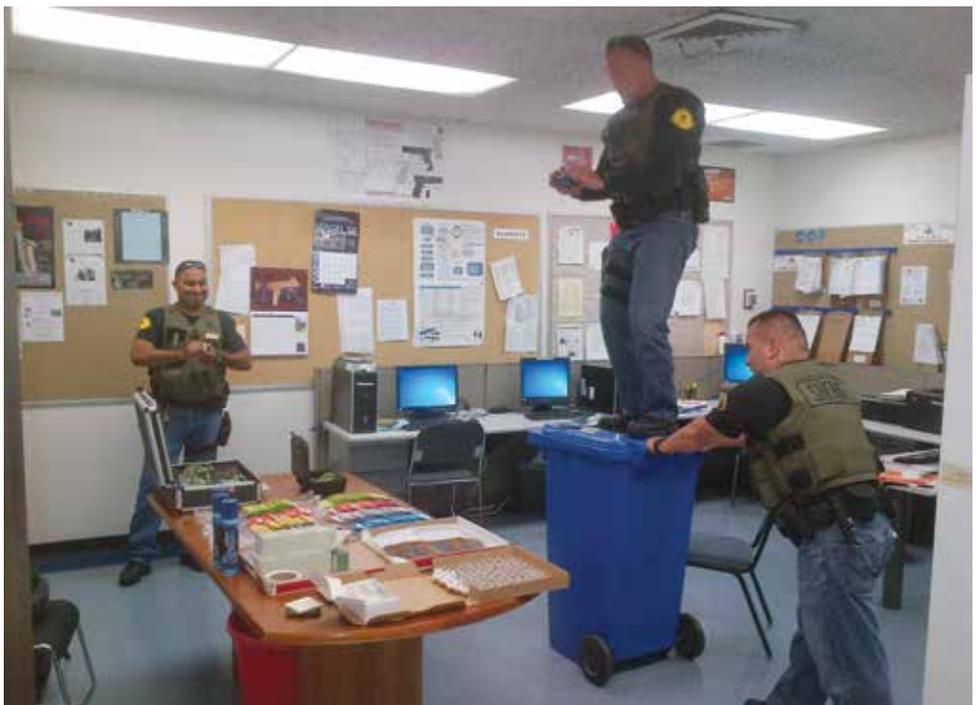
OUR CONDOLENCES

As many of you know, Santa Clarita Valley is home to a large number of law enforcement officers and firefighters. It is sometimes very difficult to respond to situations dealing with fellow cops.

It is with a heavy heart that I report the sad news involving another tragic loss for our brothers and sisters in blue. On Thursday morning, July 24, 2014, LAPD Officer Kathleen Talbot, assigned to Rampart Area, while off-duty, suffered an apparent medical emergency and was involved in a significant solo vehicle traffic collision in the city of Santa Clarita. She was extricated, treated and transported by LACoFD to Henry Mayo Newhall Memorial Hospital under escort of SCV patrol deputies. After many hours of valiant lifesaving efforts of medical professionals, and with her family and partners at her side, she succumbed to her injuries and died. Many Santa Clarita deputies stepped up to the plate in their own special way to ensure that a veteran law enforcement officer, her partners and her family were treated with the utmost respect and dignity during this very challenging time. Our thoughts and prayers are with Officer Talbot and her family and partners. Rest in peace, ma'am.

UNTIL NEXT TIME...

We hope everyone had a great Summer. The holidays will be here before we know it. Thank you for taking the time to read about our Station. Remember, integrity is what you do when no one is watching; it's doing the right thing all the time, even when it may work to your disadvantage. ☆

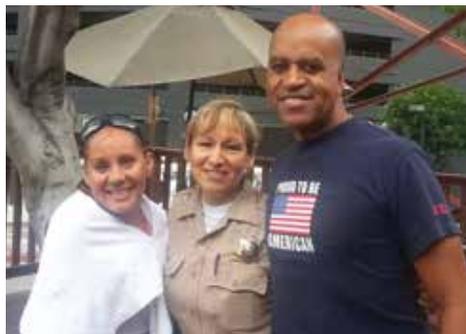




Greetings from West Hollywood!

ICE WATER CHALLENGE

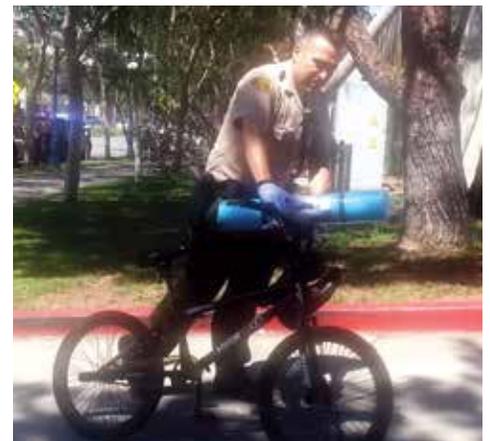
Several of our West Hollywood family members have been participating in the Ice Water Challenge to raise money for the Officer Down Memorial Page. Deputy Virginia Kennedy started it off by getting challenged on her RDOs. She completed the challenge by having her son pour ice water over her head, donating money, then challenging others by “calling them out” on video. When she returned from her days off, the ball was rolling here at WHD. The people she challenged completed the task and challenged more people, and so on. The deputies and sergeants who participated raised a lot of money for a very good cause. Deputy Michelle Davis gave a very heartfelt speech on the deputies and officers who were close to her and had lost their lives in the line of duty. They will never be forgotten. Good job, West Hollywood!



THE PICTURES SAY IT ALL

We have some interesting people here in the city we serve. Deputy Ron Minassian pulled over to talk with a homeless person pushing a shopping cart down the sidewalk. The male took one look at Ron, jumped out of his shoes and ran away. We ran into

the male later at a park. He told us he was just scared because of the way Ron looked. Way to go, Ron; if you could just use your powers of persuasion to scare all the criminals out of town. I captured another great picture of Deputy Jorge Calvillo pushing a bike into the station. It helps when you make arrests right outside the gate so you don't have to walk too far! Even the criminals in WeHo like to stay in shape — notice the yoga mat strapped to the handlebars.



HOOK OF THE MONTH

May 2014 goes to Deputies Sarenas Mooangprang and Brandon Zeff. On May 9, the deputies responded to Cedars-Sinai Hospital regarding a possible battery call. While interviewing the

continued on page 18

FROM THE DOCS

SO YOU ARE A PROCRASTINATOR: PROBLEMS IT PRESENTS AND CHANGES THAT CAN BE MADE

By Phyllis Armstrong, Ph.D.

Despair.com provides the following quote in regards to procrastination: “Hard work often pays off after time, but laziness always pays off now.” We all know that this is a major setup. Why is it, then, that so many of us are guilty of procrastination?

Procrastination is a problem for all of us at one time or another. When we procrastinate, it can be an attempt to cope with emotional reactions that revolve around fear, anger and frustration.

There are other rationales for procrastination. In this article, we will look at perfectionism, fantasizing, crisis making, overdoing and pleasure seeking. The key is to identify what emotion and rationale may be driving you to procrastinate.

Are you the type of person who will avoid a task because your standards are too high? The *perfectionist* in you drives this type of behavior. Do you find it easy to come up with fantastic ideas, but when it comes to turning them into concrete actions you become stuck? *Fantasizing* is much easier for you than living in reality. Everyone has known the individual who puts the team on edge by waiting until the last minute to complete his or her component of the project. This type of individual needs the excitement of a crisis before he or she can become motivated. The behavior itself is called *crisis making*. You can identify yourself as an *overdoer* if you tend to take on not only the task at hand, but also numerous less important ones. Essentially, the task at hand is avoided by having too many things on your plate. Are you someone who wants to do all the fun things

first? If so, consider yourself a *pleasure seeker*. When your focus is on having fun, more often than not, projects are completed with minimal effort. It can probably be said that your heart was not in it.

If you are depressed or do not like an assigned task, these too can result in strong rationales to procrastinate. Think about it: If you are depressed, you just do not have the energy, and it is hard to motivate yourself to do something that you do not enjoy.

No matter what you have identified as the driving factor behind your tendency to procrastinate, there are tools that can make this less of a problem.

Perfectionism is maintained by self-talk. Monitor the number of times you are using “must,” “should,” “have to” and “ought to.” When you find yourself stuck in these thought patterns, change to something that allows for a more flexible outcome. You can also set deadlines that will lend themselves to decreasing the sense of being overwhelmed. Change your view of the project by setting small deadlines, and before you know it you will have hit the final actual due date.

It is all right to fantasize about a grand project, but in order to keep your commitments more realistic, start with smaller phases. Shorter deadlines give you the opportunity to meet several deadlines along the way and give you the choice to decide if it is realistic to expand the project or not. It is easier to expand a project than to explain why you only accomplished a small part of it.

If you are a crisis maker, your reinforcement is the actual adrenaline rush you experience when you

slide that project in right under the wire. Instead, try rewarding yourself along the way in order to get that rush. Set mini-goals for the project. The new strategy will prevent you from having to experience failure when you miss that first last-minute deadline. The idea is that plain probabilities will result in you missing your target date at least once.

To address the issues faced by those who tend to overdo, try prioritizing rather than taking on so many tasks that your plate is overflowing. Identify what is most important and delegate the other tasks if it is appropriate. You can also try saying “no” sometimes. These tactics should keep you from being an overdoer.

Those who are driven by pleasure seeking will have to make more of a conscious effort, because it feels good to get the reward before the work is done. Change your perspective by looking at the task in this manner: Do it right the first time, and once it is completed, you do not have to revisit it. Give yourself one reward for completing the task and another for not having to redo it.

If you continue to have a hard time understanding why you procrastinate, please feel free to contact the clinicians at Employee Support Services Bureau. We provide free, confidential services and would be more than happy to assist you. To make an appointment, call (213) 738-3500. Additional information may also be obtained by visiting our intranet site (<http://intranet/intranet/ESS/Index.htm>). ☆

West Hollywood Station *continued from page 17*

victim, they realized it was actually a robbery that occurred at Target, and the victim worked for loss prevention. The deputies conducted a thorough investigation including interviews, follow-up, photo lineups and finally a probation compliance search of the suspect’s residence. The search resulted in a felony arrest. In addition to the stolen goods, they recovered methamphetamine, pawn shop receipts and an illegal weapon. Outstanding work! Sarenas has since moved on to a coveted position at Recruit Training Bureau. She is still being talked about for her excellent work here at West Hollywood.

June 2014 goes to Deputy Alejandra Diaz. On June 26, Deputy Diaz observed a male exit a pawn shop and stumble down the sidewalk. She detained

him pending an under-the-influence investigation. During her investigation, she determined that the suspect was on probation and subject to search. During a search of his person, she recovered methamphetamine. During a search of his property, she recovered burglary tools, multiple hard drives, a tablet, a SIM card and several thumb drives. Keep up the good work, Alejandra!

INS AND OUTS

First of all, we would like to welcome back Janna Khanbekian as the captain’s secretary. Janna worked at West Hollywood as an SSC before promoting to Secretary V and moving to Temple Station. We are so lucky to have her back here with us. We would

also like to welcome Lieutenant Janice Munson coming to us from COPS Bureau, FTO Joseph Fernandez from Temple, Deputy Kimberly Wilkins from CS WST, Deputy Richard Cardenas from NCCF, Deputy Roger Castillo from CS WST and Deputy Abraham Bedoyan from CS WST. Welcome, all; this is the place to be. And finally, a big congratulations to Sergeant Tressa Gunnels! After many years here as a sergeant, Tressa will promote to lieutenant and transfer to IRC. You will be missed, ma’am.

Please mark your calendars for October 24, 2014. That is when we will be rededicating the “Sunset Classic Golf Tournament” to the “Jimmy Farrell Memorial Golf Classic,” an event not to be missed. Until next time, stay safe. That’s all for now. ☆



HAZING IN THE LAW ENFORCEMENT COMMUNITY

Hazing appears in the headlines occasionally, usually when a “hazee” is seriously injured or dies. That is usually followed by a round of hand-wringing, and the promise of more serious efforts to limit or eliminate such practices and of putting systems in place to increase accountability. Then the issue goes away — until the next outrageous incident happens.

Hazing incidents among law enforcement professionals that come to public light often have other negative consequences besides bad publicity, including demotion, denial of promotion or even dismissal. These incidents contribute to a negative public perception of law enforcement officers and increase both public and professional scrutiny of individual behavior.

The problem with hazing (a word that increasingly has a negative connotation) is that it was originally tied to initiation ceremonies or rites of passage. Those ceremonies hold significant social meaning, chiefly regarding group identity and solidarity. By enduring these ceremonies, the individual proves his or her desire, determination and worth to belong. When that person passes, he or she becomes one with the group, having shared a common experience with the other members (who were also initiated), and is now ready to support the group's mission or purpose.

Initiation ceremonies are nearly universal, appearing across cultures and ethnic groups. Historically, these ceremonies have predominantly involved men, especially in groups that exist for combat and warfare. In modern times, these ceremonies are now practiced by a variety of organizations, including sororities and fraternities, sports teams, law enforcement and the military, especially among special forces units. The ceremonies vary but usually center around the following general practices: pranks,

excessive cleaning (i.e., using a toothbrush to clean toilets), servitude (tests of obedience) toward the higher-ranking members of the group, eating or drinking excessively (including alcohol) or eating or drinking vile substances, wearing clothing or some items that draw negative attention to the wearer, physical feats and/or corporal punishment, dares, abandoning the initiate without transportation, and other forms of humiliation.

Obviously, these practices can be — and have been — carried to an extreme, resulting in physical harm or death, or psychological damage to the initiate. In cases where physical harm or psychological trauma occurs, it is difficult for the initiate to admit or acknowledge that it was the result of hazing. A code of silence is enforced by the initiate's desire to belong to the group.

Reporting the truth of what happened is viewed as a betrayal — even when the hazing was clearly abusive — and thus thwarts the goal of joining the group. An additional complication to controlling abusive hazing is that the ceremonies are usually done privately out of public view. When something tragic happens, the code of silence makes getting the facts of what happened difficult.

Because of recurring, excessive hazing incidents, the value of all initiation ceremonies has come into question. Does initiation really accomplish group identity and solidarity? Or is it simply a means for higher-ups to maintain their position in the hierarchy?

Let's be clear about one thing: Excessive and abusive hazing results in exactly the opposite of group identity and solidarity. The claim of practitioners is that these trials prove the initiate can stand up to the increased stress and hostility the group will have to face from outside forces. But the

problem is that the increased stress and hostility is coming from other members *inside* the group, not from outside opposition. While an initiate endures the excessive hazing and may remain a member of a group, his or her attitude toward that group is suspicion and resentment. Instead of producing solidarity in the face of opposition, groups that practice excessive hazing tend to break apart and desert one another. For this reason alone, hazing is counterproductive, and it is especially counterproductive to groups such as law enforcement that depend on group solidarity to succeed.

However, initiation ceremonies shouldn't be completely abandoned. Yes, they do reinforce the hierarchy, but in many cases maintaining a strong organizational structure is both desirable and necessary. Additionally, normalized initiation ceremonies — those that have both social and institutional acceptance — do in fact increase group identity and instill a sense of pride in belonging.

Each law enforcement agency, especially on a local level, has its own initiation ceremonies for rookies. Many of those rituals have a long history and are part of the local culture. In order to preserve those traditions, law enforcement officials at all levels must educate their fellow officers about the difference between recognized initiation practices and excessive hazing. When a practice can result in physical or psychological harm, it is not only counterproductive, it has crossed the line and should be aggressively addressed. The temptation to turn a blind eye may be strong because of group loyalty, but the long-term consequences to the group undermine the unit's mission and purpose.

How can I contact a chaplain? Chaplains are available at their units of assignment or by calling the Employee Support Services Bureau at (213) 738-3500. ☆

L.A. County Retired Marshals Lunches for 2014

ALL LUNCHESES ARE SCHEDULED FOR 12 NOON

Sept. 3

Matt Denny's
145 E. Huntington Drive
Arcadia

Oct. 1

Marino's Italian Restaurant
17126 Bellflower Blvd.
Bellflower

Nov. 5

Northwoods Inn
14305 Firestone Blvd.
La Mirada

Dec. 3

Villa Tepeyac Mexican Restaurant
2200 E. Garvey Blvd.
West Covina

TEAM *TEMPLE*

By Sheriff Morsi
Temple Station

WE'RE BACK 2.0

I know I said “We’re back” when I first started writing the article after Temple was away for so long.... So I suppose I lied. I’ve been receiving a lot of hate mail asking me why there wasn’t a Temple article for the last few months. I’m actually surprised someone from the other side of the County looks forward to our articles — *I like it*. It’s been a busy few months with some changes here, but I’m back on track.

COMMAND CHANGE

Captain Chris Nee left Temple Station after two years and now commands the Civil Management Bureau of Court Services Division. Sir, you’ve made a lot of great changes here at Temple. Thank you for teaching and mentoring the staff during your tenure. Good luck at your new command.

We welcome newly promoted Captain Donnie Mauldin. Captain Mauldin came to us via the Sheriff’s Office with a lot of great ideas and energy. I understand he likes the “captain” title, but he’s still waiting for it to reflect on his paycheck. Sorry, sir; for now, you’re still a lieutenant as far as Pay & Leave is concerned, but we welcome you as our *captain*.

EMPLOYEES OF THE MONTH

Deputies’ Lifeline: Law Enforcement Technician David Chen was recently named Employee of the Month. David is assigned to dispatch on PM Shift. He has consistently performed outstandingly during his shifts. He has a keen ability to ensure that calls are entered accurately and contain the necessary information to ensure the deputies’ safety. He was commended by his peers and supervisors for his great work ethic and dedication.

She’ll Get It Done: Sheriff Station Clerk Natalie Khin was also recently named Employee of the Month. Natalie is assigned to the patrol secretariat on AM/PM Shift. Both sworn and professional staff have complimented her vast knowledge, efficiency and friendliness. Her supervisor concurs that Natalie is extremely accurate in her data entry and report processing.

OUTSTANDING ARRESTS

Kidnapping Now: While Detective Robert Leyba was CARPing, he saw a vehicle make an abrupt stop. The driver exited and ran while holding a firearm. Detective Leyba quickly learned that the driver had just carjacked and kidnapped the vehicle’s owner at

gunpoint. Leyba quickly coordinated a containment, and both the suspect and the firearm were recovered within the containment.

No Fireworks for You This Year: Deputy Matt Thomas made yet another outstanding arrest. While patrolling South El Monte, he stopped a truck for vehicle code violations. As he always does, Deputy Thomas continued digging and seized over 1,400 pounds of illegal fireworks.



Dope, Dope, and More Dope: The Summer Violent Crime Enforcement Program team, including Sergeant Jorge Marchena and Deputies Mario Garcia, Jason McGinty, Anthony Flores Jr. and Esteban Santana, have been setting the County areas on fire with some great arrests. On their first day 10-8, they were looking for a parolee at large and came across a 40-plant marijuana grow. The following week, they recovered three pounds of meth on a traffic stop. A few days later, they recovered three pounds of tar heroin on a pedestrian stop. They also recovered five pounds of marijuana during a probation check. On yet another day, they acted on a tip and conducted a door-knock at a motel room. They made friends with four local gangsters and shut down an ID theft and credit card fraud operation.

More Dope: Deputy Ulises Urbina conducted a traffic stop of a duo in a parking lot for a warrant attached to the vehicle. The vehicle was not registered to either suspect. During the investigation to verify the suspects’ story, three pounds of meth were recovered from the vehicle.

Gun and Dope: Deputies Mike Scott and Adrian Ruiz conducted a probation compliance check of a known local gangster. During the search, cocaine was recovered at the residence. Using his verbal judo, Deputy Scott eloquently persuaded the suspect to confess to the possession of two loaded firearms in his vehicle. *Nice!*

Commercial Burglary Stopped: Deputies Charles Guzak and Christopher Flores were patrolling Rosemead and saw an unoccupied vehicle, idling and backed into a business. Due to the time

of the night and a recent increase in burglaries, they requested backup. Prior to backup arriving, the suspect ran out of the business and entered the car, and a pursuit ensued. The successful operation netted the suspect in custody, who confessed to additional burglaries in the area.

Dope Again? Deputies Ramon Chavez and Esteban Santana conducted a consensual contact that quickly turned into a detention when they smelled marijuana. When all was said and done, marijuana, 17 baggies of meth and lots of cash were recovered. The suspect was arrested for possession of meth for sales.

COPS HAVE HEROES TOO!

Do you remember those bumper stickers on our radio cars? Well, I wanted to give our hero partners in

the big red trucks some press coverage. Yes, I know there are jokes from both sides, but it’s just a friendly rivalry. Firefighters say, “What do cops and firefighters have in common? They both want to be firefighters.” And cops like to say, “Firefighters sleep till they’re hungry and eat till they’re tired.” But in reality, we both depend on each other out there.

Maybe their saying of cops wanting to be firefighters has some merit, though. Take a look at the adjacent picture of Deputies Han and Vieth dressed up for Halloween — I mean, for a fire drill in the Station jail. The other picture shows Deputy Tung pretending to be a paramedic helping an injured firefighter. Tung, put down the air tank; you can’t use it to refill the PepperBall tanks.



Here’s a new one for you: If it takes four firefighters to get a cat down from a tree, how many does it take to get a bear down? Apparently about a dozen.... We recently had a drunken bear sleeping in a tree in



Bradbury. As they normally do, the California Fish and Wildlife warden arrived and tranquilized the bear. Bears usually wake up immediately after being shot, climb down the tree, walk a few feet, then collapse and start snoring from the tranquilizer. This little bear was slightly different. After being shot once, the bear didn't flinch, so the warden shot it again. Again, nothing. The Fire Department was called in to bring a ladder. A tactical plan was devised and the

warden decided it was best to send a firefighter up the ladder to bring the bear down. Well, the four firefighters who arrived weren't too excited about the idea, so they radioed in for reinforcement from the Urban Search and Rescue Team from the City of Industry. The eight-man team brought in the inflatable air mattress. After all 12 firefighters took turns inflating the mattress by mouth, they climbed up a ladder and gently pushed the bear down onto the mattress. The

bear was loaded onto the warden's truck, taken back into the mountains and released.

So why didn't the bear wake up and climb down on its own as they usually do? Apparently the bear was digging through a trash can, got ahold of some leftover adult beverage containers and finished them off. The bear climbed up the tree and went meemeees. A big thank-you to the dozen firefighters who came to assist. Oh, yeah, that's Lieutenant Chris Marks' national television debut in the attached picture.

RANDOM PHOTO

Let your mind wander and come up with your own caption for the picture below.

Until next time, *have fun and do the right thing.* ☆



CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

*Thank you for your many years of dedicated service to our Department.
We wish you long life, happiness, relaxation and many years of personal fulfillment.*

- Selvia B. Abdelmesseh**
Pitchess Detention Center North Facility
- Mehrdad J. Alkalamy**
Transit Services Bureau
- Alicia R. Araiza**
Medical Services Bureau
- Chanda P. Assar**
Personnel
- Elizabeth D. Aurelio-Ortiz**
Twin Towers Correctional Facility
- Bomani B. Bandele**
Century Station
- Brett A. Bodenstedt**
Twin Towers Correctional Facility
- Davey S. Chapman Jr.**
Major Crimes Bureau
- Michael T. Costleigh**
Emergency Operations Bureau,
Arson/Explosives Detail
- Douglas D. Creighton**
Industry Station
- Tracy H. Crow**
Communications and Fleet
Management Bureau

- Gordon A. Crowl**
Court Services East Bureau
- Warren E. Fairbanks**
Carson Station
- Stephen C. Gasperi**
North County Correctional Facility
- Nestor C. Gazmen**
Facility Services Bureau
- Alexander N. Harris**
West Hollywood Station
- Lynne D. Herold**
Scientific Services Bureau
- Marcus W. Hershey**
Santa Clarita Valley Station
- David R. Hess**
AERO Bureau
- Younghee Kim**
Medical Services Bureau
- Yoonhee Lee**
Century Station
- Larry L. Lincoln**
Emergency Operations Bureau,
Arson/Explosives Detail

- Carter L. Martin**
Twin Towers Correctional Facility
- Elvira G. Martin**
Personnel
- Corrine S. Pirie**
STAR Bureau
- Larry Savedra**
Transit Services Bureau
- Victor O. Sotelo**
Industry Station
- Christopher S. Stokes**
Lakewood Station
- Jack A. Tarasiuk**
Fraud and Cyber Crimes Bureau
- Jeffrey C. Tibbetts**
Norwalk Station
- David S. Vargas**
Transit Services Bureau
- Nettie G. Walker**
Medical Services Bureau
- Donna L. Werick**
Men's Central Jail
- Michael A. Zymkowitz**
Lakewood Station

Well, Summer is officially over; for all you parents out there, congratulations — you made it through the Summer and school is officially back in session!

It has been a Summer of change here at Inmate Services Bureau (ISB). We have now incorporated Education Based Incarceration Unit (EBI), Religious and Volunteer Services (RVS), Fire Camp, Jail Enterprises Unit (JEU) and Business Management Unit. It has been a lot of movement, but change is always good for “shaking up the Etch A Sketch” and starting new. We are all excited to be expanding and working together to become an ever-stronger bureau.

ICE BUCKET CHALLENGE

Our troops are at it again, literally making a splash by participating in the Ice Bucket Challenge. Sergeant Colletta Kirtley and Senior Tammy Sherman challenged Officer Monica Ward, Officer Yvette Veal, Officer Jessie Gaytan, Deputy Jamie Cancel and Deputy Robert Valenzuela of CRDF EBI, who all accepted the challenge while sitting side by side.

Deputy Vanessa Morales challenged Deputy Monica Grana of TTCF EBI, who was very fashionably wearing a yellow shower cap to protect her beautiful locks.

All of these amazing people accepted the challenge and dumped freezing-cold water on their heads in the quest to raise money for the Officer Down Memorial Page, www.ODMP.org. Each participant was challenged by another person via social media chain post (the new-age chain

letter). If you decide to accept the challenge, you pour ice-cold water over your head and donate \$10 to ODMP; if you decline to stand up to the challenge, you have to donate \$100. The money goes to a great cause and it's a great way to show your support. Good job, everyone, and thank you for supporting your partners!

STARS OF THE MONTH

LET Danny Bissman, LET Eddy Orea and Officer Vince Kruzic of TTCF ISB all do an outstanding job of not only completing their assigned tasks but also helping others complete theirs! These guys are Twin Towers “go-to guys” and always have a smile on their faces while doing it.

Senior Deputy Tammy Sherman and Officer Monica Ward of CRDF EBI keep astounding their peers with their hard work and determination.

Representing MCJ, Deputy Dulce Nish's constant determination to get the job done and can-do attitude shine in everything she does.

BABY NEWS

Deputy Aragon of TTCF EBI was blessed with her second beautiful baby boy, Austin Alexander Aragon. He was born on June 23, weighing 8.4 pounds and measuring 19.5 inches long. Little Austin and Mommy are doing great!

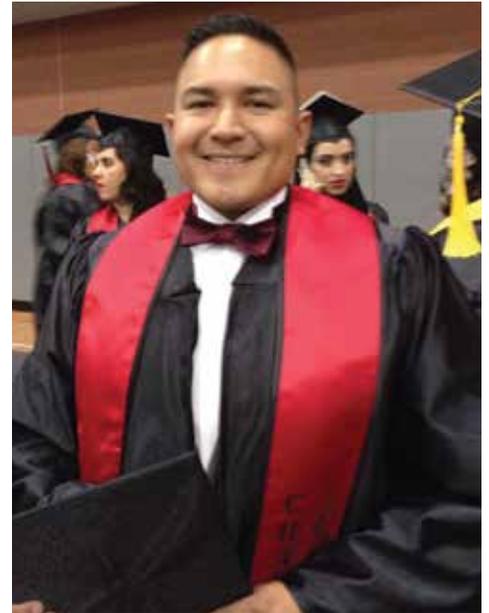
GRADUATION NEWS

Officer Christopher Jackson graduated with his A.A. in broadcast cinematography and photography from Chaffey Community College. Congratulations, Chris — amazing work!

EMERGING LEADERS SUCCESS

EBI had another proud moment on July 7. An ex-gang member, Carlos Duarte, who spent 18 years in the California prison system on attempted-murder charges, had found himself in the County again on possession charges. Carlos used this time in County jail in a positive manner, participated in the Department's EBI courses, managed to turn it all around and wowed everyone with his amazing story at graduation, reciting a beautiful speech.

Carlos was one of 48 who graduated “Emerging Leaders,” an eight-week intensive course that inmates volunteer to attend after they are released from County jail. The participants learn amazing



skills like empowerment and job skills. The program is under the direction of Sergeant Clyde Terry, who does a truly remarkable job every day turning around lives of the forgotten and undersirables. Congratulations, graduates and Sergeant Terry, on your accomplishments.

GOING ABOVE AND BEYOND

OA1 Tabitha Youngstorm from EBI North became involved with Wives Behind the Badge (WBTB) several years ago. Working for the Department and being married to a CHP officer, she saw a lot of families struggle with balancing law enforcement life and unfortunately many ending in divorce, and she wanted to help change that.

When the Boston bombing happened last year, Tabitha was with her own family at Disneyland. She sat on two cellphones all day, one on a conference call with volunteers and the other opened to an emergency check-in chat box filled with spouses from the area. She stayed on both phones all night, until every member was OK and their spouses checked in.

Every day there are new challenges to face with WBTB; many officers out there are still working without proper

basic safety equipment. Tabitha's Oregon Auxiliary is currently raising funds to purchase eight vests for their local P.D., and North Dakota Auxiliary is doing the same. Each challenge is faced the same way by every volunteer she works with, with a dedication that can only be known through love and with the determination that there is no failing because this is family.

For more information on Tabitha and her team's hard work, visit www.wivesbehindthebadge.org.



It's the hard work from people like Tabitha that makes our Department truly remarkable.

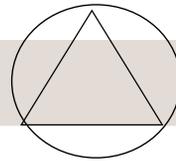
Here at Inmate Services Bureau, we hope you have an amazing Labor Day. Stay safe and keep making our Department proud. ☆



☆ **IN MEMORIAM** ☆

CALVIN E. GRAY	ACTIVE, DECEASED 07-29-14	SECURITY OFFICER/COUNTY SERVICES BUREAU
WILLIAM L. IRVIN	RETIRED 07-17-92, DECEASED 07-01-14	WAREHOUSEMAN/LOGISTICS
JAMES T. JONES	RETIRED 01-19-78, DECEASED 06-16-14	DEPUTY/NARCOTICS
DARLIN SARMIENTO	ACTIVE, DECEASED 07-01-14	SENIOR CLERK/PERSONNEL PAY & LEAVE
RALPH E. STANDRIDGE	RETIRED 10-20-86, DECEASED 07-02-14	SERGEANT/TEMPLE
RICHARD S. WALLACE	RETIRED 03-07-95, DECEASED 07-26-14	SERGEANT/BISCAILUZ CENTER
CHARLES W. WEATHERS	RETIRED 10-16-95, DECEASED 07-09-14	DEPUTY/PDC
GINI DUGAS, WIFE OF RETIRED MEMBER ALBERT L. DUGAS JR., DECEASED 06-12-14		
RONALD JACKSON, HUSBAND OF ACTIVE MEMBER VALERIE J. JACKSON, DECEASED 07-21-14		
EMMA JANE TROUT, WIFE OF RETIRED MEMBER CARL E. TROUT, DECEASED 05-23-14		

Peace Officer's Fellowship



By Chris Minor

STRAIGHT UP

There's a lot of psychology that goes into advertising products with the intent to encourage their purchase; everything from the product name, style, shape, color of the container and even the color of the product. Then the marketing wizards have to put together the words necessary to sell the product. The same psychology is used for describing the product and what it will do for us to make our lives easier and better. Even messages to deter us from hurting ourselves with the products by shocking, poisoning, cutting, etc., are sometimes included. When it comes to alcohol, missives such as "Drink responsibly" or "Think before you drink" are merely meant to be warnings. In a video clip of comedian Craig Ferguson that I use in a training class, he admits to being an alcoholic in recovery and speaks to the message of drinking "responsibly." His enthusiastic answer of "I'll try!" is said in such a humorous way with a obviously knowing smile that, in not so many words, he gets the message across that cautioning a drinker in this manner will most likely fall on deaf ears. Yes, they are good messages, if one actually *listens* to them and follows through. But for those who can't stop at just one or two, they could be considered laughable attempts at making it seem the manufacturer really cares about you. Which of course, they do; they want you to buy more.

"It was just a day like any other, until it wasn't." The California Lottery uses this line as part of an ad campaign designed to show that if you buy a ticket on any given day, even *you* can win the lotto. But what if that line is used in a slightly different way? You got up, went to work and maybe you were putting out one fire after another, handling problem after problem, call after call, and maybe "It was just a day like any other..." Later, you accepted an offer to go out with co-workers after going 10-7. But you didn't have a chance to make any plans to get home, other than driving yourself. That's understandable, as it was a last-minute decision to go out, right? But you figured it should be OK "...until it wasn't." A drink or two might be all it takes for some. For

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

NAME	HOME PHONE	CELL PHONE	WORK PHONE
Eric Castano*	(562) 493-5465	(323) 537-0927	
Joe Collins	(320) 684-4008	(909) 240-0509	
Chris Loomis	(626) 447-9011	(626) 230-3137	
Bob Ghan		(714) 916-3299	
Ray Terhorst	(505) 705-5656		
John Heckman	(661) 272-5756		
Marty Weirich	(360) 570-1216		
John Valencia	(909) 599-1160	(951) 316-3633	
Kathy King		(714) 323-8600	*Active LASD

others, maybe five or six, but no matter the number, your reactions are slowed, skills regressed and perceptions off, whether you're aware of the changes or not. But all that's irrelevant, because somebody behind you is *very aware* of those changes and they're inviting you to join them on the side of the road by graciously lighting the way. "It was just a day like any other, until it wasn't." Your day just dramatically changed. Now what? You know that piece of brass in your pocket works many wonders and makes you part of an elite membership, but how about now? Are you entitled to a break? Do you act or feel that way? Identifying oneself when stopped is something all sworn members know to do, usually because we're armed and we need to let the on-duty officer know they can relax and not be on guard. But what if your *primary* reason for this notification is to see if things go your way? Recently, I was told by an officer involved in a DUI that when he handed his badge over to an officer who had stopped him, the response was, "Why are you showing me this?" He hadn't *verbally* asked for any favors, but he said he knew the officer's question told him how his night was going to end up. A few years back, I heard a similar thought expressed

when a deputy told me that he always thought the badge would get him out of any problem of this nature, and it had worked many times, until it didn't and his day wasn't like any other.

So, are cops just different these days? Are some forgetting that we're all in a "brotherhood" and are supposed to take care of one another? Or, maybe, are they just aware times have changed? All of us should be cognizant that the public doesn't tolerate DUIs as they seemingly used to several years ago. Police agencies don't either, demanding more and better accountability from their personnel regarding the laws and civil liability (i.e., the bottom line, aka, the deep pockets). Maybe those forced into a situation requiring them to make that tough decision to hook a cop don't want to suffer the wrath of the public and their agency, and possibly take a fall (civilly or criminally) for someone they don't know? Whatever the reason, why would *you* want to put that burden on a brother? Assuming you've got control over your drinking, think about keeping every day just like any other. And if you're missing that control, give us a call at Employee Support Services. Don't wait for an off day. Be seeing you. ☆

Updating your beneficiaries with the Sheriff's Department does not update them with SRA.

Please call today for a form to update or print the form from our website at www.sheriffsrelief.org/membership-benefits.

SHERIFFS' RELIEF ASSOCIATION

FAMILY SOCIETY

SATURDAY

September 13th, 2014

STARS CENTER

11515 COLIMA ROAD, WHITTIER, CA 90604

GAMES 10:00AM to 3:00PM

- ★ Petting Zoo
- ★ Bouncies
- ★ Carnival Games
- ★ Face Painting
- ★ Photo Booth
- ★ Hula Hoop Contest

Cost:
for non-members
Food Tickets \$12.00

★ Food Served:

11:00 AM to 2:00 PM

For Information
Call SRA at:
(562) 946-7081



Food Provided by
Tulsa Rib Company

Music By
"The Beatless"



2014 Valor Awards Ceremony & Luncheon



Master of Ceremonies
Mr. Tommy Lasorda

Thursday, October 2, 2014
12:00 p.m.
Quiet Cannon
901 Via San Clemente
Montebello, Ca 90640

For tickets and further information please contact:
Patty Umana (323) 265-6556 or pumana@lasd.org
Abigail Aguilar (323) 267-4811 or aaguilar@lasd.org
Veronica Fisher (323) 267-4825 or vlfisher@lasd.org

2014 Los Angeles County Sheriff's Department
**FUN IN THE SUN
CHILI COOK OFF**
Benefiting Special Olympics

11am-4 pm, Saturday, October 4, 2014
Pitchess Detention Center ~ Jack Bones Equestrian Center
26983 Tapia Canyon Road, Castaic, CA 91384



John L. Scott, Sheriff
www.LASD.org

FUN FOR THE ENTIRE FAMILY!

CHILI BOOTHS
CLASSIC CAR SHOW ~ LIVE MUSIC
KIDS ZONE ~ LASD DISPLAYS
CRAFTERS ~ VENDORS

WITH THE PURCHASE OF A CHILI CARD,
YOU CAN TASTE THE CHILI FROM OVER 25
BOOTHES AND VOTE FOR YOUR FAVORITE.

ADULT CHILI CARD \$10
JUNIOR TASTING CARD \$5
CHILDREN UNDER 5 FREE

ALL PROCEEDS FROM THE CHILI COOK-OFF BENEFIT
SPECIAL OLYMPICS
SANTA CLARITA & TRI-VALLEY
www.SOSC.org

To find out more about attending, competing, vending, or
sponsoring this event, visit www.PDCEvents.org or email
ChiliCookOff@LASD.org

EAST LOS ANGELES SHERIFF'S STATION

Saturday, September 27th, 2014

EAST LA STATION

5019 East 3rd Street, Los Angeles 90222
WEB: elastation90th.com | TEL: 323.264.4151

11:00am - 4:00pm
Open House w/ food and refreshments

STEVEN'S STEAKHOUSE

4:00pm - 6:00pm
Social Hour With Hors D'oeuvres

6:00pm - 8:00pm
Dinner [Ballroom]

Accommodations / Information

COMMERCE CASINO

6131 E. Telegraph Rd. Commerce, Ca 90040
TEL: 323.728.3213
Special Rates [LIMITED] PROMO CODE: **ELA90TH**

STEVEN'S STEAK HOUSE

5332 Stevens Pl, Commerce, Ca 90040
EARLY BIRD SPECIAL \$25.00 ENDS JULY 31ST
REGULAR PRICE \$40.00

PLEASE CALL TO PURCHASE TICKETS
ASK FOR ELA90TH SPECIAL
TEL: 323.723.9856

SHERIFF'S YOUTH FOUNDATION



SAVE THE DATE

29TH ANNUAL

Salute to
Youth Gala



Thursday, September 18, 2014

5:30 - 9:00P.M.

BEVERLY HILTON HOTEL

Watch for more details at www.SheriffsYouthFoundation.org

Sheriffs' Relief Association

**SRA: (800) 544-4772/(562) 946-7081, Emporium II: (562) 946-7271, Emporium III: (661) 295-8030
2014 Tickets Available & Sold To Members Only**

BUY TICKETS ONLINE!

Select tickets available for purchase with a credit card through our website at
www.sheriffsrelief.org

ATTRACTION	SRA PRICE Adult/Child	REG. PRICE Adult/Child
AMC (unrestricted)	\$8.00	\$11.00-\$13.50 depending on location
.	Ages 3 and up	
BOOMERS IRVINE	\$19.99 All day unlimited attractions*	
(available online only)	\$0.99 processing fee per transaction	
DISCOVERY SCIENCE CENTER	\$12.00/\$10.00*	\$15.95/\$12.95
(available online only)	(Children 3-11)	
DISNEY 1 DAY 1 PARK	\$92.16/\$82.56*	\$96.00/\$90.00
.	\$92.16/\$86.40 (online price)*	
Adult ticket good thru 12/31/15; child ticket good thru 12/31/14	(Children 3-9)	
DISNEY 1 DAY 2 PARK HOPPER	\$125.36/\$119.87*	\$150.00/\$144.00
.	\$138.00/\$132.48 (online price)*	
Good thru 12/31/14.	(Children 3-9)	
HURRICANE HARBOR	\$24.99*	\$39.99/\$31.99
(available online only) 5/25/14-9/28/14	(Children under 3 free)	
.	*\$8.99 processing fee per transaction	
KNOTT'S BERRY FARM	\$36.00/\$27.00 (available online)*	\$62.00/\$33.00
Good thru 12/31/14.	(Children 3-11; Senior 62+)	
.	*\$5.99 processing fee per transaction	
KBF SOAK CITY	\$23.00/\$21.00 (available online)*	\$36.00/\$26.00
(available online only) 5/17/14-9/14/14	(Children 3-11; Senior 62+)	
.	*\$5.99 processing fee per transaction	
LEGOLAND-Free 2nd Day	\$67.00/\$62.00*	\$85.00/\$75.00 (1 day ticket)
(available online only)	2nd Day Free must be used w/in 90 days of 1st visit/use	
LEGOLAND HOPPER-Free 2nd Day	\$72.00/\$67.00*	\$107.00/\$97.00 (1 day ticket)
(available online only)	2nd Day Free—all visits must be used by expiration date	
LONG BEACH AQUARIUM	\$18.95/\$11.95 (available online)*	\$28.95/\$14.95
Good thru 11/30/2014	(Children 3-11)	
MAGIC MOUNTAIN	\$37.99*	\$64.99
(available online only)	*\$8.99 processing fee per transaction	
MEDIEVAL TIMES	\$35.97/\$27.71*	\$59.95/\$36.95
(available online only)	(Children 12 and under)	
RAGING WATERS—San Dimas	\$26.99/\$26.99*	\$38.99/\$28.99
(available online only) 5/10/14-9/28/2014	(Children under 48"; Senior 60+) *\$1.25 processing fee per TICKET	
REGAL/EDWARDS (unrestricted)	\$8.00	\$11.00-\$13.50 depending on location
.	Ages 3 and up	
SEAWORLD-Single Day	\$59.00/\$59.00 2nd day free	\$84.00/\$78.00
.	\$64.00/\$64.00 2nd day free (online price)*	
Good thru 12/25/14.	(Children 3-9)	
SEAWORLD-Fun Card	\$66.00/\$66.00	\$84.00/\$78.00
Good thru 12/31/14.	(Children 3-9)	
UNIVERSAL STUDIOS	\$79.00 3-Day pass*	\$92.00
(available online only)	\$92.00 Buy a Day, Get 2014 Free*	

IMPORTANT: PAYMENT-CASH OR CHECK ONLY IN OUR OFFICE (CHECK PAYMENT LIMIT=\$750.00). TICKET LIMIT=10 PER ATTRACTION PER MONTH (EXCEPT FOR DISNEYLAND TICKETS, LIMIT IS ONLY 8) PER MEMBER. IF MEMBER IS HAVING SOMEONE OTHER THAN SPOUSE PICK UP TICKETS, ONLY THE MEMBER'S PERSONAL CHECK WITH EMPLOYEE # WRITTEN ON THE SAME CHECK IS ACCEPTED FOR PAYMENT. PLEASE READ AND CHECK INSTRUCTIONS AND RESTRICTIONS ON THE BACK OF EACH TICKET BEFORE LEAVING THE TICKET COUNTER. ALL SALES ARE FINAL. PRICES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. ONLINE PRICING* MAY DIFFER FROM IN-OFFICE PRICING.

*ADDITIONAL SERVICE CHARGES MAY APPLY. PLEASE SEE INDIVIDUAL WEBSITES FOR DETAILS.

REVISED 8/19/2014

Star News Advertisement Disclaimer



The Editor and employees of the *Star News* and the members of the Sheriffs' Relief Association do not endorse or investigate the advertisements published in the *Star News*. Readers should note that neither the *Star News* nor the Sheriffs' Relief Association is responsible for the content of such claims of such advertisements. Advertisers should note that the *Star News* and the Sheriffs' Relief Association reserve the right to reject further publication of an advertisement for any reason.

Advertising Index

Auto.....33-36

General.....29-32

Insurance 31

Legal Services28-30

Medical..... 32

Mortgage & Real Estate29-30

LAW OFFICE OF DENNIS M. SCHUSTER

FAMILY LAW • CRIMINAL LAW

- Child Support/ Arrears
- Divorce
- DUI
- Reinstatement License
- Paternity
- Domestic Violence
- Custody/Visitation
- Restraining Orders
- Criminal Defense
- Guardianships

32 Years of Experience

1-888-756-5776

www.schusterfamilylaw.com

13215 East Penn St., Suite 535 • Whittier, CA 90602

MYERS & ASSOCIATES

Lisa G. Myers, Attorney

Wife of LA County DA Investigator
Discounted Rates for Deputies

- Divorce/Paternity
- Mediation
- Child/Spousal Support
- Guardianship
- Child Custody/Visitation
- Living Trusts
- DA Support Cases
- Restraining Orders

(562) 693-3447

13215 E. Penn St., Suite 210, Whittier, CA 90602
Email: Lisa4Law@aol.com • www.lisamyerslaw.com



Attention Advertisers!

Get the word out!

Advertise in
Star News!

Call Today!

(818) 848-6397

911 MEDIA
STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

www.911MEDIA.com

911MEDIA® is a division of Trade News International, Inc. **TNI**

NEED AN ATTORNEY?



LASD Instructor
for 25 Years

DonSowersEsq@aol.com

CALL SOMEONE YOU ALREADY KNOW!

When you or a friend is in trouble - Or if you need an attorney referral
Call someone you can trust

Please consider calling Don Sowers, Esq. You may recall he was your Instructor at S.T.A.R.S. where he teaches "LD-15 Laws of Arrest." Don is a **Criminal Defense, DUI & DMV Attorney** who has represented deputies, their friends and family members for over twenty years. If you, or someone you care about needs help, give him a call. The initial **CONFIDENTIAL CONSULTATION** is FREE.

- Former Los Angeles County Deputy District Attorney
- Past Chairman - Los Angeles County Bar Association - Criminal Justice Section
- Former Santa Monica Police Detective
- L.A.S.D. Academy - Recruit Training Instructor for over 25 years
 - P.O.S.T. - Subject Matter Expert: Laws of Arrest, Search & Seizure and Evidence
 - L.A.S.D. Academy Class # 186

OFFICES THROUGHOUT SO. CALIFORNIA ♦ FREE CONFIDENTIAL CONSULTATION

Call 800-459-2173



Law Firm of Yolanda V. Torres, APLC

Certified Family Law Specialist
State Bar of California Board
of Legal Specialization

- Divorce
- Child Custody
- Visitation
- Guardianships
- Adoption
- Support

FREE CONSULTATION

SPECIAL RATES FOR LAW ENFORCEMENT

601 N. Parkcenter Drive, Suite 109, Santa Ana, CA 92705
(714) 541-5400 | fax: (714) 242-7416
www.yvtorreslaw.com

The Sheriff's
Department
Credit Union
Since 1937

OUR HOME LOANS HAVE CURB APPEAL

- First Time Buyer
- Fixed Rate Equity
- Refinance Options
- Equity Line of Credit
- Fixed & Adjustable Rate



Federally
insured by
the NCUA

FirstCity
CREDIT UNION
www.firstcitycu.org
800-944-2200

Low Fees • Low Rates • Flexible Terms

Claremont • Lakewood • Lancaster • Los Angeles • Palmdale • Pasadena • West Covina • LA County/USC Medical Center



ATTORNEY AT LAW
 ★★★ JEFFREY R. SALBERG ★★★
 (L.A.S.D. RET.)

LAW ENFORCEMENT RATES

DIVORCE • CUSTODY • VISITATION • SUPPORT
 ASSET PROTECTION • DUI DEFENSE

SHERIFF
 jsalberg@415atty.com
CALL US TODAY! 888-415-ATTY
 www.415atty.com



805 SUSPENSION & MOTOWORKS
 Dirt Bike, ATV, & UTV
 Suspension & Engine Servicing
 (805) 777-DIRT (3478)
 www.805suspension.com

We offer discounts for all active and retired law enforcement

3209 E. Thousand Oaks Blvd., Suite #0 Thousand Oaks, CA. 91362



Rates Are Lower than 7 Months Ago!

Debbie Read (925) 575-4371 Debbie@divcap.net NMLS #: 274865/1850 Serving Law Enforcement Since 1996 <small>Licensed by the Dept. of Business Oversight under the CRMLA</small>	<table border="0"> <tr> <td>30 Year Fixed Rate</td> <td>4.125%</td> </tr> <tr> <td>Loan Amount</td> <td>\$350,000</td> </tr> <tr> <td>Payment (Principle & Interest)</td> <td>\$1,696.37</td> </tr> <tr> <td>APR (Inc. est. fees \$1200)</td> <td>4.15%</td> </tr> </table> <p>Based on Owner Occupancy, Single Family and Credit Scores of 700+</p>	30 Year Fixed Rate	4.125%	Loan Amount	\$350,000	Payment (Principle & Interest)	\$1,696.37	APR (Inc. est. fees \$1200)	4.15%
30 Year Fixed Rate	4.125%								
Loan Amount	\$350,000								
Payment (Principle & Interest)	\$1,696.37								
APR (Inc. est. fees \$1200)	4.15%								

2013 American Pacific Mortgage Corporation. All information contained herein is for informational purposes only and, while every effort has been made to insure accuracy, no guarantee is expressed or implied. Any programs shown do not demonstrate all options or pricing structures. Rates, terms, programs and underwriting policies subject to change without notice. This is not an offer to extend credit or a commitment to lend. All loans subject to underwriting approval. Some products may not be available in all states and restrictions apply.



Attention Advertisers!
 Get the word out!
 Advertise in Star News!
 Call Today!
 (818) 848-6397



STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION
 www.911MEDIA.com

911MEDIA® is a division of Trade News International, Inc. **TNI**

Don't Miss a SPOT with a POPA Home Equity Line of Credit



- No Closing Costs³
- Promotional Rates¹ as low as **2.25%** APR²
- Call us today for details at 562.229.9181

POPA Peace Officers Professional Associations Federal Credit Union

Federally Insured by NCUA. 

1 - A 1.00% discount is applied to the promotional rate shown. 1.00% discount is available only on new POPA Federal Credit Union Home Equity Lines of Credit with an 80% CLTV or less, during the introductory twelve-month period. Offer is available for new applications submitted from 05/01/2014 to 12/31/2014. After the twelve-month period, the discount is removed, and the approved variable APR is applied. 2 - Subject to credit and property approval. Rates shown as Annual Percentage Rates (APR) and are variable and based on The Wall Street Journal Prime Rate plus a margin. As of 05/01/2014, line of credit APRs range from 3.25% to 18.00% based on the approved credit limit, your credit history, and your ability to repay the debt. Offer based on a combined loan to value (CLTV) ratio of 80% or less, with limits ranging from \$10,000 to \$250,000. The minimum APR that may be imposed is 3.25% (not including the promotional period). The maximum APR that may be imposed is 18.00%. Property insurance is, and flood insurance may be, required. Rates subject to change without prior notice. Consult your tax advisor regarding the deductibility of interest. Additional restrictions may apply. 3 - No closing Cost: POPA FCU will pay all closing costs. The combined amount of all third-party fees generally totals between \$200 and \$1,200. Should this loan be paid off, closed, or if the minimum daily balance amount is not met within 36 months from the anniversary date of the loan closing, the member will be obligated to pay POPA FCU the full amount of the total closing cost for the loan. Other terms and conditions apply; call 562.229.9181 for details.

GROSSHAIRS USA
WHERE ACCURACY IS EVERYTHING®

3902 Pacific Coast Hwy, Suite D
Torrance, California 90505
Toll Free: **866.927.4668**

KSG 12 Gauge Shotgun
Model KSG0LK
BLACK \$2,050.00
GREEN AND DARK EARTH \$2,250.00

SPRINGFIELD ARMORY USA SALE
Springfield TRF Operator 45 A&W
Product #P081020A
Springfield Armory TRF Operator
45 AUTO Full Rail California
Cooperated 1911 Pistol
\$2,875.00

Item: **LOREN 119 Gr., 100 Rd Box, FMJ**
Product USA2000V
\$39.85
100 Rd Box
1000 GR (200 500.00)
(200 20 500.00)

Item: **WINCHESTER 40 S&W 45 Gr., 100 Rd Box, FMJ**
Product USA2000V
\$52.75
100 Rd Box
1000 GR (200 500.00)
(200 20 500.00)

Item: **WINCHESTER 45 AUTO 230 Gr., 100 Rd Box, FMJ**
Product USA2000V
\$54.75
100 Rd Box
1000 GR (200 500.00)
(200 20 500.00)

**** Limited Stock ****

PRICES AND PRODUCTS ARE SUBJECT TO CHANGE WITHOUT NOTICE

Top of the Line

TAX SERVICE

Tax Preparation & Planning • Audit Representation
Payroll and Bookkeeping Services

Bridget Saunders
CTEC Registered Preparer

RETIRED LASD

tel (800) 436-4199 • fax (909) 912-8467
email Bridget@topofthelinetax.com

Offices in San Dimas, Valencia and Rancho Cucamonga

SHERIFF'S SPECIAL

\$65 in FREE Bonuses!
with safe purchase & this coupon
Includes; 52" logo gun sock,
Security safe light,
EVA-Dry dehumidifier
Coupon expires 9/30/2014 • One per customer

DeanSafe.com

4440 Industrial Street
Simi Valley, CA 93063
(805) 526-5443

8616 Woodman Ave
Arleta, CA 91331
(818) 997-1234

SN 9/14

Sue & Ferris Designs, Inc.
550 S. Hill Street, Suite 543 • Los Angeles, CA 90013
Ph. (213) 614-9500 • Fax (213) 614-9700

Up to 60% Off Retail

Specializing In
Custom Orders, Engagement Rings
Wedding Bands, Anniversary Rings
Bracelets, Pendants, Earrings



LOUIS BARNETT & ASSOCIATES

Taking Care of Families.

Serving Deputy Sheriffs' Insurance needs since 1982



CSE Insurance Group
Since 1949



Safeco Insurance™
A Liberty Mutual Company



MERCURY INSURANCE GROUP



PROGRESSIVE

Various Discounts Available

Law Enforcement	Credit Union Member
Government Employee	Bachelor's Degree
Firefighter	L.A. County Bar Assoc.
Educator	CA Medical Assoc.

Protect Your Family's Needs

Auto Insurance	Motorcycle/ATV Insurance
Homeowners/Renters Insurance	Term Life Insurance
Rental Property	Permanent Life Insurance
Umbrella Insurance	Mortgage Protection

Let Us Review Your Policy. Call Us Today!!

Louis Barnett & Associates • (800) 641-1558 • www.louisbarnett.com • CA Lic # 0575413

We Turn Your GUNS Into Cash
we'll come to you & we make it easy on you

- Consignment Sales - Outright Purchases - Appraisals
- ATF Transfers - Estate Liquidation - Quick Payment



Deluxe Winchester 1873

Sold For: **\$19,725**



Colt Frontier Six Shooter

Sold For: **\$6,500**



1941 Johnson

Sold For: **\$5,250**

LSB
Lock Stock and Barrel Investments
 1520 Los Angeles Ave. Simi Valley, CA 93065
 M-F, 8-5 & Sat. By Appointment
www.LSBauctions.com - (805) 285-0715

**Triathlete Ironman...
 Hernia Surgeon...
 Specialist...**



Police officers under California Labor Code 4616.3 (c) have the right after the first physician visit to change to any physician within the network. You can still choose Dr. David Albin because he is a panel member of your MPN. It is the law and it is your right to receive the best.

Dr. Albin is a hernia specialist and has performed over 8,000 hernia surgeries. Dr. David Albin is a board certified general surgeon whose practice is devoted to hernia surgery. Non-hurried appointments.

HERNIA CENTER OF SOUTHERN CALIFORNIA
 (626) 584-6116
 or Toll Free
 (877) 2 HERNIA
www.herniaonline.com
 Multiple office locations in LA County

PROFORCE
LAW ENFORCEMENT
 Firearms and Tactical Equipment for Law Enforcement Professionals

Join us at our Store in Brea, California. September 26-27 9am-6pm

Remington
 Special Low... Low... Pricing! **DAYS!**

ASK US ABOUT OUR CLEARANCE ITEMS BEFORE THEY ARE GONE FOREVER!

Sign up on our website to receive special discount pricing during our 2014 promotional events.
www.proforceonline.com

Colt 1911 Government Rail Pistol in .45 ACP features a 5-inch barrel, blackened stainless slide and frame, black cerakote finish, military standard rail, checkered double diamond black and silver grips, white dot carry sights.

\$1219⁹⁹

RUGER 3235
\$359⁹⁹

GLOCK FIXED SIGHTS 40S&W 3 MAGS CASE CLEANING ROD & BRUSH P122502
\$398²⁰

FACTORY AUTHORIZED DISTRIBUTOR

SALE ENDS 9/30/14

655 N. Berry Street, Suite H. Brea, CA 92821 Tel: 714-257-9095 Fax: 714-257-9076
 Open Mon-Sat 9am-6pm e-mail: sales@proforceonline.com www.proforceonline.com

Baida Jewelry.com
 THE Original Jeweler to Law Enforcement

Up to 70% off for L.A.S.D. Deputies and Employees. Active & Retired



100% NATURAL non-enhanced & non-treated diamonds
 U.S. Certified Diamonds only!
 Lifetime Upgrade policy
 A portion of all sales revenue is donated to law enforcement agencies and the community

International Jewelry Center
 550 South Hill st. Suite 830
 Los Angeles, CA 90013
 (213) 623-4087 (213) 623-3780
www.baidajewelry.com

Diamond Importers Jewelry Manufacturers Custom Designers

LASIK

IMPROVE YOUR VISION
 IMPROVE YOUR LIFE!

Sheriff's Care Package CALL NOW!
Free Consultations • Financing Available

AMERISIGHT INSTITUTE
VALLEY EYE CENTER
 SURGICAL • MEDICAL GROUP

14914 Sherman Way • Van Nuys, California 91405
888-999-4202

AUTOMOTIVE DIRECTORY

September 2014

CA Superstores

Valencia

Brent Zega
(661) 259-8770
John Rodis
(661) 219-0589

Camino Real Chevrolet

(323) 264-3050

Chevrolet of Montebello

Ed Engle
(714) 814-0256

Connell Chevrolet

Eddie Cuadra
Joey Cuadra
Andy McNally
(866) 511-3917

Galpin Motors

Terry Miller
(818) 787-3800
(800) GO-GALPIN

Hamer Toyota

Steve Denson
(855) 592-7097

Larry H. Miller Toyota

Barbara Marino
(951) 898-2295

McPeek's Dodge of Anaheim

Kevin Buzzard
(714) 254-2600
Patrick Graham
(714) 254-2613

Norm Reeves Honda

Louis Mesquita
(626) 756-3846
(909) 228-9916

Penske Toyota

Shane Burson
Linh Lam
(562) 904-5686

Rydell Automotive Group

Vicki Marasco
(818) 832-1610

Toyota Hyundai of Glendora

Lowell Hornung
(800) 986-9682 x220
(909) 305-2000

CHEVROLET of MONTEBELLO

SPECIAL PRICING!

FIND NEW ROADS

FOR LAW ENFORCEMENT AND THEIR FAMILIES

COME IN AND RECEIVE SPECIAL DISCOUNTS AND PRICING
310 W. WHITTIER BLVD, MONTEBELLO • (866) 572-7532 • WWW.CHEVROLETMONTEBELLO.COM

 Ed Engle
 Benjamin Juarez
 Kevin Rivas
 Warner Fowlkes

Rydell



FIND NEW ROADS

Proudly Supporting Law Enforcement and their families for over 15 Years!



Vicki Marasco
LASD Representative
(818) 832-1610
Fax (818) 832-1686
Email: vmarasco@rydells.com

18600 Devonshire St.
Northridge, Ca 91324



TOYOTA HYUNDAI



of Glendora



1949 Auto Centre Dr., Glendora, CA 91740

Call **Lowell Hornung**

Fleet & Leasing Manager For Special Fleet Prices

(909) 305-2000 Fax (909) 305-2030

E-mail: lowell@toyotaofglendora.com

911 MEDIA
STRATEGIC COMMUNICATIONS FOR YOUR ORGANIZATION

A division of Trade News International, Inc. **TNI**

To Advertise in
Star News
call (818) 848-6397

California
SUPERSTORES
VALENCIA



Jeep



CALL FOR VIP PRICING

Brent Zega
Assistant Sales Manager
(661) 259-8770

John Rodis
Internet Sales Manager
(661) 219-0589

SPECIAL PRICING TO ALL LASD
ACTIVE AND RETIRED FAMILY MEMBERS

IT'S ALL NEW

Larry H. Miller

Toyota CORONA



LHMTOTYOTACORONA.COM

Larry H. Miller
Toyota CORONA
Driven By You

951-898-2295
1685 WEST 6TH STREET
CORONA, CA 92882



BARBRA MARINO
LASD REPRESENTATIVE

CAMINO  REAL



FIND NEW ROADS™

Internet Department
Sara McKinney, Jonathon Ceron,
Mikey Hernandez, Marci Adashian
& Max Fernandez

2401 S. Atlantic Blvd
Monterey Park, CA 91754
(323) 264- 3050



McPeek's Dodge of Anaheim



McPeek's Dodge proudly supports the men and women of Los Angeles County Sheriff Dept and their families.

CALL FOR SPECIAL FLEET PRICING

For more information please call Kevin Buzzard or Patrick Graham
 (714) 254-2600 - (714) 254-2613 - kevinb@mcpeekdodge.com
 1221 S Auto center Dr, Anaheim, 92806, CA



PENSKE



for FLEET PRICES

call: Linh Lam or Shane Burson

562-904-5686

llam@socalpenske.com

www.pensketoyotadowney.com

Fax 562-861-0360

Major Discounts to all LASD members and their families
 Large Used Car Selection • Top Dollar for Trade-Ins

PENSKE TOYOTA



9136 E. Firestone Blvd. Downey



To thank those who protect and serve our communities, Hamer Toyota offers special VIP pricing to all Law Enforcement Officers and their families.



Ask for Steve Denson
 11041 Sepulveda Blvd.
 Mission Hills, Ca. 91344
 855-592-7097
 steve@hamertoyota.com



CONNELL CHEVROLET



★ SPECIAL PRICING ★
 TO ALL LAW ENFORCEMENT AND THEIR FAMILIES



FLEET MANAGERS

Eddie Cuadra • Joey Cuadra • Andy McNally

WE WILL BUY YOUR CAR (866) 511-3917
 PAID FOR OR NOT



2828 HARBOR BLVD. COSTA MESA
 www.connellchevy.com

NORM REEVES HONDA SUPERSTORE WEST COVINA



- Seven acres of cars, trucks and SUVs
- Thirty full-service bays
- Four express bays to get you in and out fast

- WiFi & Big Screen TVs
- 10% off all Genuine Honda Accessories
- 10,000 square foot Parts Department

Appreciation Discount For All Sheriffs Personnel And Family Members



- College Graduate Programs
- Hassle Free Buying
- All Credit Unions Accepted
- No Credit or Bad Credit? Ask About Our First Time Buyer Program
- Serving the Community for Over 34 Years
- Special APR Programs On Select Models
- Lease To Own Programs
- Price Protection Guarantee: If you can find the same new Honda for less within 5 days, Norm Reeves will pay you the difference or buy your vehicle back.



Please Contact:
Louis Mesquita

Fleet Sales & Leasing Manager
 Serving the Community For Over 34 Years

Direct Line: 626.756.3846
 Cell: 909.228.9916

lmesquita@normreeveswc.com
 normreeveswc.com

NORM REEVES HONDA SUPERSTORE™
 West Covina



1840 East Garvey Ave. South • West Covina, CA 91791



GALPIN



800.GO.GALPIN • www.GALPIN.com

The #1 Volume Ford Dealer in the world for 24 consecutive years!

**Galpin Motors is Proud to Serve
Those Who Serve Us!**

We are pleased to offer
SPECIAL VIP PRICING & INCENTIVES
to Our Law Enforcement Officers (including retired),
Civilian Personnel and Family Members.

Ford
818.787.3800
15505 Roscoe Blvd.,
North Hills, CA 91343
Terry Miller,
General Sales Manager

**Aston Martin • Jaguar
Lotus • Volvo • Lincoln**
818.894.3800
15500 Roscoe Blvd.,
Van Nuys, CA 91406
Brian Allan, General Manager

Mazda
818.742.3800
15430 Roscoe Blvd.,
Van Nuys, CA 91406
Daniel Fox,
Sales Manager

Galpin Certified Used
818.778.2010
15445 Roscoe Blvd.,
Van Nuys, CA 91343
Al Joseph,
General Manager

Galpin Honda
818.837.6100
11151 Laurel Canyon Blvd.
Mission Hills, CA 91340
Ed Hartoonian,
General Manager

Galpin Volkswagen
818.895.3800
15421 Roscoe Blvd.,
North Hills, CA 91343
Michael Schwartz,
General Manager

Galpin Santa Clarita
Mazda • Quick Lane • Subaru
661.255.7703
23645 Creekside Rd.,
Santa Clarita, CA 91355
David Gillum, Jr., General Manager