



Star News

Official monthly publication of the Sheriffs' Relief Association of Los Angeles County, California, Inc.

VOL. 76 NO. 4

AUGUST 2015

STEP RIGHT UP FOR THE
FAMILY SOCIAL

OCTOBER 10, 2015

SEE PAGE 23



Trustees Monthly Meeting

The regular meeting of the Sheriffs' Relief Association convened on Thursday, June 11, 2015, at 11515 Colima Road, Whittier. The following officers and trustees were present: Josie Woolum, Vice President; Liza Vera, Secretary-Treasurer; Trustees Joe Badali, Kerry Carter, Joseph Fennell, J.P. Harris, Jake Katz, William McSweeney, Richard Maradiaga and Ralph Webb; and Carrol Leonard, Assistant General Manager.

The meeting was called to order at 4:45 p.m. A motion was made by Trustee Maradiaga, seconded by Trustee Webb and unanimously carried, to approve the minutes of the May 14, 2015, meeting and the April Foundation expenditures.

COMMUNICATIONS

Assistant General Manager Leonard reported that communications were received from the following during the month of May:

From the Devil Pups to Sheriffs' Relief Foundation, "On behalf of the Devil Pups Youth Program, I thank you and the directors of the Sheriffs' Relief Foundation for your generous annual contribution to our summer program.

"Your donation helped us to finance four teenagers from the Los Angeles County Sheriff's

Department annual quota at our July encampment at Camp Pendleton Marine Base. This money covered their food, clothing, transportation, insurance and other consumables for which we and they are most grateful. The quota again is managed by Retired Deputies Patty and Chuck Norris.

"We are concerned about the welfare of today's teenagers. We want them to secure a good education and the skills needed to secure good jobs when they grow up. We teach them self-respect, self-discipline and great love of family and country.

"Our program objective is 'Growth Through Challenge.' We challenge these young teenage boys and girls mentally and physically. We make them better citizens by teaching them Marine core values!"

BENEVOLENT REPORT

MORTUARY BENEFITS PAID DURING MAY: \$100,500

MORTUARY BENEFITS PAID YEAR TO DATE: \$475,500

EMPORIUM REPORT

New items to be carried at the Emporium will be wine glasses, shot glasses and tumblers with lids and straws.

Sales of raid jackets and raid shirts are limited to active sworn personnel only. We will be ordering more raid jackets.

Space at BC is still tentatively available for Emporium per meeting with Gary Tse.

MEMBERSHIP REPORT

A total of 29 new membership applications were received during the month of June. A motion was made by Trustee Maradiaga, seconded by Trustee Webb and unanimously carried, to accept the following new members: Joshua M. Aklilu, Endrik Aquino, Robert Arakeliansiraki, Ryan M. Clinkunbroomer, Gina Colacion, Metika Comkew, Steve E. Erickson, Scott N. Firmwalt, Frank F. Fuetterer, Michael A. Granillo, Yoshitaka Haishima, Jared R. Harrington, Jordan C. Hegge, Alex Hernandez, Khaurontha V. Jackson, Miriam E. Lopez, Steven J. Lopez, Peter G. Mack, Lady Diana O. Matignas, Travis M. McAlee, Jonathan Miramontes, Gustavo A. Navarro, Dennis E. Ortiz, Steven A. Stroble Jr., Erik J. Swanson, Cynthia Tran, Rafael F. Trujillo, Roberto B. Vela and Maricela O. Welch.

We had 3 deaths of active members, 12 deaths

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Retired Deputies

By Chickee Nelson and Don Fandry

24 W. Winnie Way
Arcadia, CA 91007
(626) 447-6962

Email: Chickee1@netzero.com or Djfandry@att.net

Happy August to all our retirees. On June 3, the Hi-Desert Retirees got together for their monthly luncheon at the *Mile High Café* at the Hesperia Airport, 7070 Summit Valley Road, Hesperia, at 11 a.m. Those attending were Chickee and Norman Nelson, Beth Combs, Edward and Shirley Sznaper, Michael O'Day, Edward Ballinger, Blake Cupkie, Cam and Joe Almada, and Ginger Cupkie. This was Blake's first time with us. He is Ginger's son. Ed Sznaper is still under the weather and has a terrible bark! You choose from the menu. They are going to have a room for us, so just ask where it is. Everyone is welcome to come join us for lunch and bring a friend!

On June 3, the Desert Heat Retirees met up

at the Elks Lodge in Lake Havasu City, Arizona. Here is the list of attendees for the luncheon: Mike Robbins, Jerry Gillen, Joan Day, Claude Anderson, Ed Ryan, Don and Susie Sackett, Rod Chapman, George Bachmeier, Ralph Salazar, Bill and Ginny Young, George Wilson, Leseah Castorina and Bob Stoneman. We meet the first Wednesday of the month at the Elks Lodge in Lake Havasu City, Arizona. — Jerry

On Wednesday, June 3, the June Marshals Old Timers luncheon was held at *Yang Chow* in East Pasadena. This location is usually one of the better-attended locations. Attendees included: Richard Duran, Roger DeHaan, Terry Black, John Davis, Steve Jimenez, Al Broge, Roger Konoske, George

Moore, Al Barnett, Dick Tinsley, Roger Reaves, Dave Grijalva, Cliff Hartfield, Ken Swan, Eugene Swanston, Al Barnett and Jack Snyder. — Terry

On June 14 to 20, the 35th McArthur reunion took place in McArthur, California, at the fairgrounds. I am not going to write much on McArthur because someone else is going to write an article, but I have to mention a couple of things that probably won't be in his article. Sixty-seven people showed up for the reunion this year, including Jim, the manager of the RV park, plus his visiting son and park employees. Bobbie Pease and Bill Violette have never missed a reunion in 35 years! You know I am not

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COPY DEADLINE: 1st of the month for the following month. Send copy to: starnews@lasd.org or carrolleonard@sheriffsrelief.org.

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Joe Badali, Kerry Carter, Joseph Fennell, J.P. Harris, Jake Katz, Rich Maradiaga, Mike Rothans and Ralph Webb

General Manager Bill McSweeney
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of retired members, 1 cancellation of active membership, 5 cancellations of retired membership, 5 new honorary associate members and 2 deaths of honorary associate members.

There were 12 members who resigned, 3 discharged and 2 who transferred from the Sheriff's Department/Relief Association during the month of May.

Retired Deputies *continued from page 2*

one for starting any rumors, but ... who are some of the women that went into the men's bathroom by mistake one time or another? Nancy, Bonnie and Lillie, do you know anything about this? Next year Mary Anthony will not be driving up to McArthur alone! First-timers were Jim and Joan Willis, Diane Ryan (Tom Sargent's sister) and Bob Stevenson. Hope to see them next year! Ron and Bonnie Moya did an excellent job with hosting this reunion. The weather was absolutely beautiful the whole week. Charlie and Linda Engelbart and Dave and Cheryl Pease are going to be hosting next year's reunion on June 19 to 24, 2016. Mark your calendars.

On June 18, it was 100 degrees in Las Vegas and we had lunch in a cool place, the *Blue Ox* on Sahara. The following list of five attendees reflects the heat outside. We had a new attendee move to Vegas a few months ago, Michael McCarty, Class 249. Others attending were Hershel Aron, Jim Ellison, Nik McGraw and John Hooge. — Hershel

On June 24, the Southern Oregon Law Enforcement/Fire lunch was held at the Grants Pass Golf Club. Sparse crowd, as there were only three attendees from LASD: Lynn McConnell, Roy Riffle and Bob Havercroft. The next luncheon will be the last Wednesday of the month. For information and/or directions, email Sue Maxwell at Jellybeansbobo@aol.com.

On June 26, 10 of us "dinosaurs" met at *Denny's Restaurant* in Lancaster for our monthly retirees'

OLD BUSINESS

Ticket sales comparison:

In-house ticket sales 2013 — \$893,423.23

In-house ticket sales 2014 — \$358,310.26

Mortuary benefits: The mortuary benefits will be raised for 2016, to \$8,000 for member and \$4,000 for spouse/dependent.

ADJOURNMENT

At 5:19 p.m., a motion was made by Trustee Harris, seconded by Trustee Maradiaga and unanimously carried, to adjourn the meeting of the Sheriffs' Relief Association, Sheriffs' Relief Foundation and Sheriffs' Relief Services, Inc. ☆

breakfast. Chicken-fried steak and eggs over a bed of home fries with gravy seemed to be somewhat popular for some of us. Others, well, they like the healthy stuff. Bob Bullard wistfully mentioned that he and his wife, Gloria, had just returned from a trip up the coast, where the temperature remained in the mid-60s both day and night, with little variance, and that they sure noticed the heat of the desert upon their return. I think that Bob is ready to relocate to the coast. Speaking of heat, I don't know how many of you have been affected by the mandated water rationing, but we are losing our lawns rapidly. We are concentrating mostly on saving our plants. To this goal, we have been using a five-gallon bucket to save the pre-warm shower water, with which we then water the potted plants. A little inconvenience, but it's working out fine. We use half-pressure in the shower. Most of the conversations involved past military duty and the VA, and some past Department experiences. Attending the breakfast were Dan Gilmore, Bob Bullard, Stephen Ehlers, Ron Shreves, Pat Hood, Glen Hutchinson, Ron Nybakken, Vance Kirkpatrick, Jay Seibert and me, Carlos Valdez. For information regarding the breakfasts or luncheons of the AV retirees, contact Carlos Valdez at valdez5150@msn.com. Remember that all retirees of the Department are welcome to attend any of our functions.

Future events: On September 7 to 11, the Sunshine Rollers will be at Boulder Creek RV Park in

Lone Pine, California. You can contact Richard Cooper at lrgchrd@aol.com.

On September 17, the Prescott Area Retirees are having a luncheon at the *Lone Spur Café*, 106 W. Gurley in Prescott, Arizona, at 1 p.m. Contact Moon Mullen.

October 16 to 18, 2015, is the Serra Retreat 69th anniversary. All religious denominations are invited to attend. It is open to sworn and civilian personnel from all Los Angeles County law enforcement agencies, and their relatives and friends. For further information you may contact any of the following: Patty Norris at (818) 381-7698 or patnorris@earthlink.net, Tom Vetter at (949) 456-0908, Chuck Norris at (818) 381-7649, Michelle Emenegger at (714) 293-3891 or Jay Sevoian at (661) 974-7825.

October 18 to 21, RELAC will be at Shadow Hills RV Park in Indio, California, hosted by Ron and Betsy Morgon. You may contact them at Morgonrl@verizon.net. You do not have to be a RELAC member to attend.

November 9, the Lakewood Retirees will have their luncheon at the Wood Grille at 11:30 a.m. in Norwalk. Contact Bill Richardson at lasd35@yahoo.com.

On November 14 is the Lomita Station 40th anniversary celebration: coffee/social hour 9 a.m. to 10 a.m. (light breakfast will be provided), formal program 10 a.m. to 11 a.m., and luncheon 11 a.m. to 1 p.m.

November 18, the Las Vegas Retirees will be at the *Blue Ox* on Sahara at noon. Contact Hershel Aron.

November 19, the *Lone Spur Café*, 106 W. Gurley in Prescott, Arizona. Contact Moon.

2016 events that are scheduled: April 3 to 6, 2016, is the Roundup in Laughlin, Nevada. On May 19, 2016, the FLADST Luncheon will be held in Texas. June 19 to 24, 2016, the 36th reunion in McArthur is scheduled.

We are enjoying another day in paradise and enjoying our retirement. You have a great retirement — take advantage of it and enjoy it. Take care. Until our next adventure, Chickee and Don signing off. ☆

L.A. County Retired Marshals Lunches for 2015

ALL LUNCHEONS ARE SCHEDULED FOR 12 NOON

September 2

Matt Denny's
145 E. Huntington Drive
Arcadia

October 7

Marino's Italian Restaurant
17126 Bellflower Blvd.
Bellflower

November 4

Northwoods Inn
14305 Firestone Blvd.
La Mirada

December 2

Villa Tepeyac Mexican Restaurant
2200 E. Garvey Blvd.
West Covina

Fifty-Five Years of *Dedicated Service*



In 1960, a young man named Robert (Bob) Ciulik left the Southgate Police Department and joined the Los Angeles County Sheriff's Department. He worked his way through a variety of assignments during his 35-year career, including Custody Division, Patrol Division, Station Detectives, Vice Bureau, Narcotics Bureau and administrative assignments. As he moved from assignment to assignment, he also moved through the ranks, eventually becoming chief of the Custody Division, the Court Services Division and the Detective Division. In 1995, he retired as assistant sheriff. That same year, he was offered and accepted the position of general manager of the Sheriffs' Relief Association. His new career offered him the opportunity to keep in touch with the multitude of friends he'd made in his many years on the Sheriff's Department, and to assist the Department through the Sheriffs' Relief Foundation.

For 20 years, Bob has worked tirelessly to make Sheriffs' Relief better for its members and its staff. He has made improvements to the accounting department, member services, the ticket distribution system, the Foundation and the Emporiums. Along the way, he's saved the Association and its members a lot of money. Most of all, Bob has made the Sheriffs' Relief Association a great place to work. That is why, when you come to our office or go to one of the Emporiums, you will see the same faces time after time.

We are all sad to have to say goodbye, but grateful for all that Bob has done. He has touched so many lives with his kindness and his laughter. It is our wish that his retirement be long and filled with all the things he likes best. Enjoy it, Bob! ☆



By Gabriela Murillo
Inmate Reception Center

Greetings! Hope you enjoy my update on what's going on with my partners at IRC!

U.S. POLICE AND FIRE CHAMPIONSHIPS

Seven deputies represented IRC in the United States Police and Fire Championships in San Diego during the last week of May. Our deputies participated in soccer, basketball, softball and boxing.

Deputies Aaron Ehrhorn and Christopher Ponce both played on the LASD men's soccer team.



It was Ehrhorn and Ponce's second year participating in the Championships, but with their help, the team took gold out of 13 teams! Overall, Ehrhorn and Ponce played five games, with the last game against the San Diego Police Department. The game ended in penalty kicks with LASD's goalkeeper, Deputy Hector Ruizvelasco from NCCF, saving three penalty kicks for the win.

Deputies Gary Sellers, Raymond Rose and Marcus McNeal all played on the LASD men's basketball team. They played seven games in four days, and came in fourth place out of eight teams.

Deputy Kevin Mort won a gold medal for playing in the softball tournament. Deputy Mort played shortstop, five-man and second base for the Los Angeles Lawmen softball team. Excellent job, Deputy Mort!

Deputy Tawnia Rojas won a silver medal in boxing. She competed in one match against San Diego Probation Officer Alice Lopez. Although Officer Lopez was ranked No. 1, weighed 155 pounds and stood 5'9" (compared to Rojas' height of 5'4"), Rojas remained resilient. Throughout the fight, Officer Lopez had an incredible reach on Rojas. Even when Rojas stayed on the outside, she still felt the power in Lopez's punches. Rojas stated that she remembered what her coach taught her and worked to get on the inside so Lopez could not land solid punches. Rojas also stated that there were times she took a punch to get on Lopez's inside; however, every single time Rojas took a punch, she quickly fired back with body shots and uppercuts. What was difficult to overcome was Lopez's experience, and that ultimately earned her the win. Rojas, new to the boxing realm with just two months of training under her belt, did an excellent job! Deputy Rojas plans on continuing her training with retired Sergeant Mike Young and is even scheduled to compete in a charity match this August. Good luck, Deputy Rojas!

Congratulations, IRC champions! Your teamwork and dedication to compete are definitely an inspiration to us all!

DEPLOYMENT

As some of you may already know, Deputy Yen Liu has been mobilized for a mission in Afghanistan. Deputy Liu, previously working for IRC's Training Unit, is a staff sergeant in the United States Marine Corps. When I spoke to Liu, he stressed the importance of educating our partners that the war in Afghanistan is far from over.

Liu, who is on his third overseas deployment, will be in Afghanistan for over six months. His main military occupational specialty is fire support man. A fire support man specializes in locating targets for mortar, artillery and naval gunfire. Liu has also received additional training to become a joint fires observer (the Marines who call in close air support). For this deployment, Liu is operating as a Firepower Control Team chief. Liu's unit will also be foreign security force advisors to assist our allies in the region.

Deputy Liu, your partners back home all support you and thank you for your service. Stay safe out there, partner!

DEPARTURE AND ARRIVAL

In June, Lieutenant Byron Woods said his goodbyes to IRC and started his new assignment as watch commander for Cerritos Station. In my short time here at IRC, I had the opportunity to see his motivation and dedication as our Baker to Vegas team captain. Good luck, Lieutenant Woods!

Joining us will be Lieutenants Brendan Corbett, Ralph Sheldon and Julien Olivier. Welcome aboard!

Until next month, arrivederci! ☆

Does **Sheriffs' Relief** have your **current address**?
Are your **beneficiaries up to date**?

Call SRA at **(562) 946-7081** or **(800) 544-4772** today.
You can also go to www.sheriffsrelief.org to contact us.



By Dave Sauer

Mounted Enforcement Detail

COUNTY MOUNTIES

The Mounted Enforcement Detail has been busy. Besides patrolling many of the busier county parks, we provided horses and security for the Sheriff and his wife, Kathy, during the annual Mike Antonovich Trail Ride. The ride is held at various locations around the county. This one was routed in the foothills in the Southeast portion of the Tejon Ranch. Nearly 200 riders joined in the fun, enjoying a scrumptious barbecue and live music afterward.

We worked several station and community open house events, as well as fireworks events in La Puente, Cerritos and Hermosa Beach. We had the pleasure of helping the posse with their 40-hour mounted proficiency course at Industry Hills Equestrian Center. It was a well-organized event held over four consecutive days. The course was organized by Lomita Posse Captain Juanna Lamb. Juanna is 71 years old, but I swear she doesn't look a day over 60 and she has the energy of a 50-year-old! Instruction was provided by Pat Kouri, retired head trainer for LAPD's Mounted Unit (E Platoon). Everyone involved had a great time and made progress with their skills and horses. Hats off to the support crew, who worked tirelessly to keep things running smoothly. I know everyone really appreciated their enthusiastic dedication — a support crew worth their weight in gold!

The only negative thing about the 40-hour proficiency course was the heat! And as luck would have it, the AC in my County truck began making a noise like the fan blades were hitting something. The next day when I turned on the AC, the disgusting smell of death spewed from the vents into my face. As an experiment to determine the location of said aroma, I turned the fan speed to high. The tone and texture of sound confirmed that some rodent had found



its way into the system and now the fan blades were smacking against its furry, bloated and rotting carcass! The next day you could smell the sickening stench of road-kill from 10 feet away. We left the windows down and doors open until we could get it to Eastern.

Technicians tore the dash apart and removed the body of a dead rat, sans appendages. "Looks like someone turned the fan on high," they said. That truck is now reserved for issue to the new MED recruits ... anyone want to join our team? If you see us driving down the road with the windows down and our heads out the window, it may be the result of bad breakfast burritos, or Pedro Echevarria's new cologne, or it may be that something really did die in there. Either way, come over and say "Hi." We'll let you pet our horse. ☆

IS YOUR KNOWLEDGE OF THE CLOUD A BIT CLOUDY?

Regardless of where you look or where you are, there's always a mention of the cloud. We've heard it mentioned in movies, in IT circles and on television. But what exactly is it? You may believe that it's somewhere up in space or floating all around us unseen, as its name implies. In reality, it's really more "down to earth" than up in the air.

The cloud comes from cloud computing, a network of computers that work together to store and process huge amounts of information. These supercomputers are kept in warehouses called data centers all over the world.

So, here's how it works. Take your personal computer: It has a hard drive where you can save your photos and documents until it completely fills up or crashes. Once the information is gone, it is gone forever. That's where the cloud rolls in. Instead of saving things locally, you can go online and send everything to the cloud, aka those data centers, where the supercomputers store it all. It's like an enormous hard drive with practically unlimited storage space. All you need is the Internet to access your stuff anytime on any device.

There are actually many cloud services that enable us to not only save stuff but share information too. Businesses also utilize the cloud. They rent space to save money and keep them from managing their data.

But there are some concerns, particularly security-oriented. Remember when hackers stole personal photos from celebrities last year? There's also the issue of control. If you decide to delete something from the cloud, is it really gone, and who owns the material once it's sent there — you or a tech company? That comes down to reading the fine print and ultimately trusting the company. As for security issues, there are options for safeguarding against such attacks that include using strong passwords and two-step verification, as well as encrypting material prior to sending it to the cloud.

Unfortunately, there is no way of avoiding the cloud. Ninety percent of all Internet users worldwide have stuff in the cloud. So, the next time you upload a photo or back up your smartphone, you'll be a little more familiar with where it's going. I hope that when it comes to the cloud, I've cleared the air!

VERY SPECIAL PEOPLE

When it comes to making sacrifices for other people, putting your career on hold to enable your

children to better themselves, and always looking for ways to empower co-workers to build themselves not only as better human beings, but as successful employees, these are just a few of the qualities our featured employee, Operations Assistant III Lynne Gipson, encompasses.

Never one to pat herself on the back, OAIIP Gipson, who started working for the County as a student worker at Huntington Park Court 24 years ago, continues to stretch herself in many directions for the betterment of others. After working assignments at Lynwood, East Los Angeles and Lakewood stations, she spent some time at County Services Bureau before returning to Sheriff's Headquarters Bureau. But it was at Data Systems Bureau, while conversing with some colleagues who had made similar observations, that she noticed there was minimal mentoring for her fellow workers. They wanted to come up with something to enhance the staff's chances of promoting and bettering themselves.

They started the "Brown Bag Lunch Session," which was geared to enhance a person's test-taking skills. While all parties involved volunteered to get together during their lunch break, OAIIP Gipson first had to get buy-in from current supervisors and managers. Each was asked to address the group at these gatherings and relate their experiences as a member of a promotional panel. They gave firsthand accounts of what made a candidate successful as well as unsuccessful. They discussed being prepared and the fears that are associated with oral interviews. The information was invaluable to those present, many of whom have since promoted.

Her next venture was information technology (IT) recruiting. She realized that the Department did not have a standard protocol for hiring in this field. Unique opportunities are in abundance, particularly in the IT world, but the Department had no way of reaching recent IT graduates who would soon be hitting the market for a job. OAIIP Gipson took it upon herself to begin spreading the word about IT opportunities within the Department.

She contacted DeVry University and began attending their job fairs, representing LASD. She met with students and talked to them about the opportunities within LASD, and how they can fit in the organization. She shared County protocol with them, specifically the Department of Human Resources, and walked them through the application process. She added the Alumni Association to her list of potential LASD employees, and because of the successful



association between LASD and DeVry, she now sits on one of their Advisory Boards.

But it doesn't stop there. OAIIP Gipson has continued her quest to assist fellow employees in bettering themselves. She recently developed a brochure and business cards that articulate job titles and pay scales. These highlight opportunities and some of the details within Data Systems Bureau, such as Data Security, Law Enforcement Information Sharing Program (LEISP), Systems Development Section (SDS), Custody Automation Unit (CAU), the Los Angeles County Regional Identification System Unit (LACRIS) and the Sheriff's Data Network (SDN). The brochure focuses on technology, stability and growth, and gives potential candidates more than enough information to make an educated decision. She also developed business cards that give a prospective IT professional guidance on how to get properly informed prior to submitting a County application.



Operations Assistant III Gipson is a tremendous representative, not only for our Department, but also for the Division and Data Systems Bureau. Despite her aforementioned "off-duty" work, she continues to handle her regular job, which partly

consists of keeping track of over 400 IT professionals. Although she is reluctant to give herself credit, many people owe her a tremendous amount of thanks. She takes joy in other people's successes.

IF THE SHOE FITS...

Marilyn Monroe once said that if you give a girl the right shoe, she can conquer the world. Well, our very own Secretary V Aida Osborne has taken this to heart, or at least to sole. You see, our Division is extremely proud of being the innovators of technology who partner with law enforcement to trailblaze a technocratic process no other agency can mimic. In an effort to advertise our Division's vow, Secretary Osborne has affixed a business card to her shoe heel that recites our mission, which states in part, "We are leaders in technology and innovation who support the fight to prevent crime and injustice with dedicated and extraordinary service." I think she is also extraordinary!



foolproof method to counter cybercrime and cyberattacks, but nevertheless, you have to take as many precautions to protect your computers as you can. Additionally, the Unit keeps a watch on network traffic. A good traffic analysis helps in prompt attention to strange behaviors arising out of any terminal (employee computer).

The Data Security Unit utilizes a good security software that not only scans for viruses, but also looks for different types of malware, including but not limited to ransomware, and stops it from entering the computer. These malicious codes are injected into your computers by visiting or downloading things from non-reputed websites.

Along with the anti-virus, the Department also utilizes a good firewall, a security gateway and a mail server that looks for unwelcomed viruses. The attached chart depicts the number of emails that came into the Department's network during the

month of May. Almost 1.5 million emails were sent to Department members during the month;

The Custody Automated Reporting and Tracking System (CARTS) is a replacement and enhancement to the old FAST system. CARTS is designed to replace older paper-based systems.

CARTS currently has modules for handling inmate complaints and requests, facility dorm/cell searches and hospital runs. In each module, the user creates and submits an online form electronically. Once the form is submitted, it activates a workflow. This workflow then determines the next person who needs to approve the document and notifies that person that they have a report to approve. When the supervisor receives the notification, all they have to do is click on a link in the email and the form is presented to them for approval. They can then either approve or reject the report. If it is rejected, the person who submitted the report is notified via email that they need to make changes. The user can then click on the link in the email, make the changes and resubmit the report. In short, the forms and the approvals are done electronically rather than on paper.

The results of the users submitting forms electronically are twofold. First, it saves time, instead of having to hand-forward the form to a supervisor for approval and another person to do data entry. The data is available immediately upon user submission, rather than days or weeks later. Second, the data is more accurate and uni-

form because of the built-in data validation and is available in real time for data trend analysis. The live data enables greater tracking ability, and allows for email notifications and reminders to be generated in real time.

The next module we are developing is the Use of Force Module. This module will make the entire Use of Force package almost paperless and will have all the forms, photos, videos and audio recordings included in the package, which will then follow a workflow all the way to Risk Management Bureau.

CYBERATTACKS: WHAT IS THE DEPARTMENT DOING TO PROTECT DATA?

According to the industry standard, a cyberattack is defined as an attack initiated from a computer against a website, computer system or individual computer that compromises the confidentiality, integrity or availability of the computer or information stored on it.

There are many methods of cyberattacks, from malware injection to phishing to social engineering to internal stealing of data. Other advanced but common forms are DDoS (disruption or denial of service) attacks, brute force (password-guessing) attacks, hacking, and holding a computer system (or a website) for ransom using direct hack or ransomware.

So what is our Department doing to protect the data on 10,000 desktop computers, 2,000 laptops and 1,000 servers? The Data Security Unit, which resides within Data Systems Bureau, is a six-person unit whose purpose is to monitor, identify and mitigate any potential cyberattacks to our vast computer system.

The success of the Data Security Unit is attributed to their keen insight and awareness into the industry. You might already know that there is no

however, only slightly over 25,000 reached their intended recipient.

The aforementioned is a small part of the Data Security Unit's task. Despite malicious attempts to disrupt normal operations, similar to the Target breach and Sony Entertainment cyberattacks of 2014 that gained national attention, Data Security continues to excel in this field as they re-evaluate and strengthen their cyberdefenses.

CUSTODY AUTOMATION UNIT

Incoming Mail Summary		
Message Category	%	Messages
Stopped by Reputation Filtering	93.1%	1,358,417
Stopped as Invalid Recipients	0.4%	6,211
Spam Detected	3.9%	57,404
Virus Detected	0.1%	1,074
Detected by Advanced Malware Protection	0.0%	0
Messages with Malicious URLs	0.1%	945
Stopped by Content Filter	0.0%	155
Stopped by DMARC	0.0%	0
Total Threat Messages:	97.6%	1,423,261
Marketing Messages	0.7%	10,012
Clean Messages	1.7%	25,341
Total Attempted Messages:		1,458,614

IT QUOTE OF THE MONTH

"We are the children of a technological age. We have found streamlined ways of doing much of our routine work. Printing is no longer the only way of reproducing books. Reading them, however, has not changed." — Lawrence Clark Powell

ARRIVALS AND DEPARTURES

We bid a farewell to Janel Ramos, who promoted and left us for greener pastures at the Return to Work Unit. We wish her the very best!

Logging off until next month. ☆

FROM THE DOCS

MAINTAINING PROFESSIONALISM AND ETHICS: AVOIDING MANIPULATION BY INMATES

By Ana Gamez, Ph.D.

The Los Angeles County Sheriff's Department is one of the largest law enforcement agencies in the country. There are nearly 17,000 inmates in custody who are supervised by deputy and custody assistant personnel daily. Department policy is clear on prohibited association and fraternization with the inmate population. In fact, the Department has a *no-tolerance policy* on fraternization. We often wonder why custody personnel develop nonprofessional relationships with inmates; the select few who do cross the line might develop personal relationships with inmates, become involved in the trafficking of drugs into the jail or engage in other types of inappropriate behaviors. The automatic reaction is generally to distance oneself from the employee and the situation. It is not uncommon to say, "That will never happen to me." While not every employee succumbs to the art of manipulation, the risk of being manipulated by an inmate is higher than generally perceived when working in close proximity to criminals.

Believe it or not, there is a step-by-step process by which manipulation occurs with correctional personnel (Topham, n.d.; Tulloch, 2010; Martin, 2002). Psychological manipulation can be subtle or overt and generally occurs over a period of time. Manipulation is a form of gaining control of a person's behavior through the use of various methods or tactics. Some of the methods used by inmates can include flattery, empathy or sympathy, helplessness, sexual comments, coercion or intimidation (Topham, n.d.). The grooming takes place over a period of several months and is calculated. Within the correctional environment, it is important to be aware of select inmate behaviors that increase the probability of being manipulated, possibly resulting in ethical misconduct by the deputy or custody personnel. Maintaining the utmost professionalism and ethical behavior is not only a departmental requirement and the right thing, but also career survival.

According to Tulloch (2010), there are several risk factors to being manipulated within the correctional environment. In fact, the risk is present for all professionals working in close proximity to inmates. This includes officers, nurses, medical doctors, psychologists and all other associated professionals. According to Tulloch, within correctional environments, manipulators may target individuals with perceived power and control (regardless of age) who are conscientious, caring, problem solvers, dissatisfied employees, inexperienced, or emotionally vulnerable male or female officers. Some of these inmates are highly charismatic, charming, smooth talkers and intelligent. Manipulative inmates pay close attention to the strengths and weaknesses of the custody staff working in their dorms. This includes the behavioral observation of the staff's personalities, body language and verbal communication. Inmates will often test the limits and violate institutional rules to test the reaction of a deputy, custody assistant or medical staff and examine the way the situation is handled. The courting and *getting-to-know-you stage* is a process that occurs over time and includes the sharing of personal information or work-related information. It is a period of developing some form of trust and allegiance. At some point, the inmate could request something that goes against the policies and procedures of the institution. When these requests are granted and an institutional policy is violated, the inmate is likely to make stronger demands that include sex, drugs and/or money. This form of manipulation develops over time and can cost the employee not only their career but also their freedom.

There are a few things you can do to protect yourself against the art of manipulation. If you work in a custody facility, always remember that you are in a setting surrounded by inmates. Know yourself, including your strengths and weaknesses. Self-awareness of your own

vulnerabilities is important. For instance, are you going through a tough period in your life? Emotional vulnerabilities such as sadness, loneliness and fear are often noticeable by others and can become the mode of entry for a manipulator. Find healthy ways of taking care of your physical and psychological well-being. This can be accomplished by maintaining healthy relationships outside of work, eating well, exercising regularly and sleeping adequately. Maintain appropriate boundaries with all inmates at all times. Know when it is appropriate to say and mean "No." Be a role model for appropriate behavior at your facility and an example to your partners and other professional staff. Know the Department's and Custody's policy and procedures manual. Maintain a professional and clear relationship with the inmates at all times. Communication with peers and supervisors about inmates' attempts to manipulate staff is important to catch blind spots in one another. Discussing how to identify and handle acts of manipulation is also critical to be mentally prepared and armored; practice what to do before it happens.

Being under investigation for fraternization or unethical conduct is often stressful on the employee and the family. If you need a confidential consultation or a counseling appointment, contact Employee Support Services Bureau at (213) 738-3500.

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WELCOME ABOARD



EBI is happy to announce the hiring of Dr. Yael Hellman as the educational development administrator. She was the liaison for Woodbury University – LASD University from 1999 to 2010. Dr. Hellman has been part of the DLI program since 2007 and is a reserve sergeant for the West Hollywood Station. She is the author of *Learning for Leadership* (ASTD,



2014), a book about teaching organizational leadership. EBI Bureau is so happy to have her as a part of the team; she will be a huge asset to our unit.

LASD IS GOING EVEN GREENER

The Pitchess Detention Center (PDC) needed and wanted to find a way to comply with the various recycling and reduced greenhouse-gas regulations, so the Pitchess Material Reclamation Center (PMRC) was born. PDC is a 2,600-acre campus that self-hauls its waste. Recycling isn't new to PDC — it has been baling cardboard, recycling rags and sorting out scrap metal for many years.

The center currently processes approximately 50 percent of the total waste generated at PDC and is continuing to increase its sorting capacity by developing more presorting at the point of disposal. Presorting at each facility will prevent or reduce the recyclable items from getting contaminated with wet, goopy, disgusting stuff. Currently the landfill disposals are averaging 20 percent less per month than last year.

In addition to diverting recyclables, approximately 800 pounds of food waste is diverted four days a week into a compost pile, which is managed and used by the sustainable farming training program.

The goal of the PMRC is to achieve zero waste. This will become possible as presorting becomes more unified, more food and green waste is composted, reusable containers are implemented and material is given more consideration before disposing. If you have any ideas or questions, please



don't hesitate to call or email Assistant Director of Jail Enterprises Adrienne Ferree anytime at (661) 294-6308.

HEY, BATTER, BATTER

Congratulations are in order for Senior Tammy Sherman and the CRDF softball team, who came in second in the Police and Fire Championships in May! Great job, girls!



CONGRATS, GRADS

PDC pulled off an *epic* graduation of a lifetime for its high school graduation students. On Friday, June 19, Five Keys Charter High School and Education Based Incarceration (EBI) presented a commencement ceremony for Pitchess Detention Center. With around 4,500 inmates at PDC, about 2,400 are in education programs and 36 inmates completed the high school requirements while in custody. Even more amazing and remarkable, inmate Eyajemmie Fredson-Cole has been accepted to attend the University of San Francisco upon his release. EBI and ISB cannot be prouder of PDC EBI and the graduates.

As always, Inmate Services Bureau believes in hard work, determination and enriching the lives of others. Be safe and keep up the amazing work. ☆



A Tale of Five Cities

By Mike Bartman
Lakewood Station

First off, I must start this article by apologizing for missing last month's deadline and not getting our "Tale of Five Cities" submitted for the July issue; time just slipped away from me. That being said, this month's article will be a "twofer," as it is a combined July-August submission. (Now I just have to hope the editors will give me twice the space.)

In 1961, Congress asked the president to designate May 15 as a national day to honor peace officers, and President John F. Kennedy signed the bill into law on October 1, 1962. Since then, the month of May has included many peace officer memorial ceremonies and celebrations at the federal, state and local levels. This year it all started off the week of May 4 with the California POM Ceremony. Lakewood MFTO Brian "Little Drummer Boy" Anderson made the trek to Sacramento to represent LASD as part of the Peace Officer's Memorial Drum Corps. (Brian is pictured at this year's L.A. County POM with the new drumheads donated by PPOA.)



The following week was the National Police Week in Washington, D.C. Our very own Mike Herrera, Janette Leo, Jose Arciga and Toni Bowen (now COPS) made the trip back East to join in the Police Unity Tour Memorial Bicycle Ride. Due to the civil unrest in the Baltimore area, this year's ride had to be shortened, forcing the cyclists to use buses instead of their two-wheeled, human-powered rides to get through the affected areas. Other than this one change in the agenda, the rest of the ride went very smoothly. Our fantastic four all said they had a great time participating in this honorable event. I have already heard them recruiting new riders for next year's



ride. Thanks to all who made it possible for them to be able to participate to represent LASD and Lakewood Station!

As just noted, MFTO Brian Anderson and retired LASD Sergeant Gordon Crowl (he's the one with the beard in the picture) also took part in the L.A. County POM during the third week of May, at the STARS Center. This year's ceremony was again preceded by the Memorial Torch Relay Run. Lakewood Station had a great turnout for our two legs (10 miles total), which take the torch from Lakewood all the way to Carson Station. Our legs of the run typically start around 11 p.m. on Friday and finish sometime just before 1 a.m. on Saturday. It is hard to tell in the photo, but there are quite a few kids of Station personnel pictured, who get to stay up way past their bedtime



to participate in the run/ride/skate/scooter event (at least it was way past my bedtime when I was that age). Special thanks to Sergeant Jorge Meza for the collage photo of the participants and locker memorials.

The memorial month was capped off on May 28 with Sergeant Steve Moses, Deputy Ryan Vergel de Dios and me having the honor to represent three fallen LASD personnel in the 2015 Orange County Peace Officer Memorial Ceremony. Lakewood Detective Sergeant Carl Wilson and Detective Donald Schneider were killed in the line of duty in Midway City, in Orange County, in 1973, and Deputy Shane York (PDC East) was killed in an "off-duty" incident in Buena Park in 1997 after being identified by the suspects as a deputy during a takeover robbery. All three are included on the OC Memorial Wall and remembered during the "Memorial Roll Call," as a member from the fallen officer's department stands to represent them as their name is called.

This June 24 marked the 10-year anniversary of fallen OSS Deputy Jerry Ortiz, who was shot and killed in the city of Hawaiian Gardens in 2005. OSS had its own memorial ceremony and luncheon at the new OSS facility (formerly Lennox Station) in Inglewood. It was an outstanding ceremony, which included a detailed review of the incident by handling Homicide Detective Mark Lillienfeld. He complimented Lakewood Station personnel on a "textbook" handling of the crime scene after the shooting, calling it the "gold standard" that all crime scenes should be held to.

On June 13, we held our second annual LKD XIII Softball Tournament, pitting the inaugural 2014 tournament champion PM Blue team against EM Black and Day Shift Red teams. The tournament was started last year as a fundraiser for injured Deputy Mike Bryant. Mike and his wife, Connie, were able to be in attendance at this year's event. Mike is looking good and moving around well. Keep up the hard work, Mike, on your road to recovery, and we hope see you back 10-8 soon!

There was a much different outcome this year; the *L.A. Times* sports page headline would have read, "Day Shift Red Leaves EM's and PM's Black and Blue!" PM's Team Blue beat EM's Team Black in the first game of the double-elimination tournament, sending EM's on to face a revamped Day Shift Red team in the second game. Day Shift brought some of its senior (both experience- and age-wise)



tournament players out of retirement to silence all the trash talk from last year's tournament. Day Shift defeated EM's 24-8 in the game, while PM's watched and "relaxed." EM's put up a valiant fight in both games, especially considering they were short players, picking up Captain Keith Swensson and a couple of trainees to field a full team. Captain Swensson ended up being the team's big "RBI Man," driving in many of their runs with timely hitting.

I think PM's relaxed a bit too much between games, instead of scouting their Day Shift challengers. Since I pitch for the Day Shift Team Red and don't want to be biased, I will defer to Sergeant Jorge Meza's email that recapped the games. He is one of the event organizers and the hot corner (third baseman) anchor for the PM's team. And I quote: "They may be old, but they are good ... With their combined age close to 1,000, Day Shift softball players came out and represented this weekend. The Day Shift team beat out earlyies in their first game before 'narrowly' beating PM Shift in back-to-back games to secure this year's bragging rights as the 2015 Champs." One has to question Jorge's definition of "narrowly," as the first game ended in a "mercy rule" 21-to-4 win for Days. PM's insisted on a second game for the double-elimination tourney and lost that one 18 to 5, conceding after five innings. Chalk up another one in the "Old Guys Rule" category.

At the recent City of Hawaiian Gardens 51st Anniversary Celebration and Carnival, Deputies Fernando Gomez and Ben Alvarado got in some extra range time shooting (OK, squirting) some real clowns. I hear this was billed as a test run for the next quarter's qualification course. (Don't forget to turn in your shooting cards, guys, so you get credit for your scores.) I'm sure you've all heard several "cops and donuts" jokes in your career, but Deputy Michelle Moreno decided to take them to the next level, posing with the largest donut I ever saw. I'm not sure if Michelle just borrowed the donut for the photo op or if she won it by outshooting Fernando and Ben at the clown shooting attraction.

With the dress code being firmly adhered to in the Lakewood Detective Bureau, Detective Mike Espinosa decided to change things up by learning to tie a standard necktie into a bowtie. After several attempts, Mike finally came up with a carnival-barker version of the bowtie that he liked. Mike would have fit right in running the "Squirt the Clown" shooting attraction at the HG Carnival.



With all the SRT training going on, I am given quite a few photos of Lakewood personnel at various training days, such as this selfie of Sergeant



Matt Verzola along with Deputies Brian Bank and Robbie Lloyd at a recent SRT training day. Sergeant Verzola is the one without the "You can never tell where I'm really looking" dark sunglasses on. I'll have to find out if Robbie's O/D green suspenders are SRT issue or not; I'm sure they will be all the rage on the Department soon if they are.



One of my favorite SRT photos, by far, is this one of LKD Sergeant Dale Ryken and LKD OSS Sergeant Mario Castaneda "mic'd up," giving their best "expert analyses" for MSNBC and Fox News. I hear they have a new career in broadcasting waiting for them when they retire.



COMINGS AND GOINGS

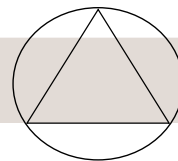
Sadly, I must report that we have lost another one of our longtime station volunteers; VOP Tom Sherwood passed away on May 21. I will surely miss seeing Tom around the Station and hearing him say, "If you need anything, *just call for 137V.*" Godspeed, my friend.

Deputy Pablo Suarez and his wife celebrated the birth of their son, Adam Joseph Suarez, on June 24. Little Adam weighed in at 6 pounds, 14 ounces. Congratulations to the Suarez family.

We say goodbye to Deputy Jimmy Ho, who left us after a short stay to go help Custody Support Services figure things out. We also welcome "Deputies on Training" Everardo Garcia and Jordan Kennedy, who started the patrol phase of their careers on June 7. Good luck to all!

Well, that about wraps it up for another month. I actually have more, but I feel I'm already pressing my 1,600-words-or-less limit, so until next time: Be safe and God bless. ☆

Peace Officer's Fellowship



By Willis Braggs

MINGLING DRINKS

In the world of fitness, there is always a better way or shortcut to a better body through supplements and energy drinks. There are supplements for bodybuilding, promising massive muscle gains, and dietary drinks for weight loss. The problem with these products is the possible harmful ingredients and consequences. For example, supplements are frequently tainted with controlled substances such as sibutramine, a drug that was removed from the U.S. market due to health and safety risks.

Let's now look at the combination of using alcohol and energy drinks. This mixture is riskier than other supplements because of its potency and prevalence. What makes the combination of energy drinks and alcohol especially dangerous is that energy drinks have about three times as much caffeine as soda, making them recklessly stimulating. In some of our stations and bureaus, energy drinks can appear to be as ubiquitous as coffee. This is not surprising, since the target demographics are males under 30 years of age and people who are fatigued or fitness-oriented. That's many of us today.

The consumption of energy drinks has been associated with several risk-taking behaviors, including alcohol consumption, sexual risk-taking, driving under the influence, illicit drug

These people have agreed to give up their anonymity so that others who are in need of help can find the POE. Don't worry about bothering us; helping those with drinking issues is one of the ways we stay sober.

NAME	HOME PHONE	CELL PHONE
Eric Castano*	(562) 493-5465	(323) 537-0927
Chris Loomis	(626) 447-9011	(626) 230-3137
Bob Ghan		(714) 916-3299
Ray Terhorst	(505) 705-5656	
John Heckman	(661) 272-5756	
Marty Weirich	(360) 570-1216	
John Valencia	(909) 599-1160	(951) 316-3633
Kathy King		(714) 323-8600

*Active LASD

use and fighting. Perhaps more importantly, several studies have confirmed the association of increased alcohol dependence and frequent consumption of energy drinks.

In a published study, college students tended to drink more heavily, become more intoxicated and have more negative drinking consequences on days they used both energy drinks and alcohol compared to days when they only consumed alcohol. The majority of the time, energy drinks are used as a chaser or a mixer for hard liquor. Experts agree that energy drinks and alcohol are an extremely dangerous combination.

When drinking energy drinks with alcohol, you are not able to gauge your alcohol

consumption properly. The caffeine may make a person less aware of the alcohol's effect. Although energy drinks do not change the level of a person's impairment from the alcohol, they can change your perception of it. This could make people who drink alcohol and energy drinks together more likely to do something risky, like driving while drunk.

So, once again, we must all make better choices. If you're having some trouble gauging your limitations or are not sure how to set them in the first place, give us a call at Employee Support Services Bureau at (213) 738-3500. Together, we can help with getting back on the right course. ☆

Member Submissions Wanted for Star News

Make sure you are represented in your publication!

It's easy to get the word out every month about Station news, retirement gatherings and upcoming events. Just email your articles, photos and flyers to starnews@lasd.org by the first of the month to be included in the following month's issue.





By Ryan Vaccaro
Twin Towers Correctional Facility

Can't believe it is August. Where did the last seven months go? The lazy, hot days at the beach or pool, road trips and vacations are coming to an end. Whether you're out at the river, relaxing at a BBQ or holding down the fort here at home, take some time to relax, enjoy your summer and soak up the beautiful weather.

WE HAVE THE BEST PARTNERS

On June 4, two members of the Twin Towers family proved that we have the best partners. Our Deputy Javier Tiscareno, the truest brother and hero, gave part of his liver to his longtime friend Senior Jorge Castro. Without this lifesaving surgery, a very rare and incurable liver disease would have taken Jorge from us. The surgery was a success and both Jorge and Javier are recovering well. Javier had the following to say about the start to their courageous journey:

"Ladies and gentlemen, time and time again, I have witnessed the members within this Department come together for the assistance of a partner

in need. This particular experience involved me directly. Without fail, I am *awed* at the genuine concern and generosity all of you demonstrate during these life-altering moments. I am honored and blessed to be a member of such an amazing group of people. Although our procedure was painful on a multitude of levels, the loss of a fellow partner and brother is far more excruciating. The healing process is slow and lengthy, but we look forward to a full recovery and seeing you all sooner than later. Thank you all and God bless!"

MAKING A DIFFERENCE

Another Polar Plunge has come and gone. "Team Tam Towers" proudly represented Twin Towers and Deputy Tyler Wilson's sister Tamara. We placed second overall by raising \$2,400 for the Special Olympics. Deputy Wilson was the top polar plunge. He raised \$900. This year's TTCF Polar Plunge team consisted of Tyler Wilson, Jeremiah Kennedy, Lorenzo Scaggs, Kameron Davis and Javier Guerrero Rico. Good job, guys!

TOWERS PRIDE

At the 2015 U.S. Police and Fire Championships in San Diego, the LASD Gold Team swept the soccer championship. Our very own Deputies Abraham Ceja, Brian Hoist and Mauricio Rodriguez battled it out for five days in San Diego.

- First game 5-0
- Second game 2-1
- Third game 3-1
- Fourth game 2-1
- Championship penalty kicks 3-2



EMPLOYEE OF THE MONTH

Congratulations to Deputy Farhad Shah. His outstanding efforts have been noticed by his partners and supervisors. This is the second time he has been the employee of the month. Our August 2015 Twin Towers Employee of the Month joined the Twin Towers team in 2009 and was the TTCF Employee of the Month for September 2010. During the last six years, he has been a team player who went above and beyond what was expected of a deputy sheriff. Deputy Shah was a good resource for his supervisors and his partners. On numerous occasions, Deputy Shah has found ways to improve how

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By Steve Rohrbach
Fraud and Cyber Crimes Bureau

Time sure flies when you write the *Star News* article. It seems like I just submitted an article, and before I could even blink I had missed a month. I was shocked to find out that people were actually reading the nonsense that I was submitting. It seems I've already established a fan base of people who eagerly await my articles. I would like to thank both of those fans for their support.

One nice thing about our Bureau is that we all get along and like to plan non-work events. Detective Joe Garcia has planned a camping trip to Yosemite National Park for later this Summer, and more recently, a bunch of us made our way to Angel Stadium for a game after work. For those of you who don't know me, I'm a huge baseball fan. My favorite teams include the Los Angeles Angels of Anaheim (I still can't get over the fact that they are called that) and the Colorado Rockies, who I like to refer to as the Colorado Rockies of Colorado. When I noticed on the baseball schedule that those two teams were playing each other, I thought it would be a great opportunity to get some people together from the office. I sent out an email, collected names, bought the tickets and we were off. Surprisingly, we had a pretty good turnout for somewhat short notice and a midweek date. Sergeant Morris seemed to have a really good time, considering he isn't much of a baseball fan. At one point he asked me what



quarter the game was in and who had the most goals. You gotta love that he made the effort! An extra benefit was that we all received Mike Trout baseball hats, since it was a giveaway night. A good time was had by all, considering that almost everyone in attendance had to get up at 0-dark-30 for a search warrant the next morning.

A few weeks ago, Detective Mike Barlow went to the gas pumps to fill up his County car. While he was filling up, his mind must have been pre-occupied with something other than what he was doing. Maybe it was an intense battle on a Clash of Clans app, or a case that he'd been working, or maybe it was his upcoming engagement to his girlfriend, Erica. I seem to think it was mostly the engagement. Anyway, after filling

up his tank, he promptly got in his car and drove away. As you've probably already guessed, he forgot one crucial step: taking the pump hose out of his car. He ripped that hose off of the pump and scooted along, spraying the remaining gas all over the Star Center parking lot. Once he arrived at the office, he noticed the hose hanging out of his vehicle. He quickly pulled out the nozzle and headed directly into the office. Before he could make it to Lieutenant Anderson's office to report it and find out what he needed to do at that point, someone in the office mentioned the sudden odor of gasoline. Wanting to avoid embarrassment, Mike blurted out, "Yeah, some dope drove off with the gas pump still attached to his car. I might have gotten some gas on me." He was in the lieutenant's office reporting his mistake when suddenly the gas pump police burst into the office, yelling out, "OK, where is Mike Barlow?" Embarrassment not avoided! On a happier note, the engagement is still on, and we want to congratulate Mike and Erica on their upcoming marriage!

We would like to say a fond farewell to Lieutenant Rein Schuerger, on his second retirement from the Department. Any guesses as to how long he will stay retired this time?

By the time this article goes to print, I will be on to greener pastures (lots of overtime \$\$\$ greener). I had a great time at FCCB and will miss all my fellow bison. As I pass the pen to the next author ... be safe and keep moving forward. ☆

Twin Towers Correctional Facility *continued from page 15*

the LCMC deputies provided service to the medical staff, other law enforcement personnel or members of the public. As the watch deputy, he showed his ability to adjust to the sudden changes presented by medical personnel. He is an asset to Twin Towers and we are proud to recognize his contributions to the team.

ACTIVE-SHOOTER TRAINING

Lieutenant Joseph Badali organized another Tactics and Survival class for our TTCF and LCMC



deputies. The Enhanced Active Shooter Strategies (EASS) course developed our deputies' basic skills to an advanced level. The EASS training will enable them to immediately deploy a contact team or squad able to locate, close with and neutralize violent suspects and/or terrorists. LCMC, TTCF, Compton Station and CRDF personnel were in attendance. The folks at the Tactics and Survival Training Unit did an amazing job. This is an amazing class that everyone should take. ☆



By Andrea Arroyo

Century Regional Detention Facility

On behalf of CRDF, we wish you a safe and wonderful Summer. CRDF has been busy staying productive and striving to be the best it can be. Here is the roundup for August.



CELEBRATING 20 YEARS OF CONTINUOUS SERVICE

Captain Maria Gutierrez awarded individual plaques to each recipient in recognition of their 20 years of continuous service at CRDF. Congratulations to the following personnel: Secretary Joyce Rayna, Deputy Lonnie Duplechan, and Custody Assistants Greg Jackson (retired), Karen Sample, Vivian McNamara, Tiffany Smith, Katherine Broussard and Toni Babers.



LASD SOFTBALL AND BASKETBALL TEAMS

After completing eight grueling games, the LASD women's softball team proudly took home a bronze medal. This is the first time the team has placed in their division. Team member Deputy Brenda Cabanillas captured the team's photos.

The LASD women's softball team includes the following personnel: Kellee Hicks, Rebecca Cortez Reyes, Brenda Cabanillas, Minerva Tamayo, Christine Adams, Elizabeth Harmless, Michelle Jordan, Tammy Sherman, Kristen Aufdemberg, Evelyn Gutierrez and Carmen Gudiel.

The LASD women's basketball team also reports a great victory in placing second, taking home the silver medal. The LASD women's basketball team includes Kellee Hicks, Anayancy Acosta, Debora Cadenas, Priscilla Garcia, Aubrey Guastalli, Laura Hunt, Michelle Jordan, Elida Rodas, Juleen Smith, Veronica Suarez and Janel Rachunok.

Both teams were led by their famous coach, CRDF's previous Senior, now Sergeant, Kellee Hicks. Coach Hicks said, "There

were many bumps, bruises and no rest between games. Both teams proved to be strong contenders." Great job, everyone!

ACTIVE-SHOOTER TRAINING

In a joint effort between CRDF and Special Enforcement Bureau (SEB), CRDF deputies participated in active-shooter training. Using simulation rounds to replicate real-life gunfire, the deputies were able to learn how to make team formations, clear a room and use tactics to find the active-shooter suspect.

For many deputies, this experience was an eye-opener. Deputies expressed their gratitude for the valuable information that was provided. On behalf of CRDF, thank you, SEB, for taking the time to train our staff.

Sergeants Rene Garcia, Ermina McKelvy, Marlon Johnson and B'Anka Paradis are leading additional training at CRDF. During Sunday PM shifts, these fantastic sergeants take time to teach patrol training to deputy personnel. In the picture shown, the sergeants demonstrate how to conduct a felony traffic stop. On behalf of



CRDF, we thank you for taking the lead to share your skills and knowledge.

GREAT JOB

Reception Deputy Rena Kambara was able to recover four syringes that were hidden in the body of a newly booked inmate. The deputy noticed that the inmate was not listening to her search commands and was becoming defensive. Using her training and experience, she took the time to focus on

the inmate by asking further questions, which resulted in the inmate's confession. Great job, Deputy Kambara, for following your instinct!

As always, CRDF believes in "Excellence Through People" like all of you, so keep up the wonderful work and be safe! ☆





By Mike Marion

Pitchess Detention Center, South Facility

MERITORIOUS SERVICE

On Wednesday, July 1, Captain Chuck Antuna and Commander Victor Trujillo presented eight employees from PDC South Facility with the Meritorious Service Award, for their outstanding work and dedication in putting together the Back on Track program (featured cover article in the June 2015 issue). These employees helped design and construct the infrastructure of the groundbreaking program, and their continued efforts helped ensure that the program was a success. Congratulations to Lieutenant Chris Mayhew, Deputy Shanna Monroe, and Custody Assistants John Barragan, Jose Flores, Stephen Zovak, Jeffrey Eicholtz, Paul Smith and Bill Kimble.



Twin Towers Correctional Facility and ran 6.5 miles up to Balboa Boulevard, where we handed the torch off to staff from the North County Correctional Facility. To all those who participated, Captain Antuna wants to extend his appreciation for your show of support for this important and worthwhile event. Included in this article are a couple of photos of all the PDC South members who ran.

MEMORIAL TORCH RUN

On Saturday, May 16, PDC South Facility participated in the annual Memorial Torch Run, honoring our brother and sister fallen law enforcement officers. PDC South took the handoff from



Which is mightier, the Peacock or the snake? Now that it's Summertime, the snakes are coming out of the hills surrounding our facility. Well, on one fine hot day, AM field crew Deputy Peacock was able to wrangle up a rattlesnake that managed to infiltrate the vocational shop areas, threatening the inmates who worked there (see picture of serpent-in-custody). We engaged in a catch-and-release policy to control the rodent population on the Ranch, so no, the snake was



not harmed, and thank you, Deputy Peacock, for saving the day ... I guess in this case the Peacock was mightier than the snake.

RETIREMENT

We say a farewell to civilian laundry worker Patsy Hazlett, who retired after 25 years of service. Included here are pictures of a farewell party the laundry team threw for her during her final week, when she relayed some parting words of wisdom and appreciation. Mrs. Hazlett, congratulations, and enjoy your retirement.

Meanwhile, the permanent-press operation must go on. For those of you who don't know, the PDC South laundry facility washes over 18 million pounds of laundry every year, and is one of the largest standalone laundry facilities in the nation. It is so large that if the laundry facility went out of service, the County would have to contract with six of the largest industrial-size laundry contractors throughout the L.A. Basin, just to match the daily volume that our one facility yields.

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SNAKES-R-US





By Lee Davis
Community College Bureau

Greetings from the College Bureau.

OUR CONDOLENCES

Community College Bureau recently celebrated the home-going of one of our deputies, Antonio Delgadillo. He served as a deputy sheriff for many years and was also enlisted in the U.S. Marine Corps. Tony was without a doubt a helpful and selfless individual. Team Leader Deputy Al Guerrero developed the picture with a caption depicted here. Deputy Delgadillo served his life the way he wanted to. May he rest in peace.



THE BUREAU'S MEMORIAL PARTICIPANTS

This year our Bureau participated in the memorial run in large numbers. Sheriff's employees brought along with them their family members, friends and co-workers to help support those who have fallen in the line of duty. We received the torch from Lost Hills Sheriff's Station and took off from there. It doesn't matter if you ran, cycled or used some form of wheeled motivated system — we appreciated your participation. You represented the Community College Bureau with respect and dignity. Also, we had fun. Thank you to all of the organizers, both seen and unseen, and to the volunteers who donated their time to help with traffic,

barbecuing and other important aspects to make this event successful. See you next year.

GONE BUT NEVER GONE

Our Sergeant Kevin Brown has left us due to his spiral upward in his career. He is one of the most selfless persons we have seen, always willing

to help and educate those who worked under him. His training and experience speak volumes, and he will be truly missed. We hope his career continues to soar, and may the legacy that he leaves behind make a difference in everyone he meets.

Community College Bureau, Countywide Services Division, signing off. ☆



Pitchess Detention Center, South Facility *continued from page 18*

GOT AC?

It's been hot here at PDC South Facility, right in the middle of the Santa Clarita Valley. Yes, we're not the only ones out here, but we are the only outdoor compound facility in the neighborhood, where our staff have to deal with the weather year-round. On top of this, once in a while we may have some sort of technical difficulty and temporarily lose what little air conditioning we have for about a day. Lately, some deputies have been coming up with creative air-conditioning solutions to cool the air. "Cool the air" is probably an incorrect term. It's more like



"making it less hot." I've shot a couple pictures of makeshift swamp-cooler units that deputies have improvised. I call one the "R2D2," which is made from a five-gallon bucket and a fan, using ice.

But the award for the simplest ghetto-fabulous contraption is the 1970s industrial fan aimed point-blank at a milk crate of ice! County ingenuity at its finest.

SAVE THE DATE

There's always a time delay from when these articles are written, submitted, edited and eventually published. So to stay ahead of the game, we wanted to put out a heads-up for the upcoming annual Chili Cookoff, which is scheduled for October 17, 2015, at the Jack Bones Equestrian Center. Mark your calendars. ☆



The Chaplain's Notebook

By Chaplain Larry McGloin
Century Regional Detention Facility

PEACEMAKERS + THE COMMUNITY = THE COMMON GOOD

Another term for police officers is “peacemakers.” Their purpose is to maintain the peace of the community by ensuring that the laws that people voted for are observed on a daily basis. And while a positive community response is more common than not, sometimes either side can get out of balance and problems can occur. So, how do we get back in balance when that happens? By keeping our focus forward at all times.

The LASD chaplains are ordained clergy representing a multitude of religions. We maintain our balance by remembering the reasons we were ordained first and foremost in our minds. The same can apply to our deputy peacemakers and the community. Our deputy peacemakers did not join the LASD to embrace a calling that is thankless, dangerous and has a high divorce and suicide rate. And

while those things can occur, those factors are not what define the job. LASD peacemakers are stewards of the community and servants of the law. Our deputies know this, keep things in perspective and will remind each other of the mission when needed. This is foundational to community policing and the common good, which for us is sharing the same growth interests as the community. With regard to the community, the focus that they keep first and foremost is why they choose to live in that community. They moved there to raise their family and have decent jobs, schools and good neighbors. They did not move there to be in conflict with the deputies and one another. And while that sometimes can occur, by keeping things in proper focus, goals can be obtained for the good of the community.

The peacemakers and the community need to focus on the big picture, and by doing that, community policing can succeed. Century Regional Detention Facility's recent open house was an

excellent example of the Sheriff's Department and the community both coming together and being open to exploring the common good. Chaplain Jim Salo of the Michigan State Police shared some common good ideas:

1. Be prepared to deal with the officer's and the community's trauma.
2. Handle what you can at the time — no one has all the answers.
3. Try to be a good listener.
4. Ask what you can do to help.
5. Get help when you need it to deal with things.
6. Remember that life goes on.
7. Follow up and see how the other person is doing.

Remember the peacemaker's motto: “I swear to protect those who cannot protect themselves.”

How can I contact a chaplain? Chaplains are available at their unit of assignment, or by calling the Employee Support Services Bureau at (213) 738-3500. ☆



IN MEMORIAM



THOMAS ANDERSON	RETIRED 03-01-02, DECEASED 05-28-15	DEPUTY/LCMC
JOHN H. BARNICK	RETIRED 01-01-91, DECEASED 06-12-15	CAPTAIN/PICO RIVERA
JAMES L. BOWIE	RETIRED 06-03-87, DECEASED 06-20-15	DEPUTY/LOMITA
ROBERT A. BROADWAY	RETIRED 07-02-80, DECEASED 05-28-15	DEPUTY III/PERSONNEL ADMIN
VIRGINIA CHANCE	RETIRED 07-20-83, DECEASED 06-18-15	DISPATCH SUPERVISOR/SCC
VICTOR GARCIA JR.	RETIRED 03-30-92, DECEASED 06-13-15	SERGEANT/LOMITA
JOHN B. HEADRICK	RETIRED 01-17-80, DECEASED 06-11-15	SERGEANT/DATA SYSTEMS BUREAU
HARRY W. JONES	RETIRED 05-01-97, DECEASED 06-01-15	SERGEANT/SEB
FREDERICK A. MAAS	RETIRED 02-29-88, DECEASED 06-15-15	SERGEANT/TEMPLE
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WILLIAM SOLORZANO	RETIRED 02-01-83, DECEASED 06-20-15	SERGEANT/MCJ
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ENICE W. SINGLETARY, HUSBAND OF RETIRED MEMBER GERALDINE SINGLETARY, DECEASED 05-11-15		
BETTYE WOOLDRIDGE, WIFE OF RETIRED DECEASED MEMBER DONALD WOOLDRIDGE, DECEASED 06-03-15		



By Johnie Jones
Parks Bureau

Happy Summer to all those past and present Sheriff's Department personnel. I hope everyone is enjoying our very hot and dry Summer. To beat the heat and to maintain our high morale here at the Hollywood Bowl, I strongly urged the Parks Bureau main purchaser to use a small portion of our funds in what I feel is a positive step in that direction. I suggested to Sir James of Blankenship that we purchase a soft-serve ice cream machine for the office. Think about it: Someone comes to visit and leaves with a nice, refreshing ice cream cone. For those of us in the office, how happy we would be with ice cream at our disposal. Have you ever thought about that? Can you have a bad day if there is some soft-serve ice cream involved? I'm thinking not! I haven't convinced Jim yet, but if I do, I will begin my politicking with our ever-workout-conscious Captain Perez. It's a long shot, but everyone needs a dream.

Recently we were celebrating Lieutenant Stewart's 29th birthday with a lunch in the office provided by Captain Perez. Some soft-serve ice cream with the cake would've been nice, but I'll save that fight for another day. Lieutenant Stewart seemed to be in another place with all of the numerous responsibilities of an operations lieutenant. She has acclimated quite well to her new Bureau. I remember asking her when she first arrived if she rode horses. At the time she replied very quickly that you would never (let's emphasize the word "never" here, as in never, ever, ever!) see

her on a horse. May I direct your attention to the photo of said Lieutenant Stewart on Shooter?

So let's return to the birthday lunch at the Bowl, where our Scheduling and Training Deputy Terrence "Don't Call Me Terry" Scuoler, being an observant deputy, remembered seeing a Wonder Woman coffee mug on the lieutenant's desk. He put the theme music from the Wonder Woman television show from the '70s on in the office. Lieutenant Stewart heard the music and was somehow energized. She rushed into his office and completed the Wonder Woman spin. For those of you who don't know what I'm talking about, Wonder Woman would spin and in seconds would transform into her red, white and blue superhero crime-fighting outfit. Well, Lieutenant Stewart was still wearing the tan and green superhero crime-fighting outfit of LASD, but I wasn't sure where those gold bracelets came from, which was a little disconcerting. And people wonder why I refer to Parks Bureau as the "Fun Bureau."



Captain Perez enjoys riding horses and recently participated in the Supervisor Antonovich Trail Ride at the Tejon Ranch along with Sheriff McDonnell and Commander Smith. (Also representing the Department that day were Captains Roosevelt Johnson, Pat Nelson and Don Ford.) It was a great day for a trail ride in the extreme North county up by Gorman. Yes, Gorman, that city you pass just before you hit the Grapevine on the 5 Freeway. Our Mounted Enforcement Detail provides security for all of the trail rides and, more importantly, is there to assist some of those who have never ridden a horse and choose this day to be their first. There were some saddle-sore folks after the ride, and I bet they were really hurting the next day.

Terrence recently put together a training day for our Bureau at Irwindale Speedway. It was a

good day of training to keep our skills sharp, and he did a great job of putting the event together, as always. I'm not sure who decides what personnel will be the role-players for what scenario, but

that person did a great job of casting. I heard Francine Rizzio was Meryl Streep-like in the role of a crazy lady threatening to kill a baby she was holding. It was a baby doll that was as fake as the guns we were using that day, so don't go off on me. I have to say, my nomination for best actor in a role-playing scenario had to go to Frank Baumsmith. Frank and his MED partners were quite hilarious posing as people illegally camping and drinking in the park. Frank was being very difficult with one of our veteran deputies, Hector Gutierrez. You could tell Hector had enough of Frank's shenanigans and his Academy Award performance when he introduced Frank to the dirt. I'm watching this thinking, "Things just got real up in here!" Frank let out a scream as if to say, "Hey, partner, it's just me, Loveable Frank." Obviously, Hector's response was, "Then follow the directions I'm giving you, Loveable Frank, and all will go well, 'cause Hector don't play!"



Recently I was doing my public information officer duties out on Pyramid Lake with Tim Cherry and Dave Gomez. Man, a day on the lake and you're getting paid for it — sweet deal. Tim

continued on page 22



PEER SUPPORT PROGRAM

By Mike Rodi

Hello, everyone. I hope you and your families are doing well and you are enjoying your Summer.

I would like to thank everyone who attended the Vets4Vets training in May, which was held at the Ranch Training room. The training was put together by Dr. Jung Kim from Employee Support Services Bureau, and the speakers were outstanding. Sergeant Major James Schickel and Sergeant Michael Capriolid did great jobs providing all of our vets with

important information that will be very helpful to them, their families and military veteran employees. If you are a vet and are interested in the Vets4Vets program, please email me at mikerodi@lasd.org.

I also want to thank everyone who attended the Peer Support quarterly training held at the Burbank Police Department. Burbank P.D. has an outstanding training facility, and they were very accommodating to all of us. Dr. Michael Ward's interactive lecture on OIS

(officer-involved shooting) and critical incidents shed light on these topics. Dr. Heather Twedell and Dr. Michael De Mania lectured on anxiety and stress management in law enforcement. It was a plethora of good information.

Continue to enjoy your Summer. Remember to be responsible if you decide to consume alcohol. Use resources wisely (e.g., Lyft, Uber, a taxi and a portable breath analyzer). We have had 15 DUIs in 2015 so far. Be smart and don't take unnecessary risks. ☆

Parks Bureau *continued from page 21*

and Dave spotted a boat that was not displaying its "people in the water" flag. This was the second time they had observed this boat failing to follow the rules, so they contacted the operator of the boat and the nine others that were on the small watercraft. They were polite and professional to the occupants of the boat, who,

other than the responsible driver of the boat, did not reciprocate. For those of you who have ever seen the Chris Rock video on "What not to do when the police stop you," this reminded me of that. The boat operator's wife said she was a psychologist and then went on to say some horrible things about Tim and Dave, which I was actually

OK with. She then turned her attention to me; I mean, what's not to like? Well, she found a few things! The nice "warned and advised" contact turned into a "press hard, three copies" moment, which is just a part of the job no matter where you work in this profession.

Until next time, enjoy a day in the park. ☆

CONGRATULATIONS TO THE RETIREES OF THE LOS ANGELES COUNTY SHERIFF'S DEPARTMENT

Thank you for your many years of dedicated service to our Department. We wish you long life, happiness, relaxation and many years of personal fulfillment.

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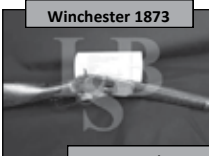
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