Star News

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.

VOL. 72 NO. 8 DECEMBER 2011

SRA WISHES YOU A

Happy Holiday Season

Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Wednesday, October 12, 2011, at 11515 Colima Road, Whittier. The following officers and trustees were present: Joseph Fennell, President; Jake Katz, Vice-President; Trustees Paul Drake, Thomas Laing, John McBride and Raymond Peavy; and Robert Ciulik, General Manager. Trustees not present: Arthur Herrera, William McSweeney, Richard Maradiaga and Andrew Thompson.

The meeting was called to order at 4:45 p.m. A motion was made by Trustee Peavy, seconded by Trustee McBride and unanimously carried to approve the minutes of the September 14, 2011, Board Meeting and the August Foundation expenditures.

COMMUNICATIONS

General Manager Robert Ciulik reported that communications were received from the following during the month of September:

To Bob Bouffard from Adelina Diaz, "This is just a small note of gratitude to thank you for providing me with help when needed. You are a blessing, from the bottom of my heart, thank you."

To Bob Bouffard from Jeffery Seitz, "At this time I would like to thank you on behalf of me and my family for your kindness and professional handling in the matter of my father's death. Your sincere interest in the history of my dad's career in the Sheriff's Department and military made all of us feel that you really cared about the time he spent in the service of his country and the county he lived in.

"It makes me proud to be a part of the Sheriff's Department family knowing there are people like you that take the time to help those in need. Thank you again and God Bless."

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING SEPTEMBER: $59,000

MORTUARY BENEFITS PAID YEAR TO DATE: $452,790

MEMBERSHIP REPORT

A total of 56 new membership applications were received during the month of September. A motion was made by Trustee McBride, seconded by Trustee Drake and unanimously carried to accept the following new members:

Tutankha N. Allen, Arvin A. Anabo, Marilou S. Ayson, Brett T. Burns, Esther Balderrama, Milissa A. Barron, Qunnie Cai, Michael E. Cameron, Eric M. Capella, Christine K. Cardona, Gwen E. Cornelius, Benjamin S. DeLaCruz, Jr., Christopher F. DeValle, Teresa J. Gamez, Jason Ghezzi, Jennifer M. Glover, Deborah G. Gomez, Alex Gonzales, Candice L. Goodwill, Andrew B. Hagewood, Etinay Hernandez, Tamara R. Hersey, Christopher M. Jauregui, Ricardo H. Len, Cristina A. Lopez,

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Retired Deputies

By Chickee Nelson, Vice President, and Don Fandry, President
Retired Deputies of LASD
24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962 or Fax (626) 447-9442
E-mail: *Chickee1@netzero.com* or *djfandry@sbcglobal.net*

NEXT MEETING:
Thursday, January 19, 2012
@11:30 a.m. Cost $13
Glendale Elks Lodge
120 E. Colorado Street
Glendale, CA
(818) 242-2105

On October 5, the Hi-Desert Retired Deputies got together at 11 a.m. at *Carrows Restaurant* on I Avenue and Main Street for their monthly luncheon. Those attending were: Marie and Bill Eden, Ginger Cupkie, Joe and Sheila Ortiz, Ed Ballinger and Chickee and Norman Nelson. We had a small, quaint group this time but as always we had fun together. Ed Ballinger was full of his famous jokes, and we all had some hearty laughs. You can join us the first Wednesday of the month. Everyone is welcome.

On October 5, the Southern Oregon Law Enforcement and Fire luncheon was held at the Grants Pass Elks Lodge. LASD was outnumbered again. Attending were Dale Yellin, Bill Patterson, newby Doug McConnell and me, Sue Maxwell. Doug said he's been retired for 30 years! Awesome. Please contact Sue at *Jellybeansbobo@aol.com* for information. All luncheons are held on the first Wednesday of the month, 11:30 a.m., cost $10 (inc tip). — Sue Maxwell

On October 10, we (ROMEROS) met at *Fuddruckers* in Lakewood. It was a great luncheon with John Witt, Gerry Berry, Joel Johnsonbaugh, Ron Morgon, Leo Norton, Mike O'Hara, Don Reeves, Robert Pryor, Chris Beattie, Bill Snyder, Sandra Escandon, Ed Dahlstrom, Magdalena, Kristie-Belle and Dan Waidner, Liz and Woody Polidore, Bill Lee, John Herrera, Ben Hillard, Frank Matillo, Bob Pierson and Chickee and Norman Nelson. We all had an enjoyable time breaking bread together. Bill Richardson was on his way to the luncheon but turned around and went back home because he said he got sick. He found out that Woody was going to be there! We all went out to the parking lot to view Dan's gorgeous classic yellow convertible. It was another beautiful day in Southern California.

On October 12, the Desert Heat had their monthly luncheon at the Lake Havasu Elk's Lodge in Lake Havasu, Arizona. Those present were Mike and Denise Robbins, Don and Susie Sackett, Doug Muchmore, Bill Violette, Wayne Powell, Norman and Chickee Nelson, Linda Quinn, Steve Root, Joan Day, Claude Anderson, Ron and Jan Dietrich, George Bachmeier, Joe and Chris Cashion, Mike Cashion, Jerry and Patty Gillen, Brya Chinarian, Mike Castorina, Lesah Clark, Jerry Sanford and Bill and Donna Marquardt. Ron and Jan were actually one minute early. I was standing at the door as they walked in. For real. Claude Anderson still has Radiocartoon Books for sale. They are funny. This is a great group, so if you are in the Lake Havasu area on the second Wednesday of the month, drop on in for a delicious lunch for $8, which includes tip and tax.

October 13 to 16 we joined the Sunshine Rollers

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Star News

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OFFICERS

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President ..... **Joseph Fennell**
Vice President ..... **Jake Katz**
Secretary-Treasurer ..... **Andy Thompson**

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Bernice Abram, Rich Maradiaga, Art Herrera, Bill McSweeney, Paul Drake, Ray Peavy, Tom Laing and John McBride

General Manager ..... **Robert Ciulik**
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Trustees Monthly Meeting *continued from page 2*

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General Manager Ciulik provided a list of upcoming classes to the Board members so that SRA presentations can be made, schedules permitting.

There were 17 new retirees, 11 deaths of retired members, three cancellations of active membership, four new honorary associate members, one death of an honorary associate member and 14 members who resigned, were discharged or transferred from the Sheriff's Department during the month of September.

PUBLICATION REPORT

General Manager Ciulik advised the board that *Star News* advertising is up more than $30,000 compared to this time last year. The large double-page Chrysler ad is a big plus and will probably encourage other dealers to advertise as well. ☆

L.A. County Retired Marshals Lunches For 2011

ALL LUNCHES ARE SCHEDULED FOR 12 NOON

Dec. 7 Villa Tepeyac
2200 East Garvey
West Covina

☆ IN MEMORIAM ☆

CHARLES G. ASENDORF	RETIRED 03-24-86, DECEASED 09-13-11	SERGEANT / SCIENTIFIC SERVICES BUREAU
KENNETH W. BRISCO	RETIRED 03-27-89, DECEASED 09-27-11	DEPUTY / LAKEWOOD STATION
LEROY COTTON	RETIRED 03-31-85, DECEASED 09-27-11	DEPUTY / PERSONNEL BUREAU
ALAN D. EDLER	RETIRED 01-07-87, DECEASED 09-10-11	DEPUTY / BISCAILUZ CENTER
ERICK B. ELVERUM	RETIRED 03-03-97, DECEASED 09-12-11	SERGEANT / EAST L.A. STATION
GERALD J. GARRISON	RETIRED 05-29-81, DECEASED 04-04-11	DEPUTY / PERSONNEL POOL
GILBERT D. GWALTNEY	RETIRED 01-18-85, DECEASED 08-18-11	SERGEANT / PITCHESS DETENTION CENTER
ANDREW J. OSTERMEIER	RETIRED 01-17-78, DECEASED 09-14-11	SERGEANT / NORWALK STATION
JACK L. ROHRER	RETIRED 3-22-82, DECEASED 09-10-11	SERGEANT / TEMPLE STATION
JOSEPH A. SEITZ	RETIRED 03-31-76, DECEASED 09-15-11	DEPUTY / COURT SERVICES DIVISION
DONALD R. SIVARD	RETIRED 3-29-91, DECEASED 09-01-11	LIEUTENANT / COURT SERVICES DIVISION

Sheriff Baca's Holiday Message 2011

December and the holidays — the days grow short, the nights grow cold and long and time seems to rush by at an even faster pace than last year. How easily people become distracted and entangled by the avarice of commercialism and ultimately miss the warmth, joy and hope of the season. The holidays are a perfect time for introspection, a perfect time to stop and look around and a perfect time to give thanks. Please take a few moments to reflect during this wonderful time of year.

Where to begin with the challenges we have overcome this year during discouraging economic times and intense media scrutiny? Overall crime statistics in Los Angeles County have dropped to a level not seen since the late 1960s. Several areas of the County have reported drops in crime by 50 percent. I am so incredibly proud of these developments; it proves that no matter the circumstance, the brave men and women of the Los Angeles County Sheriff's Department are doing their job, protecting the populace and facing down crime.

Our Department was awarded the top prize by the Los Angeles County Quality and Productivity Commission for our Cadre of Resource Administrative Personnel (CARP) Program. The CARP Program has accomplished everything I had dreamed, saving the Department millions of dollars without furloughs, forced retirement or layoffs. This is simply another example where members of this Department have responded to the call, smiling in the face of a greater workload.

We continue to grow and update our resources. Department vehicles are set to receive the new Mobile Digital Computers, allowing for greater communication in nearly every aspect of the LASD. New academy classes are poised for graduation. The Altadena Sheriff's Station celebrated a grand reopening, bringing a modern touch to an aging but proud station. Our contract with the Metropolitan Transit Authority has been renewed, and our Plastic Task Force in Industry has recovered several million dollars in stolen recyclables. Our use of social media as a crime prevention tool grows more popular.

Perhaps the most reflection should be reserved for the inspiring story of Deputy Mohamed Ahmed. Our brother was severely wounded in a gunfight in January while still on-training status. He continues to recover and his attitude and perseverance are shining examples of an indomitable spirit. He recently stated that despite his wounds, he was intent on completing field training! To borrow a quote from James Michener, "Where do we get such men?" Just thinking of the tenacity of this young man puts a feeling of deep pride in my heart.

My deepest gratitude and heartfelt thanks go out to every one of you. The circumstances keep pushing, and you push right back. Continue to focus on our important work, but please remember to take some time to hug the ones most dear to you, and let them know how important they are in your life. My wife, Carol, and I would like to wish each member of this Department, as well as your family and friends, a wonderful holiday season and a very happy New Year. ☆

at Wine Country RV Resort in Paso Robles with the Sunshine Rollers. Those attending this month were Ray and Annie Esquerra, Bob and Glenda Hamberg, Ray and Sandy Hoyal, Lou and MaryJo Mullady, Norm and Chickee Nelson, Steve and Ruth Powell and Claude and Dolores Waddle. Dick and Marsha Cooper could not attend because Dick has had surgery and is recuperating. Gil Sherwood went to his 60th high school reunion at John Burroughs High in Burbank.

October 14 to 16 was the Serra Retreat weekend. Everyone present had a meaningful and great time. The people at the Retreat House were happy to have us and there were no problems. We did find out from Tom Vetter that this was the 66th year and so we were actually off on our counting. Next year will be 67 years that the Sheriff's Department has been coming to Serra Retreat House in Malibu. Next year the Retreat is scheduled for October 19-21, 2012. For those of you with super busy schedules, we encourage you to calendar it now. Take care and hope we see you next year. — Patty and Chuck Norris

On October 19, the Las Vegas Retired Deputies met at the *Blue Ox Restaurant* in Las Vegas, Nevada. We had a great luncheon and talked about everything. Those there were Ollie Taylor, Mary Seaton, Doris Gainer, Celeste Saunders, John Essery, Jim Ellison, Jim Heslin, John Hooge, Hershel Aron, Tony Salas and Norman and Chickee Nelson. Please excuse me if I left someone out as I am trying to remember who was there by memory because I am waiting for Hershel to send me the list. If I missed someone I will include you in next month's article. Sorry about that.

On October 20, the Retired Deputies got together for the quarterly luncheon at the Glendale Elk's Lodge. We had a delicious lunch of Chicken Cordon Blue. Those of us that enjoyed this meal were Sylvia Knapp, Mary Anthony, Gil Sherwood, Liz and Woody Polidore, Dick and Rose Cesaroni, Don Fandry, Dave Kading, Dell and Thelma Freeman, Chickee and Norman Nelson, Glenn Marin, Dale Johnson, Cecil and Barbara Sabatine, Jim and Lois Piper, Jim White and Gordy Graybehl. Some people like Dave and Gil won an enormous amount of door prizes. On February 4, Sylvia Knapp will be 90 years young.

On October 27, The FPK got together for their monthly luncheon at 11:30 a.m. at *Maggie's Pub*, 11900 Telegraph Rd., Santa Fe Springs, Californinia. Those having lunch were Jack Boberg, John Spiller, Jack Miller, Lydia Hernandez, Norma Hernandez, Fritz Campbell, Mickey Reedy, Duke deDuBovay, Chickee and Norman Nelson, Mike O'Hara, Val Burwell, Don Bricker, Bill Reed, Dave Bullis, Corky Jackson, Dick Freeman, Liz and Woody Polidore, Joe Castorina, Armando Sainz, Gene Rudolph and Tom Strain. Bill Reed actually beat out, and I won't mention any names when I talk about bad, dirty, stupid jokes, but his took the cake. If you didn't hear that today is Woody Polidore's 72nd birthday that is because he didn't have your telephone, home address or your e-mail address or you would have been notified. Everyone is invited, bring wives, girlfriends, etc. If you have any questions regarding the luncheons you may contact Jack Boberg at *fatalitch@ca.rr.com* or John Spiller at *usafeod54@earthlink.net*.

On October 28th, 13 retirees met for the monthly Antelope Valley retired deputies breakfast at *Carrows Restaurant* in Lancaster. The morning air was brisk but pleasant after an overnight temperature of 29 degrees (this was at my home in Quartz Hill), but heading for a clear day with temperatures expected in the mid-seventies. The members were aghast at learning of the cost of replacing the engine mounts on my Honda Odyssey. The main mount and one other cost over $500 apiece and another less than $100. Total cost of replacement: $1,750. Much less expensive than buying a new Honda, which costs more than $43,000. A small discussion was held regarding the upcoming Christmas dinner. The date and location has not yet been determined other than sometime within the first two weeks of December. Attending this month's breakfast were Robert Bullard, Scott Budge, Marvin Jones, Steve Mulcahy, John Ament, Glenn Hutchinson, Bob Waldron, Ed Collins, Vance Kirkpatrick, Robert Wallace, James Murren, Keith Hoyt and myself, Carlos Valdez. For information regarding A.V. retiree's activities, contact Carlos Valdez at 661-943-0125 or *valdez5150@msn.com*. Until next time, be safe, enjoy retirement and God bless.

On October 31, we met up with RELAC at Shadow Hills R.V Resort. We were there until Thursday, November 3, so you will read more about this outing in our next article. This time it is hosted by Jesse and Phyllis Murph. It is another gorgeous day.

From September 26 to 29, The Ole Road Warriors took our annual road trip to Prescott, Arizona. Our host was Jerry Boswell and his lovely wife Rehab. They were very gracious and made every effort to show us the colorful sights of the Prescott-Sedona area. Attending this gathering were Herman and Colleen Cortez, Stephen and Linda Dean, Bob and Becky Nichols, Tony and Raquel Deleon, Jimmy and Dolores Perez, Flo Barclay, Vic Abdessian, Niles Sutton and Jim Greenough. This year's sightseeing tour took our group through the little town of Jerome. By coincidence, several in our group have family in Jerome. It is a small town and there is a chance some of our group might be related. The reunion dinner was held at the *Prescott Brewery* and later the group went on a "pub crawl" throughout old town Prescott. Some of the local saloons have been in business since the days of Wyatt Earp. When you spend a little time in these saloons, the bartenders will spin a little lore and regale you with a tale of yore. The week went very quickly and as it was with last year's gathering, a good time was had by all and our merry group will look forward to next's year's reunion. A very special acknowledgement and thank you goes out to Jerry and Rehab Boswell for your efforts and your hospitality for making this year's reunion a success. — Joe Jimenez

Attention Female Personnel: Keep social and active in your well-earned retirement! Our organization, the Retired Female Deputies (RFD) Social Club, is recruiting new members. If you are a female deputy, associate member, female support staff, female civilian either retired or still working with 20 years of service, please consider joining RFD. We meet twice a year for a no-host luncheon: the first Saturday in May, outside the Los Angeles Area, and the first Saturday in November in the Los Angeles area at a hotel or primary restaurant. A no-host cocktail party is held the evening preceding the luncheon. Annual dues of $15 cover the cost of our annual roster, newsletters, cards and flowers to members as needed and mailings of upcoming events. Our membership is nearing 275 and you are most welcome to join RFD, which presents a wonderful opportunity to stay in touch with friends made throughout our careers and make new friends. For a membership application please contact Rosemarie Johnson, Treasurer, at *NVWren@aol.com*. For further questions, please contact President Eileen Kelly at *ek@bbs-la.com* or Board Member Vicky Jelalian McKown, Class #187, at *Vjmckown@aol.com*.

Harold "Whitey" White retired as a captain of the Los Angeles County Sherriff's Department after 30 years of service. He is a veteran of WWII and Korea. He worked Patrol, Corrections and Detective Divisions and spent 14 years in the Homicide Bureau. White is a charter member of the California Homicide Investigators Association. He has written a non-fiction book entitled "Whitey's Career Case," which has been published and released.

You can now order Department Business Cards online. The link is now up on our website at *www.lasdretired.org*. Just look on the front page for the link that says "Business Card Order Form." Click on the link and it will take you to the order page. You can also go directly to the site at *https://www.nationsprint.com/clients/lasd/*.

After my new, less-than-four-months-old laptop crashed and I lost all my documents, pictures, and e-mails, I went a little crazy, but I am getting back on the road to recovery by attempting to get my computer updated. I am a little leery of computers now! We are all so blessed with our retirements, so enjoy yours! Until our next adventure together, take care. — Chickee and Don ☆

FORT CARSON

By Terry Wenger
Carson Station

Forty-five years. It just isn't that long. But within that short span of time, Sergeant Robert J. Anderson was born, he lived and he died. February 18, 1966, to October 3, 2011. Just dates on a calendar. Time continues. But he is gone.

When our own eyes close that one last time, it won't matter how long we lived, but how we lived. And with that in mind, R.J. lived an eternity, continuing on in each life he touched. And no, these are not just trite and tired platitudes to be used for a eulogy. They are the truth.

R.J. was born and raised in Torrance, and that's where he spent his childhood and teenage years, eventually graduating from Torrance High School. Those were years most of us did not know him, but years which his family can never forget. His father, Ron, and mother, Karen, loved their little boy. They protected him, guided him and kept him safe. Those were the times he laughed and he cried and he played with his brother, Ronnie, and sister, Kristin. The childhood friends, the birthday parties, the Christmas memories. The vacations, sports games and graduations. All those good times. The days of innocence when no one could imagine the tragedies life would one day bring.

Most of us knew him only after he joined the Department. He was a great partner and a better friend. And as sobering as it is, our Department lives, like his, will one day be summed up by our personnel file. Here is the sterile paragraph gleaned from his file: On April 12, 1989, Robert J. Anderson was hired by the Los Angeles County Sheriff's Department as a Deputy Sheriff Trainee. On May 1, 1989, he entered Academy Class 255, successfully graduating on August 31, 1989, as a Deputy Sheriff. Following his graduation, he worked at Court Services West Bureau, Men's Central Jail and patrol at Lomita Station, Lakewood Station and Transit Services Bureau. He later worked as a background investigator and, on January 6, 2006, he was promoted to the rank of Sergeant. As a sergeant, he was assigned to the Inmate Reception Center and Carson Station where he remained until August 25, 2011. On that date, he retired with more than 22 years of service. Although he never planned to retire, he was suddenly diagnosed with Amyotrophic Lateral Sclerosis (ALS), a fatal neurodegenerative disease commonly known as Lou Gehrig's Disease. At an advanced stage, he chose to spend his remaining time at home with his family.

His life, though, was so much more. He loved his job and he worked hard. But more than that, he loved his family. His wife, Christine, was his rock. He raised his two girls, Rylee and Megan. He loved them more than anything, coaching them in soccer and coaching them in life. His family was his priority. He loved sports, especially hockey. He loved life.

During the evening hours of Monday, October 3, 2011, R.J. entered into his last agony. His time had come, he lost his battle and he passed peacefully at home. And although he positively affected so many people in so many ways throughout his life, I believe his greatest impact was in the way he handled his ongoing suffering and impending death. Yes, he suffered tremendously, much too awful to even try to describe. Anyone familiar with ALS will understand. And R.J. was very familiar, as he had previously lost family members to this dreadful disease, including his own dear mother. So, he was fully aware he would suffer, how he would suffer, how much he would suffer and how he would die. But from the moment of his diagnosis to the last few weeks when he was unable to move or speak, he let all know his sufferings were nothing when compared to the sufferings his God had endured for him. He would never allow himself to be pitied. He would never complain to those who visited, but instead would ensure he asked how they were doing. He would ask if everyone was okay at work

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FROM THE DOCS

CAN YOU HEAL AFTER AN AFFAIR?

By Phyllis Armstrong, Ph.D.

There are numerous hurdles that life presents, but nothing more difficult to overcome than the issue of infidelity. Individuals who have reported the discovery of an affair tend to describe emotions ranging from shock, devastation, fear, rage, confusion, anxiety and grief to intense sadness and/or pain, disillusionment and hopelessness. Some even report feeling that they have lost all sense of rationality. Yes, feeling as if you are "losing your mind." Most feel that their world has been completely shattered and think ending the marriage or relationship is the only solution. It is important to understand that what you feel is normal.

Painful as it may be, it is possible to heal from the wounds of infidelity. It is not an easy task and there isn't a "one size fits all" approach to the process. There does seem to be some common patterns, though, that are utilized in loving relationships and can help revitalize a broken heart.

The most important component is teamwork. There must be a commitment by both partners to walk the difficult path that leads the marriage or relationship back on track. Healing comes in stages and it takes time.

During the first stage, the unfaithful partner has to take the role of healer. They must end the affair and show changes in behavior that rebuild trust. The betrayed partner must find ways to manage the unpredictable rush of overwhelming emotions.

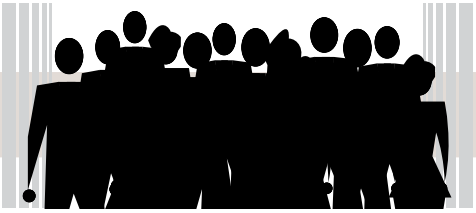
During the second stage, both partners need to recognize that it is normal to experience intense ups and downs. There will be moments when a thought or event triggers memories of the affair. The work required is patience and open communication on both sides. The unfaithful partner needs to understand that the betrayed partner has no desire to purposely revisit the pain. It is understandable that the unfaithful partner may feel intense guilt and remorse. They may not even be able to manage the pained expressions of their hurt partner and think it is best to avoid the feelings. However, nothing moves the hurt partner into healing faster than seeing the unfaithful partner open up and be honest, in other words, "come clean." Genuine healing will not likely occur if the negative feelings or lingering questions go unaddressed. As the two partners work through this stage, the setbacks eventually occur less and less even though it may seem to be a never-ending cycle.

During the third stage, both partners have to face the fact that infidelity is a choice and can occur without sex. Infidelity is any emotional or sexual intimacy that violates trust. In actuality, infidelity is not so much about love as it is about the lack of appropriate boundaries in a marriage or relationship. The most difficult work occurs in this stage. The partner who had the affair needs to examine what allowed him/her to make the decision to cross the boundary and threaten their marriage or relationship. It is important to understand that sometimes the reasons are not clear. This is a personal journey, but if it is shared as part of the healing process, it can create a deep sense of intimacy between the couple.

The demonstration of sincere regret and remorse is a key component in the third stage. If pride gets in the way of this task, ask yourself: "Is holding on to pride worth letting go of my marriage or relationship?" The hurt partner needs to know that the choice to cheat will never be made again. The intention to be monogamous may seem obvious, but remember that is what the hurt partner believed before the affair happened. The hurt partner needs to hear the genuine words. Talking about the difficulties and painful topics are part of the healing process as well. During this stage, it is most important to make an effort to create opportunities to reconnect and nurture the marriage or relationship. Enjoy time spent together so the pain of the affair does not remain a primary focus. Learn to live again and move forward.

The fourth and final stage is the ultimate key to a closer relationship. Both partners need to forgive. The hurt partner must be able to forgive the unfaithfulness. The partner who had the affair must be able to forgive him or herself for his/her choices. Forgiveness allows true intimacy and reconnection. In the process of forgiveness, the blaming and anger end opening the door for a deeper and stronger marriage or relationship.

If you feel that this is an issue that has created some problems in your marriage or relationship, feel free to contact Employee Support Services Bureau. You can call for a consultation or a confidential appointment at (213) 738-3500. Additional information may also be obtained by visiting our intranet site at *http://intranet/intranet/ESS/Index.htm*. ☆



PEER SUPPORT PROGRAM

By Joseph Abercromby
Peer Support Program Coordinator

Ever feel like you need to blow off some steam or you're going to burst? Do you know how unhealthy it is to hold those feelings inside day after day? Blood pressure, heart rate and cholesterol go up. That taxes your circulatory system and puts you at risk for heart and stroke problems. It also makes you vulnerable to outbursts with family and coworkers, outbursts that can damage important relationships.

So why not do something healthy about it? Share your feelings before they take a toll on your health. Call a Peer Support Member to share your feelings confidentially and get some feedback from somebody who has likely experienced much of what you are going through. The Peer Support Program has peers and chaplains available who are trained to be good listeners and to give helpful feedback.

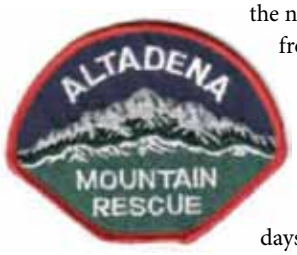
It's always best to take an active stance and address problems before they snowball out of control. Don't you deserve the benefits of making some active, healthy choices? Talk with the peer support person at your unit or call ESSB to find out who is available in your area: (213) 738-3500. ☆

The Altadena Chronicles

By John Stanley
Altadena Station

THE MOUNTAINEERS OF ALTADENA STATION

The rededication ceremony of Altadena Station in September also commemorated another milestone of distinction. It marked the 60-year anniversary of the Altadena Mountain Rescue Team (AMRT). Altadena's mountaineering team has the distinction of being the oldest in the county. There is a friendly debate with the neighboring Sierra Madre team about this honor, but given that it was an Altadena rescue that prompted the forming of the teams in the late summer of 1951, it is fair to give the nod to the mountaineers from Altadena.



Conducting mountain rescues has been a function of the deputies at Altadena Station from its earliest days. On March 12, 1928, Altadena deputies Frank Turner and Harry Parker, with the assistance of Night Crew Deputy Edward Fachman and Belvedere (ELA) Deputy John Law, led seven hikers off the fog covered peeks around Mount Wilson. Assisting with this rescue was Deputy Constable Cuttries and P.C. Martin of Altadena. The newspaper documenting this account stated that both of these men were considered "expert mountaineers." Thus from Altadena's first documented rescue the teaming of non-sworn mountain experts and sworn station members was forged.

Over the next 23 years mountain rescues were conducted by deputy sheriffs working with an array of assistants that at times included Sheriff's reserves, U.S. Forestry personnel, workers from the Mount Wilson Observatory and private citizens. These responses were hastily assembled and were at times poorly coordinated. In early August 1951, the search for 17-year-old Walter Weirich led to a change in how all future rescues would be conducted and prompted the formation of mountain rescue teams in Altadena and Sierra Madre. Young Walter strayed off the trail and tumbled into a ravine in Bailey Canyon. Rescuers came from all over the region and participated in the three-day search for the boy. Despite numerous missteps by the rescuers, including various search parties covering the same ground, young Walter was found and he was taken off the mountain on the side of a helicopter.

After the incident, Eddie Rankin, a part-time forest ranger and Altadena house painter, Larry Shepherd, a postman from Sierra Madre, and Walter's father Jerome Weirich met and discussed some of the problems associated with the rescue. The outcome of this meeting was the formation of the Altadena Mountaineers Rescue Squad and the Sierra Madre Search and Rescue Crew in September. By May of 1952, there were 15 members of the Altadena Mountaineers. Most of the members of the team were volunteers, and Deputy Hal Lewis was appointed as the group's advisor along with U.S. Forest Ranger Loy Winters.

Sheriff Pitchess began to reconsider the volunteer nature of mountain rescue team members in the late 1960s. Many of the rescuers began to resent the Sheriff's insistence that they all become reservists and carry guns. This controversy boiled over in 1967 when the Sierra Madre Search and Rescue team was dismissed from the Sheriff's Department en masse by the Sheriff. The Altadena Mountaineers had their own dispute with Sheriff Pitchess regarding this issue in 1973. In June of that year all 17 members of the team actually resigned from the Sheriff's Department and attempted to affiliate the team with the Los Angeles Fire Department. This dispute was finally resolved in September with team members returning and accepting reserve positions with the understanding that they would not serve in a general law enforcement capacity. Over the years the Department's stance has eased and today the members of AMRT are a mixture of reservists and volunteers.

The men and women who serve on the Altadena Mountain Rescue Team have a strong dedication to their mission that is without parallel. This attitude is best exemplified by the continued presence on the team of Charles "Chuck" Ballard.

continued on page 16

By Joyce Rayna
Century Regional Detention Facility

RUN CAPTAIN RUN

As you all know, working out on duty is no longer acceptable, however, it must be reported that on one of the past Monday mornings, Captain Lee, Lieutenant Anderson and myself were seen scrambling around the executive parking trying to retrieve a large volume of paper that was blowing across the lot. Apparently, in their hurry to get everyone in the car and to a downtown meeting on time, someone who was sitting in the driver's seat (Captain Lee?) had placed a folder containing the documents on the top of her car and forgot about them until they began to drive away! Kudos to C.A. Okereke for coming to the rescue, but with all of them racing about, it could have qualified as a Zumba workout alternative.

CONGRATULATIONS DEPUTY GRIFFIN

On October 19, 2011, Deputy Quoia Griffin received the Sheriff's Department's Lifesaving Award. On January 8, 2011, Deputy Griffin was alerted to a choking inmate. She recognized the inmate was in great distress and showed signs of choking; the inmate was holding her chest, was red faced and had exaggerated breathing. Deputy Griffin did not hesitate in providing prompt first aid. She quickly and properly performed the Heimlich maneuver on the choking inmate, which was clearly successful as evidenced by the inmate being able to take full breaths immediately afterward. The inmate later told staff that without the quick thinking and response from Deputy Griffin, she surely would not have survived. Well done, Deputy Griffin!

HAVE STC WILL SHOP

Recently Lakewood Station hosted a Station Jailer STC in their substation conveniently located at the Lakewood Mall. Leave it to our female deputies to use their time wisely. In addition to taking the class, they used their first break to literally run over to a clothing store and purchase coats. During their run, they must have observed some great sales because they came back from lunch with not one, but two pairs of shoes! Now that's what I call using you're time wisely. That's definitely an STC that I'm interested in attending.

WISH LIST

What will Santa bring us this year? We are eagerly awaiting the transfer list and newly graduated replacements for the lucky ones who will (finally) be leaving us for patrol. Other wishes? Reserve deputies to help transport inmates to the hospitals, newly promoted sergeants and lieutenants to supplement the ranks, perhaps a holiday off with the family and facility peace.

MISCELLANEOUS

Welcome home to Deputies Irene Muro, Christina Castillo and Frank Medrano, as well as Food Services Manager Jimmy Ledesma, who were honored at the Fall Management Conference for their recent military service and deployment to the war overseas.

Congrats to Deputy Angela Johnson, employee of the month for December! We appreciate your hard work and leadership in volunteering to teach EBI.

Happy Holidays to one and all from everyone here at CRDF and, as always, stay safe! ☆

Carson Station *continued from page 7*

and at home. He would ask how his visitors' families were doing. He would do this by voice when he still could, and later by painstakingly typing letters on a technologically advanced keyboard using the motions of his eyes. He promised to offer his sufferings up for all in need. And he did just that. And in his most agonizing moments, he would glance at the crucifix on the wall near his bed and indicate he wanted to go home.

At R.J.'s viewing, although his soul had been set free, his body could be seen lying in his casket in full Class As. In a pew a few rows back, a baby began to cry, quieting only when his mother pulled him tightly to her chest. The Circle of Life analogy was inescapable.

Two days later, R.J.'s funeral service was held. Nearly 1,000 people attended to pay their respects. Many were in full uniform, standing at attention and saluting as his casket was carried in. And carried out. Sheriff Lee Baca spoke, as did Commander Todd Rogers and Carson Station's acting captain, Eddie Rivero. Would that we all live our lives in such a way as to merit such an outpouring of love.

Preceded in death by his mother, Karen, R.J. was survived by his wife, Christine; his daughters, Megan and Rylee; his father, Ron; his stepmother, Monica; his brother, Ronnie; his sister, Kristin; and many additional family members and friends. R.J. is now in Heaven. Of that, I am sure. And I am equally sure he is praying for us left behind. ☆

COUNTY SERVICES BUREAU

By John Coleman
County Services Bureau

AIR FORCE ONE

A few weeks ago, Deputy David Johnson had a special assignment, to safeguard our president's airplane. To back up a bit, he is an MP for A Co 1st Civil Support Battalion/2nd CS Brigade. When the once-in-a-lifetime opportunity came up on a recent visit to California by President Obama, he was able to get away from work for the day for this special occasion. For his dedication and hard work, he received a commemorative box of peanut M&M's complete with the official presidential seal on the box. I'm sure it is a day he will never forget.

BOWLING

Recently, we had our third bowling fundraiser to raise some much needed money to fund our Baker-to-Vegas team for next year's race. Taking top honors this time around was team "King Pins" with team members David Parker, Jackie Regalado, Leticia Reynoso and Patrick Mendoza. Taking second place was team "Stringham," which included our Captain Chuck Stringham along with his wife Sandy and their two sons Bryan and Ross. Rounding out the top three was team "Got Milk," which consisted of Dale Bailey, Shane Parks, Robert Marshall and Brian Kinoshita. A "thanks" goes out to Mark Cho for organizing the event and making sure everyone had a great time.

DUNK TANK

Back in October at our Department's chili cook-off, Sergeant Patricia Thompson gathered a team of volunteers to work a dunk tank to raise some money for the Charitable Giving Campaign. The attraction was very popular and the volunteer team raised $250 by manning the event. As you can see in the accompanying picture, Deputy Bradley Sheffield was a good sport and volunteered to be dunked. Sergeant Thompson wanted to thank

Bradley Sheffield, Janice Griffin, Pricilla Osborne and her friend Maria for their hard work in making the day a success.

PROUD FATHER

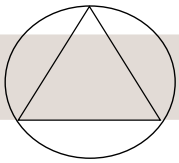
I recently found out Sergeant Kenneth Frailich's son Alexander is in the United States Army, 299 Base Support Battalion. He is currently serving as a combat medic over in Iraq. We all wish him a safe return home.

GRAVEYARD SHIFT

The accompanying picture with this article may give new meaning to the term "graveyard shift." A little bird sent me this picture of a deputy that allegedly works early mornings here at County Services Bureau. They tell me he is "OG." For those who don't know what I mean, he's the type that can roll code, coordinate radio traffic, type on the MDT and drink his coffee — all at the same time. Rumor has it his employee number starts with four zeros. Well, if you happen to be working near USC and call for backup late one night, don't be surprised if he rolls up.

Until next month, stay safe. ☆

Peace Officer's Fellowship



By Chris Minor
ESSB

STRAIGHT UP

You have a great career; why are you not taking care of it? This is a question that may be thought by many but no one has ever told me they've heard it verbalized. And most of us think about taking care of "things," like cars, houses and other objects. But this makes sense; why wouldn't you take care of your chosen career? It's your responsibility alone as you own the career, just as you own other things, right? The question could be shared between partners, spouses or family members. As it so happens, the latter is where it came from, posed by disappointed family members to one of their own, a Department employee, after they discovered he had been arrested for an alcohol-related incident. He included it in written comments during an EBD class. It's a very good question, one that can cause one to do a "self-inventory" before stepping in it. An "inventory" is taking an honest look inward at yourself and is mentioned in steps 4 and 10 of the 12 Steps of Alcoholics Anonymous (AA). Step 4 states that one "made a searching and fearless moral inventory of ourselves," and step 10 states that one "continued to take personal inventory and when we were wrong promptly admitted it." These steps are part of what sworn members had ingrained in them every day during training in the academy: Commitment, honesty, integrity and respect are just a few of the traits instilled to make a well-rounded deputy. But even if you're not sworn, these are life lessons that all should have learned. This is what it boils down to: If you made the choice to get behind the wheel after a night of drinking and got caught, you made a mistake. Or, maybe it was some other incident where alcohol was involved and you didn't walk away. The drink doesn't have to answer for what happened, but you do. Look at yourself closely and admit the screw-up, fix it and then move on, preferably forward.

"I had to admit that although I was a law enforcement officer, I was still held accountable for my actions. I was angry at myself for putting myself in that situation. One who upholds the law really shouldn't break the law. It was very humbling. I was disappointed in myself. I held myself to a higher standard and also wanted my peers to view me as 'squared away,' knowing I excelled as a detective." These comments, made by another member who went through a long, tiring and embarrassing period following a DUI arrest, display that a self-inventory was indeed conducted and the conclusion was that a mistake was made, "repairs" have been completed and now it's time to move forward. Being aware of disappointing yourself by not living up to your standards, and realizing you need to hold yourself accountable, fits neatly in with working the steps. It's easy for some to laugh it off and consider themselves unlucky for getting caught, but the odds are this isn't their first rodeo, just the first time getting bucked.

"I would say the biggest emotion I felt throughout this entire ordeal is shame. The feeling of letting everyone down from my captain all the way to my kids. I have worked hard throughout my career to earn the respect of my fellow deputies, trainees and all of my supervisors. My kids … think I walk on water. How would I have ever explained to them that their father was arrested? Their father, 'The Policeman.' The shame of sitting in the 'defendant's' chair in court. The same chair I had worked so hard at putting others in. Luckily, this ordeal is almost over. I have been able to get through this with the overwhelming support from my family, friends and my entire station (captain all the way down)." Steps 8 and 9 address making a list of those harmed by your drinking and your willingness to make amends to them, followed by doing so. While no harm may have come to anyone involved with this person, many thanks need to be personally made by this member to his supporters. If you're drinking too much and decide to stop, while not impossible to do this on your own, it is usually a lot softer landing when you have a crew to help make this happen. If you know someone who is heading in the same direction that some of these folks have, tell them to take a look at their "inner-self." If they start working on it today, that list they could end up with might just be a whole lot shorter. As always, we at Employee Support Services Bureau (the law enforcement psychologists and I) are here to help, along with Peer Support members and chaplains throughout the Department. Take care of your life, family and career. Be seeing you. ☆

These people have agreed to give up their anonymity so that others who are in need of help can find the POF. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

NAME	HOME PHONE	CELL PHONE	WORK PHONE
Eric Castano*	(562) 493-5465	(323) 537-0927	
Joe Collins	(320) 684-4008	(909) 240-0509	
Chris Loomis	(626) 447-9011	(626) 230-3137	
Bob Ghan		(714) 916-3299	
Ray Terhorst	(505) 705-5656		
John Heckman	(661) 272-5756		
Marty Weirich	(360) 570-1216		
John Valencia	(909) 599-1160	(951) 316-3633	

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X-Factor

By Janice Munson and Thomas Ferguson
COPS Bureau

COMINGS AND GOINGS

Greetings from the COPS Bureau. COPS Bureau has a recent addition. No, it isn't a baby announcement, but we did add another great team to our bureau. COPS Bureau added a Parole Compliance Team (PCT) to the ranks. The team will be tasked with monitoring all parolees in Los Angeles County. COPS Bureau would like to welcome the new team and all of the personnel who have been assigned.

HOOK(S) OF THE MONTH

We never grow weary of putting in the astonishing hooks COPS personnel make each month. Compton CIT Deputies received information regarding a marijuana grow inside a hanger at the Compton Airport. After conducting surveillance, a search warrant was obtained and served. The search revealed three SKS assault rifles with extended magazines, one AK-47 assault rifle with a 100-round drum magazine, one sawed-off M-1 Carbine rifle, one bag of 7.62-millimeter rounds, 5 ounces of powder cocaine, several marijuana plants, one industrial scale and a stolen 4x4 pickup truck. The search warrant resulted in the arrest of a Compton Varrio gang member. In addition, they arrested a number of individuals for various other felonies and misdemeanors, as well as outstanding warrants.

The counterfeit team recently concluded its second federal grant term with some impressive stats. Over the last fiscal year, there were 79 felony arrests, 50 search warrants served and more than $12 million in counterfeit seized. Additionally, six cases have been filed with the assistant U.S. attorney's office. Keep up the good work team.

LIGHTER SIDE

It appears a "top secret" drawing of a prototype helmet cam was recently observed and photographed by one of our U/C *Star News* Intel gatherers. Isn't technology grand!

As we have said before, no one is immune from the lighter side. When Sergeant Janice Munson recently attended a counterfeit training conference in Florida, she wanted to treat herself to a Florida original delicacy, GATOR. With her training and experience, she also wanted to ensure her new pair of alligator skin shoes and matching purse was made of "real" alligator. Nothing like the feel of real alligator, Sarge!

A few weeks ago, our bureau's softball team competed in the Department's annual tournament held in September. While our team didn't win a trophy, they made an admirable showing under the guidance of Coach Arakawa. Only four months till the next tournament. Maybe more batting practice coach? Much like the diverse mission of our bureau, so is the competitive nature.

The Departments annual chili cook-off was held and while our master chili cook, Joe Ochoa, did not receive the accolades, we thought his chili deserved recognition. Everyone had a great time sampling the numerous chili offerings from around the county. Congratulations to all those who competed and especially those who took home the trophies.

That's all for now. Stay safe. ☆

Ye Old Shoppes

NCCF VOCATIONAL SHOPS

BY MIKE CLINKUNBROOMER

Greetings from North County! It's been quite a while since an NCCF Vocational Shops (Print, Sewing and Sign) *Star News* article has appeared, so let me bring you up to date, starting with … the past.

SHOPPE HISTORY

In 1990, NCCF opened its doors. It was designed specifically to accommodate various vocational shops. The print, sign and commercial sewing shops were moved in one by one from many other locations.

PRINT SHOP THEN

In the early 1980s, the Sheriff's Department expanded its vocational inmate worker programs. One such operation was the print shop, situated at the Wayside Honor Rancho's maximum security (east) facility. East Facility had a small print shop staffed by a correctional officer, with 11 to 12 inmate workers who watched the officer from bleacher-type seats. The shop had three antiquated printing presses that were salvaged from the County's ISD print shop. Eventually, 10 printing machines were added and they were squeezed into a cramped, 700-square-foot shop, which included a darkroom (framed in cardboard) and a small silkscreen area. The crowded print shop also shared space with a shoe repair and sewing shop. In time, a print shop instructor was hired and the shop's correctional officer was replaced by a deputy sheriff and more inmates were assigned. The shop peaked at approximately 25 inmates, which is one-third of the current shop's number. Operating without a separate budget, the shop was limited to printing "in-house" custody forms only, using ink and paper supplied by the customers or donated to the program. All other printing (Department forms and manuals) were required to be purchased through the County ISD Print Shop at commercial rates.

By 1984, the print shop's reputation was well known throughout the Department. Their ability to produce printed material in a short time was appreciated. The Department's forward-thinking Print Manager, Wayne Chambers, began sending the shop print requests that traditionally would have gone to the ISD Print Shop, because he knew that the East Facility Print Shop completed orders much more quickly and at a lower cost. As the shop grew, funds were allocated for a separate budget and they began printing many of the frequently-used LASD forms. At times, the small shop was pressed into 12-hour shifts to meet growing demands. Current Print Shop Deputy Barry Ellsworth joined the Department around this time and was assigned to the Print Shop. In the mid 1980s, construction began on a new PDC jail to be called "The North County Correctional Facility" (NCCF). In 1988, Sheriff Sherman Block visited the NCCF site and upon seeing a large open space, asked about it. He was told it was for a vocational print shop. The Sheriff asked what type of products would be printed and what plans were in place for equipment. He learned about the loss of funding for the machinery at the East Facility Print Shop. He quickly replied, "Make a new list; I want this place (NCCF) to be state of the art." When the new wish list was finalized and approved, more than $1 million worth of new equipment was purchased for the new NCCF Print Shop.

SIGN SHOP THEN

The Sign Shop began at the Mira Loma Facility in the early 1980s. It started out as two shops. In the Sign Painting Shop, certified vocational instructor Leland Long taught female inmates the art of sign painting. In the Engraving Shop, Deputy Goodwin and Custody Assistant Sherri Scott ran a small engraving class that produced Class "A" name tags, green pocket name tags, small signs and decals for radio cars. When Mira Loma closed in 1993, the Sign Shop moved to Pitchess Detention Center and was initially housed at the Ranch Facility. In 1998, the Sign Shop moved again to its present location inside NCCF. Custody Assistant Doug Thayer, who had worked in the Sign Shop at the Ranch Facility, transferred to NCCF in 1990 and rejoined the shop in 1998. A year later, he was joined by Kathy Ordway, Department Vocational Workshop Instructor, who currently is the go-to person in the shop.

SEWING SHOP THEN

By 1951, the Hall of Justice Jail was operating a small, female inmate sewing shop, where only female inmate clothing and dolls were produced. By the 1980s, the Department was operating sewing shops at three separate facilities. At PDC's East Facility, 54 inmates cut all male jumpsuit material for the County and produced 350 jumpsuit pants a day, including tarps, road vests and aprons. At the Sybil Brand Institute, 41 female inmates produced 1,800 jumpsuits daily, along with dolls, money bags and night gowns. During Christmas time, almost all production was focused on producing Christmas dolls and candy bags for all L.A. County inmates. The Mira Loma Facility operated two sewing shops: one with 36 male inmates producing male jumpsuit tops and the other with 38 female inmates making female jumpsuit tops. Mira Loma also repaired all the clean custody clothing and items for USC Medical Center. Repaired items included fire suppression

blue pants, laundry and property bags, hospital gowns, baby blankets and clothes. Special items could also be ordered such as tablecloths, napkins, band uniforms, pillowcases and ballistic vest covers. With the closure of Mira Loma and SBI, the sewing shops were eventually all consolidated and relocated to NCCF. A small sewing shop was created in CRDF to make dolls that are given away to needy children during the holidays.

VOCATIONAL SHOPS TODAY

The three NCCF vocational shops are staffed with personnel from Custody and Correctional Services Divisions. NCCF provides deputies and custody assistants whose primary duties are to provide a safe and secure working area for staff and inmate workers. They also provide a dual function of operating the shops workflow, procurement and inventory controls. Vocational Workshop Instructors from NCCF work alongside instructors from L.A. Works, a Los Angeles County Workforce Center, to provide appropriate instruction to inmate students. Sewing workers from the PDC Laundry provide technical guidance in the commercial sewing shop. The Jail Enterprises Unit provides a sergeant (yours truly), to coordinate the work of all of these personnel as they provide training to inmates, produce cost savings for the Department and generate revenue to offset the cost of the shops.

PRINT SHOP

Today's Print Shop possesses a wide range of capabilities. State of the art equipment has been purchased through the Inmate Welfare Fund to ensure that inmates receive training that is current and relevant in today's printing industry. Additionally, this equipment has given the shop the ability to meet most of the Department's printing needs and to generate income by selling printing services through the Jail Enterprises Unit. In 2010, the shop printed more than 12,000,000 pieces of paper, creating "Year in Reviews" for each Department unit, various booklets, brochures, flyers, posters and forms, which created a Department cost savings well over $210,000. Similar items have been produced for other government agencies and local nonprofit organizations.

THE SEWING SHOP

The Sewing Shop instructs up to 96 inmate students each day, giving them an introduction to the power-sewing industry. There is instruction on fabric preparation, which consists of cutting, stamping and bundling. Specific section work is explored, such as sleeves, shirt and pants pockets, collars, hems, inseams, crotch seams, elastic waistbands and overlock seams. The inmates are taught to operate and care for various machines, including cutters, cloth drills, single needle, overlock bar tack, elastic and double needle. The inmates are kept busy five days a week, sewing and producing all of the Department's inmate clothing, bedsheets and mattress covers. Special project inmates also produce radio holders, tactical entry vest covers and wheelchair seats and backs. Our recent project was the fabrication of 50,000 newly designed inmate property bags. During an average month, more than 47,000 sewn items are produced.

SIGN SHOP ... THE DUST IS SETTLING

There is a new look and more room in the Sign Shop. Recently the Sign Shop was expanded by over 60%. This increased work area allows for a new inmate training area, in addition to more space for hands on education on equipment that is identical to commercial sign shops. Embroidery machines are in the process of being relocated from CRDF to the NCCF sign shop. Products will be available soon.

Additionally, the Inmate Welfare Commission approved funding for the purchase of more state-of-the-art sign-producing equipment. Sublimation, vinyl lettering, banner printing and a laser logo jet printer will soon be operable. The shop will be offering for sale laser-printed ink logos on golf balls, golf tees, holiday glass ornaments, dog tags, ceramic tile, coffee mugs and much more. Keep on the lookout for upcoming announcements of new products.

WANT TO KNOW MORE?

To find out more about the services available through the NCCF vocational shops, whether it's to meet the needs of your unit, the Department, another government agency or a nonprofit organization, contact the Jail Enterprises Unit at (661) 294-6311, or send an e-mail to *JailEnterprisesUnit@LASD.org*. Information is also available on the Department's intranet page. ☆

The Chaplain's Notebook

By Chaplain Ron Eroen
Avalon Station

AND WHERE IS GOD?

It is September 11, 2011, and I have just finished giving the closing prayer at a "9/11 – Ten Years Later" Memorial Service, when a seasoned LASD Sergeant shook my hand and asked, "Where was God on 9/11?"

What a great question! Many seem to struggle with basic beliefs regarding how God deals with disasters. Psalms tells us, "The Lord will keep you from all evil; He will keep your life. The Lord will keep you going out and coming in from this time forth forever more," (Psalm 121:6-8). Shouldn't faith's foundations be shaken after something so devastating as what happened in New York on 9/11, or in Japan this last year? Is God really in the game with us, or is He merely sitting in the stands … amusing Himself?

The scriptures never promise that God wraps believers in spiritual bubble wrap! And firefighters, sheriffs, police officers, EMS and other first responders who confess faith in divine providence need to realize that, although God may be captain of the ship, this does NOT mean the seas will be calm and we are guaranteed safe harbor! As the late Professor George Hendry of Princeton Theological Seminary once wrote regarding the difference between security, which protects us, and assurance, which strengthens us: "Security is something behind which we gain shelter from the risks and trials of faith. Assurance is something only to be won in wrestling with them. Faith isn't like finding shelter from the storm and safe harbor; it's more like going out from the harbor to face the storm."

God's activity is realized when we, listening to the stories of survivors, learn from the veteran's viewpoint. The veterans learn in advance to trust what the scriptures tell us regarding life NOT being a lottery and God being actively in control. And although it is true that some may perish, others are raised up by a living and active faith to show God's compassion, mercy and strength when terror causes most to fear. Although those at a distance may wonder where God is … those involved in the tragedy see Him ever-present in their time of need. In other words, on September 11, 2001, those running out of and from the falling buildings (and those watching what was happening) were wondering "Where is God?" but those running into the falling buildings knew exactly where — and who — God was!

Chaplains can be contacted at (213) 738-3500 or at their unit of assignment. ☆

Altadena Station *continued from page 9*

When Sheriff Baca attended the rededication of the station in September, he was startled to see that Chuck was still proudly wearing a red shirt as an active member of the mountain rescue team. The Sheriff remembered Chuck as being on the team when he was assigned to Altadena Station as a lieutenant in the early 1970s. By the time then-Lieutenant Baca arrived at Altadena Station, Ballard had already been on the team almost 10 years. Chuck, a former banker and pediatrics nurse, has now served as a member of AMRT for 47 years.

Over the years many men and women have served with distinction as AMRT members. Today, the members of the team are led by Captain Alexia Stapleton with Deputy Greg Gabriel acting as their advisor. Most of the equipment and vehicles used by AMRT have been paid for by their own fundraising efforts. Even the trailer where the team stores its gear and conducts its meetings was procured by them in 1999 and then donated to the county. The team responds to rescue call-outs seven days a week, 24 hours a day, and frequently responds to larger rescue efforts throughout the county and the state. Countless injured and missing hikers owe their lives to their tireless efforts.

The Sheriff's Department has mountain rescue teams at Palmdale, Lancaster, Lost Hills, Crescenta Valley and San Dimas Stations. All are made up of dedicated men and women, but it was the Altadena Mountaineers who were the first ones to take up the call and enter the mountains at their own peril to bring to safety those needing rescue. And now, 60 years later, they are still going strong. ☆

2012 LASD RETIREE ROUNDUP

The 2012 LASD Retiree Roundup will be April 1-4, 2012, at the Riverside Resort and Casino located at 1650 Casino Drive, Laughlin, Nevada 89029. For further information contact retired Sergeant Moon Mullen at (928) 776-0639.

West Hollywood Knights

By Jacob Goble
West Hollywood Station

PLAYING CATCH-UP

Thank you for waiting with bated breath and rapt attention, because ladies and gentlemen, brothers and sisters, we are back. My most humble and sincere apologies to all of you who have opened *Star News* expecting to find an article containing the sweetest tidbits from the Sunset Strip and have been disappointed month after long month. I'll bring you up to date with just a sample of the events that have occurred since our last article and then hone in on the most recent events.

COPS ACTING LIKE FIREFIGHTERS

Back in August of 2009, two teams of Sheriff's Department personnel from West Hollywood station dropped their gun vests and raced out to help the L.A. County Fire Department with the station fires. The teams coordinated the safe transportation of the fire crew and personnel from Fire Camp 16 and coordinated the transportation of two fallen firefighters.

Their mission was life threatening at several points and very dangerous at all times. They didn't wear any of the protective equipment firefighters normally wear for these types of operations and risked their lives for the success of the mission. This year, they were awarded the Gold Meritorious Conduct Medal for their valor. They were also honored by Boba Fett at a Dodgers game, as you can see in the accompanying photo.

MORE COPS ACTING LIKE FIREFIGHTERS

In September of 2011, Deputy Trainee Pinedo was booking evidence at the station when she heard an emergent call for service over her radio. She grabbed the nearest training officer she could find, and together they drove out to a much-exaggerated structure fire call. Pinedo jumped out of the car, popped the trunk and used the fire extinguisher to put out some flaming garbage and palm tree leaves. After making sure there was no transient at the bottom of the pile of rubble, the two deputies quickly exited the scene as the real nozzle jockeys rolled in. Good job, Pinedo.

Emboldened by Deputy Pinedo's fine display of firefighting technique, one of our early morning deputies responded to a not-so-much exaggerated structure fire where a car and the garage that housed it were going up in flames. This deputy grabbed the fire extinguisher from the trunk of his car and mounted a frontal assault on the 30-foot flames. The boys in yellow jumpsuits with their self-contained breathing apparatus quickly pulled back our heroic deputy and kindly asked if they might put the wet stuff on the hot stuff instead. Our deputy obliged and found a better use for his talents, like evacuating the neighboring apartment complex.

FIREFIGHTERS ACTING LIKE COPS

During an impromptu game of two-hand touch football in the alley behind L.A. County Fire Station 8, some of our local hero firefighters witnessed a drunk driver crash into a fence. After making sure the driver wasn't hurt, the good samaritans from Station 8 parked the deuce's car for him and tried to talk him into taking a cab home. No harm, no foul. However, the driver didn't like the care he was receiving from the County's finest and instead answered the call to battle that the booze had issued him.

The drunk started swinging punches like Pacquaio at two of the firefighters. When his punches didn't properly deter the firefighters from helping him, he grabbed "The Club" out of his car and did his best Derek Jeter impersonation. Needless to say, he was not happy with the boys in yellow and their meddling ways.

Well, our heroes would have tolerated a DUI. And they would have tolerated dodging punches from a drunk. But when you go and get medieval on them, they were obligated to do something. So right before halftime in their football game, the captain came out of the station and threw a penalty flag on our drunk driver. He was penalized 15 yards for unnecessary roughness and thrown out of the game.

When the drunk insisted he be allowed to play by his own rules, the rest of the boys gaffled him up against his car until the mean tan and green could show up and take him into custody. The firefighters thanked us for being their favorite "law dogs," and we proceeded to load him up with the deuce, battery and assault with a deadly weapon. The second half went off without a hitch.

DEPUTY OF THE YEAR

Deputy Randy Slate was recently honored by our station and the city of West Hollywood as the Deputy of the Year for 2011. He tried as best he could to keep it a secret, and Lieutenant Ratto has denied all knowledge of how this honor came to be bestowed upon the honorable Deputy Slate. But as I have my ear to the ground and my golden antennae in the sky, nothing escapes my detection. So, you heard it here first. Congratulations Randy. Good job and good luck on your next assignment.

INS AND OUTS

"Where is our Deputy of the Year going," one might ask. Well, his hard work has been rewarded by that cosmic karma known as centralized testing, and Randy is leaving us for the Range Training Staff. Please teach the former Marines you come across patiently, Randy.

Before that, our long time watch deputy and West Hollywood royalty, Steven Freiwirth, left us for a year loan to recruitment. Just tell 'em what they want to hear, Steve, tell 'em what they want to hear.

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LASD CYCLING

2012 POLICE UNITY TOUR — "WE RIDE FOR THOSE WHO DIED"

By Joseph Rosalez

May 8, 2012, will mark the 16th Annual Police Unity Tour to raise awareness of officers who died in the line of duty and to raise funds for the National Law Enforcement Officers' Memorial and Museum in Washington, D.C. The tour is an amazing experience that has had a dramatic effect on all those who have made the pilgrimage to our national memorial. Those participating in the tour attend the candlelight vigil on May 13th and the National Law Enforcement Officers' Memorial at the U.S. Capitol Building on May 15th.

Anyone interested in riding or helping as part of the support team should contact Joe Rosalez at *JARosale@lasd.org* without delay. Further information can be obtained at *www.SOCALPUT.org*. Joe Rosales can be reached at (951) 377-9127.

2011 SOLVANG DOUBLE CENTURY (191 MILES)

Congratulations to Deputy Adrian Zambrano of Lakewood Station for finishing the grueling Solvang Autumn Double Century on October 15, 2011, a distance of 191 miles, in 16 hours, 23 minutes. Great job, Adrian. This is an amazing achievement. Way to represent LASD Cycling! ☆

LASD CYCLING/RIDE 2 RECOVERY GOLDEN STATE CHALLENGE

By Tim Hazlewood

I had the experience of a lifetime participating in a seven-day ride from San Francisco to Santa Monica, covering more than 400 miles in support of healing veterans. About 200 riders started on Sunday, October 2, in South San Francisco and rode toward the coast to Pacifica Beach, which meant crossing a range of mountains. One of the climbs was about three-quarters of a mile long at a 22% grade. That was my idea of a good time! From Pacifica Beach, we rode south to Santa Cruz, where we spent the first night. Before you begin to feel my pain, please note, some of the injured veterans with paralyzed limbs and amputations made the trek on modified bicycles/hand-cycles.

The next morning we headed south for Carmel where we stayed at the Carmel Mission Inn. There was an approaching storm and by dinner time it was raining hard — not just a light mist, but a downpour. We started out the next morning for San Simeon. This leg has the reputation of being the toughest leg, with 92 miles and nearly 7,000 feet of climbing. I can tell you that it lived up to its reputation. That was an eight-hour day on the bike. The rain stopped just after we departed Carmel, so we had a nice cool day of riding and spectacular views. However, you could not enjoy the views too long because a lot of Highway 1 between Carmel and San Simeon has no guard rails. Yikes!

The next day we left San Simeon heading for Pismo Beach and dodged another storm. We delayed our departure by two hours and missed a deluge along with some 40 mile per hour winds. Hundreds of school children waving American flags lined the route as we arrived in Pismo Beach, and it was an awesome sight. From Pismo Beach we rode to Solvang and then the next day

we rode from Solvang to Ventura — another epic climbing day over the San Marcos Pass. From Ventura we rode to a huge welcome at the Santa Monica Pier, which included a lunch and farewell party hosted by the United Service Organizations, better known as the USO.

The stories of determination, survival and sheer guts from the veterans make anything I have dealt with in my life seem minute. We even had three veterans from the Vietnam War riding with us. In talking with them, they really appreciated having a program like Ride 2 Recovery, which was something they did not have when they returned from battle. I will be riding in the event next year and the year after that. As long as I can turn the pedals, I will be participating in the program. I can guarantee if you ride the Golden State Challenge, you will not be disappointed. ☆

2011 MS 150 (OCTOBER 22-23, 2011)

By Mike Austin

The Multiple Sclerosis Society organizes a two-day fundraising cycling event every year that goes from Irvine to Mission Bay, San Diego. On October 22nd, 30 members of the LASD Cycling Team assembled at the Irvine Train Station for a two-day cycling event known as the MS 150. The "150" stands for 150 miles! Our team arrived knowing they had two long days of riding ahead, but they were all smiles sporting their LASD Cycling Team kits. Our team raised $18,238 for the event, all of which goes to help find a cure for MS or help treat those afflicted with it.

We had several first-time participants this year, many completing a century (100 miles) for the first time in their lives. Some of these folks did not even own a bike six months ago! They included Mary Acosta, Jeanine Ambriz, Christina Banogon, Jason Cartagena, Dennis Conway, Robert Conway, Steve Dodson, Adrian Garcia, Elizabeth Gonzalez, Amalia Hernandez, Allen Jacobs, Marjory Jacobs, Robert Long, Janice Loughman, Craig Mclelland, Glenn Nakasaki, Athena Schofield, Amber Smith, Daniel Thompson and Doug Velez. Of course, the grizzly veterans of our team included Robert Clark (71 years young), Chuck Jackson, Alvin Kwong, Nagy Morcos, Robin Price, Clayton Stelter and myself.

A special shout out goes to our big money fundraisers. They are all sporting some pretty cool free jerseys and new SWAG! Jeanine Ambriz raised $1,420, while Alvin Kwong ate and drank with the big donors at the festival after raising $2,023! Alvin was outdone at the last minute by Janice Loughman, who raised a whopping $2,075! Everyone did a great job and made our team and Department look great!

I cannot tell you how cool it looked to see our team start the ride in a pack wearing our kits. Even cooler, on day two, most of us were able to link up and cross the finish in columns of two wearing our LASD Cycling kits. A big thank you goes out to a couple of high-spirited LETs, Kristi Wolf and Becky Robbins, who staffed our SAG wagon and made a positive impression with their LASD team spirit, for all those sharing the road.

Doug Velez and Dan Thompson apparently did not get enough cycling in on the first two days so they spent a third day riding back from San Diego to Irvine for a total of 242 miles over three days! I hope all of you come back and ride with us next year!

In the meantime, join us for the next fundraiser at the 2012 Tour de Palm Springs on February 11, 2012. Palm Springs' famous weather, gorgeous scenery and thousands of cyclists and raising money for charities make the Tour de Palm Springs a great event and fundraiser. If you want more information about the event or want to sign up, go to *www.tourdepalmsprings.com*. If you plan on riding, let me (Mike Austin) know so you can get e-mails from our team about lodging plans, training rides etc. I can be reached via e-mail at *mdaustin@lasd.org*.

RIDE CAPTAINS

Ride captains are a point of contact for information and organizing participation in cycling events and training rides. If you're interested in information about LASD Cycling, feel free to contact a ride captain in your area, or e-mail *LASDCyclingTeam@lasd.org*.

North County:	Detective Jay Yelick	*JBYelick@lasd.org*
South County:	Sergeant Mike Austin	*MDAustin@lasd.org*
West County:	Lieutenant Reggie Gautt	*RDGautt@lasd.org*
	Scott Menell	*SMMenell@lasd.org*
East County:	Sergeant Mark Flores	*MAFlores@lasd.org*

Please send requests to be included in the LASD Cycling Team e-mail group to Detective Tim Hazlewood at *TLHazlew@lasd.org*.

FUTURE CYCLING EVENTS

February 11, 2012	Tour de Palm Springs
May 2-5, 2012	California Peace Officers' Memorial Ride
May 9-12, 2012	Police Unity Tour
June 16-24, 2012	Inaugural U.S. Police & Fire Championships in San Diego

We look forward to riding with you in the future. Take care and ride safe. ☆

By Deputy Lee Davis
Community College Bureau

Greetings from the College Bureau and here's the 411 on everything.

THE OUTGOING TRAY

One of the beautiful things about being a Department member is the ability to transfer to other units within the largest Sheriff's Department in the country. Occasionally, some individuals further their careers by being selected for other law enforcement agencies. In this segment, I would like to highlight those who have moved on to some of the aforementioned positions. Security Officer Tay Ho transferred to Parks Bureau after being assigned to the Community College Bureau since 2001. Security Officer Rushell Westby-Brown transferred to Court Services Bureau after working with the Bureau for approximately two years. Security Officer Cristian Valenzuela (almost three years in the unit) and Cadet Javier Gutierrez (LACCD employee, three years) both are headed to the LAPD academy. Congratulations to you all. Wherever your journey takes you, may you be prosperous, work hard and never quit.

FROM THE PRIVATE I'S BUREAU

Chris Roberts, as you know, is one of our detectives. He has been IOD for some time now, but has been lying low. He showed up to LACC to hang out with his best friend, Detective Jeff Spelatz. We knew that Chris was having knee problems, but we didn't know that he lost a portion of his mind while sitting at home alone. Leave it to Jeff to be smiling and making fun of him during his hiatus. Jeff, how do you look at yourself in the mirror every morning?

Deputy Jason Tagaloa has been tagging (no pun intended) along with DB in recent months. The stork came by and dropped off a little baby girl to him while he had his magnifying glass out. She was named Ariani Tagaloa and weighed in at 5 pounds, 10 ounces and was 18.5-inches long. Baby and mother are doing well, but the detectives are not sure about Jason because he still owes them supp reports.

THE NEWLY HIRED SECURITY OFFICER

At East L.A. College, they are always trying new techniques to promote team work, self esteem and community awareness. The following photographs depict Security Officers Hector Ruano and Frank Mendoza and the always illustrious Deputy Frank Velsaco. They promote communtiy awareness and strive for perfection in everything they do. They get some of their inspiration from the most interesting man in the world, and from the Aztec warrior shown in full garb. They have dubbed him as the new S/O, guardian of the 871 atmosphere. They also got the warrior to babysit the basketball trophy that they are nursing to keep from losing it. I'm just saying, you gotta play for it sooner than later.

This is what we do and this is who we are … Be safe till next time! ☆

West Hollywood Station *continued from page 17*

HELP TO IDENTIFY

The photo to the left was given to me by one of my deep cover intelligence operatives and I need your help to identify the two supervisors pictured. Word has it that they were none too happy to be sent from the city up the hill to the Universal Studios substation. But then, low and behold, here we have photographic evidence that they have perhaps found some solace in partaking of the finer delights that some of the local establishments have to offer. And I do remember being told in briefing by supervisors that looked very similar to these two that cameras are everywhere while we are in the public eye.

IN CLOSING

Since I'm writing this in mid-October for the December issue, I think it's appropriate to issue a preemptive "Thank you" to all of you self-sacrificial deputies who are working the Halloween Costume Carnaval in our fair city this year. Thank you for giving of your personal time to come down and serve our community. Hope you enjoyed us as much as we enjoyed you. And since Boba Fett made time to honor our deputies at the Dodgers game and make an appearance at last year's carnival, I threw in another photo for you "Star Wars" fans. Until next time: Stand tall, stand proud, West Hollywood out. ☆

THE ALIEN AGENDA

By Stephen Daffron
Mira Loma Detention Center

ROCKED IT!

It's Christmas time already, this year has flown by! No one can dispute that this year has been one of changes. But changes aren't always bad. We welcomed Captain Sharp and the enthusiasm she brought. We were resilient as we adapted to the ever-changing contract. And best of all, we ate some great food: Wiki Pickles, generous pot luck items including tri-tip steak and delicious homemade chili (compliments of SR Boyd).

Speaking of chili, Mira Loma shined as a worthy contender in this year's County Chili Cook-Off. The ERT Team rocked it, our chili tasted delicious, the booth looked amazing and there was a tremendous amount of detail that went into every aspect of the competition. We even had participants that cowboy'd up and played the part, which gave our tombstone chili an authentic feel. This event gave our facility and the people involved something to take pride in. Thanks to everyone who contributed to our success.

Recently, an incident involving Deputy Kigar, Deputy Lopez and Deputy Tes attracted some attention. Working their assigned post (main gate), they were approached by a civilian in his vehicle. Turns out, the civilian was a little lost and looking for information about his brother's court hearing. Deputy Kigar politely explained where to park and the proper identification needed to enter into the court building, at which time the civilian replied, "What if I don't have a driver's license?" Uh … excuse me?

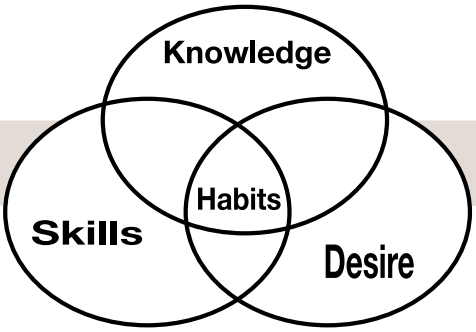
Well, that opened up a can of worms considering the individual driving was the one asking about not having an I.D. After further investigation by our outstanding deputies, it was discovered that the driver had a suspended license for drunk driving and the vehicle had stolen tags. Needless to say, the civilian ended up receiving more than he came for and plenty of time to ask as many questions as he wanted while they waited for the tow truck.

OFFICER LEAF RECEIVES LIFESAVING AWARD

On Wednesday October 19, 2011, Mira Loma's very own Officer Leaf received the prestigous "Life Saving Award" for his heroic actions during a "man down" situation.

In June 2011, Officer Leaf responded to a "man down, not breathing" radio call for help. Without hesitation, Officer Leaf urgently responded to Barracks 23, where he arrived to an unconscious detainee laying on the ground. After quickly accessing the situation, he began to give rescue breaths until the detainee regained consciousness. Although the detainee barely showed signs of life, he continued to do everything possible to sustain his vitals. When rescue workers arrived, they couldn't help but notice the confidence Officer Leaf displayed as he handled the situation. Officer Leaf's vital role in the rescue of this detainee was so evident that the responding fire captain made it a point to emphasize to our former Captain, Rod Penner, that had it not been for the actions of Officer Leaf, the detainee would have undoubtedly lost his life. Congratulations on your award Officer Leaf. Mira Loma is lucky to have you! ☆

Get the latest on upcoming retirement parties at
www.sheriffsrelief.org



Habits for Survival

By David Sauer

Tools for the Prepared Law Enforcement Professional

Our most recent shooting at Palmdale Station emphasizes some of the tactical advantages of weapon-mounted lights, lasers and night sights. Just before noon on a Thursday morning, deputies responded to the call of a woman heard yelling, "Don't shoot me!" followed by a gunshot. Deputy personnel contained the location and made PA announcements ordering occupants of the residence to come out. After several minutes, a lone female exited the house and told deputies there was no one else inside, there was no gunshot and no one had screamed anything. Sensing the woman's story was less than forthright, deputies conducted a protective search of the main residence for potential victims. When they tried searching an attached garage, they found the doors locked. Noises heard inside the garage convinced deputies someone was inside and possibly in need of their assistance. Deputies formulated a plan and ultimately forced entry into the garage.

Upon forcing open the access door to the garage, a gunshot was fired from inside the garage. As the two deputies looked into the garage, they saw the suspect across the room and immediately stepped through the door threshold to confront him. They were now in the situation coming from bright sunlight conditions to looking into a dark garage for an armed person who possibly just fired at them, their eyes trying to adjust to the darkness. One of the deputies had a weapon mounted Surefire X300 on his pistol that he had turned on prior to entering the garage. His light illuminated the target area, allowing them to see and assess the suspect. He used his night sights to find his front sight in the dimly lit room and acquired the target. The other deputy had laser grips on his pistol and immediately trained his laser dot on the suspect's torso as they attempted to gain suspect compliance with verbal commands.

Suddenly, deputies were confronted with an additional potential threat of a second person being in the garage. This individual cooperated with the deputies' commands and appeared to be compliant. The initial suspect, believed to have fired the shot, remained non-compliant and posed a significant threat. The suspect made statements to his friend in the garage that led deputies to believe an armed encounter was imminent. Despite several verbal commands by deputies to try to gain compliance, the armed suspect engaged the deputies and a deputy-involved shooting ensued, ending this violent encounter with no harm to the deputies. This entire situation, from ramming the door to shots fired, happened in a moment, not minutes. Both suspects were alleged gang members, each with lengthy criminal histories. Deputies prevailed in this situation because of good communication, tactics, teamwork, effective movement, initiative, familiarity and implementation of good equipment and accuracy.

Those who have tried to qualify in the low-light course without a weapon-mounted light know the added difficulty of trying to hold your gun and a separate light for any length of time. Those with laser grips know that when the situation allows, the laser can provide the tactical advantage of being able to keep your eyes on the target without having to switch focus to the front sight, as well as being able to confirm your alignment on target in low light. As long as your trigger pull is good, your shots will hit. A laser has the added benefit of providing a possible positive psychological effect on your adversary, which may de-escalate a confrontation. In situations where low light makes it hard to see your sights, night sights can help you see them, like they did in this situation for one of the deputies. All these tools fill a tactical need.

The prepared peace officer has the tools, knows the advantages and limitations of his tools and knows when and how to use them. Do you think the involved deputies are glad they made the investment in their equipment and were prepared physically and mentally for the dynamic and changing factors in this incident? How about you? Are you ready? If you were in this situation, would you be glad you had the tools you needed, or would you be sorry you didn't, wishing you weren't such a procrastinator, or cheap, or just plain too lazy to invest in your survival? If you don't already have this equipment, will the excuse you've been using be enough to justify not having it when you need it? Keep the faith. And slow down, and wear your seatbelt!

You can comment on this and other "Habits for Survival" articles at *www.habitsforsurvival.com*. ☆

PLEASE PASS THE WORD

The 2012 Lakewood Annual Retiree Luncheon

Wednesday, January 25, 2012

11:00 a.m.

The Elephant Bar

4634 Candlewood Ave.

Lakewood, CA 90712

(562) 529-3200

As usual, we don't need a head count; we'll order and pay individually from the menu. Libations are available COD. No extra charges for anything — ever. Nothing fancy, just a lot of fun and reminiscing with old friends and compadres. Everyone is always welcome, and we hope to see you there.

Info:

Mickey Reedy
562-799-1410
RnmickeyR@aol.com

Keith Mohagen
714-525-7485
kamohagen@aol.com

Ike Sabean
562-494-8596
retmr@charter.net

22 LHS 10

By Mark Rediger
Lost Hills Station

Greetings from the sunny side of the County.

PENALTY BOX

When one of our employees here at Lost Hills exceeds the acceptable number of consecutive days worked, we make sure they are well rested by mandating the taking of a nap in the captain's office. Pictured here is Deputy Tim White, taking his punishment, while apparently having a pleasant dream.

A BIG TIME FELONY

Sergeant Fray Lupian came to work for a PM/Earlies double and made the very large mistake of parking in the captain's secretary's reserved parking spot. After his shifts were completed, Fray went downstairs to catch a few winks. When Connie Calderon arrived at work to find her parking spot already occupied, she was not happy. Connie was heard several times on the public address system paging, "Sergeant Lupian report to the Captain's Secretary's Office!" Someone finally told her that "Loop" was sleeping in the bunk room. Connie was able to hold her angst in check until such time as Fray came upstairs to work as the PM watch sergeant. Then, from what they tell me, she threatened him with a thousand curses, should he ever park in her spot again.

MAN DOWN

During the "Great California ShakeOut," Sergeant Phil Brooks made an attempt to "drop, cover and hold on." Apparently he had some difficulty in accomplishing these tasks.

BOWLING FOR WELLNESS

Lieutenant Bob Wiard and Law Enforcement Technician Heather Fuquay put a lot of effort into organizing a one-afternoon wellness bowling event. Several of us showed up and had a really great time. Thank you very much Bob and Heather; let us do it again soon!

THE DUKE

Sergeant Mike Holland is squarely in the crosshairs this month. Firstly, there is his recent haircut and the resulting similarity in appearance to the fictional character Duke Nukem, which is made even more curious considering Mike's nickname is "The Duke." Look at the photo and decide for yourself which is the real Sergeant Holland.

Now to the second mention for Sergeant Holland. This one is, for me, more than a little bit disturbing. Lieutenant Bob Wiard is our Wellness Coordinator. Apparently, one of the recent Wellness mandates by Bob is to properly use sunscreen prior to working the Beach Team. Enough said.

That's all I got. ☆

By Christine Ostrander
Norwalk Station

CAPERS OF THE MONTH

August's Caper of the Month goes to the team of Deputy Omar Camacho and Deputy Diego Sanchez. I was unable to locate either deputy for a firsthand account of the event, but I'm told it was another spectacular example of proactive law enforcement in action. They conducted a traffic stop, found two parolees in the car with a female associate, located dope in the car and took everybody and the car to jail for being poor role models to the general citizenry.

September's Caper of the Month goes to John Gutierrez and Alex Ruiz, who were assigned as a two-man undercover team. As they were making their rounds, looking to catch some devious crook unawares, they spotted a man and woman arguing inside a pickup behind the apartments just south of Gerdes Park. As they watched, they saw the man strike the woman repeatedly. Without hesitation, they sprang into action and rushed to the woman's aid. They confronted the man and identified themselves as deputies. A short struggle ensued, whereupon the man was handcuffed and the woman was detained. It was soon discovered that the man was on parole, which lead to a search of the pickup. Inside the pickup, they discovered over a pound of methamphetamine, brand new ziplock baggies, a scale and a loaded handgun. OUTSTANDING POLICE WORK! Congratulations on an excellent arrest and kudos on an excellent observation!

INVESTIGATION OF THE MONTH

September's Investigation of the Month goes to Detective Flores and Detective Tibbetts for the arrest of a suspect who committed a heinous hit-and-run collision that resulted in a pedestrian fatality. In the early hours of September 20, an elderly La Mirada resident taking his usual morning walk was crossing Santa Gertrudes Avenue. Unbeknownst to him, another La Mirada resident was returning home from his job at a local bar after he had partaken of the festivities with some of his friends. The suspect didn't see the pedestrian until he was upon him. The collision that ensued was truly horrific, with blood evidence extending almost 200 feet from the point of impact. Even more gruesome was the discovery of some of the pedestrian's body parts over three-quarters of a mile from the point of impact. The suspect continued to flee and eventually abandoned his car, which held even more of the pedestrian's body parts, more than one mile from the point of impact. He continued to flee on foot and left a bloody trail of footsteps leading away from the car. Incredibly, Detective Flores was able to identify the suspected driver and even located surveillance video showing the suspect buying fast food just prior to the collision. A search warrant was served on the suspect's residence, but the suspect was not located. Approximately 12 hours after the collision occurred, the suspect appeared in the station lobby with a lawyer.

On a lighter note, it goes without saying that working day shift demands a cup of coffee to get the day started. On a recent trip to the local 7-Eleven to grab said cup, I encountered one of our residents standing outside the door wearing the t-shirt pictured here. It seemed appropriate and provided a moment of comic relief before the day got going.

And since we're on the subject of interesting wardrobes, Detective Rajean Holloway naturally had to be included. We all know that Raj is a snappy dresser and is not afraid to select from God's own palette of colors when choosing his wardrobe. I don't have a picture of his most recent fashion outcry, but I was able to procure evidence that he maintains his wild color choices even while CARPing in Class As. Thank you, Raj! You are an inspiration to all of us with an artistic streak!

Thankfully, the 10th anniversary of the September 11th attack on New York City passed with relative peace. The day was remembered with a BBQ put on by our PM shift. Our own resident artist Tara Harden was generous enough

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By Ray Cardenas and Don Colca
Inmate Reception Center

AN OLYMPIAN AMONG US

This is an excerpt from the bio of Randy Givens from Florida State University: Randy Givens was elected into the FSU Hall of Fame in 1989. During her four years at Florida State (1981-1984), Randy Givens rewrote the record books in women's track and field. She was a star on a Florida State women's track team that never finished worse than third at the National Championships during her career. By her junior year she had established herself as an international class sprinter, winning numerous national titles and leading Florida State to 2nd in the 1983 NCAA Outdoor Meet. Givens topped this accomplishment in 1984 when she won NCAA titles in the Champion 400 meter and on the mile relay team. Her efforts led Florida State to its first National Championship in women's track and field. In addition to her outstanding FSU career, Givens also brought honor to the University when she represented the United States at the 1984 Olympic Games held in Los Angeles. Randy placed 6th in the world in the 200 meters. She was also awarded the prestigious Broderick Award, annually given to the nation's top female amateur athlete.

Randy's high school Alma mater, Amityville Memorial High School (AMHS) in New York, and its Athletic Hall of Fame Board of Directors was pleased to announce the opening and inaugural induction ceremony of the Hall on Friday, October 14, 2011, at 7:00 p.m. as part of the school's Homecoming Weekend Celebration. The AMHS Hall of Fame's first class is comprised of several outstanding alumni athletes — many of whom advanced to and excelled at the collegiate and professional levels. They are joined by a group of highly successful coaches and dedicated contributors who have left their positive mark on Amityville athletics for past, current and future generations to honor and cherish. Among those who were being inducted on October 14th were Randy Givens (Class of '80: Track and Field).

Randy, we are so proud to work alongside not only an Olympian, but an exemplary employee. Congratulations on your athletic accomplishments and recent recognition. You are an inspiration to all female athletes.

ANNUAL CHILI COOK-OFF

In October, the annual Department Chili Cook-Off was held at Wayside. Prior to the event, IRC held its own cook-off with Operations Sergeant James Peterson winning the honors to represent IRC. James submitted a recipe that has been in his family for more than 100 years, and I am still trying to obtain the recipe to no avail. IRC was represented very well the day of the event and a good time was had by all in attendance.

MOM, DAD, PLUS ONE MORE

Deputy Yuriy Kravchuk and his wife welcomed their third child Michael, born October 12, 2011, and weighing 8 pounds, 7 ounces. The Kravchuk sisters now have a baby brother to help mommy with. Mom and Baby Michael are doing just fine. Congratulations!

YEARS WORTH OF EXPERIENCE

IRC said goodbye to five women who dedicated a total of more than 135 years of service to the County of Los Angeles. For the month of October, IRC said goodbye to Head Custody Records Clerk Teresa Vasquez after 31 years of service and Evidence and Property Custodian II Joanne Bourgeois after 37.5 years of service. In November, Custody Records Clerk II Rachel Viste retired after 15 years of service. This month, retiring are Supervisor Custody Records Clerk Rebecca Marbra after 21 years of service and Vivian Bishop after 31 years of service. Ladies, words alone cannot express how much we thank you for the many years of dedicated service you have provided this Department. Your knowledge and experience will be greatly missed. Thank you and we wish you the best with many retirement years ahead of you.

KUDOS

Recently, Custody Records Clerk II Rockelle Carter from Document Control Unit and Minda Wilridge from State Prison Unit received unit commendations for being recognized on their outstanding performance and leadership at their respective units. Both employees were acknowledged for creating a proactive team effort that was second to none and indicative of their commitment to excellence and their personal and professional dedication to duty. Job well done!

BREAST CANCER AWARENESS MONTH

The IRC staff at Document Control erected a board of pink ribbons and hearts in remembrance of those family members and friends who have lost their courageous battle with breast cancer as well as those who have survived. Thank you for helping bring awareness to this dreaded disease.

On behalf of Captain Chuck Antuna, he would like to wish the entire IRC Family a safe and happy holiday season.

"Till next time," we bid you a farewell from the team of C & C (Cardenas and Colca). ☆

By Steven Perez
Walnut Station

MACGYVER MEETS ZIMMERN

Recently, Walnut deputies responded to a call of a snake in a kitchen in the palatial region of Diamond Bar known as "The Country." It seems a local buzztail had decided to cool off on someone's frigid marble tile floor during the blazing summer heat. One of the deputies who responded was our very own Dave "MacGyver" Petrocelli. Most deputies just whip out the good ole' animal control pole, but not Dave. He immediately asked for a 50-foot roll of Fruit-by-the-Foot, a telescoping radio antenna and a pair of jumbo nail clippers. Unable to obtain those items, he settled for a four-foot piece of PVC pipe and a short length of rope. His hands deftly manipulating the items as he quickly fashioned them into a snake loop. Wasting no time, he then transformed himself into Walnut's version of Ace Ventura and coerced the wayward reptile to come out from under the dishwasher. Ace, uh, MacGyver, I mean Dave, lassoed the disoriented Diamondback and promptly pulled it out of the house. But the story doesn't end there! We here at Walnut/Diamond Bar believe in green solutions. It could have been very easy to "neutralize" the snake and discard it, thereby ending the saga. However, we also happen to have a resident snake connoisseur here too. Deputy Wei Wei Jin is our version of Andrew Zimmern (Bizarre Foods), and she has a particular taste for rattlesnake (especially the liver, she tells me). Wei Wei was more than happy to receive our "gift," whereupon she steamed it up and enjoyed it with a glass of Chianti and fava beans. How's that for a natural solution to pest control?

SECRETARIAL SEIZURE

Recently we had some excitement at Walnut/Diamond Bar Station. It was a calm afternoon when suddenly one of our station panic alarms went off. Deputy Ruben Contreras sprang into action with the alacrity of a jack rabbit. He stormed down the hallway toward the interview rooms with deputies jumping in behind him (including me), ready for action. Clearly some poor Department member was in trouble and needed help fast. Was it a detective in a to-the-death fight with a deranged suspect? Was it a deputy going 415 with a psychotic arrestee? What was going on and who was in trouble? We all arrived at the locked interview room with the determined anticipation of an entry team. Deputy Contreras unlocked the door and out sprang Secretarial Supervisor Deborah Ramos, along with another secretary. Apparently Deborah was conducting an interview and locked the door behind them. She claims she did it by accident, but I think when Deborah sees a good prospective applicant she does all she can to not let them get away. Great applicant detention skills, Deborah! Oh, by the way, I didn't buy the "I didn't know" defense. Deborah is the longest standing employee at Walnut/Diamond Bar Station since we first opened in 1987. She must have started as a student worker, right Deborah?

INS AND OUTS

We recently had some movement here at Walnut/Diamond Bar Station. First I'd like to bid a fond farewell to my former *Star News* conspirator, Sergeant Pat Mannion. After three years back at the Nut, Pat has moved on to Fleet Management. Pat will be missed by all here at Walnut, especially those deputies who used to run arrests by him. Let's just say Pat had a reputation as a supervisor with an attention to detail. Keep up the good work at your new assignment, partner! On the flip side, a big warm Walnut welcome to Sergeant Bill Sanders, Sergeant Jeff Serpa and Sergeant Angie Becerra and a welcome back to former Walnut deputy, Sergeant Erick Kim! You guys are sorely needed and it's great to have you on board. ☆

Get Your 2011
Theme Park Tickets Now

Sheriffs' Relief Association 2011 Tickets
Available for "Members Only"

See page 31 for discounted prices.

By Mo Angel
Pitchess Detention Center, South Facility

MEANWHILE, BACK AT THE RANCH …

Hello everyone and welcome back to yet another fun-filled edition of what's happening here at "paradise," a.k.a., South Facility.

October means Tip-A-Cop here at South Facility, and this past month was no exception. Sergeant Gerri McCorkle gathered her South Facility volunteers and additional PDC counterparts and worked as backup servers at the Lazy Dog Café here in Santa Clarita. Their mission: to wait tables (and that's not as easy as it looks) and get some "extra tips" that would benefit the Special Olympics here in Santa Clarita.

The team of volunteers was able to gather a sizable amount of money to donate to one of our favorite charities. A big thank you goes out to all of the generous patrons who "tipped" their novice Sheriff's Department servers at the Lazy Dog Café. And, a special thank you and kudos to all who participated in the event, and to the Lazy Dog Café management and staff for making it all happen! I also heard that no dishes were broken during the event. (See group photo above.)

And, flashing back to last October's Fun in the Sun Annual Chili Cook-Off and ERT Competition here at the Ranch, I wanted to add something to the previous article to give a special shout-out to our award-winning ERT team and their leaders who competed at the event. Leading the way were Sergeant Sammy Soehnel and Senior Deputy Billy Palm. The other outstanding South Facility ERT members included Deputies Brian Judge, Jose Morales, Eric Nordman, Casey McKay, James Hubbard, Joe Huyhn, Brad Witkosky, Josue Hidalgo, Jon Livingston, Andy Hebert and Juan Perez-Zavala.

And remember guys, even though you came in second in the competition, you are no. 1 with us! Great job everyone, thank you for all of your hard work and competitive spirit out there! You did us proud. (See photos at left.)

ROUTINE STOPS …

Sergeant Gina Reidder and her diligent crew of Main Visiting Deputies are continuing the tradition of zero tolerance to law breakers and making some great hooks on the weekends. Here are just a couple of their recent arrests:

Deputy J. Hidalgo was on routine patrol in the Main Visiting parking lot and observed a passenger exit a vehicle that was parked in an unauthorized parking area. He further noticed that the person was having difficulty walking, and when contacted showed obvious signs of intoxication. A check of the vehicle showed an open bottle of Korbel Champagne, which the suspect admitted to drinking on her way to the Main Visiting Center along with taking two muscle relaxers. Additional investigation revealed a meth pipe and eight additional "muscle relaxers." The female suspect also gave false information to Deputy Hidalgo when she identified herself. (Drinking a bottle of champagne and taking muscle relaxers can do that to a person.) When she was booked at Santa Clarita Station, she also had a felony warrant and was additionally booked for giving false information. So I guess the moral of this story would have to be: Don't get tanked to go visit someone in the tank, cuz you'll wind up in the tank … and she did!

A second incident involved Deputy Troy Torres who was on patrol in the Main Visiting parking lot and observed a vehicle run a stop sign. He affected an enforcement stop on the vehicle and its female driver. Deputy Torres' investigation revealed that the driver was in possession of a prescription

continued on page 28

Norwalk Station *continued from page 24*

to provide some decorations. I'm told that hot dogs and hamburgers dominated the menu and a good time was had by all in attendance. As a reminder, one of the decorations provided by Tara Harden was placed in the report writing room where we can all reflect upon the solemnity and patriotism of the event as we start our shift at briefing. Thank you, Tara! Sadly, it was also our last BBQ with Sergeant Ray Ward, who has moved on to the Parole Compliance Board. Congratulations, Sergeant Ward!

Speaking of barbeques, the city of Norwalk held their annual Public Safety Appreciation Luncheon on the front lawn of city hall on September 27, 2011. L.A. County Fire, Santa Fe Springs Fire, CHP and LASD were all represented, including our own Assistant Sheriff Cecil Rhambo. BBQ ribs and BBQ chicken were featured on the menu and a root beer float table was set up for those who had enough room left for dessert. As you can see by the attached picture, Deputy Walker and Deputy Anna took advantage of the root beer float table and shared a moment of comradery together.

And now, a cautionary tale of car-eating freeway landscaping. Days recently responded to a 901T — car off the freeway, at the S/B 605 at Firestone Bl. Several units rolled from Norwalk, CHP sent a few units and the fire department responded. After searching the on-ramps and off-ramps in the area, we located the driver (sans car) walking down the on-ramp. He insisted that his car had gone off the road into the embankment. Despite obvious evidence of a fresh collision (broken guard rail, a large chunk of blue fiberglass with "Mustang" imprinted on it, etc.) and the driver's insistence, we were still unable to locate the car. Just as we were about to leave, Deputy Marlene Castellanos discovered the phenomenon of "car-eating freeway landscaping." Look at the attached pictures — can you spot the car in the first photo?

Just a friendly reminder, when looking for a parking spot in Norwalk, please keep in mind that parking on the sidewalk is generally frowned upon. This driver discovered the hard way that the 6-foot-wide strip of concrete between the houses and the street is not a secondary parking area. He also discovered that trees and fences tend to reduce the available paved area, thus making a smooth parking maneuver impossible.

Well until next time, stay safe out there and always watch the hands! ☆

PDC South *continued from page 27*

bottle containing a white liquid, 10 syringes and an electronic vein finder. The white liquid turned out to be GHB. Another trip to Santa Clarita Station! This caper begs the question, "What was she thinking?!"

Good work Main Visiting Deputies, keep those hooks coming!

NEW RECRUITS ON BOARD ...

Congratulations go out to Ranch-Field Deputy Josh Bean and his wife Melissa on the birth of their daughter and third child, Sophia Grace. Sophia went "97" on October 14th, and weighed in at 8 pounds, 11 ounces and was 21-inches long. Welcome to the world Sophia!

Also, a belated congratulations goes out to Deputy Jason Sierakowski and his girlfriend Christine on the birth of their beautiful baby girl Savannah. She was born on September 1st and weighed in at 8 pounds, 5 ounces and was 22-inches long. Welcome aboard Savannah!

And last but not least, congratulations go out to O.A.II Jeri Hirsch and her husband, C.A. Mike Hirsch (NCCF) who welcomed their new (firecracker) baby boy Luke into their family. Luke was born on July 4th and tipped the scales at 5 pounds, 12 ounches and was 19-inches long. And, welcome back to Jeri who was out on family leave. We missed you a ton, and we're glad you're back!

THE IN AND OUT SHACK ...

This past month we said farewell to Captain Randy Stover, who will now be at Twin Towers Correctional Facility. You will be missed sir! Best wishes at your new assignment!

And with Captain Stover gone, we welcomed back Captain Carrie Stuart to South Facility. Captain Stuart had been the Operations Lieutenant here prior to her promotion and getting assigned downtown. Captain, welcome back to paradise, a.k.a., South Facility!

Well my friends, thanks for tuning in. That's about it for this edition. See you all next month, but until that time, stay safe, do the right thing and as always, stay frosty! Mo-out … ☆

By Rocky Costa
Los Angeles Sheriff's Athletic Association

THE AUTUMN PLUM SHOT RACQUETBALL TOURNAMENT

Surely, you didn't miss this fall classic racquetball tournament … did you? The "plum shot" in racquetball is when your opponent has left a ball in a position where you have the best opportunity to put the ball away for a score. Well, yes … there were a few plum shots at the Autumn Plum Shot Tournament. But, the majority of play was tenacious, riveting to watch and featured battles focused on winning one of the coveted position medals.

On October 20, 2011, we saw 39 athletes enter the Meridian Sports Club in Fullerton to compete in the most recent tournament sponsored by the Los Angeles Sheriff's Athletic Association (LASAA). Members of the association compete in most LASAA sponsored athletic events for free. So, they are treated to friendly but spirited play to promote fitness and fellowship in the law enforcement community. Men's Central Jail brought 15 racquetballers to the event. A special "thank you" goes out to Sr. Ernie Carrasco and Sergeant Mike Young for the recruitment. Each competitor, in addition to the competition, was treated to a gift, lunch, game balls and Gatorade. And of course, the Meridian Sports Club gave us full use of their club for the day, including 10 racquetball courts.

We are already planning our next event in early April of next year. We have competitive divisions for everyone, from the brand new player to those working toward the open division. Check out racquetball or other athletic events on our website at *www.lasaa.org*. You will find many other sporting events there and you can sign up to be a member of LASAA for just a $5 payroll deduction each month.

Congratulations to the 2011 Autumn Plum Shot Racquetball Tournament winners. ☆

2011 AUTUMN PLUM SHOT RACQUETBALL TOURNAMENT WINNERS

DIVISION	PLACE	PLAYER	STATION
A Division Singles	GOLD	Rhandy Gamboa	(Records & Identification Bureau)
	SILVER	Pat Bearse	(Special Enforcement Bureau)
	BRONZE	Mike Dickes	(LAPD/Metro)
A Division Doubles	GOLD	Mike Dickes	(LAPD/Metro)
		Dave Sanchez	(LA Co. Probation)
	SILVER	Jason Chacon	(LASD Applicant)
		Rhandy Gamboa	(Records & Identification Bureau)
	BRONZE	Richard Barrantes	(Court Services Division — Admin.)
		Ernie Carrasco	(MCJ)
C Division Singles	GOLD	Eddie Smith	(MCJ)
	SILVER	Maurito Landrito	(Medical Services — Twin Towers)
	BRONZE	Carl Covitz	(Reserve Forces Bureau)
D Division Singles	GOLD	Alfredo Alvarez	(MCJ)
	SILVER	Paul Bustrum	(LASD Retired)
	BRONZE	Mark Collins	(TSB)
C/D Division Doubles	GOLD	Anthony Santillo	(MCJ)
		Eddie Smith	(MCJ)
	SILVER	Alfredo Alvarez	(MCJ)
		Nicholas Neri	(MCJ)
	BRONZE	Maurito Landrito	(Medical Services — Twin Towers)
		Eric Wahoske	(Scientific Services Bureau)
Novice Division Singles	GOLD	Moises Ponce	(MCJ)
	SILVER	Ruben Rodriguez	(MCJ)
	BRONZE	Nicholas Neri	(MCJ)
Novice Division Doubles	GOLD	Gregory Wright	(MCJ — Training)
		Mike Young	(MCJ — Training)
	SILVER	Gabriel Perez	(MCJ)
		Ruben Rodriguez	(MCJ)
	BRONZE	Ron Cordona-Suarez	(MCJ)
		Mark Collins	(TSB)

ATTENTION SRA MEMBERS

The Sheriffs' Relief Emporiums will be closed from December 27, 2011, until January 4, 2012, for inventory.

We will be unable to process loans or Foundation transactions from December 29, 2012, to January 3, 2012, for year-end procedures.

Tickets will not be sold on December 30, 2012, due to year-end accounting.

CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARMENT

Thank you for your many years of dedicated service to our Department.
We wish you long life, happiness, relaxation and many years of personal fulfillment.

Yolanda C. Anderson
Records and Information Bureau

Jennie S. Bomgaars
Norwalk

Ben Cariaga
Lomita

Randall P. Dickey
Narcotics Bureau

Sidney G. Edwards
Aero Bureau

Mila A. Emerson
Medical Services Bureau

Caroline Espinoza
Major Crimes Bureau

Christino R. Franco
Facility Services Bureau

Earnestine J. Henderson
Records and Information Bureau

Mark S. Klausing
Court Services Central Bureau

Joseph Lomonaco
Walnut

Ellen Mitchell
Professional Development Bureau

Melinda Rasch
Internal Affairs Bureau

Pamela B. Sheffield
Rescinded Retirement

George L. Vasquez
Training Bureau

Teresa R. Vasquez
Inmate Reception Center

Mireya Vela
Inmate Reception Center

Larry L. Waldie
Office of Undersheriff

Jean C. Wardlow
Parks Bureau

Sheriffs' Relief Association (800-544-4772/562-946-7081/661-295-8030)
2011 Tickets Available & Sold To Members Only

ATTRACTION	SRA PRICE Adult/Child	REG. PRICE Adult/Child
KNOTT'S BERRY FARM	**$29.99/$20.99**	**$51.99/$22.99**
Tickets good thru 12/31/11	*(Children age 3-11 & Senior-age 62 & up)*	
LEGOLAND	**$52.00**	**$69.00/$59.00**
Tickets good thru 06/24/12	*2nd Day free-must use w/in 90 days of 1st visit/use.*	
LEGOLAND HOPPER	**$62.00**	**$89.00/$79.00**
Tickets good thru 06/24/12	*2nd Day free-must use w/in 90 days of 1st visit/use.*	
LONG BEACH AQUARIUM	**$17.95/$10.95**	**$24.95/$13.95**
Tickets good thru 11/30/12	*(Children 3-11)*	
MAGIC MOUNTAIN	**$25.99/$17.50**	**$59.99/$34.99**
Tickets good thru 12/31/11	*(Children age 3-11 under 48" in height)*	
MEDIEVAL TIMES	**$41.74/$31.45**	**$58.74/$36.45**
(NOT valid December 30/31)	*(Children 3-11)*	
SAFARI PARK SAN DIEGO (formerly WILD ANIMAL PARK)	**$32.00/$24.00**	**$40.00/$30.00**
Tickets good thru 06/13/12	*(Children 3-11)*	
SAN DIEGO ZOO-DELUXE	**$32.00/$24.00**	**$40.00/$30.00**
Tickets good thru 07/21/12	*(Children 3-11)*	
SEAWORLD-SINGLE DAY	**$44.99/$44.99**	**$69.99/$61.99**
Tickets good thru 07/13/12	*(Children 3-9)*	
Can be upgraded to 2011 annual pass for additional $20.00 for Adult and $10.00 for Child tickets		
UNIVERSAL STUDIOS (Three-Day Pass).	**$64.00**	**$74.00**
1st visit must be redeemed by 01/31/12; Additional (2) visits expire 1 yr from activation		
Please refer to the back of the ticket for BLOCKOUT DATES which APPLY TO "REVISITS ONLY"		
UNRESTRICTED MOVIE TICKETS:		
AMC	**$7.50**	**$11.00 to $13.00**
		(varies depending on location)
REGAL/EDWARDS	**$7.50**	**$11.00 to $13.00**
		(varies depending on location)

DISNEYLAND/CALIFORNIA ADVENTURE TICKET OFFERINGS:

1 DAY, 1 PARK TICKET:

(Blockout Dates: 2011 refer to the back of the tickets & 2012 will be announced later)

Tickets good thru May 31, 2012	**$75.00** *AGES 10+*	***($80.00** GATE PRICE)*
	$70.00 *AGES 3-9*	***($74.00** GATE PRICE)*

1 DAY, 2 PARKS HOPPER TICKET:

Tickets good thru May 31, 2012	**$95.00** *AGES 10+*	***($105.00** GATE PRICE)*
	$90.00 *AGES 3-9*	***($99.00** GATE PRICE)*

DISNEYLAND PREMIUM PASSPORT: *Valid 365 days and includes PARKING PLUS 20% DISCOUNTS ON PURCHASES*

MUST BE USED ON OR BEFORE MAY 31, 2012 **$474.05** ***($499.00** GATE PRICE)*

(AVAILABLE ONLY AT SRA OFFICES)

PLEASE NOTE: PAYMENT — CASH OR CHECK (CHECK PAYMENT LIMIT = $750.00). TICKETS LIMIT = 10 PER ATTRACTION PER MONTH (EXCEPT FOR DISNEYLAND TICKETS, LIMIT IS ONLY 8). IF MEMBER IS HAVING SOMEONE OTHER THAN SPOUSE PICK UP TICKETS, ONLY THE MEMBER'S PERSONAL CHECK WITH EMPLOYEE # WRITTEN ON THE SAME CHECK IS ACCEPTED FOR PAYMENT. ALL SALES ARE FINAL. PRICES SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. PLEASE READ AND CHECK INSTRUCTIONS AND RESTRICTIONS ON THE BACK OF EACH TICKET BEFORE LEAVING THE TICKET COUNTER. ALL SALES ARE FINAL. REVISED 11/02/2011.

Help Preserve Your Department's History

Join the Sheriffs' Museum "Buck-A-Month Club"

The L.A. Sheriffs' Museum needs your support. The collection is overseen solely by volunteers, mostly retired sworn and professional staff and their family members, with the help of a dedicated cadre of members from the local community. With no budget from which to operate, our only dedicated source of funding is YOU.

Please help preserve the heritage and perpetuate the pride of our Department. Whether you are an active Department member or a retiree, you can donate via payroll deduction to the Sheriffs' Relief Foundation Fund 218, either via County payroll or LACERA.

Please take a moment to fill out the payroll deduction card below and return it to the L.A. Sheriffs' Museum at STARS Center, 11515 S. Colima Road, Building B, Whittier, CA 90604. A buck a month is all we ask, but larger contributions are gladly accepted. ☆

LOS ANGELES SHERIFFS' MUSEUM FUND #218
DONOR DESIGNATION FORM

SHERIFFS' RELIEF FOUNDATION
OF LOS ANGELES COUNTY, CALIFORNIA

LAST NAME:	FIRST NAME:	M.I.:
STREET ADDRESS, CITY, STATE, ZIP CODE		
HOME PHONE NUMBER: ( )	E-MAIL ADDRESS	
LAST FOUR OF Social Security: (Retirees only) XXX-XX-	EMPLOYEE NUMBER: (Current Employees only)	
MONTHLY PAYROLL CONTRIBUTION $	SIGNATURE:	DATE:
ARE YOU AN S.R.A. MEMBER?: YES NO (You are not required to be an SRA member to donate)	SRA USE ONLY: Start Date:	Rev. jac091710

Please submit the completed card directly to:
Los Angeles Sheriffs' Museum
STARS Center, 11515 Colima Rd. Bldg. "B" Whittier, Ca. 90604 or email to museum@Lasd.org
Thank You for Your Support

The Los Angeles County Sheriff's Department
is proud to announce the retirement celebration for

Commander Susan Kopperud

35+ Years of Service

Unit of Assignments

1976 (Deputy) Academy Class 180
1976 Sybil Brand Institute
1978 Firestone Station
1980 Industry Station
1981 (86) Mounted Enforcement
1984 Juvenile Investigations Bureau
1990 (Sergeant) Firestone Station
1992 Internal Criminal Investigations
1994 Kolts Response Implem. Team
1996 (Lieutenant) Sybil Brand Institute
1997 Pico Rivera Station
1998 Commercial Crimes Bureau
1999 Career Development Bureau
2001 Family Crimes Bureau
2001 Narcotics Bureau
2004 (Captain) Communications & Fleet Management Bureau
2006 Training Bureau
2008 Office of the Undersheriff
2009 Special Victims Bureau
2009 (Commander) Correctional Services Division
2012 10-98

Date:
January 19, 2012
4:00 p.m. – 8:00 p.m
Location:
Monterey Hill Restaurant
3500 Ramona Boulevard
Monterey Park, California

Cost: $20.00
Assorted of hors d'oeuvres will be served.
Make checks payable to:
Susan Kopperud Retirement Fund
No tickets will be sold at the door

Tickets:
Benita Leon..... (562) 946-7901
Alex Madera..... (213) 893-5960
Cherry Monteagudo...(213) 893-5912
Sheila Smith.....(562) 345-4437

For Event Information:
Rosa Seffel .....(213) 893-5019

MUG RUN SERIES

2011-2012

Register ONLINE!
www.LASAA.org

CHIP TIMED!

What is L.A.S.A.A.?
The Los Angeles Sheriff's Athletic Association is a registered 501(c)(3) non-profit charity organization that was formed in 1993 for the purpose of hosting what was then called the "Police Olympics," currently called the "Western States Police and Fire Games."

L.A.S.A.A.'s mission is to promote, encourage, and develop a high standard of sportsmanship and phsyical fitness by producing recreational, educational, and athletic events for our members and the law enforcement community.

Who can join L.A.S.A.A. and what are the benefits?
Any employee of the Los Angeles County Sheriff's Department (sworn or professional staff) can become a member of LASAA.

What is a Mug Run?
The Mug Runs are a series of 5k / 10k foot races which are designed to help law enforcement personnel prepare for the Baker to Vegas Challenge Cup Relay in April.

LASAA coordinates the series of events, which are hosted by different LASD Stations throughout Los Angeles County.

Every participant who completes any 3 Mug Runs in the Series is awarded a large glass Mug.

Are the Mug Runs open to the public?
YES! Members of the public are more than welcome to participate in the Mug Run Series.

What is the entry fee for the Mug Runs?
If you pre-register either online at www.LASAA.org, or by mailing this brochure, the entry fee is $25 per person. If you wait until the day of the event, the entry fee is $30. LASAA members are free with pre-registration; $10 for race-day registration.

Are there discounted rates for groups?
Yes. For groups of 15 or more, the entry fee is $15 per person. However, the group must pre-register and pay no later than 1 week prior to the event. Email MugRun@LASAA.org for more information.

L.A.S.D. personnel are reminded the Mug Runs are not sanctioned by the Los Angeles County Sheriff's Department and are not covered by Worker's Compensation in the event of injury. It is the responsibility of Deparment members to comply with Department policy regarding the participation in athletic events. Reference M.P.P. 3-09/300.00 & 3-09/300.05.

L.A.S.D. personnel are reminded the Mug Runs are not sanctioned by the Los Angeles County Sheriff's Department and are not covered by Worker's Compensation in the event of injury. It is the responsibility of Department members to comply with Department policy regarding the participation in athletic events. Reference M.P.P. 3-09/300.00 & 3-09/300.05.

In consideration for allowing me,(Name):_____ (hereafter referred to as "I" or "me"), to participate in the L.A.S.A.A., Inc. Mug Run (hereafter referred to as "Event"), I hereby waive and release the Los Angeles Sheriff's Athletic Association, Inc., the Los Angeles Sheriff's Department, any sponsors or affiliates, and all Directors, Officers, Agents, Servants, Employees or Officials of the Los Angeles Sheriff's Athletic Association, Inc., Los Angeles County, the Los Angeles Sheriff's Department, and/or any sponsors or affiliates for personal injury and property damage which may hereinafter accrue to me by participating in the aforementioned Event.

The Los Angeles Sheriff's Athletic Association, Inc., the Los Angeles Sheriff's Department, any sponsors or affiliates, and all Directors, Officers, Agents, Servants, Employees or Officials of the Los Angeles Sheriff's Athletic Association, Inc., Los Angeles County, the Los Angeles Sheriff's Department, any sponsors or affiliates, and each of them, shall not be responsible or liable for any injury, damage, loss, or expenses to me, or my property, incurred while participating in the aforementioned Event whether the injury, damage, loss, or expense occurs by reason of negligence, dangerous condition of public property or otherwise for myself, my heirs, executors, administrators, and assign, I agree to defend, indemnify, and hold harmless the Los Angeles Sheriff's Athletic Association, Inc., Los Angeles County, the Los Angeles Sheriff's Department, any sponsors or affiliates, and against any and all manner of actions, claims, causes of actions, suits, debts, demands, or damages or liability or expenses of any kind and nature incurred or arising by reason of any actual or claimed act or omission by me, or injury sustained by me, while participating in the aforementioned Event. This includes claims brought on my behalf, on behalf of my estate, by my administrator or executor, and by any other person including a minor claiming any injury or damage as a result of injury or loss sustained by my participation in the aforementioned Event.

This Event is not sanctioned by the Los Angeles County Sheriff's Department (L.A.S.D.). Therefore, participants are not covered by Workers' Compensation in the event of an injury or illness. It is the responsibility of L.A.S.D. members to comply with L.A.S.D. policy regarding participation in athletic events (reference LASD MPP 3-09/300.00).

By signing below, I certify that I am at least 18 years of age.

*PRINT NAME:*_____

*SIGNATURE:*_____

DATE: _____ / _____ / _____

PARENT/GUARDIAN SIGNATURE (if applicable):

*PRINT NAME:*_____

*RELATIONSHIP TO PARTICIPANT:*_____

*DATE OF BIRTH:*_____ / _____ / _____

*SIGNATURE:*_____

~ SAVE THE DATE ~

January 4, 2012

for

Sergeant Eric Giambalvo's Retirement Celebration

After 32 Years of Dedicated Service

Maggies Pub
11900 Telegraph Rd.
Santa Fe Springs
(562) 944-5399

Further Information Will Follow

For Questions Contact:

Sergeant Eric Barron: *eabarron@lasd.org*
or
Detective Alfred Jaime: *aajaime@lasd.org*

Retirement Celebration

Sgt. Ruben Gracia

30 Years of Service

Feb 25, 2012

Social Hour:
5pm to 6pm

Dinner &
Music by "ACE":
6pm to 11pm

Location:
Yorba Linda Community Center
4845 Casa Loma Avenue
Yorba Linda, CA 92885

Casual attire

Years of Service
1982-2012

1982 – Academy class #213
1983 – 1984 MCJ
1984-1989 – TEM Station
1989-1997 – GET/OSS
(LYN/ELA/CAS/LNX)
1997 – Promoted to SGT.
1997-2000 – TTCF
2000-2004 – IDT Station
2004-2012 – CSE
(Huntington Park/Bellflower/El Monte Court)

Tickets $35

Includes Dinner/Gift and Drinks

For tickets or more info contact:

Sgt. Anthony Romo (714) 686-2296
Sgt. Michael Green (562) 803-7160
Sgt. Victor Naranjo (310) 603-7386
Deputy Chris Gracia (562) 233-7935
Deputy Maria Reiley (562) 832-7972
Deputy Scott Kalassay (562) 355-9927

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Star News Advertisement Disclaimer

★ ★ ★

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★ ★ ★

FAMILY LAW

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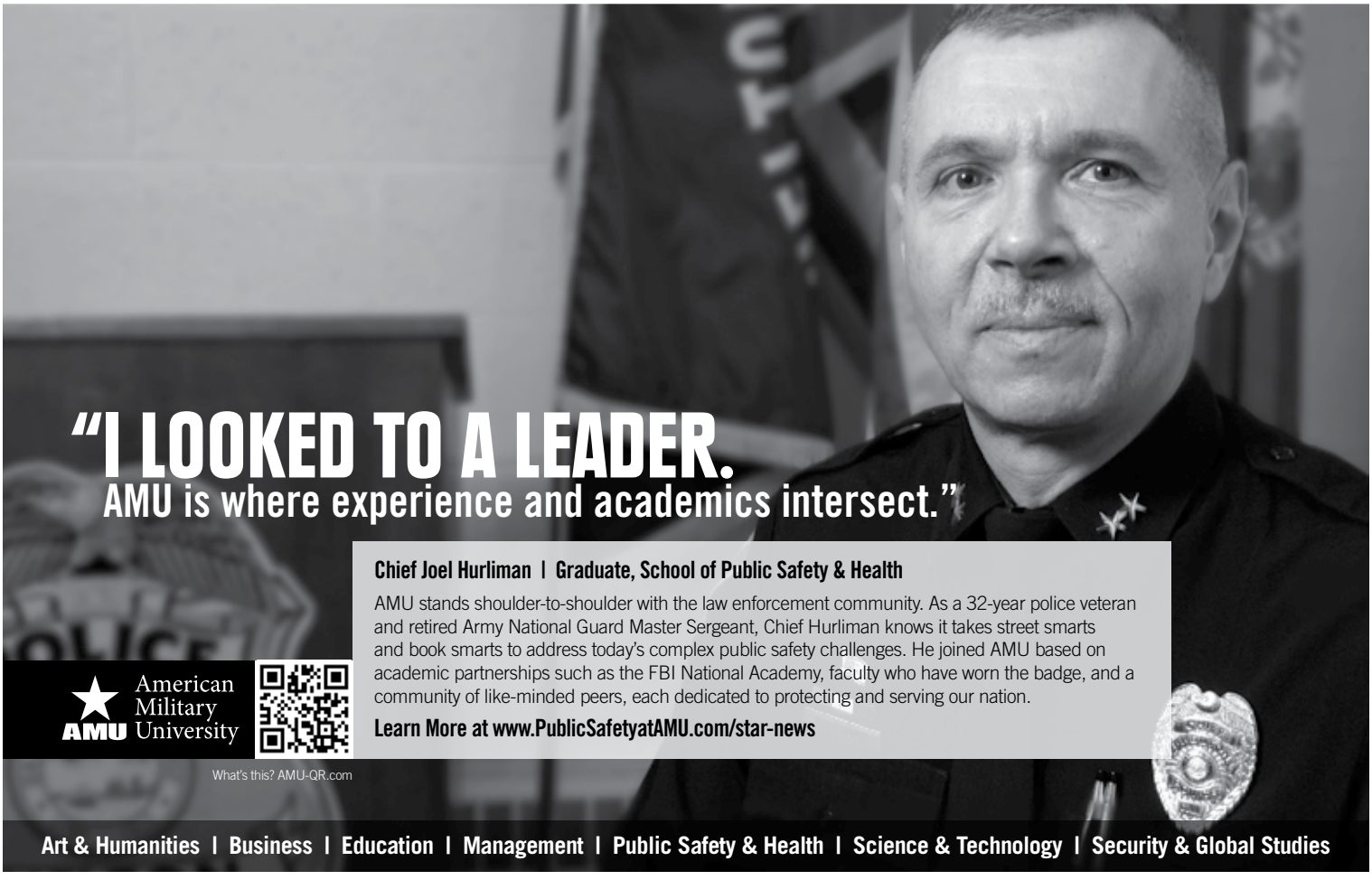

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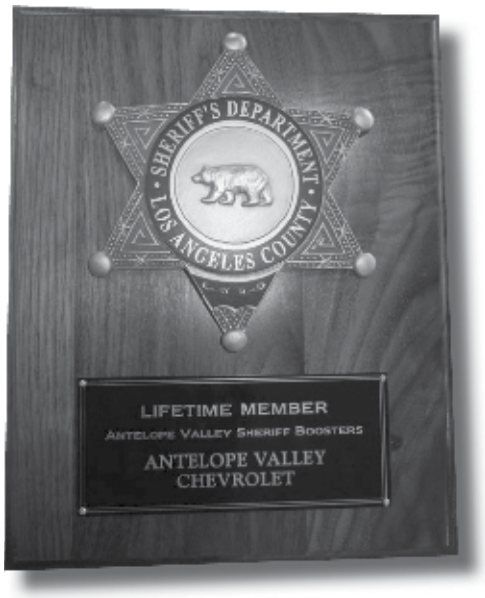

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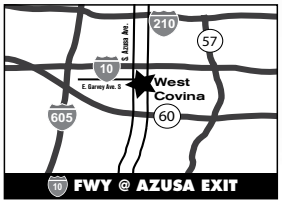

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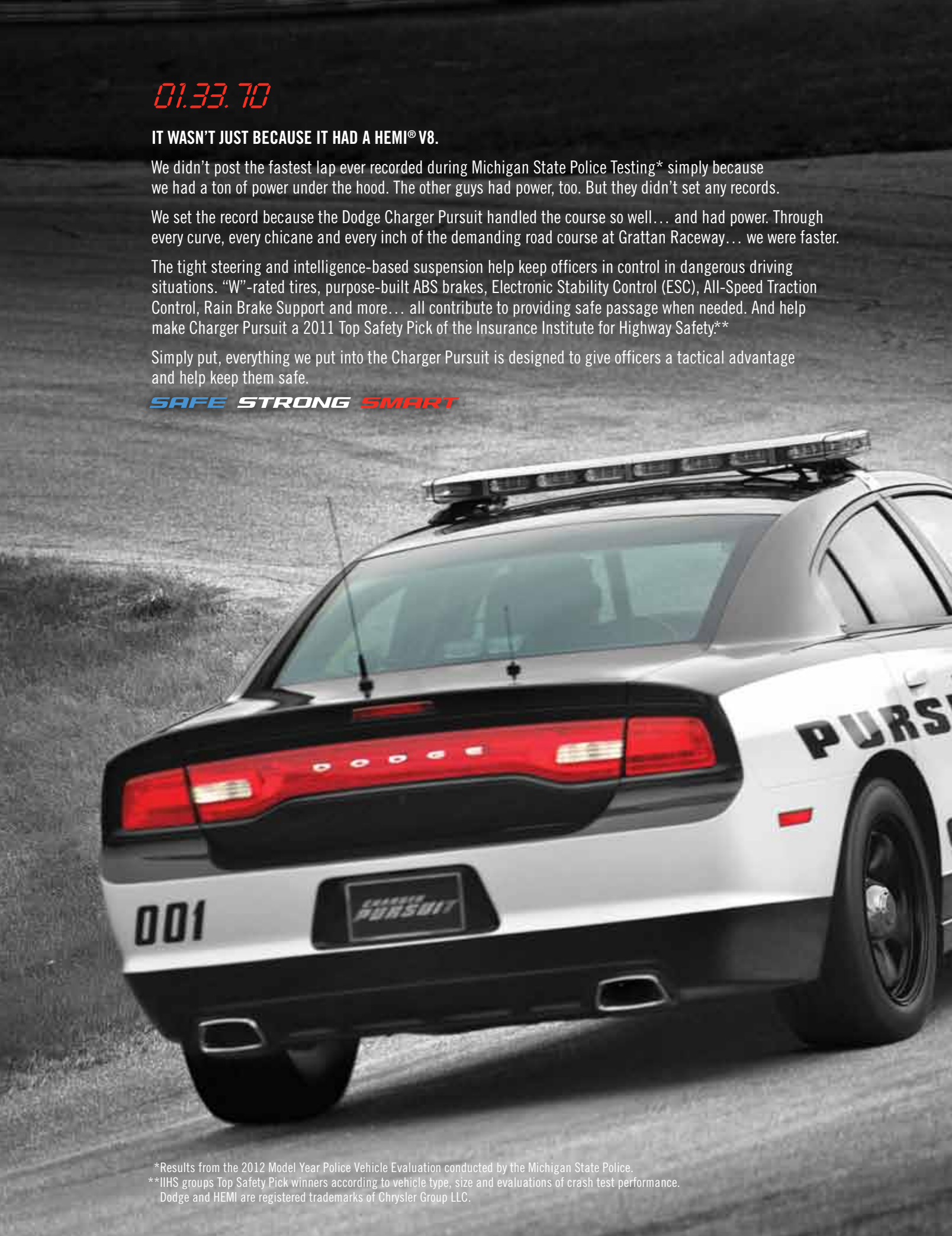

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SAFE STRONG SMART

*Results from the 2012 Model Year Police Vehicle Evaluation conducted by the Michigan State Police.
**IIHS groups Top Safety Pick winners according to vehicle type, size and evaluations of crash test performance.
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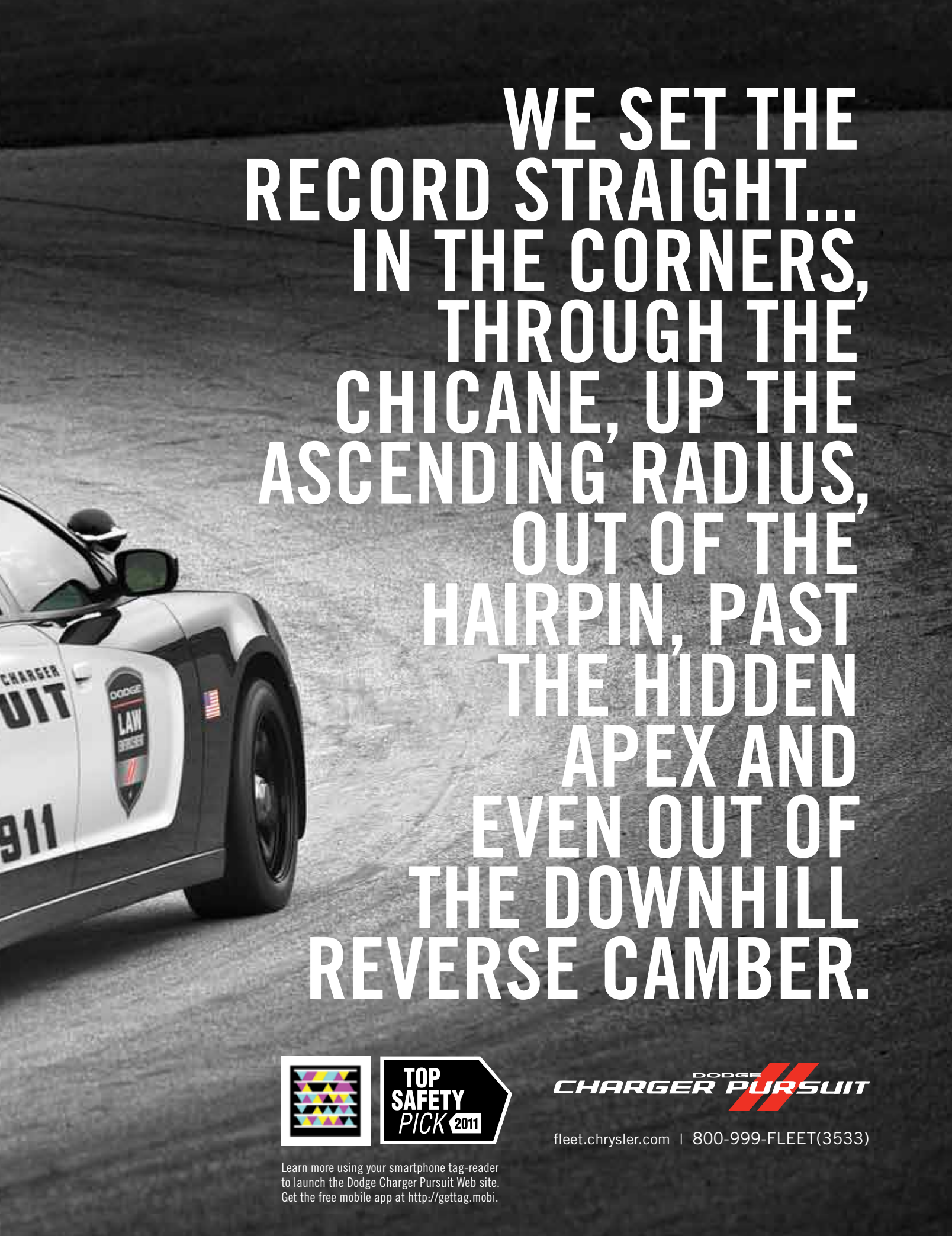
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