



Star News

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.

VOL. 77 NO. 1

MAY 2016

BAKER TO VEGAS **BRINGING** **THE HEAT**

CONGRATULATIONS TO ALL OUR TEAMS!

Altadena/Crescenta Valley | Carson | Century
Century Regional Detention Facility | Cerritos | Compton
County Services Bureau | Countywide | Court Services Division
East L.A. | Homicide Bureau | Industry | Inmate Reception Center
Lakewood | Lancaster | LASD Women | Major Crimes/Narcotics Bureau
Malibu/Lost Hills | Marina del Rey/Community College Bureau
Medical Services Bureau | Men's Central Jail | North County Correctional Facility
Norwalk | Palmdale | Personnel Administration Bureau | Pico Rivera
Pitchess Detention Center, South & North Facilities | San Dimas/Walnut
Santa Clarita | South L.A. | Special Operations Bureau | Temple
Threat Interdiction Unit | Training Bureau | Transit Services Bureau
Transportation Bureau | Twin Towers Correctional Facility

Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Thursday, March 10, 2016, at the Hall of Justice in Los Angeles. The following officers and trustees were present: John McBride, President; Jake Katz, Vice President; Liza Vera, Secretary-Treasurer; Trustees Tracee Allen, Mike Abdeen, Joe Badali, Kerry Carter, J.P. Harris, Richard Maradiaga, Veronica Urenda and Ralph Webb; Bill McSweeney, General Manager; and Carrol Leonard, Assistant General Manager. Trustee not present: Josie Woolum.

The meeting was called to order at 4:27 p.m. A motion was made by Trustee Webb, seconded by

Trustee Maradiaga and unanimously carried, to approve the minutes of the January 14, 2016, meeting and the December Foundation expenditures.

COMMUNICATIONS

General Manager Bill McSweeney reported that communications were received from the following during the month of February:

From Laura Harris to Denise Jezak, "Thank you for your kind letter. The STAR arrangement was so beautiful. The benefit was very helpful towards costs."

From Marion Sue O'Farrell to Sheriffs' Relief Association, "Thank you so much for the beautiful

'Star' and the case for the flag."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING FEBRUARY: \$113,750

MORTUARY BENEFITS PAID YEAR TO DATE: \$188,500

EMPORIUM REPORT

General Manager McSweeney reported that if sales continue at the current pace, the Emporiums

continued on page 4



Retired Deputies

By Chickee Nelson and Don Fandry

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: Chickee1@netzero.com or Djfandry@att.net

NEXT LUNCHEON:

Thursday, July 21, 2016
@11:30 a.m. Cost \$13
Glendale Elks Lodge
120 E. Colorado Street
Glendale, CA
(818) 242-2105

On March 2, the Hi-Desert Retirees met at Marie Callender's Restaurant, 12180 Marioposa Road, Victorville, at 11 a.m. We chose from the menu. We meet on the east side of the bar area. Those present were Paul and Marlyn Meunier, Norman and Chickee Nelson, Shannique Solaita, Joe and Cam Almada, Joe and Sheila Ortiz, Bob and Teri Kaufman, and Beth Combs. Dick and Lou Olney were on their way to the luncheon when Dick started having problems with his foot. Ed and Shirley Sznaper had to go to the doctor's during our luncheon. We meet the first Wednesday of the month. Everyone is welcome to come join us for lunch and bring a friend!

On March 2, the Marshals Old Timers Luncheon was held at Marino's Italian Restaurant in Bellflower. The old familiar faces were there, along with two special retirees. Those in attendance were Sam "Buford" Combes, John Davis, John "Jack" Russell, Bob "the Marshal" Mann, Alan Blomker, Peter "the Beard" Mack, Robert Ichikawa, Cliff Hartfield, Ken Swan, Al Barnett and Roger DeHaan. Thank you, Roger, for collecting the names of the attendees. Future dates and locations are usually listed in the *Star News* and the *Star & Shield*. Be advised that the July location will be changed, as the *Bob's Big Boy* is no longer at that location. Keep your eye open for Pat's email notification. — Terry



The Hi-Desert luncheon. Front: Shirley and Ed Sznaper; standing: Dick and Lou Olney, Sheila and Joe Ortiz, Teri and Bob Kaufman, Beth Combs, Joe and Cam Almada, Norman and Chickee Nelson, Marlyn and Paul Meunier, and Shannique Solaita.

On March 2, the Desert Heat Retirees got together at the Lake Havasu Elks Lodge in Lake Havasu, Arizona. Those attending the luncheon this month were Bobby Taylor, Mike O'Hara, Mike Robbins, Jerry Gillen, Joan Day, Claude Anderson, Bill Violette, Ed Ryan, Jim Slay, George Wilson, Sue Copperud, Mike and Leseah Castorina, Kevin Gavaghan, and Tom and Sonja Liles. Come and join us; we meet the first Wednesday

of every month. Thanks, Jerry Gillen (lnx1993@yahoo.com).

On March 14, we, all 16 of us, met at Lascari's Italian Restaurant in Whittier and enjoyed each other's company, or at least those who were close enough to hear their voices. Those attending were Bill Richardson, George Boswell, Robert Pryor, Ron Morgon,

continued on page 4



Star News

The official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.

Vol. 77 No. 1May 2016

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.; STARS Center, 11515 Colima Rd., Bldg. B, Whittier, CA 90604. Phone: (562) 946-7081 or toll-free (800) 544-4772. Fax: (562) 946-5302.

COPY DEADLINE: 1st of the month for the following month. Send copy to: starnews@lasd.org or carrolleonard@sheriffsrelief.org.

OFFICERS

Honorary Chairman of the Board Sheriff Jim McDonnell
President John McBride
Vice President Jake Katz
Secretary-Treasurer Liza Vera

TRUSTEES

Mike Abdeen, Tracee Allen, Joe Badali, Kerry Carter, J.P. Harris, Rich Maradiaga, Veronica Urenda, Ralph Webb and Josie Woolum

General Manager Bill McSweeney
Asst. General Manager Carrol Leonard

For Advertising call
(818) 848-6397
911MEDIA.com



911MEDIA® is a division of
Trade News International, Inc.



Table of Contents

Units

Peer Support Program.....	6
County Services Bureau	7
Lancaster Station.....	8
Century Regional Detention Facility	9
East Los Angeles Station	10
Pitchess Detention Center, North Facility	11
Inmate Services Bureau	16
Men's Central Jail	18
Peace Officer's Fellowship	21
Data Systems Bureau	22
From the Docs	26
Parks Bureau.....	27
The Chaplain's Notebook.....	29
L.A. Sheriffs' Museum.....	32
L.A. Grizzlies	34

Features

Join Us for the McArthur Reunion.....	12
LASD Baker to Vegas Women's Running Team.....	14
In Memoriam	28
March 2016 Retirees	30
Retired Marshals Lunches	31
Sheriffs' Relief Discount Tickets.....	36

may reach sales of \$1,100,000 this year. The Board thanked Trustee Badali for all his hard work in helping to make that happen.

Despite being open an extra day, Emporium #3 has tripled its sales. Staff works three days each to accommodate longer hours with no new expense to us.

Since selling ammunition does not require a special license or permit, staff will investigate the need for additional liability insurance. Trustee Badali expressed concern over the store security should the stores carry ammunition. He, along with staff, will look into what may be available.

A Sheriff's star necklace charm will be available in 14K gold as well as a more economical sterling silver version.

MEMBERSHIP REPORT

A total of 95 new membership applications were received during the month of March. A motion was made by Trustee Harris, seconded by Trustee Webb and unanimously carried, to accept the following new members: Javier Abundis, Ashley L. Adams, Slavik Arutyunov, Raffi Azizian, Gibson M. Babiera, Daisy Banuelos Zaragoza, Armand R. Bashar, Krystal A. Benoit, H. Bermudez-Mendoza, Jason P. Biniasz, James T. Branley, Everaldo D. Brito, Andrea N. Bullingor, Alex K. Bullock, Gabriela A. Cabrera, Patrick D. Caceres, Melinda Camacho, Ellison W. Cayetano, Rosa E. Chavez, Hector M. Chien Jr., Andrew R. Cibrian, Amanda Contreras, Jessica Cordero, Juan

L. Cordon Albanez, Raquel Cruz, Jeffrey Danh, Aaron A. De La Roca, Thomas C. Delgado, Christian Duenas, Tanisha S. Everage, Guy A. Ferber, D. Francisco Joaquin, Ralph M. Gama, Victor Garcia, Carla Garcia-Toro, Beatrice M. Giles, Raymond G. Gonzalez, Gerardo Guerrero, Gonzalo D. Guerrero, Zachary E. Haskell, Tina M. Helwajian, Jesus A. Hernandez, David Hajar, Samuel H. Hinojos Jr., Amy M. Ho, Robert M. James, Francisco Jauregui, Alfredo Jimenez, Steven M. Lavin, Hongze Lin, Tony J. Lommedico, Frank R. Lopez, Omar Lopez, Jose G. Lugardo Cruz, Jeremy W. Lujan, Gilbert J. Maese, Joel Magdalen, Arturo Maldonado, Yvon K. Manzo, Joseph G. Medina, Marissa Melendez, Jovanny A. Melgar, Lydia Mercado, Tyler A. Milton, Daniel Montufar, Adolfo Moreno, Adam A. Nassman, Brandon A. Nunez, Garrett J. O'Doherty, Jonathan C. Ochoa, Sandy Orellana, Sergio Otanez, Vanessa L. Perdon, Julio Perez, Vanessa M. Perez, Souseh Petross, Mario Quintero, Osvaldo M. Ramirez Lopez, Chad L. Ray, Matthew E. Reed, Richard R. Roben Jr., Joy G. Rodriguez, Julian J. Sanchez, Luis L. Serrano, Erynn R. Silva, Eric S. Slattery, Alberto Soltero, Edward H. Soto, Alejandra Stuart, Randy L. Tuyen, Ulises Urbina, Agustin Vargas Jr., Jose M. Vega, Mariano Venegas Chargo and Xavier S. Zeas.

We had 2 deaths of active members, 11 deaths of retired members, 3 cancellations of active membership, 5 cancellations of retired membership, 4 new honorary associate members and 5 deaths of

honorary associate members.

There were 15 members who resigned, 1 discharge and 2 who transferred from the Sheriff's Department/Relief Association during the month of February.

NEW BUSINESS

A discussion was held regarding collecting a refundable deposit on wheelchairs and knee scooters. We currently have 72 to 74 wheelchairs out on loan. Approximately one-third of our members who have borrowed have since passed, and their relatives had no idea it had to be returned. With knee scooters costing anywhere from \$225 to \$240 each, we have implemented a new procedure. Members will now be asked to leave a "deposit" for wheelchairs and knee scooters. The check would only be cashed in the event that they are not returned at the time expected and the member cannot be reached to ascertain if the equipment is needed for a longer period of time. This deposit will be a postdated check of \$100. The goal is not to cash these checks, but to ensure that the equipment is returned to us once the need is met. So far, members have responded positively.

ADJOURNMENT

At 5:57 p.m., a motion was made by Trustee Webb, seconded by Trustee Badali and unanimously carried, to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc. ☆

Retired Deputies *continued from page 2*

J.R. Smith, Ed Dahlstrom, Dave and Debbie Bau-chop, Sandra Escandon and her sister Lorraine Johnson, Peter Mack, Andy Guthrie, newbie Mark Hoo, and Ben and Debbie Hilliard. J.R. Smith drove in from the Las Vegas area to do his taxes and stayed an extra day to have lunch and visit. Thanks, J.R., for keeping your visits to just one per year. The food was great and the service outstanding. It turns out our 23-year-old server was working her last week as a restaurant grunt and will, as we "speak," be hiring on to San Gabriel Police Department. We wished her good luck and explained how if she lasts long enough she too can enjoy a long retirement. There was a time when I would have recommended that she come on to the LASD, but now ... I don't think so. Have any of us ever mentioned how happy we are to be retired? Our next scheduled lunch (Monday, May 9, at 11 a.m.) is at *Johnny Reb's* in Bellflower, so if the urge to join us happens to come over you, you're more than welcome. You can't miss us — we'll be the bunch of old, gray-haired folks as wrinkled as a Shar-Pei dog, propped up in the corner, wearing

bibs and drooling on the table. — Bill

On March 16, the San Diego Area Retirees met for lunch at *B.J.'s Restaurant* in Carlsbad. Harry Penny, Joe Smith, Richard Shockcor, Mike Woods, Bill Findon, Bob Henley, Bill Flannery, Bill Gaynor, Joe Raffa, Jim Willis, Ron Eoff, and Marv and Diane Love were in attendance. — Marv Love

On March 16, the Las Vegas Retirees got together for their monthly luncheon at the *Blue Ox Tavern* in Las Vegas at noon. Those attending were John Hooge, Jim Heslin, Harold Winters, Gary Olson, Jim Ellison, Gary Griffith, Ray and Love Walker, Joan Raber and Barney Rahl. This group meets once a month on the third Wednesday of the month. If you are in town, drop on in. Everyone is welcome! In Las Vegas there is a group of retired law enforcement members who have lunch every two months. They call themselves ROMEO Lunch Group. The next lunch will be May 14 at noon at the *Claim Jumper* at 1100 S. Apache. If you want to attend, contact Bob Canfield to RSVP, bobbycanfield@gmail.com. — Hershel Aron, Tony's Little Helper

On March 25, the Antelope Valley Retirees got together for their breakfast at *Denny's Restaurant* in Lancaster. This morning started out quite nice, then the winds started up to remind us that this is still the Antelope Valley. Nonetheless, it is a nice day. Now that the excitement of the Lancaster Air Show is over, and we no longer have the Navy's Blue Angels crisscrossing the sky, we can all return to business as usual. Sixteen of us "dinosaurs" from Antelope Valley got together for our monthly breakfast. Conversations were the usual ones, involving the "good times" we had when working and how fast time is fleeting after retirement. Of course, we can't have a day when we don't bring up the subject of ailments and surgeries, which at our age are now common ground. Jim Miller, an old traffic deputy from Antelope Valley Station, dropped by from out of state to join us in the breakfast. Always nice to have some of the old partners return to pay a visit. Attending today's breakfast were Vance Kirkpatrick,

continued on page 6



Not in the Club?
Become a Sheriffs' Relief
Association Member!

**S
R
A**

SRA OPEN ENROLLMENT **APRIL 1 – JUNE 30**

In an effort to move Sheriffs' Relief Association (SRA) membership as close to 100 percent of the Department as possible, SRA has announced a waiver of back-dues charges for a 90-day open enrollment period. This period will begin April 1 and close on June 30. It will not be repeated in the foreseeable future!

Sheriff's employees who are not currently members may join during this period with no back-dues assessment. New open enrollment members will simply pay the \$15 monthly payroll deduction dues. Open enrollment members will enjoy all SRA benefits, with the exception of a reduced death benefit.

Most current members of the Sheriffs' Relief Association joined when they were first hired. Sheriff's employees who did not initially join SRA but chose to join later were normally assessed a back-dues penalty. In the past, some back-dues assessments totaled more than \$500. Many prospective SRA applicants have been discouraged by this cost and declined membership. With a waiver of the back-dues assessment, we hope that all nonmembers will now join SRA and become a part of LASD's extended family. SRA is the finest benevolent organization of its kind and has been since 1924.

BENEFITS OF SRA MEMBERSHIP

- Participation in SRA Foundation charitable outreach to members and their families in need. (One day it might be you.)
- Support for numerous LASD activities, including the Medal of Valor Awards, Baker to Vegas Challenge Cup Relay, and station and facility commemorations.
- Personal loans approved solely on the basis of active membership. Loans are payable via payroll deduction.
- Monthly mailing of the *Star News* to your home.
- Long-term illness/injury payments of up to \$10,000.
- Invitations and admission to department-wide events such as the SRA/LASD Family Social and Picnic.
- The full support of the Emporium stores, carrying police gear, uniform accessories and LASD logo clothing — all priced lower than any retailer.
- Sizable discounts on theater and amusement park tickets (typically 10 to 40 percent).
- Access to SRA's website, packed with LASD news, Department information, retiree updates, special events and opportunities, and LASD's 166-year history.
- A death-mortuary benefit payable to a member's spouse or family *immediately* at time of death.

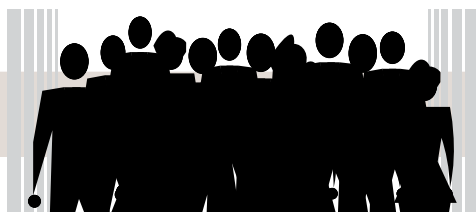
JOIN US NOW — BE A PART OF SRA!

Contact Info:

(562) 946-7081

(800) 544-4772

membership@sheriffsrelief.org



PEER SUPPORT PROGRAM

By Mike Rodi

Approximately every 10 days, one of our Department members will be arrested for an alcohol-related incident. Most of the arrests are tied to driving under the influence, but other arrests could involve being drunk in public, domestic violence, etc. As most of us now know, these types of arrests not only cause legal problems, but they can also be associated

with family, financial, and job discipline or discharge implications.

How many of us working in a law enforcement agency have witnessed close friends or colleagues lose their families, jobs and sometimes their lives because of problems related to misusing alcohol and/or drugs? If you or someone you know might be struggling with an alcohol,

painkiller or other addiction problem, please call PSB/ESS or the Substance Abuse Resources Program (Deputy Braggs, SARP Coordinator) for help. These services are confidential. If you have any questions about confidentiality, please call me (Deputy Michael Rodi, Peer Support Program Coordinator) at (213) 738-3500. ☆

Retired Deputies *continued from page 4*

Pat Hood, Clifton Curtis, Dan Gilmore, Tom Ewens, Mary McKain, Glenn Hutchinson, Don Ott, Steve Mulcahy, Ron Nybakken, Ron Oest, John Ament, Gil Sherwood, Keith Hoyt, Jim Miller and me, Carlos Valdez. Until next time, be safe and enjoy retirement. As our friends from ELA say, "Siempre una patada en los pantalones." How true. For information on AV retiree functions, contact Carlos Valdez at valdez5150@msn.com.

The Retired Deputies Inland Empire (RDIEs) had a busy three months this year. Our recent event for March was a hike to Amboy Crater. The weather was in the high 70s with wind. This made for a pleasant desert hike. The view from the rim of the volcano was well worth the effort. Amboy Crater is a recent volcano in California that last erupted 10,000 years ago. About the turn of the 20th century, the Ludlow kangaroo rat (local name) inhabited its surrounding area. A prospector from Utah named Henry Thomas, who was making his way back from Riverside to the Sidewinder Mine in Winston Basin, met up with a friend named Josef Armbjorg, who was also a prospector of Danish decent. The two decided to take a side trip to the crater. Camping that night, Armbjorg, who was a harmonica player, started to play. As he would hit high notes, the Ludlow rats began to make squealing sounds. As word got around about Armbjorg, people in the area began calling him "Harpo the Pied Piper of Amboy." Thus, for a brief period of time at the turn of the century, the Ludlow kangaroo rat became known as the "Harpo rat." Like Armbjorg, this is a forgotten tale of the Mojave that is all but lost to



Retired Deputies Inland Empire (RDIEs) Helen Ewell, Mark Weldon, Cornelius Healy, Gordon Crowell, Dave Bust and Mike Duran

time. It is an interesting side note to Amboy Crater. Morris Thomas, Henry's youngest son, provided this story. Our next hike will be to the Newberry Indian Cave and a 4x4 day trip to Calico. If you would like further information, contact Cornelius Healy at scranch@earthlink.net.

Members of this LASD retirees group have many years of investigative experience and a proven dedication to a career we all loved. If you want to keep busy investigating cases and keep your foot in law enforcement, ask me about volunteering with the National Center for Missing & Exploited Children (NCMEC). For the last 12 years, I've been with NCMEC working across the country on cold missing-children cases, assisting agencies with critical missings, helping to identify found human remains of children and helping to collect biometrics on missing kids. The work has kept me busy, proven very rewarding, kept me attached to investigative work and kept me out of my wife's

hair. Talk to me about how you can volunteer. You won't regret it! Mike Woods, H: (760) 536-9417, C: (760) 484-1006, ltmwoods@gmail.com.

FYI: For those of you not familiar with the Injury and Health Support Unit, it is the former Return to Work Unit, formerly the Health and Safety Unit. Juan Ruiz handles problems for medically retired members who are having issues with York (third-party administrator). Current information: work number (213) 229-3171, main number (213) 229-3199, email jcrui@lasd.org. Email works best because he can monitor it from wherever he is. For those who call, if he is unavailable, he does leave the main number on his

voicemail. Anyone at the main number can assist, and you can ask for any available team sergeant. Juan Ruiz, Personnel Administration — Injury and Health Support Unit, 211 W. Temple St., 4th Fl., Los Angeles, CA 90012.

We hope that you are enjoying your retirement. At the time I wrote this, Norman and I were on a 27-day Cajun Crawl that starts at the top of Louisiana and ends up 27 days later in New Orleans. Then we are going on a cruise out of New Orleans before we return to California. We have learned so much about the South that isn't in history books. It has been a fantastic trip and we have learned a lot. We have missed luncheons and other events these past two months, but this is something that we can't replace, so since we had the opportunity to do this, we are doing it! We hope you all are doing well. Take advantage of your retirement and enjoy life. A lot of people can't. Until our next adventure, take care. — Chickee and Don ☆

COUNTY SERVICES BUREAU

By John Stanley
County Services Bureau

COUNTYWIDE 85

Greetings from the top of the Alps!



INTERESTING OLIVE VIEW ARREST

Nestled against the hills at the northern end of the San Fernando Valley, our personnel at Olive View Medical Center have learned that they must be vigilant against many different types of threats and potential suspects. A recent suspicious-person call resulted in the arrest of the shady character shown. Deputy Bonnie Hanson reported that the suspect became belligerent when she first contacted him. Fortunately, her excellent communications skills resulted in an arrest that did not require the use of force.



AUF WIEDERSEHEN

So long, farewell, auf Wiedersehen, goodbye to our proud CSB retirees: Lieutenant Brian Smith, 38 years of service; Lieutenant Cindy

Conner, 27 years; Sergeant Vince Moultrie, 31 years; and Sergeant Margie Sanders, 26 years. They have now all moved on to the greener pastures of life after the LASD. We were honored to work with each of you and wish you all the best in retirement. May you enjoy at least as many years away from the County as you did serving it.

Till next time, be safe! ☆

HILL HAPPENINGS

It has been a bit of an adjustment for us former moles in a hole now that we are working full-time above ground. Daylight hurts our eyes and the yipping of the coyotes at night during full moons gives us pause, but we are adjusting. To test just how adaptable we are, our hosts here at CFMB recently conducted a two-hour prescheduled power outage on EM Shift to change some electric circuits. Shortly before PM Shift began, all of our radio and phone service was finally restored. Semper Gumby.

LET staffing here has also proven to be a challenge for us at times. One day, in the spirit of international cooperation, we even received assistance at the dispatch console from a member of the French National Police. We are learning to adapt and overcome under all circumstances and use whatever resources may become available.

BAKER TO VEGAS

The 2016 County Services Bureau Baker to Vegas team may not have won any awards this year (they finished 25th in their group), but they did not lack for heart or enthusiasm. Congratulations to all runners and support team members, and to Sergeant Scott Matthews for his capable leadership.



Desert Dirt

By Kit Gruppie
Lancaster Station

Well, it's been a while since our Station had an article, so I have some catching up to do. I've gladly taken the task of authoring the *Star News* article, attempting to fill the shoes of Deputy Mike Ruiz, who recently went on loan to recruitment. Shortly after going to recruitment, Deputy Ruiz was deployed and is currently in an unknown location with the United States Marine Corps. Be safe, brother, and thank you for all you do to keep us safe. Well, that being said, it's May and the heat is on the way — you will soon be able to cook your breakfast on the pavement in the Antelope Valley.

Back in January, Lancaster Explorer Post 523 participated in the Chandler Tactical Competition. Explorer Post 523 sent a team that consisted of Explorers Nicholas Zimmer, Gabriel Rodriguez, Nicholas Hernandez, Nancy Mercado, Franchesca Beiza, Sherah Mahaffey, Robert Mijares, Wesley Jonides, Cailie Jordan and Nicholas Jordan. The Explorers were accompanied by their post advisors, Deputies Lance Jordan and John Addington, along with associate advisors Nicole Jordan and Jennifer Addington. Lancaster Post 523 has been involved in the Chandler Tactical Competition for over 10 years. The competition is arguably the largest and most popular Explorer competition in the western United States, and Explorer posts train for and attend the competition from all over the U.S. The competition is tough, and to get called for any accolade during closing ceremonies is a huge honor for the competitors and brings a great deal of pride to the post advisor and the station they represent. For the past three years, Post 523 has brought home the hardware, taking first place in 2014 for the five-man hostage rescue team (HRT). In 2015, they took home



first place in explosive ordinance detail (EOD) and second place in five-man HRT. This year, Post 523 brought their athleticism to the competition, taking first place in five-man armored vehicle (TK4) pull and second place in the 10-man TK4 pull (tying for first with Riverside County S.D. and taking second due to a coin toss). And last but not least, Post 523 took second place in the "vertical assault," a team effort to traverse a rock wall in a timely manner.

We want to congratulate all of the runners and support staff who participated in the 2016 Baker to Vegas event. An outstanding effort was shown by all. From the runners who spent countless hours training to the support staff who gave unselfishly of their time and expertise, their efforts resulted in an impressive second-place finish in the Invitational Station category. A special thanks to Detective Dan Mahoney, this year's team captain, and to Sergeant Theresa Dawson for their excellent coordination of all of the support elements

that make the event possible. Last but not least, a big thank-you to the folks here at the Station who tended to business while the race was happening.



While half of our Station was running or supporting the B2V team, the other half had the opportunity to work another cool event here at home, the Los Angeles County Air Show. The event brought a huge turnout of approximately 137,000 spectators, was coordinated by Deputy Lance Jordan and featured the Blue Angels. The Blue Angels Navy squadron dates back to 1946 and is famed for its technically magnificent flying and skilled demonstration of maneuvers that are employed in aerial combat.

Well, that's all for now. Until next month, stay safe out there. ☆





By Elsa Buonarigo

Century Regional Detention Facility

CRDF BRINGS THE MUG HOME IN 2016

It was an exceptional victory to see our facility mug for the first time since CRDF was a men's housing facility back in 2006. CRDF placed 13th out of 38 teams in the mixed invitational category. Our B2V team was dedicated, motivated and determined to finally bring a mug home. We want to thank our runners for a job well done: Deputies John Vega, Janine Noel, Francisco Aguirre, Jessica Medina, Herman Arevalo, Jorge Gutierrez, Arthur Ignacio, Elsa Buonarigo, Michelle Rodriguez and Ryan Garcia; Custody Assistants Oscar Holm and Christal Espinoza; Sergeants Kevin McKee and Joseph Esqueda; and Lieutenants Jose Uribe and Carlos Girard.

Our team captain (Christal Espinoza) and co-captains (Lieutenants Girard and Uribe) inspired the runners to come together and work as a team. Lieutenant Uribe said, "The joy of victory! I have always enjoyed watching a team of runners smile, laugh and be themselves while celebrating a victorious day."

Captain Diana Holloway said, "CRDF's 2016 Baker to Vegas team really makes me proud! I know they have inspired and motivated others from the facility to try out for next year's team."

We could not have done this without the dedication of the runners and the outstanding support of the fundraising team, the scheduling office and our partners who stayed behind to fill the vacancies at the facility. A special thank-you and our sincere gratitude go out to Custody Assistant Frank Genovese. His hard work, determination and coordination made the logistics of putting this event together seem almost effortless.

The team would like to thank Captain Holloway for supporting the CRDF 2016 B2V team. She was



involved in every step along the way by assisting with the coordination of practice runs and team meetings, and ensuring that the team had what they needed for the big race. Her support and involvement meant a lot to the team.

We also want to thank both of our supporters, the Los Angeles County Professional Peace Officers Association (PPOA), which donated \$500, and ALADS, which donated \$1,250 to our CRDF Baker to Vegas team. We are looking forward to next year's race and bringing another mug home to our facility.

FAREWELLS

CRDF would like to extend a warm farewell to Senior Deputy Charles Nuckols, who gave more than 32 years of dedicated service to the Sheriff's Department. We all learned a lot from you and enjoyed working with you. You will be greatly missed.



Congratulations to the following CRDF deputy personnel who are off to Patrol School #248 and #249: Deputies Lauren Gray McAllister and Quoia Griffin to Carson Station; Jonathan Islas, Laura Garcia Trinajero and Lizette Rodriguez to Norwalk Station; Elsa Buonarigo to Lakewood Station; and Alex Mustelier to Walnut Station. You will be missed. Good luck! ☆



Another month has gone by here at ELA. As we move into Spring, the activity on the streets has already begun to jump. Things are picking up for sure. Supervision is swamped with paper, often generated by allegations and force behind members of the public no longer following directions or complying with lawful orders.

Normally, the general public embraces the “questioning” of law enforcement; however, the general public are not the ones we usually have to gain compliance from in order to keep others or ourselves safe. As of late, the small percentages we deal with disregard our process, such as “Don’t move” or “Keep your hands where I can see them.”

These minor acts of exercising their “rights” put all of us in danger, and are becoming and have become a concern, not to mention tying up supervision to the point where they struggle to keep up with paper while remaining engaged supervisors. Taking into consideration the monetary costs to supervise in an environment such as this, it will surely become a larger challenge.

As always, we will overcome and become better for it as the years move forward. The reality is that ELA will adapt and overcome the challenges put before us, and as we do, we will become smarter and more effective.

ELA is made up of deputies who believe in hard work and take pride in working to the best of their individual abilities. This Station is truly a reflection of the community in which we serve. Our personnel often grew up poor, having to



overcome the challenges suffered by growing up in an impoverished area, overcoming the cycle of poverty and systemic neglect of a culture.

This underlying desire to overcome is what drives our deputies to do their best, whether while in uniform or remembering our fallen brothers and sisters. In fact, on March 16, East Los Angeles deputies participated in the Class #411 Colors Run. The cadets chose to run at Downey Police Department to honor the sacrifice of Officer Ricky Galvan, who was murdered on November 18, 2015. This was a special privilege for us, as deputies assigned to East Los Angeles Station have close ties to Downey P.D.

This desire again became evident in East Los Angeles Station’s participation in the latest Baker to Vegas Challenge Cup Relay. The ELA team consisted of Deputies Aceituna, Alatorre, Aragon, Armes, Barrios, Barragan, Capilla, Contreras (soon to be sergeant), Galdamez, Lomeli, Lopez, Lugo, L. Mendoza, R. Mendoza, Moran, Muniz, Navarro, Pacheco, Parks (sergeant), Pineda, Silverio, Trejo, S. Hernandez, Macias and Waites — with, of course, a support staff that made it all possible. Once again, great job, everyone!

East Los Angeles Station also proudly had three women run for the LASD Women’s Team: Deputies Araceli Sanchez, Eva Robles and Paulette Cain. They did a great job, with aspirations of doing even better next year!



THE TRAINEE CORNER

A trainee finishing up his third month experienced his first pursuit:

“While driving in our marked black-and-white patrol vehicle, we saw a driver traveling westbound on a residential street. The driver of the vehicle

continued on page 11



By Kathryn Gurrola

Pitchess Detention Center, North Facility

WE'VE BEEN BRIEFED

In my 11 years, I have never seen a briefing quite like this. Deputy James Hoban not only gave an informative briefing on jail security, but he made it interesting and entertaining as well — a briefing full of humor and puns that had the whole room laughing. Great job, Deputy Hoban!



NARCO BUST

Due to the excellent observation skills of Deputy Kenneth Hernandez, an inmate was prevented from distributing narcotics to his fellow inmates. This observation was made on Thursday, March 10, at approximately 1020 hours. The inmate was holding a plastic bag while out in the yard. Although this inmate was designated to a specific dorm within a module divided into four dorms, you could see the discouragement in the other dorms once they realized their guy had been caught. The narcotics



recovered consisted of four bindles of cocaine, one bindle of heroin and one bindle of marijuana. Great work!

TEAM RECALCITRANT

Our team has not only grown in numbers, but they have grown in their skill level too, hitting home runs with bases loaded and making cat-like-reflex catches to get their opponents out! On a cold and windy night, with a full moon illuminating the sky, the Recalcitrant Team won their first game! Ironically, they were playing a team they had already played (the very first game they played). This team beat them last time by two runs. However, that night the Recalcitrant Team won by seven runs!

CESAR CHAVEZ FOOD DRIVE

Our facility was able to pull together and help feed hungry families in L.A. County. We donated 225 pounds of food to the Los Angeles Regional Food Bank. Great job to everyone who participated! ☆

East Los Angeles Station *continued from page 10*

was running stop signs, swerving, almost hitting parked cars and driving extremely unsafely. I saw pedestrians on the sidewalk, and people in vehicles driving nearby. I was worried that the driver would hurt someone. I believed the driver was drunk or high. I was directed by my training officer to 'Get the patch.' I reached for my handheld, paused for what felt like forever and thought to myself, 'This is it.' I said, '10-33, give me the patch,' and said we were in pursuit of a reckless 'deuce.'

"I then asked for help and assistance from my partners via the patch. Additional units responded to my request and came to our aid. We eventually got the suspect to stop his vehicle. The suspect stopped his vehicle in the opposite direction of a very busy street. The street had numerous cars traveling in the opposite direction. I was fearful that the suspect would run away from his vehicle and into oncoming traffic. We quickly approached the suspect, in an

attempt to stop him from running into traffic and endangering the motoring public, not to mention a possible crossfire situation as help was arriving.

"We arrested the suspect and got him medical attention, as he had a small cut to his eyebrow, which he acquired during his apprehension. After medical assistance came, the suspect was taken to the hospital, where he was found to be under the influence of a controlled substance (methamphetamine). I was not surprised to hear that the suspect was under the influence, as he was driving in such an impaired manner.

"I was thankful that no one was injured or killed by this reckless impaired driver, as they are extremely dangerous to the safety of the public. I was also proud of myself for recognizing the impaired driver, and remaining calm and aware of my surroundings during the event.

"During the pursuit I tried to remain calm, and clear in regards to my radio traffic. I was

also maintaining my situational awareness and attempting to inform my partners of our location and direction of travel. Also, I was concerned for our safety and the safety of the community we serve and protect. Thankfully, no one was seriously hurt."

If you would like to come out for a ride-along, please do so. There are three ways to do a ride-along: the Sworn Ride-Along Program, the Radio Car Procedures for First Responder Correction Staff, and the Ambassador Program. Please review Field Operations Directive 05-008 for what it takes.

Remember, we will give you the opportunity to succeed; however, you need to do your part! Study, do as many rides as possible, and come out with a desire to learn. We look forward to seeing you!

Until next month ... work hard, work smart and be safe. ☆



Join Us for the McArthur Reunion

By Paul Larson

Last year's event was held from June 14 through June 20. Many of us actually arrived early and took advantage of the daily rate of \$15 per day for our RV site, which includes 30/50-amp power, sewer and water, and almost every site has trees for shade. The event was even better than the previous year's. The weather was fabulous, the food and festivities were choreographed by wagonmasters Ron and Bonnie Moya, and the true movers and shakers were Tom Sargent, Dick Smith and Charlie

Engelbart and their significant others! From the moment you arrive, there are folks waiting with open arms, a huge hug and a guide into your RV campsite for the week. It doesn't matter what time you arrive; a welcoming team is there waiting for you. As those of you who have previously attended know, the welcoming committee for this event is now a well-oiled machine, where any and all parts have been finely tuned and every possible hitch in the giddy-up has been seen and handled many times before. Between Charlie, Tom, Dick



and the wagonmasters, your becoming part of this event is obviously a huge success for them. Newcomers are especially catered to and before the week is out, your entire personal and departmental history has been hashed and rehashed and shared among the groups. The spouses are also a huge part of this entire event, and the stories told really brought everyone closer together.



The activities are scheduled and posted, and take place from morning to well into the evening every day. The energy and enthusiasm of these organizers and folks who have been attending since *before* 1982 is astounding. When we begin to think we are slowing down, look around you and you'll see golfers in their late 80s and early 90s who, despite losing a few yards over the years, bang that ball straight down the fairway every time and will be standing up to receive their awards when the scores are tallied. The golf course (Fall River Golf Course) was in impeccable condition and is a tough challenge for any hacker or duffer, let alone youngsters who think their youth can trump age and wisdom. The first par five on the front nine plays over 670 yards, so be sure to bring a few dozen balls and a whistle so we can find you in the triple dogleg lined hole with huge trees.

The food was great! We had a few nights where potluck was the plan and we ate like kings! Some of the ladies went way out and we had so many choices and items to choose from, most of us had no room for dessert, which was plentiful.

On our barbecue night, the guys could be found at the huge cowboy-sized grill, grunting like Tim "the Tool Man" Taylor at the slabs of meat we cooked up. A catering company provided baked potatoes, great salads and desserts.

One meal was completely catered and it was fantastic! Steaks, bakers, salads and three different great desserts. We also had one night on our own, and there is a fantastic restaurant called *Crumbs* that is within walking distance from the fairgrounds. It has some of the best eating you

The 35th Annual Reunion Is Coming!

June 19-24, 2016

Inter-Mountain Fairgrounds McArthur, CA



will ever experience, absolutely amazing in such a small farming area but truly gourmet. Charlie, Tom, Dick and many of the veteran McArthur attendees have established some longtime relationships in McArthur. This town and the services there go way out of their way for all of us. This remarkable relationship between the town folks and the reunion folks has nothing to do with where we worked and the Sheriff's Department. It's all due to the way Charlie and Linda Engelbart, Tom Sergeant and Carol Pohlmeier, Dick and Judy Smith, the wagonmasters and so many of those longtime retirees have stepped

forward to become a real part of the McArthur city and surrounding areas. Dick Smith became the RV camp host when the host's wife was airlifted with severe medical problems. Charlie and Linda Engelbart have developed lifelong friends there, and they helped several families who lost their restaurant to a fire. They also stepped up and became spokespersons for donations for the local volunteer fire department,

which simply needed firefighting equipment that the city was unable to provide. We are all genuinely welcomed in this city and area, and the groundwork laid out has reaped us all many accolades because of the extra mile traveled by the organizers of this event. You all should be proud of how we have been represented.

The area is lush and has plenty of water. The farming and hay fields are picturesque, and the rivers and the waterfalls nearby are a great side trip. Dick Smith has a couple of secret fishing holes, and the trout here are big. If you have hesitated to make this trip, stop! Card games, bocce ball tournaments, golf and a fantastic chance to take in some great scenery are just a part of the fun. You will thoroughly enjoy the events and the stories and the eating, which we all did too much of.

A special thanks to ALADS, PPOA, SRA and RELAC for their support of this event. We all genuinely appreciate supporting this fantastic event, and believe me, the time and preparation by all the longtime volunteers is fantastic and really appreciated. Thanks again, Charlie, Tom, Dick, and the wagonmasters, Ron and Bonnie Moya!

Hope to see *you* there this year! ☆





LASD BAKER TO VEGAS WOMEN'S RUNNING TEAM

By Jenna Nuñez

The LASD Baker to Vegas Women's Running Team had yet another successful year. These ladies trained their hearts out, ran strong and motivated each other throughout the season to earn a second-place finish in their category at the 2016 Baker to Vegas Race with a time of 16:43 hours, which is an incredible 17 minutes faster than last year, and they moved up to 74th place overall. The LASD Baker to Vegas Women's Running Team can't thank all their runners and supporters enough for making this year's race a complete success; we could not have done it without you.

WHY RUN FOR THE LASD BAKER TO VEGAS WOMEN'S RUNNING TEAM?

The answer is simple: to be part of something bigger than yourself. There is nothing like the feeling of running for a team with the same goals, same commitment and same passion for running as you. They are fiercely competitive and work as a team to overcome all obstacles.

OUR GOALS

The LASD Baker to Vegas Women's Running Team has one common goal, and that is to work together, motivate each other, challenge each other to be better and push themselves to be their best.

WORDS FROM OUR CAPTAIN

"Thank you all for your effort and dedication! You all are incredible women and I am proud to be a part of this great team!"
— Sue Burakowski

If you would like to be a part of the 2017 LASD Baker to Vegas Women's Running Team, contact Sergeant Angela Gonzalez and Deputy Mayra Sotomayor.

God bless all of you; keep up your tireless dedication and stay tuned for more updates from our dedicated LASD Baker to Vegas Women's Running Team. ☆

Man oh man, ISB had a fun-filled month...

RUN, ISB, RUN!

Congratulations are in order to all the LASD teams who participated in this year's B2V race. You pushed through the heat, hills and adverse conditions to help your team make it to the finish line. ISB had three of its employees running this year. Deputy Tim Jennison ran for the Men's Countywide Team; they killed it out there, coming in second place overall. Officer Francisco Torres ran for the MCJ team, who came in fourth place in their category. And last but not least, I (Deputy Nuñez) ran for the Countywide Women's Team, and we came in second place in our category. Thank you all for your tireless dedication to your teams and your positive attitudes — you all did so great.



MRT IS IN THE HOUSE

ISB hosted a Moral Recognition Therapy (MRT) class in March. MRT is a cognitive behavioral treatment, taught by staff for inmates, that leads to enhanced moral reasoning, better decision-making and more appropriate behavior. The goals of MRT are to prevent recidivism; instill positive identity; change poor decision-making and behavior patterns into more positive, honest and goal-oriented directions; and prepare them to go out and be successful in their lives.

LOVING LOSS

ISB is saddened to announce the passing of Deputy Tammy Sherman's mom. Tammy would like to pass on a loving saying from her mom to all of you: "Learn to love without condition, talk without bad intention, give without any reason and, most of all, care for people without any expectation." — Nancy Carol Stuesser, May 25,



1944, to March 13, 2016. We are sorry for your loss, Tammy, and your family is in our thoughts and prayers.





CNN INTERVIEWS

CNN journalist Lisa Ling visited all of our County jails and featured the Adults Bonding With Children (ABC) and Gender Responsive Rehabilitation (GRR) programs at Century Regional Detention Facility. The story is slated to be aired this November.

ON TO GREENER PASTURES

ISB has two of its loved employees moving on to the next stage in their lives, retirement. Congratulations, Maria Lopez, for serving the County for 34 years, and thank you to Officer Petrona Nava (MCJ EBI), who spent 18 years with us. We will miss both of you dearly, and we wish you all happiness in pursuing your next goals.

As always, ISB hopes this article finds you and your family well. Stay safe and keep up the hard work. ☆



Hello from the headquarters of Bauchet Street News! It seems like we were just talking about Christmas, and here we are already into May (bypassing March and April), after celebrating St. Patrick's Day, B2V and Easter. By the time you are reading this, all of these events will be a memory.

On January 24, the Run to Remember took place in the city of Los Angeles. This was the first race of its kind for Los Angeles, modeled after Boston's Run to Remember. Participants ran either a 10K or a half-marathon. There were approximately 4,000 registered participants for this event. To start the race, there was a Missing Man Formation, with Sheriff Jim McDonnell and Chief Charlie Beck present. The race began at The Grove and included a one-of-a-kind detour through the backlot of Paramount Studios. As the runners entered the Paramount Studios backlot, we were greeted with applause by uniformed personnel from LASD as well as LAPD. This path led into an unbelievably awe-inspiring gallery of images of deputies and officers who have made the ultimate sacrifice. This included MCJ's very own Deputy Escalante's photo (see below). Medals given to the participants were two-sided, with LASD's badge on one side and LAPD's badge on the other. Many uniformed personnel and dignitaries were also present to support and cheer on the runners. Deputy Christina De La Torre was one of many who participated that day representing Men's Central Jail. Deputy Tony Arevalo also ran, even with a mishap on the way to the race. Tony was involved in a car accident (he was not injured) while on his way to the race. Needless to say, with the help of partners, Tony made it to the race on time. Even with this





setback, Tony had a great time of one hour and 16 minutes (see above). It goes to show you that with determination and dedication you can do anything, no matter how your morning starts. Congratulations to all the runners (we had several from MCJ) and personnel who went out to support everyone out there. Check out the photos of our MCJ/LASD Countywide Team, Sheriff McDannell and Deputy Arevalo, Deputy Christina De La Cruz with her daughter, and the medals given at the race.

On January 18, the city of Los Angeles held its annual Martin Luther King Day parade. Many of our partners participated in the parade, including our very own Sergeant Hiram Johnson, pictured with Sheriff McDannell. Everyone looked great in their formal Class A, and it appeared everyone had a good time.

Once again we have the revolving door with so many going out to patrol or transferring, and many coming in. Those who have left us for other assignments are Lieutenants Tony Baudino (Narco), Luis Trejo (Carson) and Don Fitzpatrick

(NCCF); Sergeant Alan Klinski (Altadena); and Deputies Gabriel Campos III, Bradley Liberator, Roy Aldana, Andrew Smith, Tyler Jauch, Brian Avalos, Nikolis Perez, Johnny Romero-Abrego, Frank Wiggins, Joseph Britton, Bart Marshall, Son Bui, Jonathan Sanford, Lovell Brown, Michael Ovalle III, Roberto Saucedo and Doug

Nguyen (who are headed to patrol). Many more transfers are in the near future to other custody facilities and Court Services. We wish you the best of luck in your new assignments, and the door is always open to come back and visit.

We can honestly say Bart Marshall will be missed here at MCJ. Bart was the Operations Deputy and pretty much held it all together. This guy was the jack-of-all-trades, knew the ins and outs of Operations, and made things happen. Thank you for all your hard work (you always had the answers needed), dedication (all the fundraisers) and laughs. Our loss, patrol's gain. Good luck to you out there! By the way, did you notice who's in the picture with Bart as he is cutting the cake? Where there's food, there will be a Deputy Adam Kennedy sitting.

We welcomed aboard newly promoted Lieutenants Louis Vigil, Don Subler and Andrew Bedogne. We also have newly promoted sergeants who have



continued on page 20



been here for a little while now, Carl Deleon (Carl wanted to see his name in print so he knew it was official he is a sergeant), Michael Larson, Larry Villalareal Jr., Cameron Drake and Araceli Hernandez, along with the newest promoted sergeants, David Neill, Hassan Itani and Victor Palacios. We also welcomed Sergeant Ericka Gooseberry from PDC. Last but not least, we welcomed A/Captain Nancy Iwata. A/Captain Iwata is sitting in for Captain Chuck Antuna, who is currently IOD. We wish you a healthy recovery, Captain. *Congratulations, everyone!*

As time is going on, we are seeing more and more retirements. The most recent one for us at MCJ is Deputy Wes Pettus, who retired in January. We wish Wes the best in life as he begins his new journey.

Among the CJ family, there have been quite a few little additions. Custody Assistants

Amber York and Rafael Montufar each welcomed a set of twins to their families. Both have been blessed with a son and a daughter. Deputy Dave Nelson welcomed a daughter, while Deputies Jose Escario III and Anthony Vazquez each welcomed a son into their families. These are all first-time parents! We welcome back Custody Assistant Jeannette Reina from maternity leave, who also had a son. I apologize if I missed anyone; it's the only information I had. *Congratulations to all the new families!*

With Baker to Vegas behind us, many facilities and units were fundraising for their teams. MCJ has had several fundraisers over the past few months to support our B2V team. Recently there was a raffle for a movie basket. The winner wanted to remain anonymous, but wanted to show off the basket she won. Congratulations to Shelia Taylor (Captain's Secretary) for winning. I would never have guessed who was behind that basket if it wasn't for the major clue left around her neck.

Speaking of Baker to Vegas, MCJ got ready for the big event. Many of us ran, fundraised and got the support team together. Lots of hard work was done by Sergeant Steve Wyatt (oversees the support team), Senior John Frechette (oversees the runners) and our team captain, Senior Herbert Aguirre. In the next article, I will have more to report on how our team did. I won't be able to print much more than that — what happens in Vegas stays in Vegas.

A few weeks back, Custody Assistant Preston Smith was working out in the MCJ gym early one

morning. His twin brother, Deputy Andrew Smith, was working out beside his big brother (family bonding). Preston was jumping up on the wooden box as one of his exercises. Somehow, Preston slipped or missed the box and hit his shin. Needless to say, it was a deep cut (to the bone), with lots of blood. Andrew to the rescue, rendering first aid (as any brother would). The sequence of events that occurred next is a little fuzzy, since the Smith brothers don't like the sight of blood. Andrew made some kind of face that made Preston ask, "Is it bad?" The words "I need a trash can!" could be heard, followed by "Make that two trash cans!" Seems like both Smiths got squeamish. All in all, everyone was OK. Preston got his dream of riding in the ambulance and making the *Star News*. Preston did receive a few stitches for the gash in his leg.

He has made a full recovery. Andrew was the hero in all of this. He jumped right into "rescue mode" from all of his first-aid training at MCJ.

It appears that Deputy John Ybarra wanted to be part of the *Star News* headlines. John's partners said he was doing a Title 15 walk, scanning the doors, when he sprained his scanner trigger finger. John, not wanting to make a big deal out of it, tried to play it off, but his partners insisted he have it checked. So they took him to one of the nurses in the clinic, where they gave him a smiley-face Band-Aid. John's partners overheard the nurse telling John he might have to go IOD for a few days. John insisted on going back to work, since he's the only one who has the technique down for scanning. By the looks of the picture,



John went back to his workstation. Hey, John, be careful when you're scanning on those walks. The scanners can give you a mean owie.

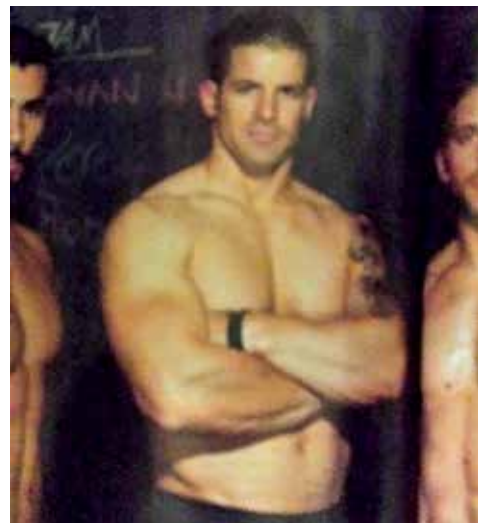
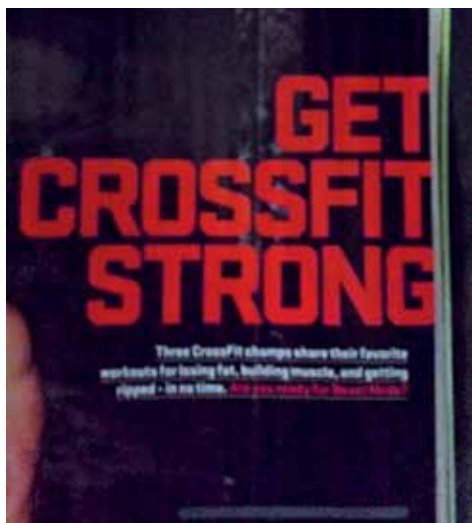
It has been brought to my attention that Senior Jonathan Pera made his way into the March issue of *Men's Health* magazine. Jonathan is one of three top competitors of CrossFit. Jonathan got into CrossFit in 2009 and has been dedicated to being the best ever since. Jonathan has inspired many of his co-workers and peers to do their best and be their best. Congratulations and keep up the good work!

Back in February, we had three sergeants — Rosa Estep, Joe Monarrez and Jim Walton — who all shared the same birthday. Story be told they had a party with ponies, piñatas and jumpers. I'm still waiting for the pictures. Just reporting the facts.

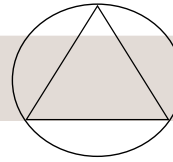
Our thoughts and prayers go to Cameron, Darryl and the Fish family. Deputy Kevin Fish passed away from cancer on February 18.

Recently some of our partners also have lost loved ones over the past couple months. Our thoughts and prayers go to all of your families.

See you next article! Don't forget to hug your No. 1 fans when you get home! Stay safe! ☆



Peace Officer's Fellowship



By Willis Braggs

ALCOHOLISM AND LAW ENFORCEMENT

As friends and family of law enforcement can attest, the presence of alcoholism among their ranks is well-documented. One widely cited study found that up to 23 percent of officers surveyed had serious issues regarding alcohol consumption, including alcoholism and/or binge drinking. That represents nearly one in four police officers. Some statistics indicate that the prevalence of alcoholism among law enforcement personnel could be more than double that of the general population.

Alcoholism and other addictions are illnesses that cast a shadow over everything they come near. Addiction not only affects their families; it affects their workplaces as well. In law enforcement, some of us will come face to face with this problem at some point in our career. Supervisors can help by not ignoring the warning signs of alcohol abuse or alcoholism, and by enforcing safety and performance standards for all employees.

Alcoholism is a disease that is progressive and can be ultimately fatal. A person afflicted with this illness has continuous or periodic impaired control over their drinking, a preoccupation with alcohol and the use of alcohol despite adverse consequences. There is often distorted thinking and most notably denial of having a problem.

As mentioned above, family life can be negatively impacted by alcoholism, which results in increased rates of domestic violence and divorce in families of law enforcement officers. Many people can attest to the anger that can emerge in some people when alcohol is consumed. Much of this anger can stem from the stress, frustration

and sense of helplessness officers may experience during the course of their work. However, it might be expressed when using alcohol because of decreased inhibitions. Officers who don't learn to manage stress effectively early in their careers can be exposed to a higher risk of developing alcohol problems as a coping mechanism over time.

When you drink alcohol, 20 percent is absorbed immediately into the bloodstream. The rest is quickly processed through the gastrointestinal tract. Alcohol affects the functions of the brain as described in the chart below.

If any of these behaviors sound familiar, seek assistance by

calling Psychological Services Bureau at (213) 738-3500 and speaking with a law enforcement psychologist or the alcohol addiction coordinator. There are also numerous Peer Support members and chaplains at various facilities who can help, along with the POF members listed here. Or, seek help through your insurance plan. Just get help. ☆

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

NAME	HOME PHONE	CELL PHONE
Eric Castano*	(562) 493-5465	(323) 537-0927
Bob Ghan		(714) 916-3299
John Heckman	(661) 272-5756	
Kathy King		(714) 323-8600
Chris Loomis	(626) 447-9011	(626) 230-3137
Ray Terhorst	(505) 705-5656	
John Valencia	(909) 599-1160	(951) 316-3633
Marty Weirich	(360) 570-1216	

*Active LASD

LOS ANGELES COUNTY SUPERVISOR
MICHAEL D. ANTONOVICH
PRESENTS
★ 19TH ANNUAL SALUTE TO VETERANS AND THEIR FAMILIES

SATURDAY, MAY 28, 2016, 10:00 AM TO 2:00 PM
MEMORIAL DAY TRIBUTE AT 11:00 AM

- ★ VETERANS' BENEFITS, SERVICES
- ★ LIVE MUSIC; FOOD VENDORS; CHILDREN'S AREA
- ★ FREE HAIRCUTS; MANICURES; HEALTH SCREENINGS
- ★ VINTAGE AIRCRAFT FLYOVER AND SKYDIVERS
- ★ WALL OF REMEMBRANCE- BRING A VETERAN'S PHOTO TO DISPLAY
- ★ ARCADIA VIETNAM WAR MONUMENT DEDICATION AND FIELD OF HONOR DISPLAY
- ★ PET ADOPTIONS

FREE ADMISSION AND PARKING

ARCADIA COUNTY PARK
405 S. SANTA ANITA AVE. ARCADIA

FOR MORE INFORMATION CALL: 909-394-2264

EVENT SPONSORS:

- Military Veterans Affairs
- United States Marine Corps
- United States Navy
- United States Air Force
- United States Army
- Foothill Transit

BAC	Percent alcohol	This much alcohol causes...
.05	1/2,000	Lowered alertness, released inhibitions, mental relaxation, disrupted judgment, less concern about the environment
.10	1/1,000	Impaired movements and coordination, slowed reaction time, exaggerated emotions, impaired vision
.20	1/500	Marked abnormality of bodily and sensory functions, feeling the need to lie down, inability to stand or walk without help, confusion/tears/rage
.30	1/300	Stupor and near-unconsciousness, lack of comprehension of what is seen or heard
.40 to .50	1/250 to 1/200	Loss of feeling, unconsciousness, shock, breathing and heart could stop

THE FIRST NETWORK EMAIL

Raymond Samuel Tomlinson, who is credited with inventing email and putting the now-ubiquitous “@” sign in addresses, died in March at the age of 74. The following is a brief description of how he came up with the first network email, as he wrote in a post on his website (<http://openmap.bbn.com/~tomlinso/ray/firsemmailframe.html>):

“During the summer and autumn of 1971, I was part of a small group of programmers who were developing a time-sharing system called TENEX that ran on Digital PDP-10 computers. We were supporting a larger group working on natural language. Earlier, I had worked on the Network Control Protocol (NCP) for TENEX and network programs such as an experimental file transfer program called CPYNET.

“I was making improvements to the local inter-user mail program called SNDMSG. Single-computer electronic mail had existed since at least the early 1960s and SNDMSG was an example of that. SNDMSG allowed a user to compose, address and send a message to other users’ mailboxes.

“A mailbox was simply a file with a particular name. Its only special property was its protection, which only allowed other users to append to the file. That is, they could write more material onto the end of the mailbox, but they couldn’t read or overwrite what was already there. The idea occurred to me that CPYNET could append material to a mailbox file just as readily as SNDMSG could. SNDMSG could easily incorporate the code from CPYNET and direct messages through a network connection to remote mailboxes in addition to appending messages to local mailbox files.

“The missing piece was that the experimental CPYNET protocol had no provision for appending to a file; it could just send and receive files. Adding the missing piece was a no-brainer — just a minor addition to the protocol. I don’t recall the protocol details, but appending to a file was the same as writing to a file except for the mode in which the file was opened.

“Next, the CPYNET code was incorporated into SNDMSG. It remained to provide a way to distinguish local mail from network mail. I chose to append an at sign and the host name to the user’s (login) name. I am frequently asked why I chose the at sign, but the at sign just makes sense. The purpose of the at sign (in English) was to indicate a unit price

(for example, 10 items @ \$1.95). I used the at sign to indicate that the user was ‘at’ some other host rather than being local.

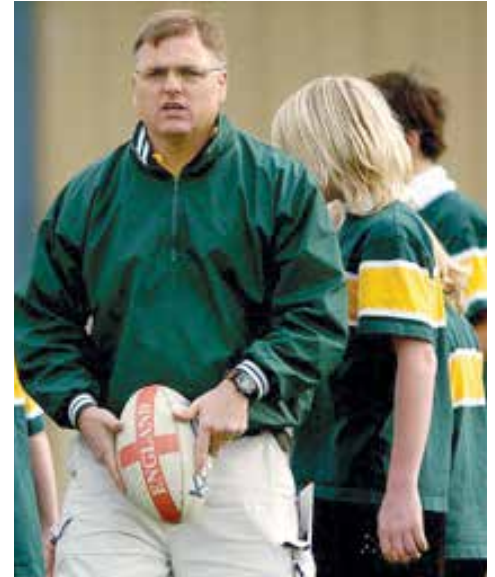
“The first message was sent between two machines that were literally side by side. The only physical connection they had (aside from the floor they sat on) was through the ARPANET. I sent a number of test messages to myself from one machine to the other. The test messages were entirely forgettable and I have, therefore, forgotten them. Most likely the first message was QWERTYUIOP or something similar. When I was satisfied that the program seemed to work, I sent a message to the rest of my group explaining how to send messages over the network. The first use of network email announced its own existence.

“These first messages were sent in late 1971. The next release of TENEX went out in early 1972 and included the version of SNDMSG with network mail capabilities. The CPYNET protocol was soon replaced with a real file transfer protocol having specific mail-handling features. Later, a number of more general mail protocols were developed.... The early uses were not terribly different from the current uses. The exceptions are that there was only plain text in the messages and there was no SPAM.”

VERY SPECIAL PEOPLE

Back in the mid-1990s, I had the good fortune of coaching all three of my sons in football. Twenty years later, I returned to the practice field to watch my grandson play football. A lot has transpired in youth sports during the last 20-plus years. In the age of anxiety over young athletes’ concussions and the rising rate of ligament-reconstruction surgery for young baseball and soccer players, parents are understandably looking for an athletic alternative for their young champions. It’s not surprising to learn that rugby is the fastest-growing youth game in the nation, according to the Sports & Fitness Industry Association. While participation in football and baseball has been declining steadily for years, rugby enrollment grew 81 percent from 2008 to 2013, beating out lacrosse and hockey. This month’s very special person is rugby coach and player Sergeant Michael Kampen. The attached photo depicts Coach Mike in action.

Prior to coming on the Department, Mike served in the U.S. Army for four years. He worked on the HAWK missile system as a radar and fire control system. He originally wanted to become an engineer after leaving the service, but



the training and work done by deputy sheriffs attracted him to the Department. He’s been on the Department for 28 years, Class #244.

He worked the original Hall of Justice Jail, Norwalk Station, TTCE, CFMB, RIB and now the LACRIS Unit of Data Systems Bureau. Because of his interest in technology, he has worked on several technology projects. He worked for the JDIC Unit as a trainer and on the original Mobile Digital Computer (MDC) project. He is currently assigned to the Los Angeles County Regional Identification System (LACRIS) Unit. The unit is responsible for the technology that performs all criminal identifications in the county. They manage the booking Livescans, the fingerprint identification system and the booking photo system. He’s married, with two grown sons who are both engineers. While not working, he likes to travel and coach.

Mike started playing rugby in 1984, while stationed at Fort Riley in Kansas. When he got out of the Army, he played for a local club in Orange County for three seasons, until he joined the Department. He started coaching for Fullerton Youth Rugby in 2002, when his sons were old enough to play. He coached in Fullerton for eight years. After taking a few years off, he got involved with Whittier Rugby. A friend who was coaching another sport introduced him to the rugby team captain in 2014. The team had lost a lot of players and was not able to complete their previous season. When they started practicing, they only had six guys with some experience. The rest of the squad were new, but they were all enthusiastic



and had athletic ability, and that's all Coach Mike really needed. During these first two seasons, it has been a learning experience for everyone, but they are having a great time.

Coaches and longtime rugby fans point to the fact that the game makes use of various skills that young athletes acquire in other popular team sports, making the learning curve less steep. Although traditionally British and named after the Warwickshire school where it was developed in the mid-1800s, rugby arrived in the United States as early as that century but has always been overshadowed by the related sport of football. For the first time since 1924, rugby is returning to the Olympics in 2016, and it's showing up more often on cable television.

For fans of American football, the rules ("laws") of rugby are reasonably accessible. The field is bigger; there are 15 players to a side. Players are not permitted to make a forward pass, but they can choose to kick the ball. Unlike football's incessant timeouts and commercial breaks, there's a continuous flow to rugby. After a tackle or a stoppage, teams assume various formations — a "ruck," a "maul," a "scrum" or a "lineout" — to resume play. Touching the ball to the ground in the end zone results in a successful "try" worth five points.

Mike found it to be an easy game to learn. Basically, a team tries to put the ball down over the goal line for a "try" or kick it over the post for a goal. You can run the ball, kick it or pass it backward (no forward passing) to a teammate. You stop the other team by tackling the guy with the ball. No blocking is allowed. When he coaches, he doesn't make it too complicated. Keeping it simple and fun is the key. The players already have too many other things in their life to stress them out. Rugby should be a time to have great experiences and develop camaraderie.

Attached is a photograph of Coach Mike with his Whittier College squad.

All of his favorite memories are about the people whom he has come into contact with because of rugby. He has been very impressed with the quality of people he's been able to coach, from the very beginning. He's coached some really good players, including his two sons and many of their friends. They won the U15 and U16 SoCal Championship in 2005 and 2006. He's also enjoyed playing with some great guys, including his brother John. Mike still occasionally plays in a senior game that takes place every year in Santa Barbara and on an "over 40" (as in years old) tournament that takes place on Catalina. It's always great to see old friends.

Included among Mike's favorite memories are the years he spent coaching with fellow DSB IT Manager Mohamed Sufi-Ismael and playing with Men's Central Jail Senior Deputy Ernie Carrasco.



LACRIS: MOBILE IDENTIFICATION

LACRIS has provided handheld fingerprint identification equipment to all law enforcement agencies within Los Angeles County for the last eight years. Field officers use the handheld

fingerprint devices when they encounter individuals who have been detained but may not have a driver's license in their possession. The device provides real-time access to the California Department of Justice (DOJ) and the Federal Bureau of Investigation (FBI) fingerprints databases, in addition to our local criminal database. Recently, a full-time staff member was hired to provide improved service to stations and agencies that are having issues with the devices and require additional training. The deputy will also assist in the planning of a mobile field booking solution that should be ready within the next few years. Field booking is intended to allow for the positive identification and documentation of misdemeanor (916B) bookings or other instances where transporting arrests to a station is not feasible. See photo of the device in action.



CUSTODY AUTOMATION UNIT: MOBILE EVENT TRACKING SYSTEM

Mobile Event Tracking System (METS) is an application designed to safeguard the lives of inmates. It is the Division's largest transactional system and documents more than 200,000 scans each day.

By utilizing these handheld mobile computing devices, each cell in each jail facility is scanned by scanning a barcode that is posted on the door of the cell or in a general area in the module or day room. These "security checks" are required on a timely basis in either 15-, 30- or 60-minute intervals. The security checks have been mandated by the ACLU and must be stored in an offsite database for verification purposes.

The system was the main causal factor for the development of a dynamic dashboard system that enables personnel to maintain a visible display of

continued on page 26



SRA EMPORIUM LAW



// A //



// B //



// E //

// C //



// F //



// D //



ENFORCEMENT GEAR



// G //



// H //



// I //



// J //



// K //



// L //



Smith & Wesson®

BATES

Danner
SINCE 1932

A	Active Shooter Armor Plate Carrier Vest	\$50
B	Rifle Plate, Level III+, 10"x 12", 3.09 lbs	\$99 ea
C	Double AR and Pistol Mag Pouch	\$10
D	Shotgun Shell Pouch	\$10
E	Folding Dump Pouch	\$9
F	Duty and Tactical Flashlights	\$37
G	First Responder Utility Bag	\$25
H	Range Bag / Two Pistol Case	\$15
I	Rip-Away Trauma/EMT Pouch	\$12
J	Smith & Wesson Knives	\$15-45
K	Tactical "10-33" Bailout Bag	\$23
L	Danner and Bates Duty Boots	\$67 105 125

LOCATIONS

> **Emporium II**
S.T.A.R.S Center
Whittier

> **Emporium III**
P.D.C. - Wayside
Castaic

FROM THE DOCS

WHAT'S THE DEAL WITH HEADACHES?

By Stephen Seetal, Ph.D.

Headaches are a serious business in this country. There are at least 45 million Americans who complain of chronic headaches, and for at least half of these people the problem is serious in that it interferes with their daily activities. Migraine victims miss almost 160 million work hours each year because of their headaches. Headache sufferers, in general, make over eight million visits to their doctors to find relief for the pain. Some experts argue that recurrent debilitating headaches are often due to inadequate diagnosis and treatment, and overuse of medications taken to provide relief.

TRIGGERS

Because the factors that trigger a headache vary from person to person, it's important to develop an individualized treatment plan. Such a plan aids in the process of identifying and controlling factors that may trigger attacks, determining the type of medications that help prevent and treat an individual's attacks, and examining the types of behaviors that have contributed to attacks in the past. Research indicates that triggers include stress, hormonal imbalances, and disrupted sleep and eating times. In addition, a number of substances found in foods have been suspected of causing headaches, leading to recommendations that specific trigger foods be avoided, such as alcoholic beverages, red wine, caffeine, aged cheeses, citrus fruits, chocolate, MSG and hydrolyzed vegetable protein.

BIOLOGICAL FACTORS

There are a number of places a head can hurt. Examples include pain developing in the network of nerves in the scalp, the muscles of the head, and blood vessels that run along the surface and at the base of the brain. At the end of all these pain-sensitive nerves, there are tiny "messengers" that get stimulated by stress, tension, lack of blood supply

or other headache triggers. When this happens, they send off a signal to the brain.

Some scientists suspect that people who have migraines or other forms of tormenting headaches have a lower-than-average level of endorphins — one of the body's natural painkilling chemicals. Most researchers agree that altered blood flow to the brain, along with biochemical changes, react in a domino-like effect to bring on the pain. The nervous system responds to a signal (like stress) and starts a spasm, which narrows arteries that supply blood to the brain. This causes the platelets in the blood to clump together and release a chemical called serotonin (which also constricts arteries), making the problem worse. Hungry for oxygen, other brain arteries open wider to compensate for the reduced flow, and this triggers the production of chemicals and pain producers (like prostaglandins) that cause inflammation, swelling and increased sensitivity to pain.

TYPES OF HEADACHES

There are three basic types of headaches: migraine headaches, cluster headaches and tension-type headaches. According to the National Institute of Neurological Disorders and Stroke (NINDS), there are specific features that separate each type of headache. Migraines produce throbbing pain on one or both sides of the head, and symptoms can include nausea, vomiting, sensitivity to light and noise, fever, chills, flu-like aches and sweating. Cluster headaches occur in a series of sudden, excruciating, one-sided episodes that begin as a minor pain around one eye and may continue for 15 minutes to four hours. Tension-type headaches are the most common of all headaches. They produce a dull, achy pain that feels like pressure is being applied to the head or neck. This type of headache gets its name from the role of stress in triggering the attack, but also for the contraction of

neck, face and scalp muscles aggravated by stressful events. The pain involved in a tension headache is described as mild to moderate and usually disappears after the period of stress is over.

TREATMENT

In terms of treatment options, significant progress has been made during the past decade in finding more effective ways to treat headaches. According to the American Medical Association, most headache sufferers are better able to control the pain and relieve its impact. Individualized treatment plans are aimed at relieving headache symptoms, preserving one's ability to function at normal or near normal level, and lessening the frequency or duration of future headache attacks. Biofeedback training, stress management, diet modification, acupuncture, exercise and relaxation therapy are just some of the ways that people have learned to cope with recurring headaches. Perhaps the most important thing to understand about headaches is that, while there may be generalized types of this condition, each case is different. There is no single magic formula to make the pain go away. If headaches occur frequently, if there is a pattern in the occurrence or progression of the pain, or if they begin to interfere with one's daily routine, it is important to get medical attention. An accurate diagnosis is the first step to a treatment program and sets the groundwork to reduce the distress of headaches.

Many of us know that the requirements of our lives can take a toll on our physical and mental well-being. If you would like to obtain further assistance regarding creating a balance between physical and mental health, you can contact Employee Support Services Bureau at (213) 738-3500 for a confidential consultation or appointment. You can also obtain additional information by visiting our intranet site at <http://intranet/intranet/ESS/Index.htm>. Be well. ☆

Data Systems Bureau *continued from page 23*

security check compliance. The Division is currently in the process of testing and prototyping inexpensive iPods to capture the same information at a lesser cost. Further to follow, I'm sure. See attached photo.



IT QUOTE OF THE MONTH

"Technology is nothing. What's important is that you have a faith in people, that they're basically good and smart, and if you give them tools, they'll do wonderful things with them." — Steve Jobs

ARRIVALS

DSB welcomes Operations Assistant I Leslie Garcia to the LACRIS Unit and Information Systems Analyst II Huy Thuong Pham, who came to us from the private sector. May you have a long career at Data Systems Bureau.

Logging off until next month. ☆



By Johnie Jones
Parks Bureau

Hello, my Parks Bureau peeps. May is here, and if you're like me, it's time to start popping those allergy pills on a regular basis as April showers bring May flowers in our parks. Another reminder that spring is here is our handy and timely reminder from Dave Gomez on how to deal with rattlesnakes. I have respect for the snakes, but those cute little skunks with the capacity to spray you with that lovely scent from a great distance still get my attention.

Captain Ernest Chavez is now at the helm of the Parks Bureau ship, which is definitely different from the Century Station operation he left behind. I was thinking it was going to take some time for him to get used to the unique assignment here, working for the most fun Bureau on the Department. We have boats, ponies, bicycles, motorcycles and ATVs, to name just a few things, and we are happy. Yes, we still handle calls, issue citations and take people to jail, but I'm talking ponies and boats here. Then I hear that while at Century Station, Captain Chavez was known to push an ice cream cart in a few of our County parks in Century's area and give out ice cream to the children. Being a fan of the delectable and tasty food, I had to go straight to the source and inquire. Well, he had no ice cream for me, but he did verify the story and provided me with photographic evidence. He said it was a great tool to get to know the community and for them to get to know us. You might recall that a few months ago, I tried to convince Captain Perez that it would be a great morale booster here at the Bowl to have a soft-serve ice cream machine placed in our office. She did not agree on the value of this idea, and frankly, her being a UCLA Bruin alumna, this makes sense. Now, Captain Chavez is a Notre Dame Fighting Irish kind of guy, so that might be a



good thing, but getting it past Mr. 3 Percent Body Fat Ruble may end my quest once again. Drat!

I'm sad to report that Robert Figueroa and Lee Goldman are currently being investigated for disco dancing on duty in the North Zone. It's actually legal in the South but not up North, they don't play, but I digress. I'm sure that in their defense they will say that while hiking up at Devil's Punchbowl, a certain sergeant with Photoshop abilities took their picture. Are we really to believe such a story?

In January, our Department participated in the Annual Kingdom Day Parade celebrating the life of Dr. Martin Luther King. Parks Bureau figured very prominently, with Sheriff McDonnell riding the lead horse with our Mounted Enforcement Detail, along with numerous Department executives and personnel from throughout the Department walking. Wayne Brown, a member of our Special Problems Team, and his supervisor, Tony Hackett, were working security at the parade



on bicycles. As a deputy, working an event such as this with almost every Department executive in attendance, you especially want to look your best. Wayne was looking good in a pristine white polo shirt, preparing his equipment for the parade, when the bluebird of happiness arrived and emptied the contents of

his bowels on Wayne's shirt. It was a very colorful stain, but like any good deputy who knows how to improvise, overcome and adapt, he found a new place to put his microphone. Well played, sir!

continued on page 28

BaidaJewelry.com

THE Original Jeweler to Law Enforcement

Up to 70% off retail price for
L.A. Sheriff's Deputies. Active & Retired



International Jewelry Center
550 South Hill st. Suite 830
Los Angeles, CA 90013
(213) 623-4087 (213) 623-3780
www.baidajewelry.com

100% NATURAL non-enhanced
& non-treated diamonds
U.S. Certified Diamonds only!
Lifetime Upgrade policy

A portion of all sales revenue is donated to law
enforcement agencies and the community

Diamond Importers Jewelry Manufacturers Custom Designers

Two of the most popular Sheriff's personnel at the parade were Greg Johnson and Marcus Chatman. Working in law enforcement, it is often said, we are out there keeping the streets clean. Well, these two fine officers took that to a new level as the official parade pooper-scoopers. I'm very serious when I said they were popular with the crowds. They received applause and thank-yous from the crowd for removing the horse droppings from not only our horses, but also those of our brothers and sisters in blue.

Recently I returned from vacation to find the usual 200-plus emails in my Outlook. That was a low number due to the Clutter folder that takes those emails you quickly delete. Not sure how they do it, but thank you, DSB. Being the trained observer that I am, with cat-like reflexes — would you believe hound-dog reflexes? — anyway, as I was going through my emails, I noticed the numerous arrest notifications from Annie Walters and Max Fernandez. I spoke with one of the sergeants in the East Zone and he said that they are very proactive in making the parks a safer place. Both Annie (2014) and Max (2015) were the recipients of the Deputy of the Year Award for their work in the East Zone, presented by Supervisor Don Knabe's office. Keep in mind, your walk



talks and your talk talks, but your walk talks louder than your talk talks.

One of the programs we run in Parks Bureau is the Off-Highway Police Activities League, where we teach inner-city children how to ride ATVs. Last December, during Christmas vacation, we conducted two classes a day at Castaic Lake. We took two vans to the Department of Children and Family Services building located on Vermont Avenue in Los Angeles to pick up the foster children and a few social workers. Some of the children were afraid to leave the inner city, not knowing what the great outdoors would bring. After a few of the brave children came

out and thoroughly enjoyed riding the ATVs and hanging out with the deputies, the list for those wanting to participate grew. There was one child in particular who comes to mind when I look back on that training. She was 12 years old and having a good time on the ATV. She started out a little timid, like most, and as the day went on her confidence was building. We went out on the trail ride and she went down into a gulch and was thrown from the ATV. She was lying on the ground next to her ATV, very still and appearing to be unconscious. We called for our emergency medical technicians, who were back at the vans, and we rushed down into the gulch to render first aid. We contacted her and found her to be conscious and in good condition. She plays basketball for her school team and was told by her coach that if you go down, stay down. Mike Lorenzi checked her out and found her to have a small bruise, but she was good to go. We spoke to her about the crash and she said, "That's nothing, my father used to throw me downstairs all the time." A few of us got a little choked up over that comment — not me, tough as nails, you know, but I'm sure some of the other guys were. Guess who was back in the next class, aggressive on her ATV and having a great time?

Until next month, enjoy a day in the park. ☆

☆ IN MEMORIAM ☆

MICHAEL A. BAILEY	RETIRED 03-13-01, DECEASED 03-16-16	DEPUTY/NCCF
VERNON D. BENNETT JR.	RETIRED 08-30-76, DECEASED 03-14-16	DEPUTY IV/SANTA CLARITA
GILBERT E. BRISCO	RETIRED 04-29-87, DECEASED 03-21-16	DEPUTY IV/MAJOR CRIMES
JAMES D. FILKINS	RETIRED 03-31-80, DECEASED 01-30-16	DEPUTY IV/SBI
DONALD E. FORSYTH	RETIRED 03-31-80, DECEASED 03-06-16	LIEUTENANT/IRC
MARVIN G. MACKLIN	RETIRED 10-23-89, DECEASED 11-24-15	DEPUTY/COURT SERVICES
LEO B. MITCHELL	ACTIVE, DECEASED 03-28-16	CUSTODY ASSISTANT/IRC
JOHN P. RATCLIFFE	RETIRED 02-18-78, DECEASED 02-23-16	DEPUTY/MIRA LOMA
JOSEPH R. TORCASO	RETIRED 09-17-86, DECEASED 03-04-16	SERGEANT/ADMIN BUREAU
JANET H. WILLIAMS	RETIRED 06-30-05, DECEASED 03-05-16	CAPTAIN/COMMUNITY COLLEGE BUREAU
SUSAN ELLISON, SPOUSE OF RETIRED MEMBER JAMES R. ELLISON, DECEASED 02-27-16		
PEGGY M. KISELLA, SPOUSE OF RETIRED MEMBER LARRY M. KISELLA, DECEASED 03-01-16		
BARRY L. NEAL, SPOUSE OF ACTIVE MEMBER CHANDRA M. NEAL, DECEASED 03-13-16		
VELBERLY NELSON-RODRIGUEZ, SPOUSE OF RETIRED MEMBER JOHN L. RODRIGUEZ, DECEASED 03-04-16		
TIARRA RAYNIQUE TRIMBLE, DAUGHTER OF ACTIVE MEMBER TOMMY R. TRIMBLE, DECEASED		



The Chaplain's Notebook

By Father Rick Byrum

Emergency Operations Bureau

RETREATING FROM ANGER: RELEASING ATTACHMENTS

Attachment means "I cannot do without it," or, in the case of human relationships, "I cannot do without you." Attachment may lead to dependence, craving, clinging, fear of loss or change, or anxiety leading one to attempt to possess, control or have dominance of our beliefs over another human being. Attachment can create a path to loss of one's peace of heart or mind. If you can drop your attachments, you may find peace.

When we find ourselves emotionally involved in an argument, we may feel like we are losing control of how we feel and that our emotions have taken on lives of their own. When we have some awareness that this is happening, taking a deep breath can sometimes help us step back from the situation. Once we can separate ourselves from the heat of the moment, we may realize that the emotional trigger that led to the argument has little to do with the present situation. Such awareness may provide an understanding of what we're attached to. Understanding and looking honestly at what caused our reaction may allow us to consciously respond more appropriately to a situation and help us make the better choices.

We can make agreements with our partners and those closest to us so that asking questions can help us discover the source of an attachment. The shared awareness can result in finding simple solutions to a given situation. Maybe we are taking ourselves too seriously and just need to laugh sometimes. We need to learn to let go of excess baggage — i.e., attachments — that have in some cases been carried for years. We may also discover that perhaps we are attached to the excitement that drama brings and the chemicals that our body releases when we get angry. But it is also possible that there may be deeper issues that require discussion, understanding and patience. Regardless, the more we allow ourselves to step back and examine our attachments, the more of a chance we have to allow real feelings to surface that may guide us toward solutions that improve our lives. All of us are invited to live our lives not, as it were, at 50 or 60 percent of our potential, but at 100 percent: to live life with fullness. What might that look like for us today versus who we were five or 10 years ago?

What are we attached to that hurts and gives rise to our pain when it shows its masterful face? Those are the questions begging attention.

Moving into a space where we can become more clear about our attachments, what we embrace, our feelings, our intentions, and communicate them clearly gives us a better opportunity of getting what we want. Not doing so is more likely to result in losing control or allowing our subconscious minds to manipulate our behavior. We might take our frustrations out on the people closest to us because we feel safe and comfortable with them. After all, we may assume that they should know what we want and they should understand! But misplaced anger can cause harm. Arguing for what we truly believe can empower us and help direct our passions toward greater life experiences. Truly knowing what our attachments are can enable us to grow emotionally in ways that will affect our whole being in healthier ways.

How can I contact a chaplain? Chaplains are available at their unit of assignment, or by calling the Psychological Services Bureau at (213) 738-3500. ☆

Does **Sheriffs' Relief**
have your **current address?**

Are your **beneficiaries**
up to date?

Call SRA at **(562) 946-7081**
or **(800) 544-4772** today.

You can also go to
www.sheriffsrelief.org to contact us.



Significant Savings for Members of Law Enforcement

Buy and Sell with Michelle!

Michelle Terkelsen

Daughter of a retired deputy sheriff

909.519.9064

Michelle@TerkelsenHomes.com

REALTOR

BRE# 01881629



Tim Manfro

LOAN OFFICER

NMLS# 288666

Tim@nuhomefinancial.com

909.837.8777

TEAM  TERKELSEN



CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

*Thank you for your many years of dedicated service to our Department.
We wish you long life, happiness, relaxation and many years of personal fulfillment.*

Craig S. Anderson

Emergency Operations Bureau

Tammie S. Andrews

Pitchess Detention Center, South Facility

Nafe L. Arca

Medical Services Bureau

Karen T. Bartlett

Medical Services Bureau

Craig A. Berger

Lomita Station

Boosaba Boonche

Medical Services Bureau

Ruby M. Branch

Inmate Reception Center

Valerie E. Brantley

Court Services Civil Management
Bureau

John K. Brooks

Court Services East Bureau

William C. Campbell

Narcotics Bureau

Amanda A. Canlas

Food Services Unit

Florence M. Casiano

Human Trafficking Bureau

Daniel F. Castanon

Narcotics Bureau

Mary A. Chavez

Custody Division Headquarters

Amos A. Cisneros Jr.

Lancaster Station

Mark A. Cohen

Aero Bureau

Felicidad C. Concepcion

Medical Services Bureau

Richard L. Dailey

Lancaster Station

Kenneth B. Davidson

North County Correctional Facility

Lillie A. Deleon Sordan

Medical Services Bureau

Robert A. Desantis

Malibu Lost Hills Station

Vivian A. Dodson

South Los Angeles Station

Nancy E. Drake

Special Victims Bureau

Jerome D. Edwards

Century Regional Detention Facility

Vilma V. Espinosa

Personnel Administration

Don P. Ford

Palmdale Station

Gilna L. Francois

Medical Services Bureau

Cressida Y. Gabbedon-Fleming

Food Services Unit

Aida F. Garcia

Food Services Unit

Scott T. George

Court Services West Bureau

Alexander O. Gomez

Training Bureau

Ruben L. Gukasov

West Hollywood Station

Erma J. Hall

Scientific Services Bureau

Marisela Hancock

Scientific Services Bureau

Lawrence G. Hastings

Communications and Fleet
Management Bureau

Edmund J. Hood

Court Services Transportation Bureau

Valentina Huicochea

Fiscal Administration

Tomas L. Jimenez

East Los Angeles Station

Michael A. Kelly

Court Services East Bureau

Janice L. Kimble

Pitchess Detention Center, South Facility

Tracy M. Lee

Financial Programs Bureau

Jesus L. Licuanan

Medical Services Bureau

Thomas B. Lines

Walnut Station

Yolanda S. Lockhart

Court Services East Bureau

Maria C. Lopez

Inmate Services Bureau

Armando Macias

Parks Bureau

Gilbert Marquez Jr.

East Los Angeles Station

Ivan J. Martinez Sr.

Court Services Central Bureau

Randall W. Mason

Court Services East Bureau

Denise M. McCormick

Palmdale Station

Jeff M. Moore

Palmdale Station

Armando R. Morales

Twin Towers Correctional Facility

Vincent M. Moultrie

County Services Bureau

Anthony Munoz

Court Services Civil
Management Bureau

Richard T. Nagler

Santa Clarita Valley Station

Petrona Nava

Education Based Incarceration

Matthew C. Ngai

Scientific Services Bureau

Timothy M. O'Quinn

Homicide Bureau

Catherine Phifer

Scientific Services Bureau

Charles E. Prescott

Major Crimes Bureau

Catalina I. Pritchard

Inmate Reception Center

Bryan S. Proctor

Training Bureau

Donald H. Rasmussen

Scientific Services Bureau

Antonio E. Rebueno

Transit Bureau South

Mark D. Rediger

Malibu/Lost Hills Station

Mark L. Renfrow

East Los Angeles Station

Lillian Richter

Parks Bureau

Jesus Rodriguez

Court Services Central Bureau

Edward L. Roman

Twin Towers Correctional Facility

Salvador G. Sandoval

Communications and Fleet

Management Bureau

Peter J. Sanzone

Pitchess Detention Center, South Facility

Rudolf Schaap

San Dimas Station

Michael E. Schliebe

Lomita Station

David J. Schoonover

Twin Towers Correctional Facility

Gloria R. Sepulveda

Industry Station

Anthony J. Sims

Transit Bureau North

Brian H. Smith

County Services Bureau

Michael E. Staley

Major Crimes Bureau

James C. Stears

Data Systems Bureau

Denise M. Stephenson

Century Regional Detention Facility

Mark W. Stevens

Fraud and Cyber Crimes Bureau

Matthew R. Thiebaud

Court Services West Bureau

Gregory A. Thurman

Narcotics Bureau

Gilbert R. Trujillo

Scientific Services Bureau

Rosa A. Umana

Food Services Unit

David W. Veylupek

Transit Bureau South

Eunice C. Walker

Century Regional Detention Facility

Lance D. Westfall

Santa Clarita Valley Station

Jonathan W. White

Lancaster Station

Jeffrey A. Widmark

Court Services Transportation Bureau

Anthony R. Willis

Compton Station

Wendy S. Wilson

Lancaster Station

Kwok-Lun E. Wong

Fiscal Services

Byron G. Woods

Cerritos Station

Megumi Yamamoto

Inmate Reception Center

George E. Zagurski

Special Operations Division

Headquarters

L.A. County Retired Marshals Lunches for 2016

ALL LUNCHES ARE SCHEDULED FOR 12 NOON

May 4*Elephant Bar*

12002 Lakewood Blvd.

Downey

June 1*Matt Denny's*

145 E. Huntington Drive

Arcadia

July 6*Bob's Big Boy*

21090 Golden Springs Drive

Diamond Bar

August 3*Black Bear Diner*

7005 Knott Ave.

Buena Park

September 7*Yang Chow*

3777 E. Colorado Blvd.

Pasadena

October 5*Marino's Italian Restaurant*

17126 Bellflower Blvd.

Bellflower

November 2*Matt Denny's*

145 E. Huntington Drive

Arcadia

December 7*Villa Tepeyac*

2200 E. Garvey Blvd.

West Covina

L.A. SHERIFFS' MUSEUM

By Chris Miller

Los Angeles Sheriffs' Museum

SYBIL BRAND INSTITUTE FOR WOMEN: "THERE'S A GUN IN THE JAIL"

There is an adage attributed to former First Lady Eleanor Roosevelt that has far greater significance for us in law enforcement than it does for the general public: "Learn from the mistakes of others. You will never live long enough to make them all yourself." This is a message that retired Deputy Sheriff Sheryl Endresen wants to ensure is not missed from an experience she had when she was a senior deputy at the Sybil Brand Institute for Women in 1978.

Deputy Endresen arrived at SBI in 1974. By 1978, she was a senior deputy assigned to SBI's reception area. All inmates brought here for processing into the jail were searched, photographed, fingerprinted and given a wristband. This was tedious, dirty and often disgusting work as arrested women from all walks of life were processed and searched.

One day when Endresen was supervising the reception area, a woman was brought in by LAPD for murdering her husband. The general facts of the case known to the deputies at the time of the woman's booking was that she caught her husband in bed with another woman and then shot him to death.

As the prisoner's handcuffs were removed, Endresen observed that the woman was in her late 50s and looked very conservative and eminently ordinary — so much so that Endresen thought she could be mistaken for a preacher's wife. Endresen told the murder suspect that she was going to have to conduct a cavity search for narcotics. The inmate seemed very shy and began crying. She insisted that she didn't have any narcotics and even exclaimed, "Do I look like a drug



Deputy Sheryl Endresen

to give her a break and elected not to conduct the cavity search. After the intake process was complete, Endresen escorted the woman to her cellblock for housing.

About an hour later, an inmate told the module deputy where the newly incarcerated murder suspect was housed that she needed to see Senior Deputy Endresen immediately. Endresen responded to the module and contacted the inmate. When the inmate was removed to a place where they could speak privately, she told Endresen that that newly booked inmate had a gun. She said that the woman reached under her dress and

pulled out the handgun from between her legs and showed it to her. The woman told the informant that she smuggled the gun into the jail because she knew her husband's mistress was arrested on another charge and was inside SBI somewhere, and it was her intention to kill her.

Endresen stared at the informant in disbelief. It seemed

impossible that the meek woman that she processed would be so cold and calculating as to smuggle a gun into the jail to commit a second murder. Unfortunately, she knew the inmate who told her this story was a reliable informant who would not lie about something so serious. Endresen decided that she needed to find the murder suspect, remove her away from the other inmates and conduct the cavity search that she neglected to do in processing.

Once the informant returned to the module, Endresen discreetly requested that the murder suspect exit the module on another pretext. When Endresen explained that, unfortunately, it was necessary for her to conduct the cavity search after all, the woman became very nervous. During the walk to receiving, the woman tried to talk her out of doing the search. When they arrived at the receiving area, the senior told two female deputies and a male corrections officer to come inside the room and assist her with the search. She also told another deputy to call the clinic to request a nurse to come down to assist them.

As they entered the room, Endresen discreetly told the other personnel that the inmate might have a gun concealed inside her body. One of the female deputies immediately grabbed one of the woman's arms while the male corrections officer grabbed the other. As they waited for the nurse to arrive, the woman said, "OK, OK, I'll give it to you!" Inexplicably, the corrections officer and the deputy let go of the woman's arms in order for her to retrieve the weapon. The woman reached between her legs and removed a .22-caliber pistol from her body cavity. As she brought the gun up to hand it to the CO, she nonchalantly pointed it at him. The CO was so frightened he peed his pants, but he also immediately grabbed the woman's arm and



SBI reception area



SBI jail module



.22 pistol

removed the gun from her hand. The woman was quickly handcuffed and then placed in an isolation cell. When the weapon was checked, it was found to be loaded.

When Endresen called LAPD to inform them that they found a

gun on their suspect, she was told that not only had the woman killed her husband, but she also dismembered his body.

Even 36 years after this incident, the lessons learned are worth repeating: Take nothing for granted. Search protocols are there for a reason. Regardless of how this woman appeared on the surface, she should have been treated like any other newly booked prisoner. Endresen recalled that prior to the killing spree of the Manson family, some of the girls were arrested and brought to jail on minor offenses. They did not look like brainwashed killers, yet some of them would be active participants in the Tate-LaBianca murders. Sociopaths are chameleons. They know how to look innocent and they lie very convincingly. This woman was far more than she appeared. Even after it was believed she was armed, she was treated gingerly. She should have been handcuffed and forcibly searched. It is fortunate that no one was shot.

The year after this incident, Deputy Endresen transferred to East Los Angeles Station. Over the years, she continued to recover narcotics and even knives during cavity searches. After the gun incident, she never skipped a cavity search again. Take no shortcuts when searching. Let this lesson from the past remind you that your life may be at risk if you do. ☆

Come tour YOUR local Sheriff's Station

Palmdale Sheriff's Station Open House

**Saturday, June 4th 2016
10 AM - 2 PM
750 E. Avenue Q**

At the corner of Sierra Hwy and Ave. Q

Come celebrate the **10th Anniversary** of the Palmdale Sheriff's Station and help us welcome our new Captain, Dennis Kneer

- FREE Admission
- FREE Rock Wall Climbing for Kids
- FREE Food and Drinks - Hot Dogs / Links, Snow Cones, Cotton Candy
- Tours of the Sheriff's Station
- Displays from our Specialized Units - Aero, K-9, Search and Rescue, Recruitment, SEB/SWAT and more to come...

INTEGRITY COURAGE PROFESSIONALISM RESPECT ACCOUNTABILITY COMPASSION

Los Angeles County Sheriff's Department

NOW HIRING!

Call **1-800-A-DEPUTY** or visit **www.LASDcareers.org**

ONE BADGE. UNLIMITED POSSIBILITIES.

Icons for Facebook, Twitter, YouTube, and Instagram.

QR code for more information.



By James Furtsch
L.A. Grizzlies

ARE YOU READY?

Football is coming to the Los Angeles County Sheriff's Department. We just received approval from Sheriff Jim McDonnell to fulfill the desires of many deputy sheriffs. The L.A. Grizzlies, a nonprofit organization, will field a full-contact football team that will compete for the LASD charitable organization 999 for Kids. Upon joining, you will be able to travel the country and compete against other first responder teams in the National Public Safety Football League (league approval pending).

Having just come from a meeting with



Sheriff McDonnell, who is fired up about having this team compete, we are now in the recruiting phase for our first season. The season runs from January to May, and our practices will begin for the 2017 season in December 2016. This gives you, our future players, ample time to adequately prepare yourselves. You are encouraged to rally your partners and friends, and have workouts on your own until the time comes for official team practices.

For questions and information on signing up, please visit our website, www.lagrizzlies.com, or email us at lagrizzliesfball@lasd.org. ☆



SRA EMPORIUMS' ALL-NEW LINEUP



Drop by one of our locations to shop our full range of unique merchandise! Outfit yourself with LASD-themed gear AND find the perfect gifts for friends and family members.

Emporium II

STARS Center
11515 Colima Road, Bldg. B
Whittier, CA 90604
(562) 946-7271

Hours:
Monday through Friday,
9 a.m. to 4:30 p.m.

Emporium III

PJP Rancho
29300 The Old Road
Castaic, CA 91384
(661) 295-8030

Hours:
Monday through Friday,
9 a.m. to 5 p.m.

FORMER L.A. DEPUTY SHERIFFS IN TEXAS (FLADST)

Howdy! The countdown to our retired LASD in Texas luncheon is on.

Our annual get-together will be held Saturday, May 14, from 11 a.m. to 1 p.m. at Richard and Vicki Adams' home in Dripping Springs, Texas. Meal cost is \$10 per person and will be collected upon arrival. When you decide to attend, kindly advise via email to darthbrown@me.com. Remember, all LASD retirees and their significant others are cordially invited. So far, the following have indicated that they are planning to be there:

Richard and Vicki Adams	John and Karen Domen	James and Carole Mulvihill	Dave and Nancy Schriefer
Ronald L. Anstead	Daniel Finkelstein	Chickee and Norm Nelson	Jim Skiman
Marshall Baird?	Michael and Cindy Forte	Jan and Marshall Priest	Kent Scholten
Scott Bryant	Robert and Susie Guilbant	Ron Rogers (2)	Scott Thompson
Dan Castillo	Dale Hedges	Bill Saul (2)	Roy and Jane Williams



REFER A FRIEND AND YOU'LL BOTH GET \$50!



TELL A FRIEND



JOIN



GET PAID!

For a limited time, when you refer a **friend, family member, or co-worker** for First City membership, you'll both receive **\$50**. Have your friend submit the referral form at www.firstcitycu.org, and you'll get **\$50** when their new accounts are opened.

For more information, or to verify that the person you are referring can join, call (800) 944-2200, ext. 0, or visit the "Become A Member" page at www.firstcitycu.org.

Savings
Federally
Insured by
the NCUA

Referred member must open a savings and checking account to qualify. Bonus paid immediately to the savings account upon opening. Savings account requires an opening deposit of \$5.00; Checking requires an opening deposit of \$10.00. Limited time offer subject to change without notice. Coupons may be available to cover those amounts, ask for details!

Sheriffs' Relief Association
SRA: (800) 544-4772/(562) 946-7081 (M-F, 8:30 a.m. to 5 p.m.),
Emporium II: (562) 946-7271 (M-F, 9 a.m. to 4:30 p.m.), Emporium III: (661) 295-8030
(M-F, 9 a.m. to 5 p.m.), 2016 Tickets Available & Sold To Members Only

BUY TICKETS ONLINE!

Select tickets available for purchase with a credit card through our website at <http://members.sheriffsrelief.org>.
 Member number will be your employee number (if retired, contact SRA office for retired member number). Password will be your last name, first letter capitalized, for your first time signing in.

ATTRACTION	SRA PRICE Adult/Child	REG. PRICE Adult/Child
AMC Green Ticket (restricted)	\$9.00.....	\$11.00-\$15.00 depending on location
.	Ages 3 and up. Excludes any movie distributed by the Walt Disney Co.,	
.	including, but not limited to, Disney, Pixar, Marvel and LucasFilm titles.	
BOOMERS IRVINE	\$25.00 and up (several packages available)	
(available online only)	\$0.99 processing fee per transaction	
CINEMARK (unrestricted)	\$8.50.....	\$11.00-\$13.50 depending on location
.	Ages 3 and up	
DISCOVERY SCIENCE CENTER	\$14.00/\$10.00	\$17.95/\$12.95
(available online only)	(Children 3-11)	
DISNEY 1 DAY 1 PARK	\$95.04/\$89.28	
.	\$91.20-\$114.24/\$85.44-\$108.48 (online price; children 3-9)	\$95.00-\$119.00/\$89.00-\$113.00
Good thru 12/31/16	Online pricing is date specific. Please visit our website for details.	
DISNEY 1 DAY 2 PARK HOPPER.	\$142.60/\$137.08	
.	\$142.60-\$155.48/\$137.08-\$149.96 (online price; children 3-9)	\$155.00-\$169.00/\$149.00-\$163.00
Good thru 12/31/16	Online pricing is date specific. Please visit our website for details.	
KNOTT'S BERRY FARM	\$39.00/\$34.00	\$72.00/\$42.00
Good thru 12/31/16	\$36.00/\$33.00 (online price)	
.	(Children 3-11; Senior 62+)	\$5.99-\$7.99-\$9.99 processing fee per transaction
LEGOLAND-Free 2nd Day	\$74.00/\$68.00	\$93.00/\$87.00 (1 day ticket)
Good thru 12/31/16 (available online only)	2nd Day Free within 90 days of first visit or before expiration date	
LEGOLAND HOPPER-Free 2nd Day	\$82.00/\$76.00	\$117.00/\$111.00 (1 day ticket)
Good thru 12/31/16 (available online only)	2nd Day Free through the end of 2016	
LONG BEACH AQUARIUM	\$18.95/\$12.95	\$29.95/\$17.95
Good thru 11/30/16	\$17.95/\$11.95 (online price; children 3-11)	
MAGIC MOUNTAIN	\$44.99.....	\$76.99/\$51.99
Good thru 9/25/16 (available online only)	\$8.99 processing fee per transaction	
MEDIEVAL TIMES.	\$34.07/\$27.71 plus tax	\$61.95/\$36.95 plus tax
(available online only)	(Children 12 and under)	
REGAL/EDWARDS (unrestricted)	\$8.50	\$11.00-\$13.50 depending on location
.	Ages 3 and up	
SEAWORLD-Single Day.	\$60.00/\$60.00	\$89.00/\$89.00
Good thru 12/31/16	\$66.00/\$66.00 (online price; children 3-9)	
SEAWORLD-Fun Card	\$80.10/\$80.10 (not valid 5/30/16)	\$89.00/\$83.00
.	\$79.00/\$79.00 (online price; children 3-9)	
UNIVERSAL STUDIOS	\$90.00-\$105.00/\$84.00-\$99.00	\$115.00/\$109.00 and up
.	Pricing is date specific. Please visit our website for details. (children 3-9)	
(available online only)	\$139.00 annual pass (valid for 12 months after first visit)	

IMPORTANT: PAYMENT-CASH OR CHECK ONLY IN OUR OFFICE (CHECK PAYMENT LIMIT=\$750.00). TICKET LIMIT=10 PER ATTRACTION PER MONTH (EXCEPT FOR DISNEYLAND TICKETS, LIMIT IS ONLY 8) PER MEMBER. IF MEMBER IS HAVING SOMEONE OTHER THAN SPOUSE PICK UP TICKETS, ONLY THE MEMBER'S PERSONAL CHECK WITH EMPLOYEE # WRITTEN ON THE SAME CHECK IS ACCEPTED FOR PAYMENT. PLEASE READ AND CHECK INSTRUCTIONS AND RESTRICTIONS ON THE BACK OF EACH TICKET BEFORE LEAVING THE TICKET COUNTER. ALL SALES ARE FINAL. PRICES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. ONLINE PRICING MAY DIFFER FROM IN-OFFICE PRICING.

ADDITIONAL SERVICE CHARGES MAY APPLY. PLEASE SEE INDIVIDUAL WEBSITES FOR DETAILS.

REVISED 4/21/16

SATURDAY, JUNE 18, 2016



Deputy Cristina Lokuan

25 Years of Service
Los Angeles Sheriff's Department

Golden Nights Restaurant
7115 Beach Blvd | Buena Park, CA 90620
\$30.00 per person

Contact: Irene Reveles (562) 803-7160
Dyann Knight (562) 803-7150

Checks payable to Cristina Lokuan

Star News Advertisement Disclaimer

★ ★ ★

The Editor and employees of the Star News and the members of the Sheriffs' Relief Association do not endorse or investigate the advertisements published in the Star News. Readers should note that neither the Star News nor the Sheriffs' Relief Association is responsible for the content of such claims of such advertisements. Advertisers should note that the Star News and the Sheriffs' Relief Association reserve the right to reject further publication of an advertisement for any reason.

**SERVING
WITH YOU
ON DUTY**

**FIGHTING
FOR YOU
OFF DUTY.**

9454 Wilshire Blvd. Penthouse, Beverly Hills, CA 90212
Tel.: (310) 550-8888 • Fax: (310) 550-8988
Toll Free: (888) 778-8888



Shawn Lalezary



Shervin Lalezary


LALEZARY
— LAW FIRM —

**Personal Injury Attorneys &
Reserve Deputy Sheriffs**

CAR ACCIDENTS
MOTORCYCLE ACCIDENTS
VEHICLE VS. PEDESTRIAN
WRONGFUL DEATH
SLIP AND FALL
NO RECOVERY - NO FEE



Attorney@BHFIRM.com | www.BHFIRM.com

Shervin Lalezary, Esq. and Shawn Lalezary, Esq. are licensed California attorneys and are responsible for this advertisement.

DEBORAH J. MANNING
FAMILY LAW ATTORNEY

**FREE
CONSULTATION**



2605 E. Foothill Blvd., Suite A
Glendora, CA 91740
info@manninglaw.net | (626) 335-5135
manninglaw.net

21 YEARS OF EXPERIENCE
Divorce Legal Separation
Paternity
Domestic Violence
Spousal Support
Child Support
Property Division
Post Judgment Modifications
Move Away Cases



**DIVORCE
Resource** Inc.

Affordable Family Law Assistance

Judith M. Weigle

Mediator & Legal Document Assistant

PEACEFUL DIVORCES for PEACE OFFICERS

(310) 441-7555 • (310) 876-1355
2999 Overland Avenue, Ste 207B, Los Angeles, CA 90064



Serving Deputy Sheriffs' Insurance needs since 1982.

**SPECIAL DISCOUNTS AVAILABLE
FOR LAW ENFORCEMENT**

- Auto Insurance
- Homeowners Insurance
- Landlord Protection Insurance
- Motorcycle Insurance
- Medical Insurance
- Life Insurance
- Mortgage Protection Insurance
- Annuity/IRA



Call Us Today!! (800) 641-1558
louisbarnett.com | CA Lic # 0575413

MYERS & ASSOCIATES

Lisa G. Myers, Attorney

Wife of LA County DA Investigator

Discounted Rates for Deputies

- Divorce/Paternity
- Child/Spousal Support
- Child Custody/Visitation
- DA Support Cases
- Mediation
- Guardianship
- Living Trusts
- Restraining Orders

(562) 693-3447

13215 E. Penn St., Suite 210, Whittier, CA 90602
Email: Lisa4Law@aol.com • www.lisamyerslaw.com



MENTION THIS AD FOR A SPECIAL REBATE
Money Back in Your Pocket!

FREE PHONE APP!

Search: Buy and Sell with Michele



Ask me about specials for:

- ★ Veterans
- ★ Law Enforcement

Michele
CHAVEZ
REALTOR®



1251 S. Beach Blvd. #F
La Habra, CA 90631
Fax: 562.315.9331

Retired LASD Class #251

Mater Dei Family
Alumni and Current
St Paul Class of '85



www.BuyandSellwithMichele.com

BRE License# 01247678



(714) 718-7221

BuyandSellwithMichele@gmail.com

**CREEKSIDE
CONSTRUCTION**



Parade of HOMES PEOPLE'S CHOICE
2014 | 2015

With 30 years of experience behind us, we are the
Pacific Northwest premier custom home builder.

We are honored to currently be building for retired
law enforcement from the California area, and
would love the opportunity to build for you!

10075 N Government Way Hayden, ID 83835
208.666.1111 | creeksidecda.com



Union Choice

MORTGAGES ♦ REAL ESTATE

Public Safety Officer Specialists



**Union Choice Proudly Serves
Law Enforcement Association Members & Union Members**

Our Team is Here to Help YOU!

- ♦ Programs for people with bankruptcy, foreclosure, or late payments
- ♦ Consolidate high interest rate credit cards
- ♦ Use equity for home improvements
- ♦ Pull cash out for college tuition
- ♦ FHA/ VA Programs
- ♦ First time home buyer assistance
- ♦ Low Rates/ Low Down Payments
- ♦ Refinance/ Purchase Options
- ♦ We cover your closing costs!
- ♦ Free credit check & appraisal (worth \$500)



Call today to take advantage of our Low Rates & Union Benefits!

Need cash? We have no-cost loans!

855-668-5626

www.unionchoice.com ♦ 3080 Bristol St. #300 Costa Mesa, CA 92626

MOVE TO NORTHERN IDAHO



Margie Todd GRI, REALTOR®
Designated Broker
(208) 818-4035 CELL

RIDGE RIVER REALTY

512 Bank St., Ste 1
Wallace, Id 83873
(208) 556-0800 office
(208) 567-6868 fax



Serving North Idaho Counties of:

Shoshone, Kootenai,
Bonner, Boundary, Benewah,
Latah, Nez Perce & Clearwater



Sue & Ferris Designs, Inc.

550 S. Hill Street, Suite 543 • Los Angeles, CA 90013
Ph. (213) 614-9500 • Fax (213) 614-9700



**Up to
60%
Off Retail**

Specializing In

Custom Orders, Engagement Rings
Wedding Bands, Anniversary Rings
Bracelets, Pendants, Earrings



Looking to **BUY** a new home or
SELL your existing home?

Are you in the market to purchase
an **INVESTMENT** or
RETIREMENT property?

Call me today for help with all your real estate needs.

Take a minute to learn more about
Natalie by watching this video:

www.youtube.com/watch?v=4S1rl_9A5Ko

Please note the link is case sensitive



NATALIE EMERY

PROUD WIFE OF A DEPUTY SHERIFF

714-330-8649

Natalie@NatalieEmery.com

www.NatalieEmery.com

Short Sale & REO Certified | LIC#01826825



BEDROCK

REAL ESTATE GROUP
(BROKER | AGENT)



HIROMI OKA

AGENT | CALBRE #0199691



JANA TOWNSLEY

AGENT | CALBRE #01994583

PLEASE CALL TODAY FOR A COMPLIMENTARY
BUYER OR SELLER CONSULTATION.

DIRECT: (310) 420-0130 | OFFICE: (310) 432-6400
SCOTT@BEDROCKREALESTATEGROUP.COM

439 N. CANON DRIVE, 3RD. FLOOR
BEVERLY HILLS, CA 90210
CALBRE#01846093



BEDROCKREALESTATEGROUP.COM



Donica & Cristina The Key to All Your Real Estate Needs

Donica Hakala - Retired LASD

Working with Buyers, Sellers & Investors
Ask about Our Sheriff's Department Personnel Package
Dedicated to Helping Heroes Find Homes

TNG Real Estate

3000 E. Birch St., Suite 102
Brea, CA 92821
Bre No. 01886242

Donica Hakala

Bre No. 01441172
donicahakala@gmail.com
714-864-1497

Cristina Moloian

Bre No. 01427656
cmoloian@gmail.com
714-336-6106



3 Corporate Park, Suite 210, Irvine, CA 92606



Over 24 years of
VA-FHA-Conventional
mortgage experience.

Call me for special financing options!

No processing or admin lender fees
Reduced costs or zero lender fees

Joe Kramer
Senior Sales Manager
NMLS-289510

Direct: 949-870-4010
Cell: 714-396-1338
Fax: 949-870-4011



Sierra Pacific Mortgage Company, Inc. NMLS 1788. Rates, terms, and availability of programs are subject to change without notice. Not all borrowers will qualify. Rates and terms subject to change based on market conditions and borrower eligibility. This is not a commitment to lend. All rights reserved. Equal housing lender. Licensed in CA by the DBO/RMLA #417-0015.



My name is Lovette Caples. In 1972, I was one of the first women in the US to work in a radio car at West Hollywood Station. I owned 3 monkeys, Bonnie, Clydette and Goldie Hawn. Because of a separation, I sent them to Jungle Friends Primate Sanctuary in Gainesville, Florida, a 501(c)(3) tax deductible org. It is an awesome organization! It houses 300 rescued monkeys from research labs.

They lived in tiny cages and never saw the light of day or grass. Now at JF they live in huge habitats with trees and more. Many have diabetes or some other horrible illness. The caregivers treat them all with love and kindness. JF is supported entirely by private donations. The monkeys call JF "home". They are struggling. Will you and your friends make a one time donation? No gift is too big or too small. Please go to www.junglefriends.org.

Thank you, Lovette (702) 795-2152 ~ JungleFriends.org

We Turn Your GUNS Into Cash we'll come to you & we make it easy on you

- Consignment Sales - Outright Purchases - Appraisals - Travel To You - Estate Liquidation



Sold For: \$4,455



Sold For: \$4,146



Sold For: \$2,816

LSB Lock Stock & Barrel Investments
2050 Donville Ave. Simi Valley, CA 93065
www.LSBauctions.com
M-F, 8-5 & Saturday by Appointment (805)285-0715

Antioch University Los Angeles

BACHELOR OF APPLIED ARTS IN URBAN COMMUNITIES AND JUSTICE

WHY CHOOSE ANTIOCH UNIVERSITY LOS ANGELES TO COMPLETE YOUR BACHELOR'S DEGREE?

PERSONAL ATTENTION

Our small class size and academic advising model allow us to get to know you as an individual and help you plan your degree and career path.

FLEXIBLE SCHEDULING

You can create a schedule that fits your lifestyle because we offer morning, afternoon, evening and weekend classes, as well as various non-classroom learning options.

ZERO WAITING TIME

You may enroll for any of our four quarters throughout the year, and receive a fast response from our Admissions and Registrar offices.

CLASS AVAILABILITY

Because of our unique combination of quarterly offerings and multiple flexible learning options, you will never have to delay your graduation due to difficulty in class availability.

AntiochLA.edu
1-800-726-8462
400 Corporate Pointe
Culver City, CA 90230
admissions.aula@antioch.edu
AntiochLA.edu/admissions
@AntiochLA
/AntiochUniversityLA

You can earn credit for your prior learning from work and life experience.

For more information visit:
AntiochLA.edu/UCJ



POPA Peace Officers Professional Associations
Federal Credit Union

2016 Refi Roundup

1. Auto
2. Motorcycle
3. Boats
4. RVs
5. Personal Loans

From **May 1st** through **July 29th 2016**, you can receive up to a **1.00%** discount off your current rate when you refinance your loan through POPA FCU!

Apply online, in-branch or, give us a call at 562.229.9181

Applicant must be eligible for POPA FCU membership. Offer cannot be used to refinance existing POPA FCU loans. Floor rate is 1.99% for Auto, Motorcycle, Boat, and RV loans. Floor rate is 5.95% for Signature loans. Relationship pricing not applicable for this offer. The following loans are excluded: (PAL) Payday Alternative loan, SHIELD loans, VISA's, Off-Road vehicles, Atvs & Watercraft, and Mortgage loans.

Federally
Insured by
NCUA

PROFORCE LAW ENFORCEMENT

Firearms and Tactical Equipment for Law Enforcement Professionals

GET INTO SPRING!
SPRINGFIELD ARMOY

SALES EVENT

Visit our store in Brea for fantastic spring bargains on Springfield products and accessories.
May 13, 14 and 16

WIN!

A Springfield XD9101 9MM Service Pistol.
Contact the Proforce Store and ask us for details.

STAY TUNED AND BE ON THE LOOK OUT FOR OUR 2016 PROMOTIONAL EVENTS.

1911 Operator

PX9105MLP

The Springfield operator pistol was the first pistol offered by a major 1911 manufacturer having a light-mounting rail forged directly into the frame. Others have followed Springfield Armory's lead, they still offer the most comprehensive line of 1911 light-rail guns available. The Picatinny mounting platform accepts the most popular light and laser illumination devices used by military spec-ops and law enforcement tactical teams.

IN STOCK!
\$1124⁹⁹

SPRINGFIELD ARMOY

We sell to Law Enforcement/Military Professionals both active and retired, Security Personnel, Medical First Responders and Fire Professionals. Credentials are required to enter our store. (Professional ID, Badge etc.)

CA. Store: 655 Berry Street, Suite H. Brea, CA 92821. Tel: 714-257-9095.
Support Center: 3009 North Highway 89 Prescott, AZ 86301. Tel: 928-776-7192
CA. Store Hours: Mon-Sat 9am-6pm. sales@proforceonline.com www.proforceonline.com

LOCK FACTORY AUTHORIZED DISTRIBUTOR



LOCK 27
SUBCOMPACT
MADE IN THE US

OTHER GLOCK MODELS AVAILABLE CALL US TODAY!

GLOCK NIGHT SIGHTS
40 S&W 3 MAGS
CASE CLEANING
ROD & BRUSH
GEN 4
UG2750702

ONLY!
\$455⁴⁰
ACTIVE LE PURCHASE ONLY

NEW!

American Pistol



Rugers American Pistol 9mm with a pre-tensioned striker system action. Features a short takeup trigger with positive reset; recoil-reducing barrel cam, low mass slide, low center of gravity and low bore axis and +P tested. Includes genuine Novak LoMount 3-dot sights, ambidextrous slide stop and magazine release.

RUGER

Also available in .45 ACP (8615)

\$449⁹⁹
ACTIVE LE PURCHASE ONLY

SALE ENDS 5/31/16

Tom's UNIFORMS

SERVING THE SAN GABRIEL VALLEY SINCE 1954

Mention this ad and receive a free zipper with your shirt purchase

**Headquarters for Deputy Uniforms – Class A and B
Custody Assistant Uniforms – Class B
Volunteer and Security Uniforms**

elbeco

Uniforms/Equipment/Shoes/Boots
Expert Tailoring
Mon-Fri: 9:30 a.m.–5:30 p.m.
Sat: 10:00 a.m.–3:00 p.m

301 East Main Street
Alhambra 91801
(626) 281-5341
tomsuniforms.com



Dr. Albin in the 2008 New Zealand Ironman.

HERNIA CENTER OF SOUTHERN CALIFORNIA

(626) 584-6116

or Toll Free

(877) 2 HERNIA

www.herniaonline.com

Multiple office locations in LA County

Triathlete Ironman...

Hernia Surgeon...

Specialist...

Police officers under California Labor Code 4616.3 (c) have the right after the first physician visit to change to any physician within the network. You can still choose Dr. David Albin because he is a panel member of your MPN. It is the law and it is your right to receive the best.

Dr. Albin is a hernia specialist and has performed over 8,000 hernia surgeries. Dr. David Albin is a board certified general surgeon whose practice is devoted to hernia surgery. Non-hurried appointments.

Sheriff Deputies: JOIN LAPFCU AND GET \$150¹

Exclusively for L.A. County Law Enforcement!

When you become an LAPFCU member and open a checking account with certain minimum requirements, we'll give you \$150¹!

Plus, at LAPFCU you get FREE online and mobile banking², up to \$25 monthly in checking account ATM rebates³, and much more!

LAPFCU isn't a bank; it's part of the L.A. law enforcement family. Join today!

877-MY-LAPFCU (877-695-2732) | lapfcu.org

LAPFCU



¹\$150 incentive only available for new qualifying members in membership charter. Membership charter includes active and retired, sworn and civilian employees who work within the local police protection industry in Los Angeles County and their immediate families. Immediate family is defined as: spouse, domestic partner, child, sibling, parent, grandparent, grandchild, step child, step parent, step-sibling, adopted child, legal guardianship; Domestic partnership eligibility is limited to a member's domestic partner, as defined in LAPFCU's Affidavit of Domestic Partnership; legal guardianship is defined by a court order. Member must be 18 years or older. Member must open an LAPFCU checking account with a minimum monthly Direct Deposit or ACH Credit of \$250 and sign up for e-Statements and e-Dislosures, before the end of six months from membership opening, in order to receive \$150. The \$150 deposit will be made to his or her S1 Share Savings Account within 60 days once the six month period has ended. The \$150 bonus is considered dividends and will be reported on IRS Form 1099-DIV. Restrictions apply; ask for details. ²Standard text message or data usage charges may apply. Check with your mobile service carrier for details. ³Member must complete Performance Checking requirements to earn \$25 in ATM reimbursement. Requirements for benefits include 10 debit card transactions, monthly Direct Deposit or ACH Credit/Debit (no min.), log into Online Banking monthly and receive e-Statements and have a valid e-mail address. Restrictions apply; ask for complete details. 0316-10

ASI American Share Insurance
Your deposits are privately insured up to an additional \$250,000.



LASIK



IMPROVE YOUR VISION
IMPROVE YOUR LIFE!

Sheriff's Care Package CALL NOW!

Free Consultations • Financing Available

AMERISIGHT INSTITUTE



14914 Sherman Way • Van Nuys, California 91405

888-999-4202



ALPAN ORTHODONTICS
Dr. David Alpan and Associates

A Family Tradition
of Enhancing Smiles



David Alpan DDS, MSD, Ltd



213 382 8228

2424 W 3rd St.
Los Angeles
CA 90057

310 888 0066

250 N. Robertson
Blvd #411, Beverly Hills
CA 90211

Free Consultation & Sheriff's 20% off

www.aeortho.com



LOYOLA LAW SCHOOL | LOS ANGELES

MASTER OF SCIENCE IN LEGAL STUDIES

**Legal Tools For Law
Enforcement Officers
On The Rise**



Course Offerings Include:

- Cybercrime
- Fact Investigation
- Incident Response & Investigation
- Juvenile Delinquency Law & Procedure
- Law and the Use of Force
- Police Practices Seminar
- Race, Class and Criminal Justice
- White Collar Crime

**Public Service Scholarships Available
For Qualified Applicants**

Are you ready to make a difference in your law enforcement career? The Master of Science in Legal Studies (MLS) program at Loyola Law School, Los Angeles equips members of the law enforcement community with the legal know-how to strengthen cases and stand out on the force. It's a way to take your career farther, faster.

With specializations offered in Criminal Justice and Cybersecurity & Data Privacy Law, the MLS provides in-depth instruction on a variety of criminal law and procedure subjects. Join classes taught by distinguished faculty and practitioners, and develop the critical-thinking skills that will take your career to the next level.

Loyola's MLS program also offers flexible scheduling to fit your busy life. Complete the program in just one or two years with either day or evening classes. Loyola's award-winning Frank Gehry-designed law campus is a short campus shuttle ride away from the legal epicenter of downtown Los Angeles.

Apply & Learn More: lls.edu/MLS/police

PRIORITY APPLICATION DEADLINE: June 1, 2016

AUTOMOTIVE DIRECTORY

May 2016

**Camino Real
Chevrolet**
(323) 264-3050

**Chevrolet of
Montebello**
Ed Engle
(714) 814-0256

Central Ford
Robert Recio
(909) 262-9622

Connell Chevrolet
Eddie Cuadra
Joey Cuadra
Andy McNally
(866) 511-3917

Galpin Motors
Terry Miller
(818) 787-3800
(800) GO-GALPIN

Glendora Hyundai
John Bryant
Pierce Caine
(909) 451-8171

Hamer Toyota
Steve Denson
(855) 592-7097

Hunter Dodge
Bill Czirr
(661) 810-7725

**McPeck's Dodge
of Anaheim**
Kevin Buzzard
(714) 254-2613
Tyler Wood
(530) 329-6171

Norm Reeves Honda
Louis Mesquita
(626) 756-3846
(909) 228-9916

Penske Toyota
Shane Burson
Linh Lam
(562) 904-5686

Puente Hills Toyota
Mike Luna
(562) 754-1549
Greg Kern
(909) 395-6764

Toyota of Glendora
Lowell Hornung
(800) 986-9682 x220
(909) 305-2000

NORM REEVES HONDA SUPERSTORE WEST COVINA



- Seven acres of cars, trucks and SUVs
- Thirty full-service bays
- Four express bays to get you in and out fast

- WiFi & Big Screen TVs
- 10% off all Genuine Honda Accessories
- 10,000 square foot Parts Department

Appreciation Discount For All Sheriffs Personnel And Family Members



- College Graduate Programs
- Hassle Free Buying
- All Credit Unions Accepted
- No Credit or Bad Credit? Ask About Our First Time Buyer Program

- Serving the Community for Over 34 Years
- Special APR Programs On Select Models
- Lease To Own Programs

- Price Protection Guarantee: If you can find the same new Honda for less within 5 days, Norm Reeves will pay you the difference or buy your vehicle back.



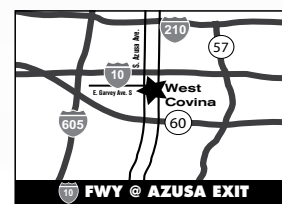
Please Contact:
Louis Mesquita

Fleet Sales & Leasing Manager
Serving the Community For Over 34 Years

Direct Line: 626.756.3846
Cell: 909.228.9916

lmesquita@normreeveswc.com
normreeveswc.com

**NORM REEVES
HONDA
SUPERSTORE™**
West Covina



1840 East Garvey Ave. South • West Covina, CA 91791

Special Fleet Pricing To ALL LASD Personnel & Families

Call: Pierce Caine - Internet/Fleet Department

909-451-8171 Direct Office Line

email: jbryant@glendorahyundai.dealerspace.com

www.hyundaiofglendora.com

1253 S. Lone Hill Ave. Glendora, CA 91740



HYUNDAI

GLENDORA HYUNDAI



911MEDIA is a division of Trade News International, Inc. **TNI**

To advertise in
Star News
call (818) 848-6397

TOYOTA



of Glendora

1949 Auto Centre Dr., Glendora, CA 91740

Call **Lowell Hornung**

Fleet & Leasing Manager For Special Fleet Prices

(909) 305-2000 Fax (909) 305-2030

E-mail: lowell@toyotaofglendora.com



PENSKE for **FLEET PRICES**

call: Linh Lam or Shane Burson

562-904-5686

llam@socalpenske.com

www.pensketoyotadowney.com

Fax 562-861-0360

Major Discounts to all LASD
members and their families
Large Used Car Selection • Top Dollar for Trade-Ins

**PENSKE
TOYOTA**



9136 E. Firestone Blvd. Downey

**McPECK
DODGE
OF ANAHEIM**

McPeck's Dodge proudly supports
the men and women of Los Angeles
County Sheriff Department and their families

CALL FOR SPECIAL FLEET PRICING

If you have any questions please call Tyler Wood or Kevin Buzzard

Tyler.wood@mcpeekdodge.com (530) 329-6171
Kevinb@mcpeekdodge.com (714) 254-2613

PEACE OFFICER DISCOUNTS



Puente Hills Toyota



Mike Luna
(562)754-1549

17070 E Gale Ave

City of Industry, CA 91745

Greg Kern
(909)395-6764





CONTACT: ROBERT RECIO (909) 262-9622
CENTRAL FORD: (562) 927-7888 X126



WE APPRECIATE WHAT YOU DO!!

**FLEET PRICING FOR ALL
OFFICERS AND THEIR FAMILIES**



Long Beach Fwy... Firestone Exit... South Gate

HAMER
TOYOTA SCION
(WE HEAR YOU)



To thank those who
 protect and serve our communities,
 Hamer Toyota offers special VIP pricing to all
 Law Enforcement Officers and their families.



Ask for
Steve Denson
 11041 Sepulveda Blvd.
 Mission Hills, Ca. 91344
 855-592-7097
 steve@hamertoyota.com



**CONNELL
CHEVROLET**



CHEVROLET

★ **SPECIAL PRICING** ★
**TO ALL LAW ENFORCEMENT
AND THEIR FAMILIES**



FLEET MANAGERS

Eddie Cuadra • Joey Cuadra • Andy McNally

WE WILL BUY YOUR CAR (866) 511-3917
PAID FOR OR NOT

FIND NEW ROADS™

2828 HARBOR BLVD. COSTA MESA
www.connellchevy.com



**CHEVROLET
of MONTEBELLO**

SPECIAL PRICING!

FIND NEW ROADS



**FOR LAW ENFORCEMENT
AND THEIR FAMILIES**

COME IN AND RECEIVE SPECIAL DISCOUNTS AND PRICING
310 W. WHITTIER BLVD, MONTEBELLO • (866) 572-7532 • WWW.CHEVROLETMONTEBELLO.COM

★ **No. 1 RAM TRUCK DEALER**
IN LOS ANGELES COUNTY

Year to date as reported by Chrysler FCA

★ **RAM**
OF THE WEST
HUNTER



Special Deals
for
LA County
Sheriff Dept.

NEW 2016 RAM

For Special Pricing [www.Ram of the West.com](http://www.RamoftheWest.com)
Fleet Mgr. Bill Czirr 661-810-7725 fleet@HunterDodge.com

FIND NEW ROADS™

CAMINO REAL



* GM SUPPLIER PRICING FOR ALL LAW ENFORCEMENT AND THEIR FAMILIES.



INTERNET DEPARTMENT

SARA MCKINNEY, JONATHON CERON,
MIKEY HERNANDEZ, MARCI ADASHIAN,
& MAX FERNANDEZ

CONTACT US

2401 S. ATLANTIC BLVD.
MONTEREY PARK, CA 91754
(323) 264 - 3050



GALPIN



800.GO.GALPIN • www.GALPIN.com

The #1 Volume Ford Dealer in the world for 26 consecutive years!

Galpin Motors is Proud to Serve Those Who Serve Us!

We are pleased to offer
SPECIAL VIP PRICING & INCENTIVES
to Our Law Enforcement Officers (including retired),
Civilian Personnel and Family Members.

Ford

818.787.3800

15505 Roscoe Blvd.,
North Hills, CA 91343

Terry Miller,
General Sales Manager

Aston Martin • Jaguar

Lotus • Volvo • Lincoln

818.894.3800

15500 Roscoe Blvd.,
Van Nuys, CA 91406

Mike Schwartz, General Manager

Mazda

818.742.3800

15430 Roscoe Blvd.,
Van Nuys, CA 91406

David Gillum, Jr.,
General Manager

Galpin Certified Used

818.778.2010

15445 Roscoe Blvd.,
Van Nuys, CA 91343
Al Joseph, General Manager

Galpin Honda

818.837.6100

11151 Laurel Canyon Blvd.,
Mission Hills, CA 91340
Ed Hartoonian, General Manager

Galpin Volkswagen

818.895.3800

15421 Roscoe Blvd.,
North Hills, CA 91343
Tim Mendenhall,
General Manager

Galpin Santa Clarita

Mazda • Subaru

661.255.7703

23645 Creekside Rd.,
Santa Clarita, CA 91355
Daniel Sterkel, General Manager